



AMES
HIGH SCHOOL

2005

**HOT OFF
THE PRESS**



HOT OFF THE PRESS

In today's society, it often seems difficult to find the time to sit down and read an entire book, especially with the demands of Ames High. The 2004-2005 SPIRIT Staff thought to segment the memories of the school year into particular periodicals rather than combine them into one large book. From Gentlemen's Breakfast Club to Debate, from *Global Discoveries*, a short magazine documenting the summer travels of Ames High students, to *This is Your Last Issue*, which includes events from the 4th quarter, and from football to soccer, the magazines document all facets of life for the Ames High student. So meander into the Ames High newsstand, and check out one of several periodicals, or read through them all. Chances are you may learn of clubs, sports, and people that you never knew existed.

PAGE 4

PAGE 12, 34

GLOBAL

DISCOVERIES

The MHS
Dispatch

CLONE ZONE

PAGE 44

AHS
LIFE

PAGE 70

**Rolling
Clone**

PAGE 98

**Teacher's
Digest**

PAGE 112

**WHO'S
WHO?**

AT AMES HIGH

PAGE 122

**Celebrity
Sightings**

PAGE 145

CLASSIFIEDS

PAGE 167

**WARNING: THIS IS YOUR LAST
ISSUE! PLEASE RENEW NOW!**

PAGE 194

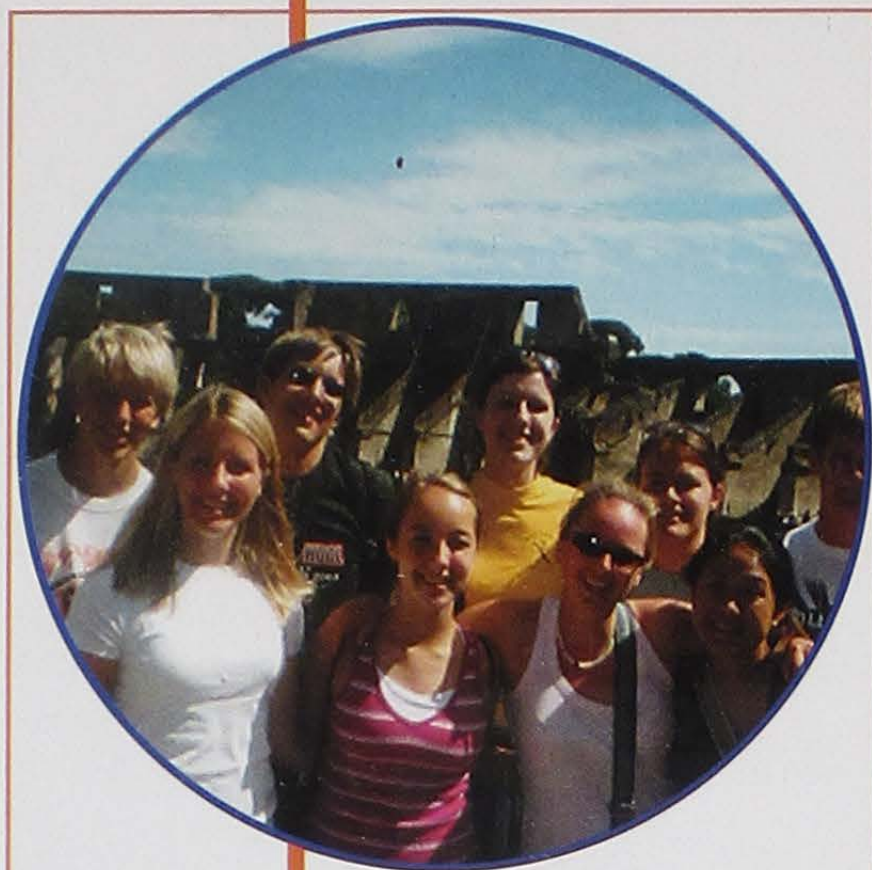
Looking to get away?
From the jungles of
Africa to the beaches
of Florida, the history
of Europe to the simple
pleasures of Ames,
Global Discoveries fol-
lows the adventures of
Ames High students
as they embark on the
sights and sounds of
summer.

GLOBAL DISCOVERIES



AHS students circle the globe on different trips.

As school winds down, Ames High students begin to focus their time on something much more important: summer vacations. Most teachers would cringe when asked to spend three weeks of their precious three-month break chaperoning the students they teach, but not Kirk Daddow and Tim Mooney. They volunteer their own time and planning to



Capturing the Coliseum - Taking a break from their busy day of sightseeing, these nine temporary Europeans stop for a quick photo opportunity in front of the Coliseum. Adjusting to the time change was difficult for those who went, however the long days of fun were worth the jet-lag. (Photo courtesy of Rachel Nesbitt)



Manchester united - Showing their love for Manchester, these six students wave their true colors during their summer trip to Europe. Although the students spent a lot of time seeing the sights, picture breaks were a common occurrence. "Stopping and taking random pictures took up about 60% of our time," senior **Rachel Wilson** said. (Photo by Rachel Nesbitt)

create an unforgettable summer vacation.

Every year Mr. Daddow plans a three-week tour of Europe for juniors and seniors. "I went on the Europe trip because I knew it was a once-in-a-lifetime chance to see all the things I spent all year learning about," senior **Sarah Hanson** said.

However, the trip was not all touring museums and learning. "My most memorable experience was the disco," senior **Luke Lowry** said. "Decked in our custom designed shirts by the hot new designer Gussell, we were who all the girls were checking out."

While spending three weeks in Europe sounds relaxing, Mr. Mooney offers quite a different experience-- the students on Mooney's trip spent their time building a school for children-- in Africa. Luckily, the Uganda trip was not all work and no play. "I had lots of fun in Africa," senior **Brian Scott** said. "We got to stay with a host family, float down the Nile, wrestle baboons, and playing with the kids."

Living in another country for three weeks, however, wasn't easy. "The most difficult part of the trip was the food," senior **Emily Bird** said. "Our meals consisted primarily of rice, beans, and bananas."

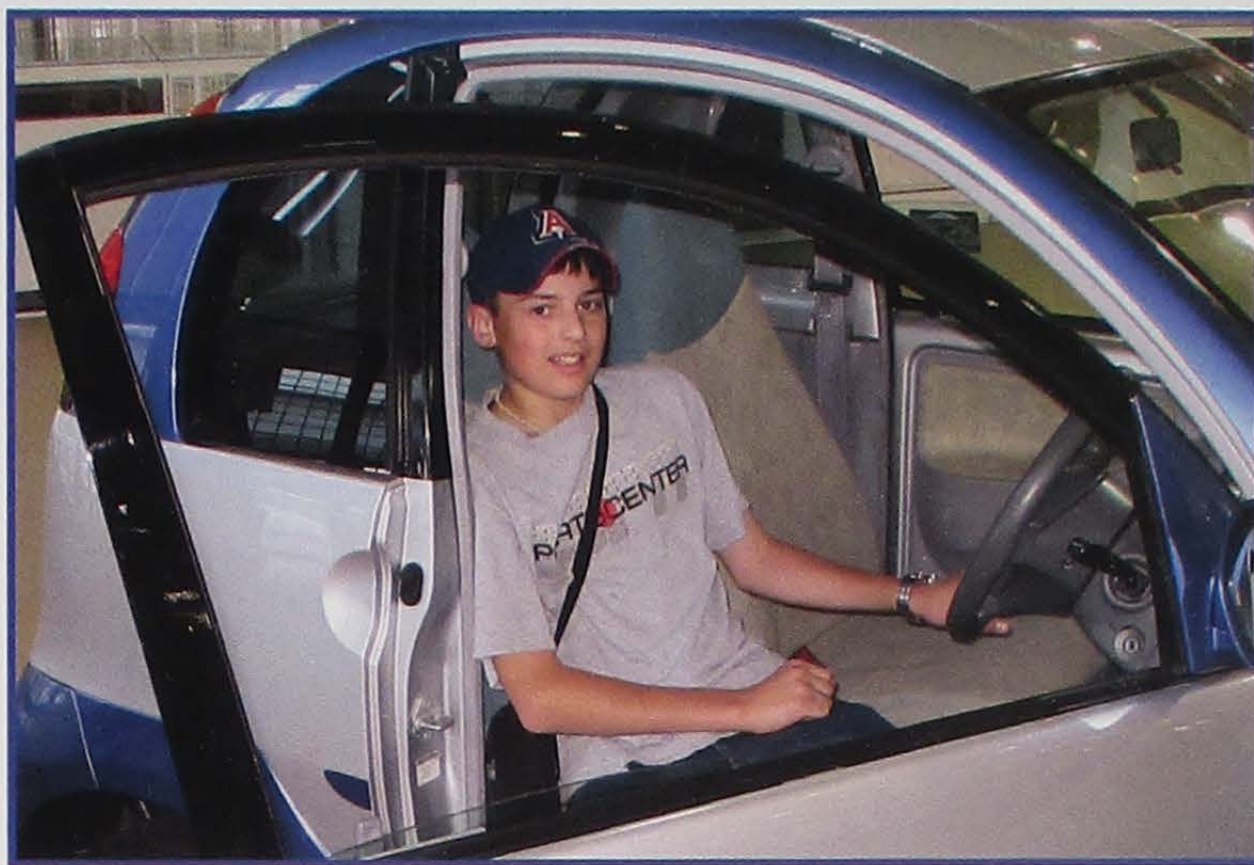
So while most students spent the first month of summer searching for jobs and sitting at home, a dedicated group of students traveled the world and represented our school in many different countries. These experiences will stay with the students throughout their lifetime.

Disco Divas - What happens in Europe, stays in Europe, with exception to these seven boys' crazy night at the disco. The sexy styles are courtesy of the hot new designer Gussell (senior **Garret Russell**). It was mostly innocent fun; however there are quite a few rumours floating around of senior Greg Hunter cage-dancing. These hot new styles are hopefully just a European fad and will stay off the shores of North America.



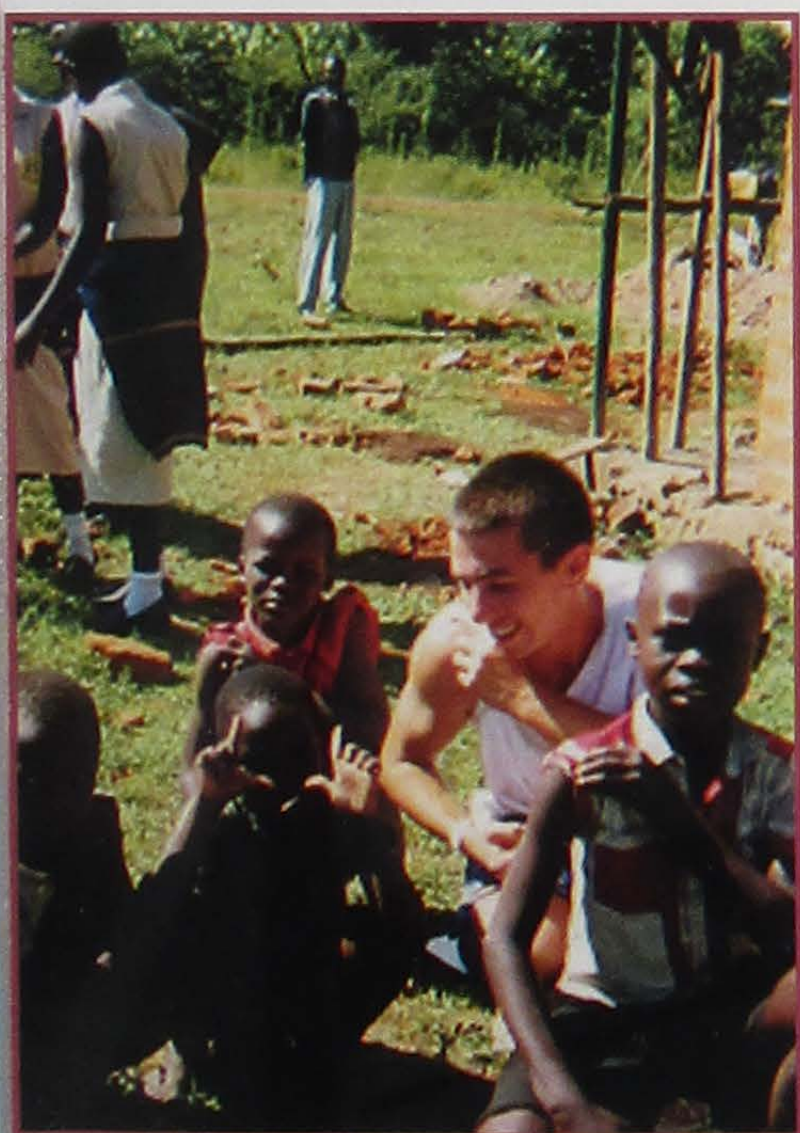


Bises De Paris - Posing in front of the Eiffel Tower, seniors **Abby Gaul** and **Amanda Keller** enjoy Paris, France. The two traveled Europe with 47 other students during the month of June. The group visited many different sights including the coliseum, Big Ben and the ruins of Pompeii. "I had so much fun on the Europe Trip," Gaul said. "It was hands-down the best experience of my summer." Keller had similar feelings about the trip. "I will never forget the things I saw or the friends I made on Europe trip." The Europe trip has been a highly anticipated event of the summer for many years.

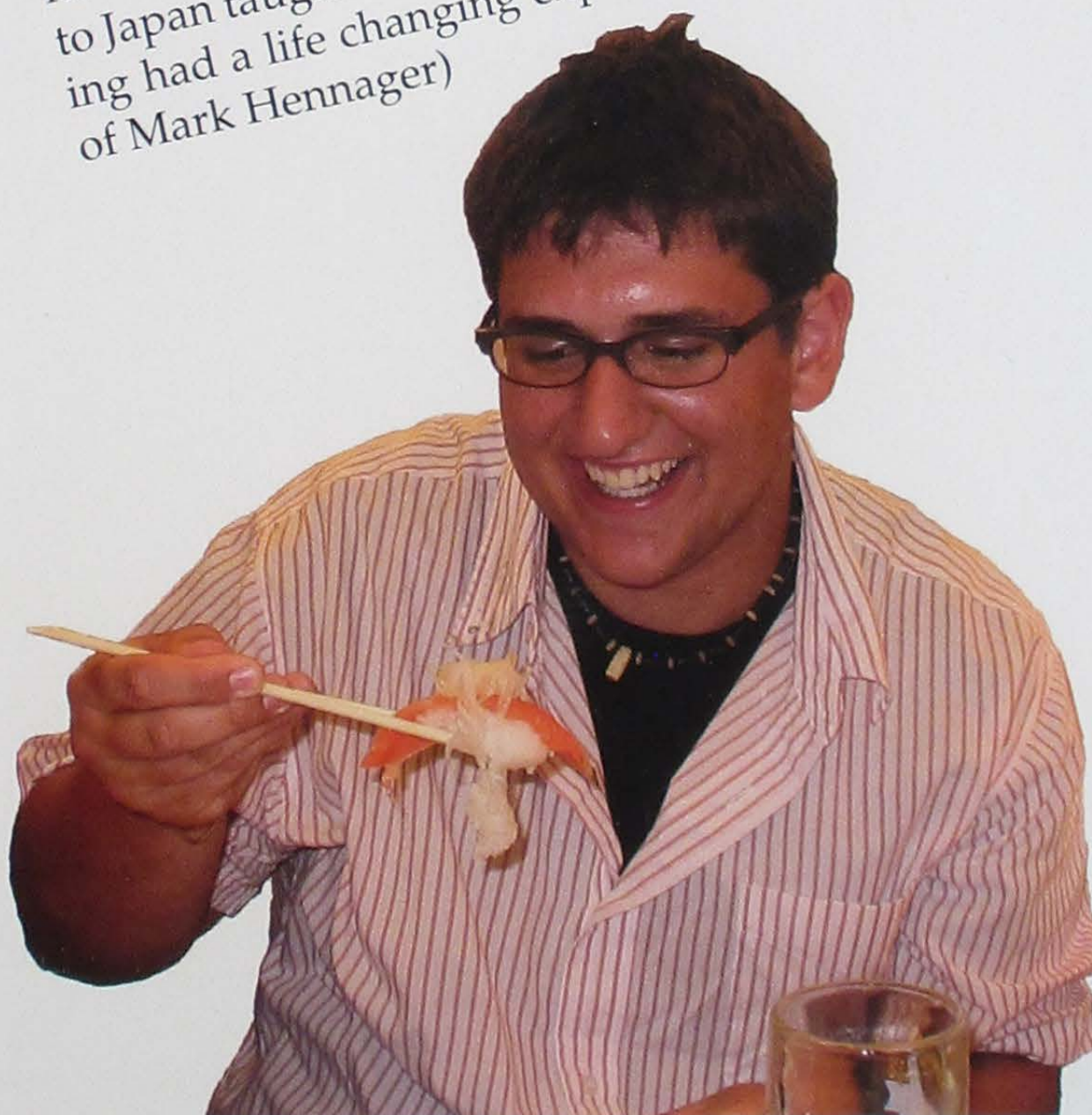


Tight Fit - Crawling into a smart car, freshman **Spencer Gardner** finds that Japanese style cars are smaller than the average American counterpart. Gardner travelled along with many other students to Japan to experience its unique and storied culture. (Photo courtesy of Mark Hennager)

YUM! - During his trip to Japan, senior **Mark Hennager** eats some tasty sushi. Hennagar experienced new foods, new music, and a completely different culture. The trip to Japan taught the kids a lot and they came home having had a life changing experience. . . (Photo courtesy of Mark Hennager)

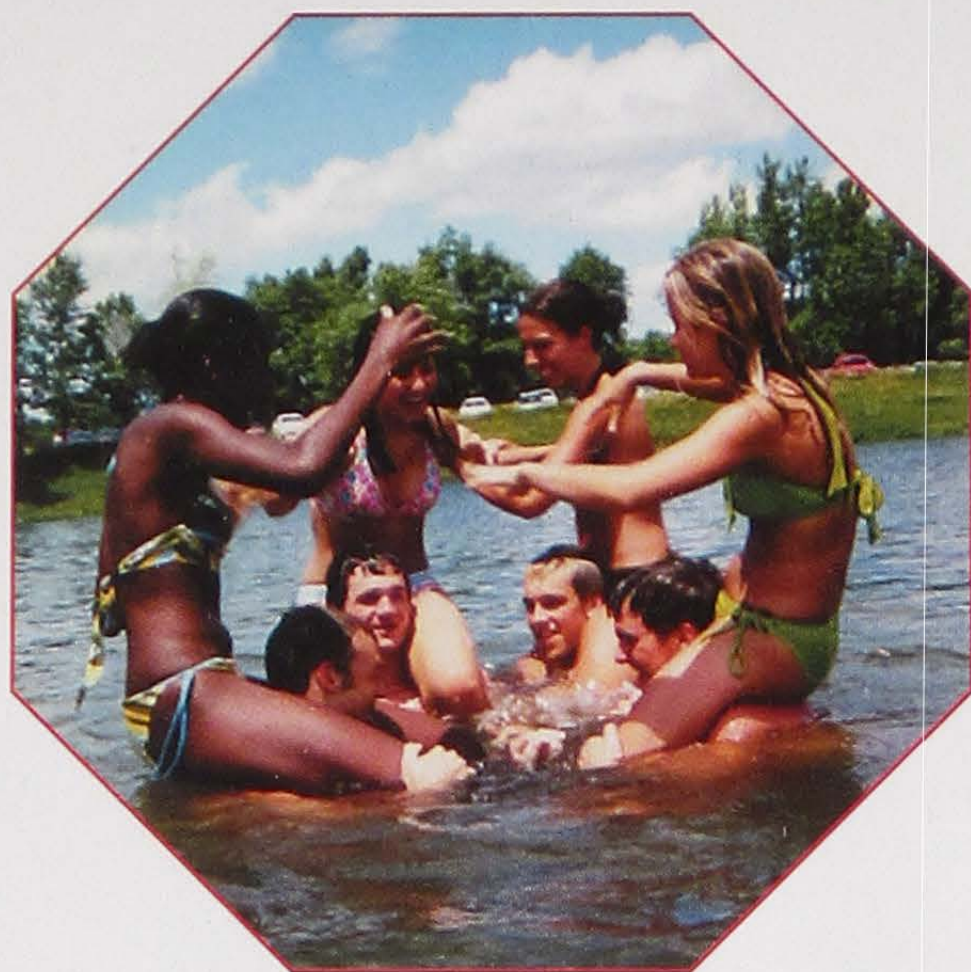


Muscle Men - While in Africa, senior **Brian Scott** shows off his muscles with local children, nicknamed Brian's army. He enlisted these little helpers to do his work for him. "There was a lot of work to be done," Scott said. "Having a little help was great." Scott was one of fifteen students that traveled to Tororo, Uganda to help build a school for local children. The group went through the organization Life to Life. They were in Africa for twenty seven days spending the last week on a safari. (Photo courtesy of Emily Bird)

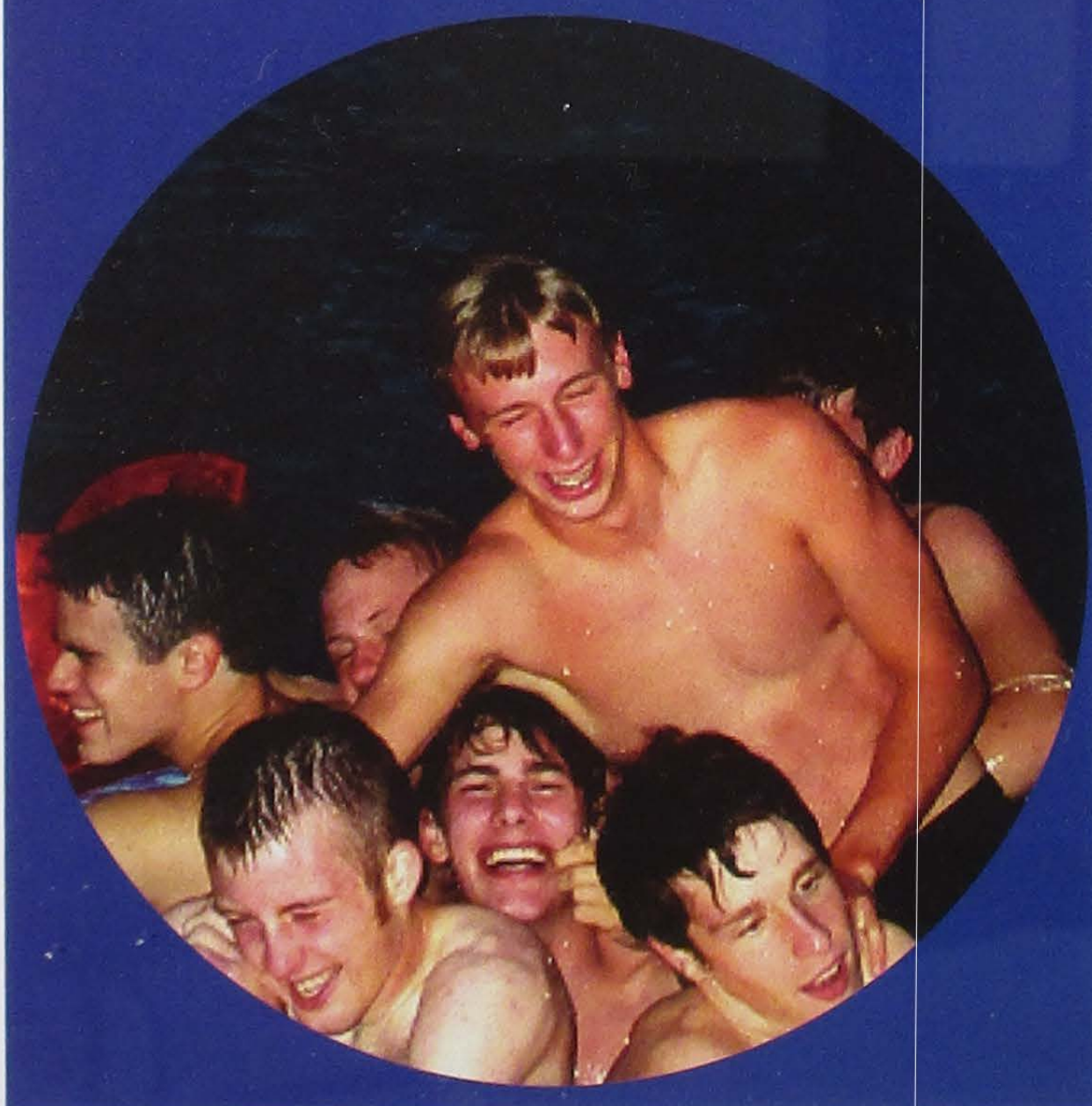


Snake Charmers - Putting their fears aside, sophomore **Elizabeth Warth** and seniors **Heather Anderson** and **Lucas Warth** risk their lives to hold African snakes. The two spent two weeks in Tanzania as part of a youth missions trip with Bethesda Lutheran Church. The first week was spent on safari and visiting local tourist traps. The second week involved living in a mountain village. (Photo Courtesy of Lucas Warth)

Bawk Bawk - Cooling off at Peterson Pits this group of seniors partakes in a friendly game of chicken. "Playing chicken is a great stress reliever. I love beating up my friends," senior **Christi Tim** said. Peterson Pits was a popular hangout spot this summer. Even though the water is disgusting it is an ideal hang out spot because there are no authoritative figures there. (Photo Courtesy of Rachel Nesbitt)



Rub a Dub Dub, Fun in the Tub - Taking advantage of the lack of lifeguards, this group of seniors gets rowdy in Ben Barclay's in-ground swimming pool. Every Thursday night throughout the summer many kids gathered at Ben's house for the Blue Plate Special. Each week crazy pool antics went down while Ben "the master chef" Barclay got jiggy with his Coleman 6,000,000 super cooker. After the good eats and cookies everyone retreated into the Barclay dungeon to watch unpopular movies. (Photo by Ben Barclay)



No Pain, No Game - Anticipating the pain of the oncoming Nalgene bottle, junior **Kyle Thomas** partakes in a dangerous game at Challenge in Salt Lake City, Utah. These crazy kids were playing a game that consisted of throwing a Nalgene bottle into the air without moving when the bottle came down. The first throw Kyle violated the one and only rule and moved his hands to protect himself. The next round he didn't cheat, but unfortunately the bottle landed in an unpleasant spot. (Photo by Rachel Nesbitt)

July You Call This a Mountain?

One Student's adventure of climbing - by Lucas Warth

The first part of the trek up Mt. Kamwala in Tanzania turned out to be a race until the teacher who was accompanying us freaked out on the kids and chewed them out for not talking with us Americans. Nothing like listening to kids getting yelled at when you have no idea what they are in trouble for. Our group got assigned to groups of kids that we had to stay with during the climb. It was a great opportunity to ask them questions and for them to ask their many questions of us. They thought that every American was rich and no one had tough lives. It was hard to explain to them that we weren't all rich because our trip to Tanzania cost the equivalent of 2.5 million shillings. The further up the mountain we got the more intense the climb became. About half-way up we hit the point where there were no trails whatsoever and we were on our own to make our way through the bush. The students we were with kept wanting to stop and rest. It was unreal how out-of-shape they were considering it's a walking society and they lived in the mountains. I couldn't stop because if I did I would fall right down the mountain. It was loose dirt in most places and almost a vertical climb. In several places I had two people pulling me up and one guy pushing from behind to prevent me from sliding back down the hill. I watched a couple kids take some wicked falls as the ground gave out from under them; I know I shouldn't say this but it was really funny. After struggling for what seemed like hours, we finally reached the top.

Brain Weiss • Junior

"The Lutheran Missouri Synod Youth Gathering was a wild and crazy time with elephants running rampant through the streets. Well, not really but you guys get the drift."

Katie Brimeyer and Robert Chang • Seniors

"Europe rocked, Tony our tour guide rocked, and gelato was killer!"

Brian Davis • Senior

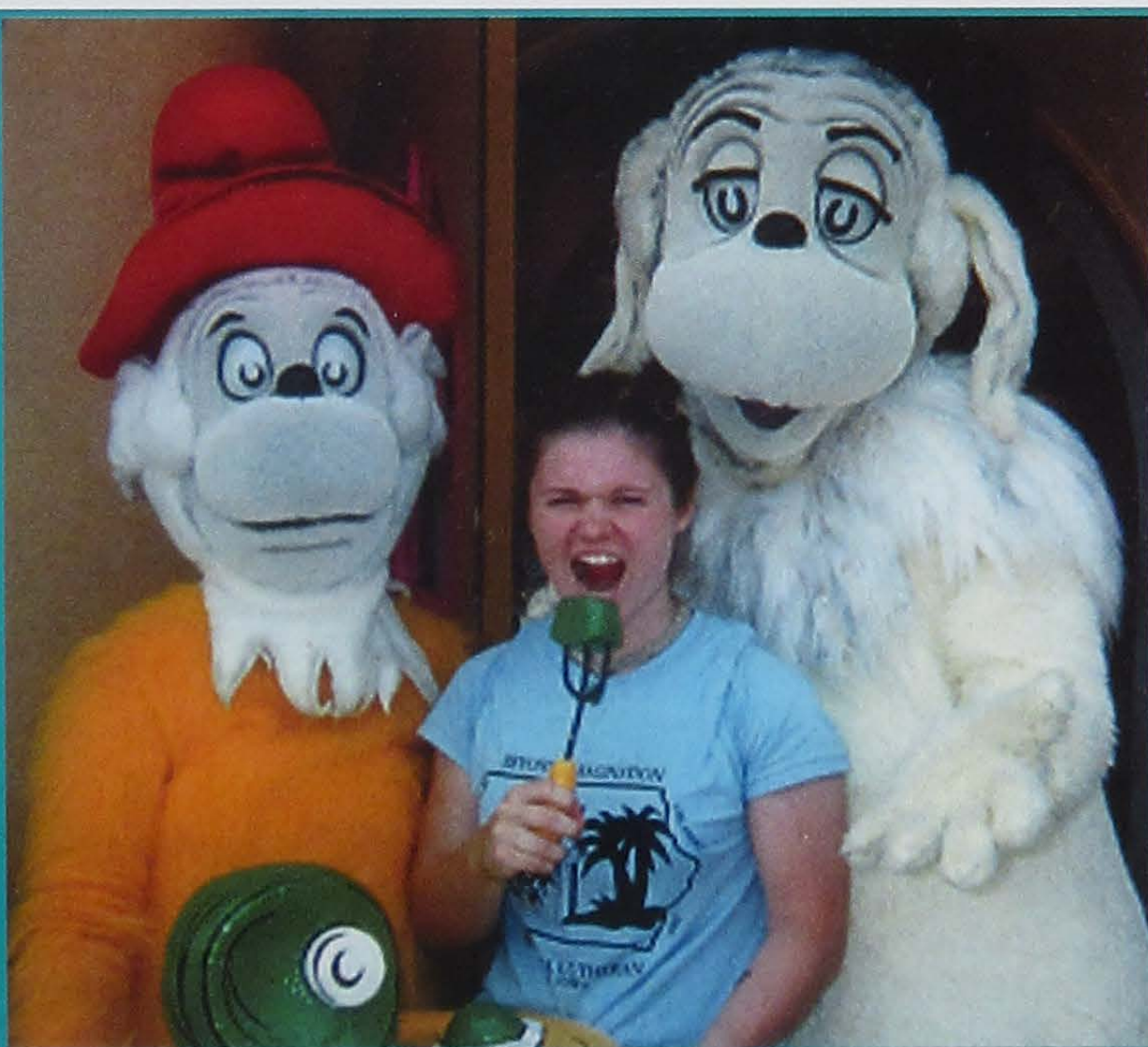
"I worked out until I had a rock hard bod and then I fell into a vat of swiss cake rolls and this is how it turned out."

Mark Hennager • Senior

"After 24 hours on a bus and the weeklong Challenge Conference I got to know a lot about my homies, maybe even too much."



Green Eggs and Jessie- Taking a break from the antics of 35,000 screaming teenagers at the Lutheran Missouri Synod Youth Gathering in Orlando, FL., senior Jessie Young joins Sam I Am and Sam's Friend for her favorite breakfast dish of green eggs and ham at Islands of Adventure. Ames' own Memorial Lutheran church was one of the thousands of churches represented at the LCMS, which meets every 4 years. (Photo by Miranda Eness)



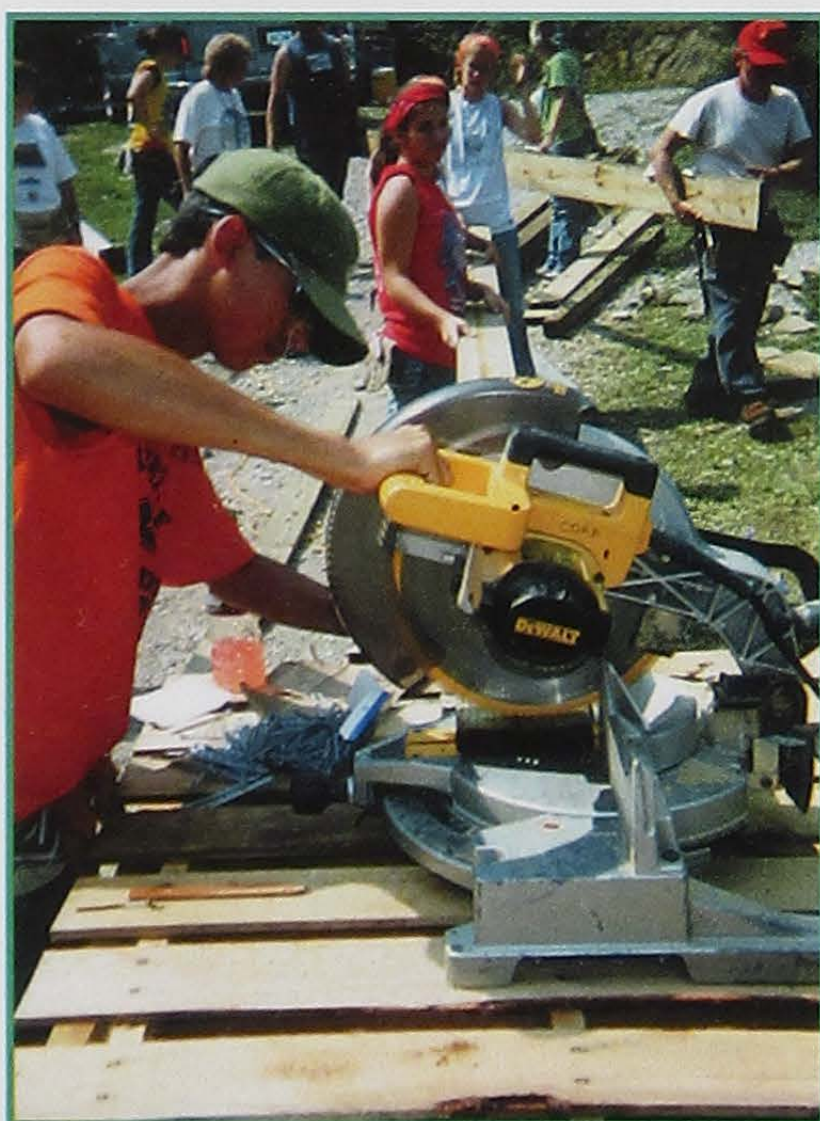
Breakin' All the Rules - Ignoring the possibility of death, senior Luke Peterson prepares to jump off a bridge into the Skunk River. "It's a real challenge to dodge all the debris that are on the bottom of the river. It's unreal how much crap people throw down there," Peterson said. Faced with the boredom of summer, Ames High students were willing to do just about anything for fun. (Photo by Rachel Nesbitt)



Total Darkness - In a daring fashion statement, senior Leah Ritz and junior Chuck Cleary stop for a photo op during a tour through an abandoned coal mine on their trip to Appalachia. Although the yellow hats and headlamps may not have been their first choice of headwear, they were a necessity in the total darkness of the mines. The students on the trip got a firsthand look at how old fashioned mines worked. (Photo Courtesy of John Galarski)



Midnight Madness - Gathering the night before school starts to carry out the traditional TP-ing of the building, these seniors stop and pose. Although they were met by angry administration members, the students still appeared to have a good time. (Photo by Rachel Nesbitt)



BZZZ- Doing his part to make the world a better place, junior Jason Misra cuts frames to build houses for underprivileged people. Working hard with power tools, the summer trip to Appalachia wasn't all fun in the sun. The trip was organized by St. Cecelia Church. (Photo courtesy of Rob Vidimos)



The New Gym Floor

Hot Topics

Whats the buzz this month?

Freshman Thoughts

I kinda like it.
-Jordan Bergman

The Cyclone looks like a big ol' blob.
-Asa Ritz

Sophomore Thoughts

It looks like a big victory court.
-Benny Nelson

I liked the orange on the old floor better.
-Elizabeth Warth

Junior Thoughts

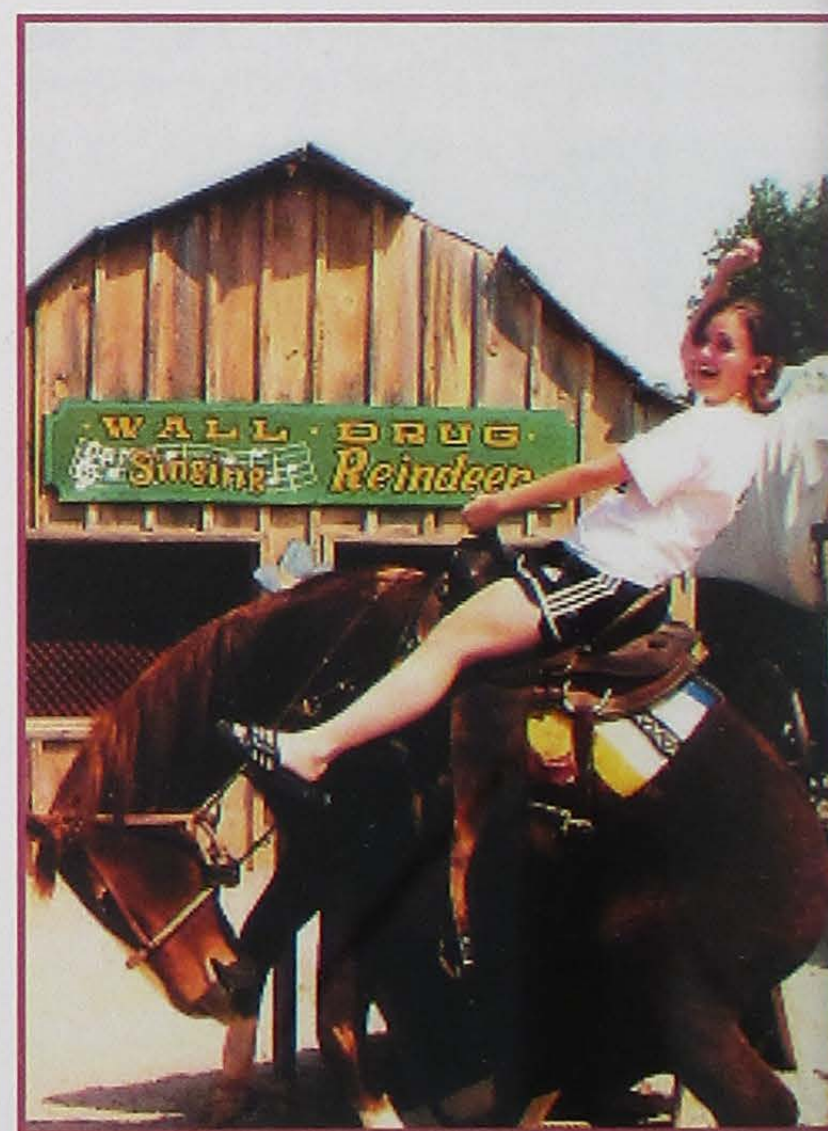
It looks like theres a big hole in it.
-Cole Pfeiffer

It's totally Awesome! Way Sweet.
-Emily Drapal

Senior Thoughts

The middle doesn't look like a cyclone.
-David Muehe

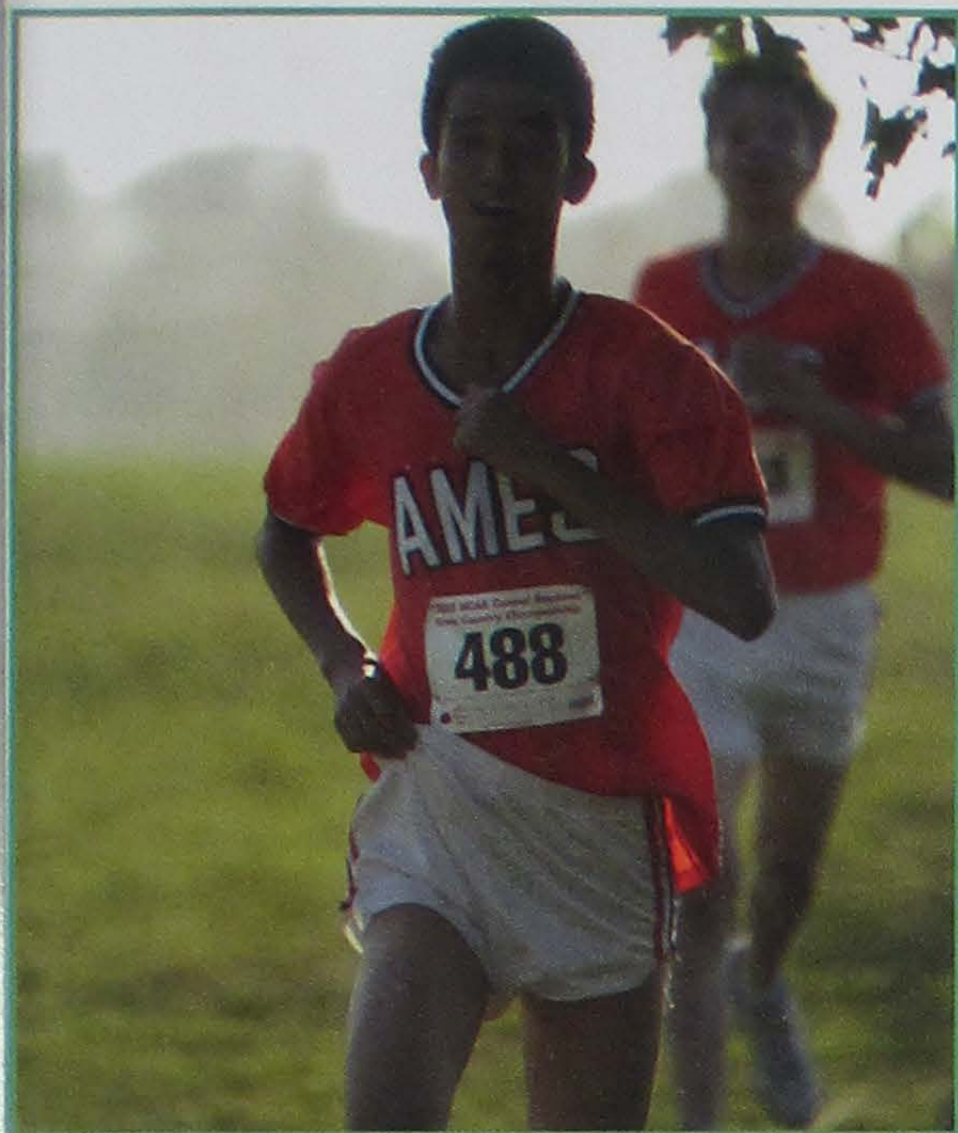
It clashes with the bleachers.
-Kristin Tierney



Ride'm Cowgirl - Taming a wild stallion, senior Julie Larson fearlessly leans into a classic pose. Although the horse was stuffed, it was still a highlight of Larson's summer vacation to South Dakota. "I'd never ridden a stuffed horse before, but I'd definitely do it again!" Larson said. (Photo by Jennie Bean)

August Drill Team Adds Practices

Summer practices now required for the all-year sport.



Loosey Goosey- Pounding out the miles at the ISU Cross Country Course, sophomore **Bo Peng** competes at The Ames Invite this past week. Peng ran a personal best time despite the oppressive heat and an annoying uniform malfunction. The Little Cyclone Varsity team finished only three points shy of the championship, and this with senior **Lucas Warth** out with an injury. "Our kids did a lot of growing up tonight," Coach **John Sletten** said. Some argued it was the first time a smile had crossed Coach Sletten's face in nearly 15 years. The team's solid performance at this meet set the tone for a great season, and high goals for the rest of the year. (Photo by Rob Acker)

Lean Mean Car Cleaning Machines - Desperate to attract people, enthusiastic seniors **Leah Ritz** and **Abby Gaul** wield signs for Senior Girl's Club's carwash over the summer. Profits went to pay for the annual Winter Formal dance. With a large turnout and Walmart's cooperation, they raised over \$1000. Although it was a cold morning, the girls were still able to put on a warm smile (Photo by Miranda Eness)



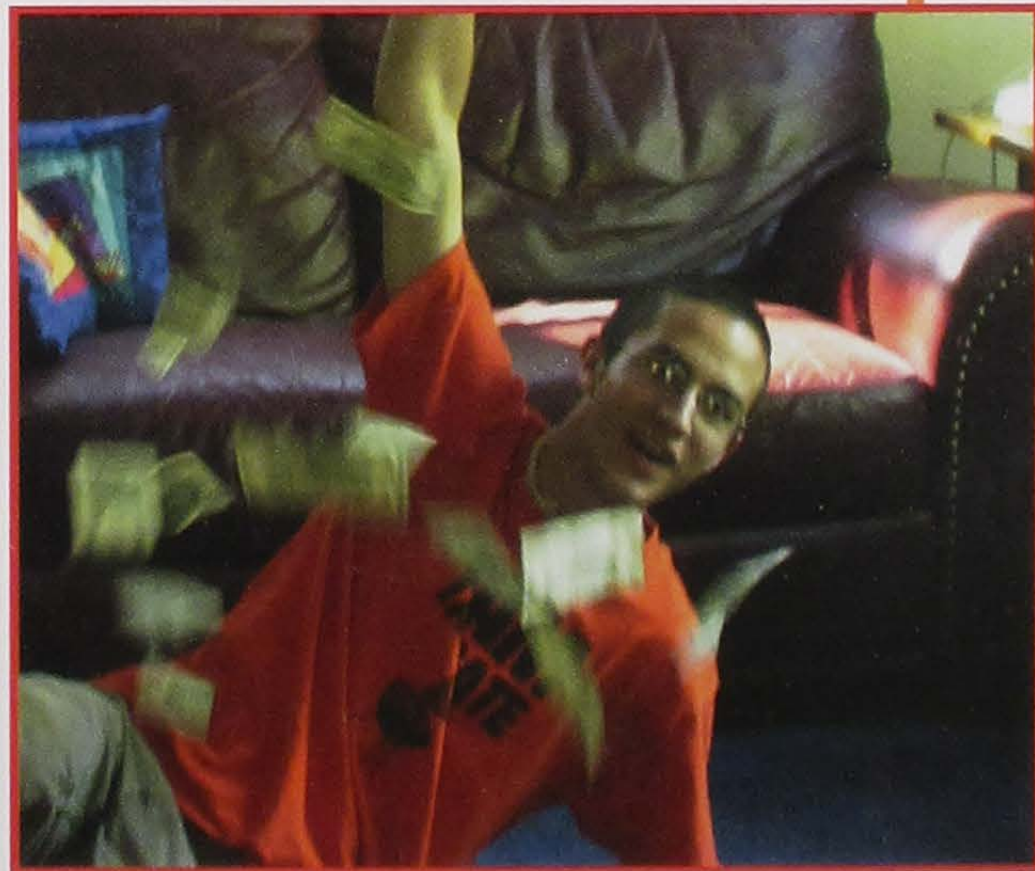
August 1st marks a major turning point in the life of high school students. It begins the month in which their glorious summer ends and school, once again, begins. After nearly two months of travel, lying in the sun, and staying out late, it is now time for school supply shopping, going to bed before 2 a.m., and last-minute schedule rearranging. With only eighteen precious days left before the inevitable first day of school, the students of Ames High are not only preparing for classes, but also getting a jump-start on training for the fall sports season. Many of the athletes spend their final weeks of summer at grueling sports camps or tiring two-a-day practices. The dedicated athletes of Ames High are making sure they are taking every opportunity to gain advantages over surrounding schools' teams.

Although the camps and practices are hard work, the athletes agree that it will pay off. "Going to football camp helps to prepare us for the season and also starts to bring us together as a team," senior **Ryan Wagner** says. "Drill Team camp is all about bonding. We have to spend all year together as a team, so getting off to a rough start is not an option. A good team camp is the key to a successful year," sophomore **Rachel Thompson** said, agreeing to the importance of getting a head start.

Not only were the athletes hard at work preparing for the start of school, but the school itself was undergoing its final preparations. As the beginning drew closer, construction workers were scrambling to put the final touches on the school's extreme makeover. Plans to renovate the building were finally put into action this summer, kicking off the long over-due remodeling process. The many changes include a radically different driveway in front of the building, brand new locker rooms, and a beautifully re-sanded and re-painted gym floor.

Of all the renovations that occurred, the most obvious is the new front driveway. "The new drive is much better. There is a lot less congestion before and after school," senior **Megan Kerns** said when asked her opinion of the construction. Although it was much needed, there seemed to be one slight downfall to the outside remodeling: "All the construction made it hard to TP," senior **Vanessa Pflug** said, sharing the disappointment of her peers.

All the wonderful new additions are giving the students of Ames High just a preview of what is in store for the school in the years to follow. With all the renovations taking place, however, one question still remains in everyone minds: Will there be a new cafeteria? We can only hope!



Rolling in Dough - Tradition carries on for Ames High football fans and getting this year's Team Tailgate shirts by the first football game was a tough job. However, it seemed to pay off big-time off for senior **Ben Ertz** (Photo by Rob Acker).

View the school year from
an unbiased, monthly
source: **The AHS Dispatch**.

This newspaper-style periodical illustrates the lives of Ames High students, from homecoming festivities to the basketball season, from the first day of school amidst a construction zone to the first snow days in four years. Why read other newspapers when there's **The AHS Dispatch**?

The Atlas Dispatch



DESPITE RUMORS AND HOPES THAT IT WOULDN'T HAPPEN DUE TO CONSTRUCTION, SCHOOL BEGINS ON TIME: AUGUST 19TH

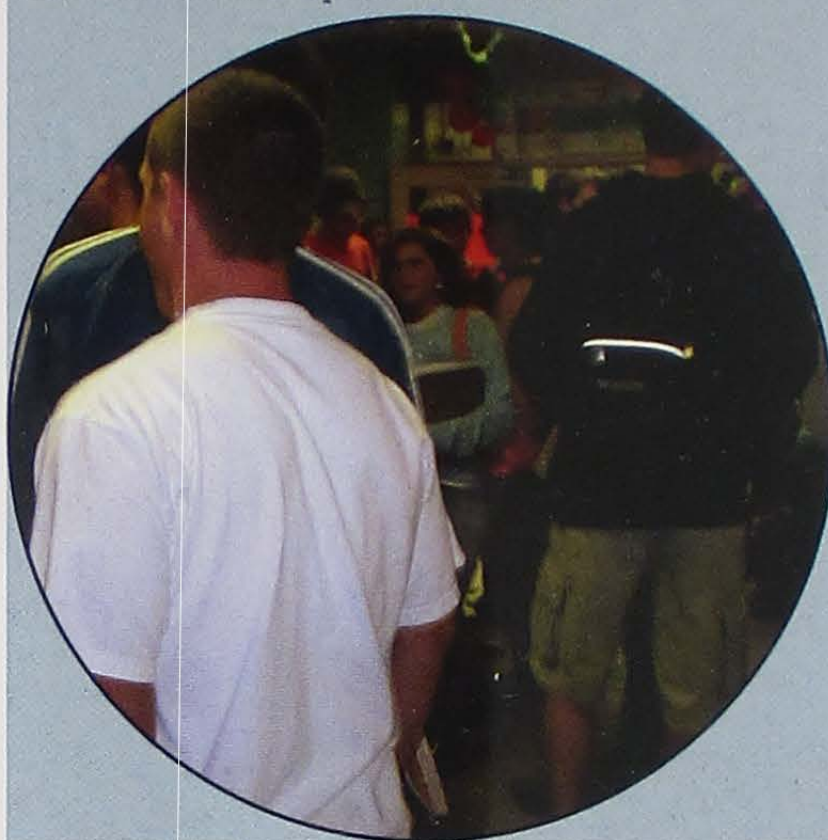
Sitting quiet and empty for three months, once August 19th rolled around the halls of Ames High resembled the streets of Times Square as they were filled with students. Old friends were greeted and new friends were made as the first school day of the year passed.

Many thought that it wouldn't happen, but the new and improved look of Ames High Dr. was completed and accessible on time. Although the road may be finished, there will still be construction going on throughout the year. The new cafeteria and wrestling room are already in progress. At times the construction may get annoying but in the end its going to benefit every student who attends Ames High.

"The high School is HUGE! I got lost the first day for almost ten minutes," freshman **Laura King** said. The Freshman class were all entering a new atmosphere in their transition from middle school to high school. "I discovered the very first day that it takes a lot to offend someone in the high school. That is a very cool thing," freshman **Jacob Canfield** said.

Sophomores began the year with a sigh of relief; they had completed an entire year and were no longer at the bottom. "There really isn't too much to be excited about when you're a sophomore, but it's great

Packed Like Sardines - Students hustle through-out the front lobby, some trying to leave the building through the single exit in the high school, and others just trying to make it to their math class on time. The construction wreaked havoc on the operations of the high school. (Photo by Miranda Eness)



that no one can call me a freshman anymore." sophomore **John Fitzsimmons** said. Since they've become familiar with the way things work in the school there are many who

will get involved with many more activities.

Juniors walked through the door with their car keys in hand and smiles on their faces. They were finally considered upperclassmen and given the privilege of open lunch, which is certainly something to smile about. "Open lunch is such a relief. The days seem to go by SO much faster," junior **Molly Golemo** said.

August 19th became a milestone for the three hundred and sixty seven seniors beginning their very last year of high school. In one hundred and eighty days they will be graduating and moving on to bigger and better things. "Seniors rule the school and I'm finally one of them. I know I'll enjoy this year," senior **Brandon Sidles** said.

Other than hurdling crowded hallways, long lunch lines, and not being saved by the bell, the first day of school was a success. Some students saw it as the beginning to a great year and others left the school thinking, "only one hundred and seventy-nine more days of this." Either way all sixteen hundred students and one hundred and fifty teachers and staff all survived.



Revenge Tastes Good - After getting a bottle thrown at her head by senior **Cliff Corley**, senior **Miranda Eness** shoves his face into a cake. "I should throw more bottles; it gets me fed," Corley said. (Photo by Rachel Nesbitt)

Caught Off Guard - Teaching his seventh period class, teacher **Tim Mooney**, is interrupted to be nominated Homecoming Parade Marshall. "Holy cow! This is quite an honor." Mooney said. This will be Mooney's first year as the parade marshall. (Photo by Shannon McCormick)



ULTIMATE! - During P.E. class, freshmen **Felicia Henderson** and sophomore **Kenneth Zuerner** both fight to catch the frisbee while playing a game of ultimate frisbee. The game has become a favorite P.E. activity here at Ames High. (Photo by Rob Vidimos)



Bass Blast- Playing with the band These Minks, junior **Scott Simpkins**, performs at Blinks on 6th Street. These Minks performed that night along with Iron Fist of Justice, Broken Robots, and Yeti on a Budget. The crowd turn-out was good, being one of the first concerts held at Blinks. "It is great that they put Blinks in because it gave my band a place to jam. The crowd was great!" Simpkins said. (Photo by Olivia Langenberg)

Too Good for Work- Working on a house in Appalachia, seniors **Rob Vidimos**, **John Gilarski**, and **Paul Heideman** take some time to rest. The trip to Appalachia is a life-changing event for many students every summer. "Helping out needy people is such an important aspect of the high school trip," Gilarski said. "Even when I leave Ames High, I'll never forget what our church did to help others in Kentucky." Besides working, many students enjoyed the camaraderie of the trip. (Courtesy of John Gilarski)



Perfect Form - Diving into the pool, senior **Libby Utesch**, uses perfect form. Utesch recieved a score of 232, a personal best. "This year I would like to break the school record. I want to recieve a score of 286.1," says Utesch. The other members of the girl's swimming and diving team are cheering her on. (Photo by Rob Acker)



BACK TO SCHOOL

August is one of the best months because it is the start of fall cheerleading! Also, I get to see all my friends again.

- Junior Alex Budd

Looking for his receiver, senior **Greg Hunter**, prepares to throw the football. Hunter was hanging out with Team Tailgate before cross country practice started. Team Tailgate is a group of upperclassmen that meet before football games to grill out and get excited for the football game that night. "Team Tailgate rocks! I don't think the football team could win without them," Hunter said.



Pressing On - At the girls' cross country meet in Ames, junior **Renee Nesbitt** passes yet another Ankeny runner as she advances to the finish. With the advantage of a home course, Nesbitt finished the meet fifth for Ames varsity and twenty-first overall. For extended girls' cross country coverage, turn to page 50. (Photo by Miranda Eness)

OUTSTANDING TURNOUT FOR THE FIRST IMPACT RALLY OF 2004-2005 SCHOOL YEAR:

TEACHERS MR WEBB AND MR MOONEY SPEAK

Students walking into school Wednesday, September 15th this year probably noticed a large crowd of people gathered near the flag pole. These seventy or so students, teachers, and local youth directors were all gathered for See You At The Pole, an annual event of prayer held around the country. For about twenty five minutes the crowd prayed and worshipped together. "It's fun when everyone sings because no one can hear me personally but the effect of worship is still there," senior **Brian Scott** said.

Later in the evening, Ames High students and students from other schools such as Roland-Story, Nevada, Gilbert, Colo-Nesco and Boone poured into the auditorium for the first impact rally of the year. **Mr. Mooney** along with **Mr. Webb** were speakers at the rally. "It was just really encouraging to see that many kids coming together to grow in their faith," teacher **Tim Mooney** said. The theme for the night, other than See You After The Pole, was ascension. All three speakers spoke on the themed subject.

After each speaker had finished his/her presentation, students from two schools gathered at a cross that

had been placed on the stage. Then a representative from each of the schools prayed. Senior **Luke Lowry** represented Ames High in prayer.

At every impact rally there is a time of worship. Ben Erbes, a

Standing Up in the Crowd - Representing Ames High at the Impact Rally, senior **Luke Lowry** prays for his school and fellow students. Although being in front of huge crowds makes some people nervous, Lowry has grown accustomed to the stage. (Photo by Miranda Eness)



2002 graduate of Ames High, brought his band The Troubadours to lead the worship music. Songs were sung at the beginning and again at the end. Most of the songs were cov-

ers, but the Troubadours surprised the crowds with a few of their own songs. The theme song for the night was "Blessed be His Name" by Matt Redman. Along with this they also played "Give Us Clean Hands," "You Are Holy," and "Every Move I Make." "Playing at the impact rallies is great because the students have so much energy," Erbes said.

The Impact Rally ended around nine P.M., but many students from different schools stuck around to spend some time getting to know other people from different schools. Impact Rallies are a great place for students to see their friends that attend other schools and to make new friends. For many Impact Rallies are great events for fellowship with people holding similar beliefs.

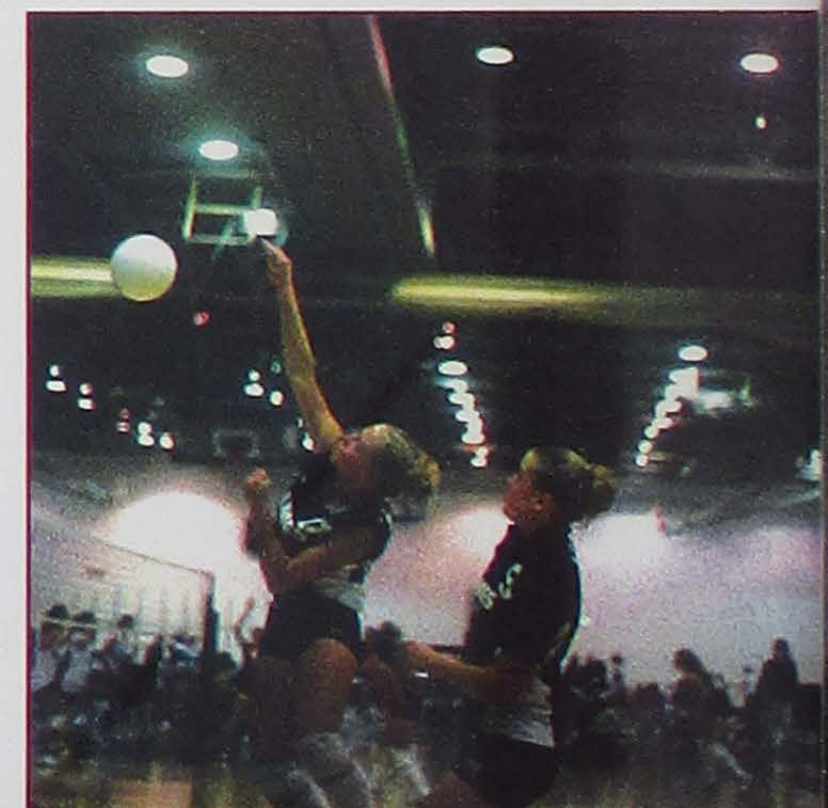
Impact rallies are held each quarter. While not sponsored by the school, the rallies are always held at Ames high due to its size and central location.

"Everyone should make it to the Impact Rallies," senior **Luke Lowry** said. "They are a lot of fun and anyone who stays at home is totally missing out."



Think Fast! - Looking for his receiver, sophomore quarterback **Steven Fennelly** prepares to throw the ball. The sophomore team pulled off an amazing win against the Roosevelt Roughriders with a little luck and a lot of skill. (Photo by Miranda Eness)

Following the Leader - Leading the band in pepful splendor, senior band majors **Abby Gaul** and **Laura Logsdon** and junior band major **Sam Robson** direct the band in some much needed school spirit during the Souix City Heelan Game. (Photo by Ben Barclay)



Point Up - Going in for the kill, sophomore **Anna Greenwald** spikes the volleyball. Teammate sophomore **Sarah Nelson** covers the offense during the JV game against Marshalltown. The Little Cyclones won the match and maintained their undefeated status. (Photo by Jenny Cheuk)



No Wears Short Shorts? - Completing initiation into the boys cross country team, these seven freshmen strut their stuff in their disturbingly short running shorts and tight autographed t-shirts. These boys showed no shame throughout the day when they were forced to walk the halls in dress code violating clothing. The freshmen were given an option to back out, but they were willing to exchange their pride for team unity. (Photo by John Gilarski)

opping the Question - Taking the chance of getting rejected in front of a huge crowd of people, junior **Abe Valadez-Rosales** publicly declares his love and desire to go to homecoming with fellow junior **Debbie Bennett**. Luckily, Abe was not rejected and Debbie was quite impressed with the poster. Thinking of creative ways to ask girls to homecoming had become a competition amongst the males at Ames High, and Abe won. (Photo by Ben Barclay)



Going for the Gold- Helping the Ames boy's cross country team secure a second place, senior **Jordan Funkhouser** receives a medal for his 10th place varsity finish. Ames was three points away from a first place finish; however, when running against teams such as Ankeny and Valley, this loss was not as disappointing. (Photo by Miranda Enness)



FOOTBALL FAN-MANIA

"The best thing about going to football games is being able to cheer alongside our friends for our boys on the football team!"
-Senior **Whitney Mastin**

Although this event occurred in October, it was just too cool to put off until then. Lifetime fan of Dave Matthews Band, **David Muehe** waited outside hoping to catch a glimpse of his hero Dave. Little did he know that the few hours he waited would result in meeting, talking with, and taking a picture with Dave Matthews. It was a dream come true.

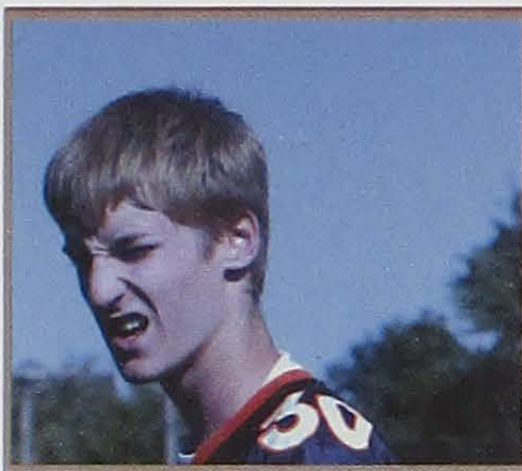


Fly Away, Little Jane - Swimming the butterfly at a swim meet versus Dowling, senior **Jane Vu** leads the pack. The meet was a close one; however, Dowling inched their way forward to a win. The Ames girls swam their hearts out and were looking forward to facing their rival Dowling at the State meet. (Photo by Rob Acker)

Sept. The MAS Dispatch Edition

Embrace the Enemy - Moving in for the kill sophomore **Micah Simpson** attempts to tackle his teammate **Kris Johnson** during a scrimmage. The team was practicing their newly acquired plays in find any flaws before the big game. (Photo by Miranda Eness)

Hug Me, I Gave Blood Today - During a rousing game of tackle football junior **Ross Koppenhaver** takes a blow to the nose. In order to practice their nursing skills sophomore **Joe Wheelock** and junior **Iain Wilson** took a look at Ross's nose. (Photo by Olivia Langenberg)



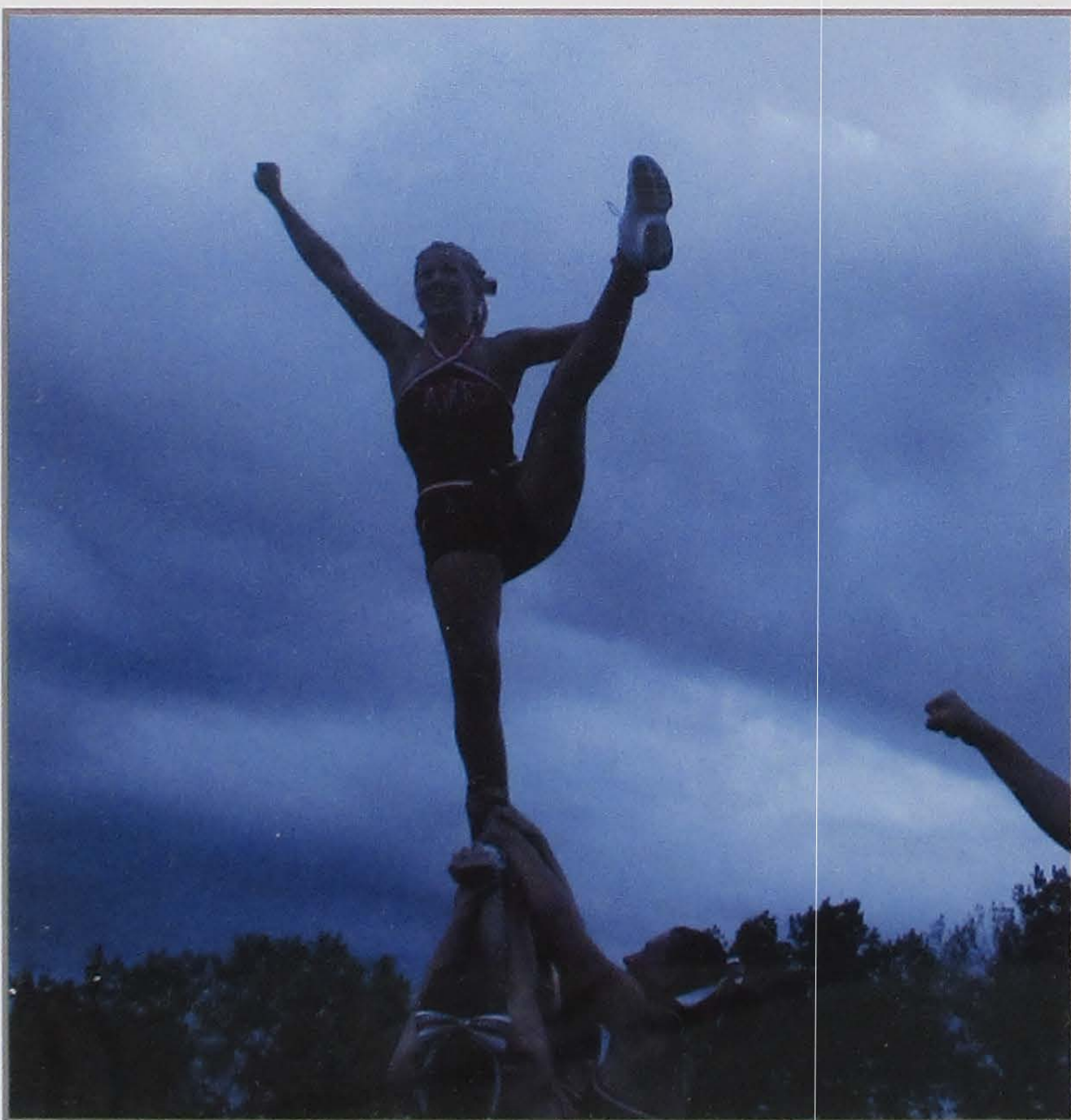
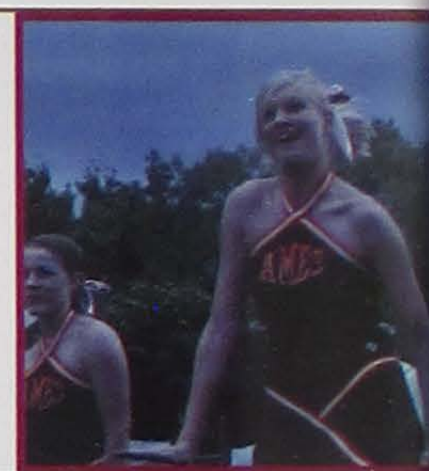
Aug. 30th - Sept. 5th

B Golf @ Fort Dodge
G Swim @ SE Polk
VB @ SE Polk
CC Home Invite
FB @ DM Roosevelt



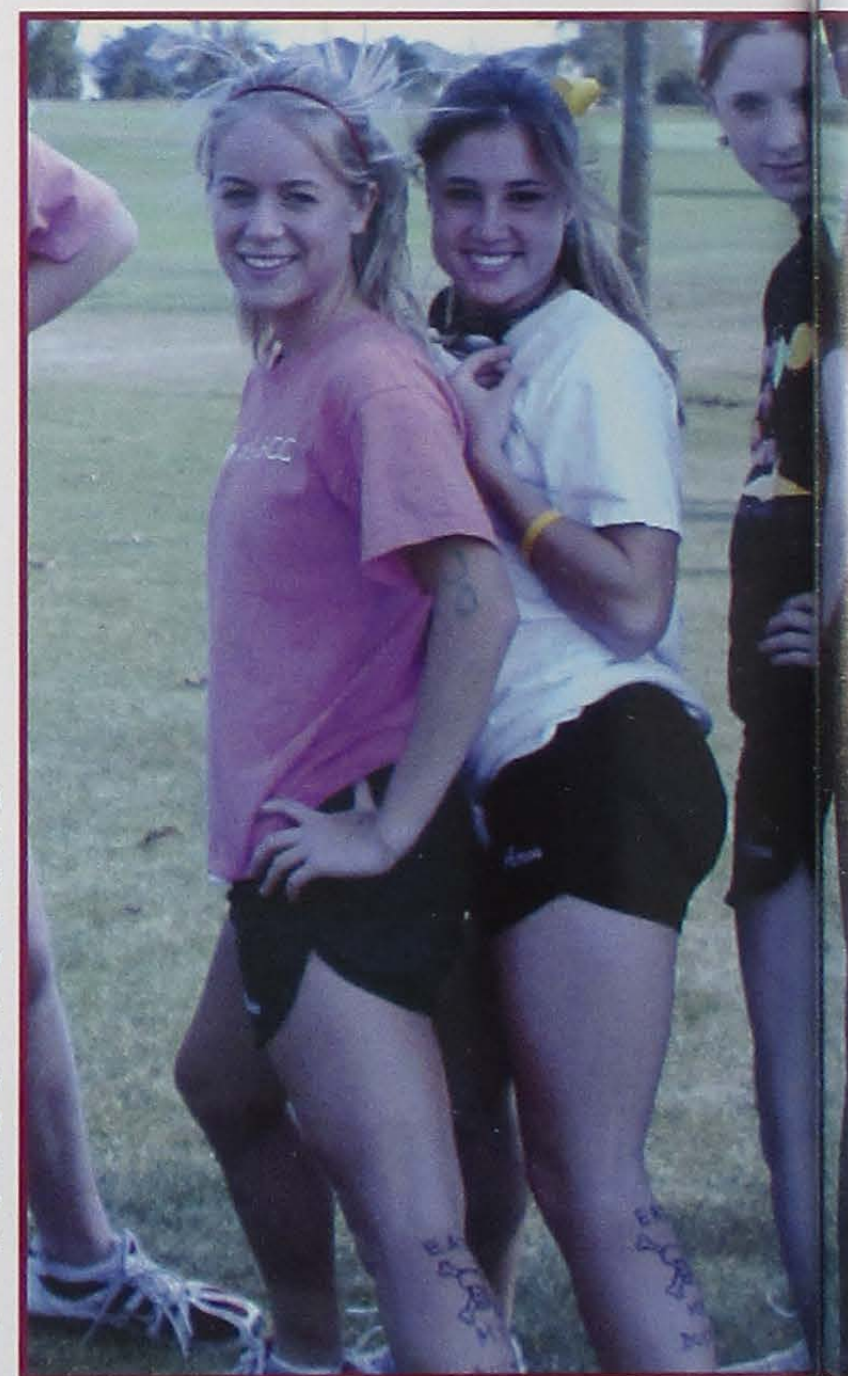
Sept. 6th-12th

Labor Day
FB JV @ Boone
VB Urbandale
GSwim @ Newton
CC B/G @ Cedar Rapids
FB Ankeny
VB Johnston
GSwim Invite
VB @ DM North
Pufferbilly Days



Strike a Pose - Using their creativity, this group of cross country runners writes a friendly message on their calves. They hoped their message, "eat my dust," would give them the edge on the competition by causing them to lose confidence as they got passed by the dominate JV cross country team. Photo by Olivia Langenberg)

Stunning Silhouette - Heel stretching up a storm senior **Marit Place** shows off her incredible flexibility during the Ankeny football game. The cheerleaders spent hours each week practicing their stellar stunts and cheers to amaze fans each week at the football games. (Photo by Miranda Eness)





Basket Case - Testing their strength, varsity football players **Nate Prindle**, **Cliff Corley**, and **CJ Strehlow** basket toss fellow team member **Jai Millen**. The first pep assembly of the year shed light on all fall sports even though football was in the spotlight. (Photo by Libby Utesch)

Taking 'Em Out - Defending their home turf, seniors **Travis Cruise** and **Jon Nau** prevent a breakout run by Souix City Heelen. Despite their spectacular efforts the game ended in a dissapointing loss. The game gave our team motivation to beat Marshalltown the following week. (Photo by Rob Acker)



Sept. 13th-19th
FB JV @ WDM Valley
B Golf @ Valley
VB Ankeny
GSwim Dowling
VB Dowling
CC B/G Ames Invite
FB @ Urbandale
BGolf @ M'Town
VB @ Fort Dodge, Gilbert
BGolf Ames Invite



Sept. 20th-26th
GSwim M'Town
VB M'Town
CC B/G @ Indianola
BGolf @ Ft. Dodge,
Dowling
FB SC Heelan, Indianola
VB @ Boone, Urbandale
BGolf @ Mason City
DECA



Sept. 27th - Oct. 3rd
VB @ M'Town
FB JV @ DM East
G Swim @ Newton
VB @ Newton
FB @ M'Town
CC B/G @ Ankeny
VB9 @ Boone
B Golf Conference @ M'Town
VB @ Urbandale
BGolf @ Ottumwa



SURVEY

What fall sporting event are you most looking forward to this year?



Jordan Rietz, senior:
Marching band, because it is a sport and the uniforms are flattering for everybody. The turnout at our competitions is amazing.



Jessie Young, senior:
Boys Cross Country. Boys without shirts are always nice to see, and who could forget the white short-shorts.



Kerry Kohler, sophomore:
Football because it is such an exciting sport. The big guys tackling each other never gets boring.



Diane Krause, freshman:
I would have to say swimming, Waking up at 5 a.m. and diving into a freezing cold pool never gets old.

Get ready for some serious beach fun because its time to party on the Island in the Sun!

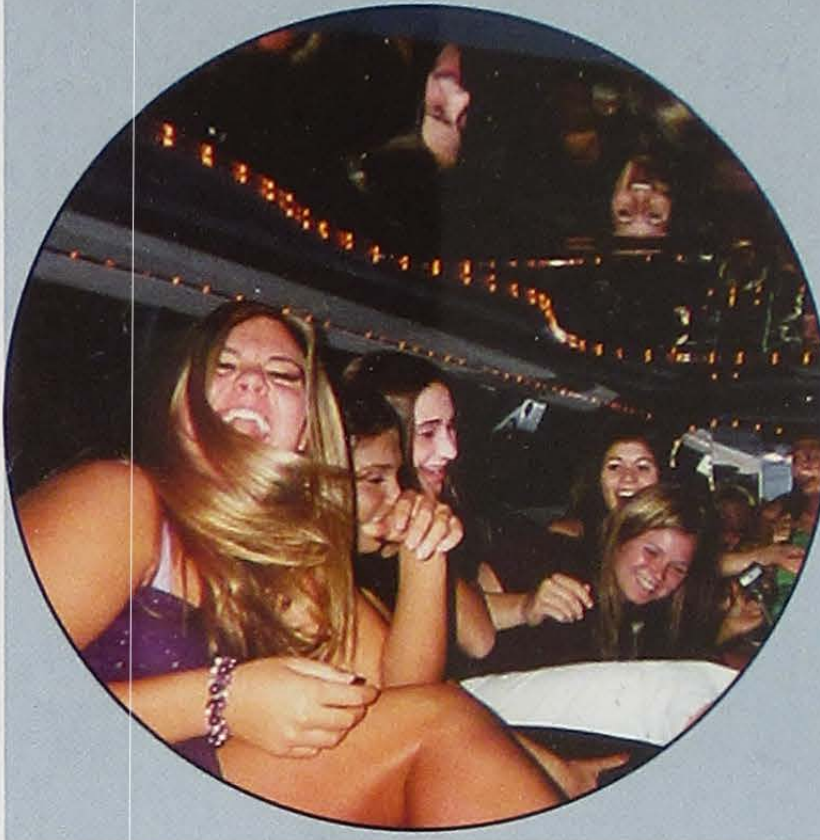
October is normally a month which brings jackets and falling leaves. However, this year, the beginning of October brought out grass skirts and leis. With the weather starting to get colder, a homecoming theme of Island in the Sun was just the theme needed to brighten up some wary students.

The homecoming festivities were kicked off on Monday, October 4th with the Main Street parade followed by a pep rally at Bandshell Park. Tuesday brought a rockin' Battle of the Bands. Student bands like Supercheifs and the Skunk River Boys got the chance to play a sold-out show in the auditorium. Students attended a grillout on Wednesday, which included activities such as a dunk tank and an intense powder puff football game. Unfortunately the fun was stalled on Thursday when some not-so-sunny weather forced the bon-fire to get cancelled. Celebrations were back on track on Friday, though, as the football team led the Little Cyclones to a homecoming victory by beating Newton 31 to 7. Ending the week was the traditional homecoming dance held in the gym. For the first time, however, there was a live band as well as a DJ at the

dance. The homecoming committee hired Keepers of the Carpet to come and play for the students.

For most people homecoming week lasted from Monday until Saturday. But for the hard working

Ridin' in Style - Rolling through town, this group of senior girls arrive at this years homecoming dance in a stylish white stretch limo. The girls pooled their money together to pay for the limo so they could have an extra fun time. (Photo by Miranda Eness)



homecoming committee who put it all together, it lasted much longer than that. The Sunday before homecoming there was an all-day set-up to make sure the school's decorations created a perfect at-

mosphere when people arrived on Monday. "We have been planning homecoming since last year so seeing it come together was really exciting" senior **Darshana Battacherrya**, a member of the homecoming executive committee, said. And while most other students were sleeping through the day after a night of fun and dancing, the committee was back at the school the Sunday after the dance cleaning up all the decorations and putting the school back to a normal state.

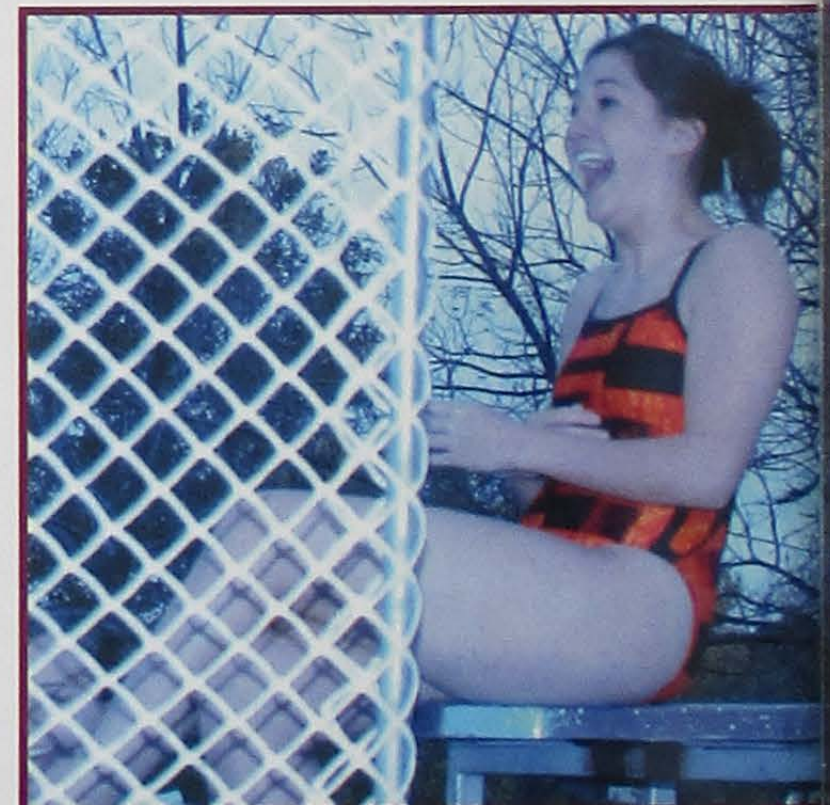
With all the fall sports right at the peak of their season, a little break for some fun and excitement was just what the athletes of Ames High needed to give them a boost of energy to finish off their season with a bang.

Homecoming aside, October also brought the end of the first quarter of school. And while some students dread their grades being sent home, others are relieved to have the first fourth of the year under their belts. But for everyone the end of first quarter means one thing: the count down to the end of the year has officially begun. Only 135 days left!



Plenty of Baby Momma's - After setting up the gym for the homecoming dance, the Executive committee takes a break to learn some life lessons from senior **Ross Marsden**. This years homecoming theme was Island in the Sun. (Photo by Miranda Eness)

Penguins Can't Do That - Flying through the water, senior **Sarah Spencer** competes in the 100 yard Butterfly against Mason City. Despite Spencers broken toe, she swam through the pain to a first place finish. (Rob Acker)



Hanging Out to Dry - Shivering at the sight of the cold water in the dunk tank, senior **Jane Vu** laughs at the possibility of being dipped in by an accurate throw from the crowd. The dunk tank was at the Homecoming Cookout at Moore Park. (Photo By Ennes)



They're Not In Egypt Anymore- Climbing towards the sky, the Sophomore Pyramid Posse cheers on the Ames Varsity Cross Country teams. The Pyramid Posse was present at all the meets, home and away, and even after running a race of their own, they still had the time and energy to put it all on the line to cheer on the older runners. These boys never ceased to amaze the crowd with their antics at the meets. (Photo by Olivia Langenberg)

Rock Out!!! - Dazzling the crowd at this year's Homecoming Battle of the Bands, Seniors **Robert Chang** and **Ben Kolner** rock out. The Iron Fist of Justice is completed with senior **Brian Davis** on the bass and AHS grad **Dan McClanahan** on drums. Iron Fist of Justice took second place at this year's competition behind the Ricky Fields-led Superchiefs. Other bands/artists included Dana Peterson, Skunk River Boys, and These Minx. (Photo by Miranda Eness)



Jammin' To Their Own Beat - Perfecting their technique for the upcoming band concert, juniors **Sarah McClanahan** and **Jeremy Girton** and senior **Max Choi** congratulate each other after another great practice. The band showcased its talents by playing the 70's hit "We've got the funk" at the Homecoming halftime show. (Photo by Miranda Eness)



ATTACK ON ACKER

Waking up to a TP-covered house, Senior **Rob Acker** is surprised to learn he is a member of this year's homecoming court. (Photo courtesy of R. Acker)

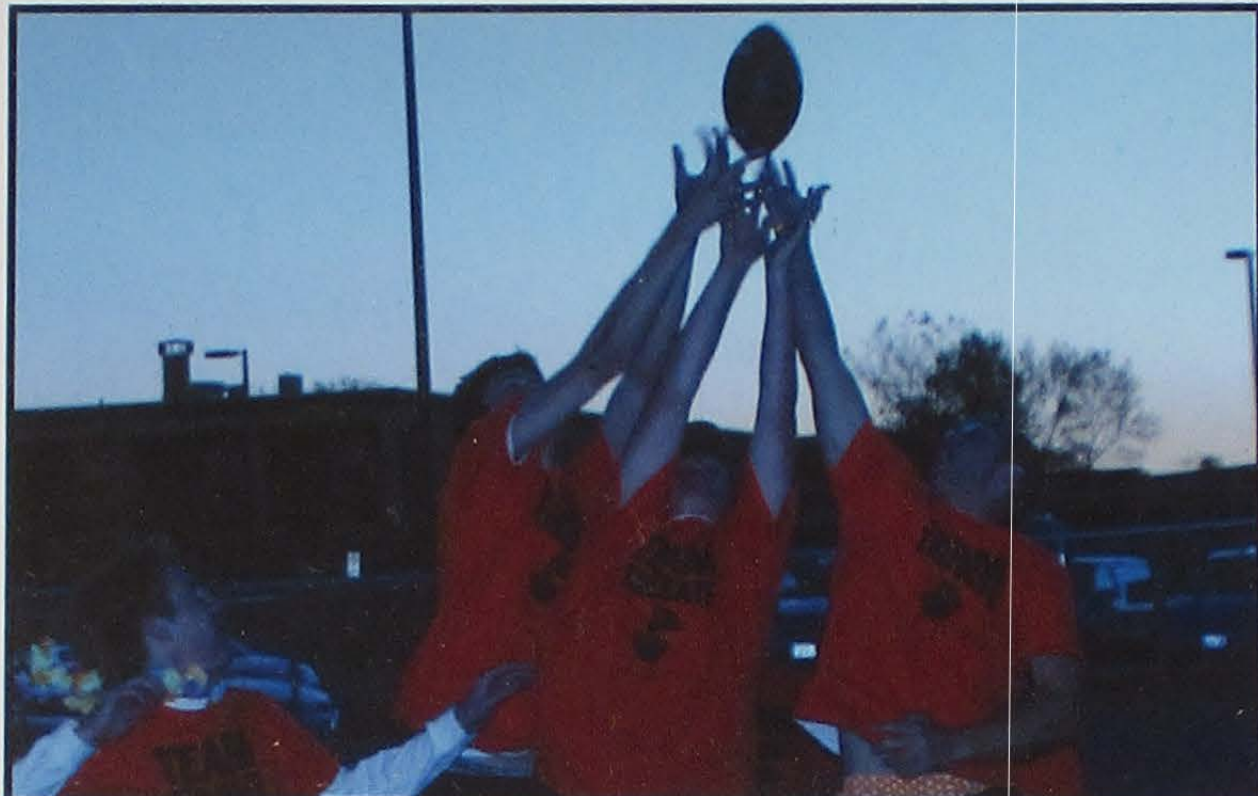
Towering Totem Pole - Measuring a total of 11 feet, senior **Ross Marsden** adds a totem pole to the top of his already-towering frame. The totem pole was part of the homecoming decorations; Marsden posed for the picture while helping the committee clean up after the coronation assembly. (Photo by Miranda Eness)



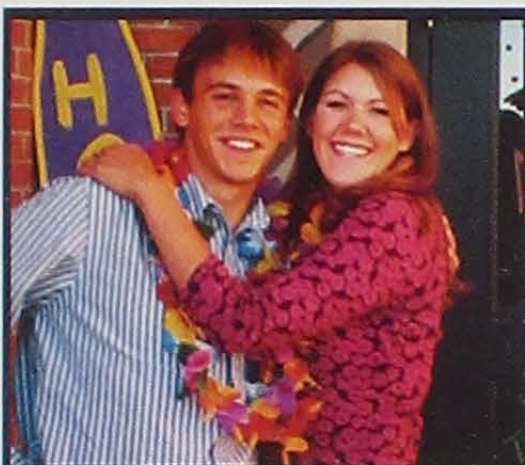
Great Poker Face - Bluffing his way through rounds and rounds of poker, Senior **Jon Nau** shows a crack in his poker face. Nau was participating in "Wacky Rob's First Annual Poker Extravaganza" where he finished in 4th place. Seated next to Jon is the always fashionable senior **Ben Barclay**. Barclay finished in 5th place. (Photo by Rob Acker)

Oct. The MAS Dispatch Edition

FIVE HUNDRED! Tailgating before the big game, seniors **Rob Acker** and **Ross Marsden**, along with sophomore **Benny Nelson** all go after the football during a traditional game of five hundred. (Photo by Ben Barclay)



Gettin' Jiggy! - Showing off some of his mad moves, freshman **Zachariah Hurd** gets hyped up before the band performs at halftime. Marching band performed at the halftime of every home game. (Photo by Ben Barclay)



Oct. 4th-10th
 FB JV Ankeny
 GSwim Valley
 VB Valley
 BGolf District, State
 GSwim @ Boone
 BCC @ DM East
 GCC @ Fort Dodge
 FB 10/V Newton
 GSwim @ Johnston
 VB JV @ Urbandale Invite



Oct. 11th-17th
 FB JV Valley
 VB @ Valley
 GSwim Mason City
 VB Mason City
 CC B/G Conference
 FB 9 Valley
 FB 10/V @ Valley
 VB 10 @ Indianola Invite
 VB V @ SC Heelan Invite
 Fall Play



Twist and Shout - Adding some spice to their introduction seniors **Abby Gaul** and **Luke Lowry** show off their swing moves for the school during the homecoming kick-off assembly. "Why wait until Saturday night to show our stuff when we could break it down all week long," Lowry-said. Abby must have been impressive; she became queen. (Photo by Libby Utesch)

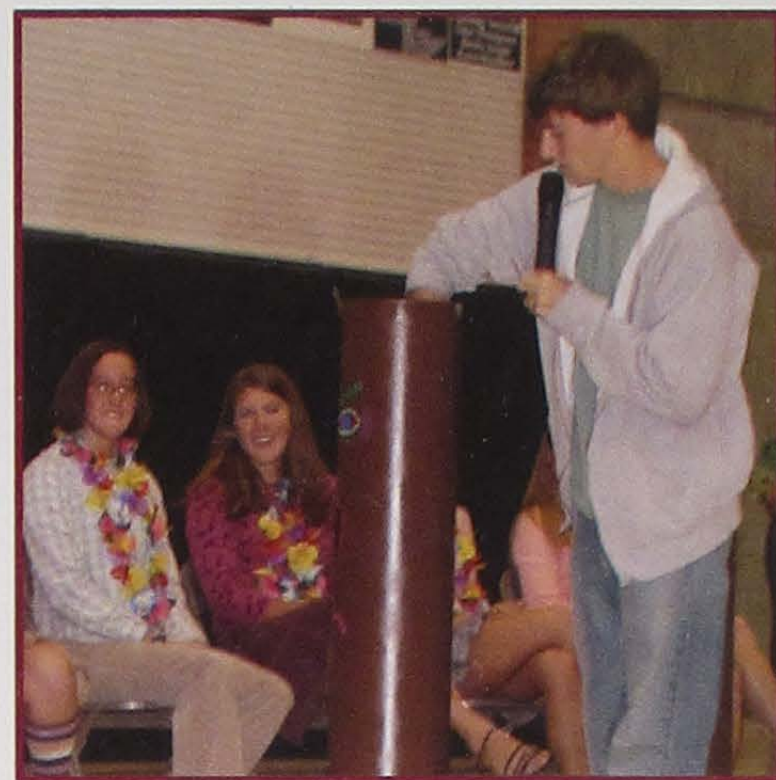
Tiny T-shirt - Creatively using an inside joke; seniors **Jane Vu**, **Jennie Bean**, **Sarah Eggert**, and freshman **Mark Duvick** teepee senior Seth Dodge's house. TPing was a very popular activity this year during homecoming week. (Photo by Miranda Eness)





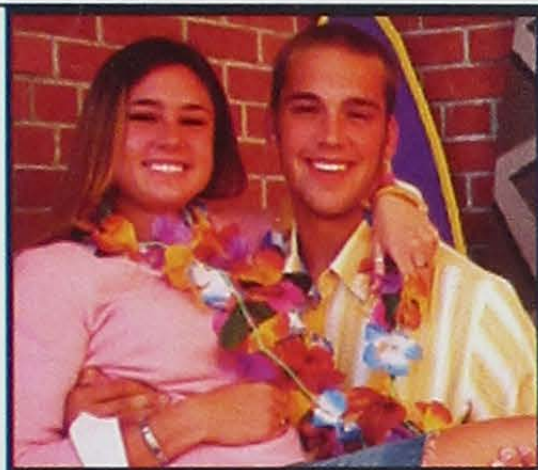
Riding the Train - Dancing at the homecoming dance, freshman **Kayla Becraft** and **Sofiya Hupalo** join one of the trains traveling around the gym. Students not only danced to a D.J. but were treated to the live music of the band Keepers of the Carpet. (Photo by Olivia Langenberg)

Cander or Defiance - Choosing the next embarrassing question or dare, senior **Cade Cartwright** hosts the game show allowing students to learn more about the candidates. Seniors **Sarah Spencer** and **Jamie Carlyle** were both brave enough to choose cander. (Photo by Libby Utesch)



Oct. 18th-24th

FB JV @ M'Town
Fall Choral Concert
GSwim @ Fort Dodge
VB @ Fort Dodge
FB 9 Mason City
CC B/G District
FB 10/V @ Mason City
GSwim Conference @ Valley



Oct. 25th-31th
VB Regional
Marching Band Spectacular

FB 9 @ Fort Dodge
FB 10/V Fort Dodge
GSwim District
CC B/G State @ Fort Dodge
Orchestra Trip



If you had to ask a teacher to the dance who would you ask and how?



Asa Ritz: Mrs. Testroet because she seems like quite the party-goer. I would ask her straight up, just walk up and say, "do you want to come to the dance with me?"



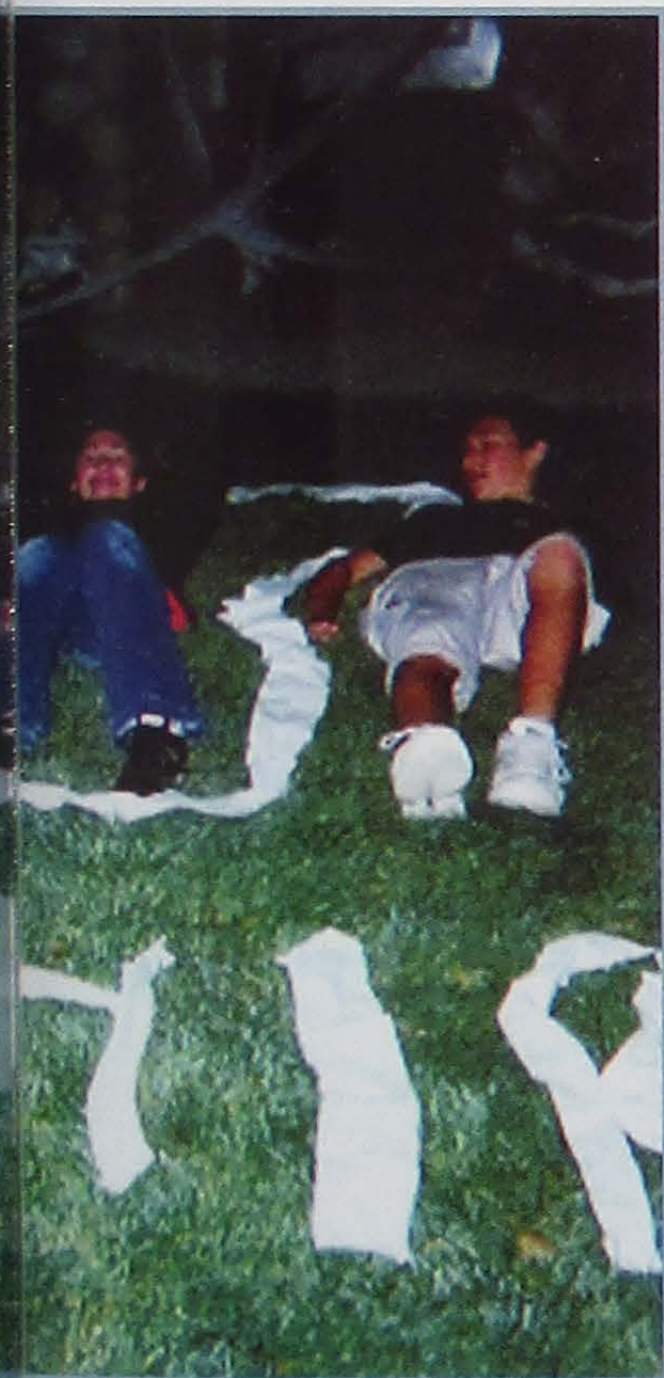
Steven Fennelly: I would ask Mrs. Hassebrock because she would make me look good. I would ask her by taking a picture of myself flexing and titling it, "the dance"



Julia Saldana: Mr. Stevens because he's funny. I'd go up to him and say, "hey if you don't go to the homecoming dance with me I'll beat you with my stick."



Rachel Gallagher: I'd ask Mr. Webb by putting a big red wig on and acting like his phycho won't-be-ex-girlfriend. I'm sure he would say 'yes!' if I bring back those memories.



NOVEMBER WRAPS UP THE FALL SPORTS SEASONS WITH SUCCESS AT STATE COMPETITIONS

After suffering through the first two and a half months of school without a break to rest their tired minds, Ames High students live for the month of November.

August, September, and October represent a new school year, homework, tests, and boredom. These contrast starkly to the glorious happenings in November. This month is represented by a long break, a Thanksgiving feast, and lots of football.

The coming of November also brought many new changes to Ames High. I-chicken became one of the most popular intramural sports in Ames High history. Although the highly anticipated I-Chicken finals will not be held until spring, two teams stood undefeated through the entire of November: The Grundlers and Team Web Staff. They look forward to meeting each other on the field this spring.

Fall sports gained closure at the state competitions in November. Girls swimming and diving, Cheerleading, and Boys and Girls cross country represented our school with hard work and success on the state level.

Ft. Dodge was host to the boys and girls cross country state meets.

The boys out-ran the competition and ended up winning...5th place. The girls team did not place either, but they were winners in all of our hearts. Despite a

Drowning the Competition - Duking out a vicious fight over the ball, sophomore **Robert Kohler** holds junior **Aaron Lenhoff** under water. Water polo is a cruel game and caused many pre-swimming injuries to the rowdy boys. (Photo by Libby Utesch)



disappointing end, the state competition did not reflect on their performance the entire year.

Cheerleading state was a similar story. After an amazing season

of cheering and stunting, the Ames girls headed to the state competition with confidence. Coach DiBlasi challenged the team this year with more difficult stunts and choreography. Ames placed 6th in the large school division.

Girl swimmers only had one swimmer representing them at the state meet while divers had two. With a lack of representation at the state meet it was hard for the team to put a winning performance together.

To ready themselves for the physically draining boys swimming season, all interested prospects took part in a two week challenge of epic proportions: water polo. This challenging game is not for the weak of heart.

Boys swimmers trained for weeks in order to withstand the physical challenges. Team Superdestroyer Mega Ninja Bomber shredded the competition and swept the number one title.

As the end of November approached, students gladly welcomed their much needed Thanksgiving break. Thanksgiving break provided students with a time to relax from their school work and sport practices.



He's No Chicken - Dodging out of the evil clutches of the opposing team, senior **Andy Clayton** makes a final attempt at seizing the feathered prize. "I-Chicken is a game of action and is not for the weak of heart," senior Rob Acker said. (Photo by E. Cohea)

Spottin' Some Science - Discovering new and exciting things, sophomores **Jenny Cheuk**, **Rebecca Ferguson**, and freshman **Lavanya Singh** visit the Science Museum in Minneapolis on the Orchestra tour. (Photo courtesy of Jenny Cheuk)



Half Raked - Making a little extra spending cash for the highly anticipated holiday season, senior **Willy Svec** rakes a neighbor's yard. Students found many extra chores in November so they could impress others come Christmas time. (Photo by Robert Acker)



Dancing Queens - Dancing to the sweet tunes of "Devil in a Blue Dress," juniors **Emily Drapal** and **Emily Davenport** practice their routine before their performance at the Winter Sports Kick-Off. Although not many attended it was a good opportunity for the two squads to practice performing before their State Competition in December. (Photo by Libby Utesch)

Winning the Ceremony - Standing proud atop the mighty podium, Ames High divers, senior **Libby Utesch** and freshman **Lauren Naeve** dominate at the diving districts. Utesch received first place with a score of 410.40 while Naeve took third with 366.30. Always contributing greatly to the team's core, Ames High's divers were a big asset this season. (Photo courtesy of Libby Utesch)



I Chick, You Chick, We All Chick for I-Chick! - Leaping away from a flag-thirsty mongrel, senior **Nathan Sacks** concentrates on the task at hand. I-Chicken was the newest and most popular intramural sport at Ames High. Despite the countless injuries, students flocked to the practice fields every Monday afternoon. - (Photo by Elizabeth Cohea)



NOVEMBER IS WICKED COOL

"November is is the best month; it has my birthday, a break, and best of all, lots of food." - Jennie Bean

Practicing her skills as a walking billboard, freshman **Nattie Larson** persuades people to participate in various activities. Larson was volunteering at a 10 year anniversary celebration for her church, Cornerstone. The youth group Nattie belongs to was in charge of Dance Dance Revolution, paintball, MarioKart, and other entertaining activities.



Dinner Drill- Filling their tummies at the Drill Team progressive supper, freshmen **Paige Olsen** and **Lauren Naeve** and sophomore **Melissa Baughman** pile on the potatoes. The progressive supper is a favorite tradition amongst members. They visit 8 different houses for each part of the Thanksgiving meal while bonding with each other. (Photo by Libby Utesch)

Nov. The MAS Dispatch Edition

Wet n' Wild Boys - Preparing for the beginning of the boys swim season, senior **Rob Vidimos** and juniors **Joe Wiedemeier** and **Scott Metille** sit by the pool waiting to play water polo. (Photo by Libby Utesch)



Man! I Feel Like a Woman! - Pursing his lips in shame, sophomore **We-Li Suen**, at the mercy of his girl "friends," dresses up as a woman for halloween. Fortunately, he didn't go outside. (Photo by Jenny Cheuk)



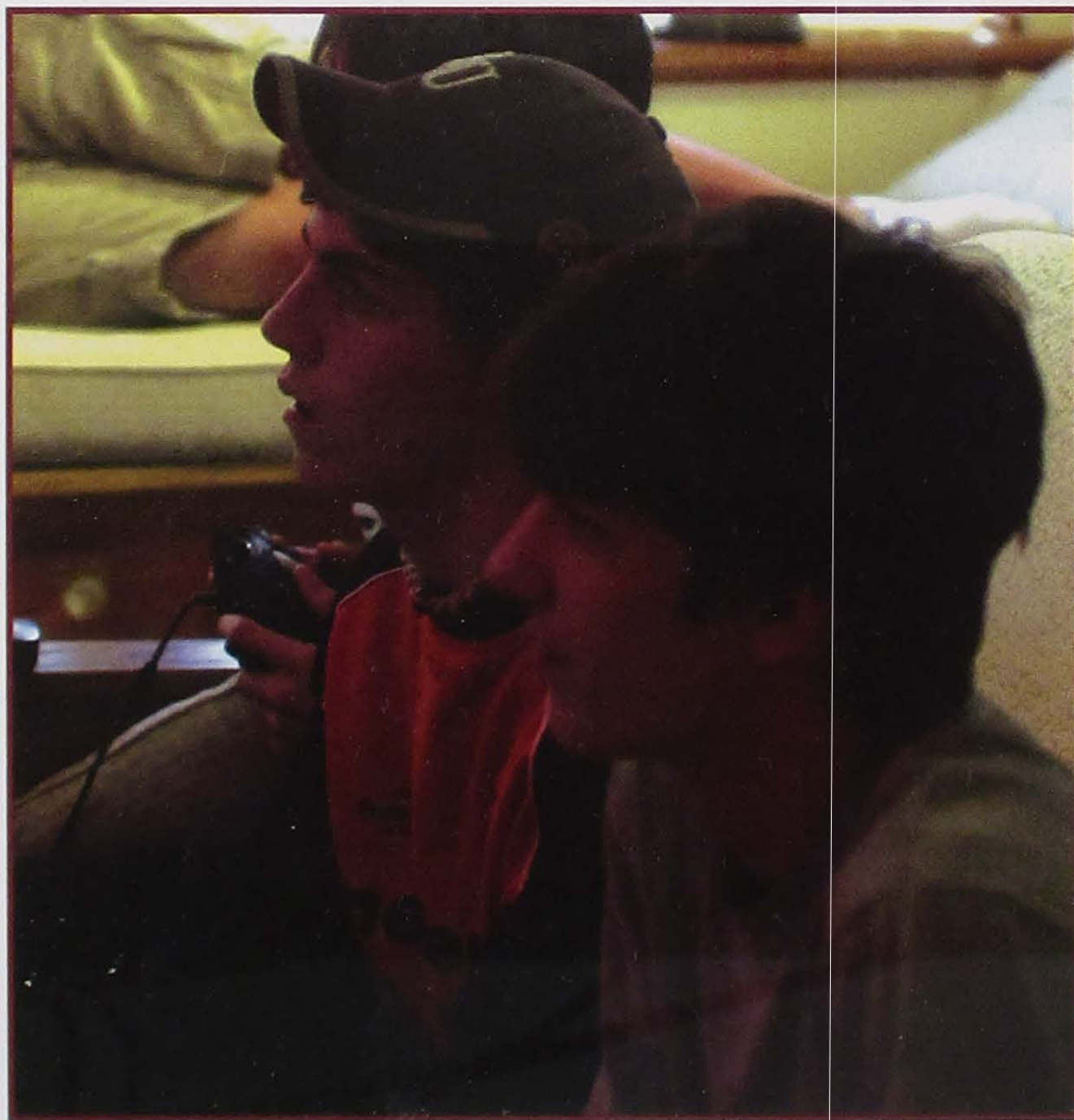
Aug. 30th - Sept. 5th

B Golf @ Fort Dodge
G Swim @ SE Polk
VB @ SE Polk
CC Home Invite
FB @ DM Roosevelt



Sept. 6th-12th

Labor Day
FB JV @ Boone
VB Urbandale
GSwim @ Newton
CC B/G @ Cedar Rapids
FB Ankeny
VB Johnston
GSwim Invite
VB @ DM North
Pufferbilly Days



I See London I See France - On the verge of kicking herself in the face, junior **Delesa Briseno** does a heel stretch during cheerleading practice. Winter Cheerleaders began their daily practices when the first of the month rolled around. They practiced 1.5 hours a day in preparation for the weekly games. (Photo by Miranda Eness)

Halo Mania - Drilling holes into their televisions with intensity, seniors **Kyle Downard** and **Will Svec** play Halo 2. Several Ames High students skipped school to play the newly-released game, believing it to be more important than anything they could learn in school that day. (Photo by Rob Acker)





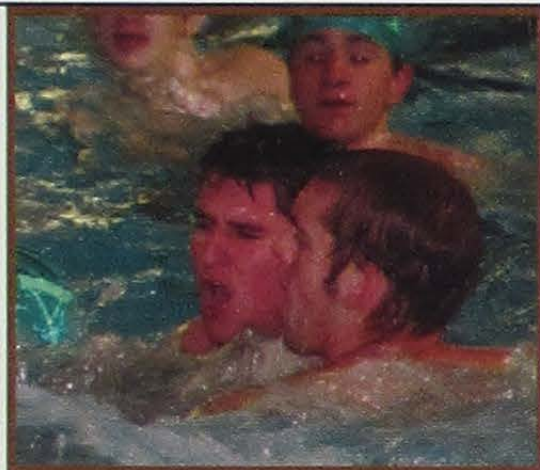
Follow the Leader - Desperately shouting instructions, senior **Tony Larson** guides freshman **Jack Schepler** through a maze to help him find his way out. Larson and Schepler were participating in a trust-building activity during a Cornerstone Church retreat. (Photo by

Ames High Idol - Gazing into the crowd at the Impact rally, senior **Samantha Lewis** talks about her journey into Christianity. Several other students discussed what their faith meant to them and tried to help others. (Photo by Jennie Bean)



Sept. 13th-19th

FB JV @ WDM Valley
B Golf @ Valley
VB Ankeny
GSwim Dowling
VB Dowling
CC B/G Ames Invite
FB @ Urbandale
BGolf @ M'Town
VB @ Fort Dodge, Gilbert
BGolf Ames Invite



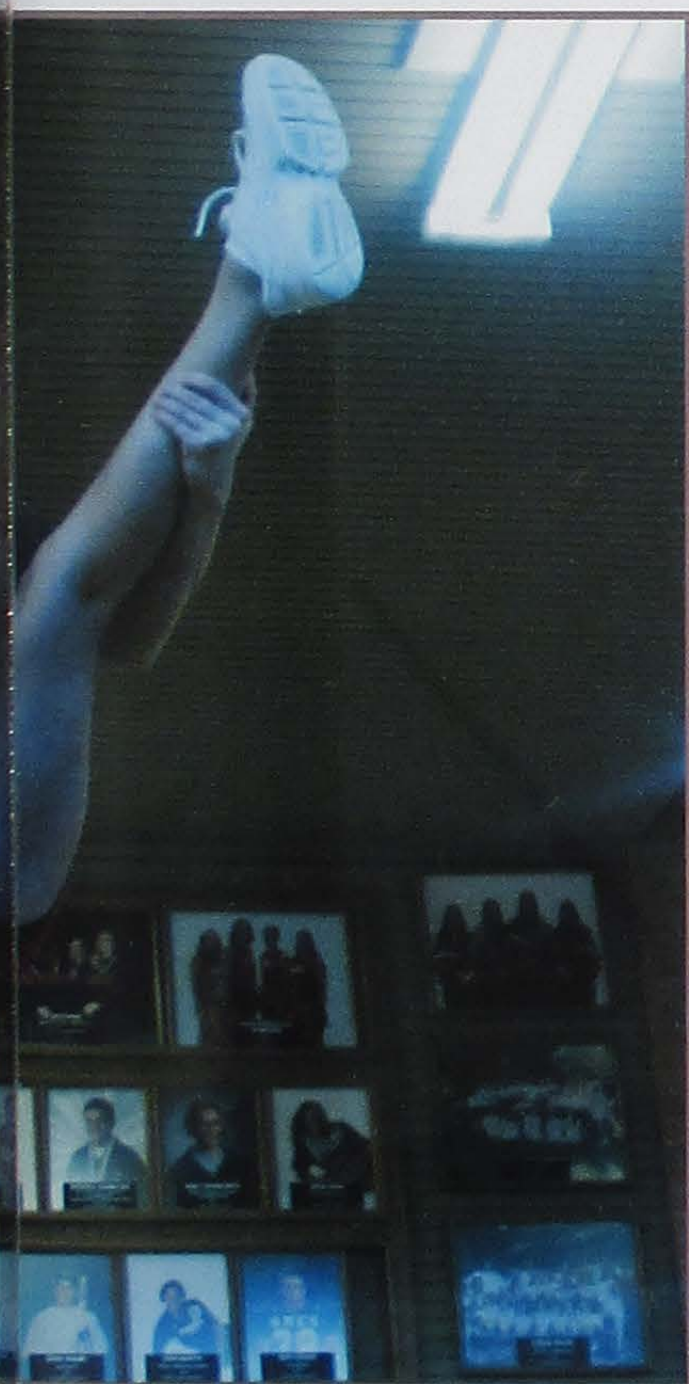
Sept. 20th-26th

GSwim M'Town
VB M'Town
CC B/G @ Indianola
BGolf @ Ft. Dodge,
Dowling
FB SC Heelan, Indianola
VB @ Boone, Urbandale
BGolf @ Mason City
DECA



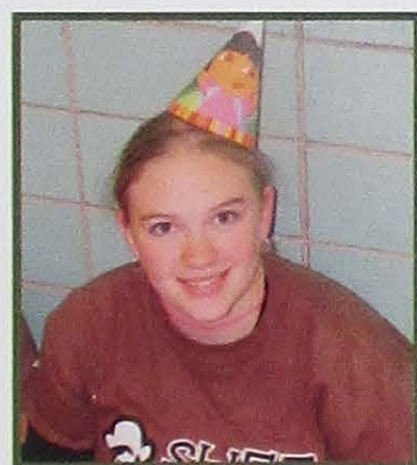
Sept. 27th - Oct. 3rd

VB @ M'Town
FB JV @ DM East
G Swim @ Newton
VB @ Newton
FB @ M'Town
CC B/G @ Ankeny
VB9 @ Boone
B Golf Conference @
M'Town



Survey

What is your favorite Thanksgiving food?



Catie Glatz
Senior:

"I love to eat huge plates of mashed potatoes. As many plates as possible!"



Nick Litwiler
Junior:

"Turkey, I would eat the whole turkey if I could. It's great for napping later in the day."



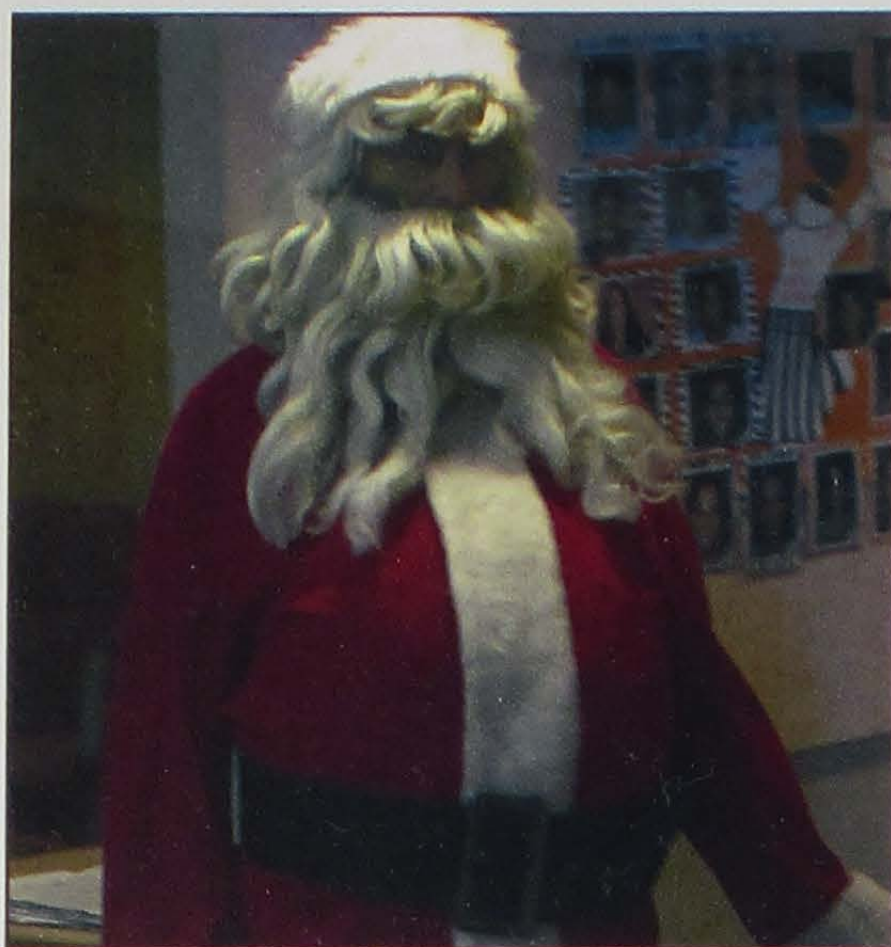
Matt Laczniak
Sophomore:

"I enjoy a very American Thanksgiving tradition: bacon, eggs, and pepperoni pizza. Nothing better."



Asa Ritz
Freshman:

"Money, 37 bowls of it. It has a great texture to it, and I enjoy ruining the economy with inflation."

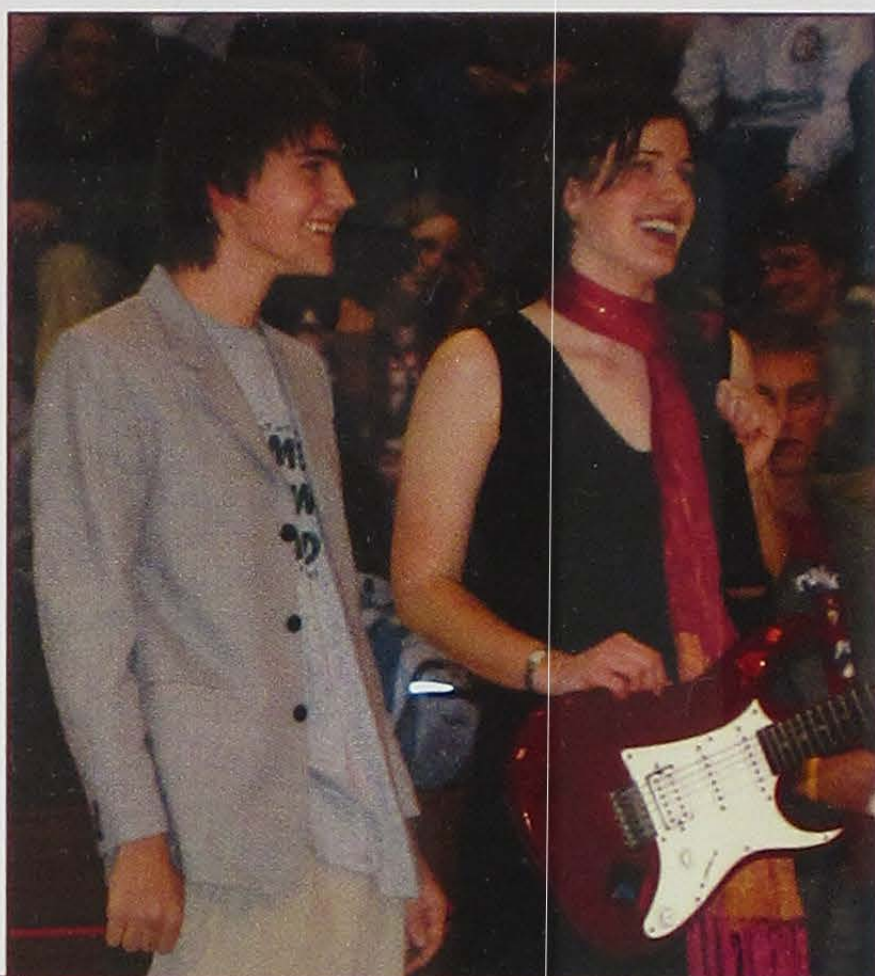


Ho! Ho! Ho! Happy Non-Denominational Winter Break -

Fulfilling his Holiday duties, physics teacher **Jeff Dilks** pays a visit to the student services office. Part of the Winter Madness Festivities included a student body vote for one teacher to come to school as Old Saint Nick. Mr. Dilks was lucky enough to receive this honor. (Photo by Rob Acker)

I Wanna Be a Rock-star -

Seizing their winter formal wishes, seniors **Colin Kraemer** and **Erin Todey** reap the benefits of being elected onto court. This year's theme, *Beneath the Stars*, played out well, providing ample opportunity for improvisation. Each court member was granted one wish during introductions. (Photo by Rob Vidiomos)



Your Majesty - Cuddling up to sophomore **Jon Link**, junior **Jessi Egly** acts as the queen in the skit for the madrigal queen and king. This segment of Madrigal was one of the most popular because it allowed for participation from the audience, humorous one-liners, and, of course, entertainment for King Lowry and Queen Register. (Photo by Miranda Eness)



Just Got to Give - Awaiting anxiously for the dreadful blood drawing, Senior **Drew Robinson** anticipates his ever-nearing fate. This past December, Ames High held its annual blood drive in which willing students donated their blood to help others. (Photo by Rob Acker)



Defense! - Rooting on the basketball team, sophomore **Benny Nelson** and senior **Jon Nau** support the players through the highly popular student organization, Storm. (Photo by Libby Utesch)

Animal House - Partying it up in the hotels of Des Moines, sophomores **Sarah Hundertmark** and **Jessica Anderson** host a crazy toga party in their hotel room on a church youth retreat for Memorial Lutheran. (Photo by Miranda Eness)



MUSICAL, MAGICAL, MADRIGAL

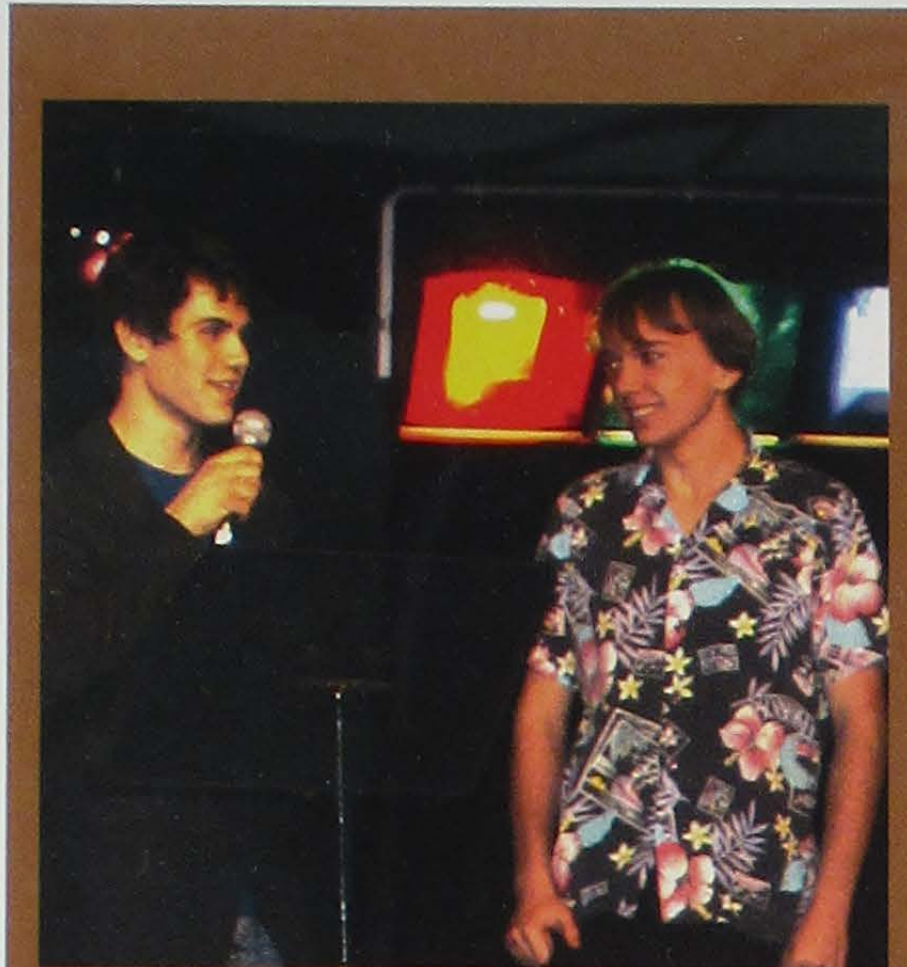
A Night of Unforgettable Talent

I-ball, swimming, cheerleading, drill team, basketball, wrestling, hockey, and Madrigal. Even with all these winter activities, the most anticipated is winter break. No matter what students do for winter break, the time off of school is always cherished.

"My favorite thing to do on winter break is to play in the snow. Sledding is the best winter sport ever," junior Becca Park said. "But thanks to the lack of snow, my brand new snow pants went completely to waste."

Park was not the only student let down by the scarcity of snowfall this break. "I was very disappointed with the miniscule amount of snowfall this winter break. I was unable to carry out my tradition of making naked snow angels in my front yard, and was forced to make naked mud angels instead. The experience was much less fulfilling and the grass become somewhat of a nuisance" freshman Bob Hunter said.

Though the weather was disappointing, students found plenty of fun indoors. Some of



Hawaiian Winter? That's madness! - Sporting a brightly colored hawaiian shirt, senior Jim Schrittmuler seems to have forgotten what month it is. Both Schrittmuler and fellow senior Greg Hunter Emceed the Winter Madness Concert and received a lot of laughs (Photo by Miranda Eness)

the more popular indoor pastimes were playing cards, movie marathons, foosball, work, and watching TV.

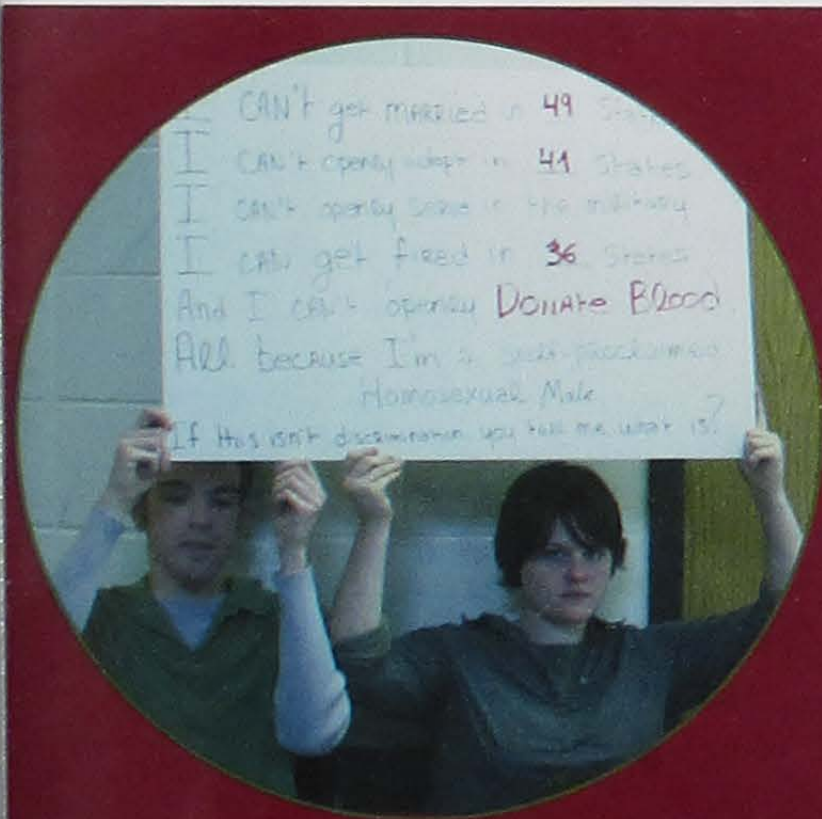
"I watched all three *Lord of the Rings* movies in a row. It took a lot of concentration and junk food, but I feel like I have experienced the most optimal level of *Lord of*

the Rings obsession. Twelve straight hours of Orlando Bloom was definitely the highlight of my winter break" junior Katie Bierwagen said.

Winter Madness helps get students in the mood for the upcoming break, while encouraging the spirit of giving. Unfortunately, semester tests are the only activities students have to look forward to after break. It is obvious studying is on no student's "to do" list at this most wonderful time of the year.

"The whole point of break is to have a break from studying, so it would be worthless spending that time studying," junior Andy Olson said. "Besides, I read somewhere that rest was the best way to prepare for tests, so really I'm doing the responsible thing by doing nothing."

While there is some deliberation on how to best spend winter break, all agree it is a much-needed refuge from the grind of the always painful and endlessly long school year.



Equal Rights for All! - Holding a protest for gay rights, seniors Mark Fogleman and Jennifer Fulton show statistics on gay rights. This year, Spectrum attempted to increase awareness around the school and community. (Photo by Rob Acker)

Singing in the Rain

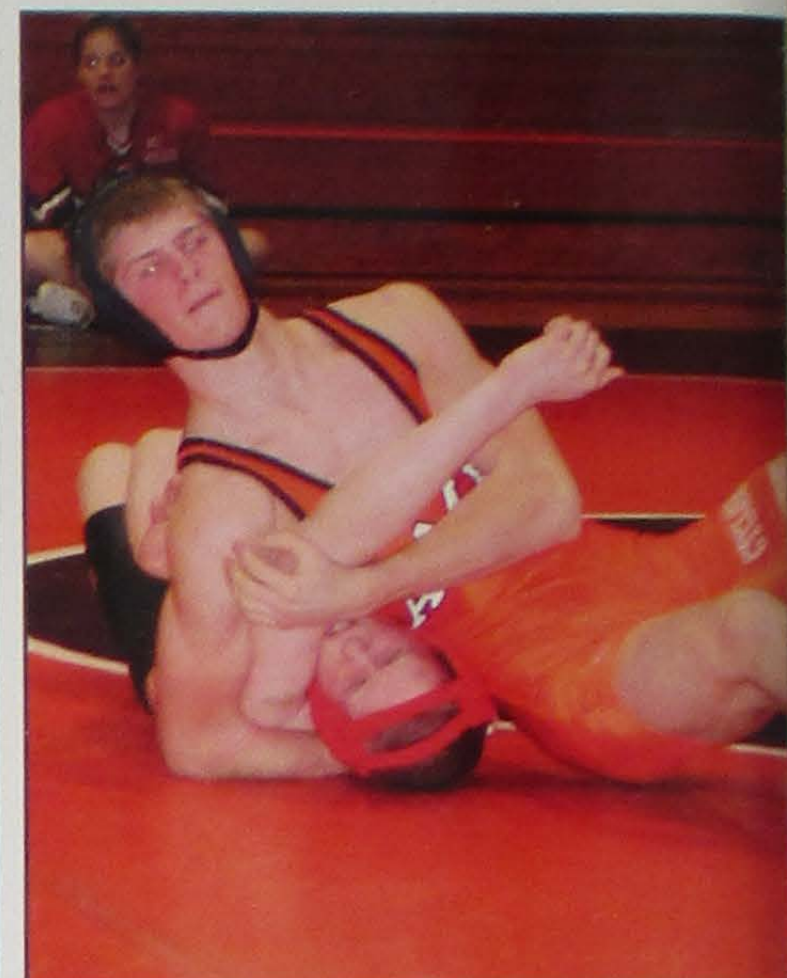
- Enjoying a hot shower after swim practice, senior Laura Logsdon and sophomore Renee Bovinette bust out "The Rose" in duet form. By the end of the swim season the whole team was singing together in the showers, with Logsdon's example prompting this greatly. Singing helped ease the pain of morning practices and brought everyone closer together for a strong team spirit. (Photo by Elizabeth Cohea)





Hugs and Kisses- Inviting her winter Formal Date, sophomore **Brighton Prueger** writes her request on a classroom white board with help from fellow sophomore **Lily Dobson**. Each year students try to come up with creative ways to ask their dates. (Photo by Elizabeth Cohea)

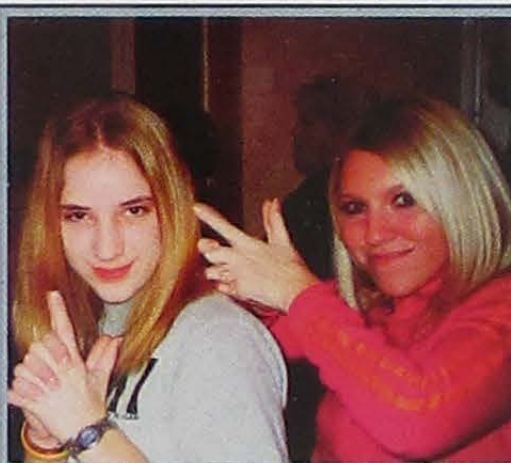
Kick It! - Smiling for the crowd, junior **Chelsea Jensen** performs a Drill Team half time show for the basketball team. The drill team practiced three times a week in order to prepare for their performances of kicks and jumps. The routines were choreographed by coach Sarah Buss and their dances were always entertaining for the Ames High fans. The team performed well at state this year. (Photo by Rob Vidimos)



Tumble Bugs - Pinning his opponent in impressive fashion, junior **Matt Stephenson** wins a match for the Ames High wrestling team at a home meet. The team continued its season at state this year with Joey DeMarie. (Photo by Libby Utesch)



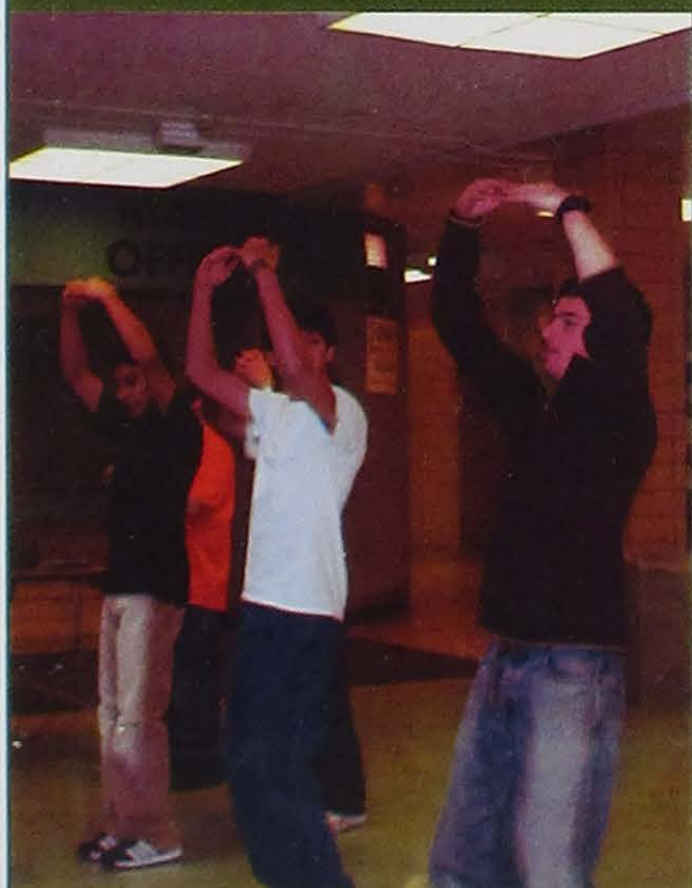
Nov. 29th - Dec. 5th
 WR JV/V @ Boone
 G/BBB SE Polk
 G/BBB JV Fort Dodge
 WR JV/V @ SE Polk
 BSwim @ SE Polk
 G/BBB Urbandale
 Madrigal Dinner
 BSwim V Wittmer Invite
 GBB Hoover
 WR Invite



Dec. 6th-12th
 G/BBB JV @ Mason City
 G/BBB DM Lincoln
 WR Urbandale
 BSwim Urbandale
 G/BBB Newton
 WR V @ VAL Invite
 WR JV @ Webster City
 G/BBB Waukee
 SCIBA Jazz Band Festival

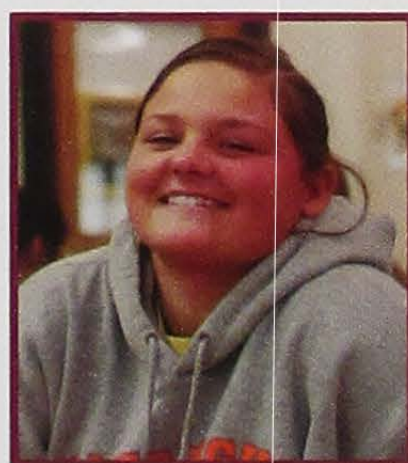


Prima Ballerinas - Practicing for an upcoming halftime performance, boys drill team works on their twirls and arabesques for another difficult routine. All their hardwork paid off when the group ended up finishing second at the state competition. (Photo by Miranda Eness)



Survey

What was the best thing you did over winter break?



Jordan Reitz
 Senior:
 "I hung out with Emily Falk and Morgan Johnson and ate at Coco's 3 times! We also took a stroll through the Hookah Bar"



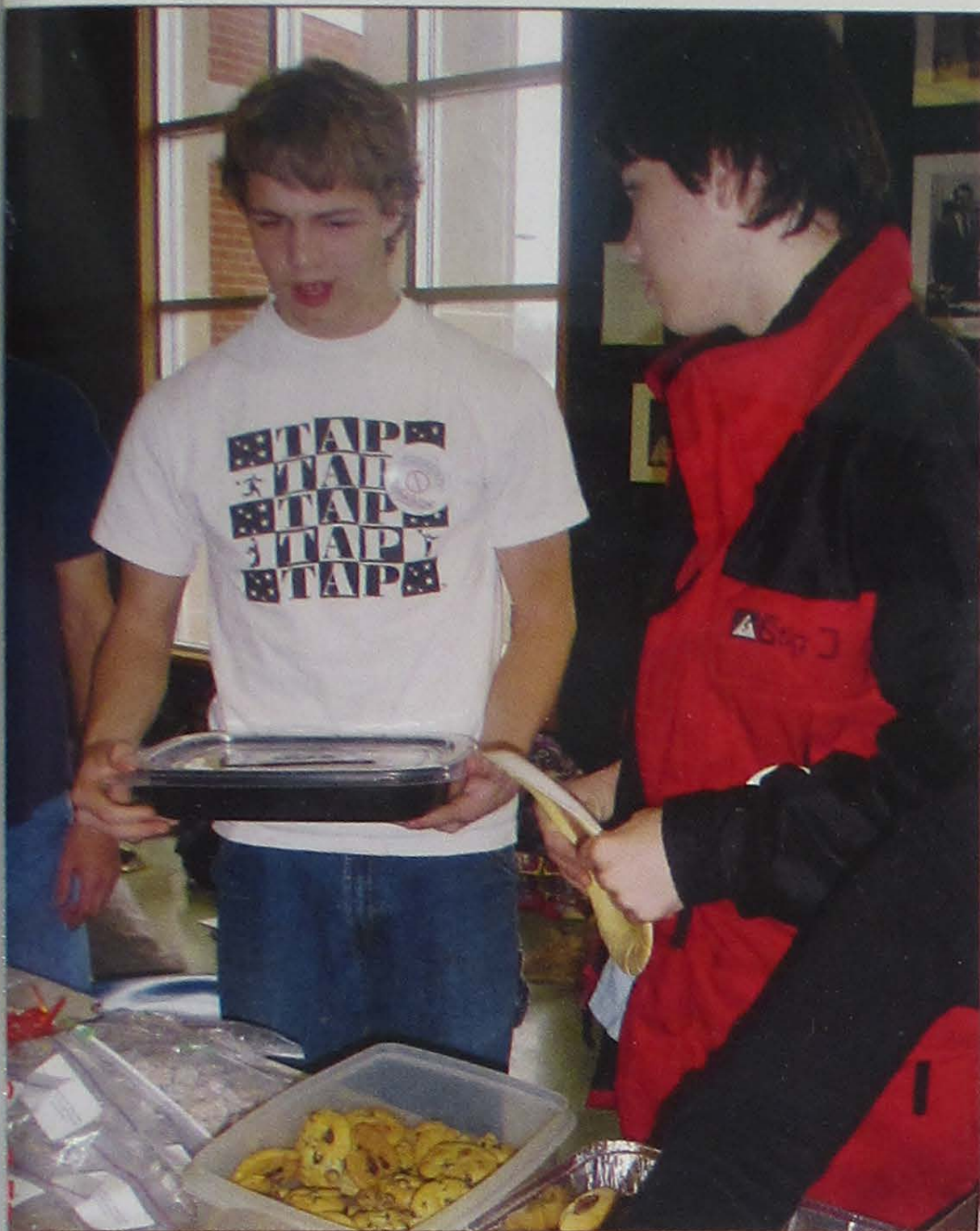
Jacob Plesants
 Sophomore:
 "I went to a national park and helped the animals. It was frikkin' sweet."



Sam Bird
 Freshman:
 "I watched the Hawkeyes win a bunch of basketball games."



Petey Heilegenthal
 Freshman:
 "I cruised around campus with my sweet brother in the shaggin' wagon. Best break ever."



Give a mouse a cookie... - Buying cookies for 25 cents in the front lobby, freshman **Mark Heitzman** puts his spare pocket change to a good use. Heitzman tried to get away with a whole pan full only to be stopped by other hungry students. (Photo by Jenny Cheuk)

I win! - Taking advantage of a free day in Health, sophomore **Hodais Tabatabaei-Moghaddam** carefully balances a Jenga block on the top of the uneven tower. Health was a required course taken sophomore year, but was occasionally taken later by individuals who failed the first, or second, time. (Photo by Jenny Cheuk)



Dec. 13th-19th
Holiday Band Concert
BSwim @ Boone
Financial Aid Night
Blood Drive
WR @ Dowling
BSwim @ Dowling
GBB 9 Boone
G/BBB JV @ M'Town
G/BBB V Valley



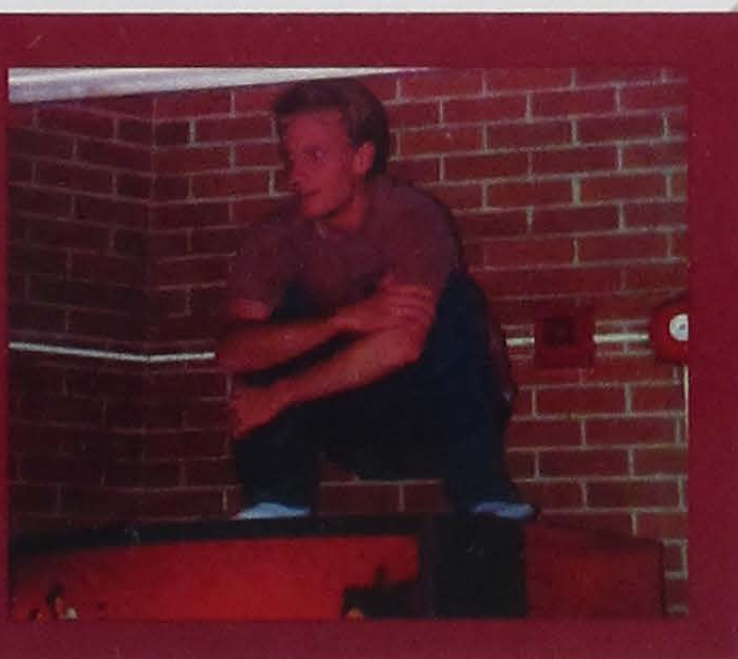
Dec. 20th-26th
Winter Vacation



Dec. 27th - Jan. 3rd
Winter Vacation
Winter Formal

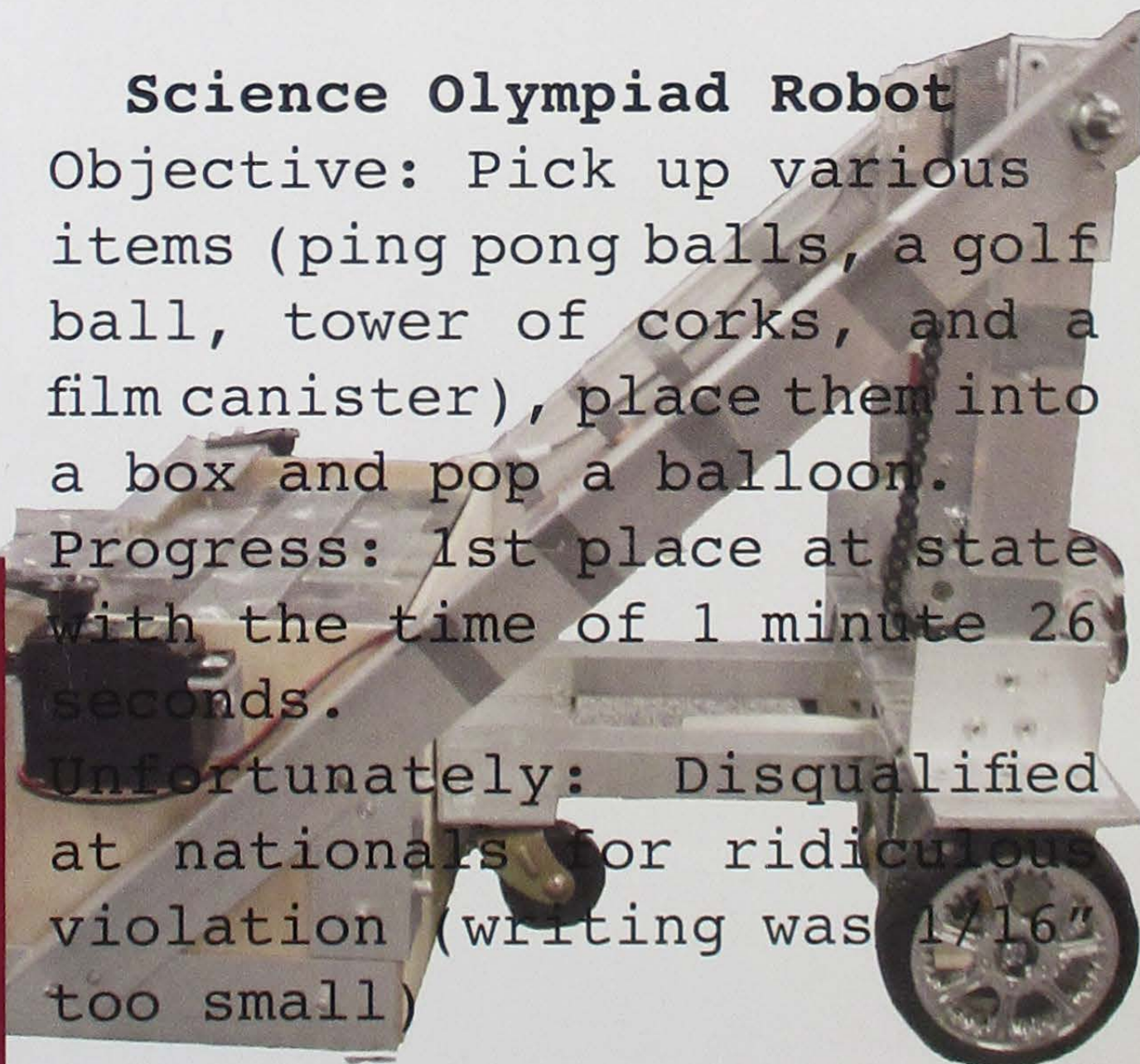


Breakaway Basket! - Dribbling past her opponent in a competitive I-Ball game, junior High on Top member **Julia Saldana** races upcourt for a breakaway basket with senior Super Smash Sisters member **Vanessa Pflug** in hot pursuit. I-Ball was a great opportunity both to socialize and to flex one's competitive side. (Photo by Libby Utesch)



Peek a Boo! - Hiding from the angry hall monitors, senior **Alex Carlson** perches on top of the hallway Coke machine. Though some used the easily accessible machine to quench their thirst during the school day, apparently it was also a good hang out spot. (Photo by Libby Utesch)

Science Olympiad Robot
Objective: Pick up various items (ping pong balls, a golf ball, tower of corks, and a film canister), place them into a box and pop a balloon.
Progress: 1st place at state with the time of 1 minute 26 seconds.
Unfortunately: Disqualified at nationals for ridiculous violation (writing was 1/16" too small)



AMES HIGH STUDENTS EAGERLY AWAIT AN ANTICIPATED WINTER BREAK FULL OF DANCES, SLEDDING, SNOW AND FUN!

Winter break is welcomed by students and teachers alike with dances and shouts of joy. Some take the opportunity to escape the wretched winter weather of Iowa, while others sit around relaxing. A few students thought they were escaping the wintry weather but ended up getting caught in the winter storm that moved through the south.

A select few use the break to start studying for their finals. While most students are spending their time doing absolutely nothing, the athletic teams still have to practice. Other than a few days off around the holidays, most teams hold practice throughout the break.

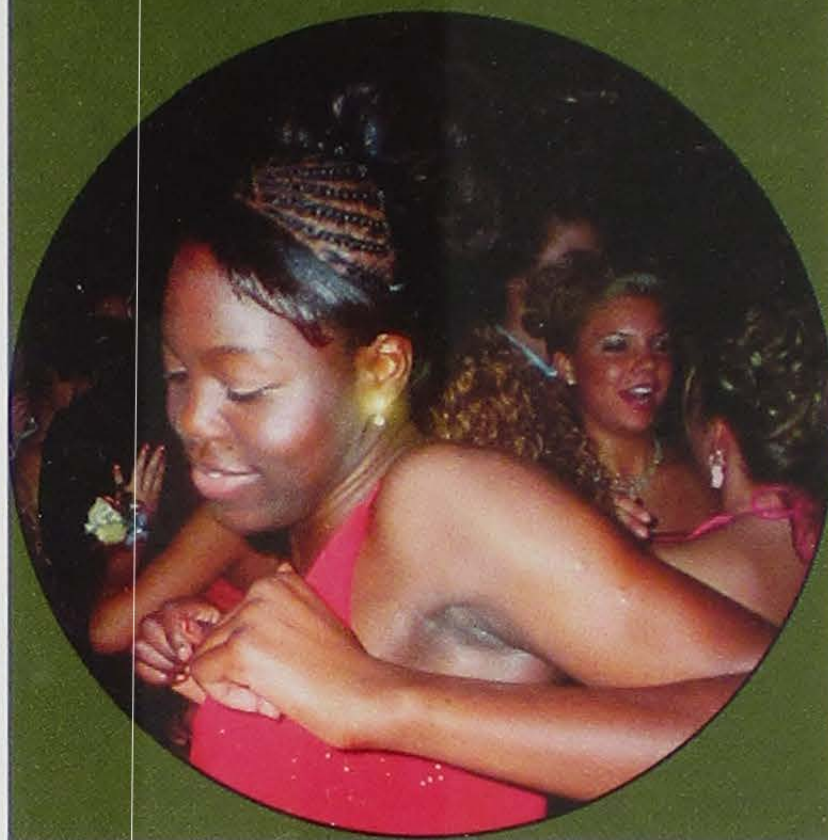
Winter Break is capped off by the annual Winter Formal. Winter Formal gives underclassmen a taste of what it's like to get dressed up. Traditionally guys wear tuxedos and girls wear formal dresses, but this style of dress is not required.

As a result of many complaints from parents, the administration is trying to ease the formality of this event in order

to make it more cost friendly for everyone in attendance.

Not everyone makes a big deal out of the dance, which is evident when one sees students

Breaking it Down - Strutting her stuff on the dance floor, junior Jessi Palo makes the most of her Winter Formal experience. Although cursed with a small dance floor, holding Winter Formal at the Gateway center was a welcome change to this dance. (Photo by Chelsea Spear)



walking around in tuxedos with tennis shoes. Others skip out on the tuxedo altogether and wear whatever they can find at a local thrift store.

New Year's was the last opportunity for students to party before going back to school. One hot spot of the night was Junior Andy Wass's house, where there was a live band, video games, and lots of crazy kids.

With the arrival of winter came the first snow day in five years. Students were blessed with not only one snow day but two snow days in a row. Students flocked to the hills to spend hours upon hours hurtling down the hill on whatever sleds they could scrounge up. "I probably went sledding more during those two snow days than I have in my entire life," Senior **Ricky Fields** said.

With the combination of snow days and preparation for finals, students pretty much had a month off from real school.

Not only did winter break provide students with time to relax, it also gave them the opportunity to study for finals, travel around the country, and enjoy the feeling of having absolutely nothing to do.



Swingin' - Busting out their surprise dance moves, senior **Anna Kurkalova** and sophomore **Andy Lane** make great partners. "Winter Formal can be amazingly fun if you find a date who can dance," Kurkalova said. (Photo by Miranda Eness)

Baby I'm a Star - Adding some finishing touches to her lovely dress, freshman **Sophia Corneya** uses the dance's decorations to enhance her sparkle. (Photo by Miranda Eness)



Celebrating the Snow - Making a snow angel of thanks for a much needed snow day, junior **Chelsea Cottrill** freezes in her snow-soaked jeans. (Photo by Olivia Langenberg)



Winter Formal Court -

Row 1: Jamie Dye, Dana Peterson, Sarah Eggert, Laura Logsdon, Erin Todey, Susan Fratzke

Row 2: Peter McCuskey, Adam Schmidt, Jim Xu, Queen Jennie Register, King Lucas Warth, Drew Robinson, Colin Kramer, Cade Cartwright

(Photo by Craig Carroll)



FORMAL FASHIONS

"Winter Formal was great... but my hat made it better."

- Cole Peiffer

Snow Bunnies - Making the most of a cold winter's day, seniors **Garit Place, Natalie Sengbusch, Megan Hobbs, and Stephanie Skladany** decide a rip sledding will warm them up. However they didn't count on getting stuck in the snow bank at the bottom of the hill. Photo courtesy of Stephanie Skladany)



Here's To World Peace... - Offering up a toast to welcome in the new year, senior **Robert Chang** celebrates by welcoming his friends into his home. However, New Year's celebrations were bittersweet; they stood for the beginning of a new year, but the ending of Winter break. Celebrations to welcome in the new year ranged from the benign activity of watching the glass ball drop in Times Square to night of partying with friends. (Photo by Rob Vidimos)



Twister is the game that ties you all up in knots! Senior **Becky LeCount** discovered this the hard way while having some winter break fun with friends. Playing indoor games was an excellent solution to escaping the below freezing temperatures of the harsh Iowa winter during Ames High Students' two week break from the stresses of school.



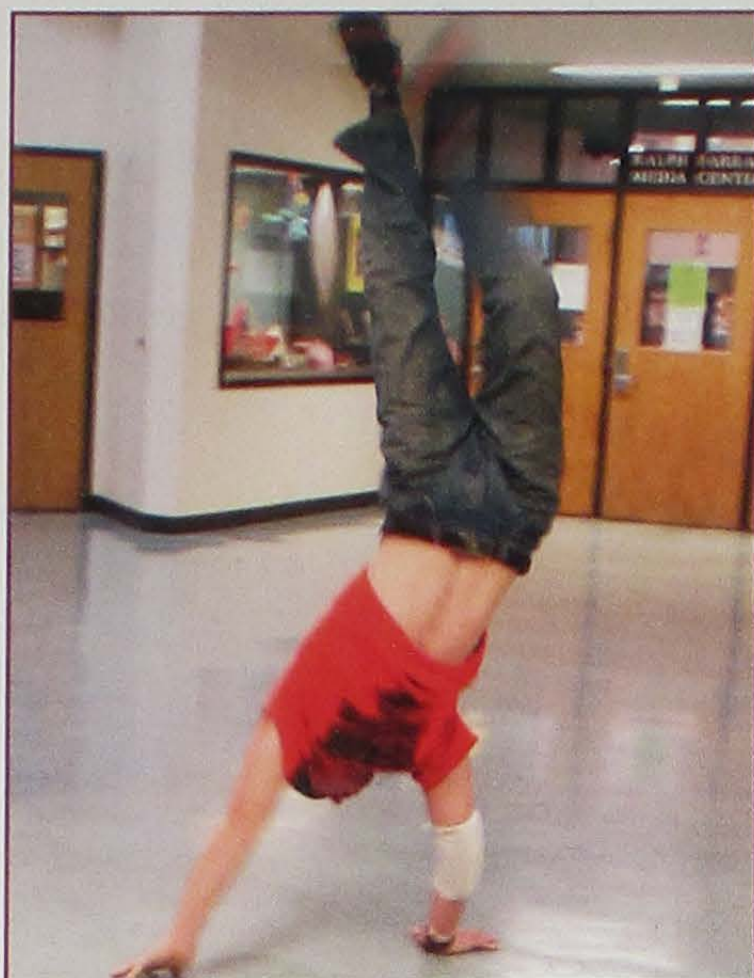
You Make Me Sick -

Suffering from a long night of dancing, seniors **Brian Scott** and **Natalie Brunia** take a break to relieve their aching muscles. The rigorous dancing was obviously too much for Scott's weak stomach. Luckily Brunia was there to clear the way of innocent bystanders. (Photo by Rob Vidimos)

Think the year 2004 was good? Well, get ready for the fresh and exciting year of 2005, bringing with it new activities, experiences, and hopeful resolutions. With the end of the school year even closer in sight, **The MS Dispatch** takes a look at student life from all new perspectives, making 2K5 a year well worth remembering.

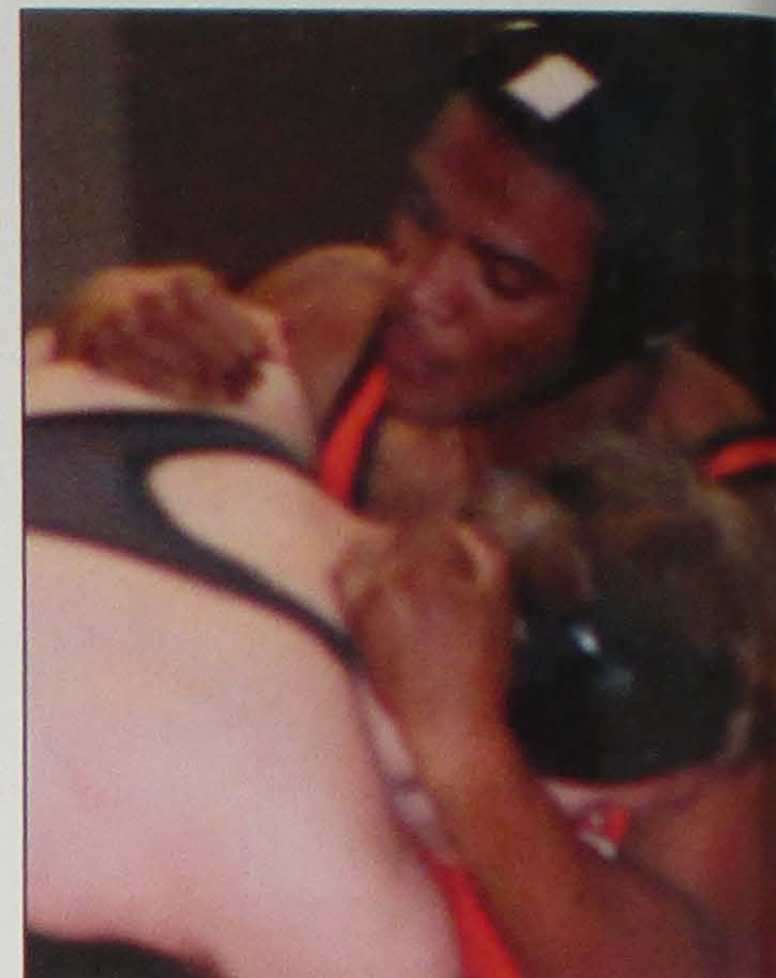


The MHS Dispatch

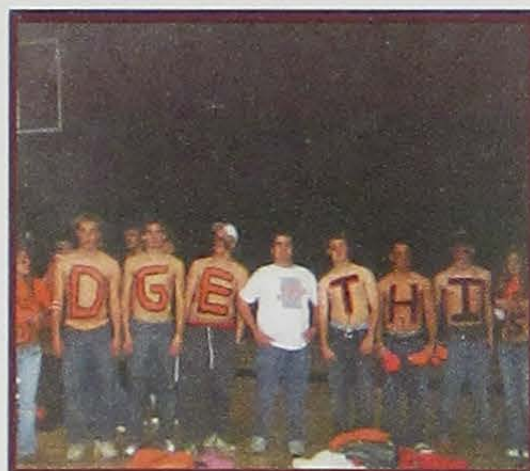


Steadier Footing - Breaking it down in the back lobby, senior **David Saide** gets down with his sleek dancing skills. Generally, The Break Dance Club met each Friday in the back lobby to improve their moves and have a good time. (Photo by Miranda Eness)

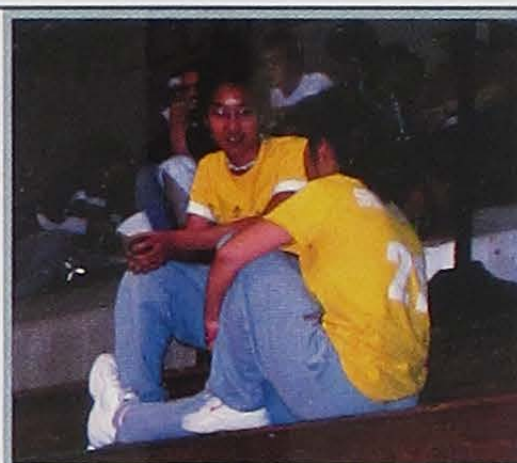
Defense Cyclones! - Pumping up the crowd, juniors **Dana Howell** and **Holly Smith** and sophomore **Kyra Knuth** work their pom poms to lead the team to victory. The Varsity winter squad showed great spirit by wearing their traditional uniforms to school on game days and preparing everyone for a night full of flying colors. (Photo by Libby Utesch)



Strangle Hold - Manhandling his opponent, junior **Brian Jones** competes for the gold at an Ames High wrestling match. This year's wrestling team put forth great effort and approached the end of the 2005 season with hopes for victory at State. (Photo by Olivia Langenberg)



Jan. 3rd - 9th
G/BBB JV @ Newton
G/BBB DM North
WR JV/V @ Newton
BSwim Newton
G/BBB Mason City
WR V @ Boone Invite
WR 9/10 @ Ankeny
G/BBB Valley
GBB @ M'town
DECA Officer Training



Jan. 10th-16th
Semester Tests
WR JV/V Valley
BSwim Valley
G/BBB Fort Dodge
WR JV @ Jefferson
BSwim @ CRWashington
Invite



Gotta Catch 'Em All - Whittling the time away in a study hall, freshman **Shashana** uses her Gameboy Advance while sitting in the cafeteria. Students who felt the auditorium limited their "studying" could utilize the cafeteria and the more-stuious media center during their free periods. (Photo by Jenny Cheuk)



Survey

What did you do with your snow days this year?



Meghon Liu
Freshman:
"My friends and I went sledding. It was good, but I don't want to make the days up."



Jason Marrs
Sophomore:
"Sledding, snow-ball fights, fort-building, snowmen, you know, the norm."



Andrew Montgomery
Junior:
"To fulfill my winter craving for Tropical Sno, I poured flavored syrups onto the snow-covered ground and licked it up."

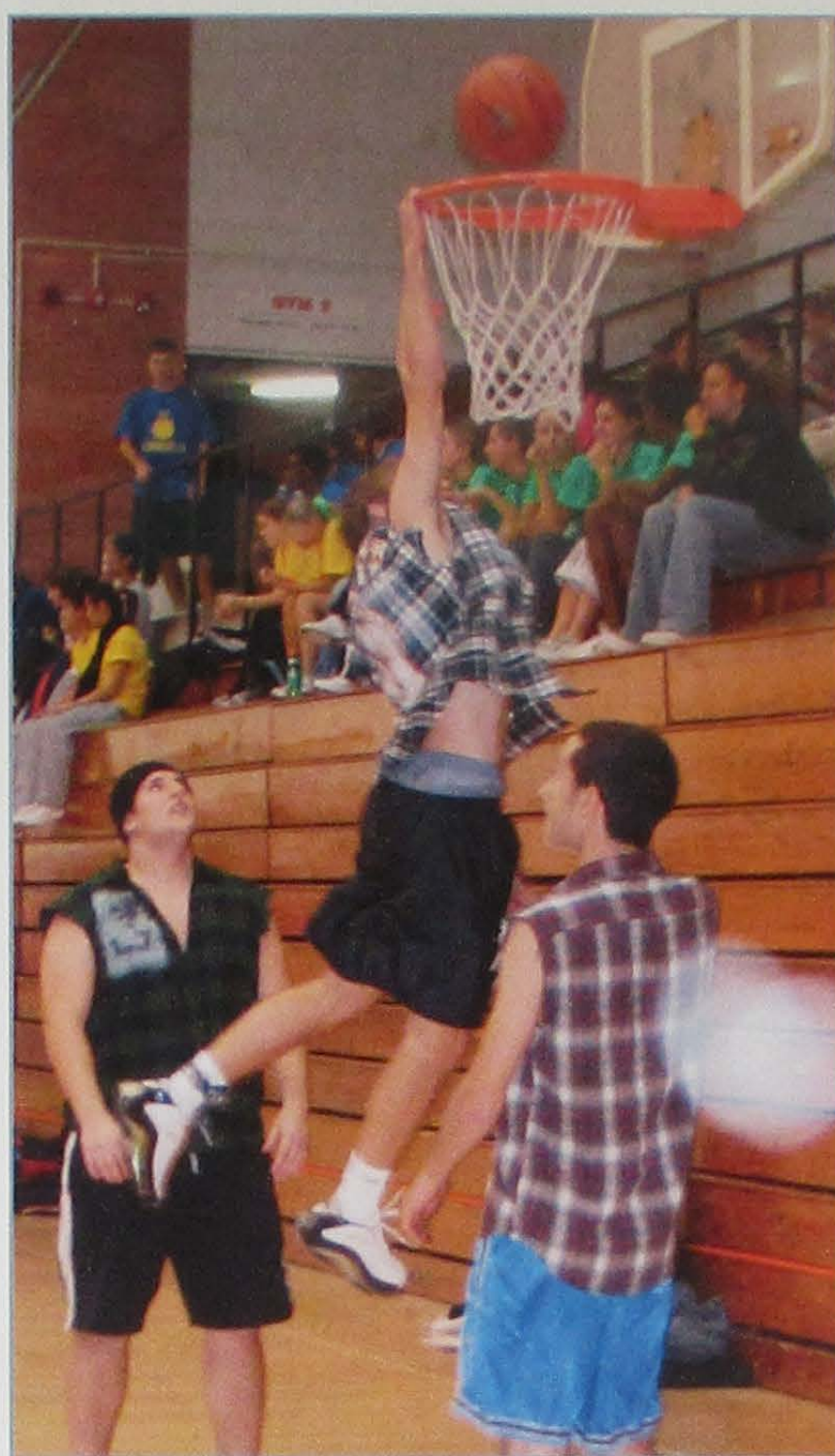


Alex Carlson
Senior:
"Two words: video games. It's pretty nice, though, just because we actually don't have to make them up."



Bodybag Me - Learning about pressure in chemistry class, senior **Chris Johnson** is used as the class guinea pig to demonstrate laws of pressure. Mr. Junk tried to make class as memorable as possible, including through ways of vacuuming up his very own students. (Photo by Libby Utesch)

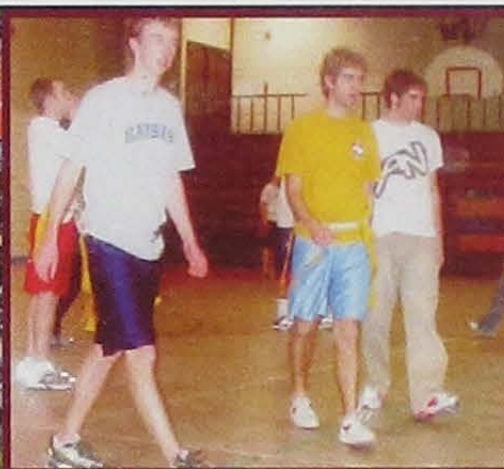
Slam Jam- Dunking the hoop, senior **Ryan Adams** scores major points for his I-Ball team, the Lumberjacks. From a source close to the team (cough, Rob, cough), the Lumberjacks were the sweetest team at Ames High. They were looking forward to attempting to take home an I-Ball Championship for the third consecutive year. (Photo by Libby Utesch)



Jan. 17th-23rd
G/BBB Mason City
G/BBB DM East
WR JV/V Mason City
BSwim Mason City
G/BBB M'Town
WR V @ Ankeny Invite
WR JV @ M'Town



Jan. 24th-30th
G/BBB JV @ Fort Dodge
G/BBB @ Johnston
BSwim @ Fort Dodge
DECA District
WR JV/V @ Fort Dodge
Orchestra Concert
G/BBB Newton
WR V JM Invite
BSwim Conference
State Jazz Festival



Hear My Voice - Harmonizing their voices, juniors **Joy Awoyini, Judy Awoyini, Tia Cosby** sing together for the Martin Luther King assembly. Sponsored by Every Voice Counts, these students worked hard for weeks to create a memorable production. Raise My Voice was involved with increasing awareness of diverse holidays. (Photo by James Webb)

Take Off! - Performing for Every Voice Counts, sophomore **Maurice Wilson-Birt** and **Judy Awoyini** provide the study hall underclassmen with a skit on Martin Luther King Day. This group of students has worked hard to increase awareness of Black History Month around the school. (Photo by Libby Utesch)

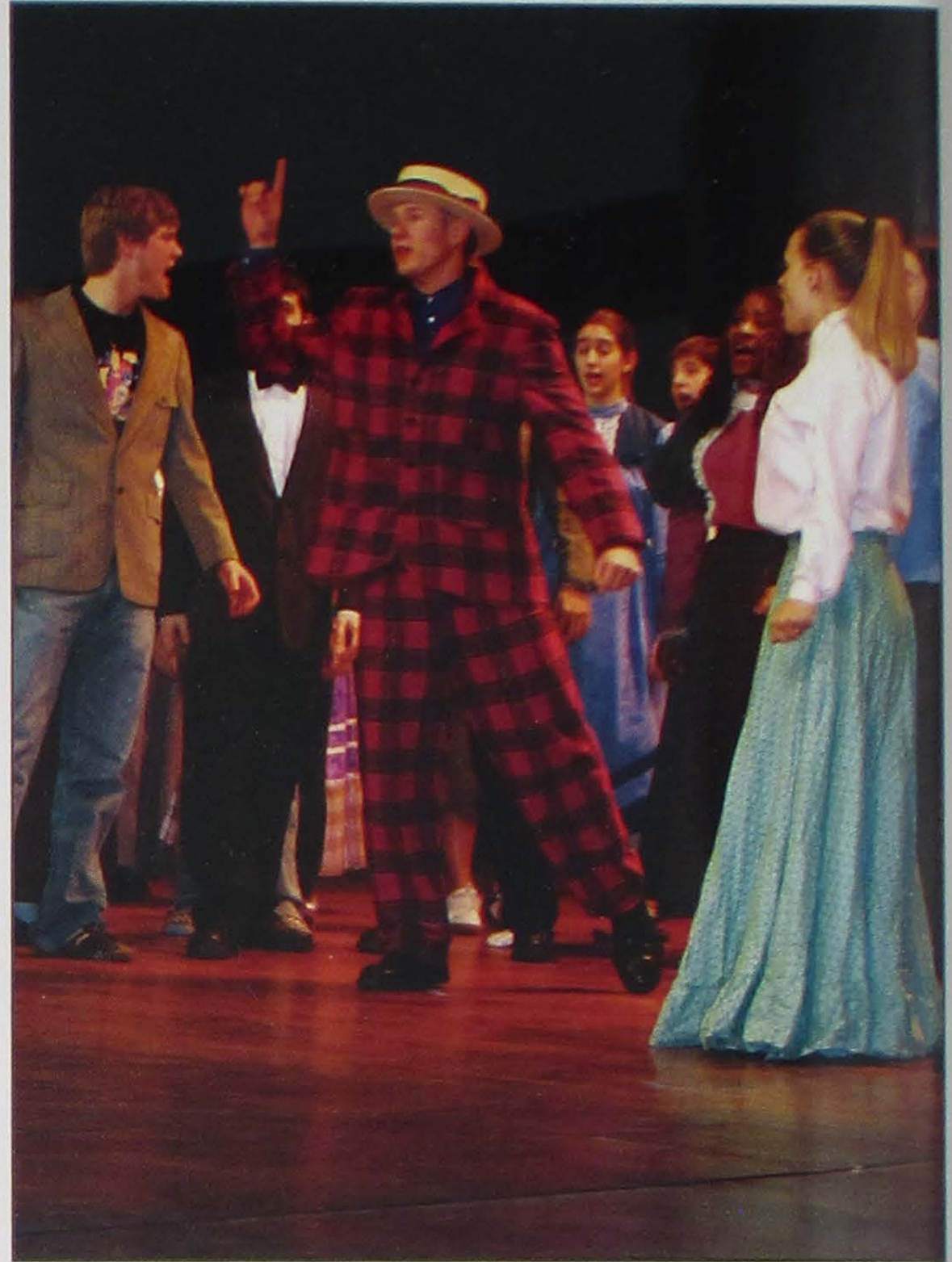


January has always been known for its cold, dreary weather. The most common reaction is one of profound boredom and disbelief, but many students find ways to keep themselves busy through events such as the Martin Luther King, Jr. assembly, break dancing in the halls, and video games. Through a little creativity, Ames High students make the most of even the most dreary of days.



Still Waiting... Having another lonely Valentines night, seniors Libby Utesch, Julie Larson, Melanie Wanzek, Sarah Eggert, Jennie Bean, and Miranda Enness spend a long evening together sitting by the phone. This being the second straight year of loneliness, a few of the girls decided to try and make their own fun. A late night trip to Perkins resulted in potential date material; too bad they were wierd Perkins graveshift employees. Maybe next year... (Photo by Becca Bean)

Tooting Their Horns - Blowing out some tunes, seniors Nathan Larson and Lauren Reynolds practice on their tubas for an upcoming Ames High band concert. The two seniors were excellent players due to their many years in the band program. The school band produced three amazing concerts throughout the year as part of the continuing rich music tradition in the community. While the band loses many talented musicians every year, the upcoming students always come through and continue their growth to keep the program fresh and growing. (Photo by Elizabeth Cohea)



Listen up Everyone - Calling out to the cast of this year's musical, junior Brian Weiss makes an important announcement to the River City population. This year's musical, *The Music Man*, starred Weiss and fellow junior Trisha Stubbs as Profesor Harold Hill and Librarian Marian Paroo, respectively. Turnout was high for the 3 performances in mid Februrary with each night selling out. This show continued the successful tradition of previous years, as shown by the turnout. All students involved had a great time after working so hard for so long on the production. (Photo by Britta Mennecke)

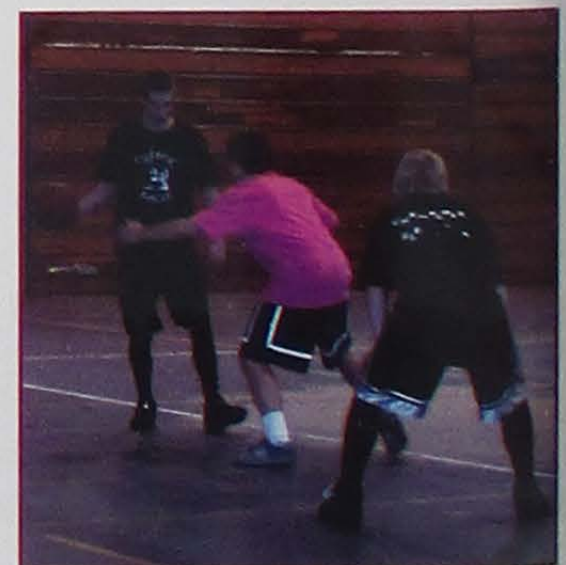


Goodnight My Someone - Singing her heart out, junior Trisha Stubbs belts out a nice show tune during this year's performance of the musical. Playing the role of Marian Paroo, Stubbs woos the crowd with her lovely voice. In this scene, Marian the Librarian is wishing upon a star to find that special someone with whom to share her heart. While initially disgusted by the conniving Harold Hill, Marian eventually saw into his true character and fell in love. (Photo by Elizabeth Cohea)



One Man Band Stand - Covering all the angles, teacher Del Schmidt plays his heart out on the guitar and harmonica. By showing off his mad musical skills to his class, Schmidt earned a new respect from many unruly students. His music always brought a nice sense of closure to the week. (Photo by Samantha Lewis)

Here Comes the Milker - Bringing the ball up against intense defense, junior Tommy Strehlow looks to drive to the basket. I-ball was an amazing success this year, like many before it, with the Lumberjacks winning the championship for the third consecutive year. (Photo by Libby Utesch)



The Fabulous Month of February

As month one of 2005 ended, the exciting second month of the new year begins with a calendar full of events. The school year has officially passed the halfway point and is on its way to the summer countdown. But no one is too excited; there's still a foot of snow on the ground.

February was an action-packed month ranging in activities across the extra-curricular board. "February is possibly one of the best months out of the twelve. You know, Valentines Day, Presidents Day and most of all, my birthday," senior John Gilarski said.

Girls and Boys basketball is in full swing with a great season in the making. Girls varsity dominated substate only to have a heartbreaking loss in their first game of the state competition. Boys varsity also flew through the regular season with flying colors but unfortunately faced tough competition in the district game. All underclassmen and JV teams also performed extremely well this season.

The Boys swim team swam to their fourth straight undefeated season, grabbing the conference and district title on the way. Winning the 200 medley at state, B.



Standing on Your Shadow- Capturing the beauty of windows and the shadows they make, or maybe just a little bored, students on the Chicago Art trip take a free minute to soak up some of the natural beauty that undoubtedly inspired much of the art they crammed into the weekend. (photo by Brighton Prueger)

Sunvold, J. Peterson, J. Weidmeier and T. Strethlow helped Collectively place the team third in State.

This year's musical, *The Music Man* was an outstanding example of the talent available at Ames High. Selling out all three nights, juniors Brian Weiss and Trisha Stubbs star as the

leading couple. The two had an all-star cast to back them up.

Wrestling had a great rebuilding season and made extreme progress. Senior Joey DeMarie advanced to State with the whole school supporting him as the office updated his results all throughout the school day.

I-Ball this winter had some fierce competition ranging from all levels. Most teams managed to slyly slip inappropriateness into their team names (shocker!). The senior boys I-Ball champ team, the Lumberjacks, again proved their awesomeness by virtue of their three year winning streak as champions.

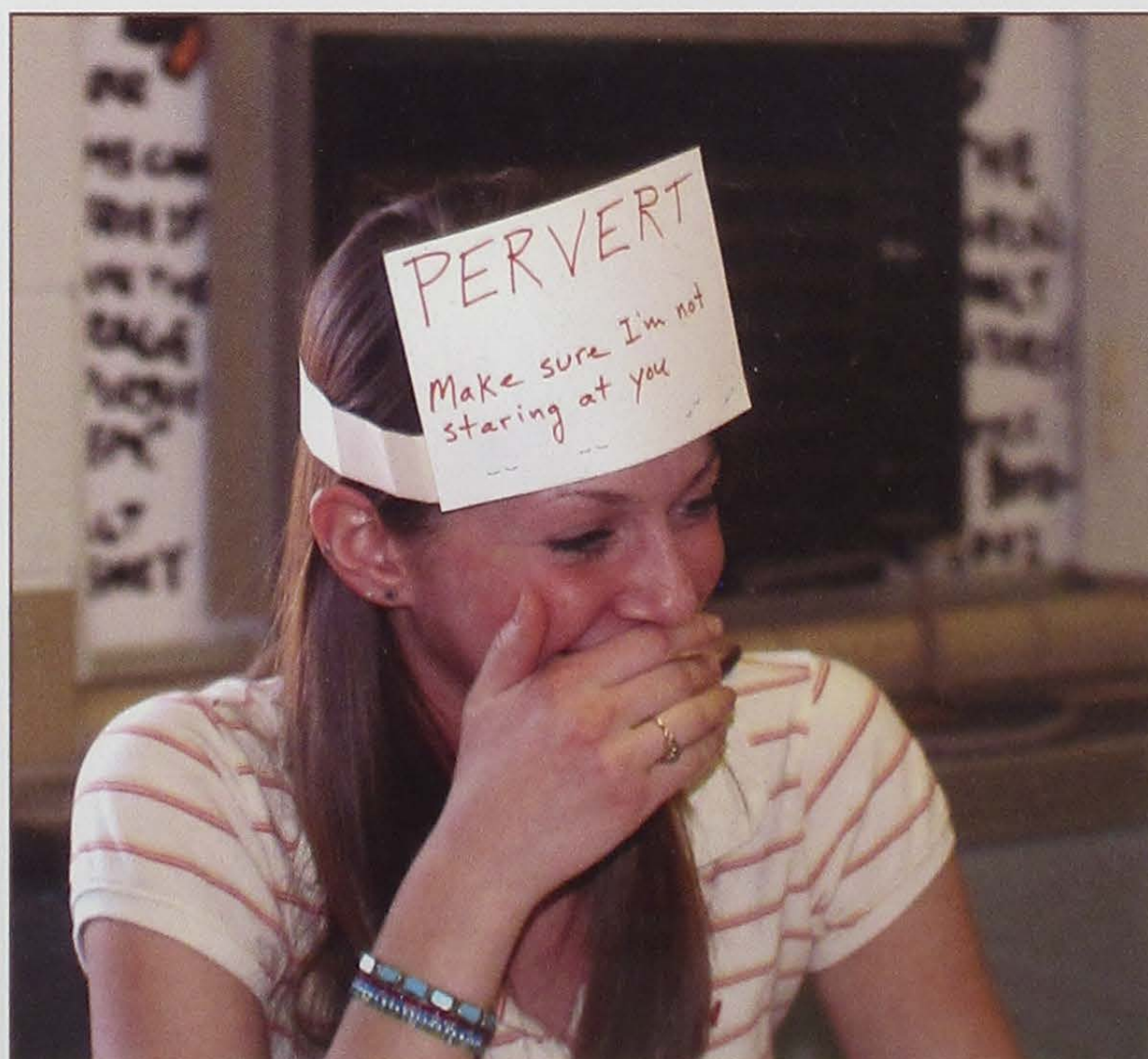
Valentine's Day this year at Ames High was much like years past: the exchange of Valentines, way too much PDA in the halls, and of course, CRUSH CANS!! The student council made this a great year with top notch sales of \$2500. Profits were generously donated to Life-to-Life Africa.

All in all, the excitement of the February activities did a great job keeping all the students from remembering that summer is still an amazingly long four months away!



Piece of Cake! - Muscling his way out of a head lock, freshman **John McClelland** earns a point for escaping the jaws of death. The wrestling team was in a rebuilding phase this year, but with underclassmen like McClelland, coaches were confident the next season would be better. (Photo by Olivia Langenberg)

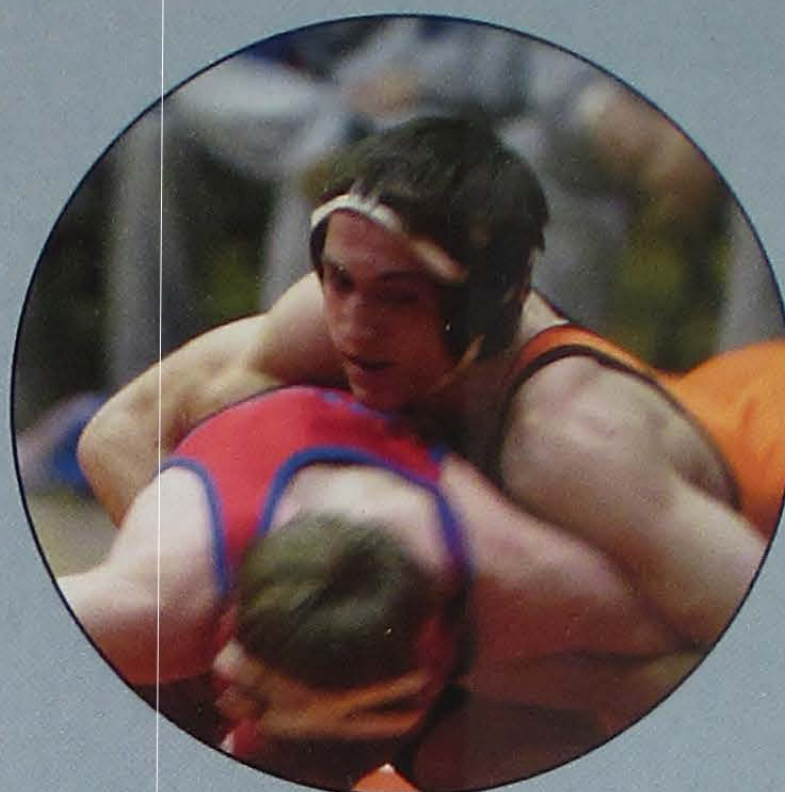
I'm Watching You- Playing the part of a pervert, junior **Katie Elliot** takes a peek around at her classmates. Her sociology class took part in an experiment to model how people in society can feel outcast. "It was like a thing we did in class to put ourselves in other people's shoes. You didn't know what was on your own head but everyone had to treat you as your sign said," Elliot said. Teacher Chad Zmolek passed out cards ranging from popular or elderly, to homeless and dirty. This allowed students to work on their feelings of acceptance to strangers. (Photo by Britta Mennecke)





And One - Taking the Dodgers to school, sophomore **Jermey Hurley** goes up for the lay up and is fouled in desperation by the Dodgers. The sophomore team added another victory to their impressive campaign with their victory over Ft. Dodge. (Photo by Libby Utesch)

Death Grip - Putting the moves on his opponent senior **Joey DeMarie** wraps his opponent in the "Death Grip." The death grip consists of squeezing the opposition until he can longer move and his lungs are slowly losing air until he is gasping for breath. With the help of the death grip, DeMarie dismantled the Marshalltown wrestler, winning the first round of the State match. (Photo by Miranda Eness)



Singing Sophomore - Singing a traditional Indian song, sophomore **Ambika Athreya** gives students a taste of her homeland. Indian students shared some of their culture with their classmates during a Indian Cultural Night in the AHS Auditorium. (Photo by Ben Barclay)



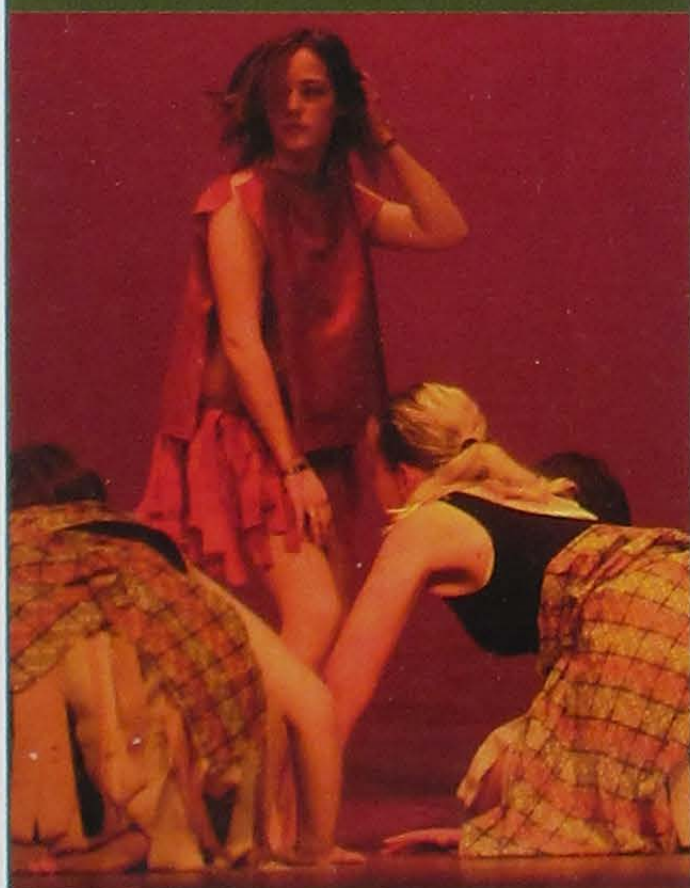
Jan. 31st - Feb. 6th
G/BBB JV @ M'Town
G/BBB Valley
BSwim M'Town
G/BBB Mason City
Winter Musical
WR Conference @ Valley



Feb. 7th-13th
G/BBB Dowling
WR JV/V M'Town
Symphonic Band @ AMS
BSwim V Conference
G/BBB Fort Dodge
BSwim District @ Fort Dodge
State Piano Contest



Outcast - Interpreting the cruel lyrics of "You are Not One of Us," senior **Kelly Ashburn** carries out the choreography of Terpsichore dancer senior **Sianeh Flomo**. Terpsichore is a program comprised of original student choreography. (Photo by Jenny Cheuk)



Survey

What is the best Valentine's gift you have ever received?



Justin Gilger
Sophomore:

"A flower from my mommy."



Lydia Lowry
Junior:

"A Crush Can from the super cool Bo Peng!"



Paul Heideman
Senior:

"Valentine's Day boxers from my ex-girlfriend."

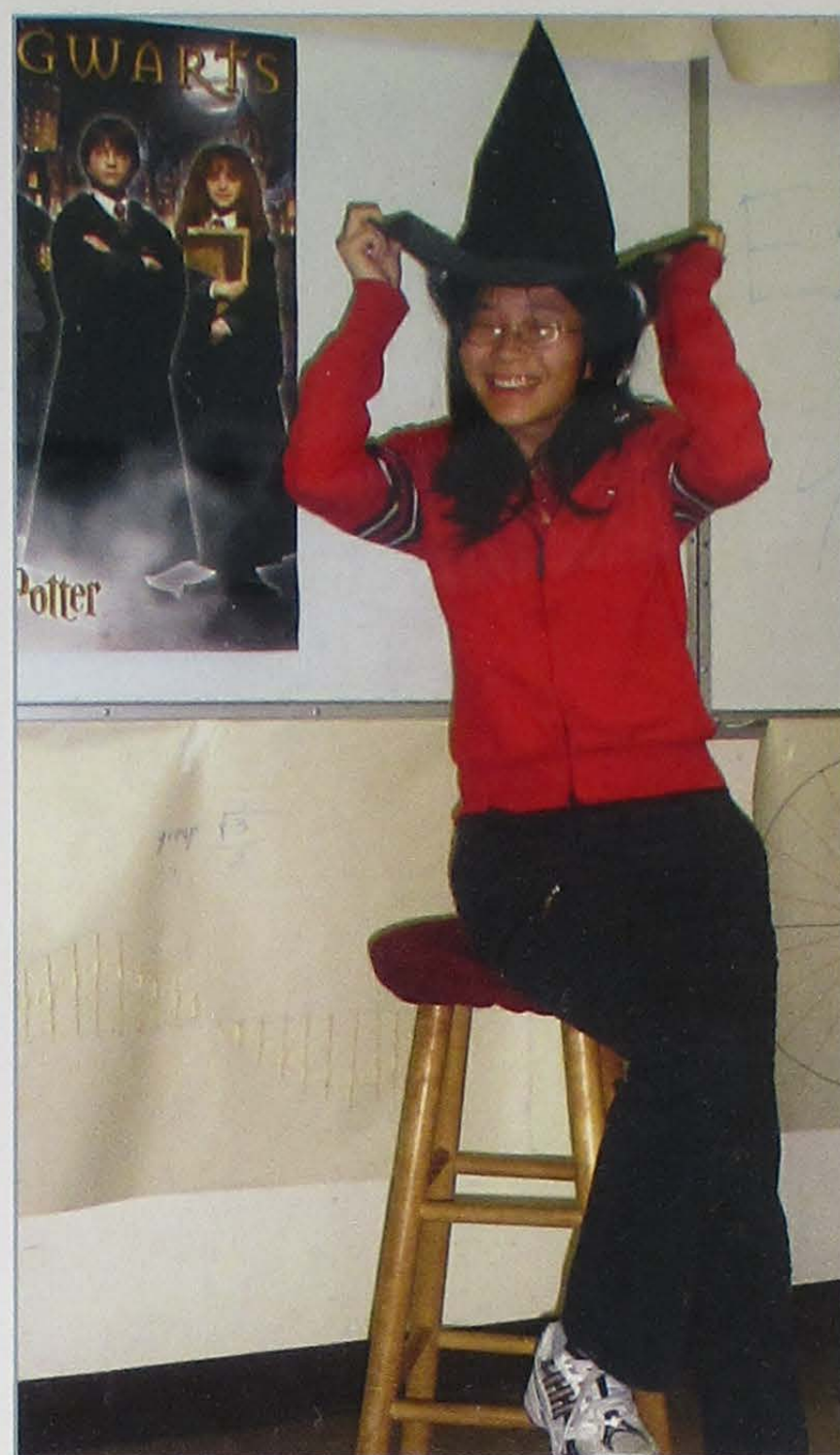


Mr. Mooney
History Teacher:

"A card from my lovely wife."



GRYFFINDOR- Anxiously awaiting the outcome of the infamous sorting hat, senior **Dianna Bia** hopes that she will not be sentenced to the dreaded house of Slytherin. Harry Potter fanatics founded the Harry Potter Club which met Tuesdays after school. Members of the club also chanted spells, made potions, and practiced divination. (Photo by Jenny Cheuk)

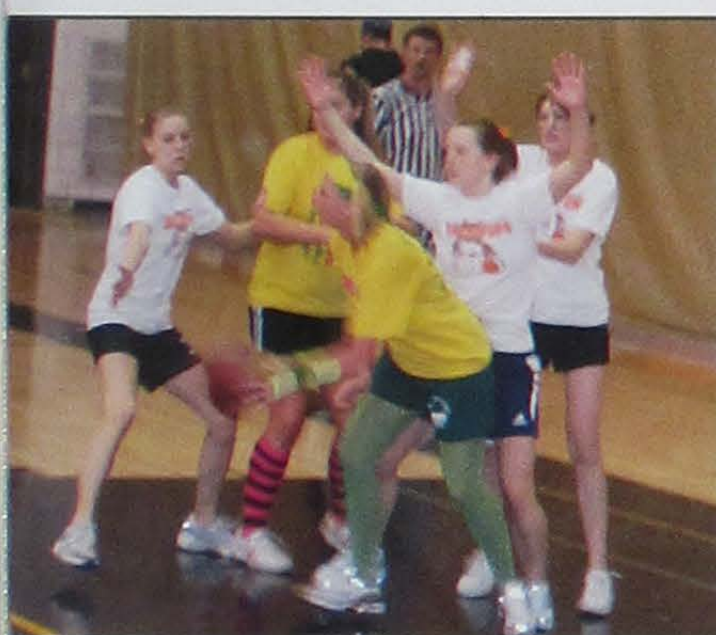


A Storm is Brewing- Preparing their tired vocal chords for a rousing fourth quarter, Storm members sophomore **Benny Nelson**, seniors **Brandon Lee** and **Ryan Wagner** and junior **Mason Borich** watch Ames defeat Marshalltown in cheering and in basketball. (Photo by Ben Barclay)

Feb. 14th-20th
Winter Choral Concert
BBB Ankeny
Jazz Encounters
AMC Math Exam
WR JV @ Boone
BBB 9 @ Boone
Chicago Art Trip
BBB M'Town
BSwim State
WR District

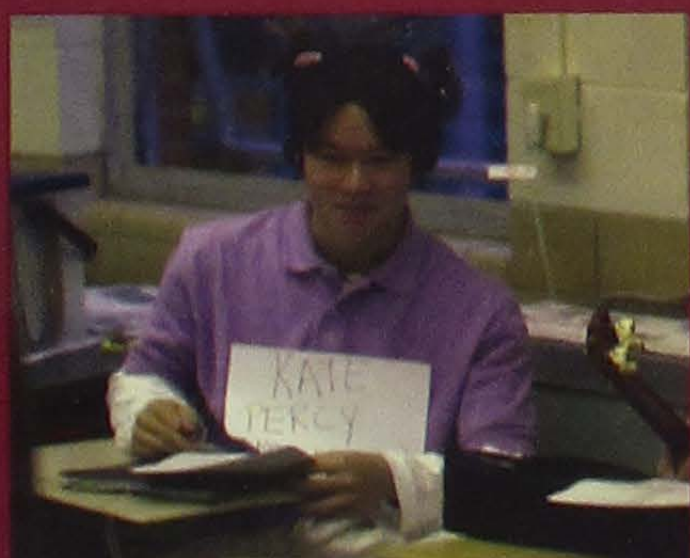


Feb. 21th-27th
Terpsichore
BBB @ Indianola
Career Fair
WR State
BBB Hoover



D-D-D-Defense - Looking for an open teammate Senior **Sarah Kramer** is triple teamed by Juniors **Debbie Bennet**, **Kristin Johnson**, and **Laura Wiegel**. Bennet, Johnson, and Wiegel helped lead the Shooters to an upset over Homegrown in the I-Ball Championship game. This was the second year in a row in which a junior team won the championship. (Photo by Libby Utesch)

Girly Man - Rocking the pigtails, Senior **Robert Chang** dresses up like a girl for Honors English 12. Students were acting out scenes from *Henry IV* in class. Students were graded on creativity so Chang's group decided to have the boys play the female parts and the girls play the male parts. (Photo by T. Beon)



It's SHIPOOPI TIME! As one of the leads in this year's production of the Musicman, senior **Andy Lamp** learns and teaches his fellow castmates how to shake their groove thangs with a twist otherwise known as the shipoopi. Learning this dance proved difficult for the cast, but with the excellent leadership of Shipoopi Lamp, the dance was mastered in no time!

A school's spirit is centered around the various sports in the high school community. Sporting events are not just points of gathering; they focus and energize the student body. *Clone Zone* displays not only scenes of wrestlers, basketball players, drill team members, and football games, but also the school camaraderie at each event.

CLONE ZONE



INSIDE:

Varsity football team excels to winning season, barely misses play-offs

Girls volleyball adjusts to new leadership

Both CC teams make an appearance at State--again

An unforgettable girls swimming and diving season

FOOTBALL

A rollercoaster year

The 2004 football season was filled with ups and downs as the team struggled to establish a strong winning streak. They were plagued with injuries and suspensions almost weekly.

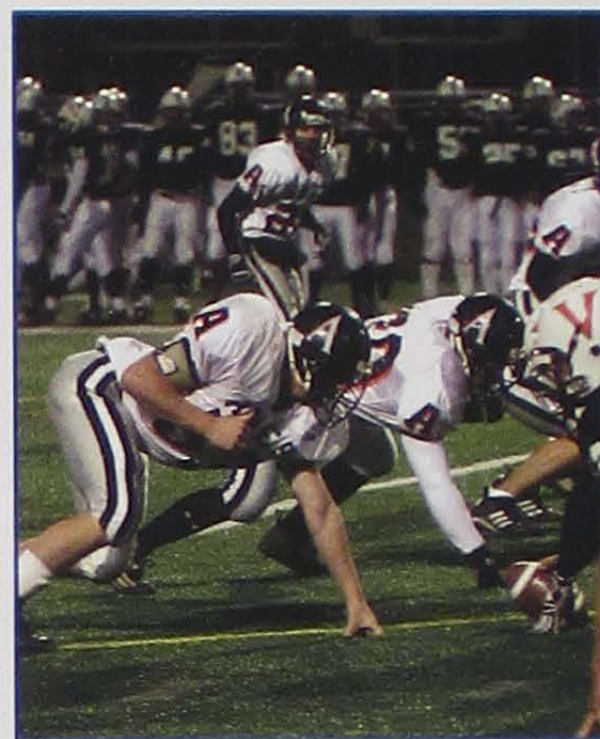
“When things get going tough, let it rain.”
-Senior Nathan Prindle”



Snap, Crackle, Pass- Taking control junior **Austin Arnaud** signals for the snap. (Photo by Alan Moss)

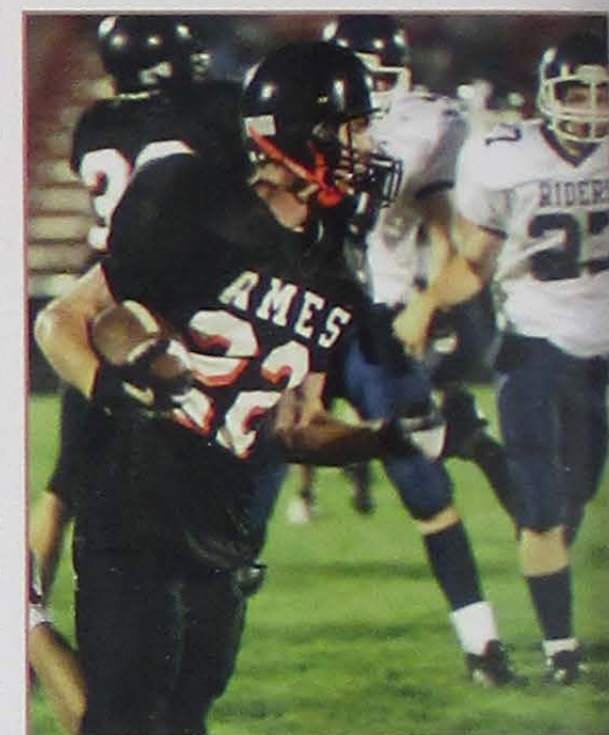


Feet of Fire- Leading the way, sophomore **Jacob Johnson** clears the path for classmate **Bret Ballantine**. (Photo by Alan Moss)



End of the Line- Anticipating the snap, senior **Luke Peterson** prepares to pounce on the opposition. Peterson came away with a sack. (Photo by Rob Acker)

Happy Ballantine's Game- Looking downfield, sophomore **Bret Ballantine** sprints for the endzone. (Photo by Alan Moss)



In the Nick of Time- Congratulating the team on their victory, **Nick Pribyl** dishes out high fives. Nick was trying to relive his AHS days. (Photo by Jennie)



Take a Hike- Heading up the offense, junior quarterback **Austin Arnaud** sizes up the Valley defense to see if an audible is needed. The offense struggled throughout the entire game and had trouble establishing a consistent running game. Valley's stadium was filled with screaming Ames High fans but even the crazy Team Tailgate chants couldn't help our team overcome Valley's stellar defense. Valley went on to win the CIML Conference and were State Runners-Up. (photo by Rob Acker)



#1 Punta- Following through the kick, freshman **Ryan Berg** sent the ball hurdling down the field. (Photo by Libby Utesch)



As Ames High students spent their glorious summer doing whatever their hearts desired, it was quite the opposite for those participating in the sport of football.

In August the grueling practices began for four hours a day and for five to six times a week. For most, preparation started before the first day of practice as they had been lifting and conditioning since school let out last June. The final half of their football season revealed the true nature of the team as they determined not to let their two and half months of hard work go to waste. While they experienced many highs and lows, they never gave up the fight.

The team started the season on a good note with a victory over Des Moines Roosevelt. After two heart breaking losses to Ankeny and Urbandale it looked as if we were in for a long and disappointing season. The team put these tough losses behind and redeemed themselves the following week with a victory over Marshalltown, and keeping their playoff hopes alive.

The rest of the season was a nail-biter as our playoff hopes not only depended on our level

of play but on the play other teams across the state as well. In the end, despite finishing the last five games with a 4-1 record, Ames missed going to State.

The team was plagued with injuries throughout the season, making the season that much harder. The team's strong heart was evident during this time and many injured players either continued playing hurt or sped through the rehabilitation process. "I broke my finger during practice, but I didn't want that to end my senior season or to let my teammates down so I just wrapped it up and continued playing hard," senior Mark Hennager said. "It was tough at times because I had to completely change my blocking techniques but in the end it was all worth it."

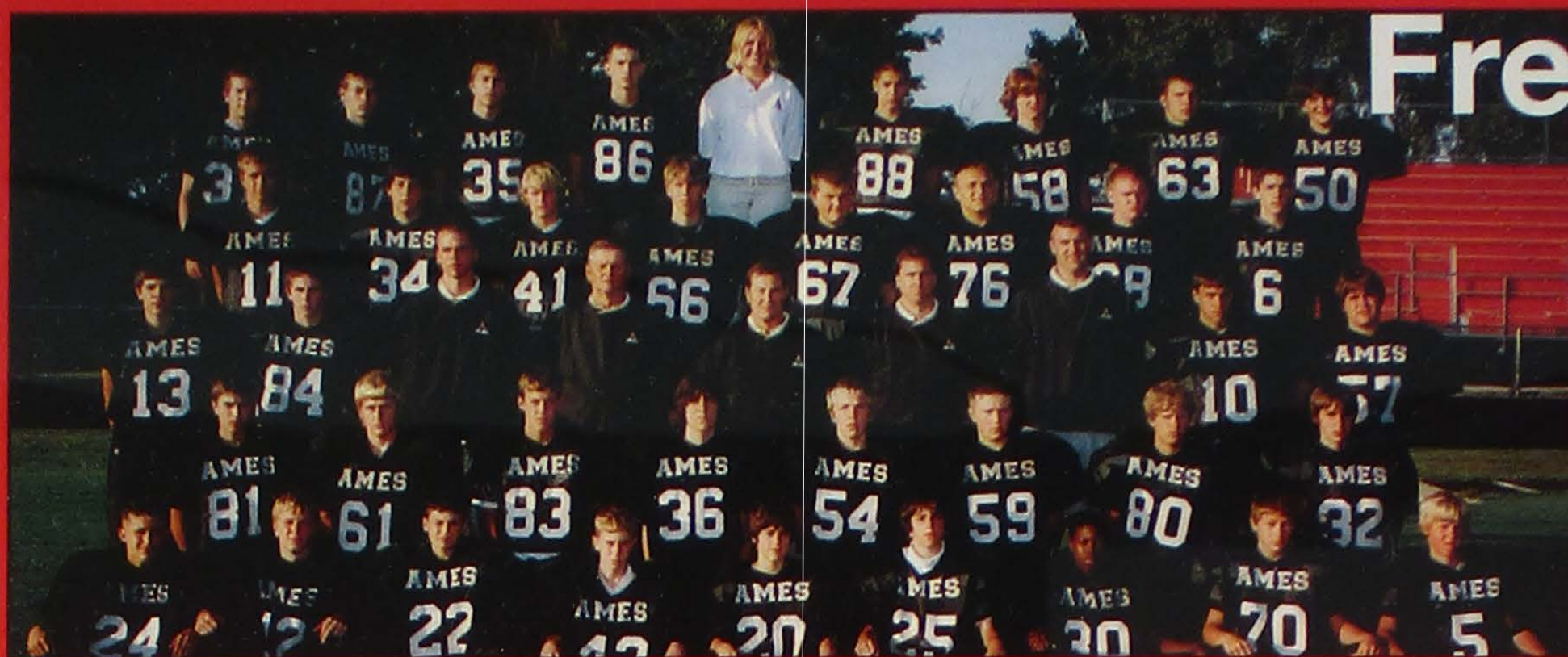
Mark is only one example of the challenges that the team had to overcome during this roller-coaster season and no one could fault them on their effort. Losing many starters to graduation, next year's team will have a big challenge awaiting them when they begin practice next August but they will be able to overcome it just as they overcame many challenges this past season.

	Us	Them
DM Roosevelt	21	15
Ankeny	35	48
Urbandale	14	21
S.C. Heelan	10	51
Marshalltown	24	19
Newton	31	7
WDM Valley	0	47
Mason City	21	6
Ft. Dodge	33	24

Callin' The Play- Explaining the play, freshman quarterback **Marty Pick** enjoys his leadership role on the team. (Photo by Alan Moss)

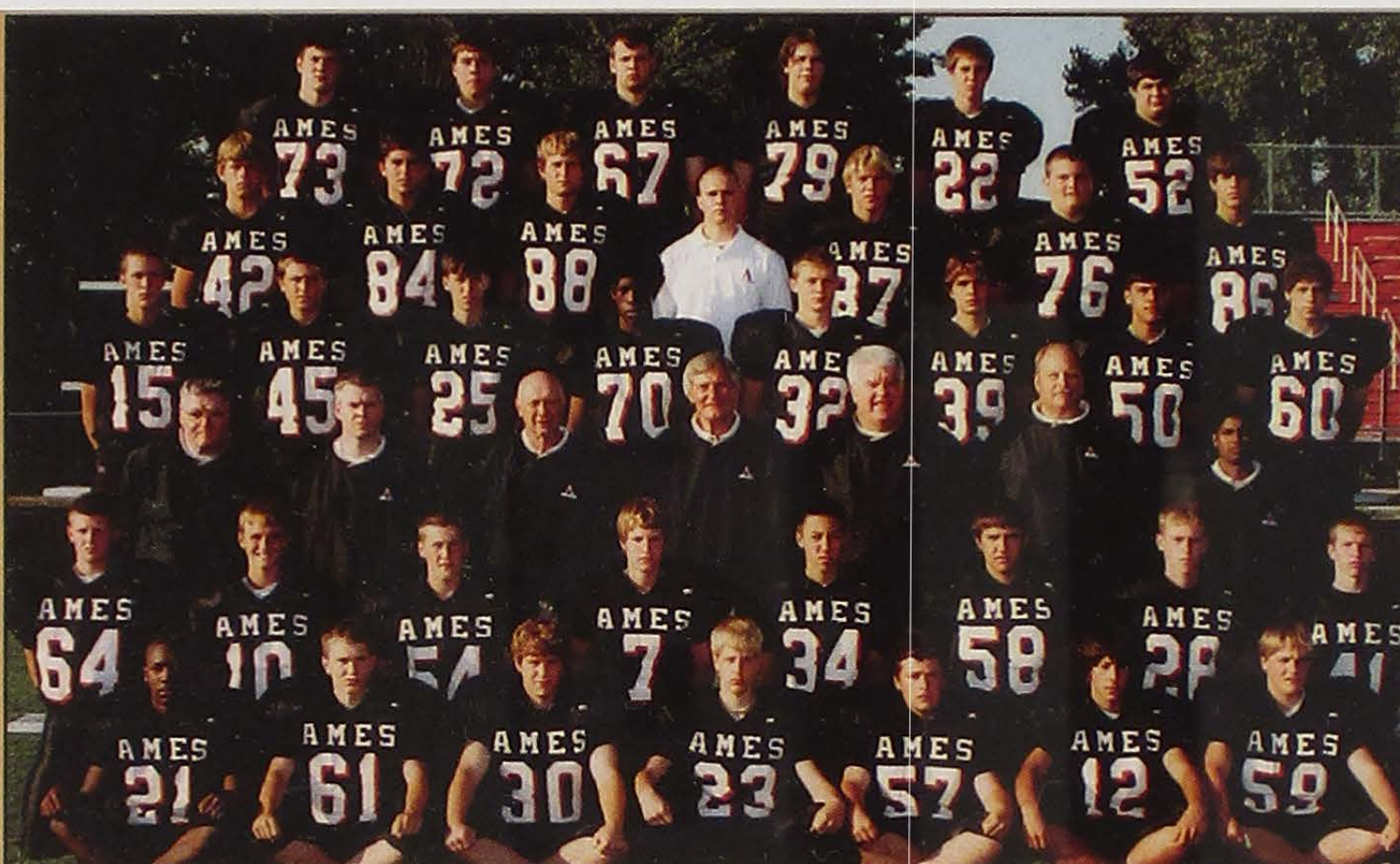


Freshmen



Team Picture - Row 1 - Ryan Kenyon, Peter Heiligenthal, Spencer Gardner, Brandon Leibold, Adam Tyler, Nick Schroeder, Deon Harden, Mark Duvick, Ryan Tierney. Row 2 - Tad Fair III, Brian Jaynes, Derek Trickle, Andy James, Josh Engleman, Aaron Nestwich, Adam Halbur, Sean Bergeson. Row 3 - Theo Ringgenberg, Mark Ludemann, Aaron Rosheim,

Pat Lawler, Eric Bappe, Coach Butler, Coach Hawthorne, Ryan Berg, Doug Warren. Row 4 - Ben Pyle, Tyler Nesbitt, Tom Berg, Dan Chrusciel, Keith Patton, Zach Hurd, Ross Blumer, Marty Pick. Row 5 - Daniel Brown, Drew Schlosser, John Russell, Ben Cotton, Trainer Alyssa, Alex Olringer, Spencer Veysey, Taylor Knight, Josiah Fitzsimmons.



Sophomore

Row 1 - K. Johnson, A. Johnson, S. Dilavu, L. Gehlson, A. Lewis, D. Haugo, B. Server. Row 2 - B. Vosberg, J. Houk, J. Johnson, S. Fennelly, T. Dempsey, G. Simpson, J. Knoll, C. Moore. Row 3 - Coach Schweigert, Coach Beck, Coach Duea, Coach Tramp, Coach Harman, Coach Matters, Coach Mujeeb. Row 4 - P. Zunkel, J. Klinkel, J. Hurley, N. Gildermaster, J. Boylan, A. Jones, M. Hansen, A. Lane. Row 5 - Z. Hagert, W. Rebarcak, J. Thompson, Trainer, Colin Pritchard, B. Dobbs. Row 6 - A. Maahs, R. Praska, A. Brown, T. Hoffman, B. Ballentine, C. Wright

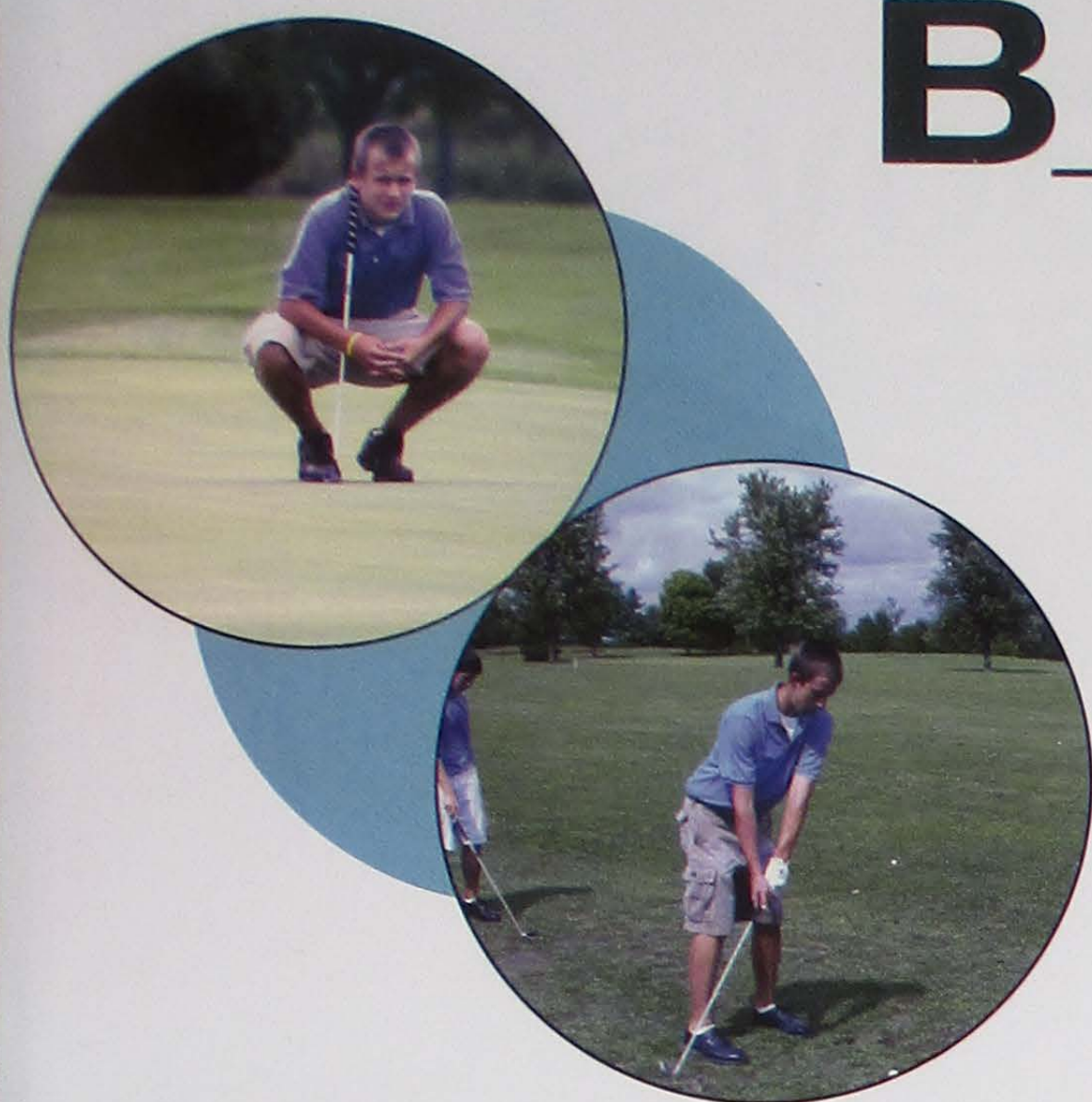


Varsity

Row 1 - D. Tapper, D. Blum, R. Wagner, T. Anderson, J. Millen, K. Nelsen, L. Wilkins, B. Jones, R. Mannatt, B. Weiss. Row 2 - M. Ludeman, D. Veysey, A. Neff, R. Thompson, M. Adam, N. Prindle, B. Schliesman, M. Shriver, K. Berg. Row 3 - Trainer, T. Rial, J. Sullivan, C. Pelzer, B. Vertenan, V. Downs, M. Shane, T. Schliesman, Trainer. Row 4 - C. Corley, A. Shin, K. Chandra, A. Taylor, E. Enslow, C. Strehlow, C. Voss, A. Arthur, M. Linahon. Row 5 - N. Cardwell, L. Petersen, M. Borich, L. Ng, A. Meyn, B. Rial, M. Kang, N. Greving. Row 6 - G. Hamilton, N. Litwiller, T. Strehlow, C. Pedersen, B. Leuth, T. Lawless, J. Nau, R. Catus, J. Hayes. Row 7 - J. Balough, D. Kinker, A. Johnson, C. McDonald, B. Rebarcak, M. Hennager, M. Stephenson, M. Lee. Row 8 - R. Knight, A. Arnaud, T. Maurer, L. Taege, T. Cruise, M. Stoecker.

Boys Golf

Successful Season Ends On Sour Note



Tee Time- Taking a few practice shots before a meet, junior **Andy Wass** works to fine-tune his short game by chipping with various lofted wedges. (Photo by Rob Acker)



During the first day of classes, many are shocked to find that some people are absent. Students probably wonder how somebody could already be missing class on the first day of school. Chances are that person is on the golf team, whose competitions begin the earliest of all fall sports. Boys golf this year got off to an early start by going to a meet on the very first day of school.

The golfers all had high expectations for the season based on last year's performance by underclassmen and the huge amount of time spent on the course during the summer months. "I played the most rounds of golf going into a season this past summer. I really wanted to improve on several elements of my game so I could become a better overall player," Senior **Erik Bunker** said.

Many people have the misconception that the golf team has low physical demands. In reality, the team does extensive conditioning because during meets they aren't allowed to have golf carts and they carry their own clubs. The team also faces the challenge of missing many days of school throughout the fall because, unlike other fall

sports, their meets can take up nearly half a day depending on the size. "I enjoy getting out of class to play golf but sometimes it can be a real pain because you'll miss several days in a row and then you get really far behind and have no idea what's going on. Especially in trigonometry, not being there very often killed me," Senior **Kevin Woodward** said.

The regular season lived up to the team's early expectations; however, when districts rolled around things took a turn for the worse. The team finished a disappointing fifth place. "Our district was weak and we should have easily been able to be the second best team there," Woodward said. Their heartbreaking performance at districts will never overshadow their accomplishments during their excellent season, though.

With the varsity team only losing one senior, the team is sure to be strong again next year and only improve on the success of this year's season. "It's sad to look back and realize that I will never again play golf competitively. I wish next year's class the best as they try to establish a name for Ames in the golfing world," Bunker said.

	Us	Them
Marshalltown	6	3
Conference	10	4
Boone	1	0
Waukee	1	0
SE Polk	1	0
Fort Dodge	9	2
Fort Dodge	1	0
Ankeny	7	2
Valley	15	4
Ames	10	2
Mason City	1	1
Dowling	9	9
Elmwood	3	2
Ottomwa	8	3
Districts	5	7



Row 1: Brandon Pohlman, Jordan Burgason, Nolan Currie, David Warning, Jason Marrs
Row 2: Scott Lynn, Gabe McNunn, Brady White, Clark Ennis, Alex Jarnagin, Ryan Dougherty, Andy Wass
Row 3: Andy Herrick, Garrett Farni, Erik Bunker, Coach Knutson, Coach Voss, Ryne Sundvold, Jeremy Hurley, Kevin Woodward



Tough Break- Charting the line of his putt nervously, junior **Ryan Dougherty** walks around the green to reevaluate the break. Dougherty read the break correctly but left his putt just shy of the hole. (Photo by Rob Acker)

Boys CrossCountry

Ames High Boys Runners do it Again 188 meters to Glory: Elias Simpson's Journey to Fame

After running for 3 miles as hard as a person can, few special athletes choose to push themselves for the final leg of a race. This last section of the race, known by runners as the one-eighty-eight, can be more than just running.

Over the course of a season, detailed stats are kept for each portion of a race. A few runners each year attempt to break a decade-old record for fastest 188 ever. The record is currently 23 seconds, and is held by AHS Alumni, seniors **Elias Simpson**, **Mallory Engelen**, **Mike Genau**, and **Christy Tim** show their excitement for the end of the season. Four years of Senior **Elias Simpson** set end. (Photo by John Gilarski) a goal to have this record by the final race of the season.

During practice, runners pound out seemingly endless amounts of yards for weeks before the season, only to continue this procedure during the year. This makes increasing a runner's sprint speed difficult. Simpson seemed to rise above this as the season progressed. Driving his average 188 time lower and lower, Simpson also challenged another record, fastest 188 average. This record was held by current AHS senior **Andy Lamp**. Elias prepared for each meet in different

searching the infinite reaches of the universe.

As the season wore on, the fastest 188 in AHS history record remained unreachable for Simpson. He was undaunted by this going into his final meet, the Iowa Conference

meet, in Ames. The weather was not great for running, but Simpson knew the stakes. He would need to run a 38 second 188, or nearly double his usual time to break the Fastest 188 Average record.

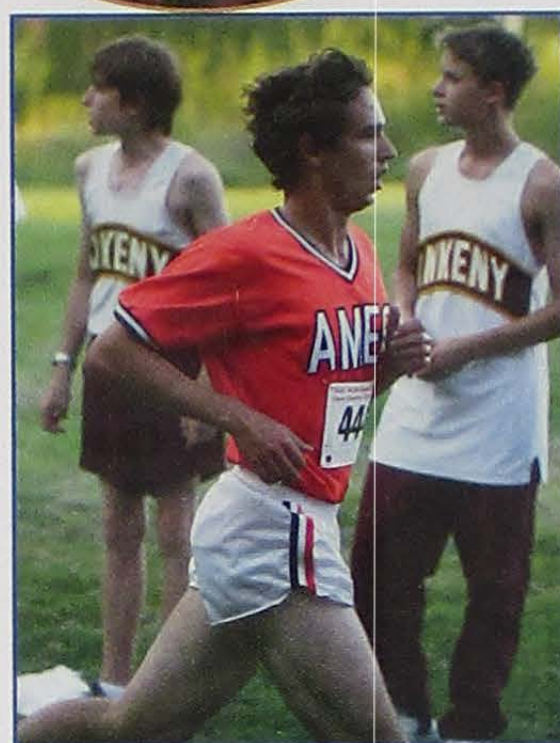
A Simpson rounded the final corner and began his 188, then surged forward to try and glimpse this incredible feat. Wearing his trusty sunglasses he

crossed the finish line in 24 seconds, shattering the old mark set by his comrade, Lamp. "Basically, the only reason my record was impressive was because of the sunglasses. Sunglasses make anything cool," Simpson said.

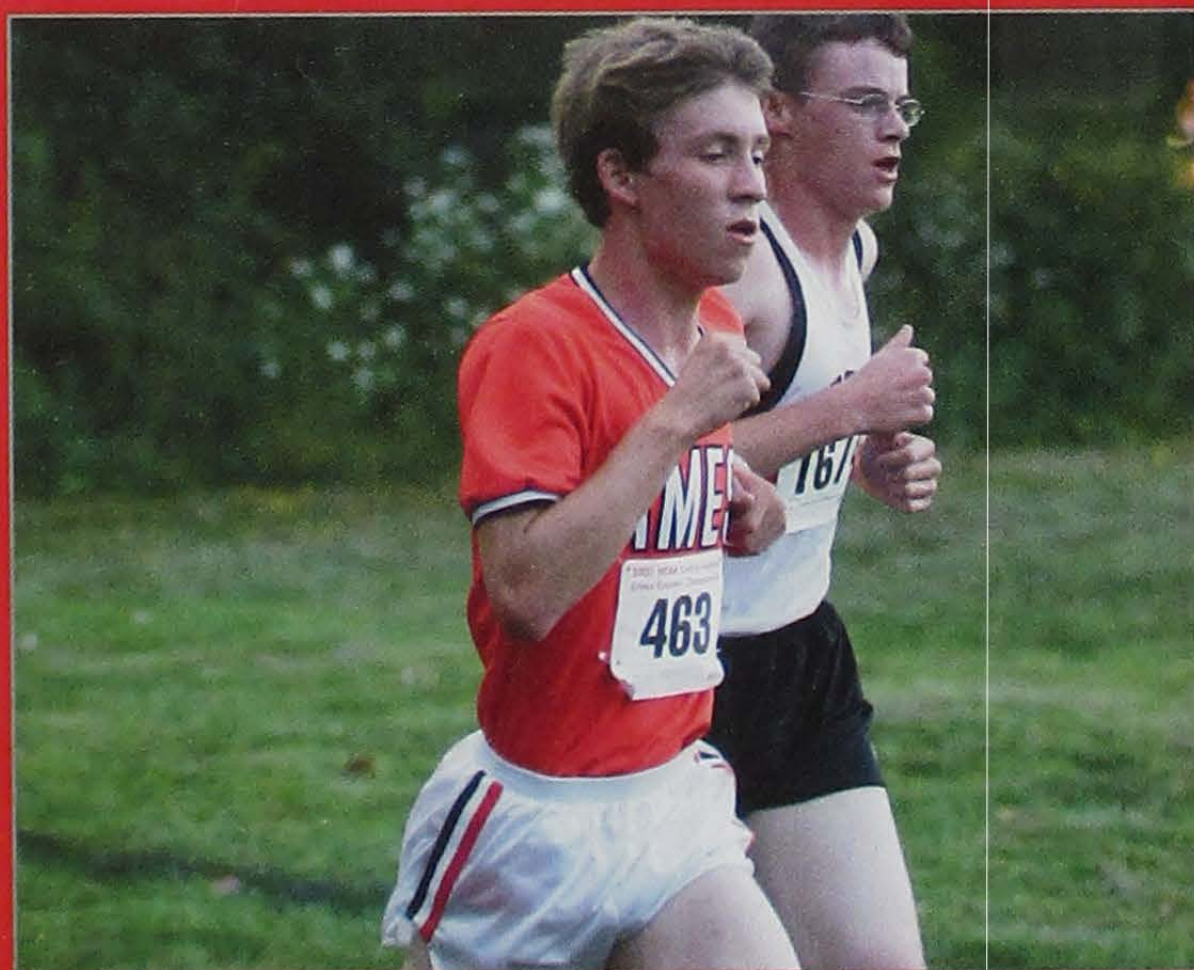
After meeting this impressive goal, Simpson said he plans to take it easy for a while and "do the talk show circuit." His next agenda item is trying to get into a sweet college.

"Cross country season was great. I got to meet a lot of hot guys...wink wink," Simpson said.

Slicked Back - Flying by his opponents, senior **Lucas Warth** and his sweet slicked-back hair race for the finish line. (Photo By Rob Acker)



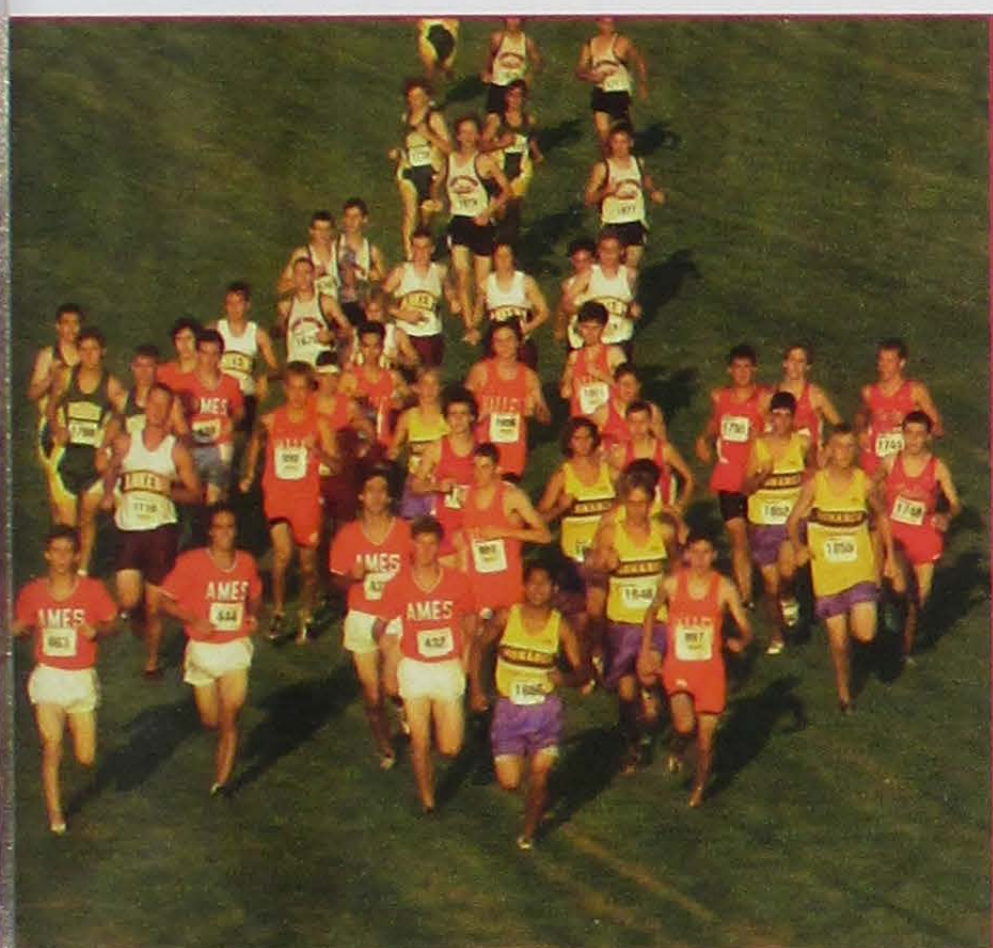
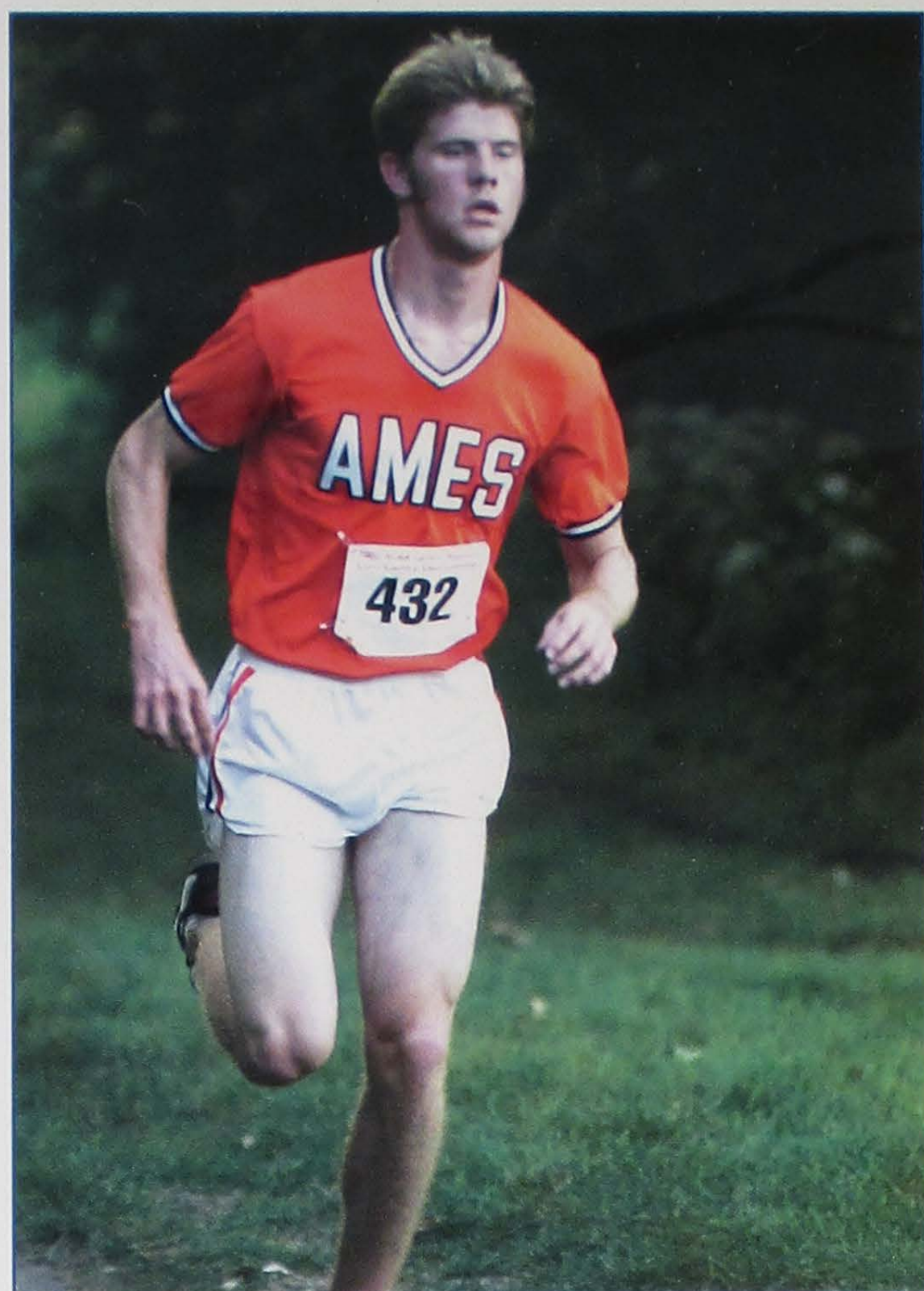
Who Wears Short Shorts - Senior **Luke Lowry** holds nothing back while running against Ankeny. (Photo by J. Gilarski)



One Step Ahead - Keeping just ahead of his competitors, junior **Andy Feller** continues to push himself during a cross country meet. (Photo by Rob Acker)

Super Star - With bulging leg muscles, senior **Mat Clark** comes flying toward the finish line. Clark ran all four years of high school in both Cross Country and Boys Track. The team did very well under the leadership of Clark and fellow seniors John Gilarski, Lucas Warth, and Willy Svec. This running crew lead the team to a 5th place finish at this season's state meet. (Photo by Rob Acker)

Gatorific - Riding in the cross country gator, seniors **Leah Ritz** and **Lucas Warth** take a break from walking. Warth was forced to ride in the gator for several meets while recovering from a sprained ankle. (Photo by Rob Acker)



CHARGE!

Leading the pack, the Ames High boys cross country team starts the race off right at the annual Ames Invitational. The team pulled off a second place finish at the meet. (Photo by Rob Acker)

Thundering Feet

Thundering by, the Ames High JV cross country team, led by seniors **Greg Hunter**, **Garrett Russell**, and **Ryan Adam**, rush to the finish line. (Photo by Rob Acker)



Row 1: P. McCusky, N. Zdorkowski, L. Bower, B. Feller, J. Wheelock, L. Wilkens, D. Mayes, R. Wendt, D. Hickcock, R. Gaunt, D. Quo, N. Bening, P. Snell, J. Mull, M. Gilarski **Row 2:** J. McClelland, T. Hart, J. Misra, B. Hunter, W. Ong, D. Trevalian, E. Foresgren, U. Grant, C. Polashek, J. Rosenberg, G. Sherburn, I. Wilson, J. Wendet, F. Patterson **Row 3:** R. Fields, G. Hunter, J. Vander Zwagg, J. Bell, J. Fuller, Coach Mooney, Coach Sletten, Coach Hallam, A. Lamp, B. Gill, M. Dunlay, C. Cartwright, E. Owusumu **Row 4:** M. Clark, L. Warth, L. Lowry, C. Johnston, G. Scallan, B. Areneson, J. Hallberg, R. Pool, J. Pringle, S. Dodge, C. Peiffer, J. Andregg **Row 5:** A. Feller, J. Fitzsimmons, B. Ruppert, Z. Borg, J. Hollub, C. Luecke, B. Bumgarner, G. Martin, J. Pleasants, S. Siberski, W. Wayne **Row 6:** T. Clark, D. Robinson, J. Gilarski, J. Funkhouser, C. Thompson, B. Sunvoldt, D. Carswell, C. Rasmussen, W. Svec, G. Russel, R. Adams, N. Ramsey, K. Uhl-meyer, Z. Brenner, S. Bird, C. Leibman, Alexi Y., M. Rodgers, W. Dilla, T. Heithoff, A. Pierce, E. Simpson, B. Peng

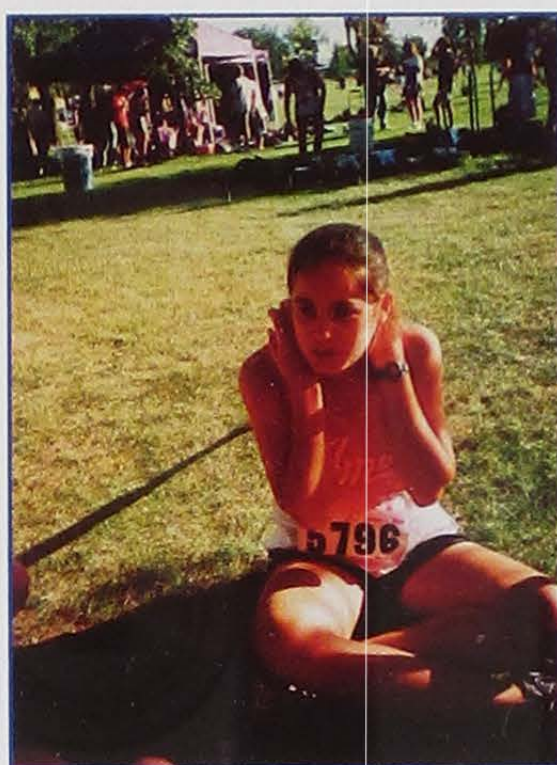
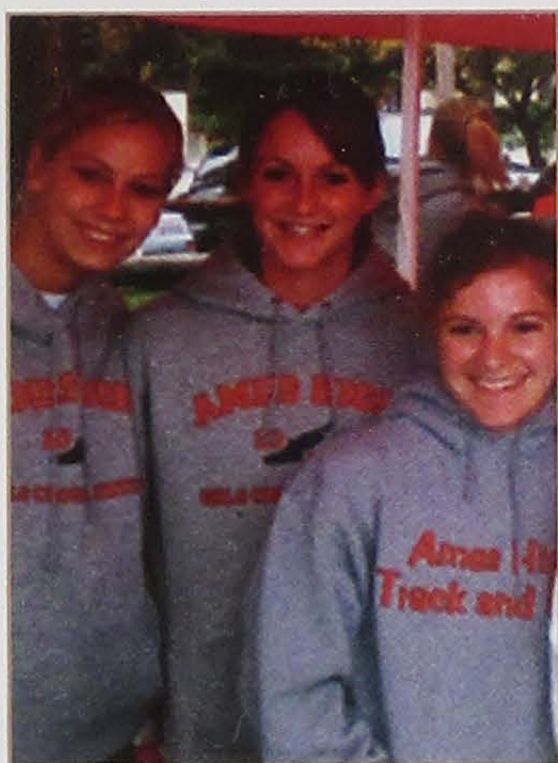
Girls CrossCountry



Eat My Dust - Getting ready to run in a meet, this group of girls cross country runners show off their friendly tattoos. Whether the intimidation factor worked or not, the girls certainly had fun drawing on each others' legs. (Photo by Olivia Langenberg)



The Tremedous Trio - Juniors Laura Weible, Katie Elliott, and Allison Metzger gather under the GCC tent. (Photo by Ben Barclay)

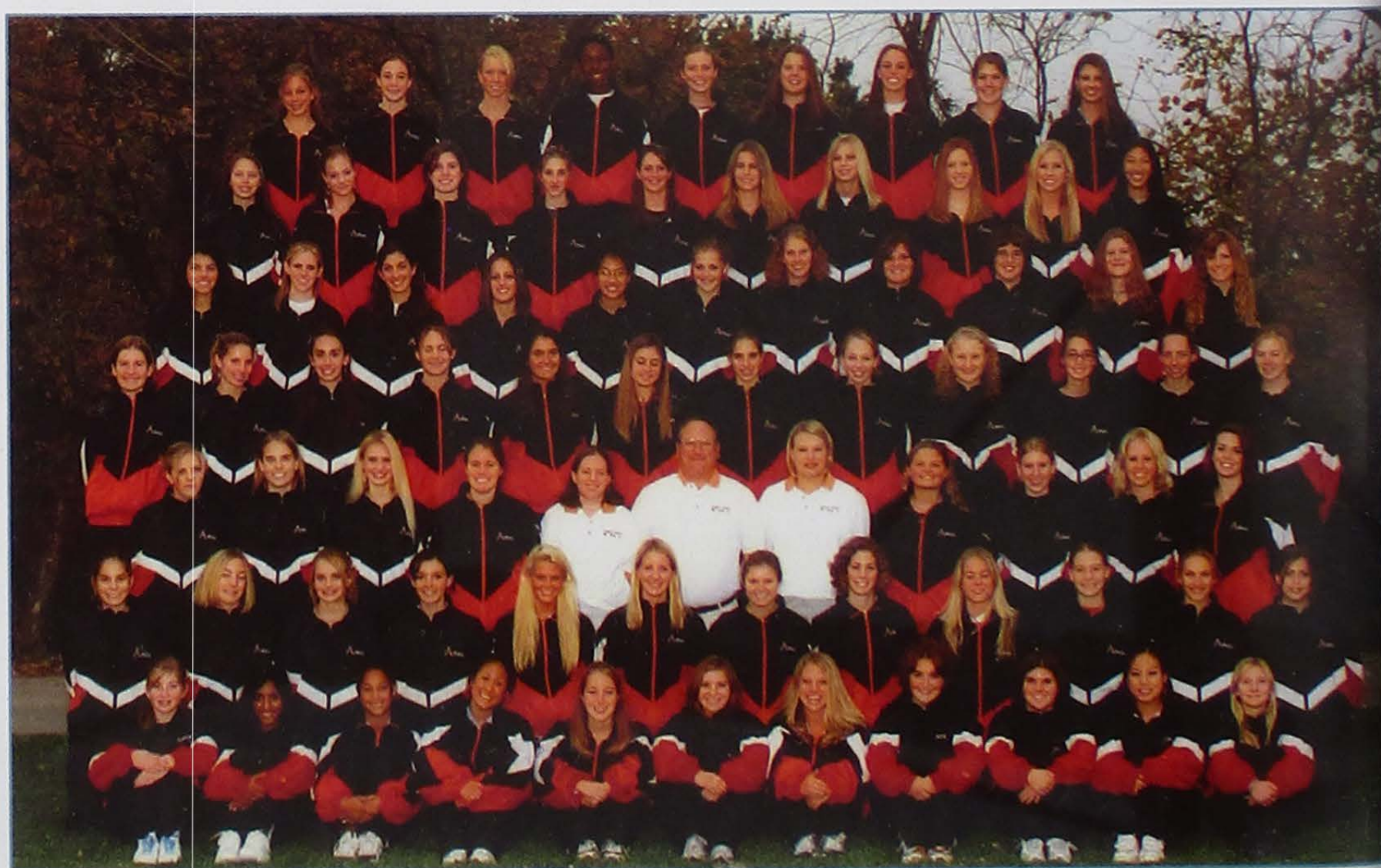


Pretzel Legs - Junior Emily Moschini stretches for her race. (Photo by O. Langenberg)



Truckin' Along - Giving it their all, seniors Jordan Reitz and Jessi Young, junior Liz Deppe and senior Laura Logsdon of the girls cross country team keep up their pace during a meet. Many girls looked forward to the fall sports season not only for the numerous meets but the camaraderie and friendship gained in cross country. (Photo by Miranda Eness)

Team Picture: Row 1: S. Brimeyer, S. Rajagopalon, A. Thompson, S. Chang, A. Gall, A. Metzger, R. Nesbitt, G. Gerbracht, A. Lutz, H. Park, H. Caloupek Row 2: E. Moschini, B. Brown, S. Langenberg, K. Becraft, K. Thorgaard, D. Peterson, J. Young, K. Brimeyer, V. Pflug, A. Beckwith, S. Hupalo, K. Maloney Row 3: S. Jackson, E. Warth, S. Poffenberger, L. Logsdon, Coach Tanya, Coach Schmalz, Coach Beth, J. Reitz, J. Compton, S. Hundertmark, M. Johnson Row 4: M. Hindt, A. Hellmich, J. Curry, J. Kaspar, L. Adams, M. Engelen, L. Gehring, B. Rover, L. Pepperkorn, B. Prueger, K. Schoenrock, S. Van Marel Row 5: E. Falk, M. Kluesner, J. Svec, O. Langenberg, Y. Liu, H. Jackson, L. Clark, L. Deppe, A. Grove, L. Curtis, K. Norris Row 6: R. Ferguson, S. Artese, E. Todey, N. Hibbing, K. Elliott, L. Brown, L. Weible, K. Ihle, K. Kohler, S. Soh Row 7: K. Phillips, J. Strand, C. Borich, C. Tim, L. Ritz, S. Hansen, K. Kramer, J. Carlyle, L. Lowry



Story by Libby Utesch

Girls cross country paced themselves for a year of success

Running three miles is what most sports do for punishment, but for the Ames High girls cross country team it was the length of the race they ran every week for three months. With three mile races to compete in each week, practices were inevitably long and hard, sometimes up to 6 miles a day. However, challenging practices didn't discourage over 100 girls from joining the team.

With that large of a team, there are bound to be some outstanding runners. It was all those great athletes that led the AHS girls cross country team to a 3rd place finish at the Conference meet, a 2nd place finish at Districts, and an 11th

place finish at the State meet.

Although there were talented senior members who contributed to the team's many victories during the season, it was the underclassmen who were the driving force behind the cross

country team's success. Sophomore Kersten Thorgaard was a clear power house as she managed a first place finish at nearly every dual meet throughout the year. Juniors Lydia Lowry and Renee Nesbitt also performed well throughout the season, even though both suffered an injury this year.

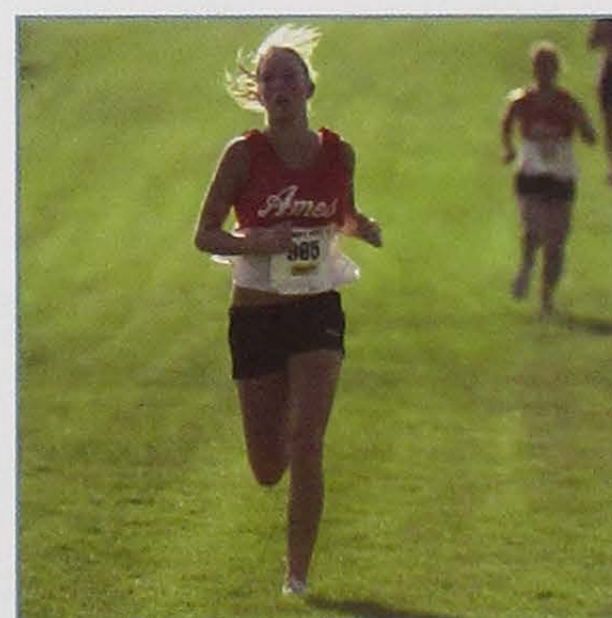
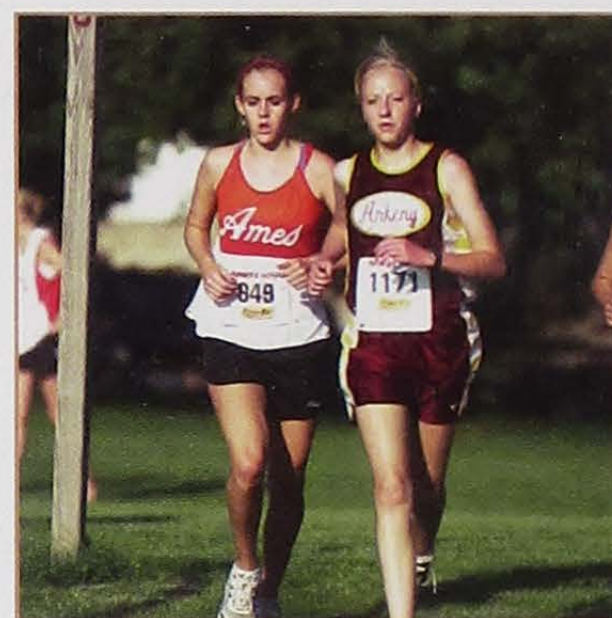
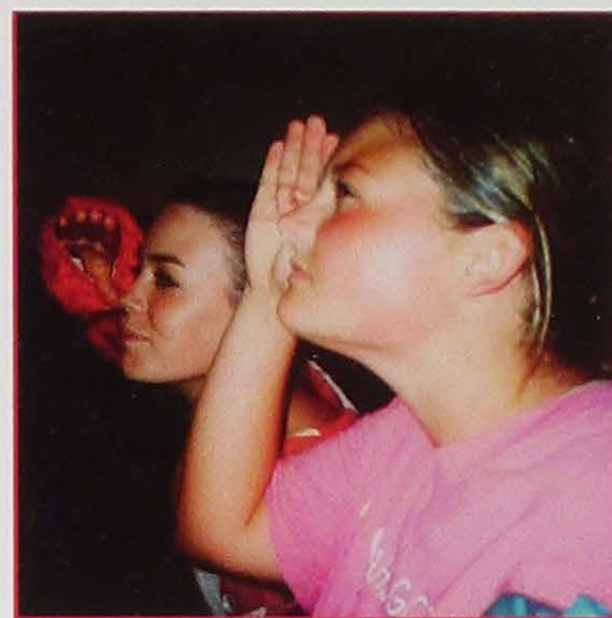
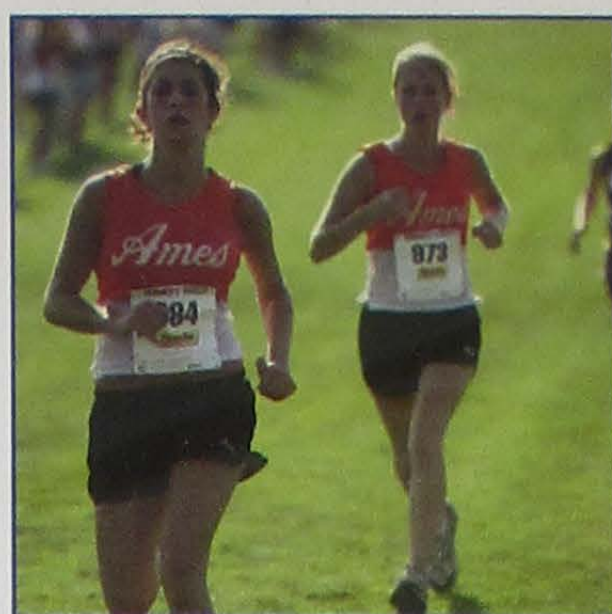
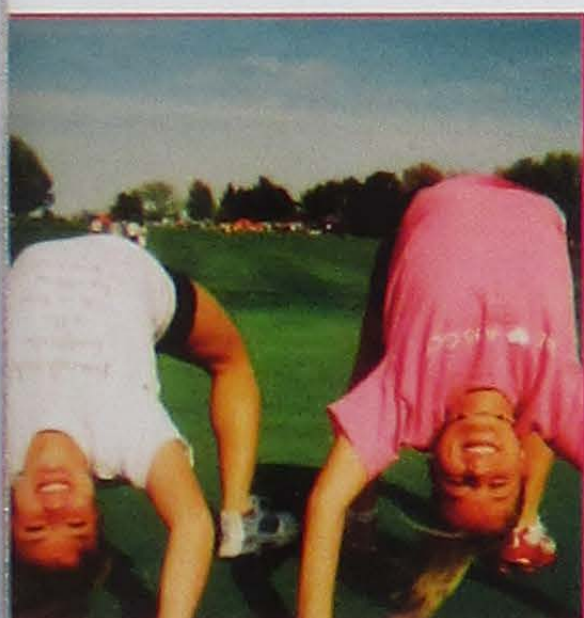
With so much talent present on the girls cross country team, it's clear that they will continue to have success for years to come.

Sunny Days - Keeping the sun out of her eyes, senior **Jamie Carlyle** styles some sweet shades while running in a cross country meet next to senior **Dana Peterson**. The two ran together for the duration of the meet, pushing one another to keep going even after exhaustion had set in and they felt they could go no further. (Photo by Elizabeth Cohea)

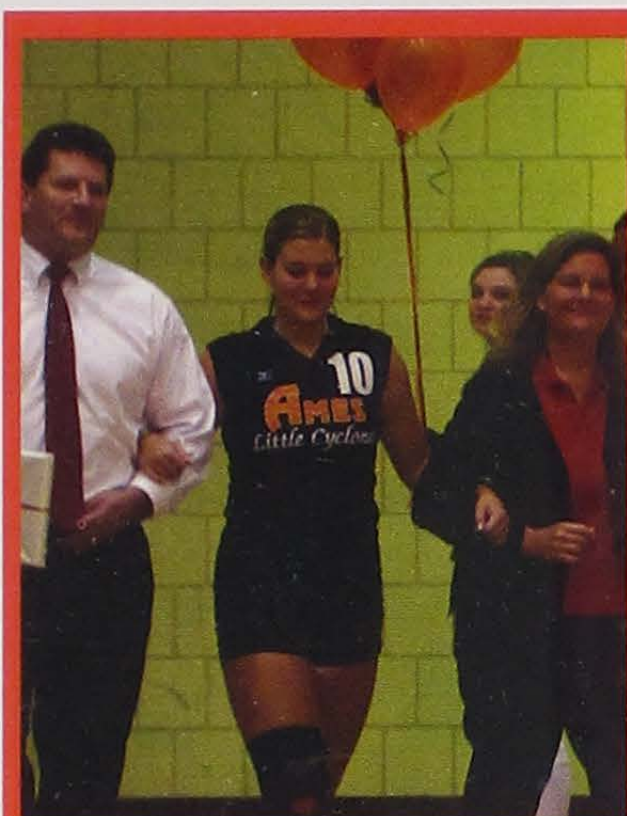
Breathing is Key - In a final sprint for the finish line at the ISU Cross Country course, senior **Mallory Engelen** inhales much-needed oxygen. The girls cross country team especially enjoyed home meets, as they had previous knowledge of the rather flat course, and their family and friends were guaranteed to be there, cheering on each runner. (Photo by Rob Acker)

Kick It - Sprinting to the shoot, sophomore **Caylon Borich** gives it her last kick as she completes yet another awesome cross country race at the ISU Cross Country course near Ames Middle School. Borich was one of the top Frosh/Soph runners for the team and even managed to run in a few JV races as well. (Photo by Ben Barclay)

The Lone Runner - Setting her own pace, senior **Leah Ritz** runs her heart out at a girls cross country meet. Although some runners set their pace according to other runners, Ritz chose to run this race solo. Ritz ran cross country for all four years of her schooling, when she wasn't tearing up the competition on the soccer field. (Photo by Ben Barclay)



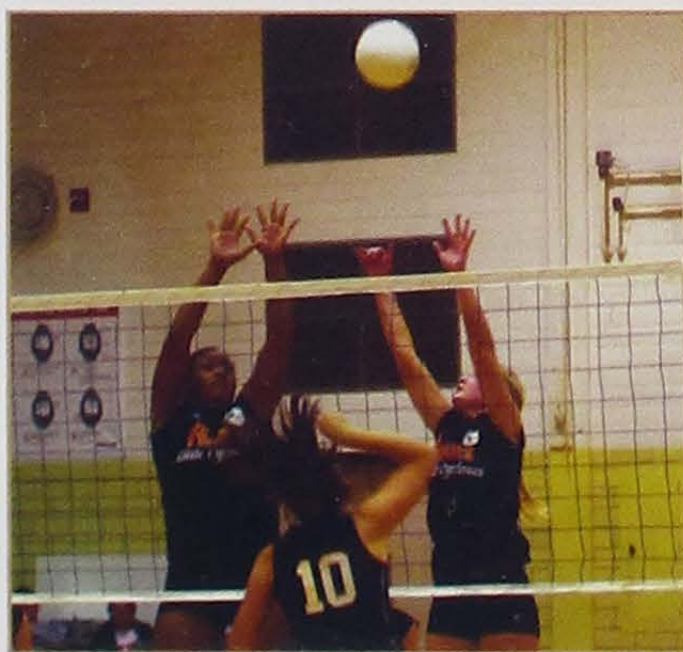
Volleyball



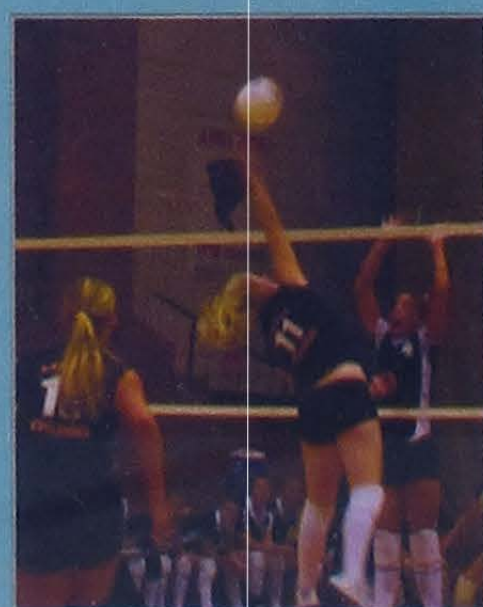
Struttin' Her Stuff - Leading her parents on to the floor, senior **Jenny Tillo** gets introduced during senior night. (Photo by Jenny Cheuk)

	Us	Them
Southeast Polk	3	0
Urbandale	3	0
Dowling	3	0
Marshalltown	0	3
Newton	3	0
Valley	0	3
Mason City	3	0
Fort Dodge	0	3
Waukee	3	0
Valley	2	3

Breaking the habit - Towering over the opposing team, sophomore **Alexa McGrory** makes a huge kill to earn a sideout for the Little Cyclones. (Photo by Jenny Cheuk)



Two Towers - Springing into the air, junior **Marissa Banks** and sophomore **Beth Bystrom** complete a massive block. "A big block like that can really get you going," Banks said. (Photo by Jenny Cheuk)



Becoming our best one day at a time New Coach propels Little Cyclones to a winning season.

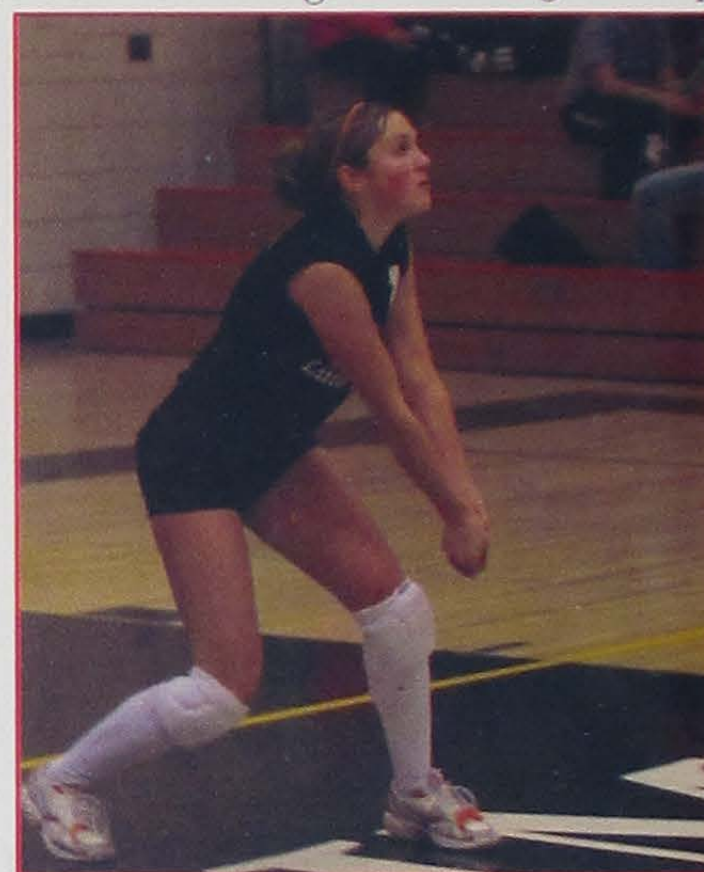
It is very rare to hear of a high school student undergoing a face-lift. However, this year at Ames High the entire volleyball program took on a new light. A new coaching staff was found and, at the loss of many seniors last year, many young faces were brought to the team.

Coach **Cindy Holmes** came to Ames from nearby Roland-Story High School. There she coached the Norseman Volleyball team through eight successful seasons, three of which ended with appearances at the State Volleyball tournament. Coach

Holmes brought with her a new supporting staff. The JV coach was **Mary-Beth Henkenius**. The only returning coach to the program was coach **Julie Terry**, who coached the sophomore team.

Only six varsity players returned to the team leaving spots to fill with younger players. The team consisted of four seniors, one junior, six sophomores, and a freshman. The team may seem young, but you wouldn't notice by watching them play. The Little Cyclones finished the season with a 6-4 record, keeping the winning tradition at AHS alive.

Great leadership was displayed by seniors **Stephanie Skladany**, **Jenny Tillo**, **Jaime Dye**, and **Mindy Twetton**. Junior **Marissa Banks** put up a killer amount of blocks throughout the season and all six sophomores stepped up earning their spots on the floor.



Defensive Queen - Setting her feet, junior **Mandy Winkleblack** prepares to complete a perfect pass to the setter. Mandy was the defensive specialist for the varsity team this year. (Photo by Jenny Cheuk)

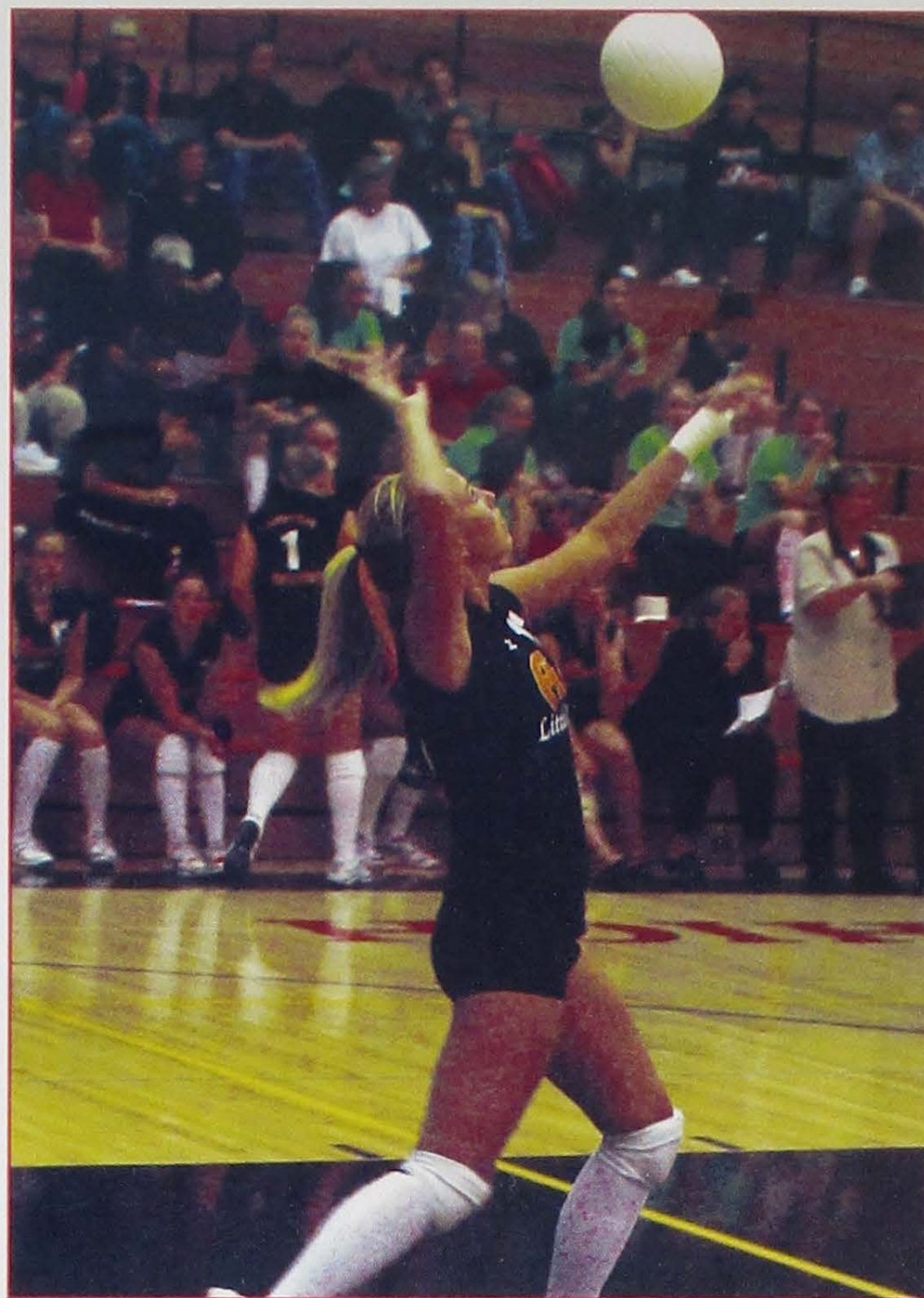
Varsity level play can be exhausting, but no one could crack freshman **Francis Xin**, an all around outstanding volleyball player.

The junior varsity team with new coach **Mary-Beth Henkenius** pulled off a more than impressive season, winning all but three of their games and performing very well at their Saturday

tournaments. "If you think about it we only lost two games, because the loss against Valley is cancelled out because we beat them earlier in the season," junior **Mandy Kerper** said.

Ames High Volleyball welcomed new faces to the coaching staff and teams and they were able to come together and become their best one day at a time, pulling off a winning season. Although they were unable to make an appearance at the State tournament this year, they return many quality young players for next year's team, and have a good chance at a run to the state tournament.

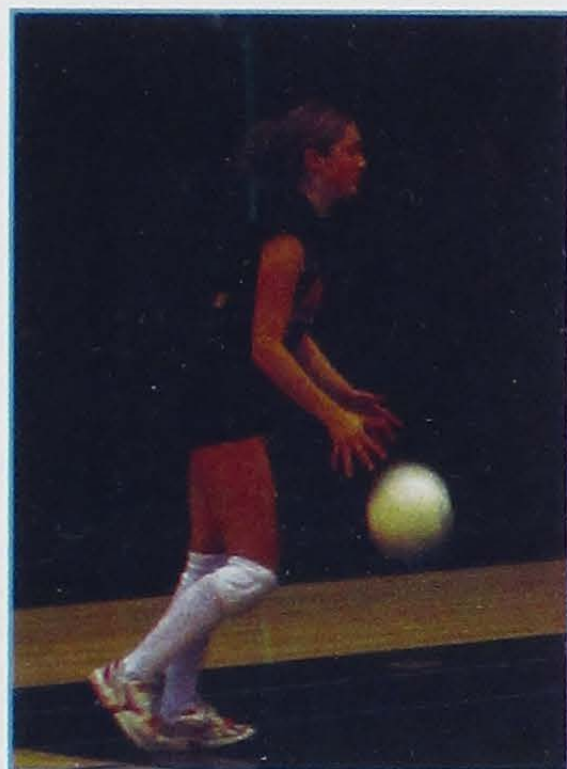
Serving It Up! - Serving the ball, sophomore **Beth Bystrom** hopes to put down an ace for the Little Cyclones. Beth was one of six sophomores who saw a lot of varsity playing time through the 2004 volleyball season. "All the upperclassmen were very welcoming to us sophomores, and I thought it was a great season. I'm just out there on the floor to have fun," Bystrom said. (Photo by Jenny Cheuk)



Straight as an Arrow - Gaining some major air, sophomore **Meghan Hackerson** and junior **Marissa Banks** become a wall against the Des Moines Roosevelt Roughriders. (Photo by Jenny Cheuk)



Heads Up - After a set from sophomore **Amy Hamilton**, sophomore **Meghan Hackerson** makes a kill. (Photo by Jenny Cheuk)



AHHACE! - Preparing to serve the ball, sophomore **Mandy Winkleblack** hopes for an ace. (Photo by J. Cheuk)

Senior Support - Showing their support, Seniors **Ben Ertz**, **Rob Acker**, and **Willy Svec** sit through a home match. (Photo by Jenny Cheuk)

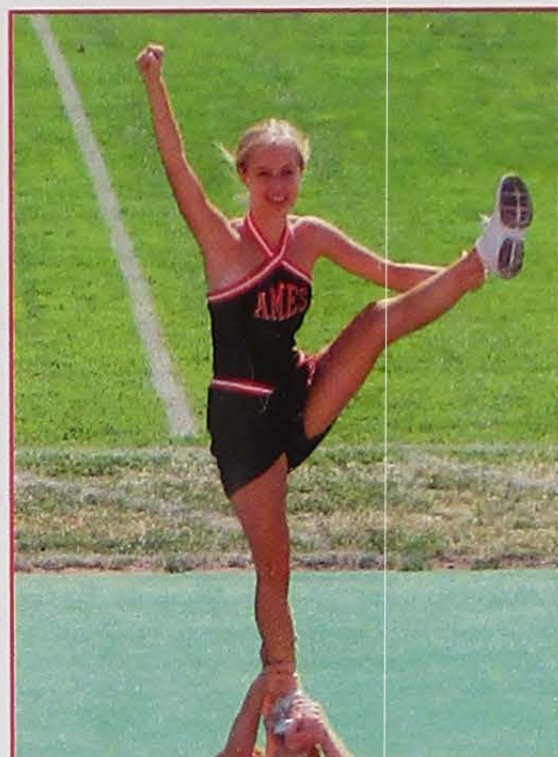
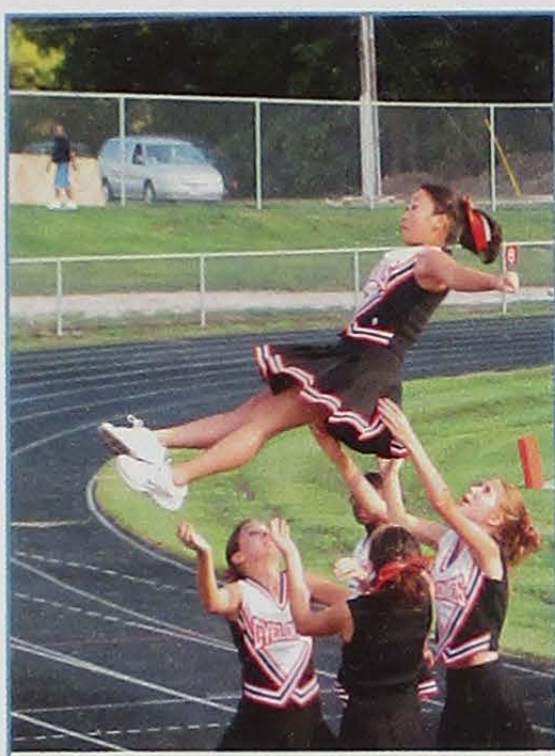


Row 1: Sarah Nelson, Jamie Dye, Mandy Winkelback, Francis Xin, Ashley Hamilton, Mandy Kerper, Laura Rich, Alexa McGrory **Row 2:** Coach Henkenius, Stephanie Skladany, Meghan Hackerson, Jenny Tillo, Mindy Twetten, Beth Bystrom, Marissa Banks, Jessica Oster, Coach Holmes, Trainer Dawn

Fall Cheer



Flying Up!- Trusting her squad, freshman **Sarah Shin** flies in a basket toss during a home game. (Photo by J. Cheuk)



Sttreeetch!- Held by her stunt group, junior **Annika Anderson** pulls a heel stretch. (Photo by Jenny Cheuk)

We trade cheer for NOTHING!
Little Cyclones pull off a performance to be proud of at State.

"We trade sweat for strength, but we trade cheerleading for NOTHING!" This was the motto of the Ames High Fall Cheerleaders as they worked their way through another defining season for the program.

The Varsity squad met for two hours everyday, including Saturdays to prepare for their second year back at the Iowa State Cheerleading Competition. These daily two hour practices were not any easy task. "Students, parents and staff are now starting to see how challenging fall cheerleading is. They see the girls conditioning, a combination of lifting weights and running. Fall cheerleaders are seasoned athletes and now have the respect they deserve," Coach Alison Diblasi said. The girls took their new found respect and really shined through friday night football games and on the floor at State.

Anticipation and excitement was in the air as the girls and about forty supporters loaded on to two charter buses at eight in the morning Saturday November 6th to head off for Cedar Rapids. Many of the girls were headed off to the State competition for their first time on the big blue mat. As they took the floor in the

afternoon, you could just see the energy in their faces. The Ames High State Cheerleading Squad came home with a sixth place finish. "Placing at state two years in a row was definately a season highlight," Diblasi said. "If the state competition was based on how the cheerleaders look at games, the Ames High Fall Varsity Cheersquad would have been the state champs, hands down. They look and act very professionally and out cheer our opponents' cheerleaders everytime."

The atmosphere under the friday night lights here at Ames High would not be the same without the fall cheerleading squads. Their sharp moves, outstanding stunts, and smiling faces keep the crowds hyped during those long, cold, and damp football games. Although they would trade cheerleading for nothing, the girls learn a lot more than skills throughout the season.

"One of my sayings is, 'It is more important to be good people than good cheerleaders and if you can be both, then you are truly winners.' The 2004 Fall Cheerleaders were winners in every sense of the word," Coach DiBlasi said.

Fantastic Finish - Spiriting their way off the floor, the Ames High Varsity cheersquad finishes their state routine. (Photo by Miranda Eness)



Major Air! - During the homecoming pep assembly, senior **Kristin Tierney** gets some major air during the basket toss contest. (Photo by Jenny Cheuk)

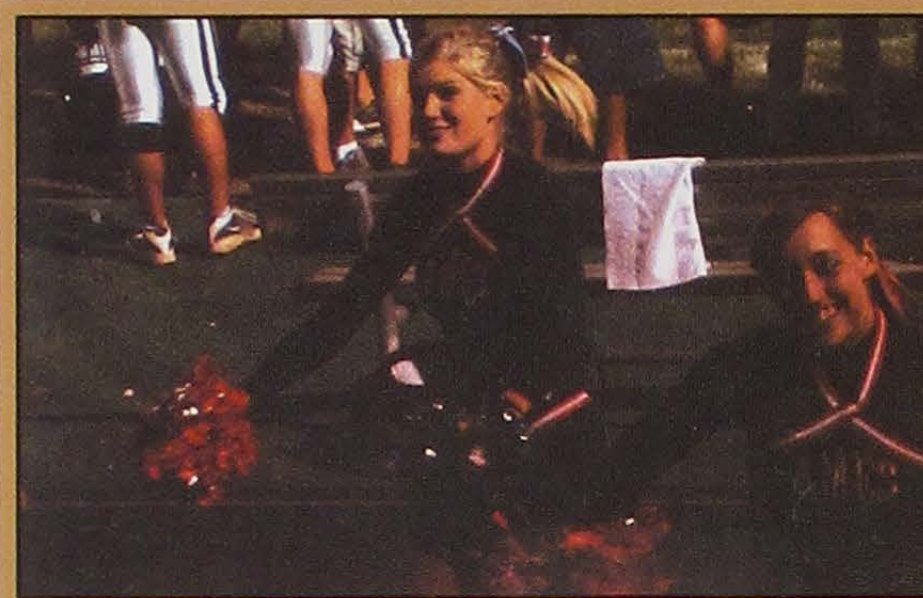
Row 1: Rachel Davis, Annika Anderson, Amanda Hinderks, Alison Barylinski Row 2: Debbie Bennett, Shannon Risius, Dana Howell, Beth Bonnichsen, Delesa Briseño, Michelle Chester, Alex Budd Row 3: Kristin Tierney, Rachel Nesbitt, Melanie Wanzek, Marit Place, Libby Cue, Allison Vigoya, Kaylyn Clark



The Best- Rejoicing in their win, seniors Rachel Nesbitt and Marit Place parade their trophy. (Photo by Jenny Cheuk)

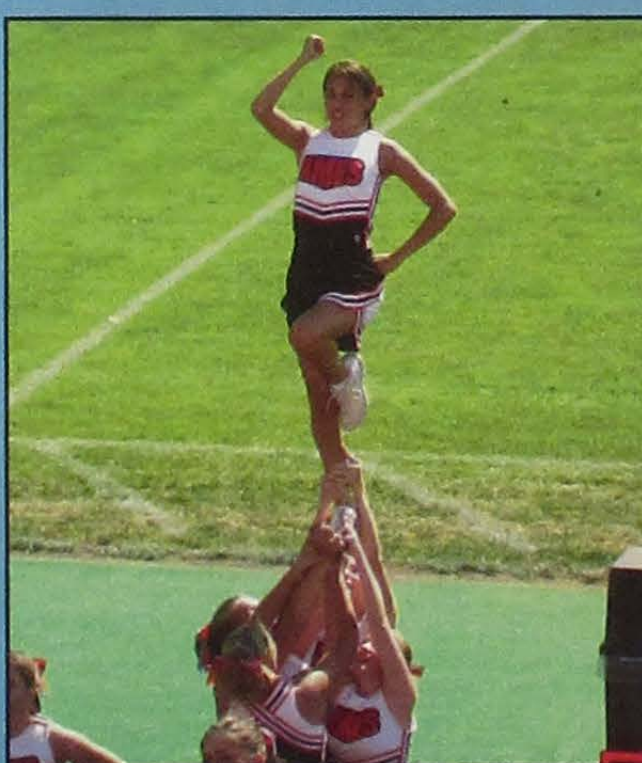
The Ames High Fall Cheerleaders accompanied AHS football teams at both home and away events. The squad was led by Guidance Counselor Allison DiBlasi only in her second year of coaching cheerleading. Remembered not only for their cheers but their flexibility and enthusiasm, Ames High football events would have been quite different without the addition of the cheer squad.

You Better Believe It! - Pulling their fifth stunt of the state routine, juniors Delesa Briseño and Annika Anderson, and senior Marit Place stick it. The Little Cyclones finished in 6th place out of the 14 class 4A schools. (Photo by Miranda Eness)

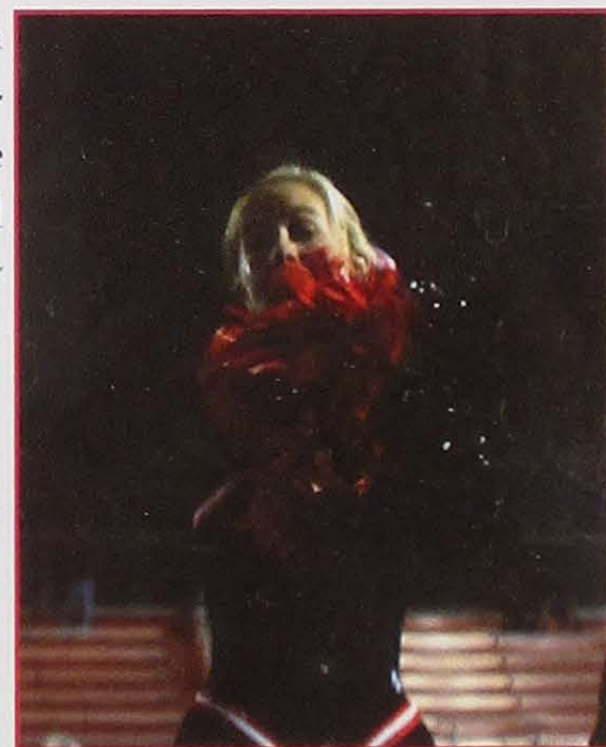


Join the beat - During the "We've Got That Beat" cheer, juniors Alex Budd and Debbie Bennett get the crowd on their feet. (Photo by Ben Barclay)

Cyclone Power - Cheering at a varsity football game, junior Annika Anderson shows her cyclone spirit. This was Anderson's third year cheerleading. (Photo by Jenny Cheuk)



Lets Go Cyclones! - Performing for the student body, sophomore Jessica Amaya holds a lib. The squad performed a cheer at the pep assembly. (Photo by Jenny Cheuk)



Come On Down! - During the pep assembly, seniors Rachel Nesbitt and Marit Place call down contestants for the basket toss contest. (Photo by Ben Barclay)



Boys unite to stay undefeated at home meets

Ames High Boys Swim Team Undefeated at Home Duel Meets

As hair gets bleached and legs get shaved, Ames boys swimming draws to an end.

Although the end can be bitter-sweet, many of the Varsity swimmers welcome it with open arms. This is because of the extremely rigorous practice schedule.

With practices before school and after school for a couple hours, and on the weekends, swimming could seem at times to be all-consuming.

It is difficult to balance such a time-consuming practice schedule with school and other activities, but these boys did an excellent job of maintaining balance.

While they still maintained their GPA's, the boys swim team managed to swim themselves up to the number two rank on the State level, falling only behind Cedar Falls.

Another bragging right the boys swim team received this year was to continue the tradition of never losing a home dual meet. To maintain this standard, the boys had to defeat difficult rivals such as Valley, though they made it seem simple.

The boys swimming team is

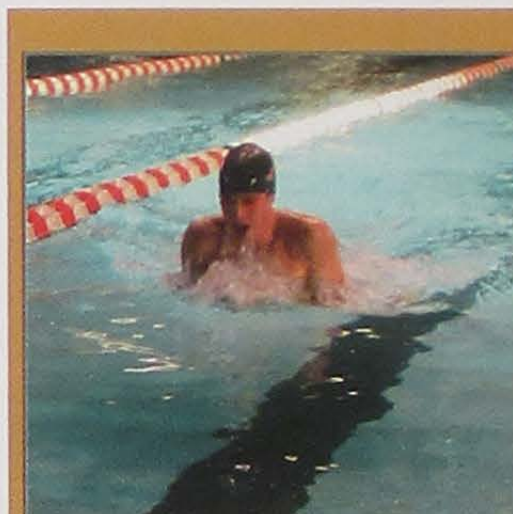
one of the unsung heroes of Ames High School. With numerous state placings and records set, these boys are truly the people to be proud of.



Slicing the Water: Flying out of the water for a quick breath, freshman **Will Rundle** hears the shouts of encouragement from his fans. (Photo by Libby Utesch)



Off the Block: Getting off to a good start, junior **John Stark** dives into the water with explosive power. Stark went on to win the race. (Photo by Libby Utesch)



Gasping For Air: Emerging for a quick breath, senior **C.J. Strehlow** finishes up his last 50 meters. (Photo by Libby Utesch)



Job Well Done: Congratulating a Valley swimmer on a nice try, senior **Bobby Sundvold** shakes his hand. (Photo by Libby)

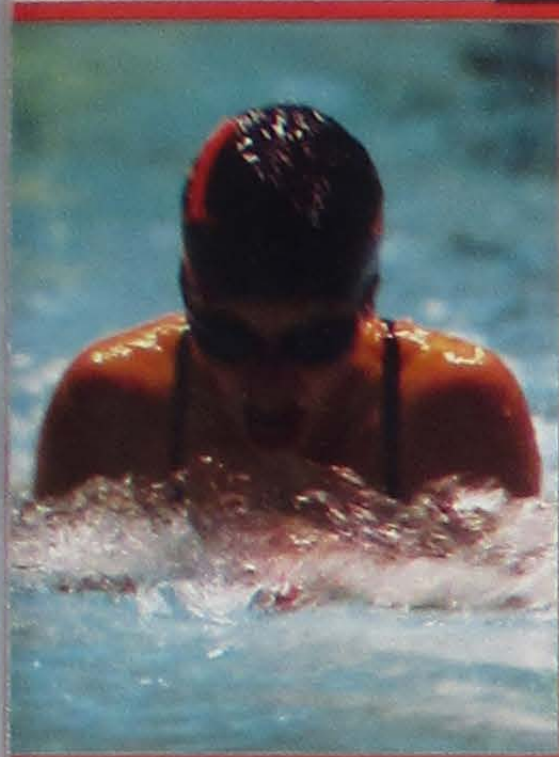
Row 1: David Hikcock, Andy Sannier, Stephen Bonnet, Zach Bridges, Will Rundle, Kyle Johnson, **Row 2:** Coach Vanmeter, Ross Hackerson, Conrad Luecke, Dan Alexander, Ken Zuerner, Eric Bierwagon, Ben Scallon, Lucas Erickson, Dan Chrusciel, Karl Hamouche, **Row 3:** Coach Flannery, Kurtis Jones, Robert Koehler, Ege Inanc, Michael Herriges, Jared Downard, Justin Gilger, John Herriges, John Stark, **Row 4:** Josh Peterson, Tommy Strehlow, Joe Wiedemeier, Asaf Vaknin, Danny Lizaso, Scott Mettillie, Aaron Lenhoff, Drew Robinson, Rob Vidimos, **Row 5:** C.J. Strehlow, Micheal Shriver, Luke Peterson, Mark Hennager, Rob Acker, Carmi Spicer, Robert Chang, Kaci Chandra, Kyle Downard, Bobby Sundvold



Heads Up: Dominating the competition, junior **John Stark** swims in the 100 meter breaststroke. (Photo by Libby Utesch)

	Us	Them
S.E. Polk	60	31
Johnston	103	67
Boone	110	60
Dowling	109	61
Valley	87	83
Mason City	103	64
Ft. Dodge	106	63





Making a Splash: Taking a breath between strokes sophomore **Kristine Kearney** aims for a big finish. (Photo by Rob Acker)

	Us	Them
S.E. Polk	112	72
Dowling	73	112
Marshalltown	82	104
Valley	69	117
Boone	105	81
Mason City	103	80
Fort Dodge	107	71

Aquatic Existence: Spreading her metaphoric wings, senior **Sarah Spencer** emerges from the cocoon of pool-like resistance. (Photo by Rob Acker)



Happy Hawley-days: Focusing all her energy into the task at hand, junior **Trisha Hawley** nears the wall where cheering fans await. (Photo by Libby Utesch)



Swimmers work together to achieve common goal Creating Unbreakable Bonds, Girls Swimmers Have Great Season

After a long and tiring summer filled with days by the pool, many are happy to escape the effects of chlorine. However, despite the lingering smell, members of the Ames High girls swimming team wouldn't trade in their suits for anything.

Unbreakable bonds formed through the support the girls offered each other during after-school practices, early mornings, and meets. "Early morning practices were really hard," freshman Joanna Eggert said. "They really forced us to bond together."

Along with the cheers they say before each meet, the cheesy slogan, "Together everyone achieves more" truly does apply to girl's swimming and the motivation they supplied to their lane buddies. "It was a lot of fun to get together with my fellow lane buddies to make t-shirts," freshman Erica Bjorklund said. "We had a lot of laughs."

Even through the tough moments of swimming, the girls know that they will have an entire team of girls looking out for them and cheering them on.



Dive In!: Eagerly anticipating the starting buzzer, junior **Emily Janssen** concentrates on the task ahead of her. (Photo by Libby Utesch)

Freestylin': Stretching for the finish, sophomore **Kristin Geiger** works to perfect her stroke. (Photo by Libby Utesch)



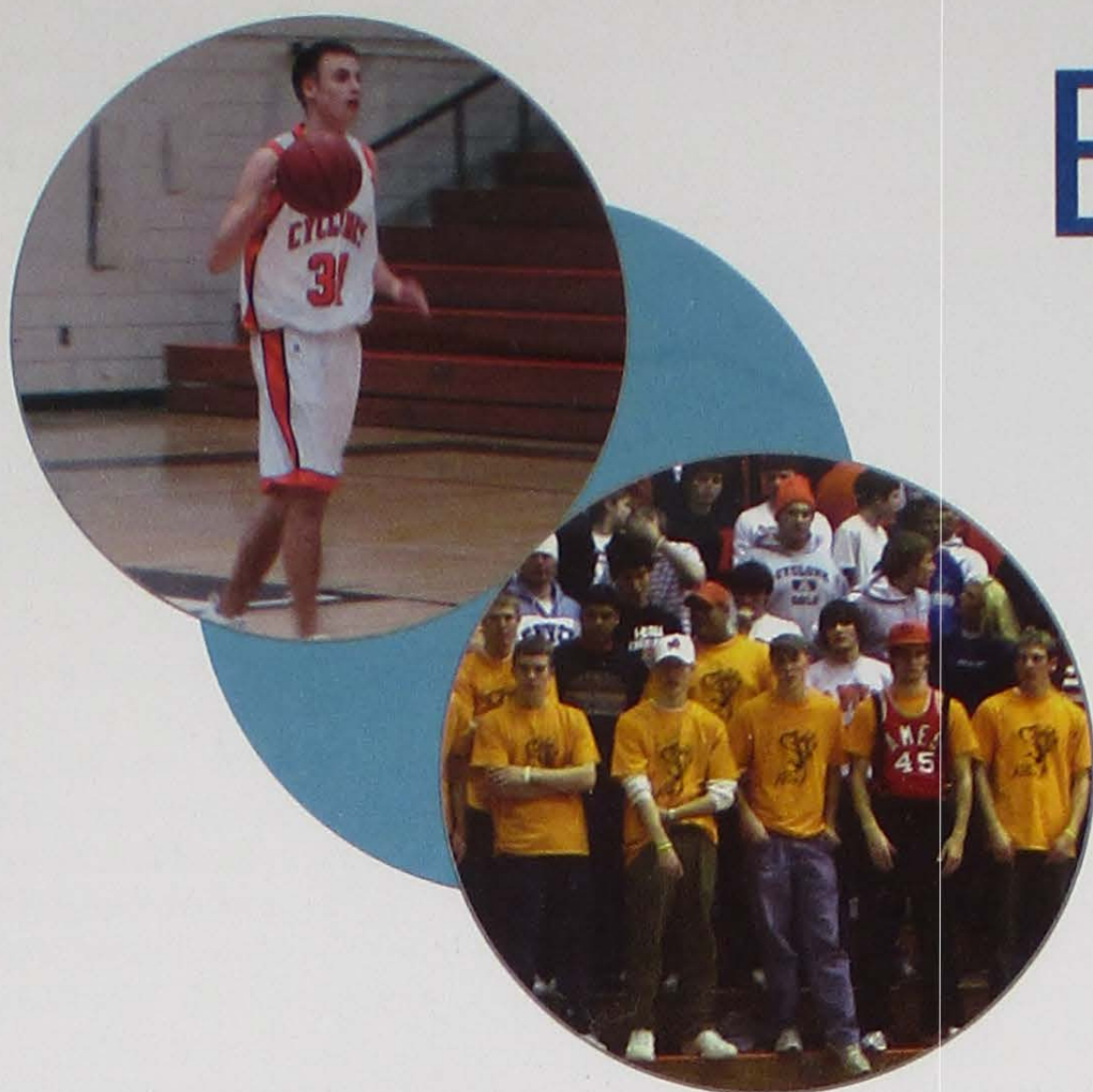
Back in Business: Fighting for the big win, senior **Sarah Spencer** cuts through the water to the finish line. (Photo by Libby Utesch)



Row 1: A. Bertelsen, M. Pirog, C. Glatz, L. Utesch, J. Vu, E. Chrusicel, S. Spencer, M. Lueke, C. Crandall, Row 2: C. Tebben, T. Hawley, S. Enloe, E. Jansen, K. Bierwagen, A. Cho, L. Thorgaard, J. Magnusson, K. Matters, A. Scoles, C. Wierson, K. Rohrsen, Row 3: Coach VanMeter, N. Hoskins, C. Harrington, R. Bovinette, C. Larson, K. Kearney, L. Grant, A. Dye, A. Wandling, A. Dekkers, K. Geiger, E. Cohea, Row 4: K. Warning, K. Ranney, M. Cummings, C. Skinnyi, S. Chandra, M. Garasky, T. Godfrey, E. Bjorklund, C. Salsbury, J. Eggert, D. Kraus, N. Deam, E. Roth, H. Dougherty, L. Naeve, A. Carswell, A. Herrick, M. Sornsen, Coach Fangman



Boys Basketball

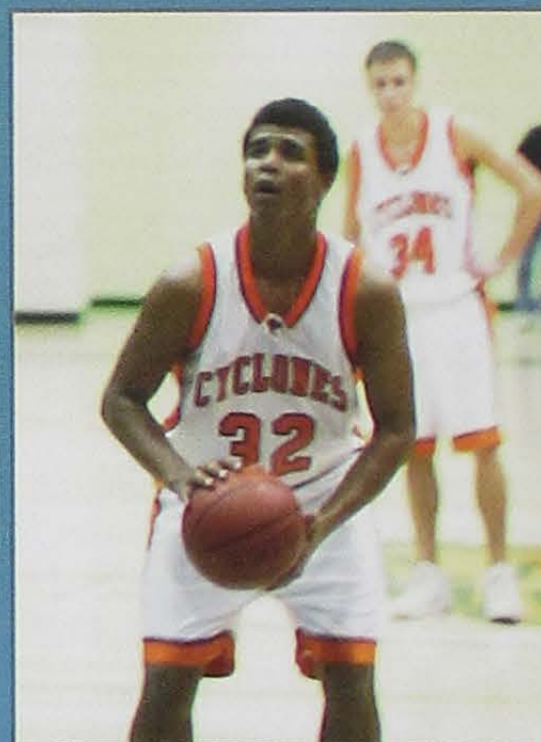
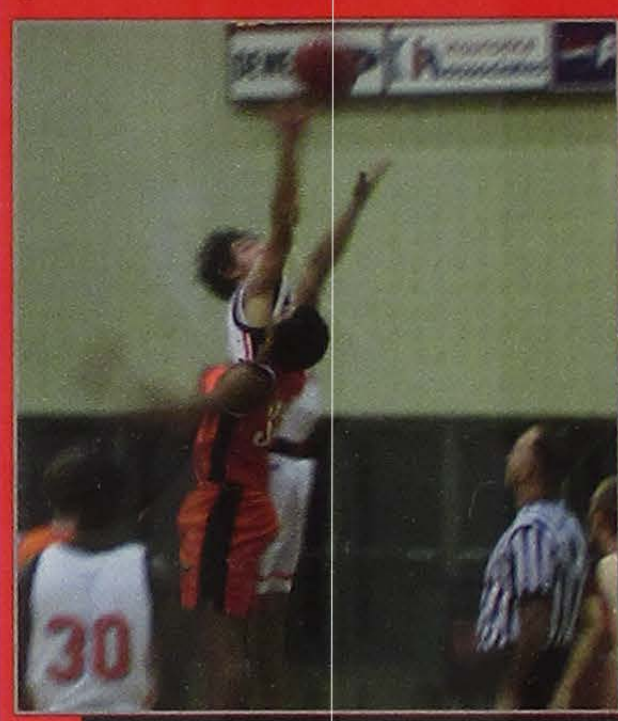


Trigger Man- Looking to trigger the offense from the top of the key, senior **Ross Marsden** looks for a cutter across the lane. Marsden's rare combination of height and agility gave him the edge over almost every opponent, creating matchup problems both in post and facing up on the wing. His leadership was a key factor in the team's succesful season. (Photo by Libby Utesch)



D-Fence- Fighting against exhaustion, seniors **James Teas** and **Erik Bunker** and Junior **Nick Litwiller** set up their defense in a home game against the Lincoln Rail Splitters. (photo by Libby Utesch)

Get Together, Ames!- Jumping to pull down a rebound, junior **Austen Arnaud** fights to keep the play alive. (photo by L. Utesch)



Shoot! Score!- Setting himself for a free throw, junior **Austen Arnaud** scores a crucial point for the Cyclones. (photo by Libby Utesch)

Varsity Boys	Us	Them
S.E. Polk	67	57
Urbandale	51	49
D.M. Lincoln	43	45
Newton	63	47
Waukee	55	36
Valley	50	45
D.M. North	71	67
Mason City	68	47
Fort Dodge	65	53
D.M. East	61	58
Marshalltown	44	46
Newton	61	45
Valley	50	44
Mason City	41	36
Dowling	54	58
Fort Dodge	80	70
Ankeny	73	64
Marshalltown	54	49
Indianola	65	57

The Storm

Story by Olivia Langenberg

Ames High Boys take pride in regular season

The Varsity basketball squad are a very small group with a huge fan club. This team of 14 boys was supported at all their games by the dedicated group of students called the Storm. They regularly packed out the gym as they never failed to entertain and inspire with their talent and heart.

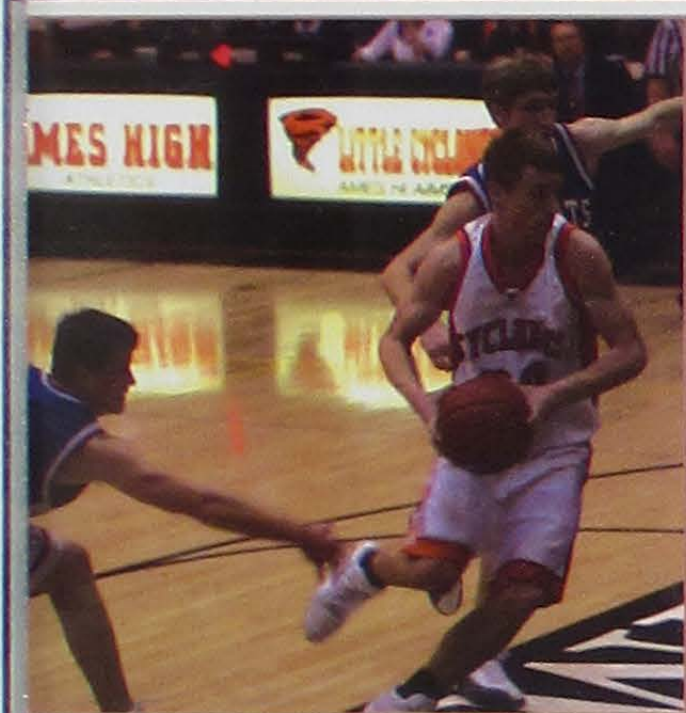
The team was led this season by seniors Ross Marsden, James Teas, Brandon Sidles, David Muehe, Hank Wiersen, and Eric Bunker. This year's winning season was filled with many memorable games. The first time Ames challenged Marshalltown, they did not have the advantage of being at home. Ames lost the game when they failed to score at the last second. Later in the season, Marshalltown came to Ames to play again. By this time, Ames had improved, and they demolished the Bobcats, exacting a sweet revenge. With a successful regular season, the Little Cyclones played the Ankeny Hawks at home in the

district game. Over the course of the game, Ames began slipping further and further behind until they were eventually defeated 67-52. "This wasn't exactly what we were hoping the season would end up like, but I think we still did well," junior **Ryan Catus** said. "Although it would have been a great experience to go to state, we worked pretty well together as a team this season." All in all, it was a successful season and everyone looks ahead to next year.

ty Up The Points- Dodging opponents left and right, freshman **Ben Cotton** strains to get the ball in the hoop. Despite the distractions offered by the other team, Cotton was able to make the shot. The freshmen made drastic improvements from the beginning of the season. It was teamwork, determination, and a positive attitude that made the freshmen team a success this season. (Photo by Libby Utesch)



Valley Loses Again!- Grazing the head of a Valley player, senior **James Teas** passes the ball to an open teammate. Ames defeated Valley twice this season. The first Valley upset was an embarrassment in their own court. The second Cyclone victory was a home game for the Cyclones. (Photo by Libby Utesch)



Watch Me If You Can- Splitting two Bobcats defenders, junior **Ryan Catus** slips in for an easy layup during the home game in which the Cyclones demolished Marshallton. (photo by Ben Barclay)

A M E S H I G H



Shout!- Showing their Cyclone spirit, juniors **N. Greving** and **B. Weiss**, sophomore **B. Nelson**, and seniors **B. Lee** and **R. Wagner** cheer on the varsity team. (photo by Ben Barclay)

B A S K E T B A L L



Who's Open?!- Desperately searching for an open teammate, junior **Jordan Gilmore** tries to reset the offense against the Bobcats. (photo by Ben Barclay)



Row 1 - **Ryan Catus**, **David Muehe**, **Chris Voss**, **Hank Wierson**, **James Teas**, **Bryan Larson**

Row 2 - **Michael Lee**, **Jordan Gilmore**, **Josh Beckman**, **Ross Marsden**, **Brandon Sidles**, **Austin Arnaud**, **Nick Litwiller**, **Erik Bunker**



Girls Basketball

Story by Olivia Langenberg

Girls team succeeds in regular season, assistant coach Chuck Stevens says

This year's girls basketball team brought a lot of excitement to Ames High by qualifying for the 2004-2005 state. While they lost in the first round, it was still exciting to close the year at Vet's.

"The team this year is a very hard working, dedicated group," assistant coach Chuck Stevens said about the girls varsity team this year. "We weren't sure what to expect of them this season."

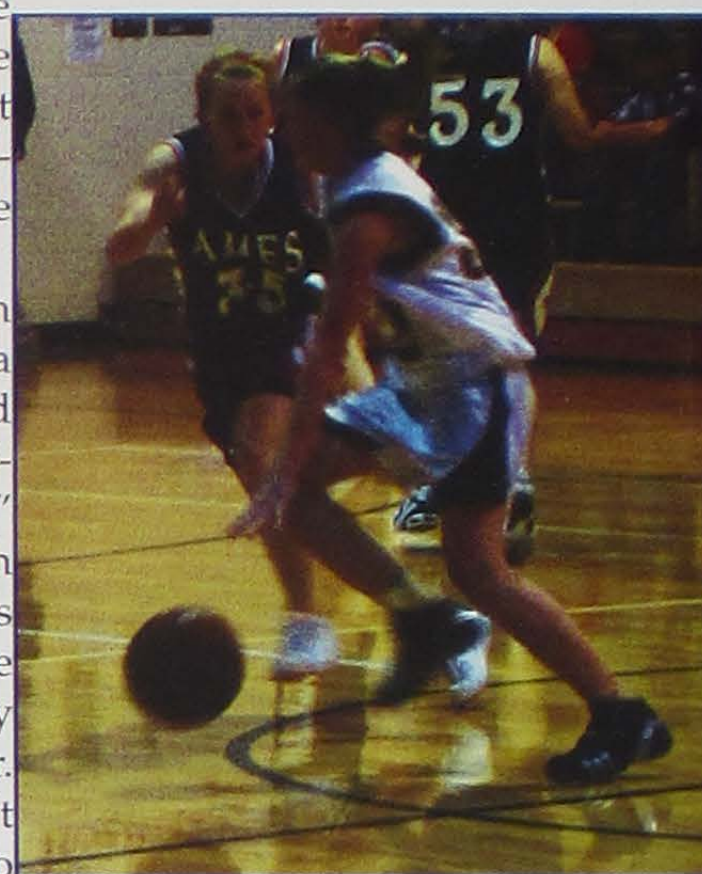
With only two girls coming back who played

significant minutes last year, the sophomores had to try to blend in with the juniors and seniors.

"It took them a while to get used to the demands that are needed at the varsity level. I think they have figured out now what it takes to compete at a high level in our tough conference," Coach Stevens said.

Sophomore Jenna Jensen is one of the sophomores that played both varsity and JV this season. "It was a great experience to get to play varsity this year. Even though I didn't get to play at every game, it was definitely different than JV, even at practice," Jensen said. "Basketball pretty much rocks my socks because of all the new friends I have made."

Head coach Joel Sullivan and assistant coach Chuck Stevens both feel good about the 2004-2005 season. "Our motto this year was 'No Excuses!' We thought this was fitting for this team because we are so inexperienced and have such a young team," Stevens explained. "Also, our three year letter winner got hurt right



Take the Ball Away! - Stepping up to the varsity level, sophomore Jenna Jensen attempts to steal the ball from the Rams. Jensen played on both the JV and Varsity teams. (Photo by Olivia Langenberg)

before the season even started. We didn't want to use those as excuses or crutches if things didn't go as well as we had planned."

The season didn't start out very well, but once the team started to get to know each other better on the court, their success changed. By the time they beat Fort Dodge in the first conference game, they felt they had a good handle on things.

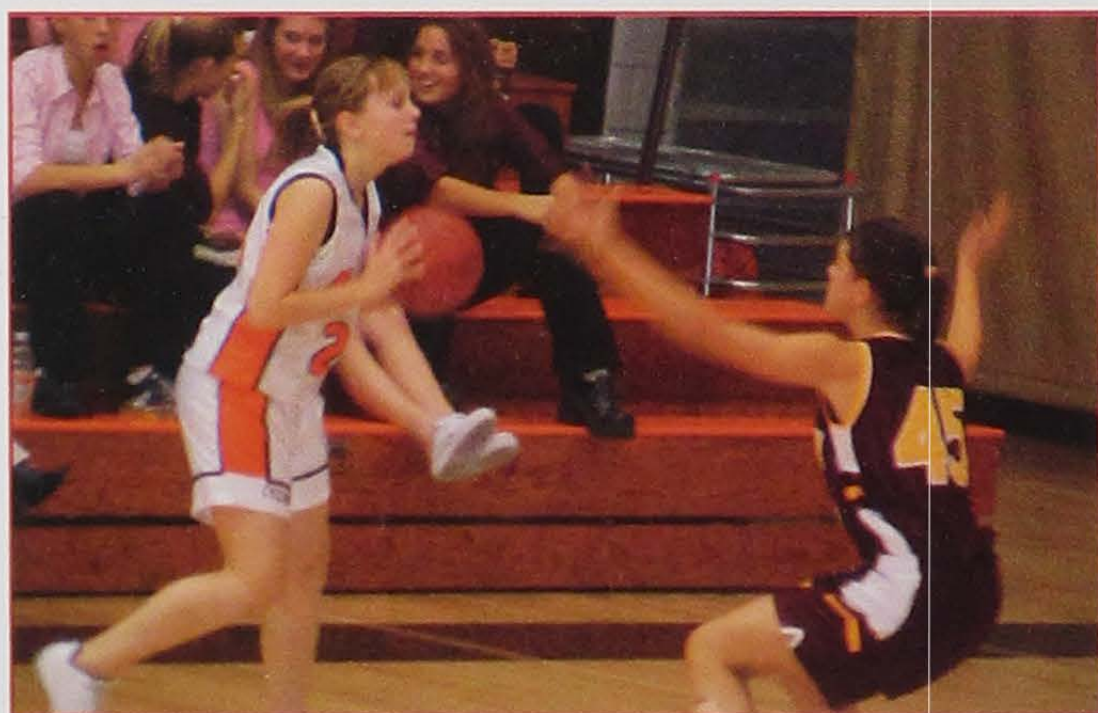
"I think all of the girls now understand what all of the hard work was for. They see the big prize is right there for the taking," Stevens said.

Both Stevens and Sullivan went on to commend the girls for their positive attitudes, hard work, and determination that made this season a success.



Squeeze the Pill - Pivoting past her defender, Junior Marissa Banks turns and scores. (photo by E. Cohea)

Varsity Girls	Us	Them
Ankeny	32	54
Indianola	64	62
S. E. Polk	56	34
Urbandale	51	35
Hoover	60	56
D.M. Lincoln	57	50
Newton	52	38
Pella	42	50
Valley	39	50
D.M. North	54	38
Mason City	26	56
D.M. East	44	48
Fort Dodge	37	60
Dowling	42	52
Marshalltown	47	39
Johnston	48	59
Newton	46	25
Valley	37	40
Mason City	65	38

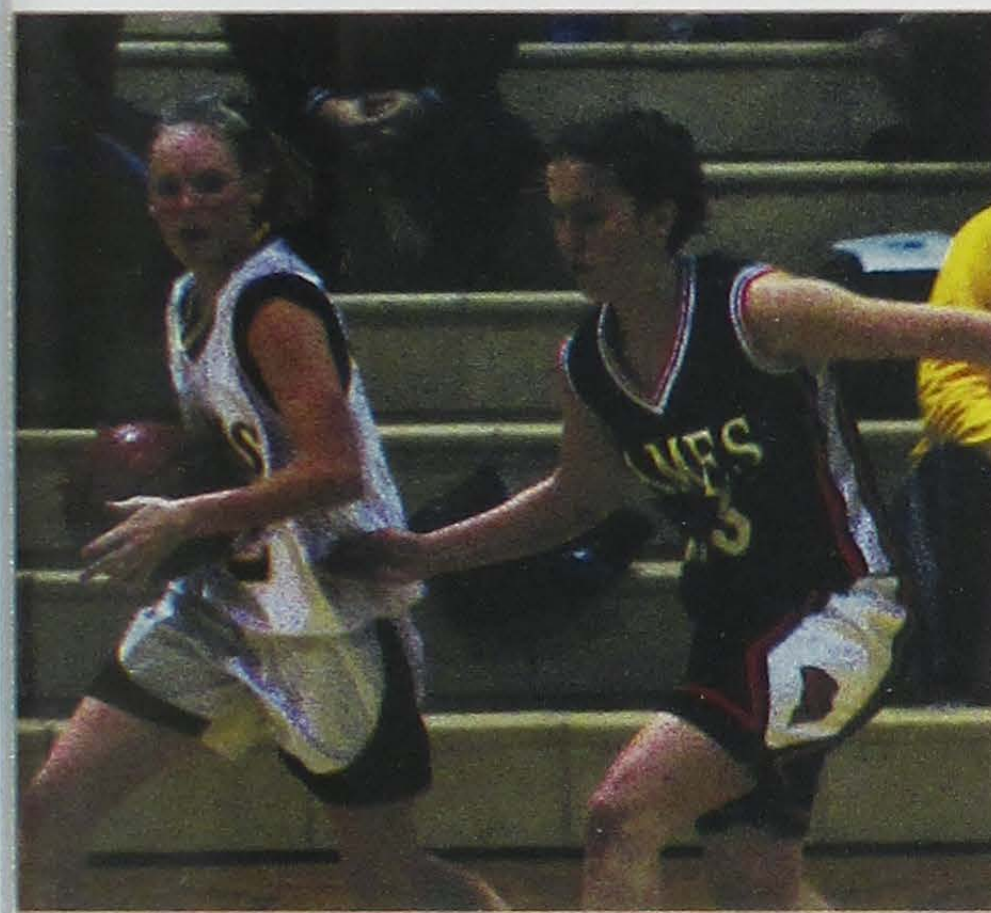


Move Dat Thang - Swinging the ball on the perimeter, sophomore Amy Hamilton looks for an open shooter. Ames went on to upset the #4 Railsplitters by the score of 57-50. (Photo By Miranda Eness)

Swoop! - Sweeping down like a hawk, freshman **Katie Marsden** recovers the ball. After regaining possession, Marsden passed to an open teammate for the easy lay-in. The Cyclones fell to Dowling at home, but the loss rallied the team and motivated them to work even harder to finish the season strong. (photo by Britta Mennecke)



JUMP! JUMP! - Rebounding the ball, sophomore **Natalie Hashemi-Toroghi** blows by a Lincoln defender in the JV game against the Rail-splitters. The Cyclones posted an impressive win on the home court. (photo by Libby Utesch)



Ruin the Rams - Forcing the ball-carrier baseline, senior **Rachael Cox** defends against a slashing guard. The Cyclones went on to demolish the Rams by over 20 points in what proved to be one their more lopsided wins of the season. (Photo by Olivia Langenberg)

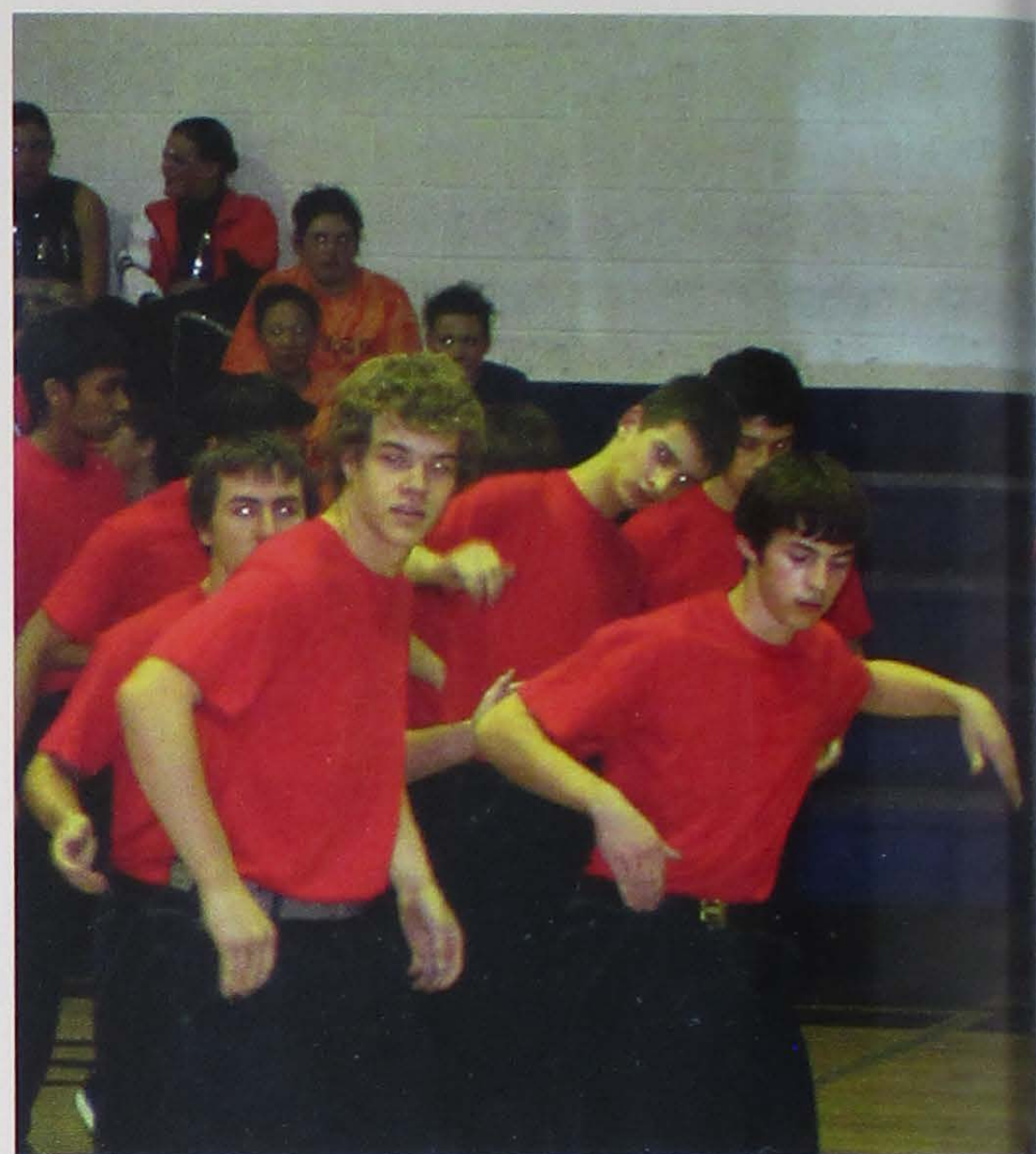


B-A-S-K-E-T! - Shooting a free throw, sophomore **Meghan Hackerson** attempts to add another point to the Cyclones. Hackerson made the shot, putting more pressure on the defense by reminding them our girls are more than capable of earning it from the charity stripe. (photo by Elizabeth Cohea)



Varsity Team Picture -
Row 1 - Melissa Heitzman, Renee Nesbitt, Maria Fabiosa, Jenna Jensen, Amy Hamilton, Trisha Stubbs.
Row 2 - Marissa Banks, Katie Kramer, Chelsea Johnson, Beth Bystrom, Jane Strand.
Row 3 - Megaen Hackerson, Rachel Cox, Coach Joel Sullivan, Assistant coach Chuck Stevens, Megan Kerns, Alexa McGrory.

Drill Team



You Go, Boy!- Strutting their stuff during a competition at Eagle Grove, the Ames all-male squad captures the female audience's hearts. All-male routines are a favorite among girl dancers, who sometimes scream so loud the music can't even be heard. This routine, based on a mix of songs with a jump theme, placed first at Eagle Grove and second at State. (Photo by Libby Utesch)



Hip Hoppin'- Competing their hip hop dance at State, drill teamers perform "Iowa style." (Photo by Rachel Nesbitt)

Universal Language- Finishing their Sesame Street routine, these dancers use sign language to communicate with all members of the audience. (Photo by Rachel Nesbitt)



Row 1- Chasity Taylor, Ricki Baker, Abby Gaul, Allison Vigoya, Kaylyn Clark, Libby Utesch, Melanie Wanzek, Jennie Bean, Amanda Keller, Judy Awonyi, **Row 2-** Melissa Baughman, Emily Kawaler, Connie Sikinyi, Rachel Thompson, Jasmine Chen, McKenzie Dohrman, Emily Davenport, Allison Basilinski, Lauren Naeve, **Row 3-** Emily Drapal, Larissa Jones, Lauren Dixon, Mashette Syrkin-Nicolau, Mallory Sornsen, Katie Lundstrum, Annie Scoles, Alyssa Rasmussen, Paige Olsen, **Row 4-** Anne Wilson, Shannon Riscius, Nicole Kerns, Katie Linduska, Chelsea Jensen, Lydia Lowry, Ginny McCalmont, Coach Sarah Buss



DT adds five state trophies to their collection

Ames High Drill Team Has Another Successful Year

Although Drill Team is considered a winter sport, an entire year of dedication and hard work is required for those who are lucky enough to make the cut.

Drill Team has the highest cut rate out of all the sports at Ames High. Following a stressful week of spring tryouts, fund-raising and summer practices start all too soon.

The end of school brings the beginning of summer practices, and the team begins working on their first routines. This summer the chosen two were Pom to Devil in a "Blue Dress" for the gold squad, and back to "Say Goodbye" for the silver

squad. These routines were competed at the summer camps the squads attended.

Once the school year began the team learned the remaining seven routines, Jazz, Hip-Hop, Lyrical, Novelty, Show Production, Coed, and All Male.

After the difficult learning

professionals to come critique the routines. Each dance was picked apart count by count until the team felt confident for their performance at State on December 3rd.

The State competition, one of the biggest events of the season, was very successful for the team this year. The gold squad's hip hop routine was one of the judge's favorite routines of the day and also received third place. The silver squad placed in lyrical for the fourth year in a row.



Buns of Steel- Tightly securing junior **Chelsea Jensen's** bun, senior **Ricki Baker** concentrates on this difficult task. Buns are a must for any competition, and Baker is considered the Drill Team queen of them. (Photo by Libby Utesch)

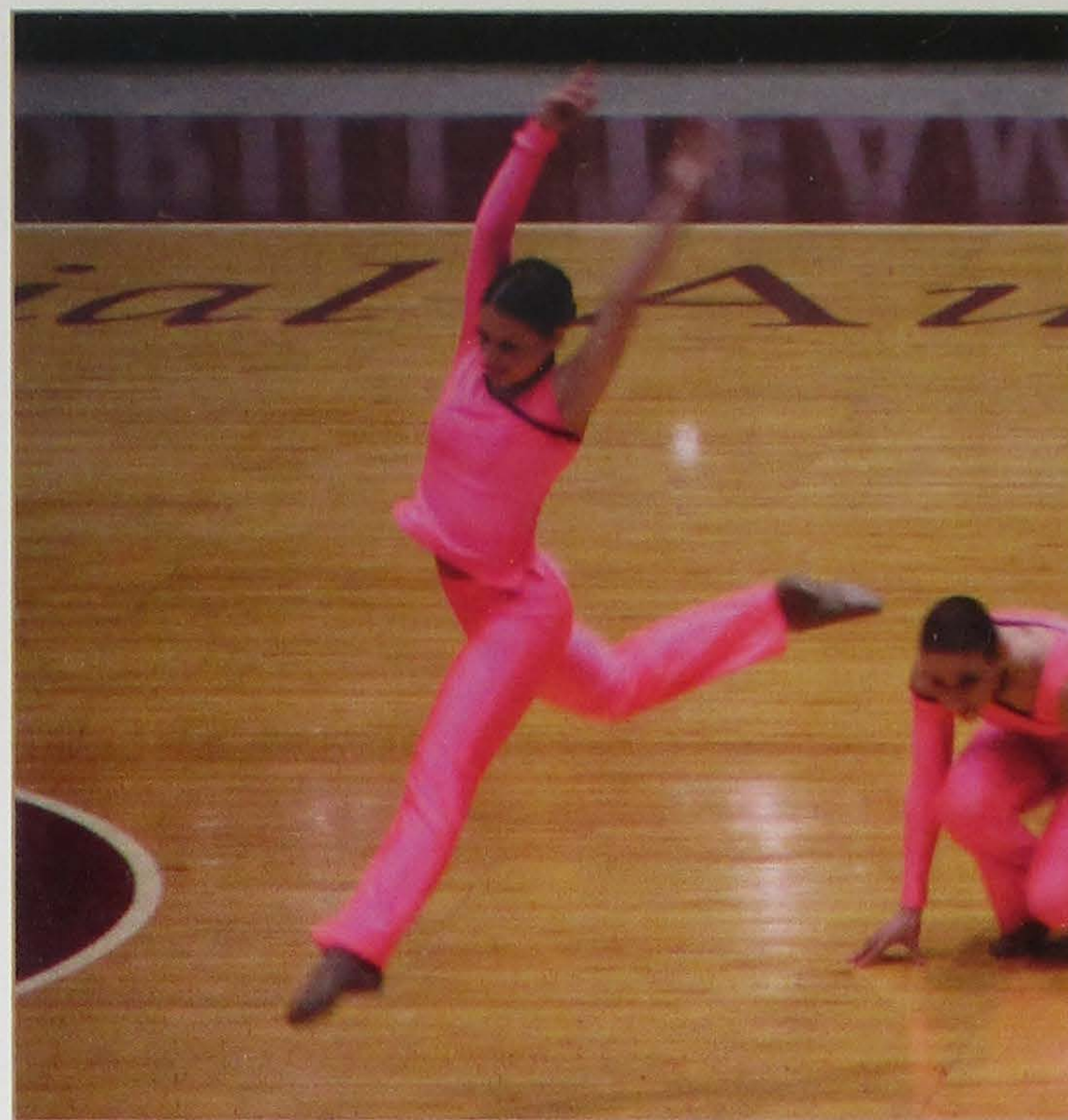
A new experience for the Drill Team this year was being invited to perform at a Minnesota Timberwolves game.

Before the evening performance, the team got to spend the entire day shopping at the Mall of America.

Although the Drill Team season never officially ends, the girls have bonded together through the long season of hard practices and fun times.



Devils in the Blue Dresses- Ending their Class 10 pom dance at State, the gold squad holds their final formation. The AHS Drill Team was divided into a gold and silver squad and alternated at basketball games. (Photo by Libby Utesch)



Leaping for Joy- Completing her leap during the State competition, freshman **Larissa Jones** finishes out her routine. Jones was the only freshman from the silver squad to compete at State. Overcoming rigorous tryouts and cuts, Jones was well prepared for the highly anticipated State. "The pink panther routine is the hardest for me because of all the difficult technique," Jones said. (Photo by Rachel Nesbitt)

Puppy Love- Posing with the Minnesota Timberwolves mascot, these girls celebrate a great performance. The Drill Team was invited to dance before the game and afterwards were able to meet Ames alumni, Fred Hoiberg. (Photo by Jennie Bean)

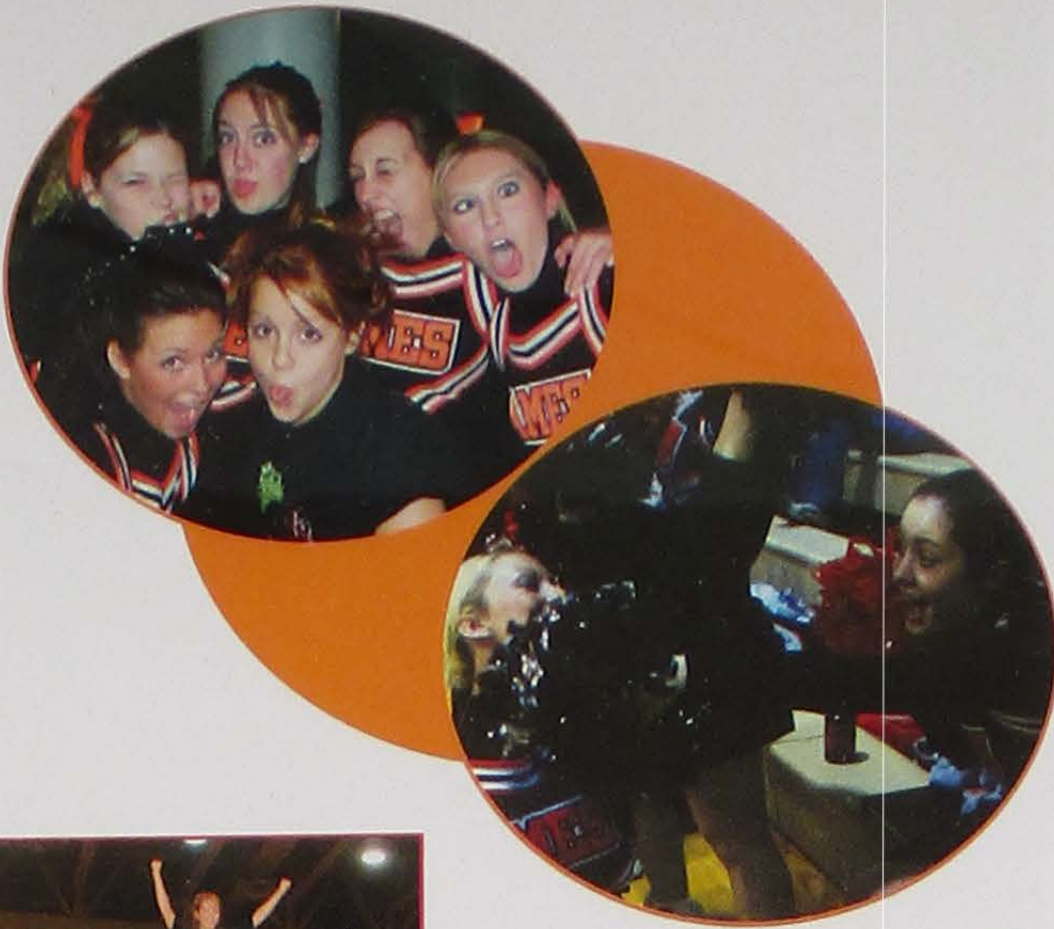


Orange Mafia- Squeezing onto the crowded floor at Vets, the Ames Drill team blows kisses to all their fans. (Photo by Libby Utesch)

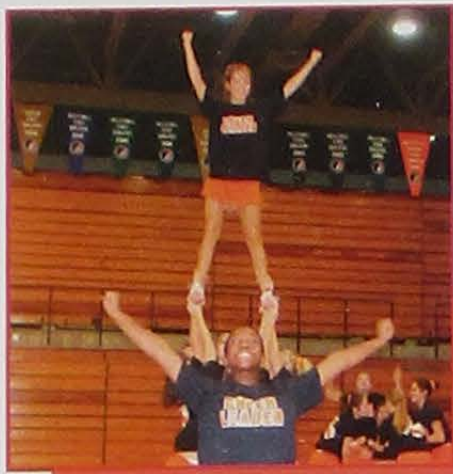


Acting Childish- Pulling pigtails during their Sesame Street routine, senior **Amanda Keller** gets into character. (Photo by Rachel Nesbitt)

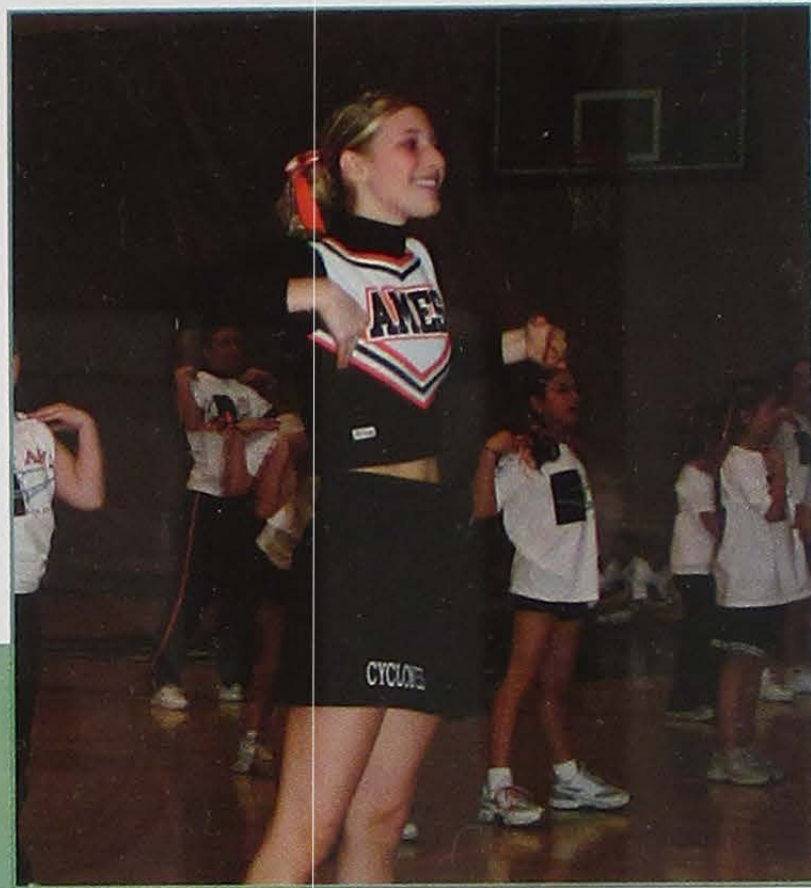
Winter Cheer



Freshman- Row 1: Elizabeth Erbes, Mackenzie Bells, Brittany Strickler, Becca Voss Row 2: Sarah Shin, Laura Pederson, Anna Carswell, Evy Amaya, Julia Hanson Row 3: Cherie Wandling, Stacy, Autumn Thompson.



I Believe I Can Fly Practicing as a flyer, junior **DeLesa Briseno** is thrown into the air by her squad. (Photo by Libby Utesch)



Young Grasshopper- Assisting the young cheerleaders, freshman **Mackenzie Bells** shows off her moves. (Photo by M. Eness)

Kick It Rich- Kicking off the Winter sports season, junior **Laura Rich** cheers at the assembly. (Photo by Libby Utesch)

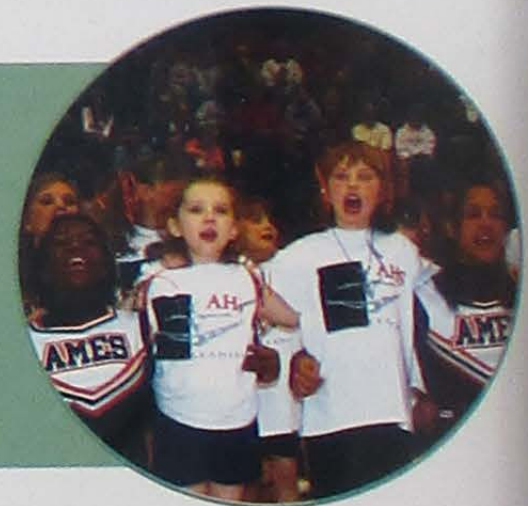


Go Team!- Cheer-ing on the team and pumping up the crowd, the Varsity Squad performs. (Photo by B. Barclay)



Sophomores- Row 1: Becky Kurr, Alison Loes, Kate Dunshee, Morgan McCormick, Tessa Matibag, Elaine Ertz, Row 2: Tanya Berguson, Caitlin Harrington, Stephanie Poffenberger, Maria Bersenev, Andrea Malerino, Row 3: Lizette Honojo, Alicia Wengert, Allyse Wandling, Louren Dougherty, Kristine Kearny, Brittany Borrill

Wax On, Wax On- Wising up the young girls, the freshman squad helps with the cheer program. (Photo by Rob Acker)



Work It- Becky Sidles, Shannon McCormick, Alex Budd, Rachel Townsend, and DeLesa Briseno pose. (Photo By M. Eness)



Varsity - Row 1: Holly Smith, Amber Sexton, Sarah Cram, Beth Casey, Kyra Knuth, Rebecca Park

Row 2: Ashly Mahan, Alex Budd, Miranda Eness, Chelsea Catrill, Candace Weis, Brianna Lelonek, Laura Clark

Row 3: Shannon McCormick, Olivia Langenberg, Becky Sidles, Emily Janssen, Ashley Finer, Dana Howell



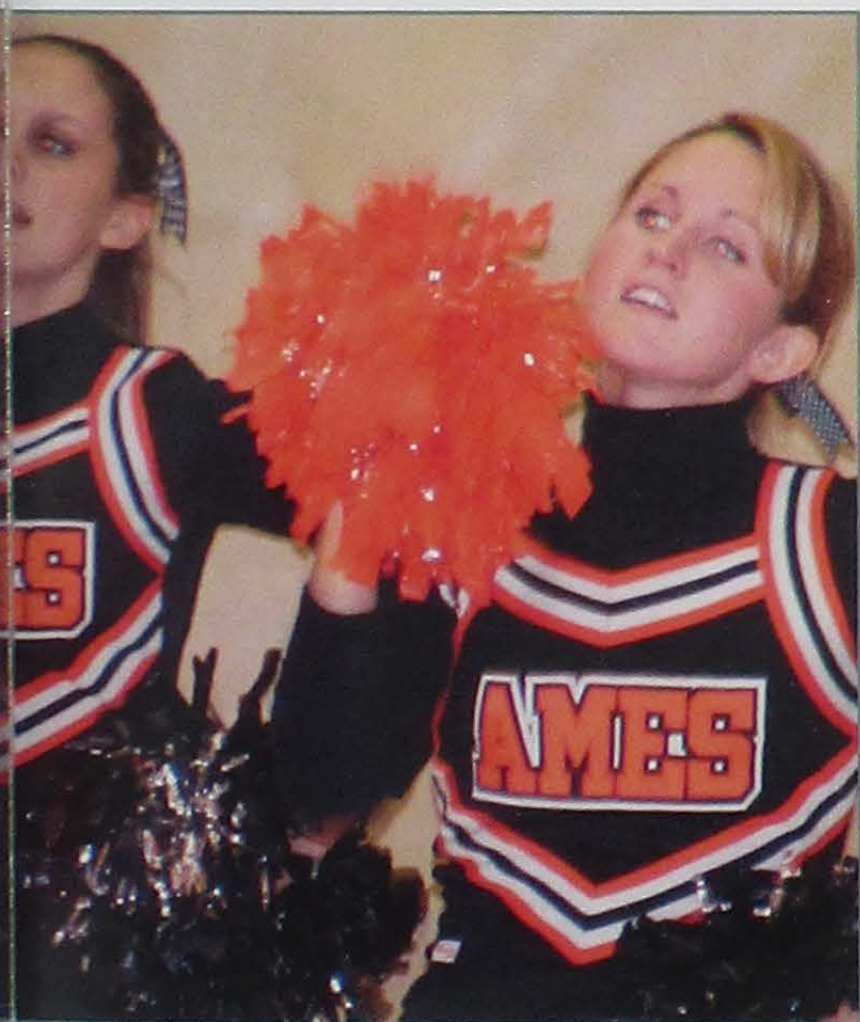
Time Machine-

Taking times at the swim meet, freshman **Brittany Strictler** fulfills her freshman cheer duties. (Photo by Elizabeth Cohea)

Girl Talk- Discussing the sweeters at Marshalltown, the cheer squad enjoys their time home. (Photo by Olivia Langenberg)



Full of spunk and animation, the Winter Cheer Squad has supported all of the winter sports to victory this year. They most certainly make the whole school aware when it's game day by their spirited uniforms and extra spirit to pump up the students. The Winter Cheer Squad work really tirelessly, practicing everyday for two hours to be able to perform their best at the games. An average workout included stretching, running, and lots of crunches and push-ups. After opening exercises, all of the cheerleaders split up into their more exclusive squads to run through and decide all of their cheers for the upcoming game. Practice was generally compared to the strenuous workouts of Basic Training for the United States Army and Marine Corp. When asked about 2005 Winter Cheerleading, junior, Alex Budd replied, "We work hard and have a lot of fun together, senior year will be awesome. The Navy Seals aint got nothing on us!"

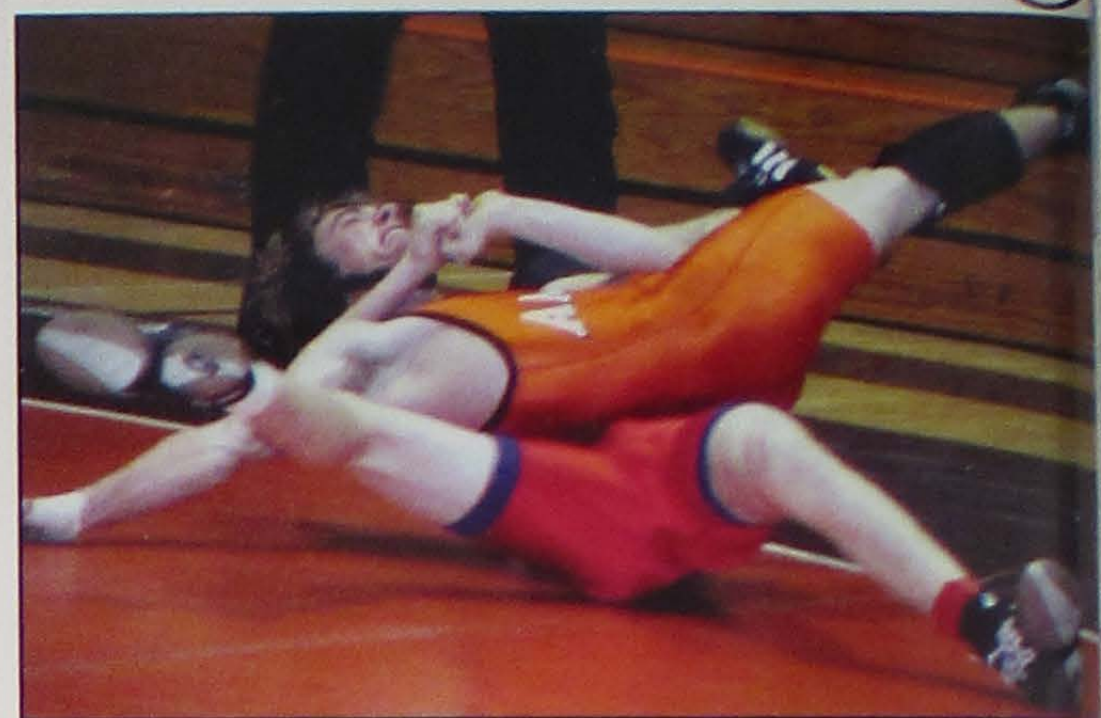


Go! Fight! Win!- Encouraging the Varsity basketball team, sophomore **Brianna Lelonek** and junior **Laura Rich** perform their classic "Get Together Ames!" (Photo by Libby Utesch)

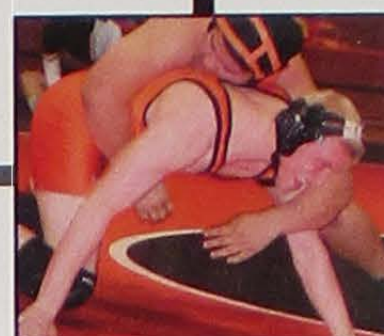
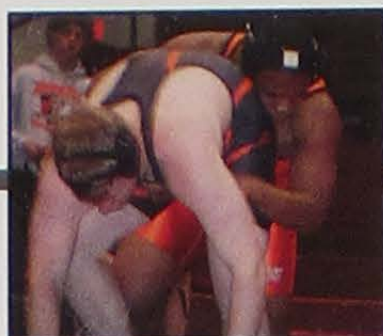
It Goes A Little Something Like This- Teaching the young girls the laws of cheerleading, sophomores **Alicia Wengert** and **Andrea Malerino** help the future cheerleaders at the annual Cheer Clinic. (Photo by Miranda Eness)



Wrestling

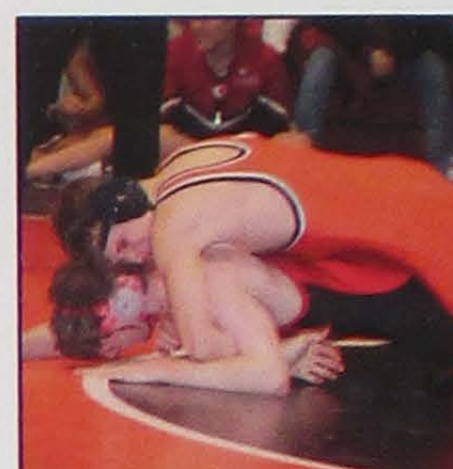


Half Nelson- Stuck in an awkward position, junior **Kyle Nelson** struggles to get out of his opponent's grasp. (Photo by Libby Utesch)

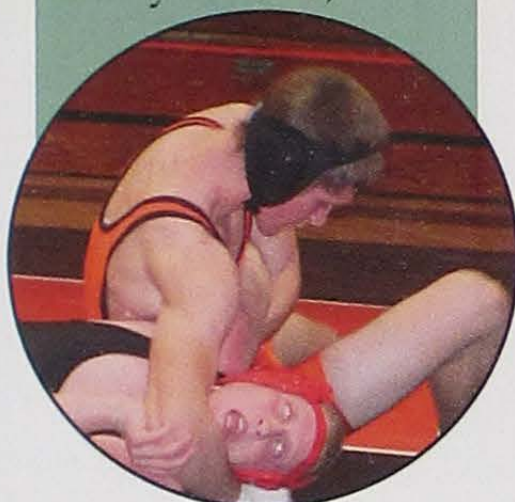


Choke Hold- Putting his opponent in a headlock, junior **Matt Stephenson** finishes off the match. (Photo by Libby Utesch)

Total Concentration- Focusing on defeating his rival, freshman **Riley Wendt** goes for the take down. (Photo by Libby Utesch)



Bear Hug- Embracing his enemy, senior **Andreas Thomson** sets a positive example for the young ones in the crowd. (Photo by Libby Utesch)



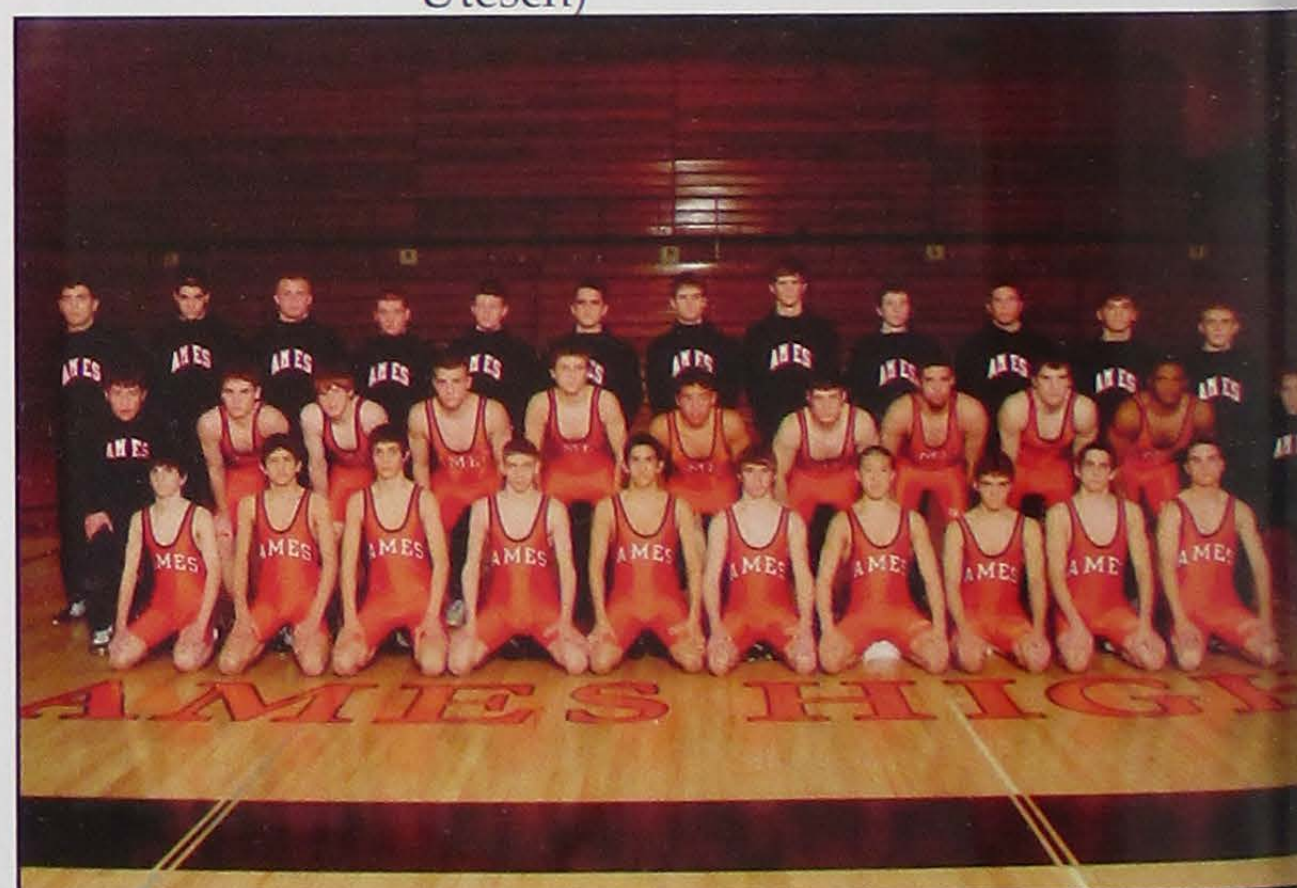
A Walk To Remember- Walking with his parents, senior **Cliff Corley** enjoys wrestling senior night. (Photo by Libby Utesch)



Breaking Under Pressure- Twisting the competition's arm into submission, junior **Greg Thompson** dominates the match. (Photo by Libby Utesch)

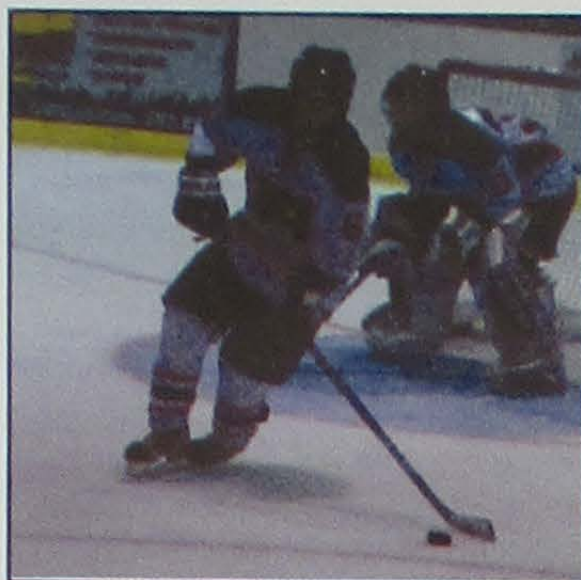


Whoever said that the bond of blood is thicker than water never witnessed the Ames High Wrestling Team's bond through sweat. Countless hours in the wrestling room in thick clothes and ninety degree temperature really makes a team grow closer. Even though only one member made it to State, senior Joey DeMarie, the rest of the team continued to practice with him and journeyed over land and sea to Des Moines to cheer him on. DeMarie won his first match but lost his second match. In a consolation match, DeMarie almost defeated his opponent, losing by only three points. Although wrestling is a one on one sport, the score depends on the combined efforts of the whole team. The bonds of sweat significantly helped the Ames High Wrestling team through a difficult season and brought them much success.



Row 1: Nick Schroeder, Patrick Snell, Luke Stephenson, Daniel Voss, Augusto Cana, Kyle Nelson, Justin Chang, Jacob Johnson, Joey DeMarie, Tyler Anderson **Row 2:** Jam, Wendt, Tyler Lewis, Nolan Currie, Cliff Corley, Joe Klinkel, Lee Wilkins, Bob Schli, man, Andy Neff, Taylor Knight, Brian Jones, Reily Wendt **Row 3:** Matt McPhail, A. Olinger, Daniel Kinker, Ross Blumer, Brock Vosberg, Keenen Clapp, Joe Thompson, Matt Stephenson, Greg Thompson, Daniel Brown, Andreas Thomson, Dave Tap

Hockey



Close Call- Lending a helping hand to senior goalie **Tom Elston**, Roland-Story's **Mike Scebold** helps prevent a goal. (Photo by John Gilarski)



Keep Your Eyes On the Puck- Concentrating on the whereabouts of the puck, sophomore **Scott Dillavou** plays stellar defense. (Photo by John Gilarski)

Although hockey is too dangerous and expensive to be technically sponsored by the school, the Ames High hockey team receives a lot of support from fellow students and fans. Any opportunity the Ames student body gets to watch people be slammed mercilessly into a plate of glass is eagerly taken advantage of. However the technical aspects of the sophisticated sport of hockey are little known amongst the hordes of fans. Even though the fans don't understand the details, the Ames high fans know to scream when the puck flies into the opponents net. This year, with a killer offense and an unstoppable defense complimented by the amazing goalie skills of senior **Tommy Elston**, the team qualified for the highly prestigious state tournament. The first round was held in Kansas City. The Ames hockey team was defeated, but only after putting up a glorious fight.



Be the Puck- Preparing himself for the game, senior **Tom Elston** visualizes a victory. (Photo by John Gilarski)

Put Me in Coach- Anxiously waiting a chance at the other team, these fighters wait for a substitution. (Photo by John Gilarski)



I'm Open! Supporting a teammate, senior **Kevin Woodward** finds undefended ice. (Photo by John Gilarski)



Fast Break- Executing a 2-on-1 fast break perfectly junior **Abe Valdez** and sophomore **Scott Dillavou** fly by the defender. (Photo by John Gilarski)



Row 1: Alex Kuuttila, Austin Hennesey, D.J. Stickfort, Trent Heithoff, Kevin Woodward, Adam Weber, Mike Scebold, Matt Polito **Row 2:** Tom Elston, Mark Graeve, Brendon Babcock, Sam Knosby, Tim Shafer, Alex Jarnagin, Shawn McClain, Robbie Hable, Mike Owen, Scott Dillavou, Aaron Mostrom **Row 3:** Coach Moore, Coach Newman, Sean Byrnes, Chad Ziebol, Andy Hunziker, Abraham Valadez, Jordan Cooper, Travis Heithoff, Nick Tapp, Brady White, Jon Feigl, Coach Rose, Coach Kidd

I-BALL!!!!!!!!!!!!



Boys J/S- Row 1: Greg Hunter, Lucas Warth, Mark Hennager, Jon Nau, Peter McCuskey Row 2: David Muehe, Ross Marsden, Todd Mauer, Ryan Adams, Ben Ertz, Rob Acker (Photo by Libby Utesch)



I'm Open- Attempting to get ahold of the ball, junior **Andy Wass** and senior **Louis Ng** battle for the ball. (Photo by L. Utesch)

Boys F/S - Row 1: J. Downard Row 2: D. Haugo, T. Dempsey, S. Fennelly, J. Gleason, W. Rebarcak, K. Talbot Row 3: A. Maahs, J. Thompson (Photo by L. Utesch)



Sittin' Around- Watching the team before them, the Shooters wait for their turn to dominate the court. (Photo by Libby Utesch)

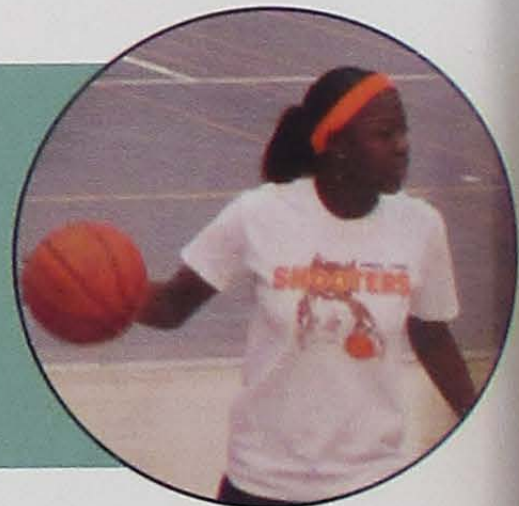


Mmm...Pancake Thinking on the sidelines, seniors, Lucas Warth, Greg Hunter and Rob Acker wait for their team. (Photo by L. Utesch)

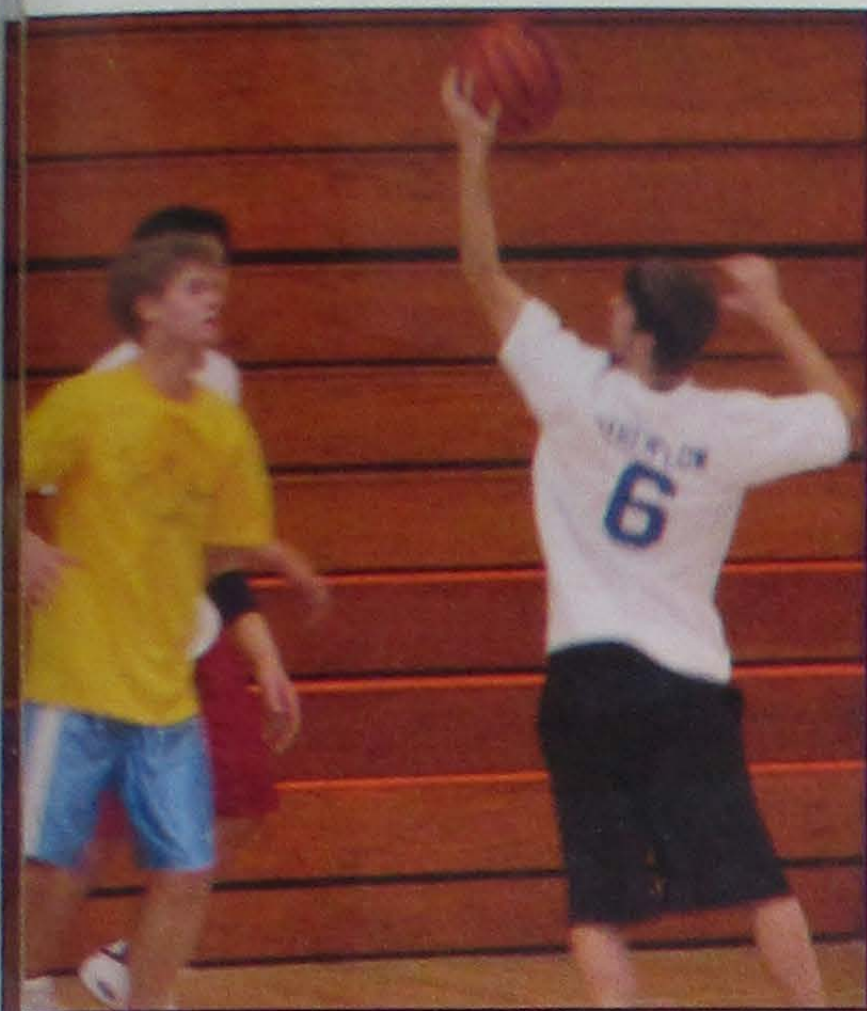


Girls J/S- Row 1: Joy Awonyi Row 2: L. Rich, E. Kawaler, A. Rassmasun, A. Metzger, L. Thorgaard Row 3: A. Scoles, K. Knutson, R. Davis, L. McGowen, C. Wierson, M. Kluesner, M. Fabiosa Row 4: M. Banks, K. Kramer, L. Weible, L. Ackerman, D. Benneet, J. Palo, C. Mosely, M. Schelpler, K. Johnson. (Photo by Olivia Langenberg)

All Star- Dribbling down the court, junior **Jessi Palo** looks for open teammates. (Photo by Olivia Langenberg)



Sink It- Shooting a free throw, senior **Christy Tim** scores some easy points after being fouled. (Photo by Libby Utesch)



Volleyball?- Confused by which game he is in, senior **CJ Strehlow** attempts to spike the basketball into the face of his defender, junior **Chuck Cleary**. (Photo by Libby Utesch)



Holy Cow-Playing tough defense, senior **Mark Hennager** guards fellow senior **Bobby Sundvold**. The game may have been won on account of the Lumberjacks' hot uniforms. (Photo by Libby Utesch)



Team Meeting- Discussing new moves for the game, junior girls team **Pink Panthers** carefully explains their plan of attack as they aim for a victory. (Photo by Olivia Langenberg)

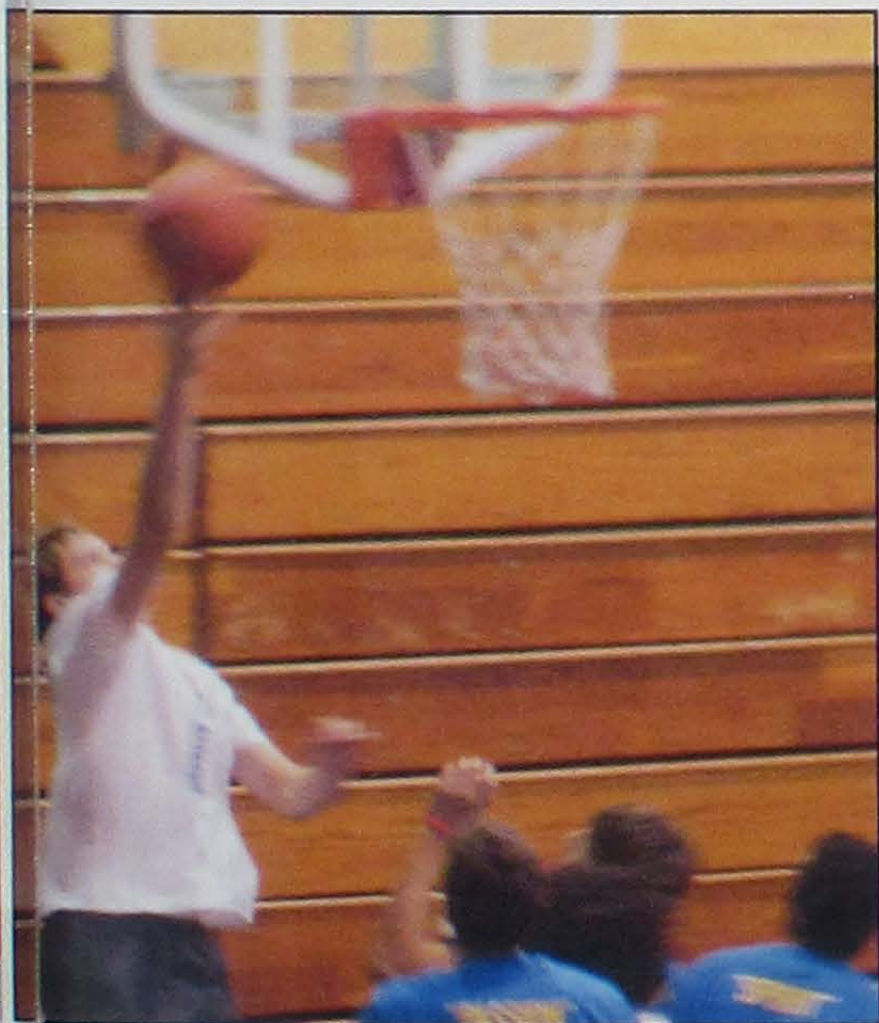
Huddle Up- Discussing a new strategy for the game, the Fighting Amish takes a breather. Team huddles were an important part of the I-ball experience. (Photo by O. Langenberg)



As the cold winter came to a close, I-ball season was right behind it. With this year's season being no different from previous, plenty of excitement and history accompanied this season.

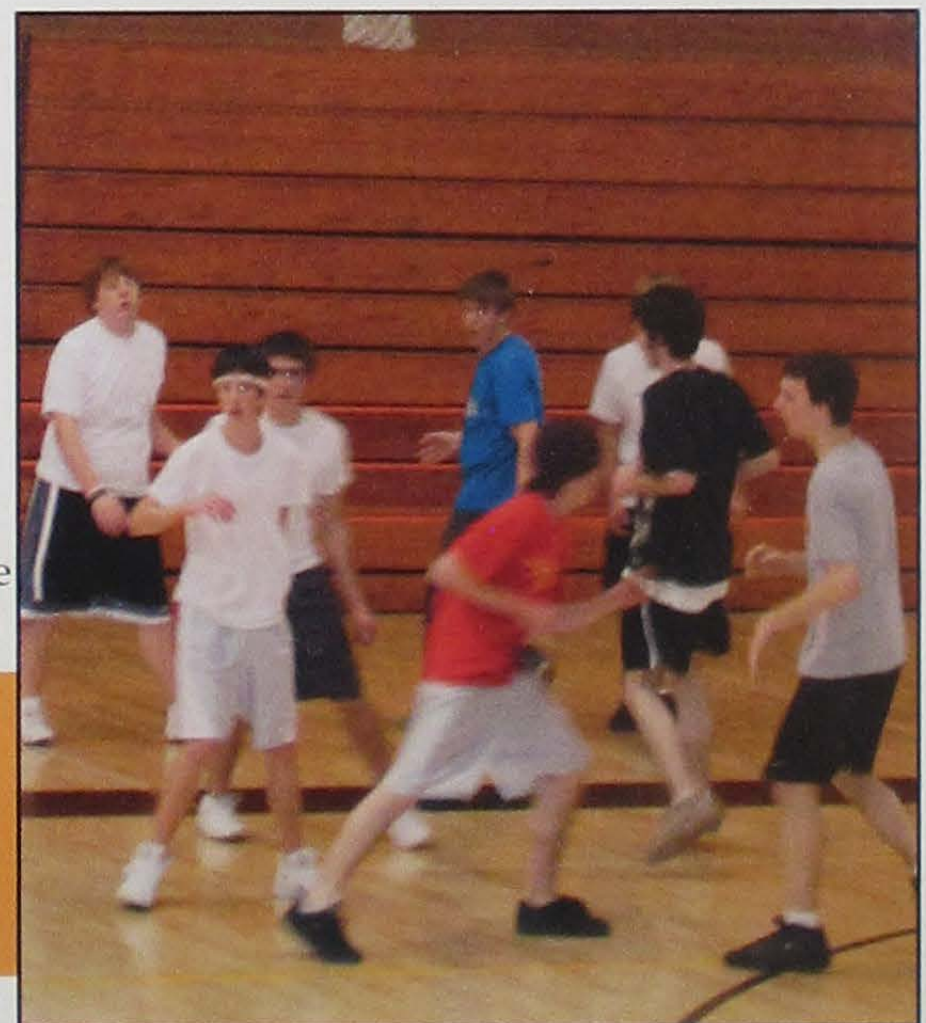
History was made this season when the Lumberjacks completed the first ever Three-peat of I-ball championships. Winning the championship sophomore, junior, and senior year has never been accomplished before this season. "We felt a little pressure coming into this season knowing we had only lost one game and won two championships leading up to our final year," senior guard **Ryan Adam** said. After storming through their 5 regular season games, the Lumberjacks didn't miss a beat in the play-offs. "Winning three in a row was great and knowing we are the only team to ever have done it makes it even cooler" senior **Ben Ertz** said.

The 9/10 division was won by a team full of ex-ballers, the Morning Wood. It took overtime and a buzzer-beating shot to hold off the A.K.A. Girls champions were another feisty group of juniors, the Shooters. Both groups look forward to next year and the opportunity to defend their titles next year.

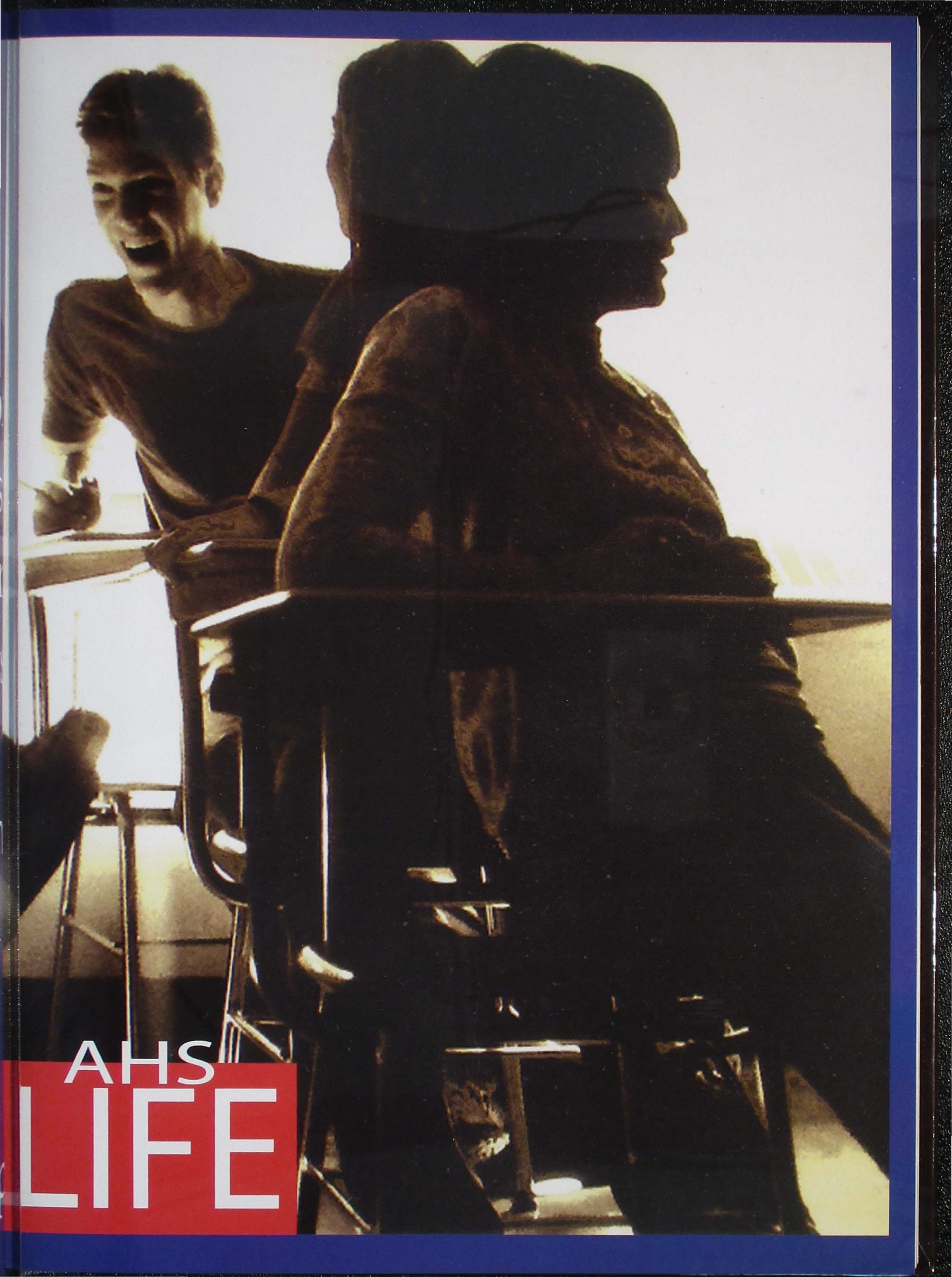


Mr. Michael Jordan- Gliding inside for a slick reverse lay up, senior **Zac Easley** tries to impress The Intangibles with his super awesome skills. (Photo by Libby Utesch)

Utter Confusion- Looking more confused than normal, this boys I-Ball team attempts a rotation in players. (Photo by Libby Utesch)



The 2004-2005 school year saw an insurgence of both new clubs such as Cycling Club and National Honor Society, and a continuation of older, more established ones like Key Club and the Senior Girls Club. As many students never learn the purpose of certain clubs, the publication *AHS LIFE* investigates each club, young or old, both to document and describe the inner workings of each group.



AHS
LIFE

TEAM TAILGATE

BEST IN THE STATE

TEAM TAILGATE

ACTIVITIES

Intense pre game tailgating, including grilling, football playing, sitting around and having a good time.

MEMBERS

220+

ADVISER

Rob Acker

Ben Ertz

As the new year started, many high schoolers were thinking about what kind of new clothes they were wearing, cute boys or girls, and the tough class schedule ahead of them. But, for a few of the best and brightest their thoughts weren't on these petty subjects but on a much more important topic: the upcoming football season and the groundwork for the best Team Tailgate ever.

Seniors Rob Acker and Ben Ertz took charge of this years Team Tailgate and what a year it was. Starting out, Acker

and Ertz wanted to get the most people involved that they could and through some sound economic planning and some help from the local T-Galaxy, student participation sky rocketed.

With over 200 new members the two knew a good year was in store. The brilliant orange shirts were sold for \$5 each and membership rose to a grand total of nearly 230 members. These great numbers could be clearly seen at every football game, no matter the distance or weather.

These intense fans were never seen more clearly than in the season ending victory of the Dodgers of Fort Dodge. Team Tailgate was able to successfully rally the team from a 24-7 halftime deficit to a dramatic 33-24 win to nearly reach the playoffs.

Team Tailgate needed to rally itself before that game when a near disaster occurred. In the pregame tailgate a monsoon dropped by directly over the AHS parking lot, right where Team Tailgate was meeting. When the storm hit, all the grills were fired up and quickly cooking the meal. With a few deft maneuvers, Master Craftsman senior Brandon Lee and Rob Acker were able to take a grill into the back of Lee's truck all the way to Ertz's garage where the tailgate continued with renewed vigor.

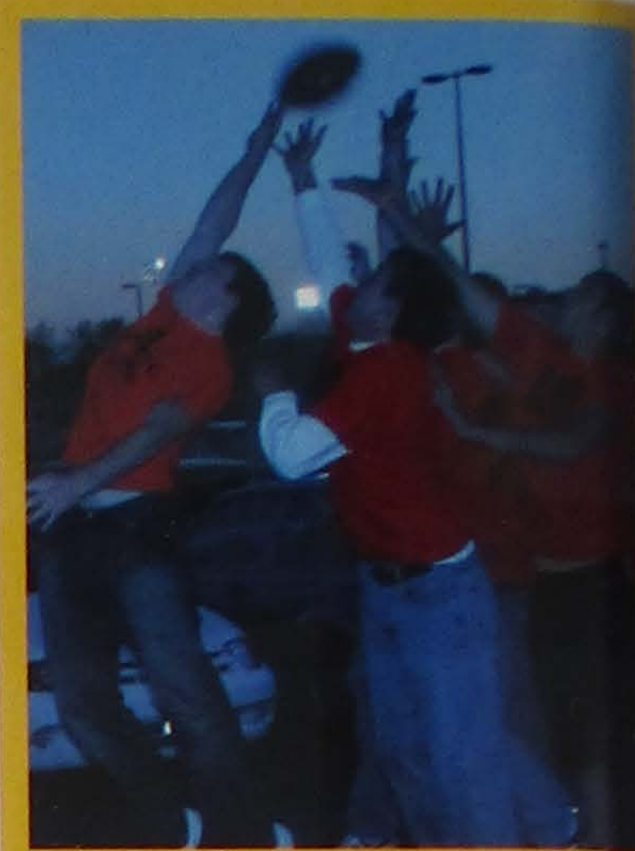
After this near cancellation of their most prized time of the week, Team Tailgate came out with something to prove. No one can shut down Team Tailgate.

Through the first half it looked as if their efforts were in vain, but the dominance reversed in the second half when Ames came storming back in dramatic fashion.

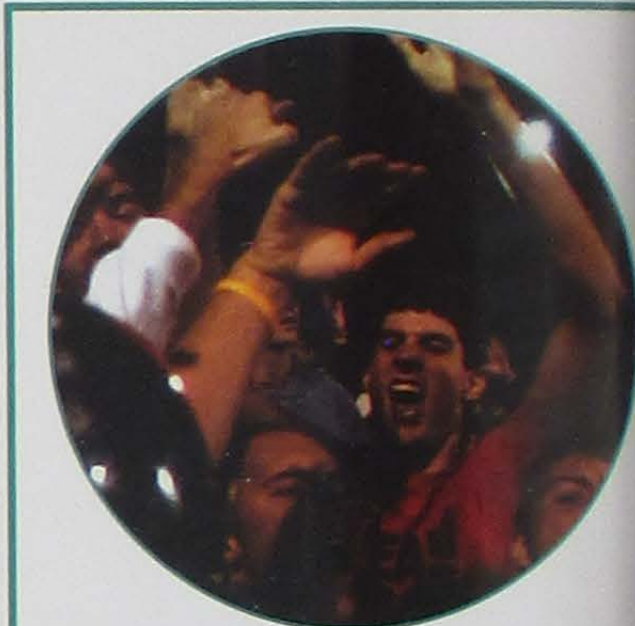
In other Team Tailgate news, the first Sophomore ever, Benny Nelson, joined the team. Through hard work his freshman season, Nelson earned a place this year, and is in perfect place to assist the changeover next year and in years to come.

With these types of numbers perhaps never to be repeated, advantage was taken by the team to get to every game, whether in the cold and rain at Mason City, or the tricky detours leading to Des Moines Roosevelt (Both victories).

With so many seniors leaving, the incoming juniors and seniors are going to have to step it up a notch to compete with this year's amazing numbers and spirit. While the seniors will be dearly missed, their legacy will be left in the hearts of all Ames High Tailgaters for years to come.



Jackpot - Playing an intense game of 500 at the tailgate, this group of seniors go up for the ball. A flying football was a common sight at the tailgate whether kids were playing pass, 500, touch football, or just plain trying to hit cars from the other team. "500 is probably the best game ever. I am really good at it since I'm so tall," Senior Ross Marsden said. (Photo by Ben Barclay)



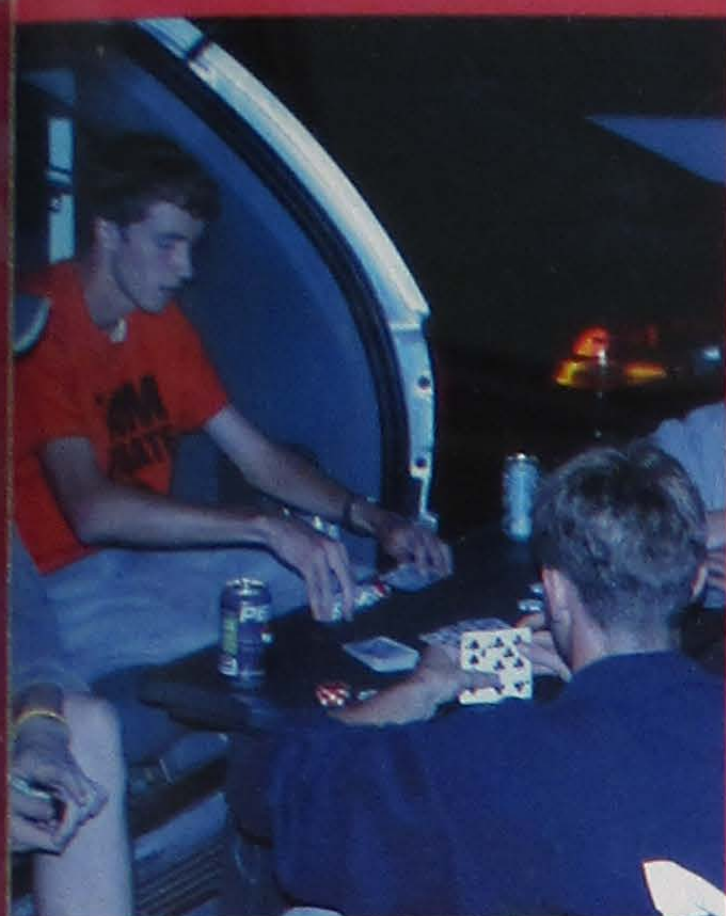
TOUCHDOWN! - Both the football and tailgate team were celebrating after a score at home against Fort Dodge in the final game of the season (Photo by Ben Barclay)



Cookin' up a Storm - While quickly preparing a meal for the rest of Team Tailgate, grill masters senior Ben Ertz and junior Chuck Cleary work their magic. Grilled items this year included hot dogs, burgers, brats, steaks, garlic bread, Valentinos Pizza, and lots and lots of trash. Soft drinks were also consumed in mass quantity. (Photo by Miranda Eness)

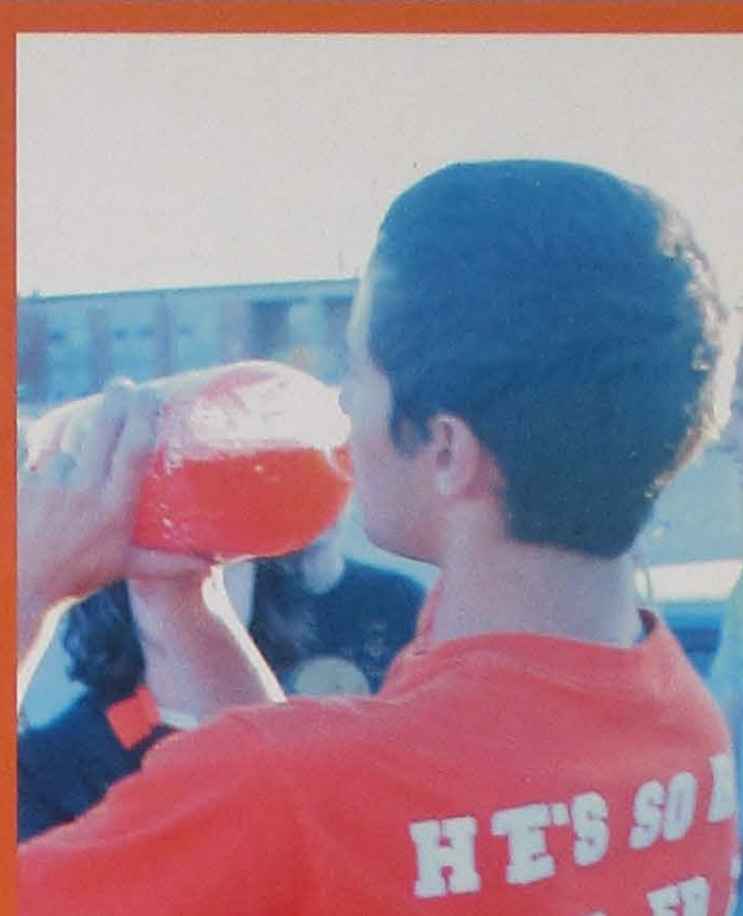
Here I Come - Sneaking through a hole in the fencing, sophomore Benny Nelson breaks onto the Team Tailgate scene a year early. "Getting onto Team Tailgate as a sophomore is awesome, but it did take a lot of hard work and lots of grunt work," Nelson said. He later added "Team Tailgate is AWESOME WAAAAAH!!!" Benny's enthusiasm was shared by many of the members of the record sized team. (Photo by Ben Barclay)





in All In - Stacking up his chips, senior John Holub looks over the small fortune he has accumulated. "Poker is a great game to play anywhere, since it is so social," Holub said. The table, chairs, chips, and cards were supplied by the generous Holub to make sure the game was played. (Photo by Rob Acker)

Honey, Get the Fire Extinguisher - Displaying the practiced art of B-B-Qing a loaf of bread, seniors Rob Acker and Ben Ertz show senior Jenny Register a few tricks. "Getting the Garlic bread was Acker's idea, but I think we all came out on top from it," Ertz said. Creative techniques were needed when grilling unusual items and when bad weather struck, but Team Tailgate always prevailed. (Photo by Ben Barclay)



Down it Goes - Knocking back on a 3 liter bottle of Super Chill, senior Ben Ertz works hard to hydrate properly before a big game. Drinking straight from the bottle was common practice at Team Tailgate activities due to the sky high cost of paper and plastic cups this fall. (Photo by Ben Barclay)



"Team Tailgate definitely helped us win games by bringing out team support," senior Travis Cruise said when asked about his feelings on Team Tailgate

When asked about his favorite Team Tailgate moment senior Ross Marsden replied "Barbaqueing in the rain. That was alot of fun!"



Senior Deb Rock stated that her favorite Team Tailgate moment was when sophomore Benny Nelson ripped off his underwear.



Bonding with the other crazed sports fanatics of AHS was senior Freddy Patterson's favorite moment on Team Tailgate.



School Spirit
Do you have enough?



School Spirit

Do you have enough?

Number of Seniors in Team Tailgate

A WHOLE LOT!!

Number of Juniors in Team Tailgate

Not as many but still A LOT!

Number of Sophomores in Team Tailgate

The one and only Benny Nelson

Freshman that want to be on Team Tailgate

All of them!!!!

Number of Faculty on Team Tailgate

Eight

Number of years Team Tailgate has existed

Eleven, and going strong

CELEBRITY SILHOUETTES

Q: How has Team Tailgate changed your life?

Ertz: Team Tailgate has made me a God-fearing man and a better person.

Nelson: I was a lost little boy, but then Rob and Ben found me and gave me a purpose in life. All I used to do was nothing.

Q: What was your favorite Team Tailgate moment?

Ertz: My favorite moment was going to Valley and making out with like 8 girls. Yeah, definitely the grilling and the chicks

Nelson: My favorite moment was drinking three Jolts and a power drink and being totally strung out for the next hour and a half.

Ertz and Nelson: Team Tailgate was totally sweet for those of you who missed out on it. It never would have happed with out the way awesome Rob Acker.



HELP IS HERE!

KEY CLUB SAVES THE DAY

KEY CLUB

ACTIVITIES

Raking leaves for the elderly
Throwing parties at the home less shelter

MEMBERS

31

ADVISER

Tim Seifert

Early every Tuesday morning, approximately forty Ames High students gather in Mr. Seifert's room. These students are part of Key Club, the service-based club sponsored by the Kiwanis Club.

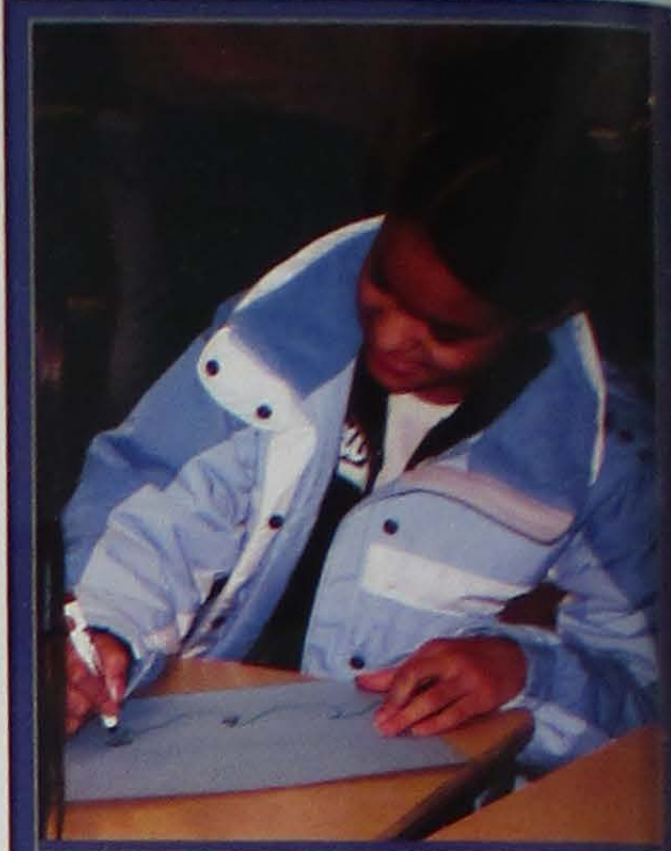
At each meeting, these students are given the many events at which they can volunteer throughout the week. These opportunities include throwing birthday parties at the homeless shelter and raking leaves for elderly people. Key Club has been in existence for many years. It is one of the longest running clubs at Ames High. "Key Club is a wonderful way to get involved with the community," senior Steph Cox says. The president

of Key Club, Racheal Cox, has insightful words about the group. "Key Club is a great thing. Who could go wrong with helping people and making great friends?" The other officers are senior Erin Today (Vice President), senior Peter McCuskey (Treasurer), and sophomore Anna Greenwald (Secretary).

"I think Key Club is really great," McCuskey said. "Ames High students need to focus on helping the community."

Key Club is one of the most successful clubs at Ames High. It has been in existence for a long time and will continue to remain active as the current freshmen and sophomores step up to take leadership roles.

Sign Language- Creating signs for a Key Club activity, freshman **Alexa Squire**, puts her doodling skills to good use. Key Club uses signs to advertise many of their fundraisers, such as bake sales, change drives, book donations, and many others. The club does all it can to raise money to give to the less fortunate. (Photo by Britta Mennecke)



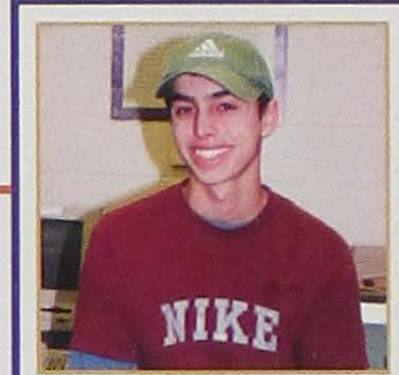
"I like helping people, it keeps me warm in the brutal Iowa winter."
-sophomore Krishna Prabhu



"Key Club is at a convenient time and it makes me feel good knowing it is for a good cause."
-sophomore Sarah Jackson



"Key Club is a fun way to get involved in the community and to help people around you."
-sophomore Anna Greenwald



"The best way to help yourself is to help others."
-junior Jason Misra



Eatin' Good- Taking a break from working, sophomores **Anju Somani** and **Lily Dobson** eat some good tasting snacks. (Photo by Elizabeth Cohea)



Filled to the Brim - Using her weight, sophomore **Jennifer Compton** squeezes as many leaves as possible into a garbage bag during a Key Club rake day. "Not only was the raking helpful to the elderly, we had a lot of laughs and good times, too." (Photo by Elizabeth Cohea)

Key Club: First: Anna Greenwald, Emily Wong, Megan Pearson, Mandie Pirog, Racheal Cox, Jill Kasper, Jamie Carlyle, **Second:** Erin Today, Anna Kourkilova, Maria Hindt, Mirelle Lueke, Annika Anderson, Deb Rock, Mandy Winkleblack, Anju Somani, Kyra Knuth, Sarah Hundermark, Jordan Reitz, **Third:** Anne Today, Caitlin Herrnstadt, Peter McCuskey, Alissa Struble, Susan Raich, Laura Jean Clark, Morgan Johnson, Emily Bird, **Fourth:** Mark Fang, Ben Rupert, Sean Siberski, Conrad Lueke, Krishna Prabhu, Jon Nau, Mark Hennager, Aubrey James, Chelsea Davis, Jessica Oster, Alan Moss, Sam Bird, Derek Lewis





Row 1: Olga Florea, Elizabeth Valdez Rosales, Samantha Lewis, Sarah Eggert, Rachael Cox, Erin Today, Anna Kurkalova, Lauren Jones **Row 2:** Mirelle Luecke, Heather Anderson, Max Choi, David Saide, Anju Somani **Row 3:** Mandie Pirog, Eman Magoub, Catie Glatz, David Manu, Edward Chen, Neal Marisinghe **Row 4:** Abby Gaul, Sarah Hundertmark, Jordan Rietz, Morgan Johnson, Jane Vu, Susan Raich, Elizabeth Warth, Alissa Struble, Jessica Oster, Maryam Zamanian, Hansaa Abbasi, **Row 5:** Tim Mooney, Jill Kaspar, Leah Ritz, Jamie Carlyle, Laura Jean Clark, Lauren Renyolds, Krishna Prabhu, Emily Bird, Greg Hunter, Ben Barclay, Sam Bird

Home Sweet Home - Having spent all evening baking a house entirely out of scotcheroos, seniors Sarah Eggert and Samantha Lewis admire their job well done. The house, compiled of five pans of scotcheroos, was raffled away for a SHEF fundraiser. The lucky winner was none other than our principal Mr. McGrory. Coincidence? I think not. (Photo courtesy of Samantha Lewis)



"I participate in SHEF because I like to help others. It is a really rewarding experience and it's fun, too!"
-Sophomore Alissa Struble



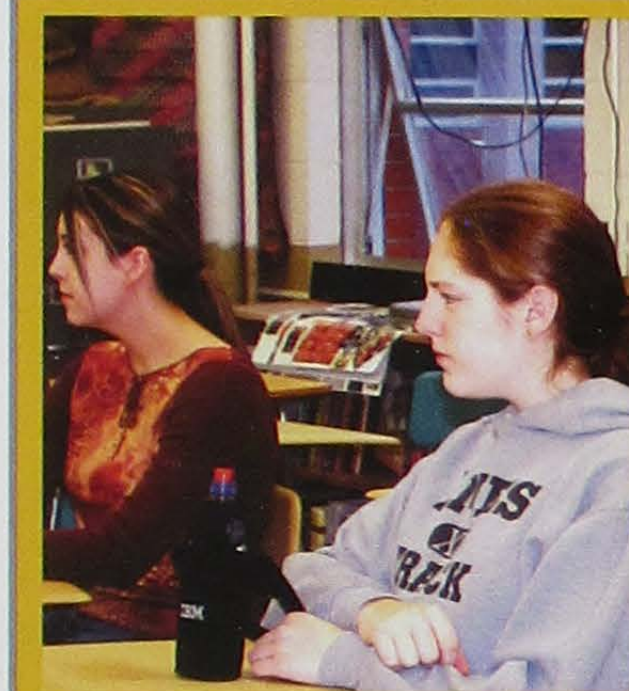
"The scotcheroo house was Krishna's idea. We thought he was crazy, but it worked! He's still crazy though!"
-Senior Sarah Eggert



"SHEF is really important to me because hunger is a big problem in the world today. I'm just doing my part."
-Senior and Co-founder Erin Today



"SHEF inspires me to keep fighting for what is right. It proves that young people can make a difference."
-Senior Rachael Cox



Every thursday morning at 7:20, Ames High students flock to Mr. Mooney's room in order to do their part to help world hunger. As the population increases, the world's food supply decreases. Millions die from hunger every year. These alarming facts are what stirred the hearts of seniors Rachael Cox and Erin Today.

Instead of thinking about these problems and doing nothing, these two students decided to act. They founded one of the fastest growing clubs at Ames High, SHEF (Students Helping to Eliminate Famine.)

In the mere two years this club has been in existence, the members have already helped many

Ames High SHEF reaches out Making a difference in the world.

Number of dollars SHEF is trying to raise	5,000
Days of awareness during their Hunger Week	7
Number of canned food drives	6
Number of bake sales	10
Number of water buffalo's purchased	1
Time the club meets every week	7:20 a.m
Pans of scotcheroos it takes to build a house	5
Number of world hunger weeks	2
Number of AHS students working to end hunger	40
Number of meetings thus far	83
Number of people not hungry anymore	Growing
Number of people it takes to make a difference	2

less fortunate people find ways to help themselves. The goal of SHEF is to buy animals for villages instead of just sending food. This way the people can learn to sustain themselves and are able to breed animals for the future.

This year SHEF is attempting to raise 5,000 dollars in order to buy a gift ark. Through bake sales, band nights, movie festivals, magic shows, and club fasts, they are well on their way to meet this goal.

Today and Cox are also working this year to get the underclassmen more involved. "Since we are leaving, it is important to have successors that are passionate about SHEF," Today said.

SHEF

ACTIVITIES

Raising money for non-profit hunger organizations and raising awareness throughout Ames High students.

MEMBERS

40

ADVISER

Mr. Tim Mooney

FAMINE FIGHTERS

SHEF RAISES \$5000 FOR HUNGER

GIRL POWER

SENIOR GIRLS CLUB

SENIOR GIRLS CLUB

ACTIVITIES

Winter Formal

Sponsor the Ames Women's Shelter

MEMBERS

31

ADVISER

Mrs. Linda Ward

With a tradition of enthusiasm and service, the Ames High Senior Girls Club is again one of the most popular in the school. The primary function of the club is the planning and execution of the annual Winter Formal dance.

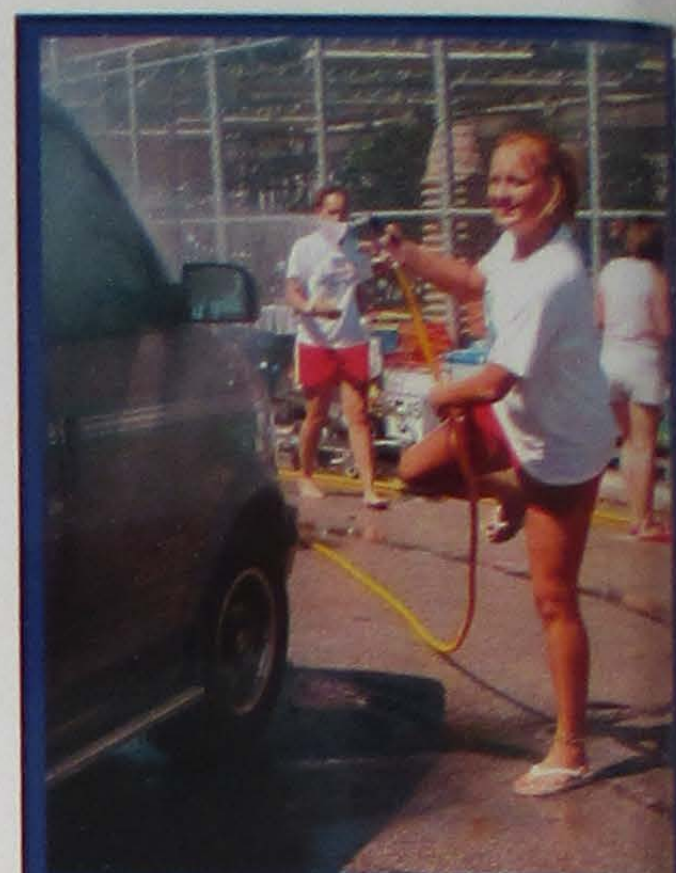
The meetings begin when the girls are still juniors, with the first goal being the design of the tee shirt. After the new school year begins, the girls plan a car wash to raise money for the dance. The car wash is all free-will donations but because Ames is such a supportive community, the drivers all give generously.

Another annual fundraiser is selling cheek cheers on Fridays in the back lobby for the football

games. The tiny face tattoos range from a football, to a #1 symbol, to a cyclone and bring in a small amount of revenue for the club.

Aside from just focusing on the dance, the club also donates money from ticket sales to the Ames Women's Shelter. The shelter is an important service in the community as it offers support and shelter to women who are victims of abuse.

Although participation in the club is only a year long, many girls find satisfaction in the club's accomplishments. "It is a great opportunity for senior girls to show their unity and to make a difference in our community," senior Jenny Shen said.



Wet 'n Wild - Washing cars and having fun, senior Alyssa Bergman participates in a Senior Girls Club fund-raiser. The money from the fund-raiser was going to the expenses of winter formal. The girls were happy with the amount of money raised considering it was a free will donation. "Thankfully the residents of Ames are very generous," senior Chelsea Johnson said. (Photo by Miranda Eness)



"We only have seventy four dollars for a DJ. I hope you all like bad music!"
-Senior Nadya Pecharsky



"Wanna buy a cheek cheer? We need money for the Winter Formal bad!"
-Senior Christi Tim



"Finally, a club that accepts me."
-Senior Sarah Hanson



"Our shirts are ugly but the people are great."
-Senior Erin Chrusciel



Sign Pro - Promoting the car wash, senior Sarah Eggert lures cars with her striking good looks and sign. "I can hold signs forever," Eggert said. (Photo by Miranda Eness)



Now in Session - Organizing the upcoming bake sale, Senior Girls Club co-chair Kaylyn Clark tallies the names of girls able to help sell treats during free periods. Having to compete with junior senate caused a lot of tension between the two, but eventually the senior girls decided on Thursdays rather than the traditional Fridays. (Photo by Libby Utesch)

Row 1: L. Utesch, M. Place, M. Johnson, L. Ritz, K. Brimeyer, R. Nesbitt, M. Eness, S. Kramer, N. Lograsso **Row 2:** A. Vigoya, K. Clark, N. Pacharski, H. McMoclem, M. England **Row 3:** C. Currie, A. Borrill, S. Hansen, K. Giske **Row 4:** C. Johnson, C. Taylor, L. Stephen, E. Smith, C. Crandell **Row 5:** K. Nelson, V. Pflun, J. Tillo, M. Lipert **Row 6:** A. Bergman, S. Sundberg, E. Bonnichson





Row 1: Jenny Cheuk, Betsy Dilla, Tiffany Bennett, Aubrey Robertson, Maren Schmeling. Row 2: Evan Hudson, Alice Hartzler, Chantal Roberts, Lauren Frandsen. Row 3: Jim Schreitmueller, Joey Dobson, Amanda Lutz, Maryam Zamanian, Sarit Luban.

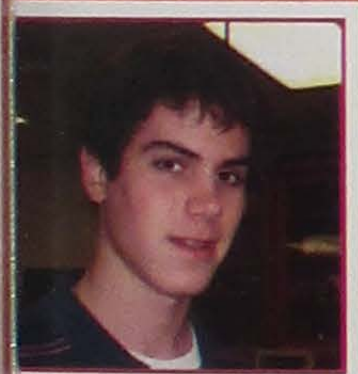
Slithering Snake - Stumbling across a snake while picking up trash along the highway, junior Evan Hudson shows off his new pet to fellow club members. Hudson was participating in 100th Green Butterfly's Adopt-a-Highway. "I like trash and I like snakes so that afternoon turned out to be one of the best of my high school career," Hudson said. (Photo by Jenny Cheuk)



"Aubrey is not that clever but because of her the trees can party and so can I."
-Tiffany Bennet, Junior



"It's nice to see that there is a group that really cares about the environment because many Americans don't."
-Maren Schmeling, Junior



"It just makes sense to do what I can for the recycling process."
-Greg Hunter, Senior



"What can I say about 100th Green? Hmm, we're not witty...we're excellent paper handlers. That almost sounds dirty."
-Aubrey Robertson, Junior



If you happen to walk down the science hallway after school on a Wednesday, chances are you will hear strange laughter coming from room 48. If you dare to enter the room you will come across Ames High's environmental club 100th Green Butterfly.

Club meetings are spent sorting the paper placed in the recycling bins that inhabit each class room. "It's tedious work because we have to sort the paper by color, then bundle it, and have some one come and pick it up. We make it a good time, though, with jokes and laughter," junior Evan Hudson said.

Outside of the Wednesday meetings, the club spends time

By The Numbers 100th Green Butterfly

People in 100th Green Butterfly	10-ish
People who should go	1600
Miles adopted	2
Garbage bags picked up	9584
Guy members	2
Guy to girl ratio	1:4
Snakes caught by Evan	1
Girls screaming when seeing the snake	6
Bands Auditioning for Battle of The Bands	12
Bands who actually made it	8
Crazy Advisors	1
Reams of paper recycled	876

picking up litter on the section of highway between Ames and Gilbert that they adopted. In the Spring most of their effort goes into planning the annual battle of the bands, which gives Ames High bands a chance to play for their peers while raising money for a good cause.

100th Green Butterfly has operated under the radar for the last couple of years but they are hoping to gain a larger following. "It's a great opportunity for students to get involved and make a difference in the world. We get to help clean up the environment while having fun, which makes the club even sweeter than before," Hudson said.

100TH GREEN BUTTERFLY

ACTIVITIES

Battle of the Bands
Paper Recycling
Adopt-A-Highway

MEMBERS

10 to 20

ADVISER

Mr. Lazere

TREE HUGGERS

100TH GREEN BUTTERFLY

STUDENT COUNCIL

DEMOCRACY AT WORK

STUDENT COUNCIL

ACTIVITIES

Fundraising
Winter Madness
Island in the Sun
Crush Cans
Change Drive

MEMBERS

34

ADVISER

Mr. Stevens
Mrs. DiBlasi
Mr. Burke

The end of a school year meant only 1 thing for a select group of AHS students: Student Council Co-President Elections. In mid May, these elections were held and 3 groups of candidates ran. Luke Lowry and Jill Kaspar, Andy Lamp and Jamie Carlyle, and Rob Acker and Jon Nau. All three tickets ran creative and imaginative campaigns and in the end Acker and Nau came out on top.

After a long summer of planning and thought processing, Acker and Nau

opened up the new year with loads of great ideas and plans for this year. Their platforms ranged from getting the school a mascot to improving the bathrooms.

Student Council draws its members from all four grades, four members by election, and the rest, four, by council selections. "Uh yeah, we meet on Wednesdays and sometimes we have doughnuts. Student council members put one pant leg on at a time, just like everyone else, but then we make monumental decisions right after," Acker comments on student council. The 34 member council meets every Wednesday morning at 8:30 in the morning in Mr. Chuck Stevens kingdom (room 112).

The biggest activity Student Council plans is Winter Madness. Winter Madness is a week where loads of money is raised and then spent on needy families in Ames. The Student Council runs one week with tons of different activities to make money. In the back lobby or during second period class, change drives occurred to raise extra money from those students unable to come out after school.

"We made a lot more money than we had in other years and that was good. It was freaking

crazy," Acker said. Seniors Ben Barclay and Darshana Bhattacharyya were the co-chairs for the event. They planned the Com-Cert, a band and comedy night with the first annual Date Auction, and organized sales for alternative corsages students could wear during Winter Formal. The week's activities ended in a shopping spree to Target and Wal-Mart for the needy of Story County.

Student council is also responsible for the annual Crush Can sale and distribution.

"It's still always interesting and fun to see who sent who cans and what notes they write. Some of them are pretty personal. Ha, ha," senior Jill Kaspar said. Kaspar was in charge of the Crush Can sale. The sales hit record numbers for the 5th year in a row, distributing over 2200 cans in the school.

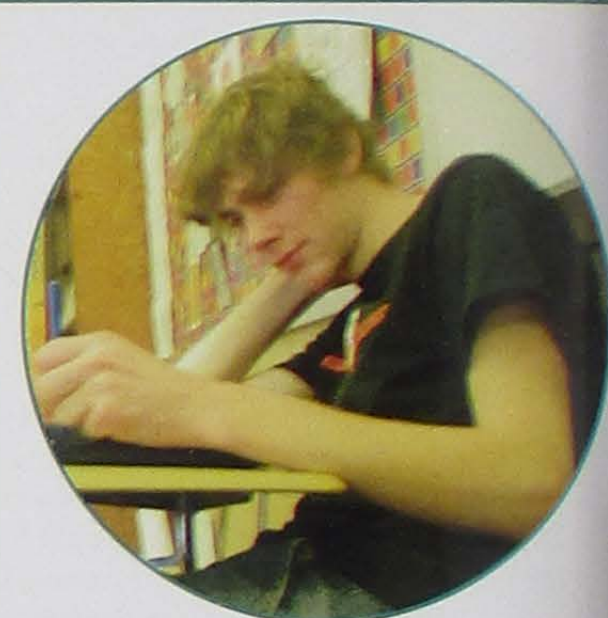
"We've got lots of good crush can ideas and lots of good people working with them, so we are hoping for another good year," Kaspar said. With the turnover being 25% at the end of each year, some of the long term goals are harder to achieve without mutual cooperation between the grades. This year goals are high as well as spirtits for success on the council. With great attitudes

tons can be accomplished.

Student support is always welcomed, since this is the student school, after all, and that is who the student council works for.

This year is highlighted by the great working relationship between the council and administration. This was accomplished by years of hard work by former councils and great cooperation from the administration.

The intentions of the student council are always in the right place. Whether it be saving money on corsages for helping the needy or fundraising for the benefit of the school, student council members are always working for a better cause.



Hear Much? - Listening intently, senior **Elias Simpson** attends student council. Student Council needed people like Simpson, cool and opinionated, to join. (Photo by Miranda Eness)



Fake Flowers Sold Here - Handling the market in the back lobby, senior **Ben Barclay** takes time to help fundraise during Winter Madness. Student council had some new ideas for raising money this year. Instead of advertising flower corsages, student council members made beaded jewelry for boutineers and corsages and donated money to a good cause. (Photo by Miranda Eness)

Row 1: Andy Richards, Darshana Bhattacharyya, Jane Vu, Krishna Prahbu, Brittany Rover, Andy Olsen, Jenn Bocella

Row 2: Amanda Winkleblack, Jill Kaspar, Mukund Premkumar, Trisha Stubbs, Lydia Lowry, Katie Elliot, Luke Lowry, Tony Leung

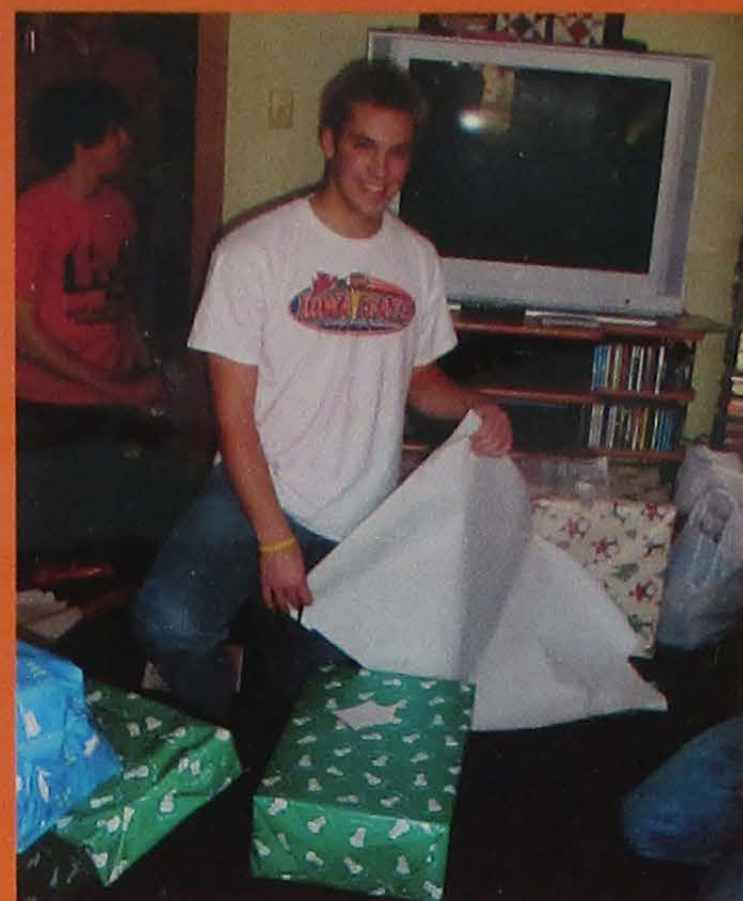
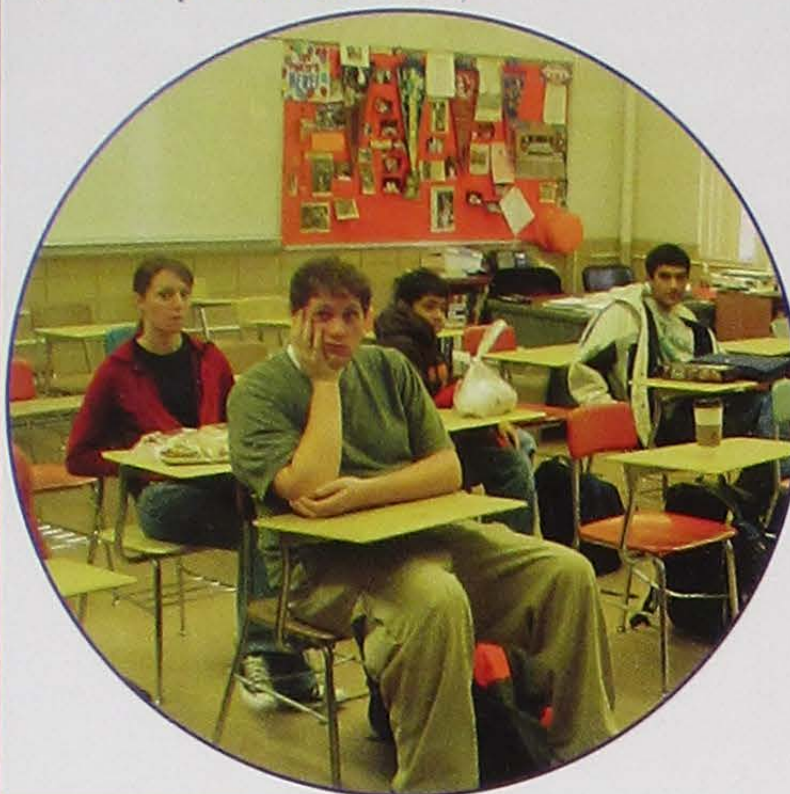
Row 3: John Gilarski, Rob Acker, Tommy Hoffman, Jon Nau, AJ Johnson, Ben Barclay, Xin Pan





Flannel Man - Leading the Student Council, co-president Jon Nau takes charge of the meeting. Nau and Acker ran the show quite well this year and did their best to fulfill their campaign promises and make the school a better place for everybody. (Photo by Miranda Eness)

Trigger Happy - Intrigued by a Student Council meeting, senior Ben Barclay awaits his turn to discuss important events going on at Ames High. Student Council members showed their dedication when they pulled themselves out of bed early on Wednesday mornings, the one day they had the chance to sleep in. Ames High should be grateful for such determination and perseverance. (Photo by Miranda Eness)



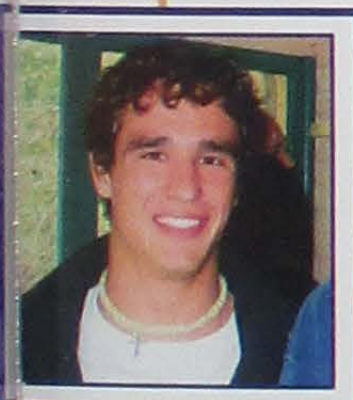
Santa's Little Helper - Wrapping presents for Winter Madness, senior Rob Acker puts the fundraised money to good use. Money that student council raised through change drives and bake sales went towards needy families for the holiday season. (Photo by Miranda Eness)



"My favorite part about student council is working with my friends to get things done for the school. XOXO."
-Elias Simpson
Senior



"My favorite part about student council is working with my big brother, Luke... well, that and the doughnuts."
-Lydia Lowry
Junior



"Best part about Student Council, getting to work with my little sister, Lydia. Yeah, definitely best part."
-Luke Lowry
Senior



"What do I like about Student Council? Oh, I like making important decisions like choosing the school rock!"
-Benny Nelson
Sophomore

Poll-itical Student Council 2005

Number of kids in Student Council, both elected and appointed	34
Number of advisors	3
Number of times sophomore Krishna Prabhu forgot doughnuts	5
Length of meetings	50 minutes
Amount of dollars raised in Winter Madness activities	Over 3000
Families changed due to Winter Madness proceeds	5
Number of crush cans sold	2200
Number of crush cans delivered to sophomore Jennifer Compton	100
Number of murals added to Ames High in 2004-2005	1
Amount of money donated to Mr. Mooney's Africa trip	\$1500
Score of first annual Student-Staff football game	34-12 Students
Amount of dollars spent on the Ack-Nau campaign	\$250

CELEBRITY SILHOUETTE

Q: What's been the most exciting event yet?

Acker: Winter Madness, 'cause we got the entire school involved with the activities and the fundraising which allowed us to raise a lot of money and buy lots of nice gifts for MICA families.

Nau: The retreat was really fun. We played a really kickin' game of Capture the Flag. And, oh yeah, we came up with a lot of great ideas for this coming school year to make it great, really great, good, excellent.

Q: What has been your greatest memory as co-president?

Acker: Probably when Jon and I got kidnapped by the secret leaders from Cuba so they could start to take over our school, in our place of course.

Q: What has been the defining moment during the first year of your administration?

Nau: Leaving my legacy in more ways than one for the upcoming grades. I'm not going to tell you how, though.



HARRY POTTER CLUB

HOCUS POCUS

HARRY POT- TER CLUB

Reading
Wearing Robes
Potions
Spells

MEMBERS

25

ADVISOR

Mrs. Testeroet

The Harry Potter books have been around for a couple years. But the Harry Potter Club is brand new to Ames High. The school is made up of a handful of Harry Potter fanatics. Every week they come together,

sometimes dressed in the classic robe and pointy hat, to read and discuss the brilliant work of J.K. Rowling.

"We like to ride broomsticks," sophomore Benny "Jebadiah" Nelson said. But besides pretending that

broomsticks can fly, the club also enjoys making up potions and practicing spells explained in the books.

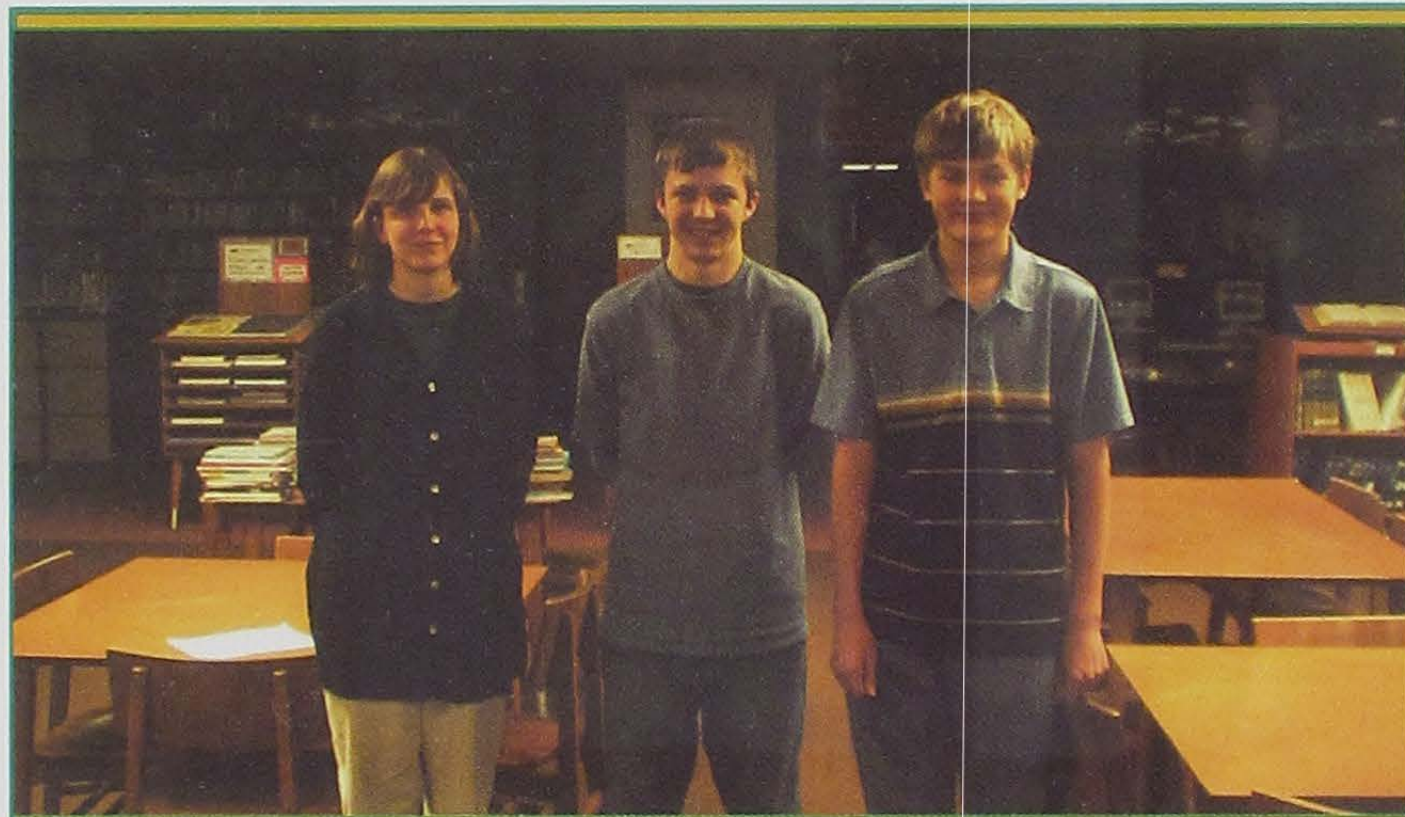
New topics will be introduced next year to the club, due to the summer release of the next Harry Potter book, *Harry Potter and the Half-Blood Prince*. It's guaranteed that all of the club members are counting down the golden date.



Row 1: Lauren Reynolds, Heather Anderson, Jenny Cheuk, Kelsey Kaufman, Elizabeth Lott, Christine Godfrey

Row 2: Katie Sawyer, Sarah Gravelin, Martha Garasky, Kristin Meyer, Katherine Thompson, Sarah Spencer, Laura Logston, NAME, Mirrelle Lueke, Corlyn Goedeken, Susan Fratzke, NAME

Row 3: Jennifer Lambert, Paul Heideman, Lissy Woodward, Connie Hamer, NAME, Clara Weber, Jason Bailey



Betsy Dilla, Alan Moss, Andy Doyle

DESTINATION

IMAGINATION

ACTIVITIES

Acting
Free Association
Improvisation
Traveling

MEMBERS

ADVISOR

Mr. Antio

Destination Imagination is a creative problem solving competition. The Ames team, which is currently made up of both middle and high school students, has devoted this year to once or twice a week practices of D.I.

During competitions, the team is challenged with improv and constructing a bridge that weighs less than 150 grams. They must then perform a creative 8 minute skit incorporating the bridge. Their ultimate goal is to test bridge as to how much weight it would be able to hold.

The team is composed of junior Betsy Dilla, sophomore Alan Moss, and freshman Andy Doyle. They will be competing in Regionals before

making their annual appearance at the State competition.

This year Nationals will be held in Tennessee. At the competition there is also an instant challenge where they are judged on their quick intuition and creative improv. "Destination Imagination is in essence 90% improv and 50% last minute thinking," sophomore Alan Moss said.

Some people would say that Destination Imagination is a destination through the imagination. These

students truly have the intuition and valor as they stand up against the fierce competition Iowa has to offer. They look forward to attending the National Competition in Tennessee.

"Team morale is high and our team is going to dominate this year," Moss said. Ultimately, the moment of truth comes down to the judges as the students put forth their best efforts in attaining sweet glory and total domination.

DESTINATION IMAGINATION

EXPLORE YOUR MIND

SENIOR SENATE

PLANNING YOUR PICNIC

SENIOR SENATE

ACTIVITIES

-Plan Senior Picnic
-Selects Class Motto & Graduation Speakers

MEMBERS

About 20 devoted members

ADVISER

Dr. Leonard Larsen

Senior Senate is the group of seniors who give up a little of their time throughout the year to uphold certain responsibilities which are given to them.

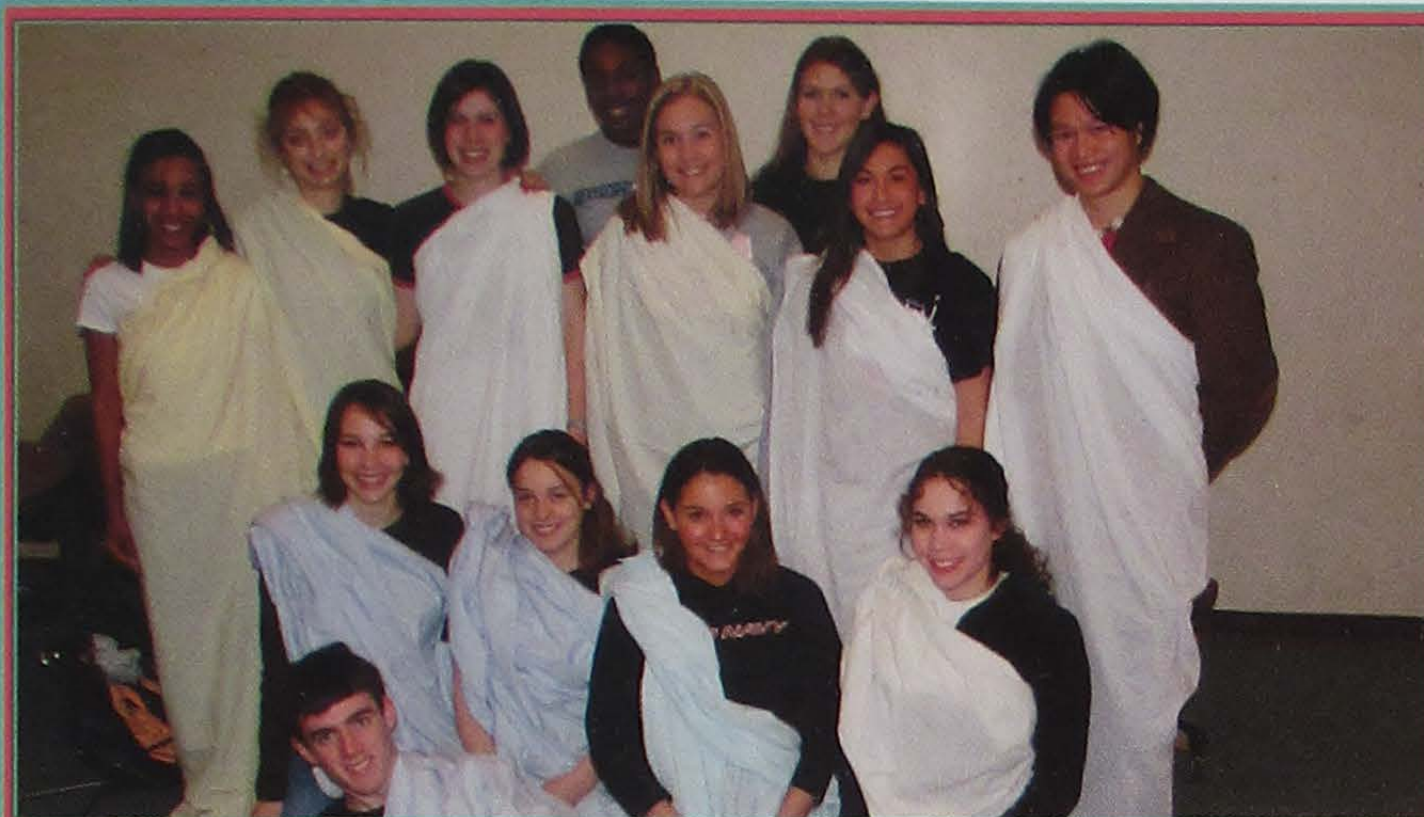
The biggest event for the members

of Senior Senate is to plan and coordinate the senior picnic. Senior picnic is a luncheon held toward the end of the year for the outgoing seniors as another graduation event.

Another big responsibility for the

group is to audition and choose the graduation speakers. "We try to get someone that everyone will like because everyone has to listen," senior David Muehe said.

Other events that the senior senate deals with each year are the blood drives held at Ames High, selecting the senior class motto, and simply acting as the caretakers for the senior class funds. "We have a lot of peoples money to use," senior Robert Chang said.



Row 1: Brandon Gill, Jennie Bean, Sam Lewis, Lindsey Adams, Sarah McRoberts

Row 2: Eman Maghoub, Lauren Reynolds, Erin Todey, Christi Tim, Melanie Wanzek, Jamie Carlyle, Jane Vu, Robert Chang

Not Pictured: David "D-Unit" Muehe



Row 1: Jessica Palo, Annie Scoles, Mary Beth Kluesner

Row 2: Chelsea Weirson, Emily Wang, Annika Anderson, Allison Metzger, Holly Smith

Row 3: Emily Thurmaier, Kristin Meyer, Laura Snell, Morgan Scheppeler, Candice White, Caitlin Herrnsstadt, Laura Weible, Mrs. Peterson

JUNIOR SENATE

ACTIVITIES

Coordinate and Plan Prom

MEMBERS

15

ADVISER

Barb Peterson

So many, it is the junior year of high school when all the hard work we've done for the past two years seems to start paying off. This may be especially true of junior senate. Junior Senate is a group of juniors who sacrifice those valuable extra minutes of sleep on Wednesday mornings. Instead, the members of meet at 8:30 a.m. to plan and coordinate Prom, which is held in April.

After the group decides on a theme for Prom, the forty or so members split into various committees such as decorating, public relations, tickets and gifts, and getting good music. Each committee holds different responsibilities to help prepare for the Prom night. The decorating committee decides upon and orders various

decorations to suit the theme and beautify the Scheman building. The public relations committee works on advertising Prom night and fundraisers. The tickets and gifts committee decides upon the design for tickets, sells the tickets, and also chooses the gift which is handed out which each ticket at the time of purchase. The music heads are in charge of finding killer music for everyone to groove to.

"We tried to find a good guy that

everyone will like," music committee head Mary-Beth Kluesner said. This is a tough task because there are a lot of different music tastes to cater to. Also, music is a very key piece of the dance because it is always playing. "We are getting the same guy that did winter formal because people said they liked him plenty," Kluesner said.

This year's junior senate has really put in the hours. There is no doubt that prom 2005 will be a winner.

JUNIOR SENATE

WE'RE ALMOST SENIORS!

MOCK ELECTION

FINDING A NEW LEADER

MOCK ELECTION

Operate a school wide election

Educate students to candidates platforms

MEMBERS

5

ADVISER

Mrs. Norris

Bush/Cheney vs. Kerry/Edwards vs. Nader vs. Cobb vs. Badnarik= Election 2004.

Cross vs. Johnston vs. Godfrey vs. Jackson= Ames High Mock Election 2004.

These complex equations were the subject of intense debates for months and months leading up to the November 2nd election date. This was an election that was slated to be one of the closest in history after Bush's narrow

win in 2000.

Mock Election took on some responsibility to educate and convince young voters about the voting process and to get them out and vote.

The students of AHS were not a sample group of the nation because Kerry took the popular vote inside our friendly confines while the incumbent was elected for a second term in the national election.



Row 1: Katherine Thompson, Susan Fratzke, Christinia Godfrey

Row 2: Chris Johnston, Beth McKiernan



Row 1: Jane Vu, Melanie Wanzek, Amanda Keller, Chasity Taylor, Katie Gieske, Deb Rock, Vanessa Pflug, Tricia Stubbs

Row 2: Miranda Eness, Shannon Rissius, Megan Kerns, Gretchen Gerbract, Kelsey Dunshee, Sarah Eggert, Lindsey Adams, Kristin Tierney, Jennie Bean, Jennie Register

Row 3: Libby Utesch, Whitney Mastin, Courtney Crandell, Emily Smith, Jamie Carslyle, Emily Bird, Mallory Enegehn

Not Pictured: Jenny Shen, Dana Peterson, Erin Cruscial, Jenny Tillo, Maya Lipert, Sarah Hanson, Darshana Bhattacharyya

Homecoming

EXECUTIVE

COMMITTEE

ACTIVITIES

Planning

Homecoming

2004

MEMBERS

3

ADVISOR

Mr. McGrover

Insert 15,000 dollars, hundreds of leis, a popular Weezer song, 32 beautiful senior girls, determination, and a committee who brings glory to one week in October is formed.

The Homecoming Executive Committee (Excom) started to take action toward the end of April, 2004. After being chosen by administration as the official co-chairs of Excom, then juniors Jennie Register and Miranda Eness chose the remaining committee members through a vigorous application process. Girls applied for desired spots with a

co-chair of their choice. In total there were 15 sub-committees formed.

Sub-committees consisted of: Dance, Parade, Bonfire, Half-Time, Indoor and Outdoor Decorations, and Gym Decorations, Window and Sidewalk Painting, Coronation, Advertisement, Sales, Grill-Out, T-Shirts, and Battle of the Bands.

The girls worked all summer

coming up with ideas and finally brought to life "Island In the Sun" for the 2004 Homecoming theme. Homecoming week was hectic as the girls made sure their own responsibilities fell into play. Although there were plenty of late nights and controversy, "Island in the Sun" was a success and got the whole student body and staff members involved with the week's activities.

Homecoming

EXECUTIVE COMMITTEE

MOVIE CLUB

FEATURE PRESENTATION

MOVIE CLUB ACTIVITIES

Movie viewing
and food consumption

MEMBERS

12-20

ADVISER

Mr. Webb

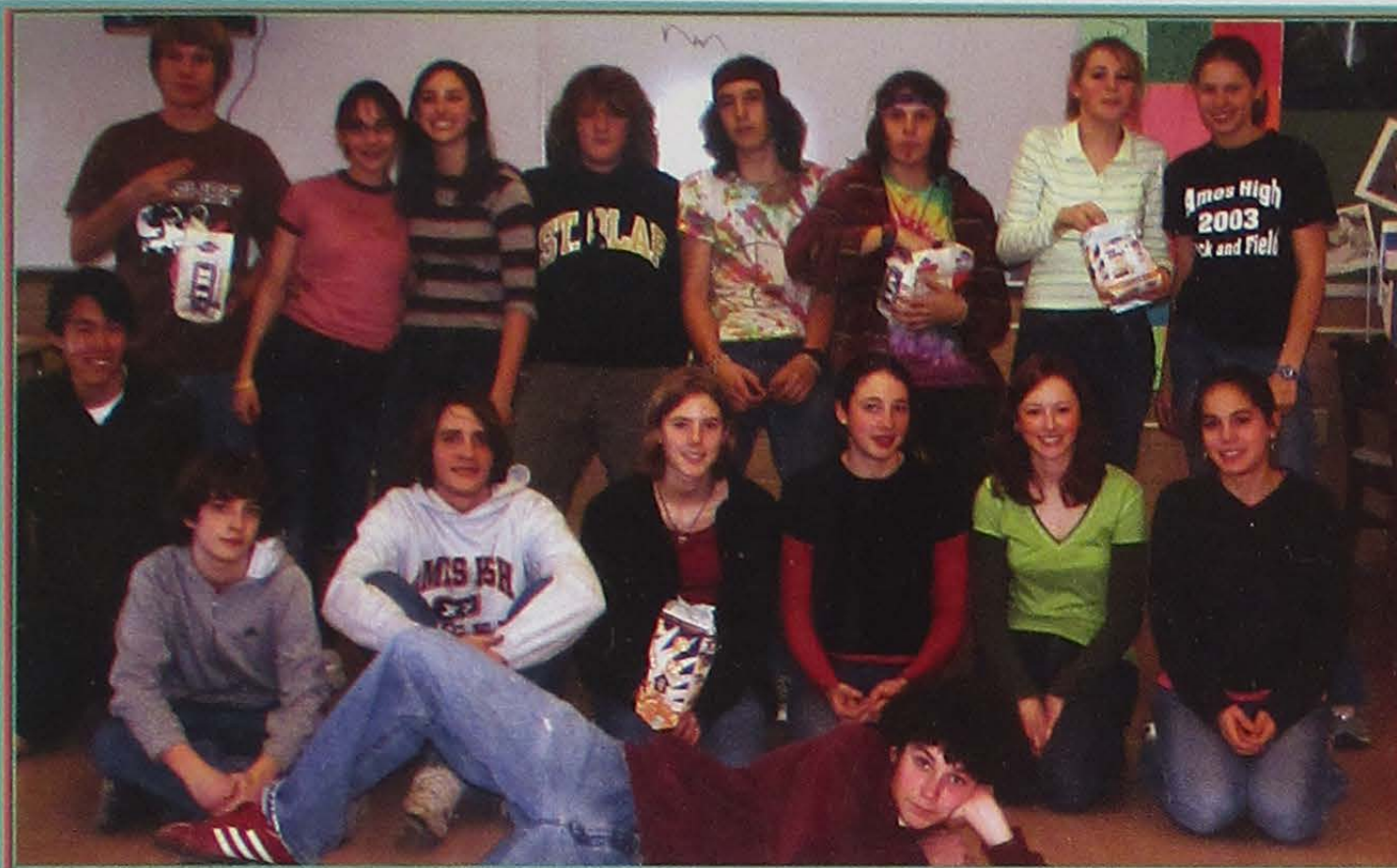
The lights are dimming, the movie is cueing, and the popcorn has been popped. The stage is set for another episode of the storied movie club. Meeting Friday after school, many members find it is a

great way to wind down after a long week of school. Many great movies have been seen over the many years of this club. This year started no different with the viewing of Taxi Driver. "The movie was sweet and

the environment was great too, I just got to chill out and see a good flick after school with a bunch of my friends," sophomore Yoni Ackerman said.

Ackerman's sentiment is shared by many, and this is shown by steady attendance for many years.

This storied club has withstood much and looks to be in good hands with the current membership to continue for many more quality years.



Row 1: Asa Ritz

Row 2: Sam VanFleet, Eric Thompson, Chantel Robertson, Maria Jones, Sarah Gidlewski, Emily Moskini

Row 2.5: Kevin Lu

Row 3: Evan Hudson, Emily Kawaler, Katie Orazem, John Klotzbach, Chan Liebman, Austin Sandler, Hayley Jackson, Laura Jean Clark.



Row 1: Sarah Schreitmueller, Isaiah Cunnally

Row 2: Stephen Bonnett, Ross Hackerson, Meredith Parsons, Sarit Luban

Row 3: Sam Hackerson, Betsy Dilla, Corra Struhmann, Chan Leibman, Austin Sandler, Peter Hapke, Martha Garasky, Tiana Godfrey

Row 4: Jim Mitchell, Sam Larsen-Ferree

Not Pictured: Jenny Cheuk

PHILOSOPHY CLUB

ACTIVITIES

Conversing
philosophically
Eating Cookies

MEMBERS

17

ADVISER

Tonja Goodwin

Got philosophy? Ames High has it! Every Thursday afternoon a group of intellectual thinkers get together to discuss the happenings of the world. Whether it's the current situation in the Middle East or the best chick flick showing at the movie theater, Philosophy Club has it covered.

The non-structured format of this club gives these kids the freedom to bring up and discuss whatever is on their mind.

The members vary from all ages, shapes and sizes, giving the conversations flavor and new

perspectives.

The members always go to meetings knowing their minds will be thoroughly exercised. Beyond philosophical matters, the club also discusses the best kinds of cookies. Well, that and consuming massive amounts of them. It seems as though Oreos have become a club favorite.

"The cookies are really good, and

the topics are random enough it's always fun to come to the meetings," sophomore, Sarit Luban, an avid member, said. Because a little over half of the members of the club are underclassmen, you can be assured that this club will continue discussing the world and its many controversial topics. And of course the cookies will always be there.

PHILOSOPHY CLUB

SCANNING YOUR MIND 83

SAY WHAT?

SPEECH CLUB EVOLVES

SPEECH CLUB

ACTIVITIES

One Acts
Speech Contests

MEMBERS

31

ADVISER

Connie Ringlee
Gwen Atkinson

Mimes. Acting. Comedy. The club that involves all these things and more is Speech Club, formerly Speech. Speech Club was organized over the summer by four-year Speech members, seniors **Stephanie Chang** and **Mandie Pirog**.

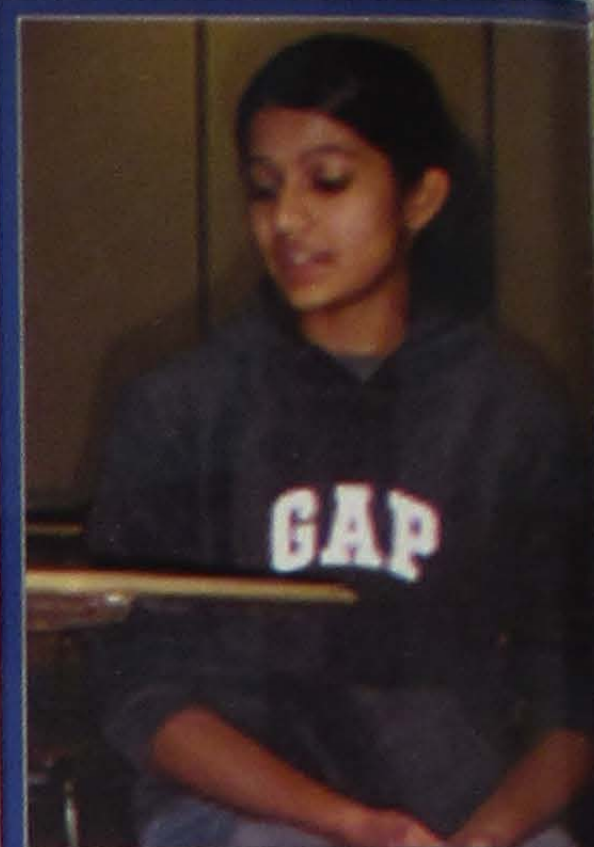
Speech Club features one-act plays for all grade levels, mime performances, readers theater, choral reading, improvisation events, and many individual speaking competitions. Not only does this great organization look impressive on one's resume, it is also practical in the way it builds confidence and provides opportunities to hone valuable oratory skills.

"Public speaking intimidates many students at Ames High School. Our hope is that students who go into speech club will learn to overcome their fear or just to be able to perfect their abilities," Chang said.

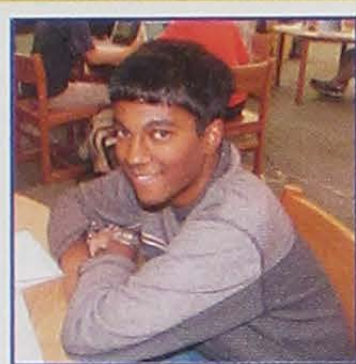
Speech Club is headed by Iowa State professor **Connie Ringlee**, whose passion has inspired countless students to reach beyond what they dreamed they were capable of achieving.

Speech Club has earned a trip to state competitions every year of its existence. They have placed in at least one event annually.

The commitment level for this club is high, but the rewards are equally high.



Taking a Breather - Practicing speech, sophomore **Anju Somani** parties it up at speech club. Participating in it is a draining and tiring experience, but she found speech club draining and tiring every opportunity to take a rest. Speech club was a collaboration of comedians, actors, and, of course, speakers. For the last four years, representatives from speech club had competed at the state competition. (Photo by E. Cohea)



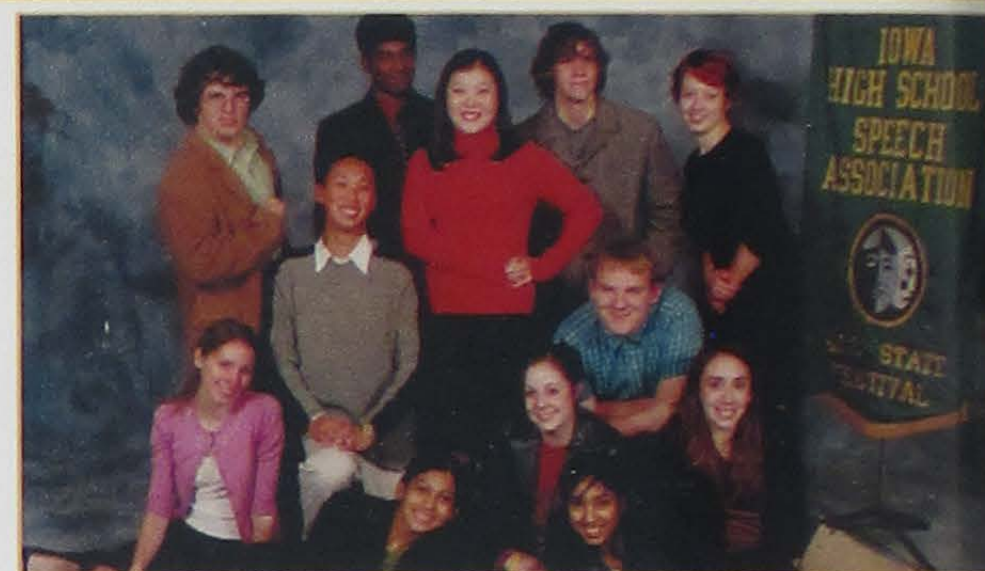
"Speech club is perhaps the most unknown and underrated club at Ames High"
-Neal Marasinghe, Senior



"I just love being at the school until 9 o'clock at night. Being the last car in the parking lot is very gratifying."
-Mandie Pirog, Senior



"The judges were much harsher this year than in the past. They were moody and mean."
-Beth McKiernan, Senior

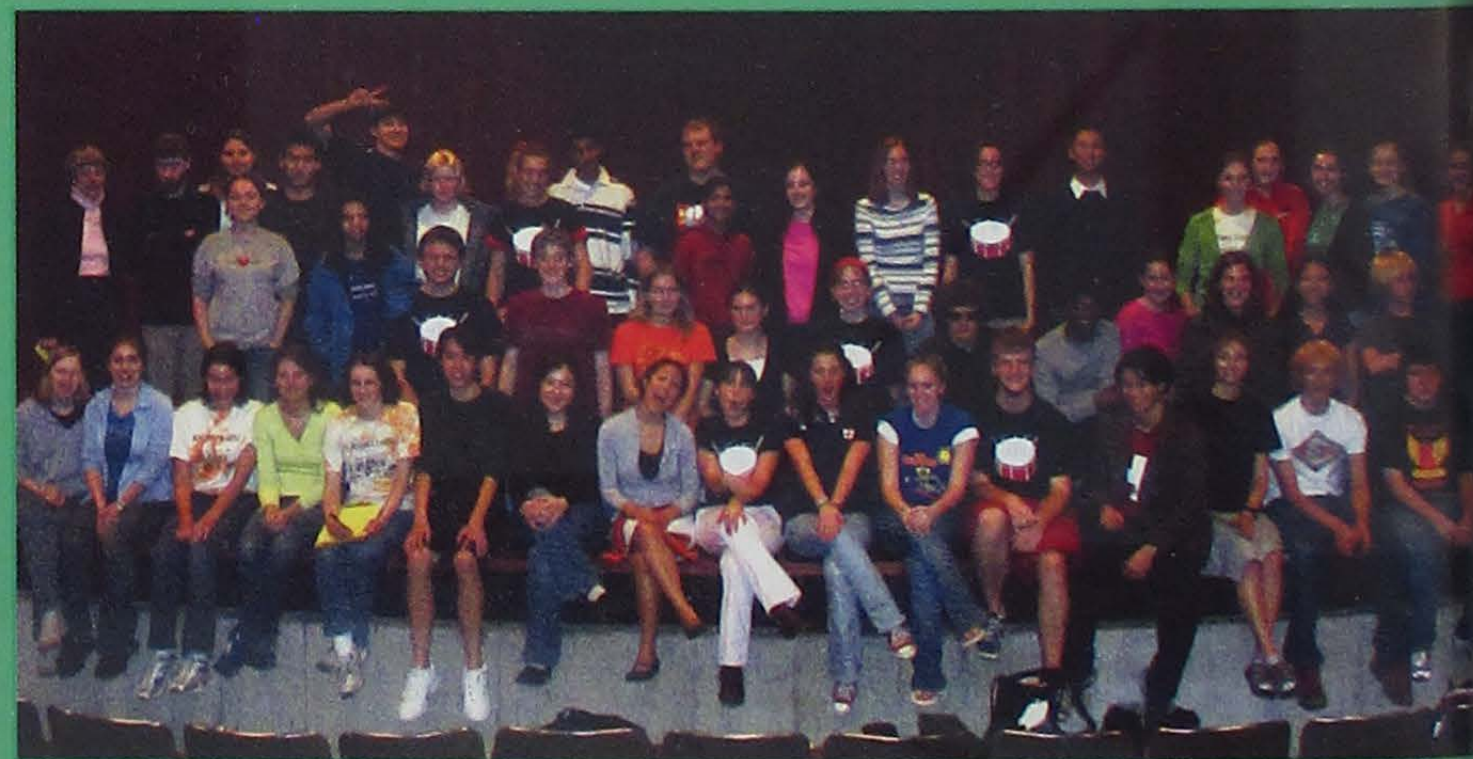


All-State Speech Television News Team - Row 1: Anju Somani, Supraja Rajagopalan Row 2: Allyse Helmich, Jenni Boccella, Jessie Curry Row 3: Edward Chen, Chris Johnston Row 4: Nick Zdorkowski, Neal Marasinghe, Jenny Shen, Jonathan Anderegg, Anna Kurkalova



Take Five! - Practicing for their event, television news, seniors **Jenny Shen** and **Edward Chen** look ready to take a commercial break. Though the pair enjoyed working together, there were also 13 other people in the event. "Speech Club is the only place where you can talk to yourself and no one will think you're crazy," Shen said. (Photo by Libby Utesch)

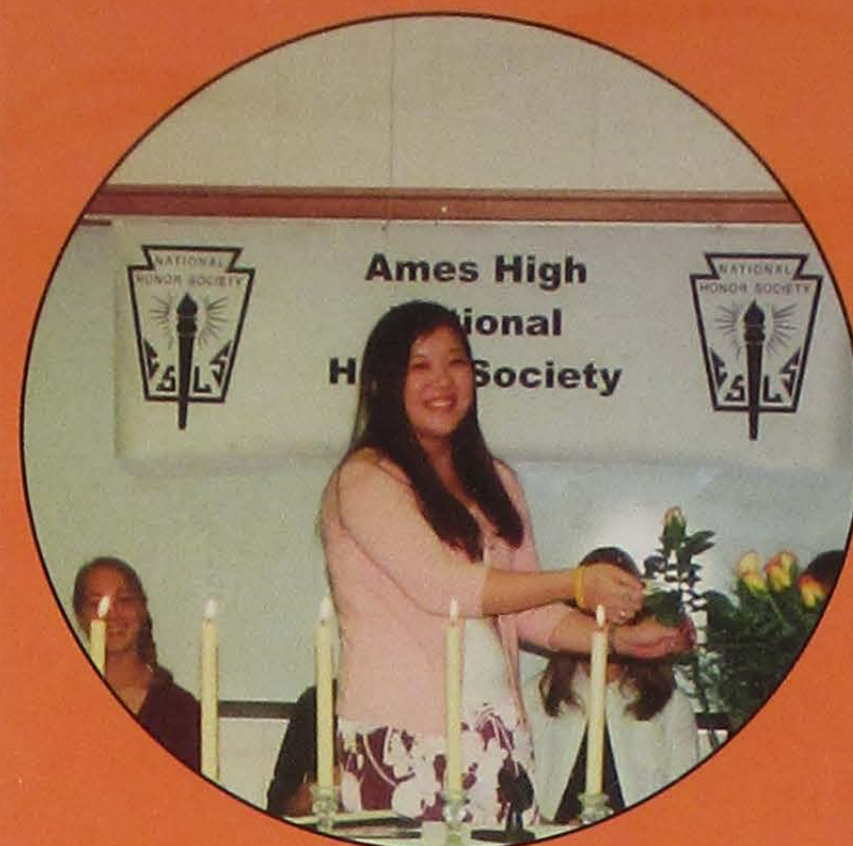
Row 1: S.Schreitmueller, K.Thompson, K.Torgerson, K.Meyer, E.Heddendorf, K.Lu, J.Shen, S.Chang, M.Pirog, M.Leucke, J.Zeumer, B.Davis, R.Chang, L.Reynolds, C.Leuke, R.Wolt Row 2: A.Ingham, K.Sawyer, C.Harder, M.Chellew, C.Godfrey, S.Fratzke, E.Lott, N. Zdorkowski, N.Marasinghe, S. A.Todey, M. S.Bonnet Row 3: C.Ringlee, J.Huston, B.Thompson, M.Simpson, J.Strickland, J.Rundle, T.Stubbs, M.Premkumar, C.Johnson, A.Somani, J.Boccella, L.Chidister, S.Spencer, E.Chen, J.Fullhart, T.Godfrey, S.Brimeyer





Group Picture Row 1 - Dianna Bai, Lindsey Adams, Jill Kaspar, Luke Lowry, Joseph Cox, Abby Gaul, Jane Vu, Jenny Shen, Katie Wolt. **Row 2** - Emily Bird, Jamie Carlyle, Edward Chen, Rachael Cox, Greg Hunter, Susan Raich, Melanie Janzek, Susan Shen, Sarah Spencer, Ben Barclay.

Smarty Pants! - During the induction ceremony, senior **Jenny Shen** accepts her flower. When the members' names were called, they signed their names in a book and took a flower in recognition of their membership in the National Honor Society. This sweet party was only one of the many benefits of being in NHS. (Photo by Miranda Eness)



"It's such an honor to be part of the academic elite at Ames High School."
-Senior Emily Bird



"An Ankeny guy gave a candle to me during inductions and since then it's been magic."
-Senior Jill Kaspar



"It's really exciting to be in the charter group of such a prestigious club. Plus, our secret handshake totally kicks butt!"
-Senior Lindsey Adams



"NHS is a place where nerds unite!"
-Senior Jamie Carlyle



By The Numbers Sorta National Honor Society Math Problem.

Ames High Students	1475
Minus Ames High Address	1921
Equals	-446
Plus Class of 2005	377
Equals	-69
Plus Miles Driven By Ankeny Members To Induct Us	50.5
Equals	-18.5
Plus Ankeny's Score Vs. Ames In football	48
Minus Minimum GPA Required For Acceptance	3.5
Equals	26
Minus Adviser	1
Equals Members	25

How many students would want to submit an application to a club that may not allow them entry? More than one hundred juniors are invited to apply, but only twenty-five of the brightest and most community involved students are accepted into the prestigious National Honor Society.

The requirements for consideration are a 3.5 GPA or higher and a written application essay. Many of the essays tend to revolve around their involvement in school, church, and volunteering.

Meeting most Tuesdays during second hour lunch, NHS gathers in the multi-purpose room to eat

and to discuss opportunities for service projects.

Another project of the society is to peer-tutor underclassmen. This gives the academically proficient students a chance to branch out and help others who are having troubles in classes in which most members have been successful.

The volunteering branch of National Honor Society assists members in finding opportunities to reach out to the community. "I feel that the volunteering pulled me in. I wouldn't have wanted to sit in a room and pat myself on the back for having a 3.5 GPA or higher," senior Greg Hunter said.

NATIONAL HONOR SOCIETY

ACTIVITIES

Peer Tutoring

Volunteering

Community Involvement

MEMBERS

25

ADVISER

Linda Telleen-Martens

ARE SMART!

NATIONAL HONOR SOCIETY

MOCK TRIAL

ALL RISE FOR THE JUDGE

MOCK TRIAL

ACTIVITIES

Case Studies
Competitions
Attorneys & Judges
Court Appearances
Murders and Divorce

MEMBERS

23

ADVISER

Mrs. Norris

"Order in the court!" A phrase well known to Mock Trial members as their main objective is to attend "court" and act as either an attorney or witness.

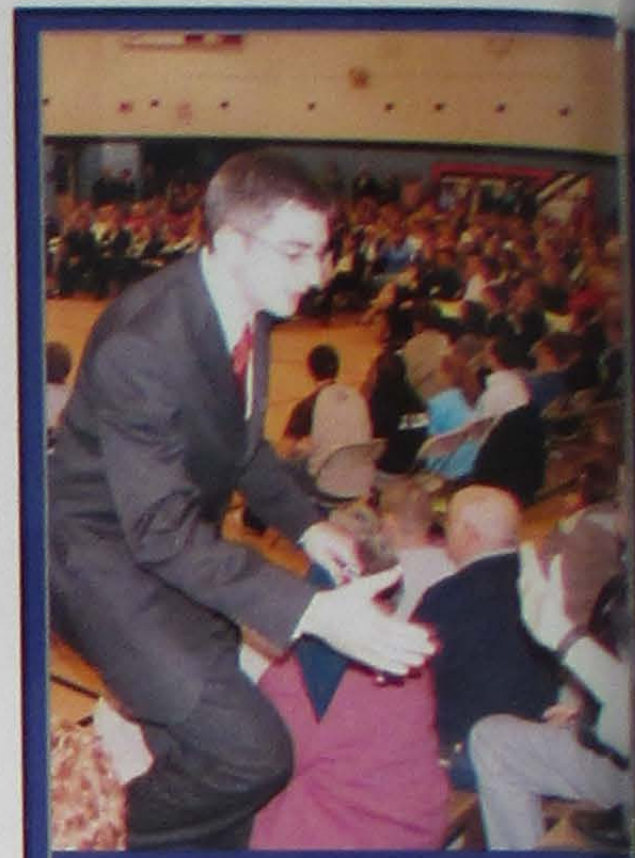
Mock Trial meets twice a week and also several other times in individual groups to discuss their case. As Christina Godfrey puts it (with slight sarcasm), "Mock Trial is basically an activity for people with no lives who like to pretend to be smart." Godfrey has been an active participant in Mock Trial for the past three years and likes it most of the time.

"The main point of Mock Trial is go to court...and win," Godfrey said. In past years they have dealt with cases such as murder,

but this year they're working on a slightly different genre: civil cases. Members of Mock Trial memorize their case, assemble into a group of four attorneys and six witnesses, and take it to court to compete and of course, win.

There haven't been any competitions yet, but they are preparing for competitions that will be held in March. Competitions are generally held in Ames, but this year a few will be taken place in Waterloo. State Finals will be in Des Moines and the Ames High team has competed at the state level for the past few years.

Be forewarned because here comes the Ames High Mock



Throw Your Hats In The Air - Shake hands with an audience member, juror Jeremy Girton accepts congrats from family and friends after a successful competition. The Mock Trial team competed at the State competition and managed impressive results. They proved to the rest of Iowa what the Ames High Mock Trial is all about. (Photo courtesy of Jackie Norris)



"I loved using my French accent to fool the innocent."
-Victoria Breshears
Junior



"Remember the golden rule, deny your lie. There's nothing better to see than a cross and an attorney cry in front of you."
-Paul Heideman
Senior



"It's not only the competitions that are fun, but the conversations that develop during practice."
-Wyatt Miller
Freshman



"It's the only time where you know you probably killed someone and you can still get the world to believe your innocent."
-Supraja Rajagopalan
Sophomore



I See You! - Playing "Peek-a-boo," sophomore Krishna Prahbu creates fun card games using his creativity. Bus rides always provide breakthroughs to new games and jokes. (Photo courtesy of Jackie Norris)



End of Story - Discussing ways to approach their case, senior Jenny Shen tells senior Paul Heideman how it's going to be. Working in group situations can always result in disagreement of opinion, but no worries, Mock Trial always came together in the end. (Photo by Jenny Cheuk)

1st Row: Jacob Rosenberg, Susan Fratzke, Katie Sawyer, Dianna Bai, Victoria Breshears
2nd Row: Matt Grotheer, Sam Hapke, Jenny Shen, Krishna Prahbu
3rd Row: Peter Hapke, Mrs. Norris, Christina Godfrey, Wyatt Simmons, Supraja Rajagopalan, Anju Somani, Chris Johnston, Jeremy Girton, Ulfur Grant, Paul Heideman





Row 1: Meredith Parsons, Kenneth Zuerner, Jacob Canfield, Kyle Johnson, Matthew Grotheer,
Row 2: Mr. Phomvisay, Sam Hapke, Catherine Thompson, James Pringle, Sam Yang, Jeremy
Girton, Krishna Prahbu, Laurel Scott, Tommy Hoffman, Michael Masteller, Nicholas Miller,
Kanya Berguson, Karen Berguson

Rebuttal That!- Representing the green party, senior **Ben Jackson** was the mock David Cobb in the Ames High election. Mock election gave students a chance to express their political opinions and allowed all underage students to vote for the best "candidate." (Photo by Miranda Eness)



"Debate has it's positives and negatives, like anything. But while some may think debate is nerdy, I think it's really fun."

-Chris Johnston
Senior



"Phomvisay has some mad Laotian skills."

-James Pringle
Junior



"Debate is for people who like to fight with knives...but that's illegal."

-Peter Hapke
Senior



"I love debate, but it's hard to choose between going to the Debate competitions and staying with my dog, Fluffy."

-Krishna Prahbu
Sophomore

DEBATE

By the Numbers...

Number of people in Debate	19
Number of Tuesday afternoons sacrificed	30
Number of Activities.	5
Miles driven across the Midwest	743
Number of State Champions	2
Amount of money spent dry-cleaning suits	\$250
Number bunny ears given.	8
Average IQ of Debate member	145
Average IQ of President Bush	123
Number of Advisors	2
Number of future political candidates	19
Casualties of Mock Trial - Debate War for Supremacy	2

Mock Congress. Lincoln and Douglas. Public Forum. These are all categories of intense competitions that only the strong-willed, determined, and argumentative can handle...the Debate Team.

After practicing every Wednesday this past year, the Debate team has come together and formed a successful, potent team. This year really has proven to everyone that Ames High has what it takes to be headstrong and win.

Competitions have been the best example that has shown off our team the most effectively. AHS had two State Champions this year: Katherine Thompson

and Jeremy Girton. They won the all-state Public Forum contest by going 10-0. Matt Grotheer was chosen as a quarter finalist in the Lincoln Douglas Contest, which is a one-on-one debate where the two people debate back and forth. Ames High also had other students win various awards. Sophomore Sarah Federle, for example, won the Super Congress Award and also the Excellent Speaker Award. Debate Team should earnestly give themselves a good pat on the back for these achievements.

This year was a good start to the formation of a great and legendary Debate Team to be known only as the best.

DEBATE

ACTIVITIES

Mock Congress,
Lincoln and Douglas,
Public Forum,
Competition,
State Finals,

MEMBERS

19

ADVISER

Mr. Phomvisay

DEBATE TEAM

DISCUSS AND ARGUE

SCIENCE OLYMPIAD

3-2-1 BLAST OFF!

SCIENCE OLYMPIAD

ACTIVITIES

Research
Build Structures
Robots
Compete

MEMBERS

7

ADVISER

Chad Zmolek

Skyrockets in flight. That would be one way to describe Science Olympiad members. Building complex structures and competing with knowledge, the Science Olympiad team put skills together to gain a greater understand-

ing and appreciation for science.

Members attempt to solve problems that demand determination and perseverance, such as building balsa wood structures that are designed to be light-weight and hold a large amount

of weight. Members also study complicated areas such as mysterious patterns, designer genes, and health sciences. They are preparing to bring this new knowledge to competition.

Science Olympiad has brought honor to the school for their upcoming competition, especially after consecutively winning competitions the past several years.

The Science Olympiad team has a lot to be proud of and will forever leave a legacy known to Ames High.



Row 1: Mark Fang, Dennis Quo, Michael Herriges, Emma Israel

Row 2: Sarah Spencer, Wern On, Maryam Zamanian



The two elitist members of Field Games Club: John Gilarski and Jon Nau

New to the school in 2004 was the club devoted to playing sports that are normally in the same line of thought as cruise ships and nursing homes. Field games club enjoyed playing games like bocce, croquet, lawn darts, and badminton.

The membership ranged from the two founders, seniors **Jon Nau** and **Rob Acker**, to less dedicated field gamers. While not as popular as some clubs, it has a zealous group of loyal followers.

Fields Game Club was born on a stormy fall afternoon when Jon looked out his window and noticed the ideal conditions his lawn presented for the infamous lawn games.

"The terrain must be level with a

even distribution of grass throughout the playing area," senior John Gilarski said. "It also helps if there is nothing around that can be thrown in rage as the Sunday afternoon games were known to become very intense."

Club members suggest that their games are much riskier than they are usually given credit for.

"Lawn darts have been known to cause death. If thrown improperly they can pierce the skin and cause the victim to bleed to death," Nau said.

But prospective members should not feel they are in danger should they ever choose to attend.

"At fields games club we take the utmost precautions to prevent an accident like this from happening. Like I always say safety before fun," Nau said.

With safety and fun in mind, Fields Games Club succeeded in possibly being the most creative and enjoyable club to grace the halls of Ames High this year.

FIELD GAMES CLUB

ACTIVITIES

Badminton
Bocce Ball
Lawn Darts
Croquet

MEMBERS

ADVISER

Chad Zmolek

LOOK OUT

FOR THAT SHUTTLECOCK

PROGRESSIVE

INCREASING AWARENESS

PROGRESSIVE CLUB

ACTIVITIES

Protest
Boycott
Make Posters
Announce

MEMBERS

23

ADVISER

Chad Zmolek

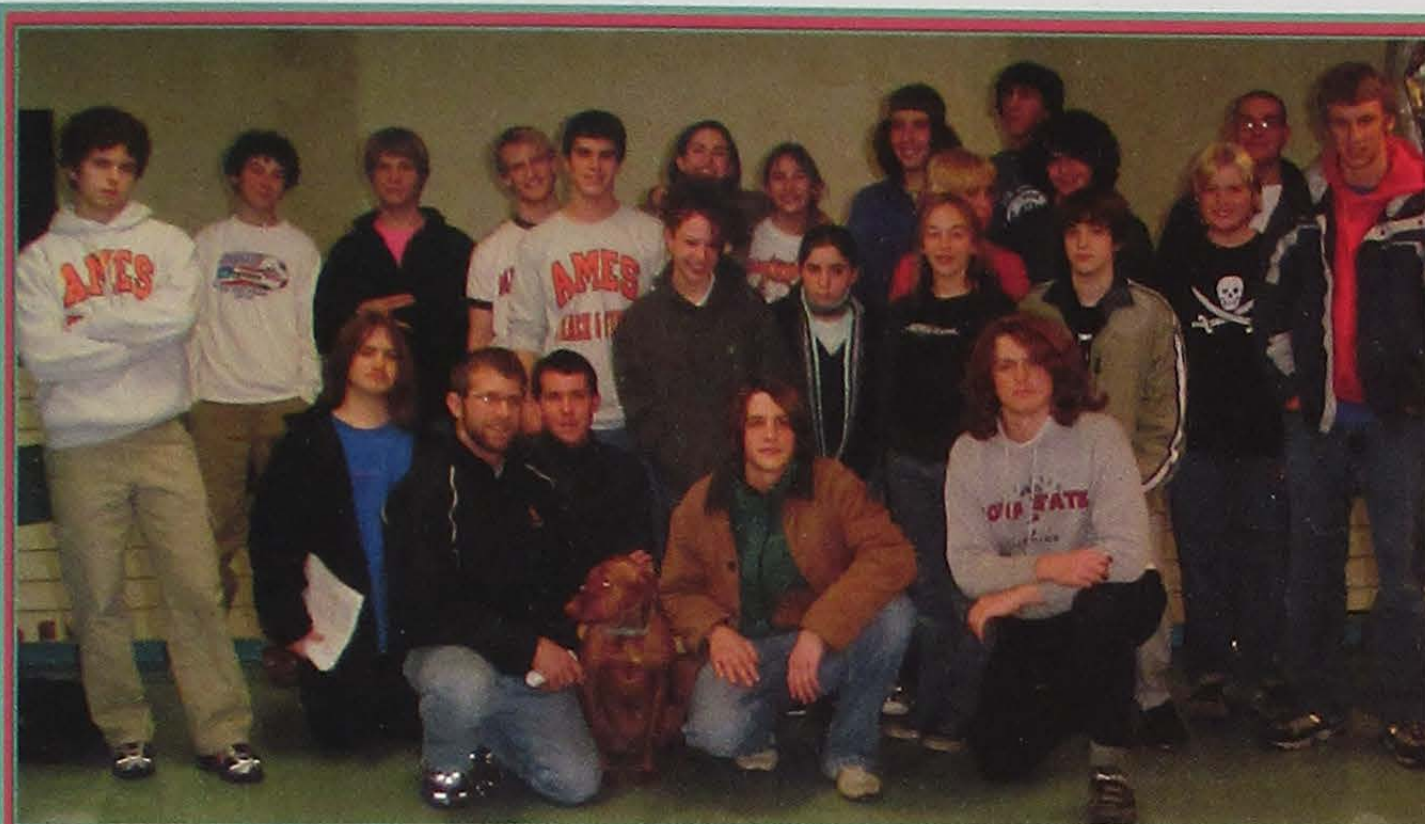
Protests. Boycotts. Increasing awareness. It's all in a day's work of a Progressive Club member. Progressive Club meets every Wednesday night to discuss ways they can create political awareness in the students

of Ames High. Any student who is interested in making the world's issues known are welcome to join.

Some of their ideas have been presented in flyers, protests and announcements. This year Progressive

Club has distributed flyers about the inauguration protest, made announcements about the effects of Coca Cola in South America, and is currently working on ways to inform students creatively about the number of casualties in Iraq.

"It really feels like we are making a difference and will be able to change something," freshman **Stephen Bonett** said. "To be honest, it's a really good feeling. Everyone should try it!"



Row 1: Drew Vesey, Doug Pepe, Chad Zmolek, Peter McCusky, Eric Thompson, Spencer Vesey

Row 2: Stephanie Enloe, Sarit Luban, Jo Gruenwald, Dylan Harris

Row 3: Asa Ritz, Evan Hudson, Alex Carlson, Greg Hunter, Katie Orazam, Emily Kawaler, Chan Liebman, Stephen Bonnett, Glenn Martin, Bobby Hunter, Joe Rundle, Ege Inanc, Garrett Russell



Row 1: Joe Rundle, Peter McCusky, Stephanie Enloe, Katie Orazam, Stephen Bonett, Dylan Harris, Asa Ritz

Row 2: Chan Liebman, Evan Hudson, Alex Carlson, Bobby Hunter, Greg Hunter, Glenn Martin, Eric Thompson, Doug Pepe, Drew Vesey

AMNESTY

INTERNATIONAL

ACTIVITIES

Letters
Opinions
Lawn Darts
Croquet

MEMBERS

16

ADVISER

Chad Zmolek

"To Whom This May Concern." It might as well be Amnesty International's slogan as it is used a wide variety of times to begin each letter tearious heads of state around the wrld.

Like Progressive Club, Amnesty International meets each Wednesday intending to make a difference in the wrld; however, unlike Progressive Cib, Amnesty International writes letters to world leaders to increase awareness.

One might not expect global leaders to care or react to a group of high school students' opinions, but Greg Hunter quickly disproved this theory. "When all the letters add up, people start to care and will actually take our

opinions seriously," Hunter said.

Some of the issues members of Amnesty International have dealt with this year include respecting human rights in other countries and problems in countries such as Sudan. They often write to leaders of the UN expressing their problems and ideas.

"It just makes sense to me to be in it, because it's really simple and you can do a lot of good," Hunter said. They really do make a difference and just the fact that so many students

care enough to express their feelings to international leaders around the world is amazing.

Members come from all grades; Everyone who is willing to work to make their opinions known and let high-ranked leaders know what they think about what is going on around the world is welcome.

High school students involved in such a good cause create a bright future and rise horizons for generations to come.

AMNESTY

ONE LETTER AT A TIME 89

DOMINATE

QUIZ BOWL CONTINUES WIN STREAK

QUIZ BOWL

ACTIVITIES

Cyclone Bowl
Heartland
Bowl

MEMBERS

15

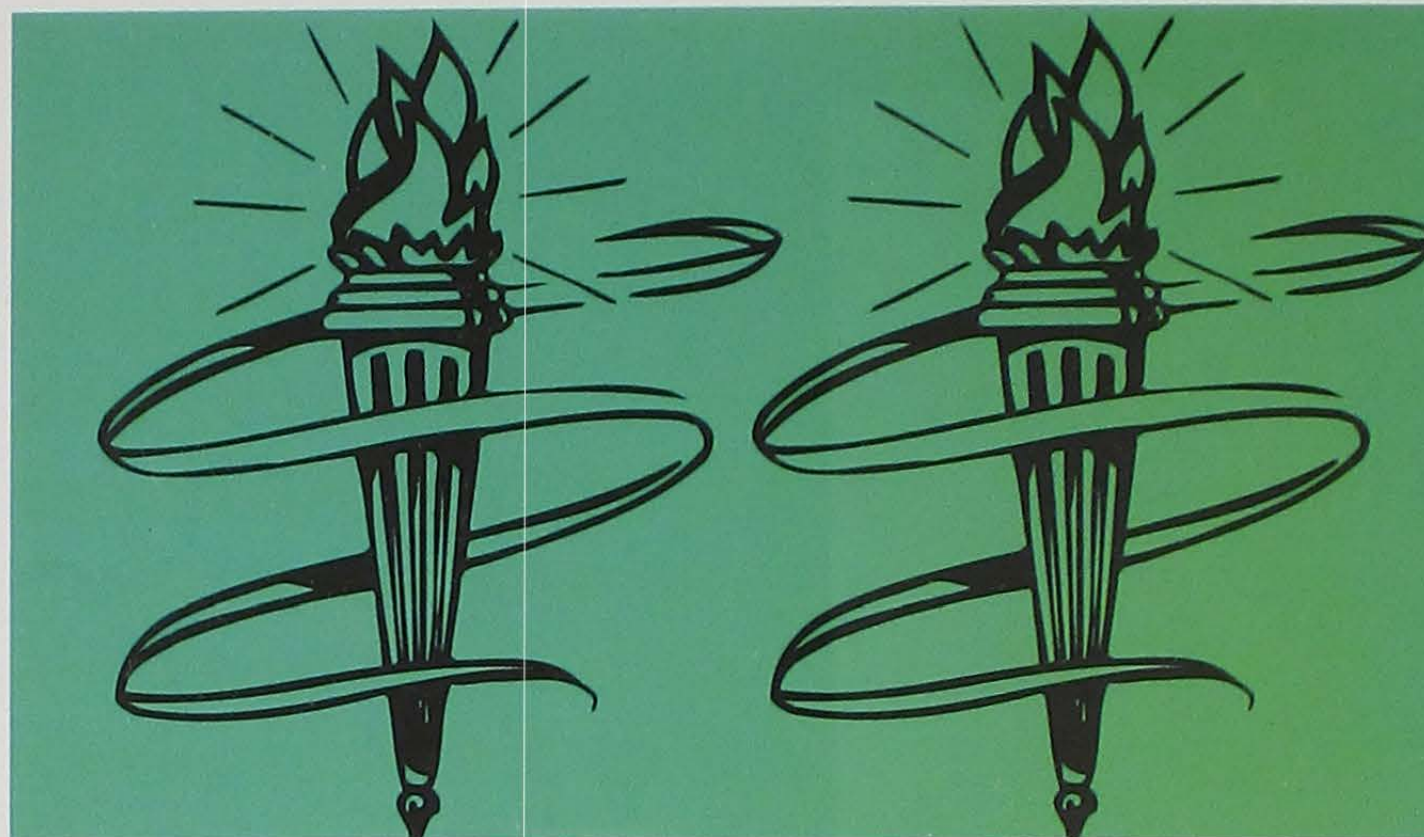
ADVISER

Kirk Daddow

The test to earn a spot on quiz bowl is insanely hard, which explains why only the smartest students get the honor to represent our school during quiz bowl competitions. AHS quiz bowl team is known across the state

for its dominance.

Some have even called the quiz bowl team the Valley football team of quiz bowl. The team looked to continue their domination this past year during several competitions.



Members: Chuck Cleary, Neal Marasinghe, Josh Maloney, Cris Matiba, Evan Hudson, Betsy Dilla, Jill Kasper, Susan Shen, Ulfar Grant, BJ Dill, Katie Orazem, Edward Chen, Ben Nelson, Xin Pan, Patrick Howell



Row 1: Sarit Luban, Jenny Cheuk
Row 2: Sam Hackerson, Brittany Thompson, Madeline Paschen, Nicole Kearney, Lauren Swanson, Micha Simpson

Crochet Club meets in the green and gold room of Mr. Forssman after school on Tuesdays to enjoy the fun of playing with needles. Discussing the latest yarn trends, members show each other new techniques of needle mastery.

Contrary to popular belief, Crochet Club isn't a club for the crocheting elite but encompasses all yarning sports. "Crochet Club is a chance for people to enjoy the yarning sports," Senior Ricki Baker said. Crocheting and knitting are the most popular activities but you can also find people braiding their hair with their crochet hooks. Now that is hardcore.

The founders of the club several

years ago liked the sound of Crochet Club better than the sound of Yarning Club. It's all about the alliteration baby!

The knitting/crocheting/yarning craze has been gaining steam since it first hit the hallways of Ames High in 2003. Frustrated teachers often attempt to contain the numbers of yarn sport participants because they perceive it as a distraction in class.

Master knitters and crocheters claim they can listen and sometimes

even learn better while keeping their hands occupied.

Yarn sports are an awesome way to relax and relieve stress. This is shown by the increase of yarning taking place in the classroom as finals draw nearer.

Whether you want to share your talents with the world or just enjoy the wonderful world of yarn sports, Crochet Club is worthy of a visit. Crochet Club is a great place to meet new people, have fun, and pass the time.

CROCHET CLUB

ACTIVITIES

Yarn Fun

MEMBERS

Various

ADVISER

John Forssman

YARNERS

MANIPULATING NEEDLES

GUIDING

THE WEE LITTLE FRESHMEN

SENIOR MENTORS

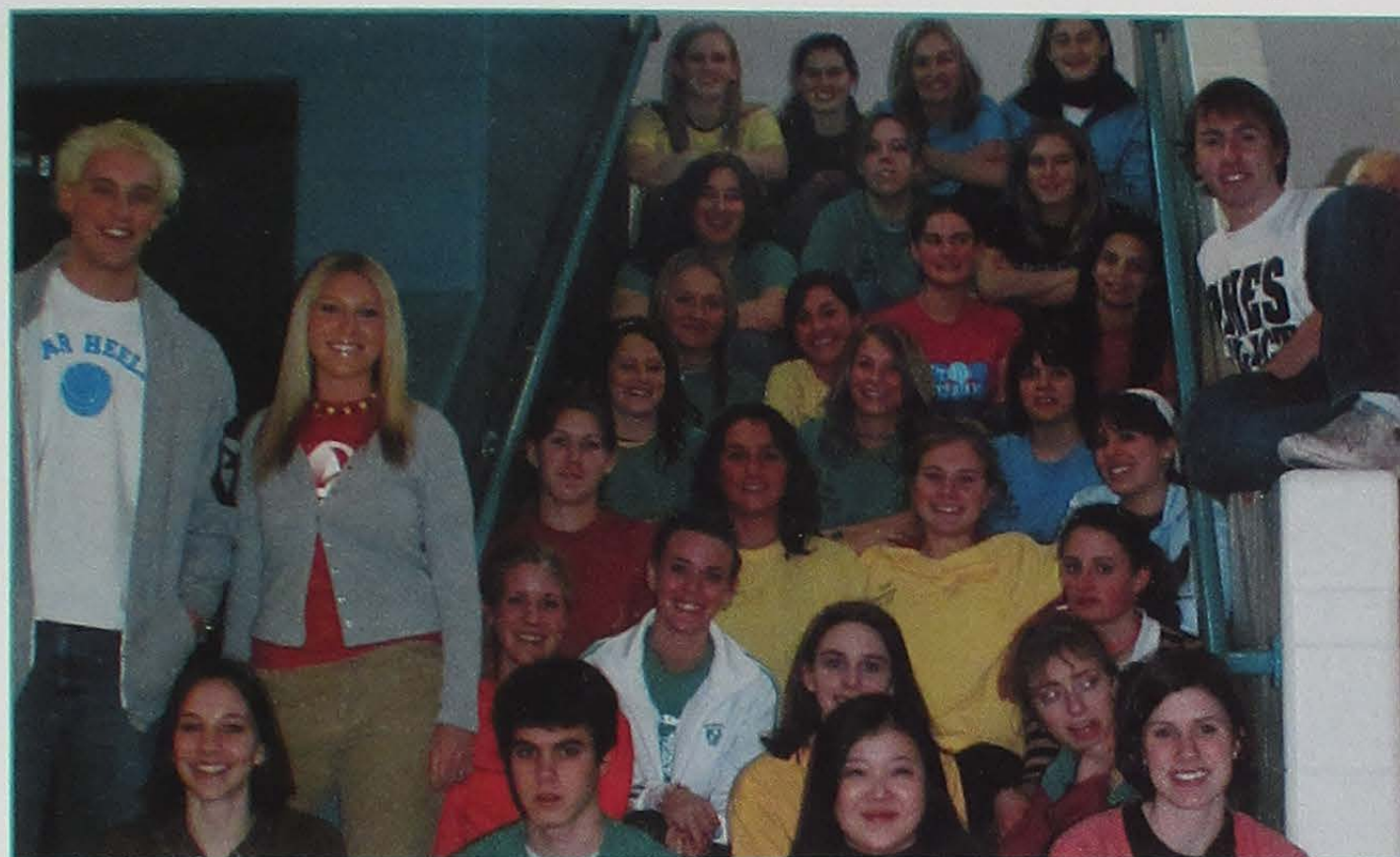
ACTIVITIES
Homeroom
Visits
Freshman
Orientation

MEMBERS
75

ADVISER
Allison DiBlasi

For freshmen, entering high school can be one of the most terrifying things they have had to do in their short lifetime. To ease the pain of this transition Senior Mentors reach out with a helping hand.

The first seventy five juniors to sign up in the spring prior to their senior year get the privilege to scope out the new hotties... I mean, guide the freshman through their first year in high school and ease the pain of



leaving middle school behind.

Senior Mentors sacrifice one of their last days of summer to show the freshmen around to help eliminate lost kids roaming the halls on the first day of school. Throughout the year they visit a freshman homeroom to answer any questions and offer helpful advice.

"Even though my homeroom doesn't like us very much, it's still a good opportunity for us to pass on words of wisdom to our freshmen," Senior Hank Wierson said.

Row 1: Jennie Bean, Greg Hunter, Jenny Shen, Erin Todey, Row 2: Rob Acker, Miranda Eness, Dana Peterson, Morgan Johnson, Susan Raich, Lauren Reynolds, Mirelle Lueke, Brian Scott, Row 3: Jamie Carlyle, Lindsey Adams, Pavla Brachova, Mandy Pirog, Row 4: Chasity Taylor, Marit Place, Chelsea Johnson, Row 5: Erin Bonnicksen, Blair Struble, Christina Godfrey, Row 6: Ricki Baker, Alexa Warwick, Melanie Wanzek, Sarah Eggert



Row 1: Evan Hudson, Emily Kawaler, Katie Orazem, Betsy Dilla, Aubrey James, Chris Matibag, Row 2: Neil Marasinghe, Elizabeth Casy, Edward Chen, Diana Bia, Samantha Hackerson, Annika Anderson, Erica Bjorklund, Sam Larsen-Ferree, Steph Cox

SCRATCH PAD

ACTIVITIES
Annual Publication

MEMBERS
24

ADVISER
Joyce Knoldigby

The Ames High publications rivalry was revived this past year with Scratch Pad thinking they prevailed over SPIRIT and the Web when they leaked into the Journalism room and decorated it with toilet paper. Scratchpad is way better than the Yearbook and Web because you have brains to be on the staff," Senior Neal Marasinghe said.

The Web pulled a prank on Scratch Pad member Evan Hudson to get him back for the vandalization of the loved Web and Yearbook room. It turned out Hudson was falsely accused, however, so Scratch Pad owed revenge. Scratch Pad won the battle by changing all of the Web's files on their computers.

Scratch Pad produces an annual

publication featuring students' artwork, short stories and poems. Scratch Pad members kick off the year by visiting English classrooms to explain what Scratch Pad is and to encourage students to submit.

New this past year was the poet and artist of the year competition, which required students to have three or more works put into Scratch Pad before they would be entered into the contest. English teachers judged the pieces to determine who

the poet of the year would be.

Scratch Pad is less read than the other publications but the quality of the work is amazing. Everyone should consider submitting at least one item during one's life at Ames High. The publication can only get better with more submissions from which to choose.

"The amazing talents in Scratch pad from the Ames High School students amazes me. But Web is still better," Senior Jenny Shen said.

SCRATCH PAD

EXERCISING CREATIVITY

FCA

FELLOWSHIP OF CHRISTIAN ATHLETES

FCA

ACTIVITIES

Annual Ski Trip
Sports
Community Service

MEMBERS

35

ADVISER

Mr. Webb
Mr. Mooney
Tim Hibbing

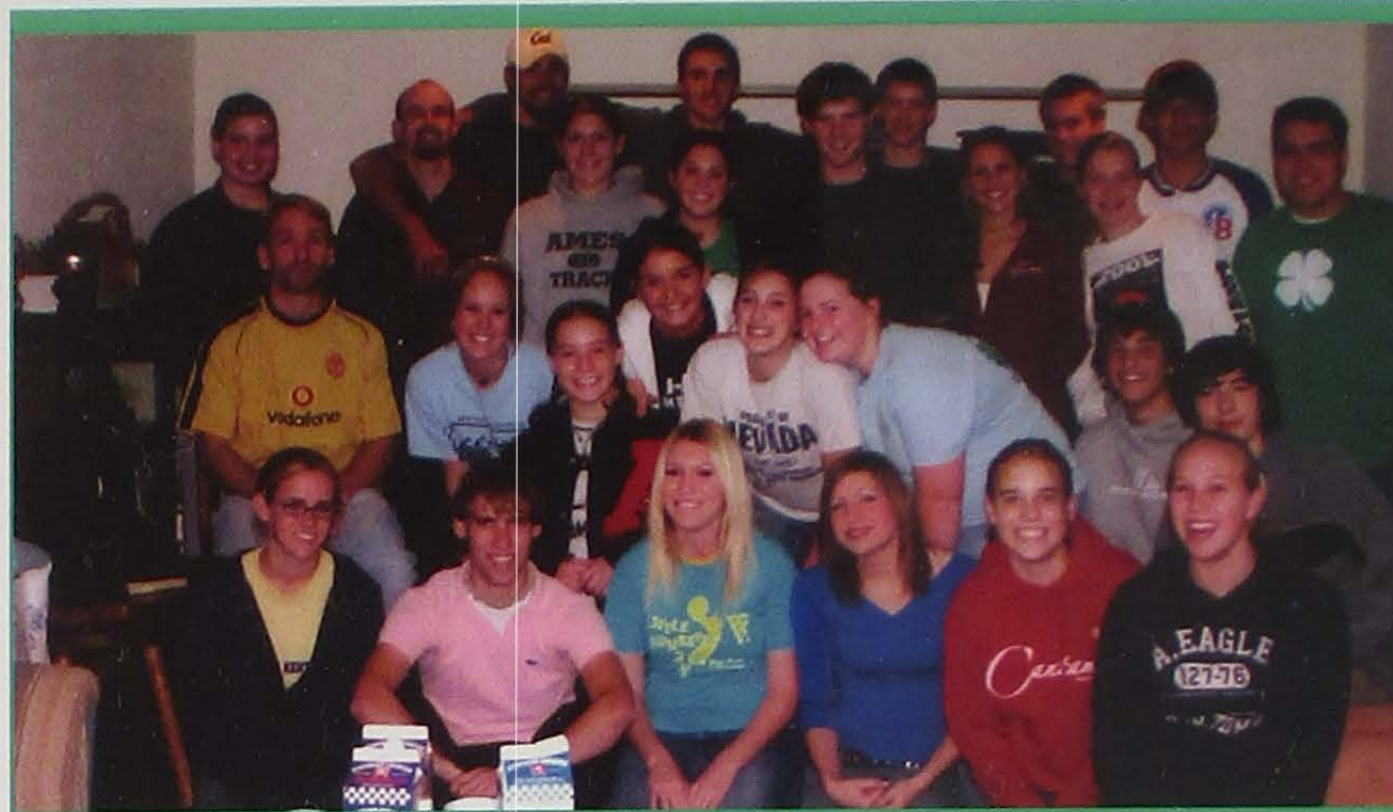
Each Monday night throughout the school year FCA meets at various people's houses to share a time of Christian fun and fellowship.

Many nights guest speakers are brought in to discuss everything from dating to how to live a disciplined

Christian lifestyle.

FCA isn't only for those who have a firm belief in God; rather, everyone is welcome.

"It is a very accepting club that allows everyone to express themselves in a comfortable environment," junior Neva Hibbing said.



Row 1: Mary Beth Kluesner, Luc Warth, Miranda Eness, Kyra Knutson, Elizabeth Warth, Kelsey Larson
Row 2: Mr. Mooney, Sarah Hundtmark, Angela Beckwith, Lindsay Adams, Neva Hibbing, Rebekah Hansen, Kyle Thomas, Anthony Ashley
Row 3: Sarah Nelson, Mr. Webb, Jamie Carlyle, Mandy Winkleblack, Mike Clark, Brianna Lelonek, Anna Greenwald, Nate Prindle
Row 4: Alex Pierce, Tim Hibbing, Tyler Clark, Ben Rupert, Jordan Funderhouser



Row 1: Alex Ingham, Elizabeth Lott, Tyler Hinderks, Mirelle Luecke, Maria Hindt
Row 2: Eman Mahgoub, Lauren Reynolds
Row 3: Cora Stuhmann, Neal Marasinghe, Robert Chang, Drew Robinson, Tessie Cook
Row 4: Erica Bjorkland, Laura Logsdon, Nicole Ciccotti
Row 5: Maya Lipert, Rachel Schmidt, Mandy Pirog, Sarah Holt, Scott Mettelle
Row 6: Beth McKiernan, Darshana Bhattacharyya, Katherine Thompson, Ross Hackerson
Row 7: Mindy Twetten, Heather Anderson, Austin Sandler, Betsy Dilla
Row 8: Shauna Simpson, Catie Glatz, Jeremy Girton
Row 9: Chris Harder, David Manu, Brian Scott, Sarah Eggert, Conrad Luecke

YELLOW SHIRT CLUB

ACTIVITIES

Wearing different colored shirts every Friday

MEMBERS

35 is

FOUNDER

Maria Hindt
Mirelle Luecke

It all started one day when a group of senior girls dragged themselves out of bed on an early Friday morning, threw on some clothes, trudged to school, and realized they were all wearing yellow shirts.

Everyone can relate to the mortification of showing up somewhere in public and realizing someone else is wearing the same shirt as you. But instead of hiding their heads and buttoning up their coats, this particular group of girls decided to start a club!

And so, Yellow Shirt Club was born. Seniors Maria Hindt and Mirelle Luecke, the founding mothers of this new club, took it upon

themselves to spread the news of this club to anyone who would listen. Not surprisingly, the member count quickly grew, reaching up to around 35 students of not only senior girls, but guys and girls of all ages. "Yellow Shirt Club is an epidemic!" senior Maria Hindt said. The club members took a vow never to wear yellow shirts on Friday ever again, since that's where all the trouble started.

Like any good club, shirts

are required! Through the creative minds of the members, a "pink" Yellow Shirt Club shirt was designed, made, and sold to all members.

A weekly shirt color is usually decided upon by either Hindt or Luecke, and posted on lockers through out the school.

"This club is perfect for people who like colors and have a lot of it in their closets," senior member Gretchen Gerbracht said.

YELLOW SHIRT CLUB

WEAR YOUR PINK SHIRT

GENTLEMEN'S BREAKFAST CLUB

DISCUSSING THE FUTURE

**GENTLEMEN'S
BREAKFAST
CLUB**

ACTIVITIES
Intense Debate
Food Consumption

MEMBERS
4-750

ADVISER
Mr. Antion

Living Rocks? Space: the battlefield of the future? Release the Bats? Captain Crunch or Honey Combs? Dance parties?

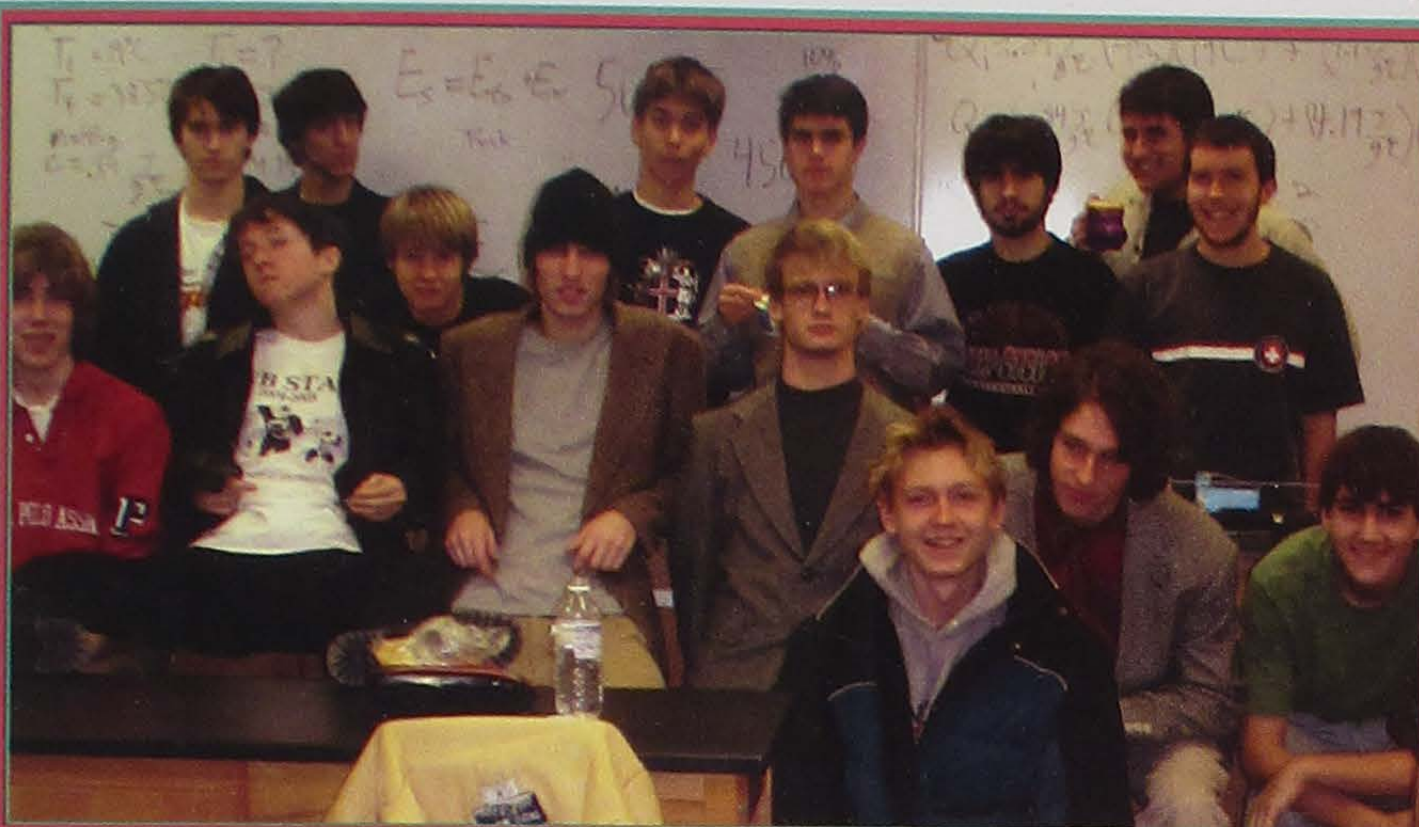
These topics are all intensely debated over at one of the hottest

test new clubs at AHS this year: Gentlemen's Breakfast Club, created by Minnesota born senior **Greg Hunter**.

"The food and discussion are both about the same- Totally

great," senior and Winter Formal court attendee **Colin Kramer** said. This upper-level dialogue each week could be what saves us in the future.

These boys are taking time to ponder topics that most don't see as thought-worthy. This club, is considered by some to be the more popular off-shoot to Ice Age Club, who is also using great forward thinking to reduce our anxieties.



Row 1: Alexie Yendovskiy
Row 2: Marcus Hippen, Isaiah Cunnaly, Evan Hudson, Joe Scott, Alex Carlson, Aaron Mendleson, Colin Kraemer
Row 3: Cade Cartwright, Glen Martin, Ulfer Grant, Greg Hunter, Tim Hart, Peter McCuskey
Row 4: Mark Hennager



Row 1: Adam Schmidt
Row 2: Aaron Mendelson, Greg Hunter, Colin Kraemer, Tim Hart, Nathan Sacks, Laurel Scott, Ben Jackson, Chris Matibag
Row 3: Andy Fullhart, Jim Schreitmuller, Joe Scott
On Pop Machine: Alex Carlson

Not Pictured: Ricky Fields

**ICE-AGE
CLUB**

ACTIVITIES
Accelerate
the coming
of the
next
Ice Age

MEMBERS
An unlucky
13

ADVISER
Mr. Lazere

When seniors **Colin Kramer** and **Joe Scott** approached Mr. Lazere last year and asked him to sponsor an Ice Age Club, he didn't know how to respond.

When they approached me I thought they were joking and thought I would call their bluff and say yes. My only conditions were that they wouldn't expect much out of me," Lazere said. What was thought to be a joke has now sprung up as the club of the year.

The members of Ice Age club do not meet on a regular basis, but when they do they are active. The boys have promoted their club in new innovative ways throughout

the year. Their first promotion was participation in the homecoming parade. The boys dressed up in caveman outfits and made over a car into a woolly mammoth. "My loincloth was a little too tight," senior **Greg Hunter** said.

Ice Age Club also provided their hot bodies to a Winter Formal date auction to support Winter Madness. All proceeds from the auction went to the

organization Ames High was supporting this year. "We made almost 100 dollars for Winter Madness," senior **Ricky Fields** said.

Perhaps their most popular event was selling random trinkets in a make-shift garage sale in the back lobby. The top seller was pictures of Ricky Fields posing in various ridiculous positions. "What can I say? I'm just hot," Fields said.

ICE AGE CLUB

GET OUT YOUR COATS 93

SPIRIT

MAKING MEMORIES

SPIRIT Sem. 1

ACTIVITIES

capturing memories by creating a book that will stand the test of time and helping old ladies across the street

MEMBERS

18

ADVISER

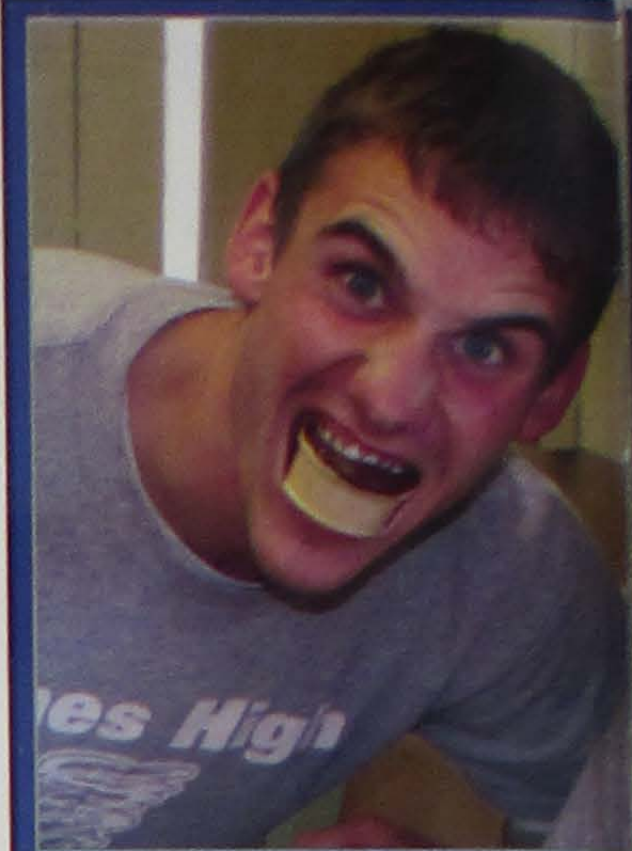
Mr. James etcha sketchin', bass playin', head shavin', story tellin' Webb

Every day during seventh period, 18 of Ames High's finest gather into Room 202 to develop a lasting archive of the unique experiences that make up high school life. With an eclectic mix of observant writers and pesky photographers, the staff works hard to capture memories from the school year.

"Yearbook rocks my freaking world. It is so much fun taking pictures of people I don't know. It is also fun getting to take pictures on the floor of all the events throughout the year," junior Olivia Langenberg said. Photographers roam the halls seeking out interesting activities and people.

Other members of the staff call various businesses around town to get sponsors for the book. These students then create ads for the businesses and place them in the book. "I really appreciated the opportunity to get real-world experience through advertising. It's an overwhelming responsibility knowing these businesses are entrusting their limited ad funds to us, but it's also rewarding when we pull off a great ad," senior managing editor Melanie Wanzak said.

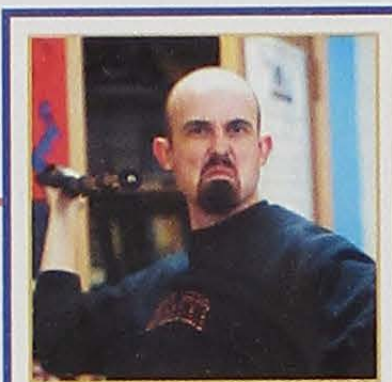
The business experience is great, but some staffers loved the social side best. "The couches and Friday snacks are the best," sophomore Jenny Cheuck said.



Eat This! - Eating a cupcake in a corner, senior John Gilarski decides to show as much of the cupcake as possible into his mouth. Every Friday, a SPIRIT staffer was assigned to bring treats. Senior Miranda Eness brought in cupcakes to celebrate her 18th birthday. Another common favorites were watermelon, puppy chow, and cren brule. (Photo by Libby Utesch)



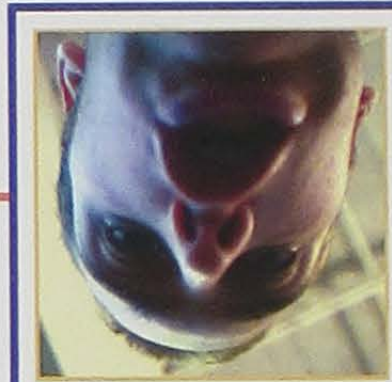
"I joined Yearbook for one reason... the very high girl to boy ratio." -senior and Editor in Chief Ben Barclay



"Most people think I do this out of a love for journalism, but really, it's all about the Benjamins..." -Advisor Mr. Webb



"I had to choose between the WEB and SPIRIT; I chose the lesser of two evils." -sophomore and Sports and Clubs Editor Alan Moss



"I'm in Yearbook mainly to test the couch and chair comfort levels. I check almost every-day and they sure are comfy." -senior Rob Acker



In Love With the Eighties - Helping her fashion-inhibited friend, staffer Jennie Bean tapes up Miranda Eness' out-of-style ripped jeans. (Photo by John Gilarski)



T.G.I.F - Relaxing in the yearbook room on a Friday afternoon, these six SPIRIT staffers contemplate life and share juicy tidbits of gossip. Fridays are always a party if one is lucky enough to be accepted into the elite staff of SPIRIT. While they are hard at work all through the week, these guys and gals never forget to take time to have fun. (Photo by Miranda Eness)

1st Semester Yearbook:

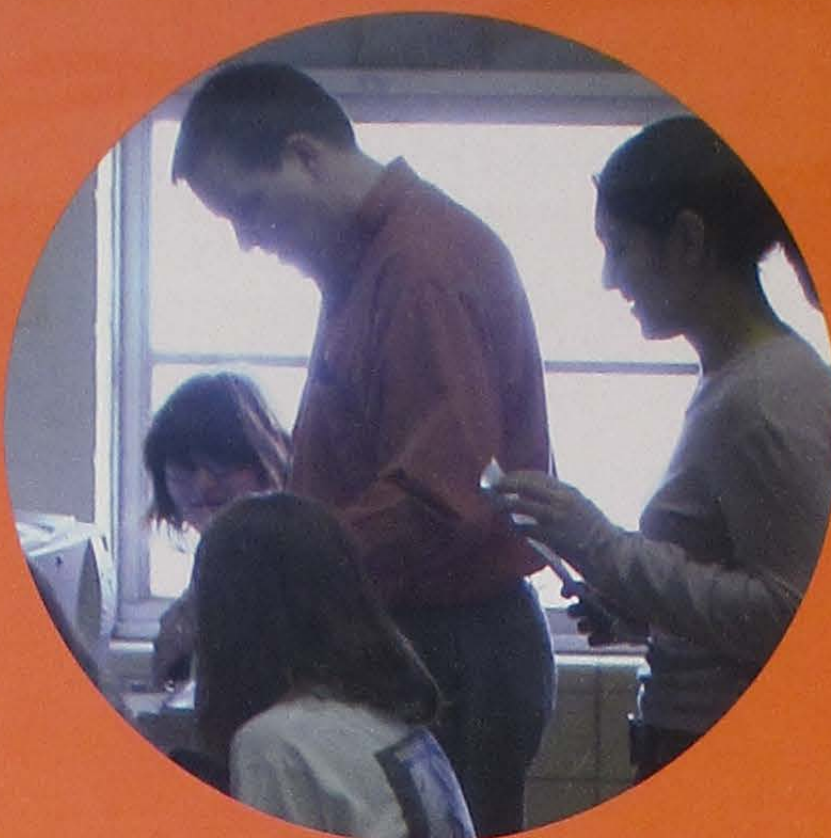
Front: Libby Utesch, Rachel Nesbitt, Miranda Eness, Melanie Wanzek, Jennie Bean
Second: Jenny Cheuk, Elizabeth Cohea, John Gilarski, Lucas Warth, Rob Vidimos, Gretchen Gerbracht, Rob Acker **Third:** Olivia Langenberg, Alan Moss, Shannon McCormick, Becky Sidles, Ben Barclay, James Webb, Chelsea Spear





Row 1- Dana Peterson, Ricky Fields, Greg Hunter, Maya Lipert, Isaiah Dunnally, Dianna Bai Row 2- Sami Villwock, Lara Curtis, Peter McCuskey, Patrick Howell, Jenny Shen, Nathan Sacks, Beth McKiernan, Ben Barclay, advisor Darin Johnson

Deadline Blues - Getting ready for the fast-approaching deadline, three WEB students senior Sami Villwock, senior Beth McKiernan, and junior Sarah Raaij put the final touches on their stories. Advisor Mr. Johnson checked over these stories to make sure they were ready and appropriate for publication. (Photo by Ben Barclay)



What Do You Think of the Web?



"I wish they would not open my classroom door to drop their papers off."
-Mr. Daddow
AP Western Civilization Teacher



"Whenever I pick up a Web, I feel like I have just picked up a dead tree trunk formed into the *Wall Street Journal*."
-Senior Mallory Engelen



"I am disappointed the Web hasn't given me a profile. It's all that evil Greg Hunter and his cronies."
-Sophomore Jacob Plesants



"It doesn't have good articles anymore and all the writers are bad; it went down the drain, and I miss Jessica Knight!"
-Junior Asaf Vaknin



Every third period, a group of Ames High's budding journalists meet in the yearbook room to produce a paper. This paper is widely circulated amongst the student population.

Although the feelings are mixed on the quality of this paper (the staff thinks it's really good), many this year are disappointed with the changes.

The transfer of editorial power always brings about a series of changes to the paper; however this year The WEB has undergone an extreme metamorphosis.

Not only has the format of the paper been changed, but the staff has too. This year's staff decided to take on the challenge of covering

Yearbook vs. Web

The numbers don't lie.

Number of people that read Yearbook	1100
Number of people that read the Web	16- the staff
Number of years that Yearbook lasts	forever
Number of years the Web lasts	.0000007
Number of Yearbooks being used to line cages	0
Number of Webs being used to line cages	1,856
Percent of population insulted by Yearbook	0%
Percent of population insulted by Web	97%
Percent of AHS happiness caused by Yearbook	100%
Percent of AHS happiness caused by the Web	0%
Percent of shared expenses paid by Yearbook	98%
Percent of shared expenses paid by the Web	2%

news stories with a more aggressive style. The staff took it upon itself to cover the 2004 elections as well as the growing cocaine problem within the halls of Ames High.

Along with the new staff came a new format for the paper. Taking a leap of faith, The WEB changed the entertaining columns of last year into serious newsworthy stories. Some people like the change. "I like the more aggressive style of the WEB this year," Mr. Daddow said.

However this change in style has been less accepted and highly criticized by the students. Maybe Ames High is not ready for a paper that writes about news stories.

THE WEB Sem. 1

ACTIVITIES

Every three or so weeks to put out a newspaper that litters the halls of Ames High School

MEMBERS

16

ADVISER

Mr. Darin Johnson

YEARBOOK

SEMESTER TWO

YEARBOOK SEMESTER 2

ACTIVITIES

Yearbooking
Semester 2
Sports

MEMBERS

18

ADVISER

James Webb

With four new additions to the staff, the yearbook continues to work hard to cover each and every Ames High event. New to semester two were Samantha Lewis, Britta Mennecke,

Brighton Prueger, and Jessie Svec. "Yearbook has been a determining factor in my life. It has really made me a stronger person. I've noticed increased shininess and sleekness to my

hair as well," sophomore Brighton Prueger said.

The second semester not only about taking pictures and writing captions, though. The yearbook room was moved from room 202 down to the back half of the multi purpose room, and then moved back to room 222 where they will be staying. "Yearbook is the special time of my day," sophomore Elizabeth Cohea said.



Row 1: Libby Utesch, Bee Sidles, Olivia Langenberg, Shannon McCormick, Jenny Chen, Samantha Lewis
Row 2: Melany Wanzek, Jennie Bean, Miran Eness, Brighton Prueger, Elizabeth Cohea, Jessie Svec, Rachel Nesbitt, Britta Mennake, Al Moss
Row 3: Rob Acker, Lutz Warth, Mr. Webb, Ben Barclay



Row 1 - Ben Barclay, Greg Hunter, Nathan Sacks, Peter McCuskey, Dana Peterson, Ricky Fields, Sami Vilwock. Row 2 - Matt Clark, Maya Lipert, Jenny Shen, Isaiah Cunnally, Patrick Howell, Dianna Bai, Beth McKiernan, Mr. Johnson. Row 3 - Sarit Luban, Lara Curtis, Sarah Raaii, Supraja Rajagopalan, Anju Somani.

The second semester of *The Web* is remarkably similar to the first semester, as the nineteen dedicated members continued to publish the school newspaper.

The Web features many different types of articles including sports articles, personal interviews, national issues, pro and con, and opinion articles. Another of the many wonderful aspects of *The Web* is the political cartoons drawn by editor-in-chief Greg Hunter.

"The Web is spectacular. Not only are Ames High events covered, but there are also articles about national and global

issues, which I think is pretty cool" commented sophomore Lizzie Warth.

"Peter McCuskey's 'Three Cents Worth' is really funny," sophomore Jessie Svec said. "I like how the period after *The Web* is distributed, none of the students pay attention and the teachers get mad."

One of the benefits of being selected for the highly prestigious Web staff is the oppor-

tunity to interview students and tell their stories through a school sponsored paper.

"Being on *The Web* gave me an insiders perspective on school politics and how things really work at the high school," senior Ben Barclay said.

As a student-run paper written by students and for students, it is an excellent avenue to better understand the school and the community.

THE WEB SEMESTER TWO

ACTIVITIES

Publishing
The Web

MEMBERS

ADVISER

Mr. Johnson

THE WEB

SEMESTER TWO

CYCLE-ONE

CYCLING CLUB

CYCLING CLUB

ACTIVITIES

ruisin' lookin' cool, biking to the center of the earth, eating pancakes, and sweet bike tricks

MEMBERS

6-9

ADVISOR

Chad Zmolek

What has sixteen wheels, loves pancakes, and is dominated by freshmen? Cycling Club! At last Ames High's finest cyclers have come together to form a club. the club engages themselves in a number of activities.

Cycling club held their first annual "All you can eat pancake extravaganza" this January.

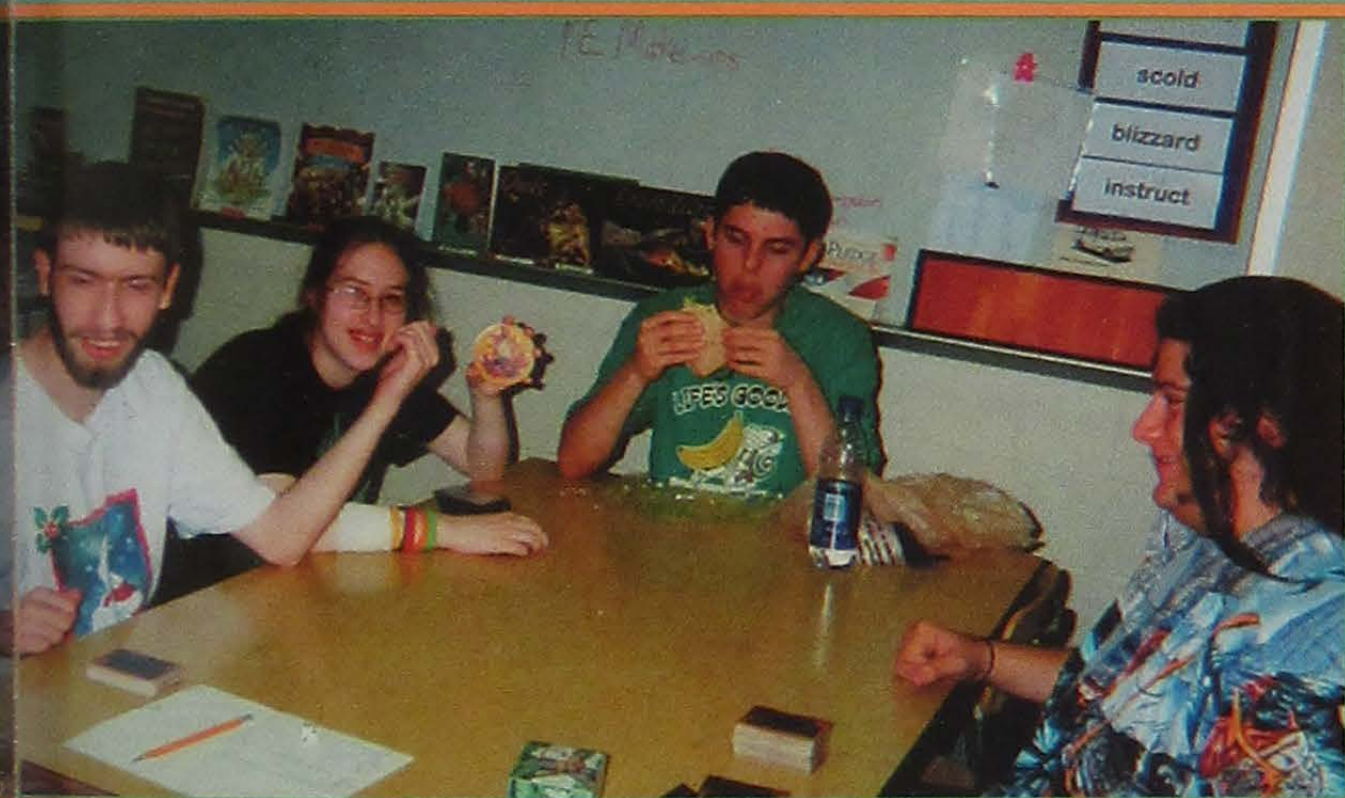
"The first contest was cut short by the unfortunate gutteral actions of an unnamed individual, but Cycling

Club is optimistic about future events in which vomitting will not be an issue," freshman **Bob Hunter** said. "It's like Colonial America. If they had just given up the first time the British were unfair, we wouldn't have our country today; and the pancake contest will not cease to see the same glory as our great country."

Sickness aside, the pancake extravaganza was a success, and all of Ames High looks forward to future events sponsored by Cycling Club.



Row 1: Bob Hunter. Row 2: Chan Liebman, Stephan Bonet, Spencer Veysey, Glenn Martin, Wyatt Miller.



Members: Jason Huston, Joy Meyers, Sean Schickell, Don Walker.

YU-GI-OH

CLUB

ACTIVITIES

Card trading
Discussing
Yu-Gi-Oh

MEMBERS

4

ADVISOR

Mary Wauson

What exactly is Yu-Gi-Oh!?

Yu-Gi-Oh! is a card game in which members can battle each other, testing their skills. There are many different types of tournaments for different types of players, ranging from inexperienced players looking to improve their skills to professional Yu-Gi-Oh! players. Each time a new booster pack comes out, there's a Sneak Preview at cities around the country. A Sneak Preview is your first chance to get packs on the new set, build Decks with them, and Duel against other people with the new cards. Yu-Gi-Oh! players at Ames High can access these

tournaments online, or they can travel to participate. Most commonly, students battle against each other.

The club at Ames High was started by junior Jason Huston and meets every Tuesday after school to discuss Yu-Gi-Oh! and practice battling with each other. If a person is battling another and his monster is defeated by the opponent's monster, the loser must forfeit

his cards to the victor. Yu-Gi-Oh! club is fascinating.

This club is part of a continuing tradition at Ames High to build a learning community in which everyone can find their unique niche or way to get involved. While this club is a small one, it is as important as the others to those who attend. Every year new clubs emerge to meet the changing shape of this unique environment.

YU-GI-OH!

TIME TO DUEL

Now showing...

From singers to pianists, thespians to cellists, the halls of Ames High are continually graced with the artistic talents of students of all ages. With excitement during the 2004-2005 year from such activities as Orchestra Tour and *The Music Man*, the magazine Rolling Clone takes a look at the sparkling students headed for stardom.

Rolling Clone



AMES HIGH BAND

The School's Very Own

Sacrificing a free lunch period, all the members of Ames High's Marching Band practiced everyday during fifth period to bring the school amazing performances

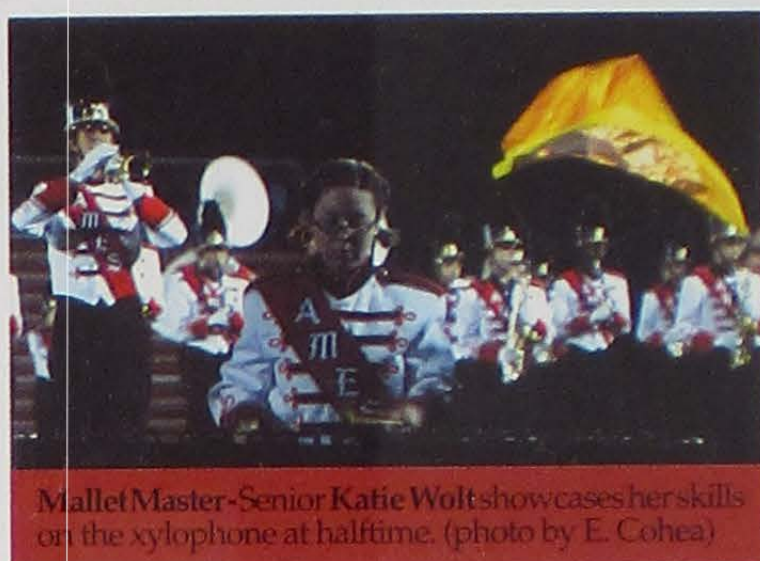
MARCH ON TO SUCCESS

OVERCOMING THE HEAT, THE RAIN, AND THEN THE COLD, THE MARCHING BAND KEEPS ON MARCHING

One time at band camp... Ames High band members sweated through the August heat in preparation for the upcoming marching band season. Drum line participants meet all summer and then join the rest of the band the week before school starts for two hour practices each afternoon.

Marching band takes its talent to the streets during the fall with the Pufferbilly Days Parade in Boone. Marching in the parade tends to be a fun but tough experience for most band members with the combination of Boone, heat, and band uniforms.

With practice every day, the marching band season builds up to the season finale at the last home football game of the year. This year's theme was the 1970's and was capped off with the song "Give Up The Funk."



Mallet Master-Senior Katie Wolt showcases her skills on the xylophone at halftime. (photo by E. Cohea)

As the marching band season draws to a close band members go through auditions to decide if they will be in the Symphonic Band or the Concert Band. Symphonic band generally plays more technical and challenging pieces, but both bands get the opportunity to perform several times throughout the year. The bands perform for elementary students during the year

to show them the benefits of playing an instrument.

In addition to the Symphonic and Concert bands, there are many other opportunities for band members to get involved. Jazz Band is a popular choice and gives students the chance to improvise and play a different style of music than they do on a day-to-day basis. For the sport fans in the band, there is also the chance to play in pep band during the boys and girls basketball games

In the spirit of competition, students can enter the state solo and small ensemble contest. Unlike a traditional contest, participants aren't fighting over being the best one there; instead, they get a score based on their performance. A 1-Rating is the best possible score, and many Ames band members bring home this honor from the contest.



Little Drummer Boy - Pumping out the beats during pep band, freshman **Kevin Raab** plays some songs for the entertainment of the crowd at a basketball game. Pep band played during timeouts and at the ends of quarters to create a great competitive atmosphere. Pep band members were typically dressed up with ridiculous accessories along with their tie-dyed t-shirts. (Photo by Elizabeth Cohea)

The Trumpeteers - Puffing their cheeks to the point of explosion, these ultra-talented band members try not to "blow their own horn." Competitions arose between the different sections of the band. Although the brass section was vastly populated, they were said to be sorely misrepresented in the band chain. Percussion often claimed to be at the top; however, when the brass unite, they may be able to take a stand. (Photo by Elizabeth Cohea)



The Sound of Music - Concentrating on their music, sophomore **Chelsea Davis**, junior **Ellen Heddendon**, and senior **Laura Logsdon** focus on the notes flying out from their fingers. With different instruments playing their own parts to create the beautiful music of the band, the clarinets usually carry the melody. (Photo by Elizabeth Cohea)



Flags over Ames High - Respectfully admiring the flag during the marching band's rendition of The National Anthem, junior **Candace Weis** holds her position in front of the crowded stands of a home football game. The color guard added spunk to marching band's performances with their creative choreography and colorful flags. (Photo by Libby Utesch)

Take A Stand - Getting recognition for their superior performance, the AHS Symphonic Band is applauded by the audience. Symphonic Band started after the marching band season had ended. They performed several times throughout the year. (Photo by Jenny Cheuk)

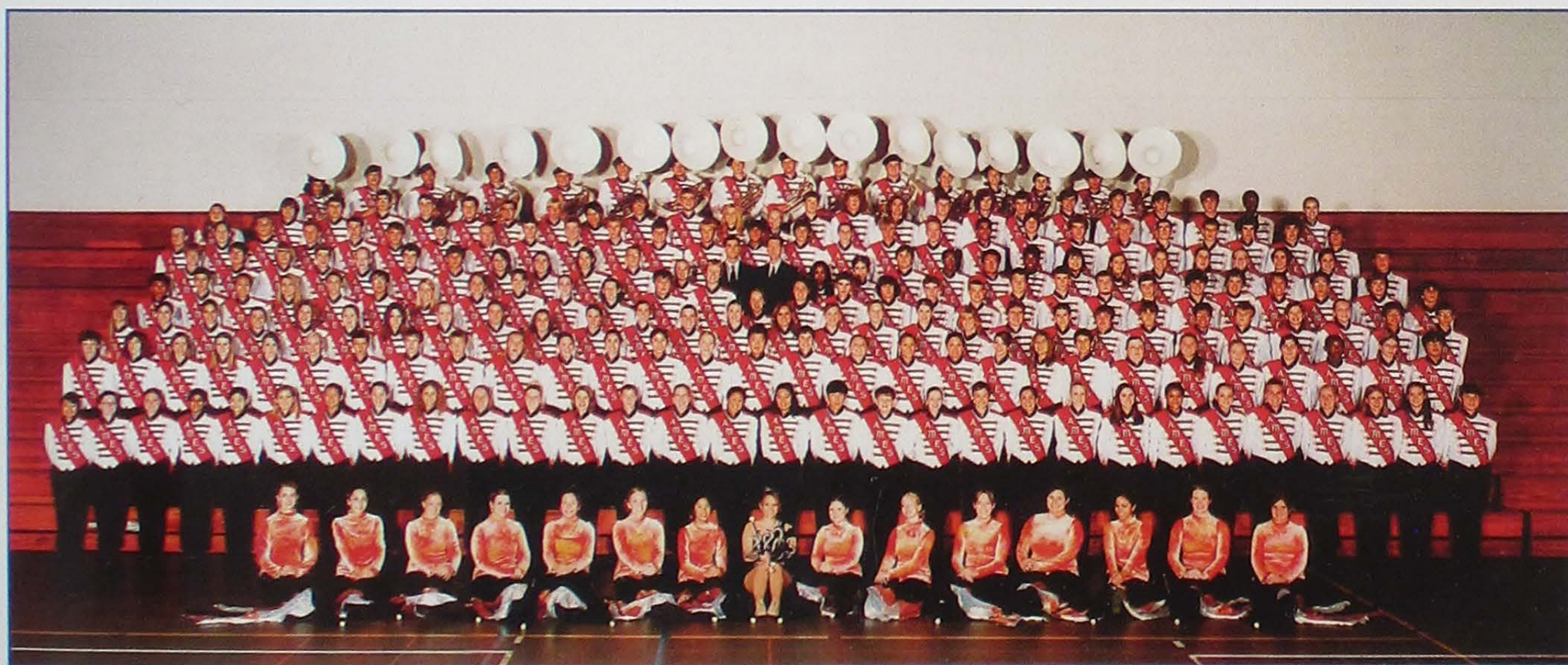
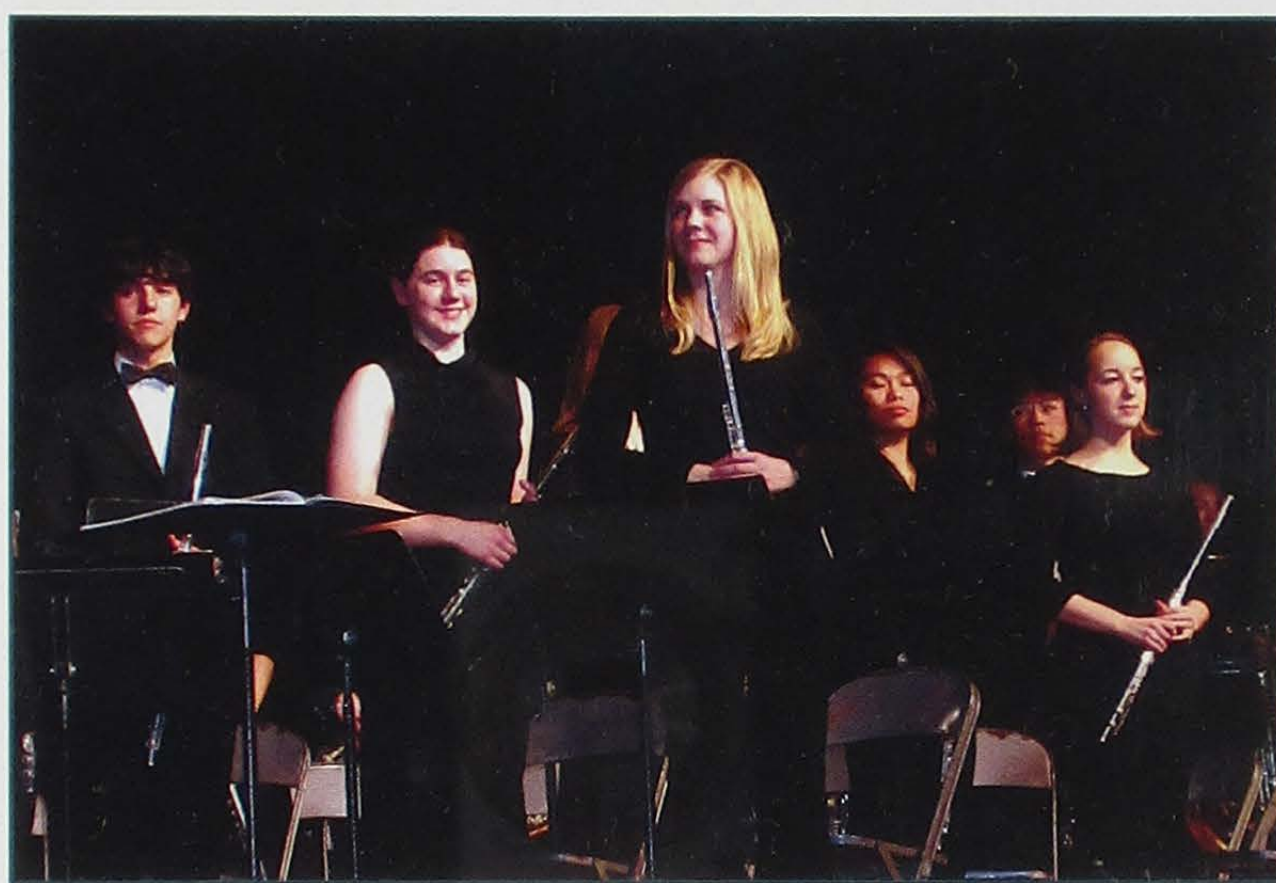


Blair Your Clarinet - Sneaking a glance at her music, senior **Blair Struble** belts out the school fight song on her clarinet during one of the many Ames High basketball games. As one of the faithful pepbanders, Struble was able to help rile the crowd through the upbeat music, bringing a new dimension that was greatly appreciated by fans. (Photo by Libby Utesch)



Johnny Blow Your Horn - Fine-tuning his master trombone skills, sophomore **Aaron Lott** warms up with a little tune. Although the marching band makes it look easy, marching and playing at the same time while staying in a perfect formation requires hours of practice during hot summer days and during the fall. (Photo by Libby Utesch)

Taking a Stand - Basking in the appreciative applause of another packed house, members of the symphonic band take a moment to stand and finally enjoy the fruit of countless hours in the practice rooms. (Photo by Jenny Cheuk)



Row 1: Laura Snell, Clara Weber, Shannon McCormick, Trisha Hawley, Candace Weis, Ashley Mahen, Audrey Leung, Kathy Formaker, Beth Casey, Katie Bierwagen, Blair Struble, Carolyn Goedeken, Lissy Woodward, Jianna Dakin, Elizabeth Deppe
Row 2: Sarah Shin, Kaitlyn Wolt, Erin Bagnall, Anju Somani, Anda Tanaka, Christina Godfrey, Magon Liu, Melissa Brockway, Lauren Frandsen, Emma Israel, Jennifer Hockett, Kelsey Kaufman, Rich Gaunt, Elizabeth Lott, Stephanie Chang, Maria Fabiosa, Dennis Kuo, Michael Rusteller, Lauren Jones, Natalie Brunia, Jane Vu, Kayla Ranney, Tarryn Tigges, Alexa Squire, Elizabeth Boswell, Becky Kerr, Meredith Parsons, Jennifer Compton, Elizabeth Cohea, Daniel Ramey
Row 3: Michael Wagner, Sam Vanfleet, Lauren Jones, Courtney Calhoun, Meghan Rexton, Chelsea Salisbury, Nate Behring, Eric Bierwagen, Riley Wendt, Rachel Hasselman, Sarah Graveline, Martha Garasky, Shing Shing Ho, Anna Greenwald, Eric Miller, Mark Gilarsky, Jordan Rietz, Kayla Acker, Molly Golemo, Emily Morris, Iris Harslan, Patrick Snell, Kaitlyn Seal, Toni Hasselman, Nichole Schmidt, Stephanie Cox, Kyle Johnson, Dagne Heimisdottir, Daniel Park
Row 4: Caitlyn Anderson, Katie Orazem, Laura Gehring, Rachel Miller, Anne Today, Erika Bjorklund, Amanda Perdie, Tiana Godfrey, Leigh Howell, Tessie Cochrille Luecke, Lucy Chidister, Emily Thurmaier, Nina Carlson, Shauna Flynn, Jenna Barret, Alex Bortle, Brittany Borril, Lauren Swanson, Aaron Lott, Chelsea Swan, Tyler Hinderks, Neil Mac Donald, Krishna Prabhu, Ben Scallon, Kelsey Simpkins, Kaitlyn Baldrige, Waring, Dustin Turner
Row 5: Jojo Fabiosa, Joseph Fuller, Frances Xin, Lindsay Niehm, Clare Kohler, Ben Leung, Dana Perterson, Emily Bird, Jamie Carlyle, Lisa Balvanz, Ellen Heddendorf, Martin Gallagher, Sam Robson, Abby Gaul, Laura Logston, Tad Fair, Gram Basyki, Daniel Alexander, Austin Skarshaug, Ryan Pesch, Andy Wass, Greg Shirbroun, Andy Richards, Ricky Fields, Jim Schreitmuller, Jeong Hoon Park, Chris Seeman, Nick Schoroder
Row 6: Ross Koppenhaver, Adam Liu, Andrew Doyle, Andy Mungons, Lauren Forth, Nath Davis, Manuel Melendez, Christen Meyer, Rachel Lowry, Kelsey Torgerson, Derek Lewis, Heather Anderson, Mr. Andrew Buttermore, Mr. Chris Ewan, Eman Mahgoub, Sarah McRoberts, Cody Warren, David Manu, Sawyer Hade, Neal Maranghe, Sarah McClanahan, Lamerabee, Laura Jean Clark, Sarah Jacobson, Catie Glatz, Rachel Coz, Kate Gleason, Jarret Wendt
Row 7: Shane Kelly, Jessica Oster, Zach Hurd, Jacob Rosenberg, Kurtis Ferguson, Andy Lamp, Jesse Ramey, Ross Blumer, Tim Morgan, Karl Peterson, Garrett Russell, Michael Dunlay, Cole Peiffer, Michael Hanson, Andy Lane, Meghan Hackerson, Chris Simonson, Ashley Robertson, Mukund Premkumar, Robert Koehler, Keith Davis, Zach Wayne, Jacob Pleasants, Drew Scholsser, Josh Larson-Konar, Kevin Raab, Greg Scallon
Row 8: Thompson, Matt Flynn, Mark McClanahan, Zack Brenner, Scott Simpkins, John Rohlf, Darren Geil, Drew Robinson, Robert Chang, Kyle Uhlmeier, Brian Davis, Mindy Twetten, Rachel Galliger, Sam Bird, Wyatt Miller, Conrad Lueke, Ben Kolner, Andy Fullhart, Dan Taylor, Jim Strickland, Craig Boecke, Elias Simpson, Adam Schmidt, Mazon Adam, Aubrey Robertson
Row 9: David Hicock, TJ Miller, Jeff Kim, Ross Hackerson, Chris Harde, Sean Siberski, Jeremy Girtor, Travis Heithoff, Nathan Larson, Jeff Hanson, Ryan Gibson, Jill Hix, Lauren Reynolds, Susan Raich, Max Choi, Sarah Schreitmuller.



Singing in the Reign - Laughing merrily, juniors Scott Simpkins, Laura Snell, and Andy Olson and seniors Jennie Register, Luke Lowry, Lucy Chidister, and Karl Peterson sit atop their jewel-encrusted thrones. During Madrigal, these seven entertainers thrilled the guests with their stunning vocal abilities. The extraordinary effort put forth by these kings and queens, lords and ladies, amounted to a dazzling and splendid performance. (Photo by Jenny Cheuk)



Concert Confusion - Waiting for the spring choir concert to begin, seniors Sarah Spencer and Alexa Warwick fill the space between them. To prevent further chair breakage, they had to avoid the terminated seat at all costs. Waiting for a concert is a most anxious time for the singers, preparing their vocal cords to stun their families and friends with the latest songs they had learned. (Photo Courtesy of Alexa Warwick.)

Together as One Voice - Coming together to form a massive group of singers, Ames High students blend with singers from other schools around Iowa. All-State was a monstrous concert in which choir, orchestra, and band all participate. For choir, each student used his or her own school robe. Representing Ames High at this year's all-state concert were senior Andy Lamp, and juniors Trisha Stubbs and Brian Weiss. (Photo courtesy of Alexa Warwick)



Freshman Choir Row 1 - Emily Barclay, Kimberly Stanforth, Laura King, Carolyn Baumgarther, Joanna Eggen, McKenzie Bourke, Adam Tyle. **Row 2** - Kendra Molone, Kelsey Kaughman, Matt McGrory, Jennifer Simpson, Shoma Chandr, Mallory Sorenson, Aslynn Terstra. **Row 3** - Ben Feller, Nathaniel Stott, Kelsey Simpkin, Sarah Parsons, Laura Gehrin, Kate Fowler, Jordan Sharp, Dustin Turner. **Row 4** - Connor Lueke, Sam Hapeke, Zack Hur, Mark Heitzman, Daniel Brown, Brendan Best, Andy Doyle, Aubrie James, Katie Marsden, Jacob Canfield.

Concert Chorale Row 1 - Lissy Westerman, Joey Dobson, Superja Rajapolan, Melissa Brockway, Samantha Lewis, Jane Vu, Natalie Brunia, Sarah Schreitmeuller, Rebecca Peterson, Tessie Cook, Jennie Register. **Row 2** - Katie Brimeyer, Rachel Schmidt, Alexa Warwick, Wei-Li Suen, Sarah Jackson, Emily Falk, Sarah Holt, Sarah Eggert, Laura Logsdon, Aaron Lott. **Row 3** - Aaron Langstrom, John Miraz, Kyra Knuth, Caitlin Hernstadt, Dana Howell, Jessi Egli, Emily Morris, Emily Thurmaier, Shannon Risius, Trisha Stubbs, Luke Lowry, Greg Shirbroun, Lucy Chidister, Sarah Spencer. **Row 4** - Andy Lamp, Carmi Spicer, Andy Richards, Adrienne Geske, Sarah McClanahan, Kelsey Dunshee, Jessica Oster, Ashley Hamilton, Nicole Cicotti, Kay Mwanza, Ricky Fields, Ross Koppenhaver, Hayley Jackson, Liz Deppe, Aaron Langlois. **Row 5** - T.J. Lawless, Andy Olson, Scott Mettillie, Chris Thompson, Karl Peterson, Andrew Johnson, Scott Simpkins, Brian Weiss, Austin Meyn, Chris Simonson, Ben Rupert, Ethan Forsgren, James Pringle, Neva Hibbing, Laura Snell.



CHORUS

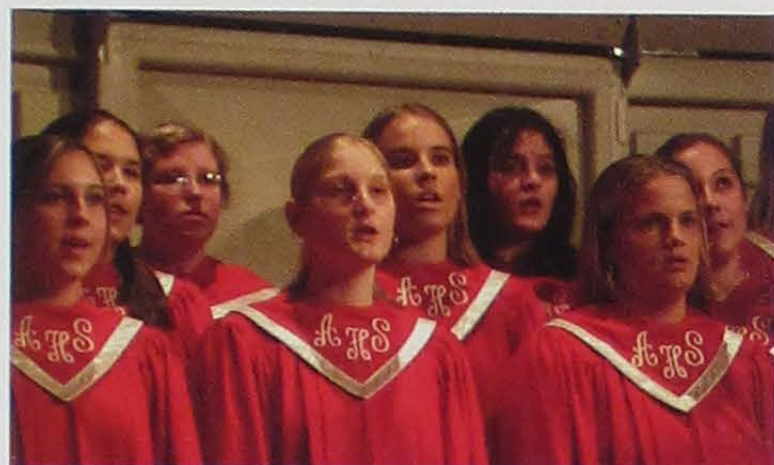
Singing For All to Hear

With perfection in vocals, Chorus fills the halls of Ames High with the sound of music

MAXIMUM MELODY

WITH TALENT EMERGING FROM ALL RANGES, THE AHS CHORUS STRIVES TO REACH NEW HEIGHTS AND SING FROM THE HEART

What is the only Ames High activity in which seniors go naked under their robes for the last concert of the year? Chorus! Three periods a day, the different Ames High choirs are hard at work perfecting songs for their next concert. During first period, the Concert Chorale practices. Chorale is made up of specially talented individuals who must try out for their position. Freshman Choir and Concert Choir also practice during second and third periods for others who wish to participate. Other choirs, such as Bass Choir and Treble Choir, are made up of special combinations of all boys or girls. Chorus puts on three concerts a year, one in each season. Other



Sophomores A. Struble, C. Larson, S. McRoberts, E. Warth, A. Ingham, and junior M. Heitzman. (Photo by Elizabeth Cohea)

chorus related activities include state solo and small ensemble contest, state large group contest, fundraising, Madrigal and the musical. State solo and small ensemble

contest occurs in the early spring. Judges come to Ames High and give all solos and small ensembles a rating based on their performance. A one-rating is the most superior rating one can receive, and four is the lowest. State large group contest is held in the late spring, and is rated similarly to solo and small ensemble contest. Fundraisers are also done throughout the year to raise money for new risers by selling fruit and candy to everyone they can find. "Chorus is about having fun and singing from your heart" junior Amanda Hinderks said. "I really like the contests, because I like to see how the Ames choirs compare to other choirs."

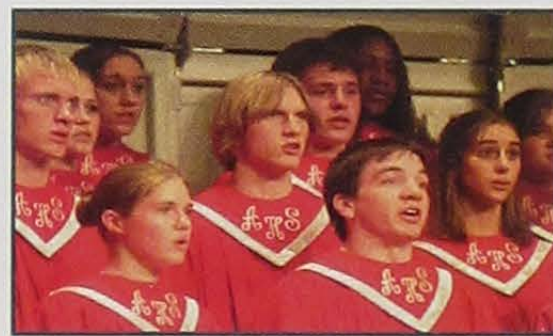


Selling a Tune - Proudly sporting choir robes, sophomores M. Simpson, B. Schnabble, and seniors C. Breyfogle and A. Pierce astonish the exuberant crowd at Ames High auditorium. (Photo by Elizabeth Cohea)



Star Spangled Stud - Serenading the crowd with the national anthem at a basketball game, senior Andy Lamp tips off the excitement of the event. Lamp was not a stranger to the spotlight, having starred in many of Ames High's greatest musical and drama productions in addition to singing the national anthem at countless events. (Photo by Rob Acker)

Sing Me a Song - Harmonizing, juniors R. Schmidt, A. Meyn, A. Budd, J. Pringle, L. Deppe, and seniors C. Spicer, P. Heideman, N. Ciccotti, K. Mwanza project lovely melodies to the ecstatic audience. (Photo by E. Cohea)



Concert Choir Row 1: H. Kalo-peck, T. Clark, C. Johnson, A. Ingham, P. Vellareddy, A. Bettis, A. Johnson, A. Dekkers, A. Winkleblack, J. Boccella, S. McRoberts. Row 2: L. Roach, J. Bak, A. Struble, D. Voss, A. Dodge, A. Chen, S. Poffenberger, J. Lim, C. Weis, C. Cot-trill. Row 3 - S. Nelson, H. Abebe, J. Kim, J. Martin, C. Larson, B. Bystrom, M. Heitzman, E. Grant, A. Finer. Row 4- M. Simpson, J. Lambert, B. Schnabble, A. Linduska, A. Wengert, J. Kroul, Z. Borg, D. Sedelman, M. Hippen, R. Chang. Row 5- J. King, C. Breyfogle, C. Andersen, C. Pritchard, J. Reichert, K. Harmelink, N. Crumpton, B. Dilla, T. Twetten, A. Pierce.

ORCHESTRA

ORCHESTRA TOUR 2005

AMES HIGH'S FINEST ORCHESTRA TRAVELS NORTH FOR A TOUR OF MUSIC RICH MINNESOTA

Orchestra Tour 2005 was a trip like none other, full of late-night partying, city touring, and of course, harmonious music playing. The group toured this year in St. Paul, Minnesota, and spread the good word of Ames High's awe-inspiring orchestra.

Although sightseeing and group activities are always a big deal on school trips, I think most students would agree that the highlight of these outings are the late nights spent in the hotel. Of course, no one would ever think of sneaking out past hours.

Orchestra students practice daily over fifth period as a group and spend numerous hours outside class with their beloved string instruments. Like most successful



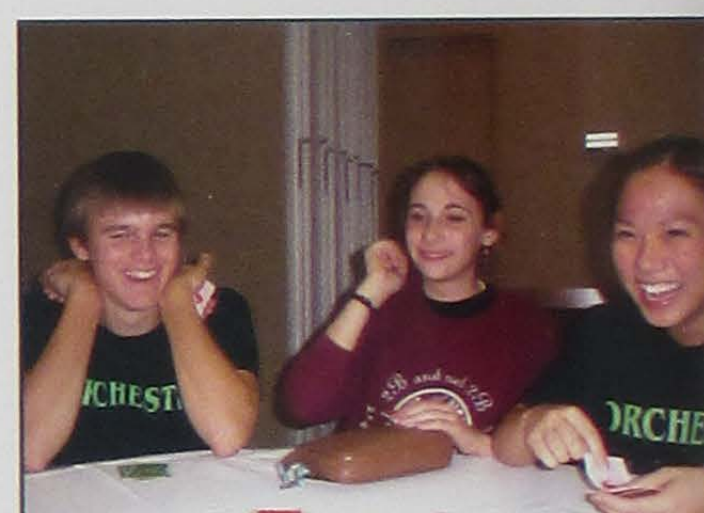
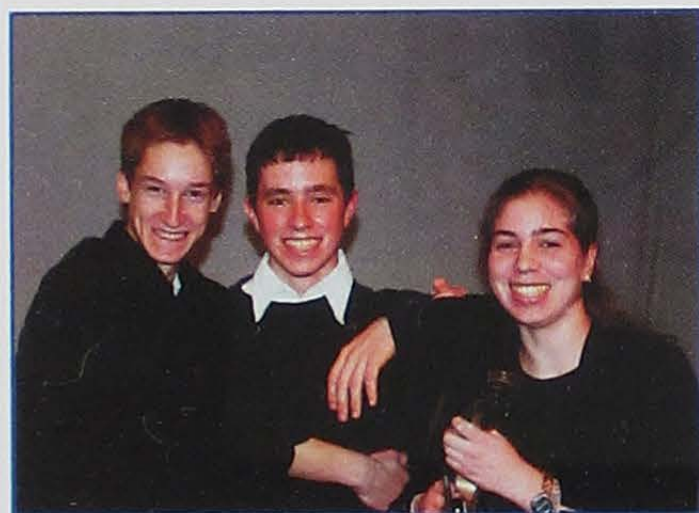
Dining out on Orchestra Tour, these sophomores have a scrumptious breakfast to start their day.

groups, the effort and perseverance put into the program pays off in the end when experiencing the anticipated tour.

"Probably the best part of the tour was

on this bus through the ghetto...we were on a gansta tour in St. Paul. There was this old lady wearing a hot pink dress telling us stories about sex, drugs, and rock-and-roll. Everyone just stared at her. It was hilarious. Other than that, I slept a lot," junior Emily Kawaler said.

Orchestra goes on tour once every three years and is a huge motivation for the players when times get tough. Staying in a time consuming activity that requires skill is not always easy. The junior and senior class have waited three or four long years to go on Orchestra Tour, and by a unanimous "yes," they agree it was way worth their time and effort.



Orchestra Group Picture

Row 1: Susan Raich, Jon Rohlf, Brian Davis, Scott Simpkins, Laura Logsdon, Max Choi, Ross Koppenhaver, Greg Shirbraun Row 2: Neal Marasinghe, Sarah McClanahan, Tyler Hindricks, Catie Glatz, Lara Larabee, Rachel Gallagher, Andy Lamp, Emily Morris, Rachel Lowry, Mindy Twetten, Jesse Ramey, Shauna Flynn, Drew Robinson, Katie Wolt Row 3: Xir Pan, Michelle Leinginger, Annie Jeong, Shoshana Berleant, Jacob Pleasants, Emily Kawaler, Sarit Luban, Kevin Lu, Sarah Holt, Christina Godfrey, Tiana Godfrey, Diane Kraus, Tiffany Bennett, Dave Gan Row 4: Vanessa Ninaquispe, Katherine Thompson, Alex Ingham, Stephanie Gong, Cindy Hsieh, Brittany Rover, Alyson Siegrist, Tessie Cook, Lydia Lowry, Asya Tsukruk, Hayley Jackson, Samantha Bennett, Evy Amaya, Sarah Shin Row 5: Nick Romsey, Wei-Li Suen, Ying Ying Liu, Mark Fang, Thomas Berg, Greg Scallon, Ethan Forsgren, Andrea Mallarino, Glenn Martin, Travis Heithoff, Sean Lou, Caleb Polashek, Rebecca Ferguson, Ege Inanc Row 6: Staneb Flomo, Jenny Cheuk, Ambika Athreya, Susan Shen, Betsy Dilla, Renee Bovinette, Joey Wendel, Alicia Wengert, Daniel Park, Albert Cho, Nick Joo, Natalie Deam, Niki Quan, Maria Hindt Row 7: Nikki Reynolds, Tommy Fields, Rachel Bovenmeyer, Emily Moschini, Alexa Warwick, Ilya Ellem, Kathy Formaker, Ray Wolt, Ben Scallon, Kayla Becraft, Emily Roth, Amy Edmundson, Jenny Suh, Elizabeth Valadez-Rosales Row 8: Jeff Hanson, Rebecca Park, Andrew Bovenmeyer, Carter Slagell, Daniel Knudson, Glenn Martin, Joshua Maloney, Chris Johnston, Marc Heitzman, Jua Rudison, M.J. Kang, Lavanya Singh Not Pictured: Lizette Hinojo





Technicolor Girls - Showing off her hot fishnets, senior **Katie Glatz** leans on junior **Tessy Cook** and seniors **Alexa Warwick** and **Maria Hindt** to portray her unique fashion sense. All the girls enjoyed dressing "uniquely" for a night on the town. (Photo by Jenny Cheuk)

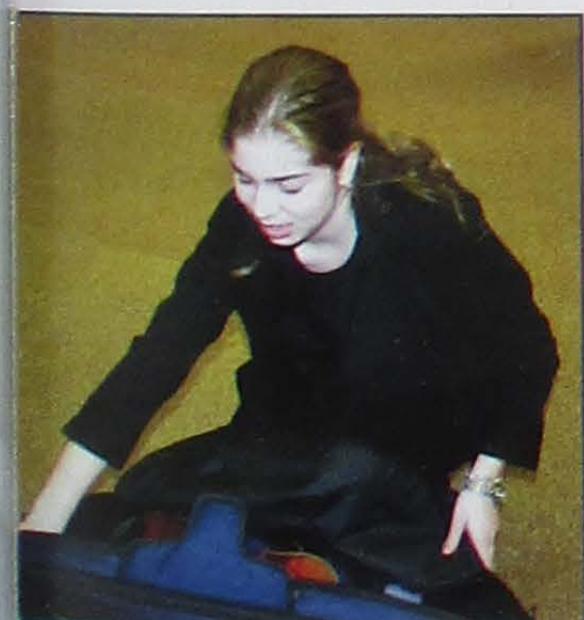
All By Himself - Introducing senior **Luke Lowry**, orchestra director Mrs. Polashek recognizes Lowry for his participation in the music program for all of high school. Lowry proceeded to play an outstanding solo to enhance the concert. (Photo by Samantha Lewis)



Relishing the Moment - Loving life in the lime light, junior **Emily Moschini** basks in the glory of the grand orchestra concert. After all the hard work and practice that went into orchestra, there was always a feeling of relief and happiness when all was well and done. Moschini participated in the orchestra program since 4th grade and was on her way to be a proud lettering senior in 2006. (Photo taken by Miranda Eness)



A Classy Dinner - Dining out, members of the orchestra roll up their sleeves, keep their elbows off the table, and come up to date with their proper English skills to be appropriately presentable to upper class America. (photo by Jenny Cheuk)



Company Calls - Pulling out her cello, junior **Katherine Thompson** prepares for another stellar performance. The orchestra had approximately five concerts this year including Baccalaureate and Commencement. (Photo by Jenny Cheuk)



A Perfect Sonnet - Wowing the crowd with their amazing talent, sophomore **Glenn Martin** and junior **Emily Moschini** perform alongside the Ames High Orchestra and astonish the audience with their harmonious music. (Photo taken by James Webb)

Almost There - Showing off their cellos, senior **Rachel Bovenmeyer**, junior **Emily Moschini**, and senior **Alexa Warwick** portray their cherished instruments. The three were reflecting on their last Spring Concert together. (Photo taken by Elizabeth Cohea)

A MIDSUMMER'S NIGHT

Several Ames High students tackle one of William Shakespeare's most famous comedies, performed under the direction of Thespian advisor Barbara Stafford

DREAM

ONE CRAZY NIGHT

A "LOVE SQUARE" IS DISTORTED ONE SUMMER NIGHT DEEP IN THE FOREST

What happens when one mixes magical love potions, a donkey-headed man, a mischievous elf, and four hormone-crazed lovers? It's not the story line from the seventh Harry Potter epic, but rather the story line of Ames High's spring play adaptation of Shakespeare's *A Midsummer's Night Dream*. The play featured many AHS students, including ones that were new to the drama program.

The basic plot of the play is quite complicated; the noblewoman Hermia is in love with a man named Lysander but is supposed to marry her social equal Demetrius. Hermia and Lysander plan a secret wedding in the forest, but Hermia's good friend Helen, who is in love with Demetrius, foils their

plans.

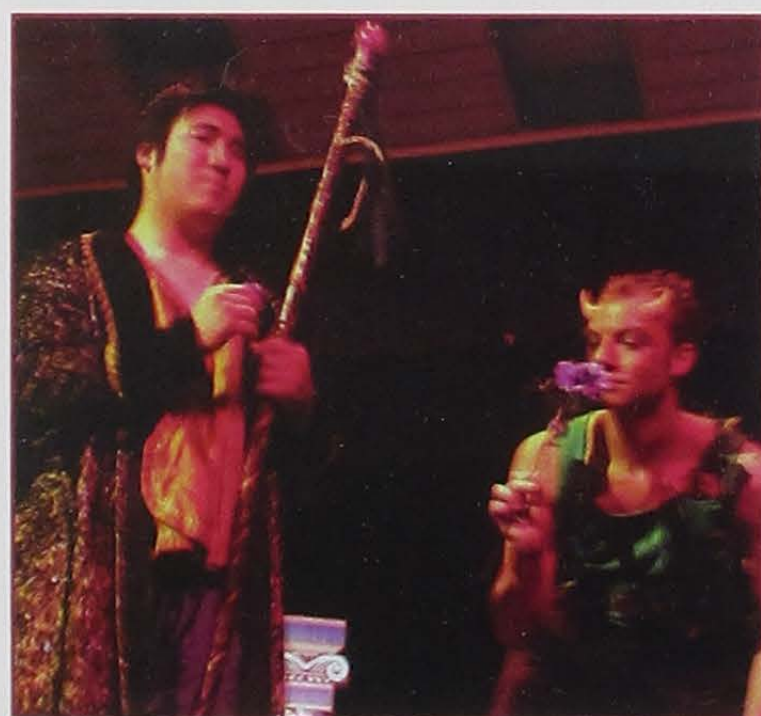
Night falls on the forest, which becomes alive with magical creatures. In the end, everyone is in love with someone else [for the worse], and the horned Puck must piece the characters' love lives back together which he manages to do without losing his clever smirk.

Attendance was high at this particular play showing that the students of Ames High are indeed well-rounded. The actors, assistants, and technicians all put a lot of effort into making this a memorable performance. The director of this play has promised to try a Shakespeare play every year which could hopefully become a long-lasting tradition.



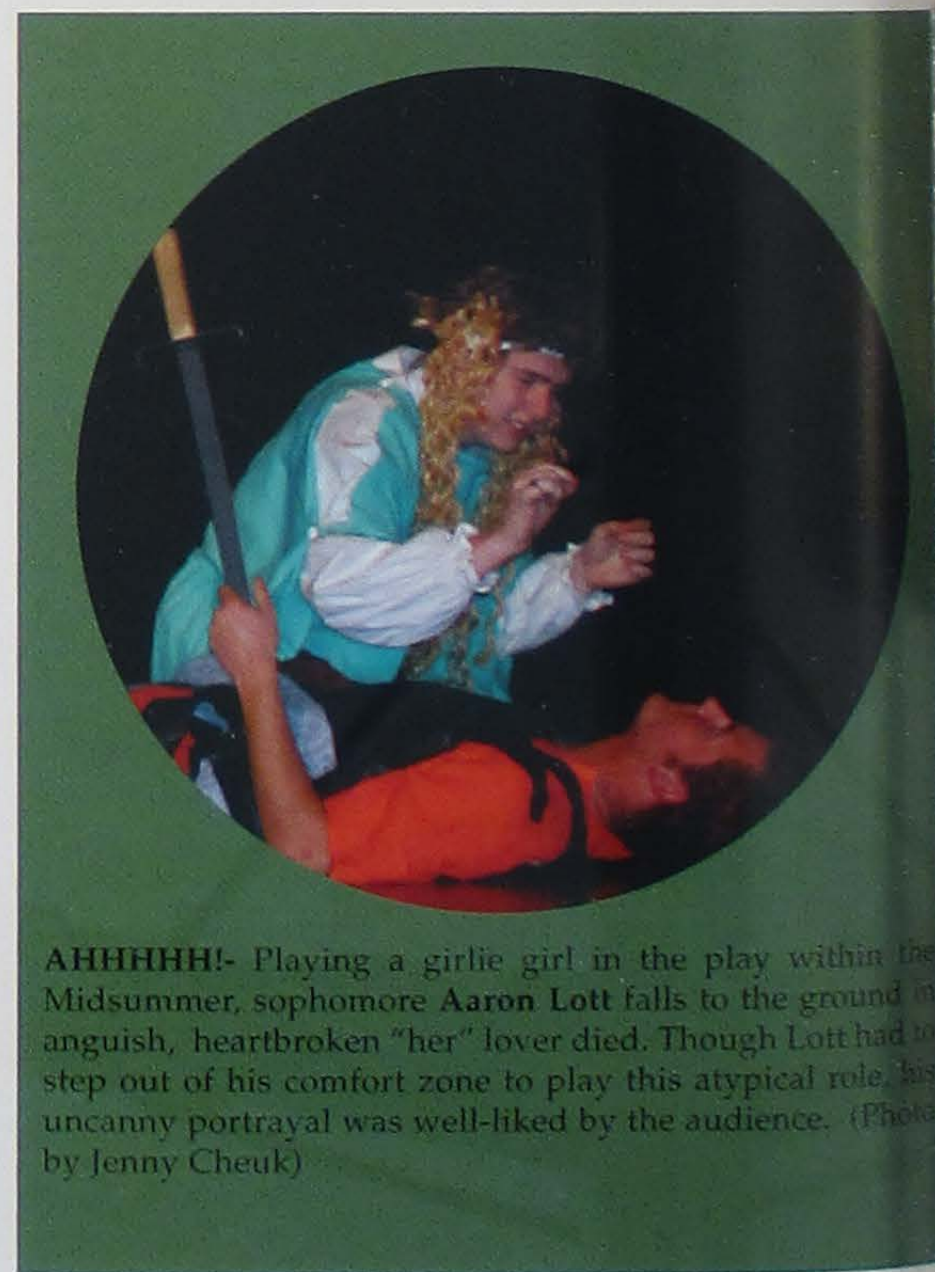
Flutterby - Strutting her stuff, freshman **Tiana Godfrey** strikes a pose as her fairy character in *A Midsummer's Night Dream*. The Shakespearean play was well received by all spectators. (Photo courtesy of Jenny Cheuk)

Do Re Mi Solo - Fairly fairy-like, junior **Ellen Heddendorf** steps forward to sing her solo as a sprite. Heddendorf was the only fairy granted the special privilege of singing alone, and she pulled it off beautifully. (Photo by Alan Moss)



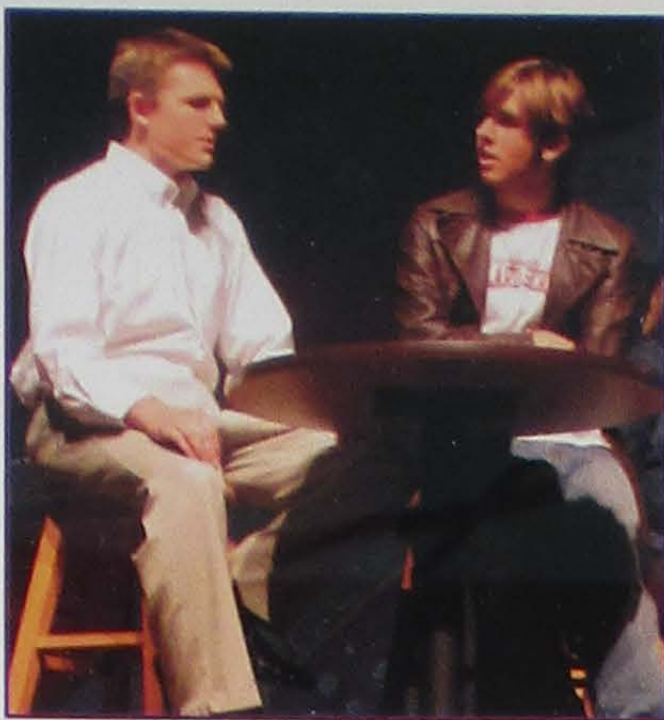
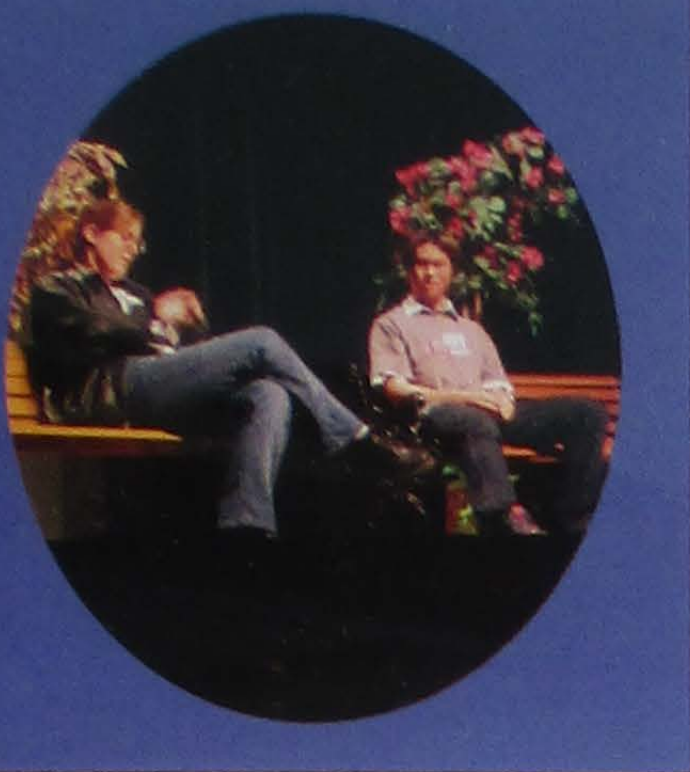
Stop and Smell the Flowers - Smelling the roses, senior **Rob Vidimos**, sticks his face into the flower. He soon found out that his golden horns and skimpy outfit were quite the babe magnet. Sophomore **Micah Simpson** lords his fairy king power over his servant Puck (played by Vidimos). Simpson had a blast trying to enchant the queen in attempt to steal the Indian child. In the end, the king and queen reconciled and decided to share the Indian child. (Photo by Jenny Cheuk)

Man on the Moon - Spreading the light, or moonshine, sophomore **Alan Moss** holds up his lantern. His character, Robin Starvling the tailor, had a knack for challenging the royals. Unfortunately he accomplished nothing more than having more insults thrown his way by the royal court. "This lantern doth the horned moon present, myself the man in the moon do seem to be." The poetic speech of the play only confused a few. The rest were swept away by the powerful and entertaining talent of the students. (Photo by Jenny Cheuk)



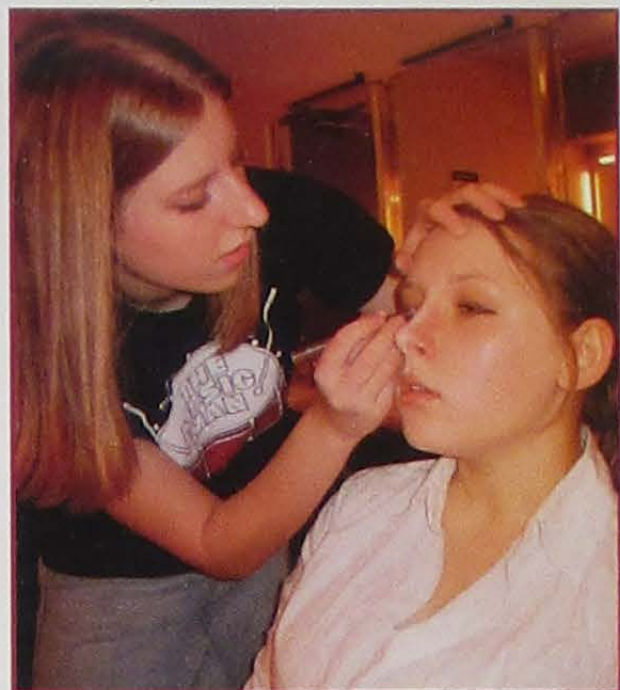
AHHHHH! - Playing a girlie girl in the play within the Midsummer, sophomore **Aaron Lott** falls to the ground in anguish, heartbroken "her" lover died. Though Lott had to step out of his comfort zone to play this atypical role, his uncanny portrayal was well-liked by the audience. (Photo by Jenny Cheuk)

ends Forever - Discussing a problem with a friend, senior **Stephanie Cox** tries to give helpful advice to her ever-going partner in crime senior **Robert Chang**. Chang played a hard-drinking religion major while Cox's character was a wild-partyer. Both gave amazing performances. Chang's heart-wrenching role in the funeral scene is one that will not soon be forgotten. (Photo by Elizabeth Cohea)

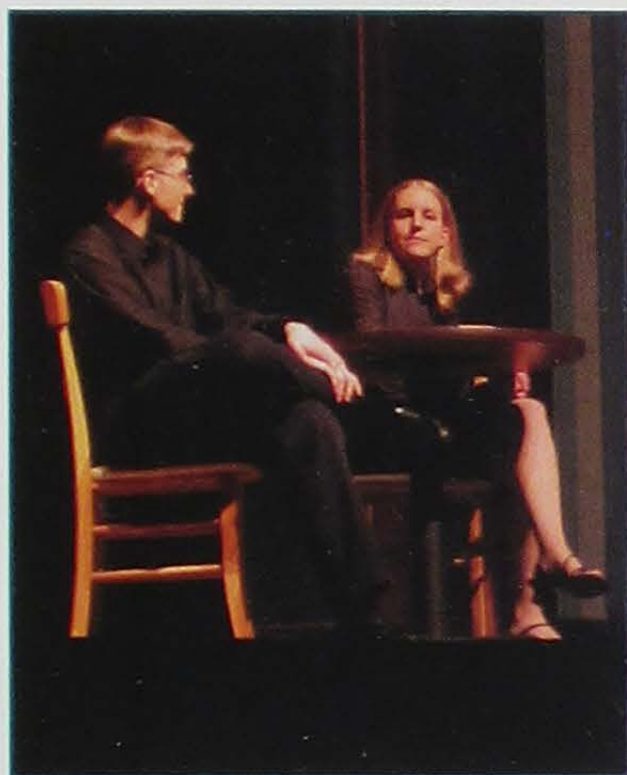


Trouble Buster - Having an intimate discussion, junior **Chris Harder** and a student from Ballard talk about the conflict between Harder's character and Robert Chang's character. After many helpful talks from close friends the two reconciled their differences, deciding that friendship was more important than the misunderstanding that led to their original conflict. The play's universal themes of friendship, love, and loss made it accessible to everyone. (Photo by E. Cohea)

Flutter Your Lashes - Carefully applying some stage makeup, sophomore **Jennifer Compton** outlines junior **Cora Stuhmann**'s eyes before her scene. "I was amazed that the entire production was run by students, and even more unbelievably written completely by a student," Stuhmann said. This was the first play in which Stuhmann had participated and she thoroughly enjoyed the experience. Her German friends will be impressed. (Photo by Elizabeth Cohea)

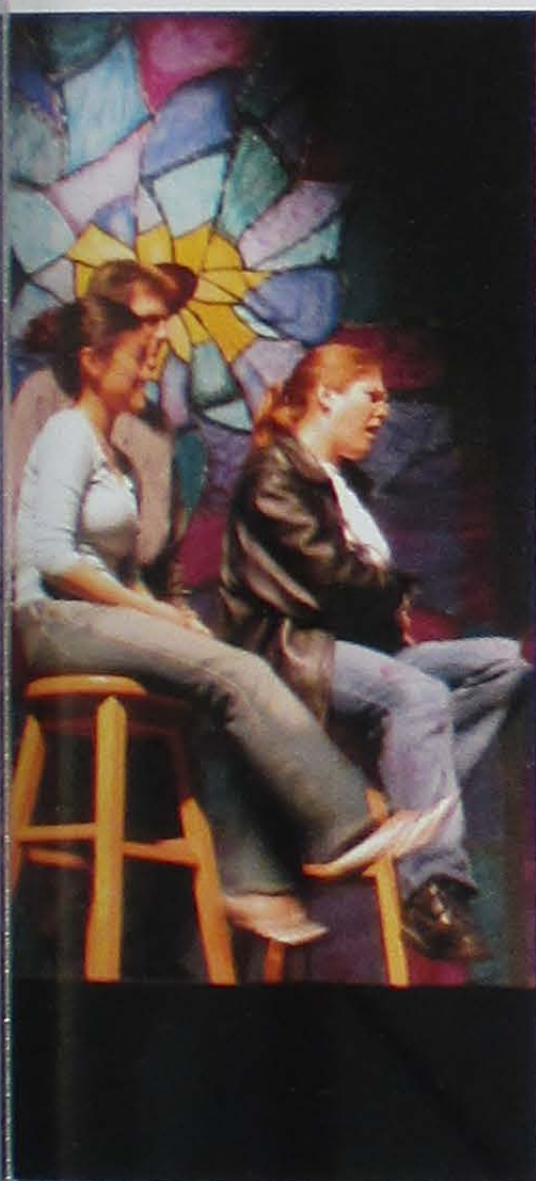


Oo La La - Finalizing her hair and makeup just before show time, senior **Anna Kurkalova** makes a few crucial adjustments. Hair and makeup play important roles in many student-created theater pieces because they allow all characters and participants to fully experience how a play company really works. (Photo by Emily Cohea)



Watching You - Ditching the traditional gown and wings, sophomore **Meredith Parsons** and junior **Matt Chellew** play newborn angels trying to understand their role in their new surroundings. (Photo by Elizabeth Cohea)

R.I.P. - Gathering for the funeral of a beloved friend, seniors **Stephanie Chang** and **Stephanie Cox** pay their respects. At this point they are in a cathedral with the stained glass lit up and gleaming beautifully behind them. The backdrop of the shining glass (made by Steph Cox) was a perfect ending to a perfect show. (Photo by Elizabeth Cohea)



STAINED GLASS

POWERFUL DRAMATIC PRODUCTION IS COMPLETELY STUDENT-RUN

Everyone likes to dream big, but usually these aspirations remain trapped in the "what if" stage. When Sam Larsen-Feree dreamed up his idea to write a script, however, he not only followed through on the writing but saw it through all the way to production.

"It's rare to see that kind of ambition and that level of discipline from someone so young," English teacher James Webb said. "I was fortunate enough to read Sam's original short story that launched this idea, and the evolution was fun to watch. It really took on a life of its own."

According to Larsen-Feree, the idea was really inspired by the song "Cathedrals" by Jump Little Children. "It all started with an image, really, of an old, grizzled

angel, or kind of an angel, sitting in this beautiful, ancient cathedral with huge stained glass windows. And this angel has been around as long as this building, even longer, yet he still struggles to understand it all," Larsen-Feree said.

"I was just amazed at how accurately he captured college life," teacher Del Schmidt said. "There's a lot of wisdom there, a lot of life experiences that people of all ages can relate with."

Larsen-Feree was assisted in his cause by fellow seniors Steph Cox, who helped edit the script and did all the art work for the set, and Katie Sawyer, who did the casting and directing.

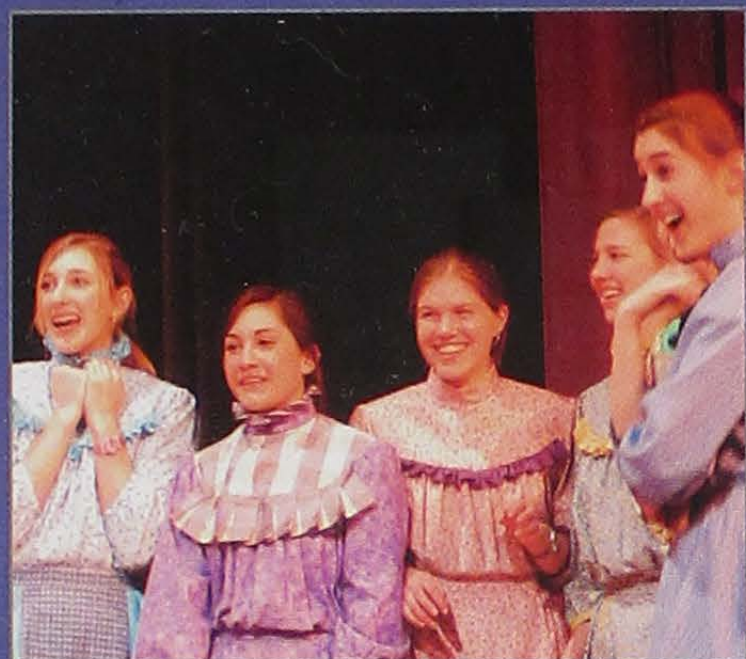
"It really was a group effort, and it never would've happened without the help of numerous people," Larsen-Feree said.

STUDENT production takes an existential examination of the human experiences -the tragedies and the joys- that shape us and break us.

Cast Picture- Row 1: Sarah Spencer, Jennie Register, Rebecca Hanson, Brian Weiss, Kay Mwanza, Laura Logsdon, Tricia Stubbs Row 2: A.J. Johnson, Jacob Canfield, Ricky Fields, David Shirbroun, Kate Gleason, Andy Lamp Row 3: Yoni Ackerman, Adrienne Geske, Amanda Pirog, Chris Harder, Aaron Lott, Dustin Turner, T.J. Lawless, Abby Gaul Row 4: Zach Borg, Ethan Forsgren, Jacob Pleasants, Jennifer Compton, James Pringle, Ben Schnable, Kelsey Simpkins, Lucy Chidister, Jessi Egli-Davis, Renee Nesbitt, Sarah Holt, Emily Thurmeier, Scott Simpkins, Luke Lowry, Greg Shirbroun, Karl Peterson Row 5: Nicole Ciccotti, Neva Hibbing, Jane Vu, Elizabeth Lott, Chris Simonson, Shannon Risius, Samantha Lewis, Sarah Eggert, Amanda Hinderks, Johanna Eggart



Pick-a-Little, Talk -a-Little- eagerly sharing the steamy details of the seemingly-innocent town librarian, juniors Neva Hibbing and Rachel Schmidt, and seniors Jane Vu, Lucy Chidester, and Nicole Ciccotti, giggle over the latest gossip. (photo by Samantha Lewis)



Anger Management- Grabbing the young delinquent, sophomore Yanni Ackerman, in a rage, junior James Pringle drags him to the mayor, junior Matt Harder, for a proper punishment. Harder yelled at the poor boy for running off with his daughter. (Photo by Samantha Lewis)

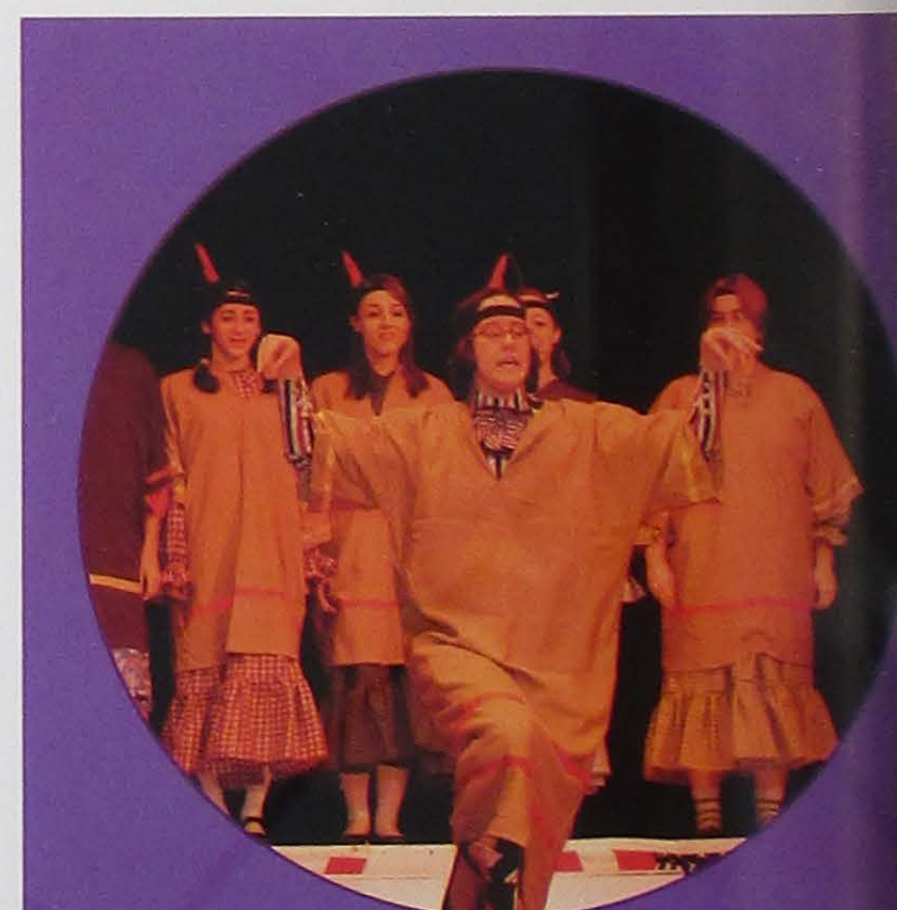


Don't Touch Me- Shunning the hand of her husband, the mayor's wife, senior Sarah Spencer, displays her distaste with her husband's opinion of Mr. Hill. The men of the town disapproved of Mr. Hill and his control over the town, but the women were quite taken by him. (Photo by Samantha Lewis)



Get a Grip- Convincing his friend to join him in his devious ways, junior Brian Weiss uses his persuasive skills on senior Andy Lamp. The musical centered around the deceitful schemes of Weiss's character, Harold Hill. (Photo by Britta Mennecke)

Do-Re-Me- Knitting herself a new pair of socks, senior Kate Gleason listens as Marian, junior Tricia Stubbs, gives a piano lesson to senior Abby Gaul. Gleason played the role of Marian's mother and surprised the audience with her matronly skills. (Photo by Jenny Cheuk)



Strike a Pose- Demonstrating the perfect model pose, senior Sarah Spencer mentors her young followers. Spencer played the Mayor's wife who was eager to be the influential town leader. Her character lead a following of young girls who aspired to dance and dress just like her, unfortunately. (Photo Courtesy of Alex Warwick)

76 Trombones led the Big Parade MUSICAL

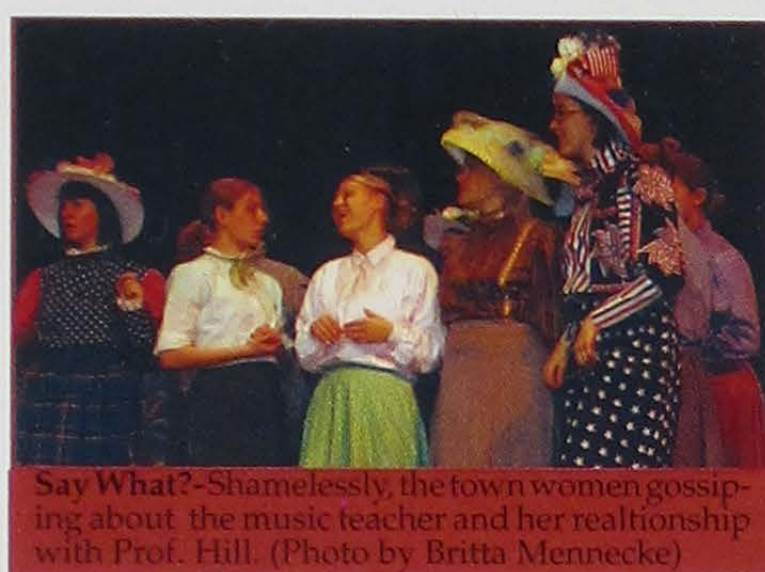
THE MUSIC MAN

WITH NEW FACES AND LOTS OF TALENT, THIS YEAR'S MUSICAL WAS NO ONE-HIT WONDER

After hours of practice under grueling hot lights, the cast of *The Music Man* sweated out all their nerves and angst. Many changes including sets, cast, and a new director, added to the sleepless nights of those involved.

After the selection of *The Music Man* as the performance piece, those interested had to go through a difficult tryout process. Students were tested on their singing, dancing and acting, and only those who were considered "triple threats" were considered.

After the heart-breaking selection, the chosen few had to go through hours of practice and set-up to ready themselves



Say What?- Shamelessly, the town women gossiping about the music teacher and her relationship with Prof. Hill. (Photo by Britta Mennecke)

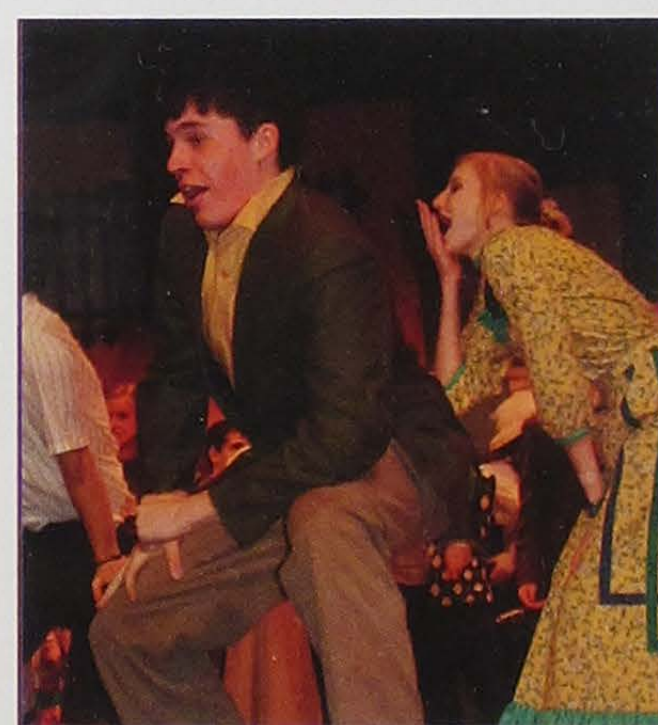
for opening night. With intricate sets and many costume changes, lots of work had to be done to prepare the cast for performance.

The cast nearly sold out three performances, Friday through Sunday. Forgetting their stage fright, they lit up the auditorium with lively song and dance numbers. The musical was choreographed by senior Alexa Warwick and juniors Ginny McCalmont and Scott Mattille.

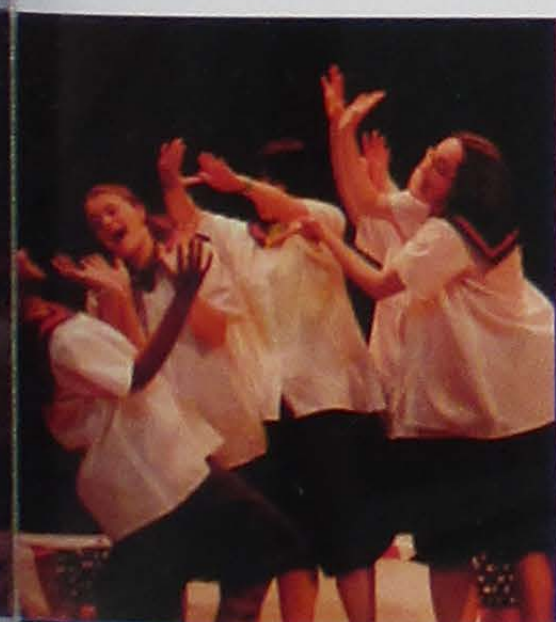
Another change in the musical was the fact that both lead roles were played by juniors. Breaking a senior tradition, juniors Brian Weiss and Trisha Stubbs excelled in their parts. Their on-stage chemistry and harmonious vocals made for an amazing musical. With a talented cast and promising new direction, this musical was a definite success.



School Board Swooners- Warming up their powerful vocal chords, seniors Karl Peterson and Luke Lowry and juniors Greg Shirbraun and Scott Simpkins steal the show with their tight harmonies and larger-than-life characters. In the musical, their characters were tricked into ignoring the schemes of Professor Harold Hill, played by junior Brian Weiss, by their love for singing together. The crazy antics of these four school board members, who went from hating one another to never leaving the others' side, kept the audience rolling with laughter. (Photo by Elizabeth Cohea)

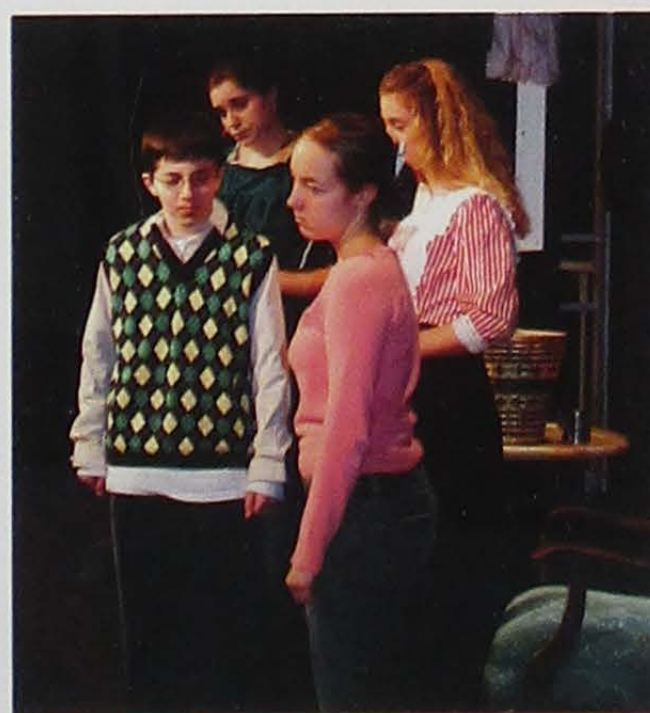


Crouching James, Hidden Adrienne- Using his experience as a ninja fighter to perform master dance moves, junior James Pringle shows off his skills to junior Adrienne Getske, who seems decidedly unimpressed. For the average participant in the musical, the dance moves were difficult to learn and master; however, for the lucky few like Pringle, a veteran of male drill team, these moves were simple. Pringle's dancing talent, along with other cast members', added great energy to the musical. (Photo by Samantha Lewis)



Love at First "Th-ight"- Brushing off the flirty attempts of senior Abby Gaul, the lisping Winthrop, 8th grader David Shirbraun, "thy-ly" "th-neaks" away. (Photo by Samantha Lewis)

My Cup Runneth Over- Holding up a large imaginary cup, this group of seniors act out part of the song sung by the barbershop quartet. (Photo by Britta Mennecke)



MADRIGAL

A ROYAL EVENT

AMES HIGH SINGERS ENTERTAIN AT A FEAST FIT FOR A KING

Wassail! Wassail! Wassail! A now famous opening to the annual Madrigal Dinner always begins this magical night with a fun, majestic aura. Wassail, a medieval drink was served straight from the beginning accompanied by the beautiful voices of the court. A night of humorous skits, excellent cuisine, and holiday songs should be experienced by all who wish to get into the fun of the winter holidays or one who is interested in a multicourse meal.

Long hours of practicing payed off in the end when a weekend of great performances awed each audience who came to witness this grand event. All of the madrigal members practiced each morning before school and many times after. Considering all of the songs that must be memorized, clothes to be fitted, and acts to be performed,

practice is obviously inevitable.

Although the cast of madrigal are unable to participate in the feasting of the night, an overwhelming response of "note-passing" is a favorite past time of the evening. The audience are given parchment and feathered pens to write to their medieval pals. Winter Formal proposes, simple hellos, and long taled gossip are all topics of conversation through this note passing activity.

This year's queen and king were Jenny Register and Luke Lowry. This is the coveted role for Madrigal members and is open for seniors only. As leaders of the group, Register and Lowry were in charge of cut offs and making sure the ensemble stayed together and stayed in tune with one another.

"Madrigal was a really awesome experience. I remember every night,

when we would go out into the hall and sing the last verse of silent night, the chords would send shivers down my back because they were so beautiful. Just those few moments of being a part of something so amazing made every minute of rehearsal completely worth it," sophomore Jennifer Compton said.

This feeling is shared by most Madrigal participants and was most definitely evident as they were performing. Not only did they sound great, but they looked like they were enjoying the experience. Obviously it would have to be worth it for the cast, considering all the time and effort they invested.

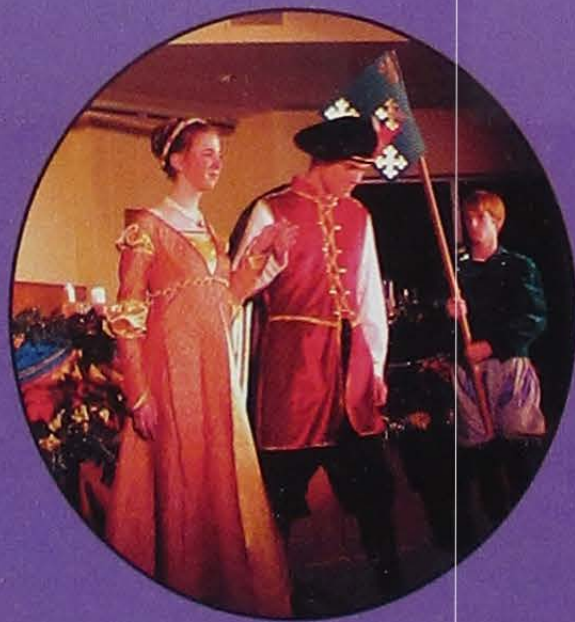
At any rate, Madrigal was an excellent choice for a fun December activity to bring in the holiday spirit. "Silent Night, Holy Night..." a now famous ending to a grand night.



En Garde! - Engaging in a duel, junior B. Weiss and Ames High alum Andrew Kang battle to the death. Kang was equipped with sturdy sausage for self defense. The match going well until Queen Jennie Register collapsed on the table, having been overcome by the excitement. King Luke Lowry demanded the queen be terminated immediately. Unfortunate winner was never determined, much to the riment of the audience. Overseeing the court of strength was jester Andy Richards. His was to keep the battle safe and sportsmanlike. (Photo by Karen Stewart)

Welcome Lords and Ladies!

- Promenading into the room, seniors Lucy Chidister and Karl Peterson are welcomed by flag bearer junior Ross Koppenhaver. As the hosts of the dinner, the couple entered and greeted their guests with a poetic interlude. Their arrival triggered the festivities and called upon the King and Queen to join them in the feast. (Photo by Karen Stewart)



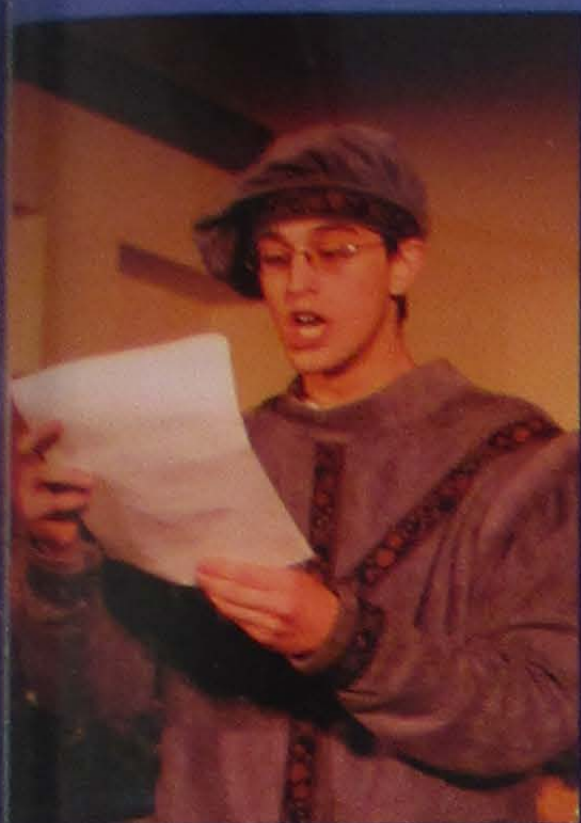
Boppin' to da Beat - Leaning slightly to the right, seniors Jennie Register and Luke Lowry, and sophomore Scott Simpkins play along with junior Andy Richards' joker antics. The court proved themselves to be not only superior singers, but also extremely talented dancers.



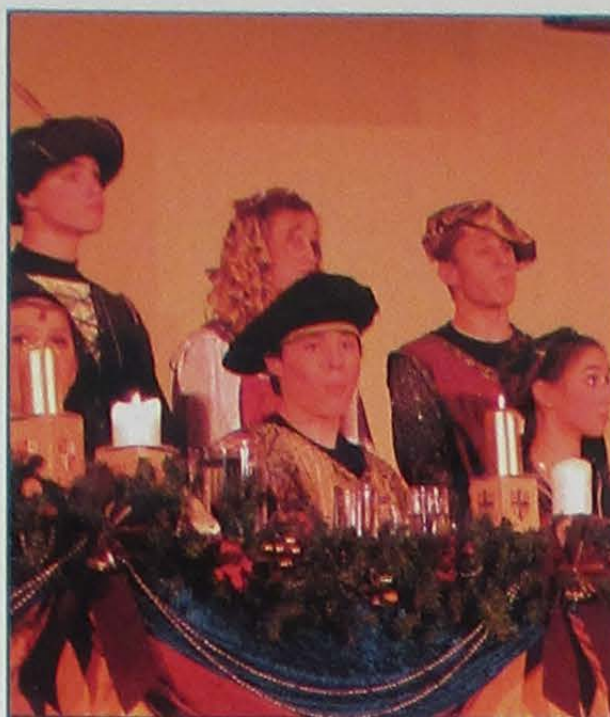
Pleasing Plum Pudding - Ending the meal with a sweet treat, junior Andy Olson, senior Lucy Chidister, junior Emily Thurmaier, senior Karl Peterson, and freshman Mark Heitzman marvel their guests with song. The prized plum pudding was placed upon a pedestal for all to see. Following the end of the feast, the singers finished the performance with a succession of beautiful choral pieces, carefully composed for the occasion. (Photo by Karen Stewart)

I Joke You Not - Beginning the royal Madrigal Play, juniors Andy Richards and Scott Mettillie introduce the characters in the skit. Mettillie was the keeper of the king's belongings. This prestigious position was granted to him by the king and queen. It involved the caretaking of many of the king's beloved animals, of which Mettillie listed as Richard. looks on in mock amazement. (Photo by Karen Stewart)



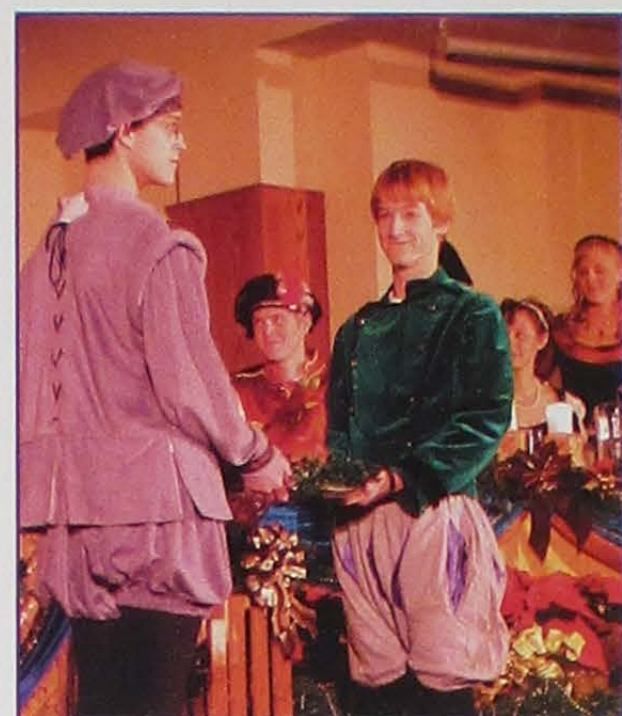


I Hereby Proclaim... - Proudly reading an announcement, junior **Scott Mettille** concentrates on his task. Mettille assisted senior Jennie Register in asking junior Brian Weiss to accompany her to Winter Formal. How little did he know, as Mettille was soon asked himself by senior Laura Logsdon in a similar fashion. Of course, both girls were granted permission by Directors Steve Linn and Karen Stewart before they dared such a feat. (Photo by Miranda Eness)

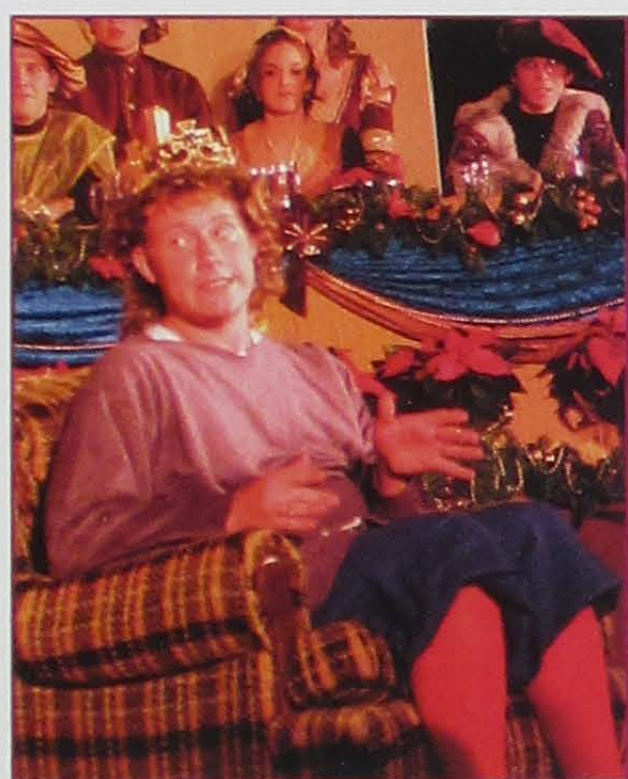


Pucker Up! - Pursing their lips in concentration, juniors **Sarah Holt, Caleb Polashek, Trisha Stubbs, James Pringle, and TJ Lawless** and senior **Nicole Ciccotti** resonate the church with their bold voices. Madrigal was a prestigious Ames High event held annually around the winter holidays. It involved a group of 28 singers, a dedicated double string quartet, and a lovely brass section. Even though Mr Linn was not present for these performances, they carried out splendidly. Many devoted parents were also involved.

Bon Appetit - Toting a boar head, juniors **Ross Koppenhaver** and **Scott Mettille** present the king with a marvelous feast. Sporting extremely short pants, the two played pages that began each course of the meal by bringing in the respective dish. They also delivered notes between the musicians and guests. In the play, the gentlemen played twin brothers separated at birth. They were reunited when Koppenhaver, as a peddler, came to the castle and astonishingly discovered that Mettille looked exactly like him. (Photo by Miranda Eness)



Marry Me? - Kneeling, junior **Ross Koppenhaver** proposes to senior **Susan Fratzke**. Koppenhaver played a prince in need of a princess in order to inherit the throne from Mordrid the Foul, his uncle. His efforts paid off when her positive response led to the couple saving the kingdom from his uncle. (Photo by Karen Stewart)



Hester, My Ugly! - Lounging in a lovely plaid chair, sophomore **Jon Link** relaxes during the madrigal play. In the play, Link played Mordrid the Foul, the disgustingly revolting king. (Photo by Karen Stewart)



No Joking Matter - Reviewing the rules of chivalry before the dinner begins, junior **Andy Richards** causes tears of laughter. Richards' role in Madrigal was to keep the mood light and humorous and to keep the audience smiling and, occasionally, blowing drinks out their noses. (Photo by Karen Stewart)

WHAT WAS YOUR FAVORITE PART OF MADRIGAL?

"My favorite part of madrigal was working with my lovely directors, Sarah and Mandie. It was also quite a blast to see my fellow choir members' reaction to our play. It was the funnest thing I did all year."

-Junior Jessi Egli

"The dazzling lights and beautiful costumes brought out the true passions of the vocal genius."

-Senior Zac Swan

"The exquisite cuisine was definitely a highlight, but I would have to say that my favorite part was Scott Mettille's hot bod!"

-Junior Ashley Mahan

"Karl's earring was distracting. But wait, isn't it called maderville?"

-Junior Matt Rodgers

"I didn't know what to expect from madrigal, but I had a lot of fun. The best kind of show is the kind with food involved."

-Freshmen Sophia Courneya

"I liked being birthed by all the ladies. The poofy short shorts were also a hit, I've been told."

-Junior Scott Mettille

MADRIGAL

Teacher's Digest



Administration

Keeping the school in order is the charge of all the members of this school's Administration. The all-knowing guidance counselors always seem to know the answers while the principal is always steering students straight. All in all, the school could not survive without its backbone, the Administration.



Mike McGrory

Official Title: The Principal a.k.a. The Big Cheese

Tid Bit: "I love keeping the students (and my body) in tip-top shape."



Mike Avise

Official Title: Assistant Principal

Favorite Part about AHS: "I really like seeing so many kids talented in so many areas. I just like to be associated with all of it."

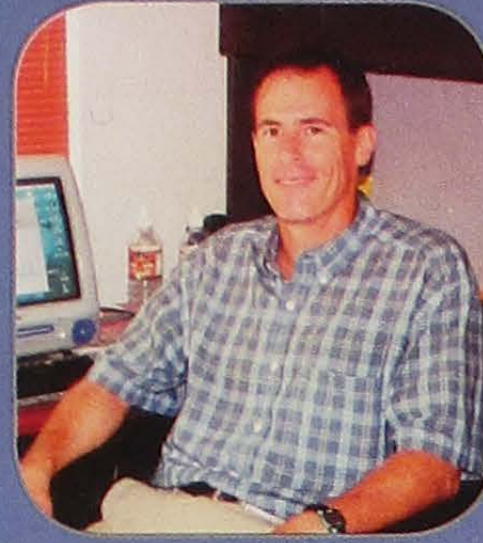


Teresa Schliesman

Official Title: Assistant Principal

Favorite Part about AHS: "Many things, but especially lunch duty and helping special needs students."

Favorite Magazine: Principal Leadership (seriously)



John Burke

Official Title: Guidance Counselor, Dean of Students

Favorite Part about AHS: "I enjoy working with challenging students. It's different everyday."



Judge Johnson

Official Title: Athletic Director

Favorite Part about AHS: "The high school environment, the students, and staff, and their enthusiasm and energy make this job great."



Nikki Wittmer

Official Title: Registrar

Favorite Part about AHS: "They're an exemplary group of people."



Mike Wittmer

Official Title: Guidance Counselor

Favorite Part about AHS: Ames High students and all the different things they bring, from college scholarships to issues in their lives.

Favorite Magazine: Wind Surfing



Allison DiBlasi

Official Title: Guidance Counselor

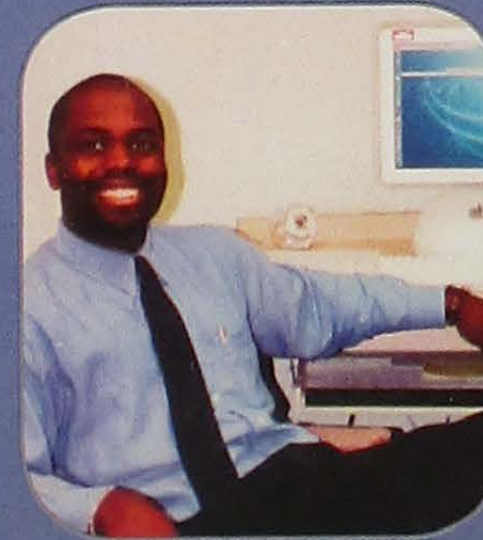
Favorite Part about AHS: "I feed off the energy of kids, so I suppose seeing them is my favorite part of my day."



Julie Bryant

Official Title: Guidance Counselor

Favorite Part about AHS: Helping the students and enjoying the variety of AHS.



Reese Hendricks

Official Title: Guidance Counselor

Favorite Part about AHS: "Mainly that they're respectful. But I love my job. This is what I was meant to do."

Science

Double, double toil and trouble; science teachers always seem to be laughing about something. From experiments to long, long lab periods, science challenges high schoolers to learn about the world around them. To every question these noble teachers will bend over backwards to provide an answer.

Alan Junck

Classes Taught: Principles of Chemistry and Honors Chemistry

Favorite Quote: "There is something fascinating about science. One gets such wholesale returns of conjecture out of such a trifling investment of fact." -Mark Twain



Megivern

Classes Taught: Honors Earth Science and Biology

Favorite Part about AHS: "Ames High is the best place to be!"



Nordstrom

Classes Taught: Science Classes

Favorite Part about AHS: "We have an awesome student body!"



Kim Burnett

Class Taught: Health

Random Rants and Ramblings: "All foods can be part of a healthy diet."



Deanna Tibben

Class Taught: Earth Science

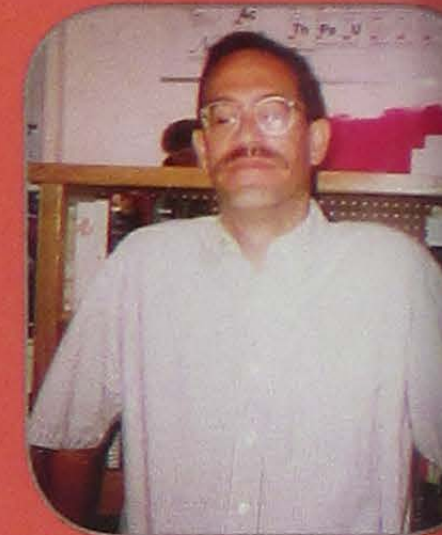
Random Rants and Ramblings: "Earth Science rocks!"



Tim Lazere

Classes Taught: Principles of Physics and Chemistry

Random Rants and Ramblings: "E = MC squared"



Ailleen Sullivan

Classes Taught: Chemistry and Principles of Chemistry

Random Rants and Ramblings: "Don't let modesty compromise your safety."



Kirk Schmaltz

Class Taught: Biology

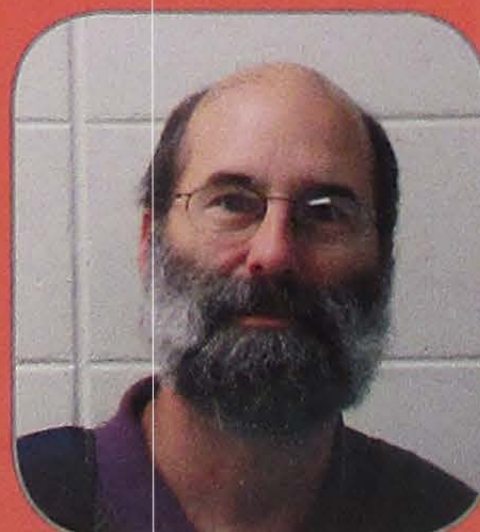
Favorite Part of AHS: "Ames High, Aims High - It applies to all aspects of our school environment. Every creed is encompassed by this motto and the goal of every teacher is to teach through those creeds."



Jeff Dilks

Classes Taught: Physics

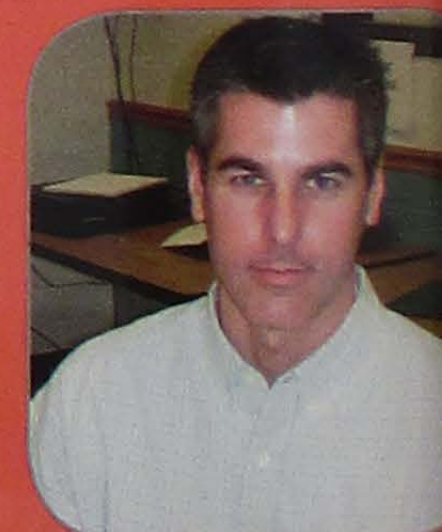
Favorite Part of AHS: The Web's crazy quotes from me



Craig Walter

Class Taught: Honors Biology

Random Rants and Ramblings: "Ontogeny recapitulates phylogeny."



Math

From teaching theorems to parametric equations, the math teachers always have a lot on their minds. They always seem to be able to say information by the ton. Their interests do not stop at the classroom; many teachers also coach sports after the school day ends.



Troy Hill

Classes Taught: Geometry, Statistics, Algebra I
Random Rants and Ramblings: "U2 Can Dew."



Marilyn Hansen

Classes Taught: Advanced Algebra, Applied Mathematics I and II, Trigonometry, Algebra I
Random Rants and Ramblings: "I get to experience what students experience because I get to teach classes in six different rooms."



Judy Brunner

Classes Taught: Pre-Calculus, Algebra II, Integrated III, Algebra IC
Favorite Part of AHS: "I enjoy working with the students of Ames High."



Thelma Maxwell

Classes Taught: Formal Geometry, Geometry, Algebra II
Random Rants and Ramblings: "I have really good classes this year, but I guess I do every year."



Virginia Swenson

Classes Taught: Algebra IB, Algebra II, Advanced Algebra
Random Rants and Ramblings: "This is a wonderful year, I have great classes, and we started the year with an interesting open house."



Linda Lieberman

Classes Taught: General Math, Applied Math, Algebra IC, Geometry
Random Rants and Ramblings: "It's nice to be back!"



Teresa Testeroet

Classes Taught: Applied Mathematics I and II, Algebra IA, Trigonometry, Pre-Calculus
Random Rants and Ramblings: "Ames High School should become a math institute and all other classes should be held at the new middle school."



Mary Beth Henkenius

Classes Taught: Geometry, Algebra
Favorite Part of AHS: The students!



Nancy Svien

Classes Taught: A science related class
Favorite Part about AHS: "It's gotta be the students!"



Mark Jurgenson

Classes Taught: Math Class
Favorite Part about AHS: "Challenging young minds."

English

Shakespearean scholars all, the various English teachers of AHS seem to have a quote to fit every situation. From golden ideas to the heart of the di, these creative teachers are a unique bunch. The high school English students' careers starts with *the Odyssey* and moves to various advanced works of literature. AHS prides itself in teaching a variety of different works from Homer, to Shakespeare, to contemporary authors.

Barbara White

Classes Taught: English 9 Speech, English 10 Family, Basic Composition
Favorite Part about AHS: "The students are the best at Ames High."



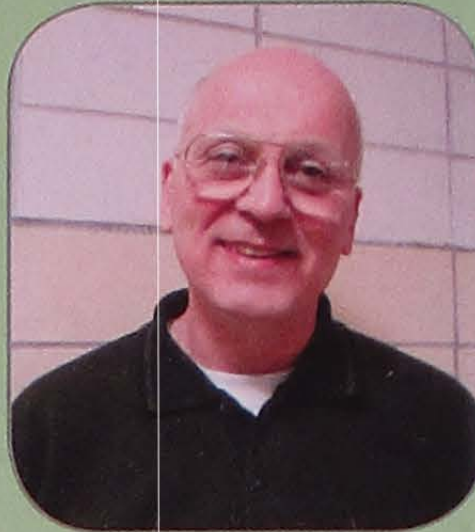
Tonja Goodwin

Classes Taught: Honors American Literature, Advanced Composition, English 9 Literature, Creative Writing
Favorite Part about AHS: "Ames High has great teachers and students who put forth a great effort."



John Forssman

Classes Taught: American Literature, English 10 Teen, English 10 Family
Favorite Part about AHS: "When I hear Ames High I think of golden opportunities to teach and learn."



Del Schmidt

Classes Taught: English 10 Teen, English 9 Writing, Basic Composition, Discussion and Argumentation
Favorite Part about AHS: "The people. Everyone- students and staff- is great. They're courteous and fun to work with."



Laura Fank

Classes Taught: English 9 Writing, Honors English 10, American Literature, British Literature
Favorite Part about AHS: "I feel privileged to work with such great kids."



Abbey Swalwell

Classes Taught: American Literature, Basic Composition, Drama/Theater, Discussion and Argumentation, Perspectives in Media
Favorite Part about AHS: "It's true that Ames is competitive, but we excel in everything... especially in the 4 A's."



Cecilia Horner

Classes Taught: Honors English 10, Advanced Composition, English 9 Speech
Favorite Part about AHS: "Students keep me young. It's the students that make the life here."



Darin Johnson

Classes Taught: Honors English 12, Introduction to Journalism, Advanced Journalism, Perspectives in Media
Favorite Part about AHS: "Dynamic and inspiring students"



Trisha Johnson

Classes Taught: English 10, English 9 Writing, Individualized Reading
Favorite Part about AHS: "Academic excellence and extremely motivated students"



Joyce Knol-Digby

Classes Taught: English 9 Literature, English 10 Family, Basic Composition, World Literature
Favorite Part about AHS: "Awesome students; a pleasure to teach."



Foreign Language

Teaching diversity, foreign language teachers have the duty of keeping students from embarrassing themselves in foreign countries. Foreign language classes provide opportunities for students that normally know little of other peoples and their culture, to expand their knowledge.



Kay Billings

Classes Taught: Spanish I and Spanish IV
Favorite Part about AHS: "The diversity of the students and high interest of students in foreign language."



Jane Jurgensen

Classes Taught: Spanish II and Spanish III
Favorite Part about AHS: "My husband [AHS Math teacher Mark Jurgensen]!"



Stacy Dobernecker

Classes Taught: French I and Spanish I
Favorite Part about AHS: "We have an awesome student body!"



Eric Reichart

Classes Taught: German I-IV
Favorite Part about AHS: "The brilliant students."



Sue Lawler

Classes Taught: Spanish 1, 2, 3
Favorite Thing: Elvis
Random Rants and Ramblings: "That's the way the Spanish Gods want it."



Julie Camara

Classes Taught: Spanish 1, 2, 3
Most Memorable Action from her: "Her awesome wave and other crazy dances."



Sally Schonhorst

Classes Taught: French
Favorite Part about AHS: "Retirement!"



Anne Marie Kern

Classes Taught: Foreign Language
Favorite Part about AHS: "Being an advocate for students."



James Webb

Classes Taught: Advanced Composition, Honors American Literature, Yearbook, Perspectives in Media, Perspectives in Literature
Favorite Part about AHS: Working in an environment where everyone, including students and staff, are encouraged to excel.

Teacher's Digest

Social Studies

Sculpting the minds of America's next voters, the Social Studies Department is challenged with teaching High Schoolers to form opinions on future issues. The department is a colorful mix of people dedicated to making the past relevant to the present. Students start their social studies high school career with fun World Studies and end it with the well known antics and hijinks of Government.

Jackie Norris

Classes Taught: Government and US History

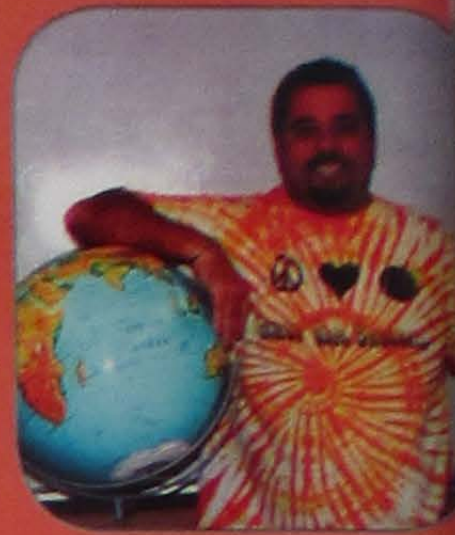
Favorite Part about AHS: "I like that there are students at AHS who care about making a difference in the world."



Chuck Stevens

Classes Taught: Western Civilizations, World Studies

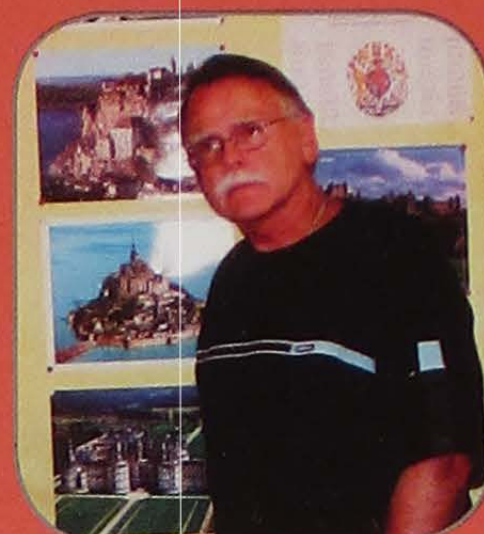
Favorite Part about AHS: "I'm interested with all of the students AHS has to offer and how they react to my bad jokes."



Kirk Daddow

Classes Taught: AP Western Civilization, US History

Favorite Part about AHS: "Interacting in the classroom with my students and having the joy of sharing something really important that they are learning for the first time is probably my favorite part. I also love sharing the great art of Western Civilization. Oh, and I truly enjoy grading."



Tim Mooney

Classes Taught: Non-Western World, US History, AP US History, Anthropology

Favorite Part about AHS: "The tangy and smart students. I'm here simply to teach them."



Aiddy Phomvisay

Classes Taught: World History, US History
Favorite Part about AHS: "Getting students excited about doing history."



Joel Sullivan

Classes Taught: World Studies

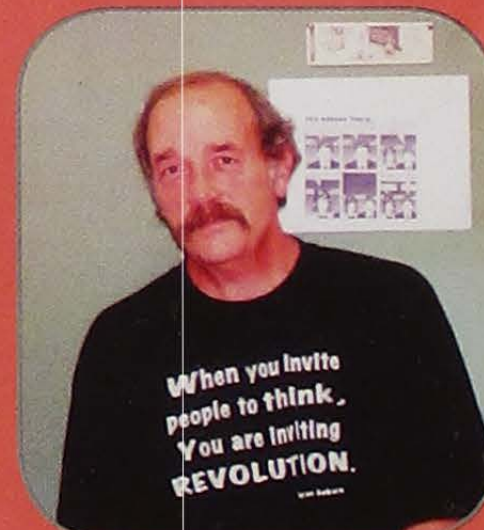
Favorite Part about AHS: "Working with the people, peers, administration, and students"



Bob Uetz

Classes Taught: World Studies

Favorite Part about AHS: "The students and their energy."



Chad Zmolek

Classes Taught: Sociology, General Science
AHS Simile: "AHS is like a cookie, crusty on the bottom and soft and gooey in the middle with chunky stuff here and there."



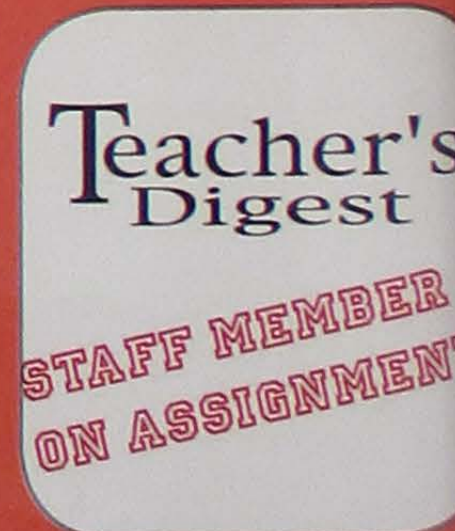
Kristen Sullivan

Classes Taught: US History, AP Western Civilization



Dennis Cullinan

Classes Taught: Government, US History, Social Psychology



Special Education

giving a helping hand, special education teachers are always there for their students. The entire department seems to always be able to smile about something and always leaves one in a pleasant mood. Every teacher always gives it their all in the special education department, trying to help their students succeed.



Teacher's Digest
STAFF MEMBER
ON ASSIGNMENT



Candace Albaugh
Cathy Bullock
Lucy Carey
Vance Downs
Dan Flannery



Kris Glick
Reggie Greenlaw
Katie Gustafson
Brent Helmkamp
Steve Hosch



Cary Justmann
Leonard Larsen
Diane Larson
Ann Lee
Mary Mekemson



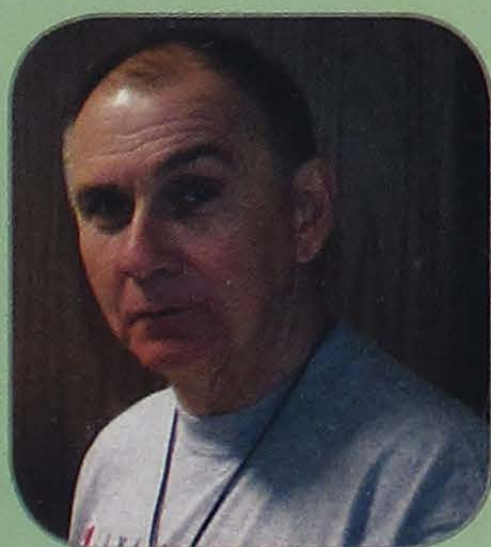
Janet Mickelson
Tracy Rial
Bruce Vertanen
Jerry Vos
Mary Wauson

Physical Education



Dana Goodwin

Classes Taught: P.E.
Favorite Part about
AHS: "We have an awe-
some student body!"



Bob Heiberger

Classes Taught: P.E.
Overheard from him:
"I just love people."



Mary Kautsky

Classes Taught: P.E.,
Modern Dance
Favorite Saying: "You
can 2- step anywhere!"

ten pieces are missing
Katie Slotter

ten pieces are missing
from the puzzle
we laugh and are happy
our lips split into a smile
her chubby hand spreads the picture

across the carpet
her mind was filling with the sounds of
the picture
lullabies and poetry
the room smelled like wetness and
tasted like crushed violets
and felt exactly the way yellow
should feel
bright and warm and two-dimensional

anything could happen now
everything could change and the
sounds could become
nightmares and bitterness
the room could become cold and tired
and if we find
those last ten pieces
it could become colorless and real

but for now
her face is bright
ready for warmth and violets
wetness and yellow

ten pieces are missing
we laugh and are happy

The following poems are reprinted from the 2005 Scratch Pad.
Used by permission.

Fine Arts

Sweet sounds and beautiful art serenades students to their classes on a common basis. These arts come from students taught under the talented fine teachers of AHS. Students learn of proportions and the rule of thirds. Art students enjoy their products while learning that making great art is a true

Chris Ewan

Class Taught: Band
Favorite Part about AHS: "The diversity of opportunities"



Andrew Buttermore

Class Taught: Band
Favorite Part about AHS: "We have a talented student body!"



Steve Linn

Classes Taught: Freshman Choir, Concert Chorale, Concert Choir



Mary Kay Polashek

Class Taught: Orchestra
Favorite Part about AHS: "We have an amazing student body!"



Karen Stewart

Classes Taught: Freshman Choir, Concert Chorale, Concert Choir
Favorite Part about AHS: "We have super students!"



Michelle Gude

Classes Taught: Ceramics, Jewelry, Sculpture, Printmaking, Fibers, 3-D Art, 2-D Art, Graphic Design
Favorite Part about AHS: "I like the overall motivation and enthusiasm of the students."



Shelli Hasselbrock

Classes Taught: 2-D Art, Painting, Photography, Drawing, 4-D Art
Random Rants and Ramblings: "Art is not what you see, but what you make others see."



Sandra Quintero

Classes Taught: AP Art History, Photography, Drawing
Favorite Part about AHS: "The diversity of the students"



The Artist Jasmine Chen

He liberates every moment he sees
Fixating pieces of evanescent delight
Into a logarithm of the abstract mind

Where he walks there is beauty
In any ugly thing
Every simple moment
In his delight

Swirls of infinite emotions
Fervid reds, listless blues
120

Art
Has no race, sex, or age
Art
Is enduringly uncontrived

So he sits, modeling lines, colors, and textures
Blending figments of modest imagination
Into a realm of existence

A vision where time does not exist
Emotions become the only reality
Grasping meaning for strength
He paints the epitome of life

To Nowhere Beth McKiernan

Red, stenciled letters
A child's toybox of imagination.
A beacon in the quiet,
Forgotten darkness
Exit sign pointing nowhere--
Except the noisy,
Brighter world
Down the stairs.
Exit to nowhere
Guiding me out
Of myself.

Untitled Evan Hudson

The water trips over itself,
stumbling down rocks,
log-rolling over a cliff,
and landing at the bottom with a slap
it roils back to the surface,
and floats away, dazed.

Practical Arts

Teaching skills that one can use in the real world is the novel purpose of the Practical Arts Department. Students can learn various skills such as how to run a business, work in a wood shop, fix a car, use a home computer, or bake a nice cake thanks to this department. Besides being a requirement to graduate, many students enjoy practical arts classes as a break from the routine school day.



Jamie Kohl

Classes Taught: Business Math



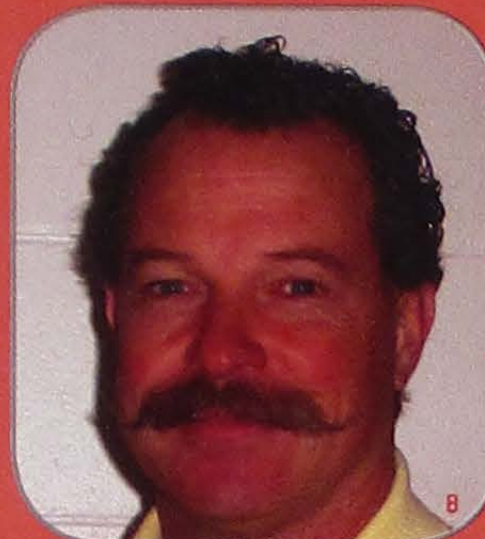
Rhonda Schmaltz

Classes Taught: Practical Arts Class



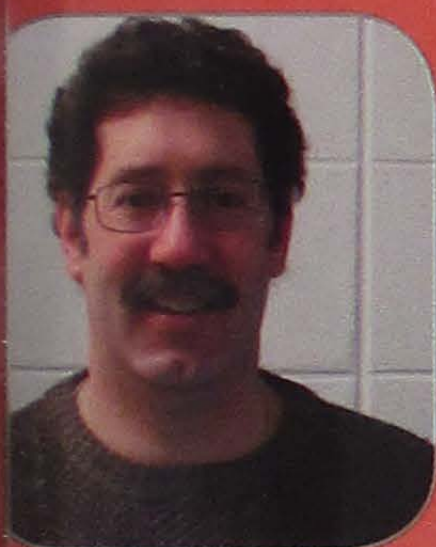
Tim Seifert

Classes Taught: Practical Arts Class



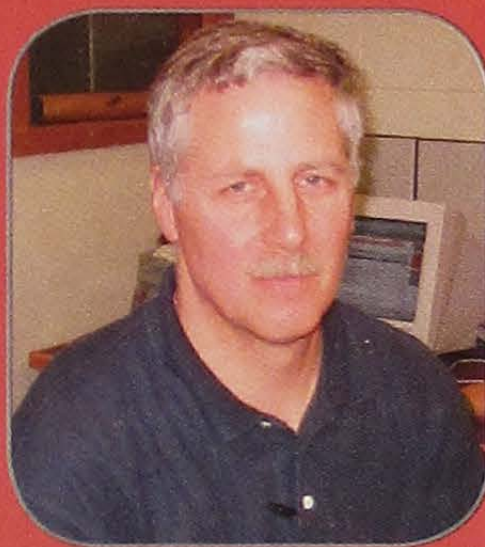
Craig Boylan

Classes Taught: Practical Arts Class



Kent Jahn

Classes Taught: Practical Arts Class



Willie Lodermeier

Classes Taught: Wood Shop



Margaret Starasser

Classes Taught: Foods and Nutrition
Random Rants and Ramblings: "I like to feed the students 'cause it keeps them happy."



Molly Weesner

Classes Taught: Parenting/Child Development, Contemporary Living

esieged mily Kawaler

esieged by dust and ravaged by the ages,
reliquary (green-jade, emerald, or
haps copper once) rests/
lly on the cold stone floor where it was
ced/
es ago, maybe the when doesn't matter
d/
ybe it does, but who decides those things
rway/
meday, now or in the near future/

Archaeologists, those Most Meticulous of
Men/
will uncover this piece of art/
and they'll open it up/
to see what's inside/

And they might find nothing./
Or, if they're lucky,/br/>it might contain Mary's left big toenail/
or the rag that stopped up Jesus' right
nostril/
that time when he had a nosebleed./

Haiku Cristobal Matibag

Pragmatism

If you were dying
I would probably ask for
Your rad stereo.

Lipstick A.L.C.

There's nothing like lipstick
A decadent mouthful
Of sanguine sparkles
Bloody fireworks light
Each time you smile
There's murder on your tongue
When you're laughing
A glamorous satiated vampire
Your dull flesh absent
(at least until the morning)

A microcosm of the world, Ames High is privileged to share a diverse student population. *Who's Who* highlights the faces of those who shape the everyday lives of this unique learning community.



WHO'S WHO?

AT AMES HIGH

FRESHMEN

The Class of 2008: The Bottom of the Heap

Jason Adair
Abbey Adkins
Daniel Alexander
Evelisse Amaya
Caitlin Anderson
Alex Arthur



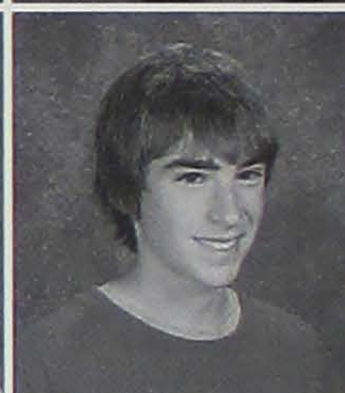
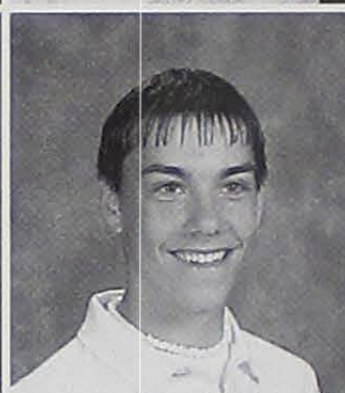
Jason Atwood
Hyun-Bin Bae
Kaitlyn Baldrige
Emily Barclay
Jane Barratt
Melissa Batzer



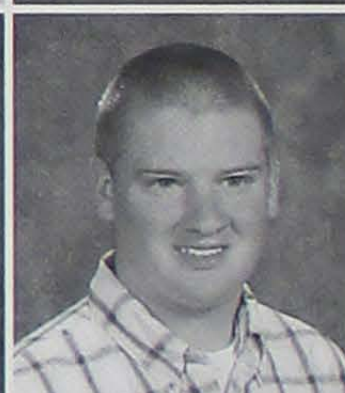
Lucas Bauer
Carolyn Baumgartner
Laura Beckett
Kayla Becraft
Kinsey Belz
Samantha Bennett



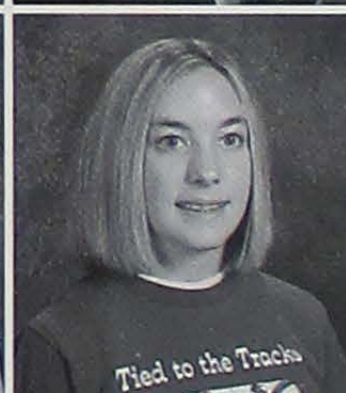
Pavel Beresnev
Ryan Berg
Thomas Berg
Shawn Bergeson
Jordan Bergman
Brendan Best



Jared Bielenberg
Samuel Bird
Erika Bjorklund
Ross Blumer
Stephen Bonett
Mackenzie Bourke



Michael Boyd
Zachary Bridges
Bridget Brown
Daniel Brown
Michael Bruner
Steven Bunting



Jason Burdine
Zachary Burleson
Michelle Buseman
Alexandra Buttery
Courtney Calhoun
Jacob Canfield



Freshmen

Nina Carlson
Anna Carswell
Shoma Chandra
Elijah Chausse
Jasmine Chen
Albert Cho

Daniel Chrusciel
Anthony Chung
Tyler Clark
Tonie Cooper
Benjamin Cotton
Sophia Courneya

Christopher Cowan
Andrew Coyle
Travis Crum
Madison Cummings
Keegan Davenport
Nathan Davis

Alexander Deam
Natalie Deam
Janessa Delaney
Lauren Dixon
McKenzie Dohrmann
Jodi Dooley

Andrew Doyle
Kylie Drzycimski
Donald Duden
Mark Duvick
Joanna Eggert
Charissa Ehrhardt

Joshua Engelman
Clark Ennis
Emily Erbes
Lucas Erickson
Elliot Fair III
Benjamin Feller

D. Fields
Josiah Fitzsimmons
Matthew Flynn
Katherine Fowler
Julia Fullhart
Hannah Fulton

Martin Gallagher
Martha Garasky
Spencer Gardner
Laura Gehring
Aleshia Gerritson
Mark Gilarski

Freshmen

Stacy Gillen
Tiana Godfrey
Martin Gomez-Perez
Lindsay Grant-McCann
Sarah Graveline
Johanna Gruenewald



Ross Hackerson
Adam Halbur
Karl Hamouche
Leah Hansen
Julia Hanson
Samuel Hapke



Rachel Harmon
Bahja Haron
Dillon Harris
Rachel Hasselman
Peter Heiligenthal
Dagny Heimisdottir



Peter Heising-Finn
Marc Heitzman
Allison Herrick
David Hickok
Chi-Sing Ho
Jennifer Hockett



James Honzatko
Leigh Howell
Robert Hunter
Sofiya Hupalo
Zachariah Hurd
Amy Huston



Nicholas Imerman
Jordan Jacobson
Andrew James
Aubrie James
Brian Jaynes
Annie Jeong



Kaitlin Johnson
Kyle Johnson
Stephfon Johnson
Larissa Jones
Lauren Jones
Kelsey Kaufman



Jason Kemis
Ryan Kenyon
Nicole Kerns
Laura King
John Klotzbach
Taylor Knight



Freshmen

Clare Kohler
Diane Kraus
Eric Kruse
Davina Kwaw-Mensah
Aaron Larpenter
Natalie Larson

Ryan Larson
Joshua Larson-Konar
Brandon Leibold
Amanda Lett
Chan Liebman
Magon Liu

Devin Lu
Mark Ludemann
Conrad Luecke
Katherine Marsden
Michael Masteller
Amanda Mayberry

Christopher Mayberry
Neo Mazur
Sean McClain
John McClelland
Matthew McGrory
Dylan McMasters

Robert Medley
Nathan Meyer
Joshua Meyn
Matthew Michel
Mercedes Mickelson
Aaron Miller

Danielle Miller
Eric Miller
Nicholas Miller
Rachel Miller
Tyler Miller
Wyatt Miller

Mazdak Mina
Kendra Moloney
Kaitlin Moore
Mark Moore
Kevin Moss
Megan Murphy

Jonathan Musgrove
Ezekiel Musselman
Joy Myers
Lauren Naeve
Cole Nelson
Tyler Nesbitt

Freshmen

Lindsey Niehm
Elena Nieves-Doyle
Aaron Nostwich
Alexander Olinger
Paige Olson
Mia Olufade



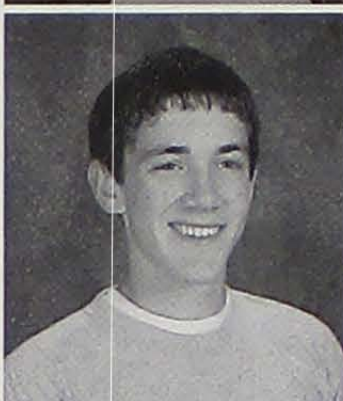
Katherine Orazem
Chelsea Orey
Helen Otto
Molly Packer
Daniel Park
Robin Parlade



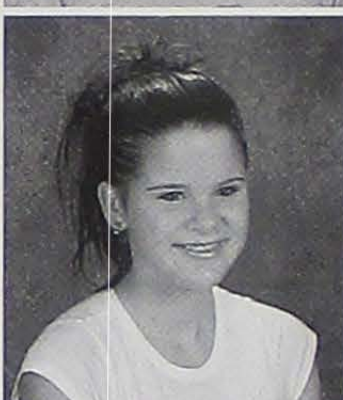
Sarah Parsons
Brian Pastiak
Laura Pedersen
Amanda Perdue
Stacy Perez
Michael Peterson



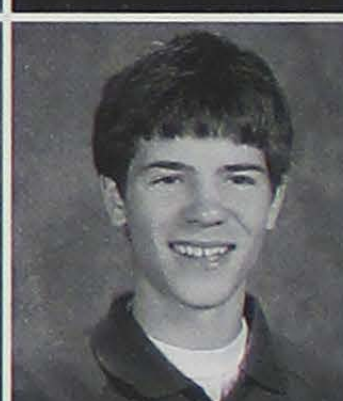
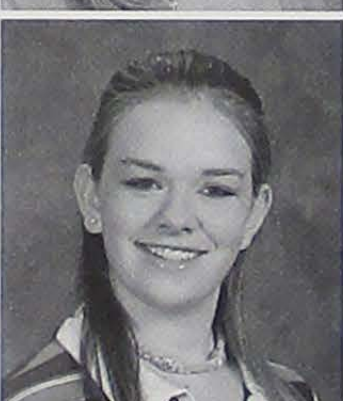
Brandon Pflug
Martin Pick
Alycia Pringle
Benjamin Pyle
Alejandra Quan
Kevin Raab



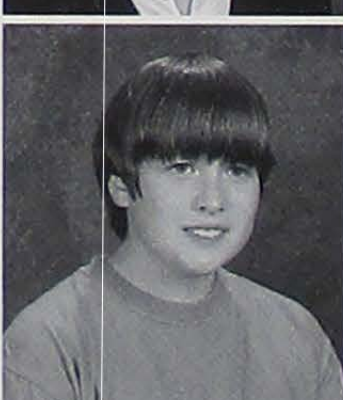
Jana Rahn
Tara Randall
Kayla Ranney
Korey Rasmusson
Alexander Register
Katrin Reinot



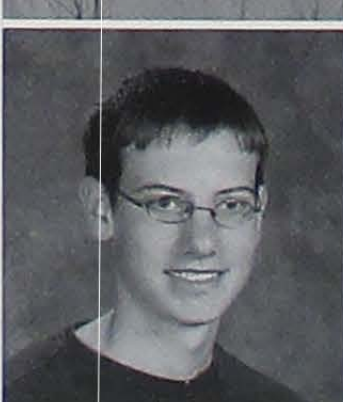
Allison Retz
Megan Reynolds
Charity Ries
Theodore Ringgenberg
Asa Ritz
Anya Robson



Jesica Rowland
William Rundle
Logan Rupp
John Russell
Mark Russell
Chelsea Sailsbury



Austin Sandler
Drew Schlosser
James Schmidt
Patrick Schmidt
Rebecca Schmidt
Nicholas Schroeder



Freshmen

Helene Schuck
Laurel Scott
Kira Seek
Jordan Sharpe
Jiaxin Shi
Hyesong Shin

Svelta Siguas
Consolata Sikinyi
Kelsey Simpkins
Jennifer Simpson
Patrick Snell
Stephanie Soh

Mallory Sornsen
Alexa Squire
Kimberly Staniforth
Luke Stephenson
Julia Stone
Brittany Strickler

Anda Tanaka
Kyle Tegeler
Joshua Tenney
Aslynn Terpstra
Autumn Thompson
Ryan Tierney

Taryn Tigges
David Tim
Anne Todey
Evelyn Tomer
Derek Trickle
Jessie Troxel

Dustin Turner
Adam Tyler
Samuel Van Fleet
Charlie Vestal
Spencer Veysey
Rebecca Voss

Michael Wagner
Cherie Wandling
Kathryn Warning
Douglas Warren
Charles Warwick
Zachary Wayne

Leslie Weber
Riley Wendt
Kristen Wernau
Brady White
Krystal Wikstrom
Frances Xin

Freshmen

Louis Yang
Xin Zhong



Not Pictured

Adams, Daniel James
Akoon, Mou Majok
Balvanz, Wesley
Bazylinski, Gram Patrick
Bell, Elisha Sasaly
Berleant, Shoshana Lynn
Brickey, Michael Steven
Brisbon, Andre
Burgason, Jordan Scott
Chung, Je-Min
Coghlan, Katherine Maureen
Correa, Natalia R
Davis, Kyonda
Davis, Nathan Andrew
Dearborn, Matthew Leroy
Dillon, Taria Kaylee
Drabek, Kelsey
DuCharme, Devon Lawrence
Edmondson, Amy
Egan, Josiah

Elkhatib, Rami Hisham
Elliott, James David
Enloe, Cari Leann
Evans, Deonte
Frazier, Barbara A
Garrison, Butler
Gassman, Mattias Phillip
Gent, Morganne Ashley
Hansen, Erin Elizabeth
Hardeman, Kenneth Lee
Harden, Dionne
Hudak, Daniel B
Jani, Samir K
Joo, Nick Shalom
Marker, Andrew Mikel
McClanahan, Marc David
Miller, Onnalee Maurine
Myers, Amanda
Navi, Deepak Shrishail
Patton, Keith D

Rivera, Katie Sue
Rose, Shelagh
Roth, Emily Marie
Rudison, Jua Jonathan
Sanford, Jennifer
Sannier, Andrew James
Scheppler, John William
Schoenrock, Steve Okan
Sells, Justin Scott
Singh, Lavanya
Soliz, Brenda Marie
Sorenson, Mary
Steward, Raven De'Nean
Stott, Nathanael Thomas
Thomas, Tyler T
Vandarwarka, Lauren Ashley Nicole
Wilkins, Kirk M
Wolt, Raymond Jeffrey
Woods, Malachi Marquise

SOPHOMORES

Rising influence: The Class of 2007



Hiwot Abebe
Jonathan Ackerman
Rohan Agarwal
Mou Akoon
J.J. Aldermann
John Alexander

Jessica Amaya
Jessica Anderson
Spencer Arritt
Anthony Ashley
Brendan Babcock
Erin Bagnall

Bret Ballantine
Joshua Barclay
Jenna Barrett
Melissa Baughman
Rebecca Bean
Nathaniel Behning

Austin Bell
Roman Bell
Melissa Bennett
Hannah Bentrott
Maria Beresnev
Tanya Bergeson

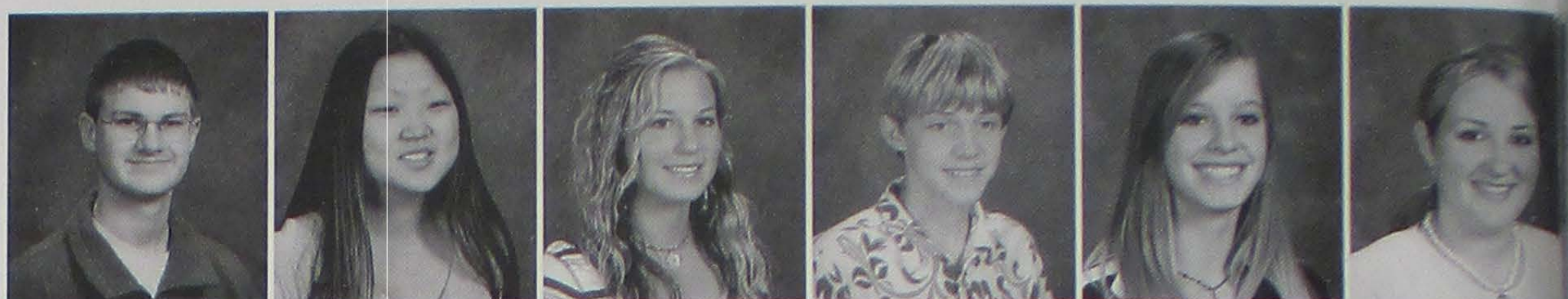
Eric Bierwagen
Alexandra Blount
Jennifer Boccella
Jessica Boelman
Zachary Borg
Caylon Borich

Brittany Borrill
Alexandra Bortle
Elizabeth Boswell
Renee Bovinette
Braden Boydston
John Boylan

Zach Brenner
Sarah Brimeyer
Melissa Brockway
Annisa Brown
Austin Brown
Lauren Brown

Sophomores

Steven Burianek
Carianne Burns
Elizabeth Bystrom
Dustin Cakerice
Kelsey Carney
Kayse Carter



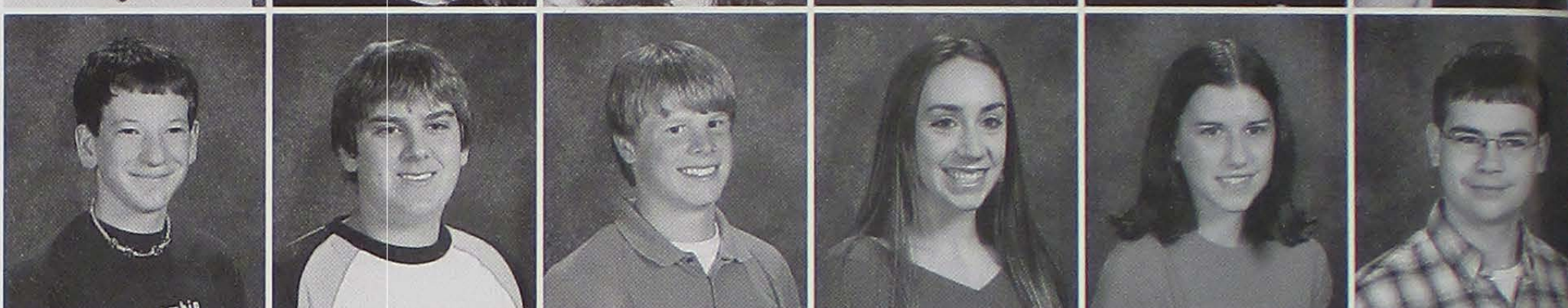
Emily Chance
Justin Chang
Yu-Ting Chen
Jennifer Cheuk
Lauren Chitty
Keenan Clapp



Jacqueline Clark
Terrisa Clark
Elizabeth Cohea
Jennifer Compton
Ryan Cornelis
Cassandra Correa



Mackenzie Cross
Nicholas Crumpton
Nolan Currie
Jessica Curry
Chelsea Davis
Michael Davis



Keith Davis III
Anja Dekkers
Antony Dempsey
Scott Dillavou
Benjamin Dobbs
Joanna Dobson



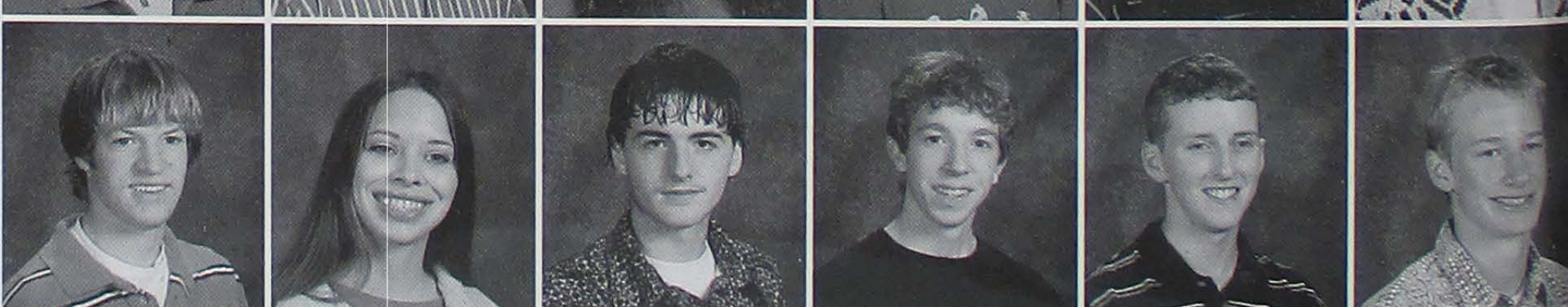
Lillian Dobson
Audrey Dodge
Lauren Dougherty
Jared Downard
Katelyn Dunshee
Allison Dye



Kelsey Elliott
Kyle Endreland
Elaine Ertz
Joseph Fabiosa
Emily Falk
Sarah Federle



Steven Fennelly
Rebecca Ferguson
John Fitzsimmons
Kyle Fogleman
Eric Foley
Ethan Forsgren



Sophomores

Lauren Forth
Adam Fox
Lauren Frandsen
Joseph Fuller
Richard Gaunt
Lucas Gehlsen

Kristin Geiger
Noah Gildermaster
Justin Gilger
Justin Gleason
Ben Glick
Bryce Gonzales

Elizabeth Grant
Ulfur Grant
Anna Greenwald
Maria Gurbo
Meghan Hackerson
Samantha Hackerson

Jennifer Hagen
Zachary Hagert
Amy Hamilton
Matthew Hansen
Michael Hansen
Tyler Hansen

Jeffrey Hanson
Rebekah Hanson
Caitlin Harrington
Alice Hartzler
Natalie Hashemi-Toroghi
Katie Hasstedt

Daniel Haugo
Travis Heithoff
Kristina Hellmich
Michael Herriges
Adam Hinders
Alexander Hinders

Marcus Hippen
Thomas Hoffman
Laura Holub
Jeffrey Houk
Sarah Hundertmark
Brandon Hurley

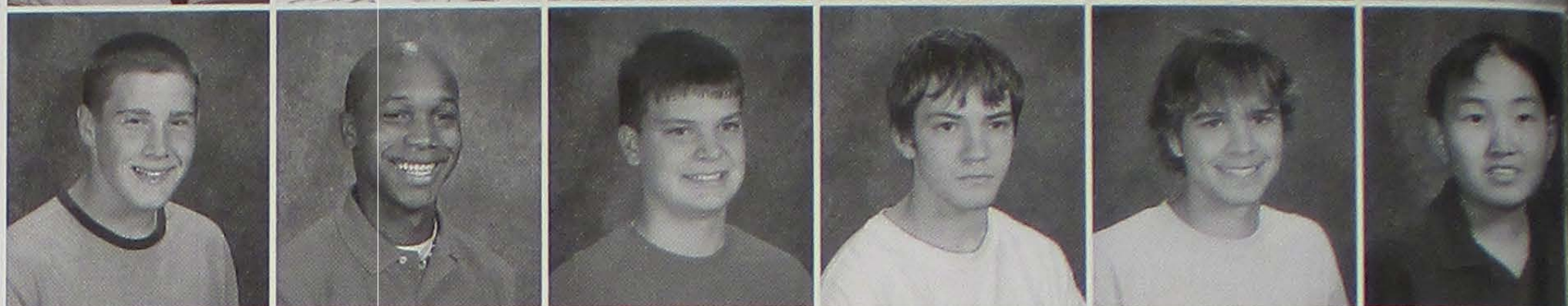
Jeremey Hurley
Ege Inanc
Anastasia Ingham
Sarah Jackson
Aaron Jacobson-Swanson
Benjamin Jansen

Sophomores

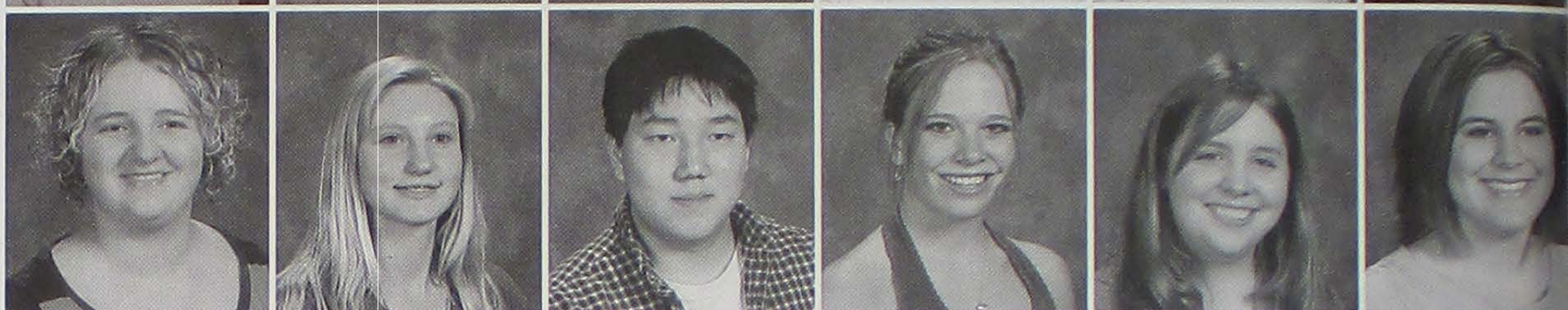
Alexander Jarnagin
Jay Jensen
Jenna Jensen
Andrew Jiles
Alec Johnson
Alleah Johnson



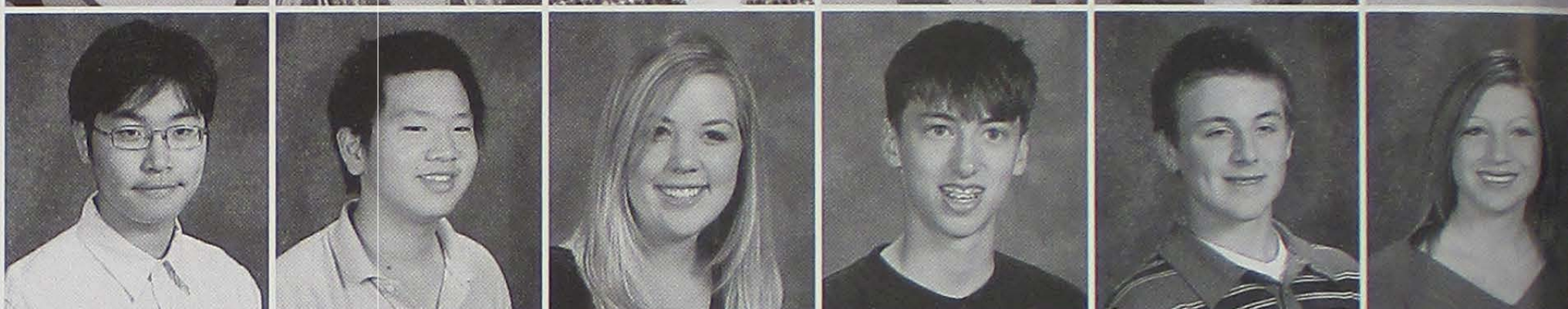
Jacob Johnson
Kristopher Johnson
Kyle Johnson
Jacob Johnson-Muyengwa
Alexander Jones
Paul Joo



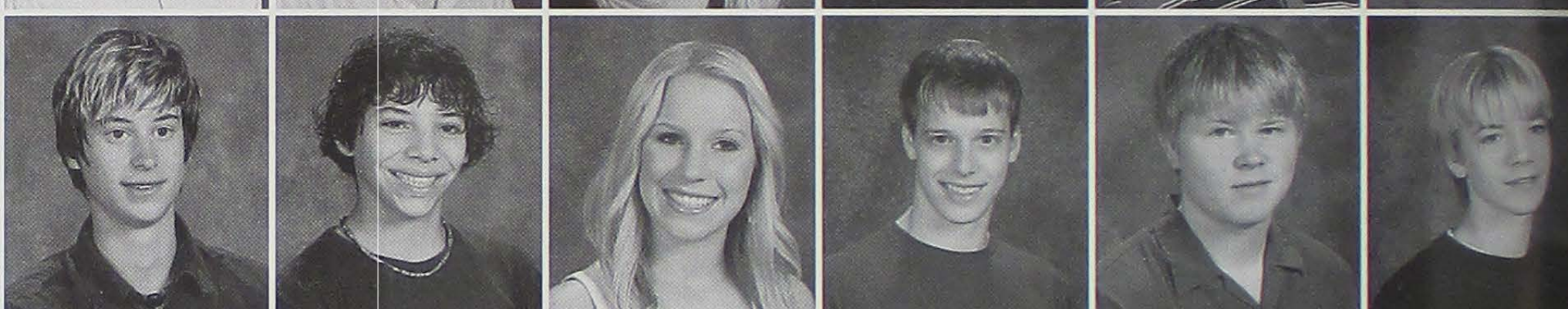
Abigail Jungjohan
Hannah Kaloupek
M.J Kang
Kristine Kearney
Nichole Kearney
Rebecca Kerr



Ghahyun Kim
Ji Kim
Cassandra Kindred
Jacob King
Joseph Klinkel
Kyra Knuth



Robert Koehler
Oscar Koeneke
Kerry Kohler
Jeffrey Kollasch
Nicholas Korf
Michael Kraemer



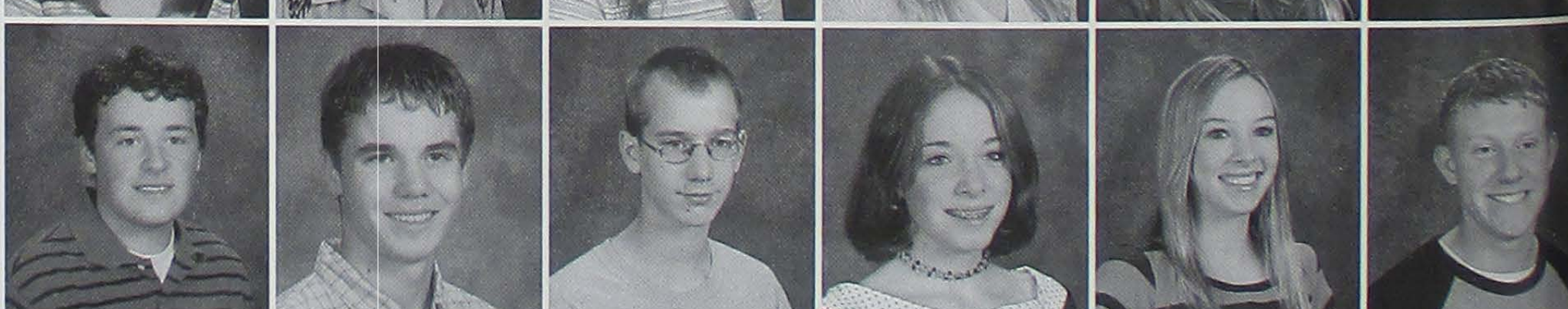
Jeffrey Kroll
Dennis Kuo
Matthew Laczniak
Trent Lamar
Jennifer Lambert
Eric Lane



Cassandra La Pietra
Alysia Larson
Courtney Larson
Kelsie Larson
Emily Lawlor
Brianna Lelonek



Andrew Lewis
Tyler Lewis
Joseph Lien
Sarah Linahon
Katelyn Linduska
Jonathan Link



Sophomores

Xiaoteng Liu
Alyson Loes
Aaron Lott
Sarit Luban
Katie Lundstrom
Amanda Lutz

Adam Maahs
Andrea Mallarino
Derick Marquardt
Jason Marrs
Glenn Martin
Alex Maschoff

Tessa Matibag
David Mayes
Maurice McClain
Morgan McCormick
Brian McDonald
Erin McGonigle

Matthew McPhail
Sharon McRoberts
Noah Mendelson
Cori Milan
Christopher Moore
Alan Moss

Aaron Mostrom
Justin Mull
Jackline Mwaniki
David Naylor
Sarah Nelsen
Benjamin Nelson

April Nikkel
John Norris
Adam Olson
Luei Ong
Jessica Oster
Christopher Parsons

Meredith Parsons
Madeline Paschen
Bo Peng
Sandy Perez
Ryan Pesch
Joshua Peterson

Larry Peterson Jr
Kristi Philips
Jacob Pleasants
Stephanie Poffenberger
Nicholas Pospisil
Krishna Prabhu

Sophomores

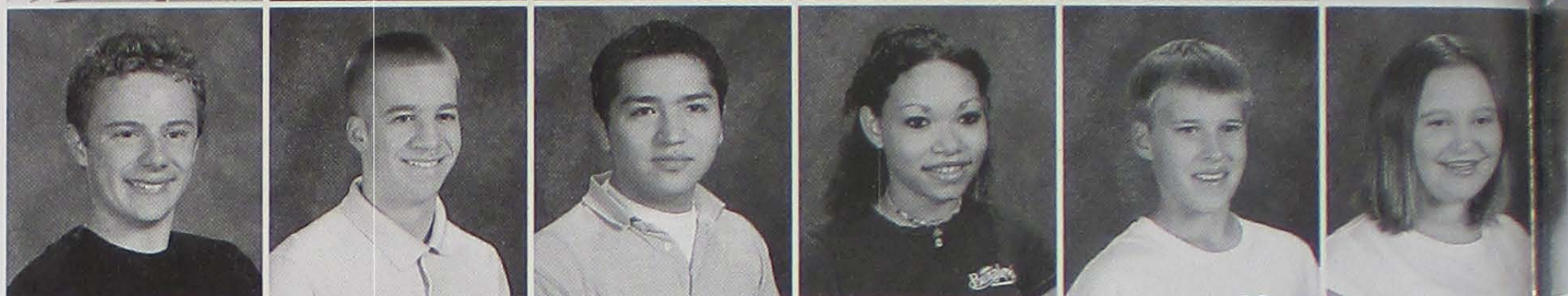
Ryan Praska
Mukund Premkumar
Colin Pritchard
Brighton Prueger
Michael Qiu
Supraja Rajagopalan



Wesley Rebarcak
Melissa Redding
Steven Reints
Derek Richards
Lindsay Roach
Nicholas Romsey



Jacob Rosenberg
Benjamin Ruppert
Alfonso Sanchez
Ashley Savage
Ben Scallon
Hannah Scebold



Corey Schmidt
Benjamin Schnable
Kirsten Schoenrock
Steve Schoenrock
Sarah Schreitmueller
Nathanial Sejaan



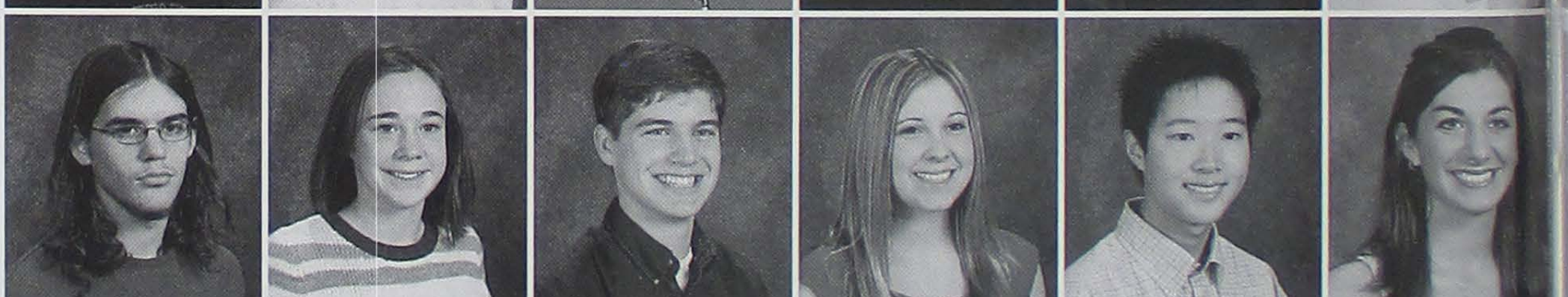
Bryan Server
Amber Sexton
Sara Shafer
Bryan Shrader
Stephanie Shuey
Sean Siberski



Derek Siedelmann
Christopher Simonson
Grant Simpson
Micah Simpson
Austin Skarshaug
Anju Somani



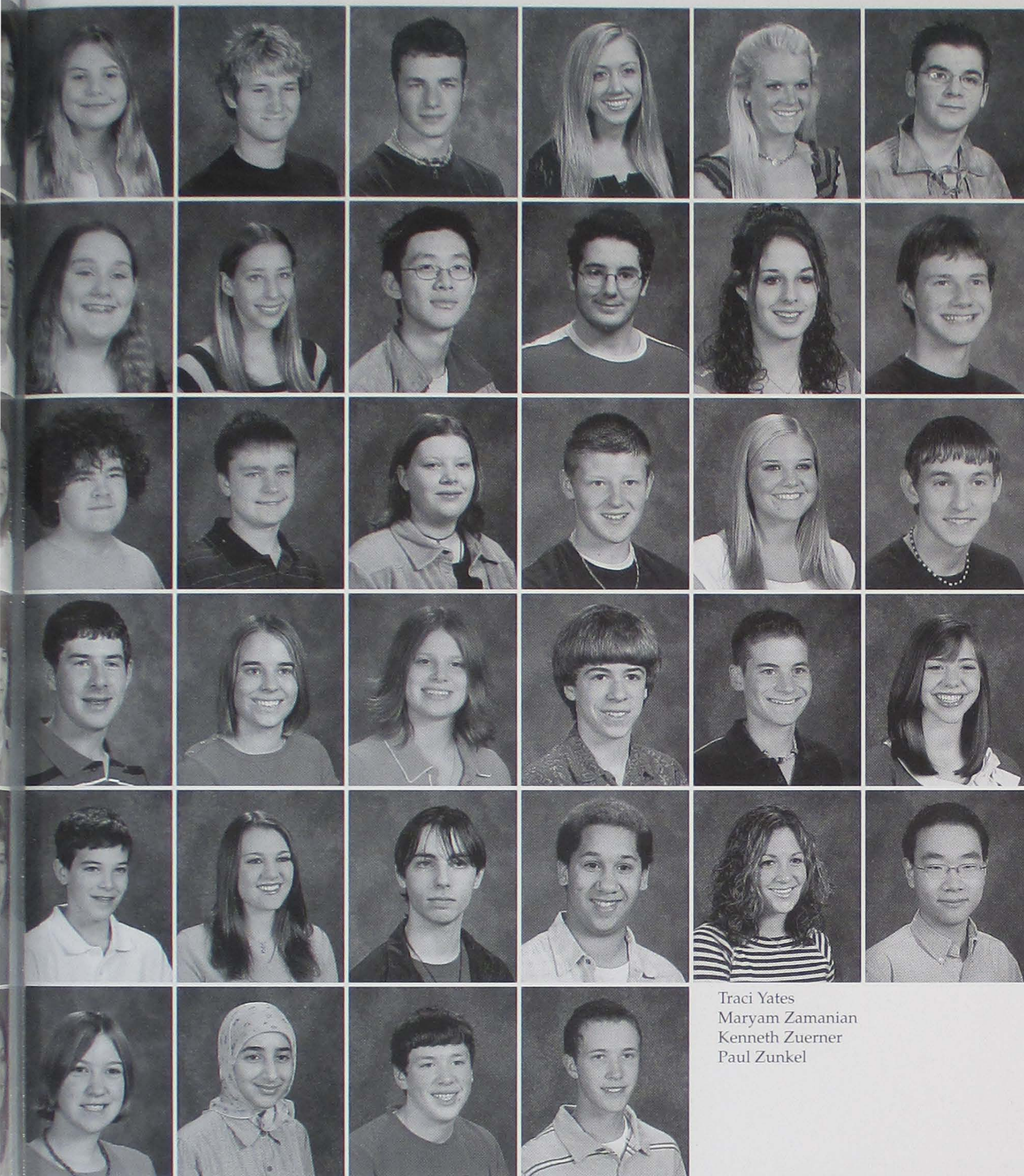
Daniel Stafford
Jayne Strand
James Strickland
Alissa Struble
Wei-Li Suen
Jessica Svec



Amy Swanson
Lauren Swanson
Mashette Syrkin-Nikolau
Hodeis Tabatabaei-Moghadam
Kyle Talbot
Joe Thien



Sophomores



Brittany Thompson
Joseph Thompson
Joshua Thompson
Rachel Thompson
Kersten Thorgaard
Andreas Thorson

Tiffany Tope
Janel Tott
Yi-Fan Tseng
Alexander Tschlis
Samantha Tucker-Sieberg
Tanner Twetten

Phillip Uhde
Justin Upah
Lauren Vidimos
Brock Vosberg
Alyse Wandling
Rob Wanzek

David Warning
Elizabeth Warth
Crystal Weltha
James Weltha
Joseph Wendel
Alicia Wengert

Michael Wheelock
Anne Wilson
Dayle Wilson
Maurice Wilson-Birt
Amanda Winkleblack
Hyungseok Yang

Traci Yates
Maryam Zamanian
Kenneth Zuerner
Paul Zunkel

Not Pictured

Abbasi, Hansaa A
Adams, Brandon James
Akot, Akot Tong
Artese, Samantha L
Athreya, Ambika
Beckwith, Angela
Bovenmyer, Andrew Steven
Castillo, David
Cobb, Aurora Linnea
Cortinas, Michael R
Cross, Matthew Joseph
Crouse, Steven Michael
Davis, Michael Jon
Day, Donovan
Deal, Sean Curtiss
Di Orio, Andrew J
Fang, Mark

Gartin, Lukkas
Gonzalez, Santos, Domenik R
Guo, Chen
Habhab, Jamalia Rogene
Haron, Gasmin
Hinojo, Flor De Amelia Lizette
Hoskins, Nichole Michell
Johnson, Jason M
Khamadamov, Davron
Kochel, Zachary Sebastian
LaGrone, Aquavia Sherrell
Leung, Benjamin M
MacDonald, Maurice Marcus
Mansbach, Rachael Alexandra
Mayberry, Curtis Lee
McGrory, Alexa Nicole
McKelvey, Kyrieanne

McMillen, Chelsea Patricia
Mungons, Andrew James
Myrick, Rachael A
Newhouse, Robert Paul
Nicolas, Noelle Julia
Niemand, Christopher R
Nilakanta, Haema
Nolasco, Audy Emiliec
O'Hara, Alanna C
Owends, Deon
Owusu, Felix
Patel, Kunal
Plander, Stephanie
Reza, Robert S
Sanford, Joel William
Sarceno-Cortez, Marietha Xiomara
Seeman, Christopher M

Seifert, Sarah Ann
Sheth, Aakash Vijay
Shickell, Sean Gabriel
Smith, Bradley Porter
Stead, Nicholas Logan
Steward, Ryan Dawn
Sunnvold, Ryne Allen
Thompson, Shamis Christian
Tsushima, Georgie Alan
Vogel, Steven Alan
Wetmore, Amanda Beth
Winkler, John Warren
Wright Schoenrock, Conner Mitchell
Yungclas, Ashley Ann
Zegarra, Fiorella S
Zegarra, Sheyla D

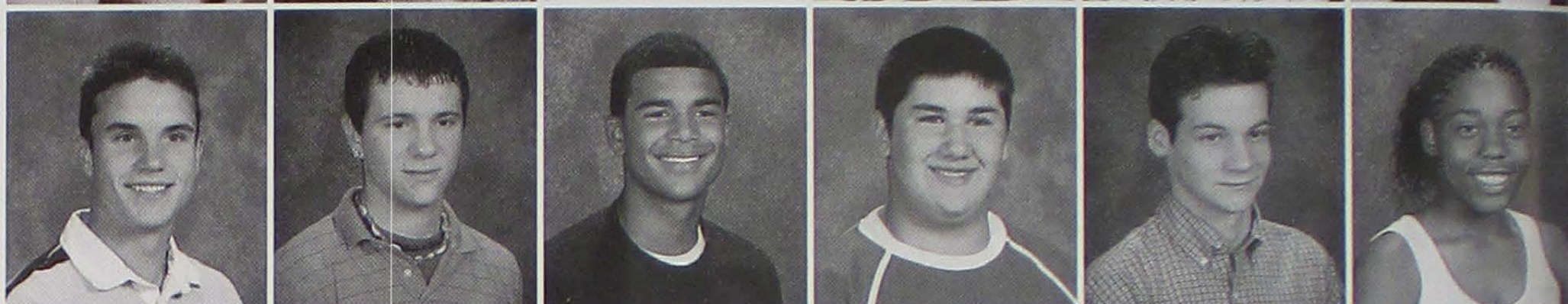
JUNIORS

Almost there: The Class of 2006

Kayla Ackerman
Leah Ackerman
Akot Akot
Faruk Al-Hassan
Annika Anderson
Nicole Anderson



Tyler Anderson
Ryan Anton
Austen Arnaud
Adam Arthur
Taylor Ashburn
Joy Awoniyi



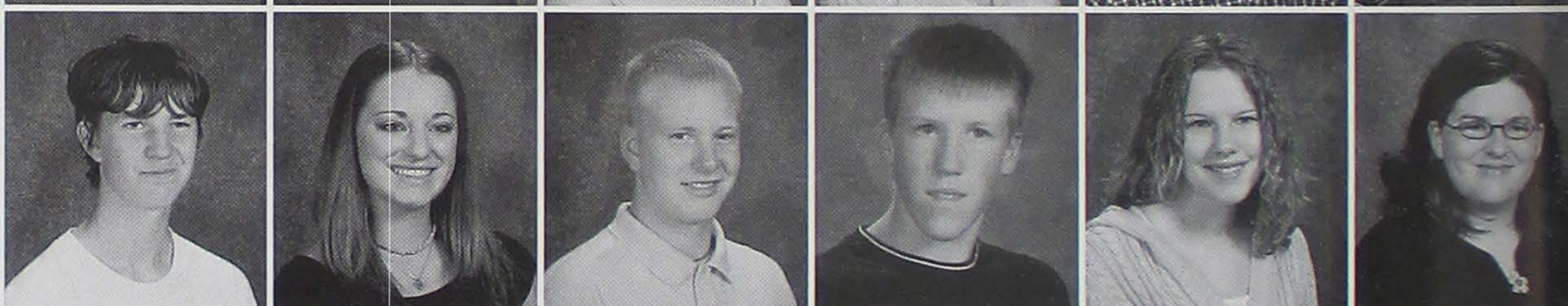
Chad Baker
Jacob Balough
Marissa Banks
Alison Bazylnski
Joshua Beckman
Debra Bennett



Anthony Benson
Kevin Berg
April Bettis
Kathryn Bierwagen
Bari Blanford
Danny Blum



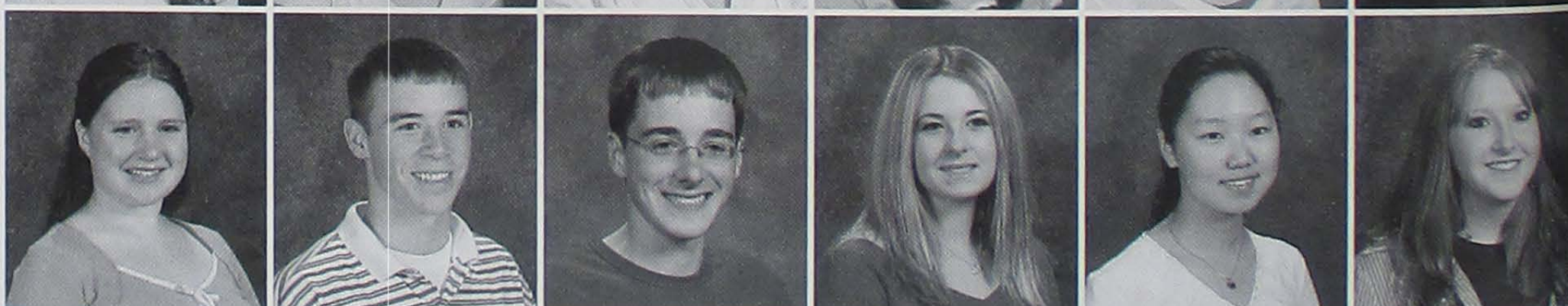
Craig Boeke
Beth Bonnichsen
Mason Borich
Nicholas Braland
Lisa Brekke
Victoria Breshears



Delesa Briseno
Alexandria Budd
Jennifer Calsyn
Aenea Carlson
Ashley Carlson
Ignacio Carranza-Morales



Elizabeth Casey
Ryan Catus
Matthew Chellew
Michelle Chester
Alarm Cho
Georgia Chrisinger



Juniors

Laura Clark
Charles Cleary
Traci Coney
Theresa Cook
Chelsea Cottrill
Sarah Cram

James Crockett
Lara Curtis
Emily Davenport
Rachel Davis
Elizabeth Deppe
Elizabeth Dilla

Brooke Dohrmann
Aaron Dooley
Ryan Dougherty
Daniel Doyle
Emily Drapal
Michael Dunlay

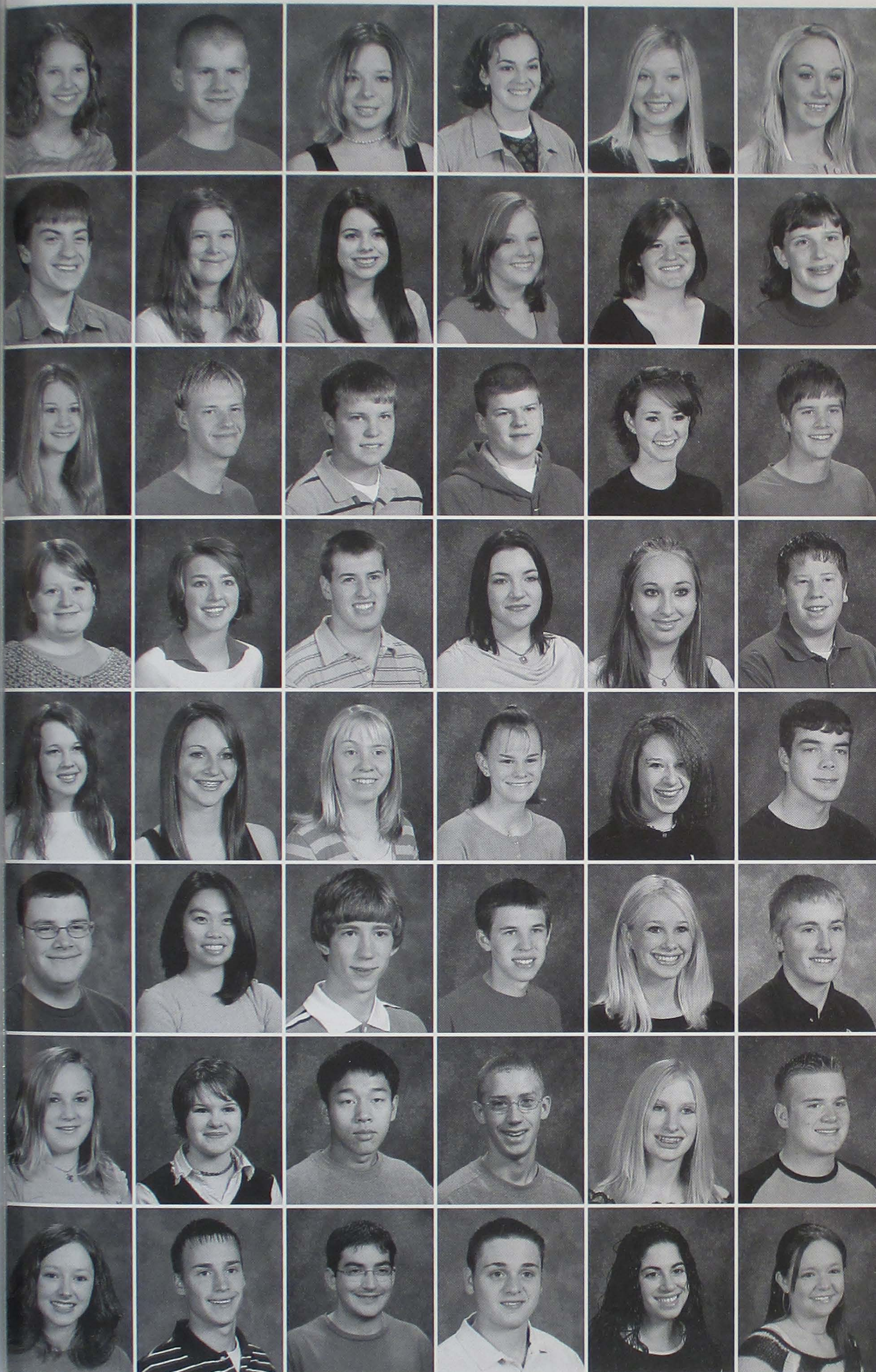
Carrie Dunne
LisaGrace Duvick
Sean Edwards
Jessica Egli-Davis
Sarah Ehrhardt
Eric Ellingson

Jackie Elliott
Kate Elliott
Kellie Engelman
Kelsey Englin
Stephanie Enloe
Eric Enslow

Matthew Erickson
Maria Fabiosa
Andrew Feller
Kurtis Ferguson
Ashley Finer
Joseph Folkmann

Rosemary Fonseca
Jennifer Fulton
Qi Gan
Branden Geil
Adrienne Geske
Ryan Gibson

Sarah Gidlewski
Jordan Gilmore
Jeremy Girton
Jacob Gohlmann
Maeryn Goldman
Molly Golemo



Juniors

Jennifer Green
Nathaniel Greving
Garrett Hamilton
Christopher Harder
Adam Harmon
Antonia Hasselman

Tricia Hawley
Ellen Heddendorf
Melissa Heitzman
Brittney Henderson
Priscilla Hendricks
Elizabeth Hensen

Andrew Herrick
Caitlin Herrnstadt
Alyssa Hesel
Neva Hibbing
Amanda Hinderks
Sara Holt

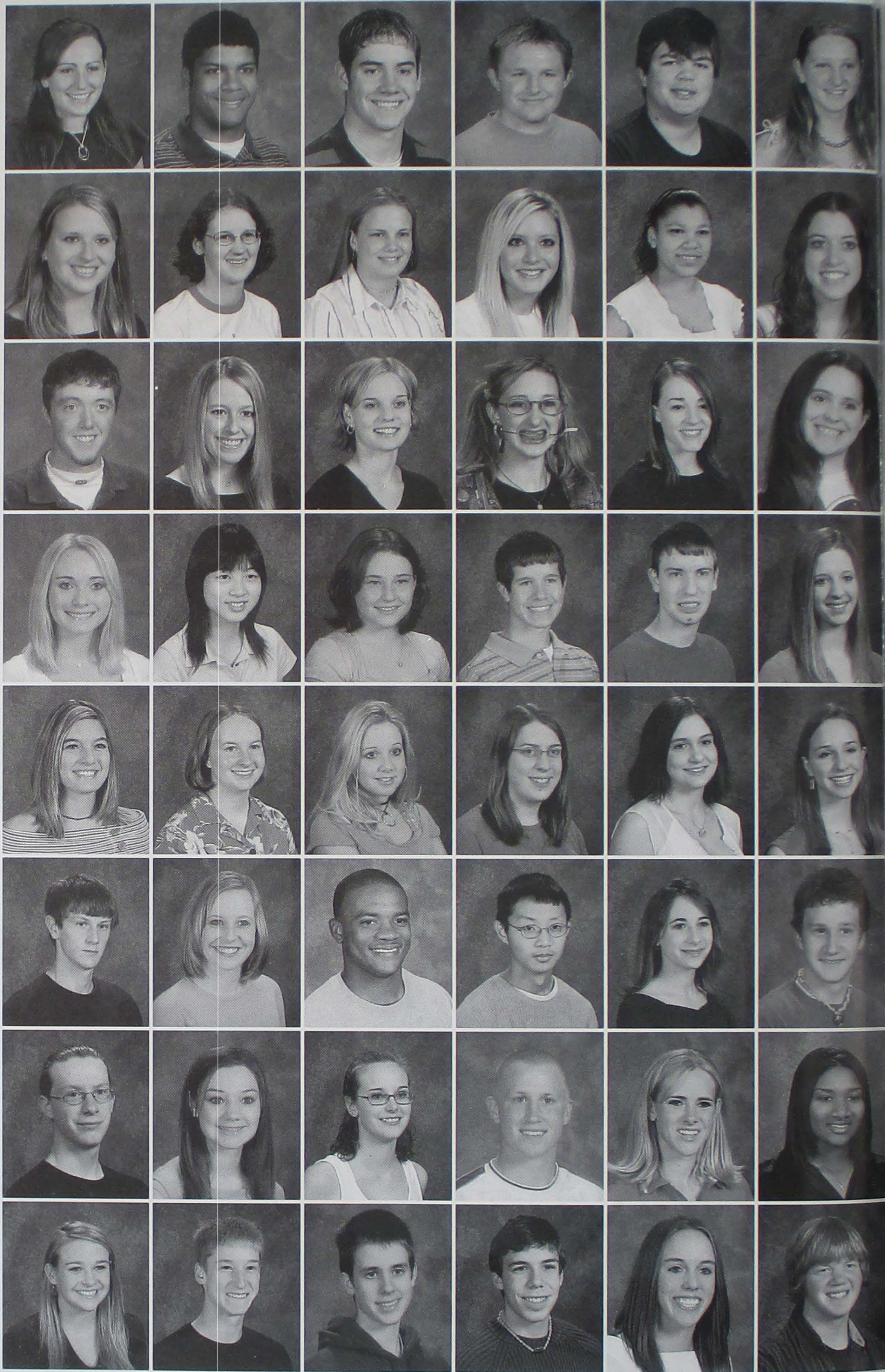
Dana Howell
Wen-Hua Hsieh
Caitlin Hug
Andrew Hunziker
Jason Huston
Kimberly Ihle

Iris Ilarslan
Emma Israel
Alicia Jacobs
Sarah Jacobson
Emily Janssen
Chelsea Jensen

Torin Johansen
Kristin Johnson
Brian Jones
Kang Kang
Emily Kawaler
Alexander Keefe

Shane Kelly
Amanda Kerper
Melanie Kessler
Daniel Kinker
Mary Kluesner
Victoria Knight

Kelsey Knutson
Ross Koppenhaver
Anthony Koranda
Charles Krabbe
Katie Kramer
Alexander Krumm



Juniors

Emmanuella Kwaw-Mensah
 Brian Lange
 Olivia Langenberg
 Aaron Langlois
 Laura Larabee
 Bryan Larson

Jonathan Larson
 Ryan Larson
 Thomas Lawless
 Michael Lee
 Michelle Leininger
 Aaron Lenhoff

Derek Lewis
 Nicholas Litwiller
 Ying Liu
 Daniel Lizaso
 Anna Lochray
 Brandon Long

Candice Long
 Xiaoxiao Lou
 Nicole Loughren
 Lydia Lowry
 Rachel Lowry
 Kevin Lu

Matthew Ludemann
 Scott Lynn
 Neal Mac Donald
 Jenna Magnuson
 Ashley Mahan
 Robert Manatt

Cody Markley
 Kelly Matters
 Virginia McCalmont
 Sarah McClanahan
 Shannon McCormick
 Lindsay McGowan

Gabriel McNunn
 Manuel Melendez
 Michael Mendonca
 Britta Mennecke
 John Meraz
 Scott Mettill

Allison Metzger
 Amy Metzger
 Christen Meyer
 Austin Meyn
 Jason Misra
 Andrew Montgomery

Juniors

Kayti Montour
Timothy Morgan
Emily Morris
Emily Moschini
Kyle Nelson
Renee Nesbitt

Huong Nguyen
Samantha Nimmo
Vanessa Ninaquispe
Nicole Nostwich
Andrew Olson
Meira Osness

Melinda Ourada
Micheal Owen
Jessica Palo
Xin Pan
Megan Pappas
Nyawour Par

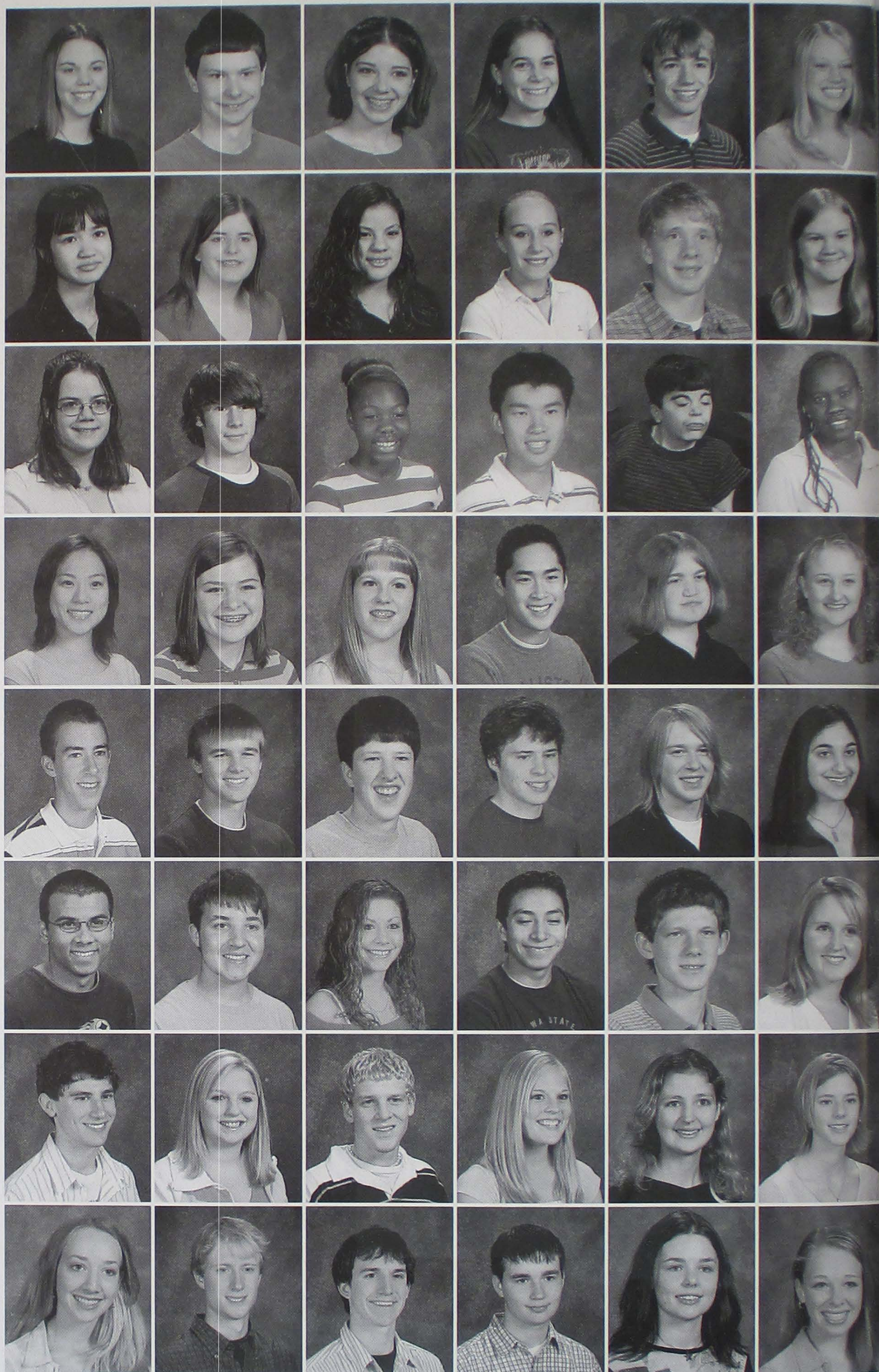
Rebecca Park
Anne Pastiak
Megan Pearson
Ryan Pei
Douglas Pepe
Laura Peperkorn

Brandon Pohlman
Caleb Polashek
Ryan Pool
James Pringle
Isaac Prior
Sarah Raaii

Muhammad Rahim
Daniel Ramey
Alyssa Rasmussen
Mario Reyes-Juarez
Brice Rial
Laura Rich

Andrew Richards
Ashley Ricketts
Robert Ridpath
Shannon Risius
Jessica Rivera
Chantal Roberts

Aubrey Robertson
Samuel Robson
Matthew Rodgers
Jonathan Rohlf
Catherine Rohrssen
Brittany Rover



Juniors

Jasmine Rude
Alicia Sacco
Avni Sanghi
Anna Sawyer
Morgan Scheppler
Robert Schliesman

Maren Schmeling
Nicole Schmidt
Rachel Schmidt
Peter Schumacher
Michael Schuster
Ann Scoles

Amanda Searcy
Albert Shin
Gregory Shirbroun
Rebecca Sidles
Megan Siebens
Emmet Siev

Scott Simpkins
Cassidy Simpson
Scott Simpson
Carter Slagell
Holly Smith
Matthew Smith

Laura Snell
Sabrina Soh
Chelsea Spear
John Stark
Cody Steltzer
Matthew Stephenson

Michael Stoecker
Jennifer Stone
Thomas Strehlow
Tricia Stubbs
Cora Stuhmann
Gee Suh

Lucas Taege
David Tapper
Omelia Terronez
Allen Thomas
Kyle Thomas
Christopher Thompson

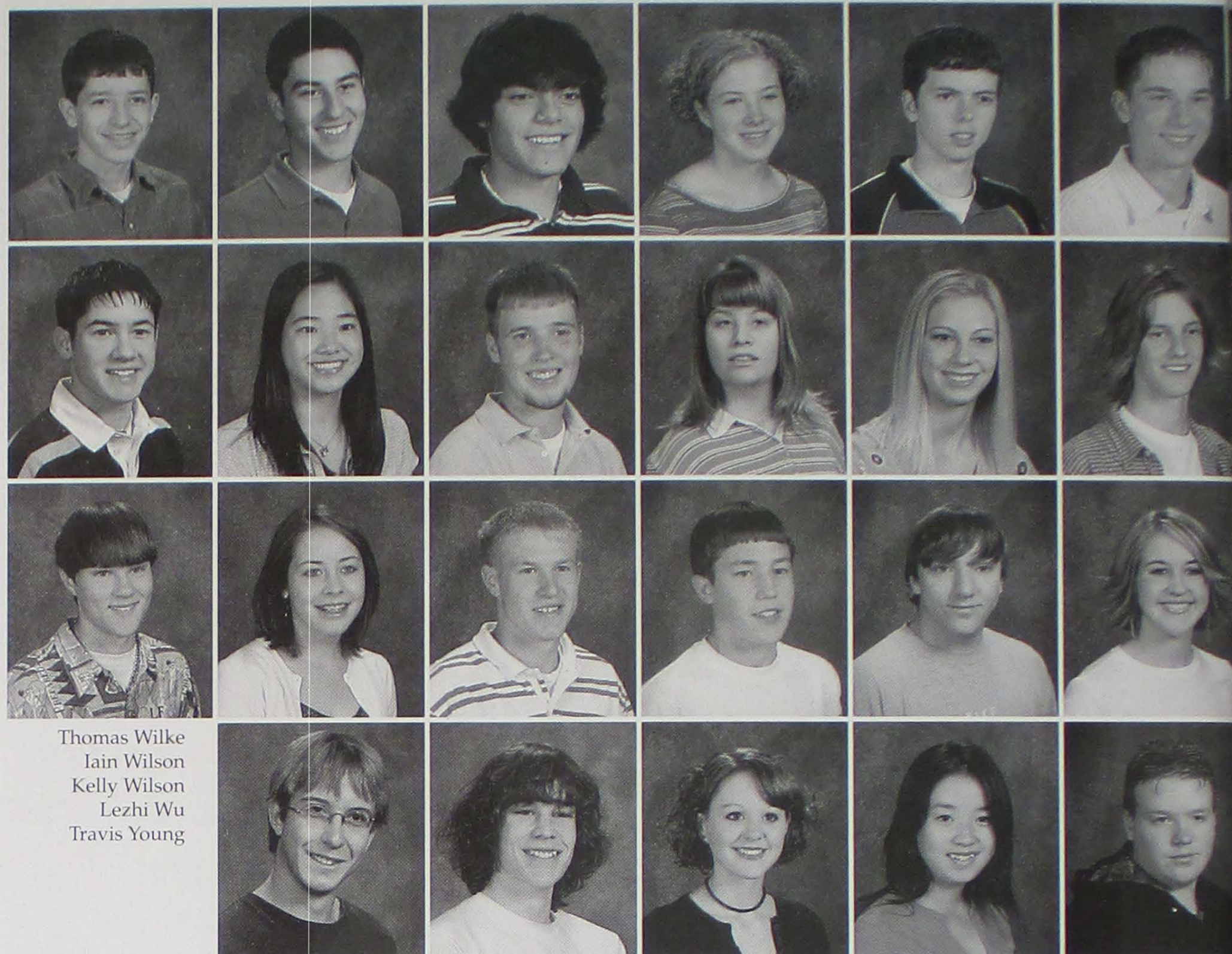
Gregory Thompson
Larah Thorgaard
Emily Thurmaier
Nathan Tomer
Kelsey Torgerson
Taisia Tsukruk

Juniors

Andrey Ukhanov
Asaf Vaknin
Abraham Valadez-Rosales
Sara Van Marel
Andrew Veysey
Christopher Voss

Nathan Vu
Emily Wang
Andrew Wass
Samantha Webster
Laura Weible
Curtis Weigel

Joe Weigel
Candace Weis
Brian Weiss
Jarrett Wendt
Joseph Wernau
Chelsea Wiersen



Thomas Wilke
Iain Wilson
Kelly Wilson
Lezhi Wu
Travis Young

Not Pictured

Ahn, Annie K
Anderson, Christian John Gyle
Anderson, Ruth
Barclay, Matthew R
Becvar, Melissa
Bennett, Tiffany Marie
Berg, Kevin Michael
Bracha, Peter
Chen, Han
Chowdhury, Moazzem Hossain
Cunningham, Dylan Parker
Derr, Moelle Kristin
Elkhatib, Mazen Hisham
Ellern, Ilya A
Farni, Garrett M
Fevold, Adam Krishna
Flagg, Kortez
Ganzer, Kenneth Codey
Gassman, Nicole Marie
Grotheer, Matthew
Habhab, Johnny Roger
Hall, Stephanie Denise
Harmelink, Katherine Rose
Hendrickson, Grant Richard
Hiatt, Megan Renee
Hibbs, Cody Alan

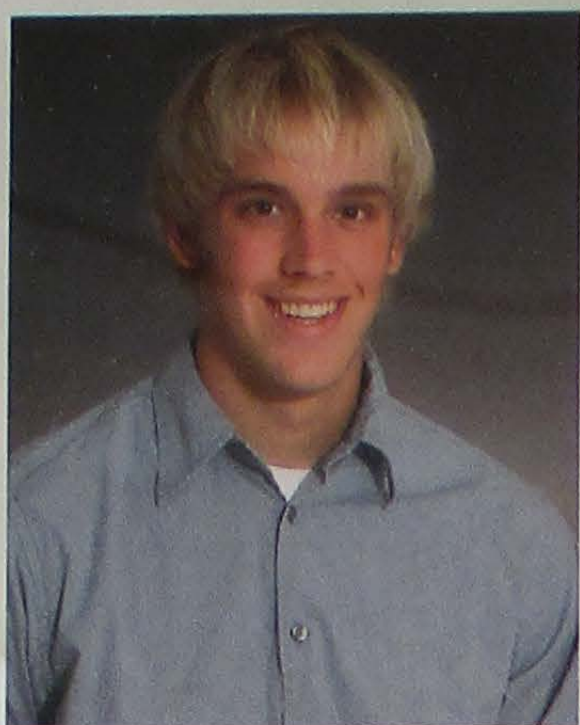
Hudson, Evan Cooper
Jackson, Hayley
Jansen-Bibeau, Danielle Marie
Jaya, Defina
Kincart, Emily
Knudson, Daniel Paul
Kochel, Jacob August
LaPietra, William F
Leamen, Bryant Andrew
LeCount, Jacob Freddrick
Lim, Jessica
Linder, Brittany Elizabeth-Nicole
Matteson, Jennifer Alicia
McDuffy, Ieisha Theresa
Michelini, Paulo Roberto Kossatz
Moloney, Joshua Eric
Mosley, Chassidie Lanae
Nelson, Darius Andrew
Neunhoffer, Jacob Scot
Pandey, Divya
Pappas, Megan James
Parker, Emmanuel James
Pastiak, Anne Elizabeth
Patel, Ankit A
Peiffer, Cole Nesbitt
Perez, Steven Valer

Petty, Claton James DiSalvo
Pirtel, Kaitlyn
Reza, Joe F
Rial, Brice Joseph
Riecken, Dana C
Saldana, Julia E
Sandoval, Rebecca Ann
Sappington, John Charles
Schuldies, Daniel Stephen
Sorenson, Olivia
Stone, Johnathon A
Stuart-Diog, Steven M
Swenson, Jessica Renae
Tamtion, Haider
Thompson, Erik James
Thompson, Katherine Martelle
Turner, Krystle Ann
Valderrabano, Berenice
Waldman, Sara R
Ward, Johnathan A
Westerman, Alyssa Marie
Wiedemeier, Joe
Windsor, Sarah Elizabeth
Wright Schoenrock, Wm. Dylan
Yendovskiy, Alexey N

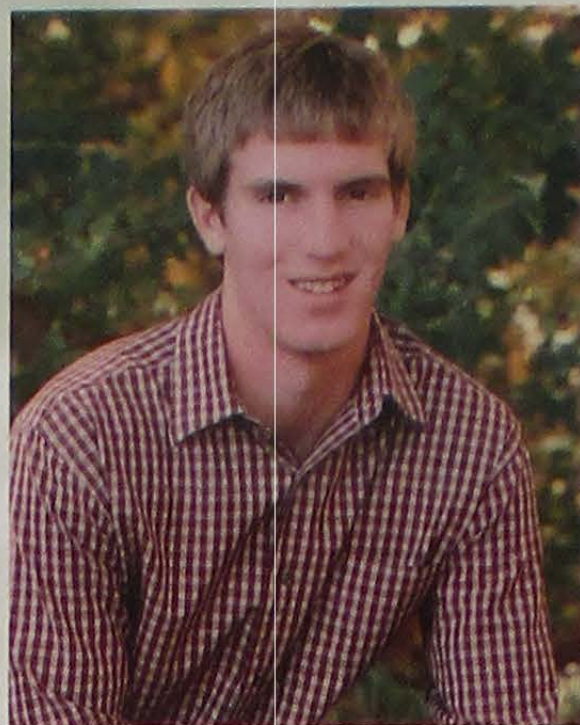
Celebrity Sightings



The Class of 2005



Rob Acker



Ryan Adam



Lindsey Adams



Jonathan Anderegg



Heather Anderson



Ryan Asklof



Krista Atwood



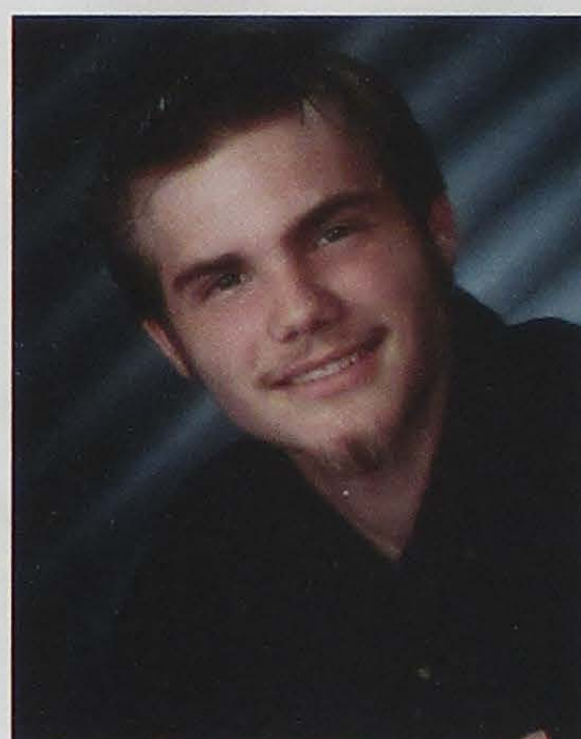
Judy Awoniyi



Serena Bacon



Dianna Bai



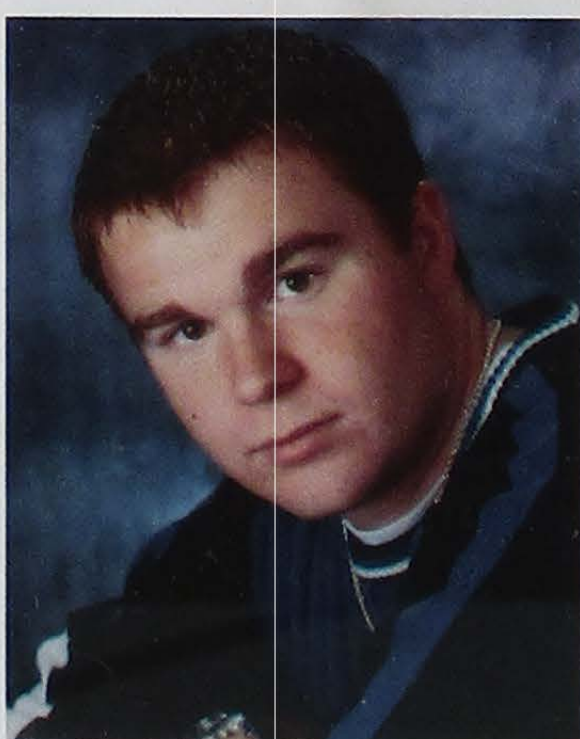
Jason Bailey



Ricki Baker



Ben Barclay



Landon Baumhover



Jennie Bean



Jordan Bell



Alyssa Bergman



Amanda Bertelsen



Darshana Bhattacharyya



Emily Bird



Erin Bonnichson



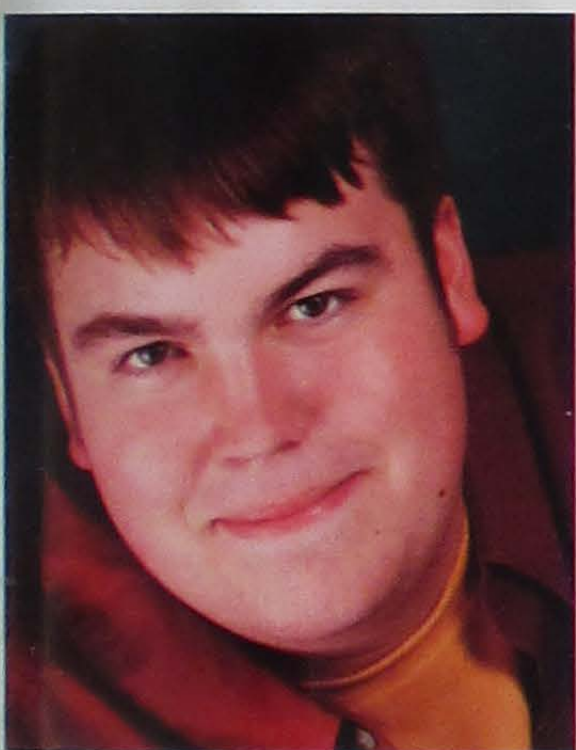
Amanda Borrill



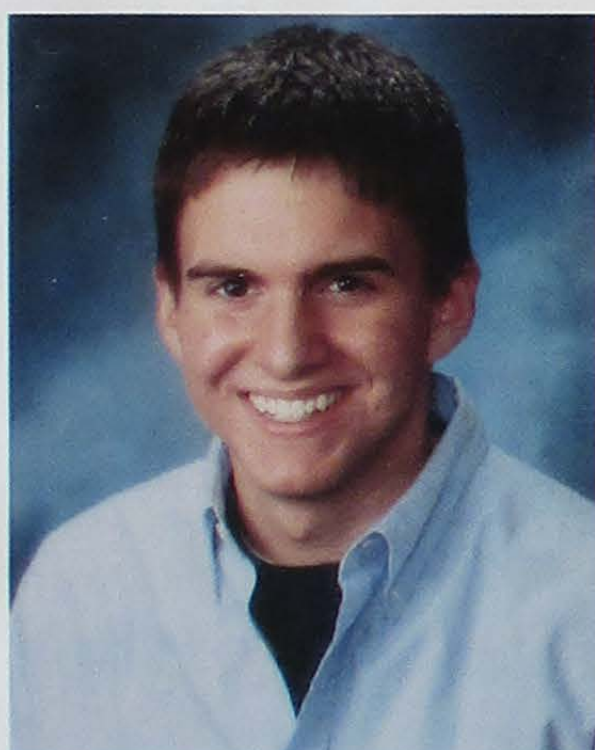
Katie Brimeyer



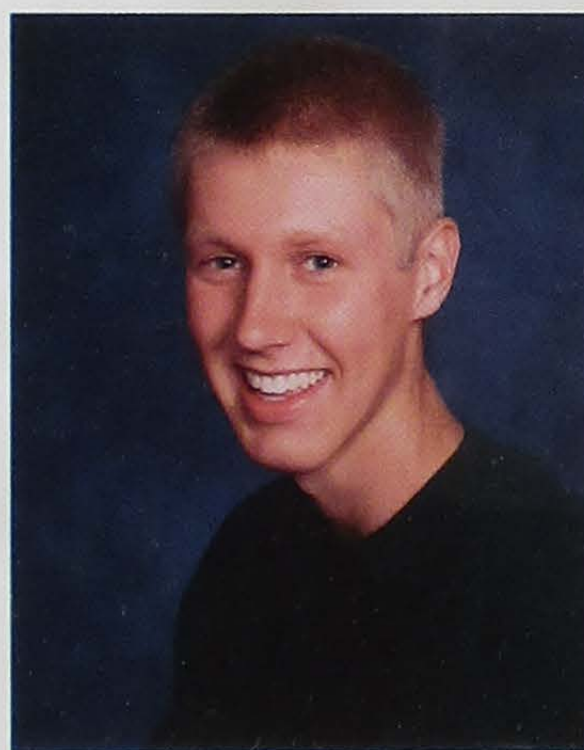
Natalie Brunia



Zach Bugg



Brant Bumgarner



Erik Bunker



David Bunting



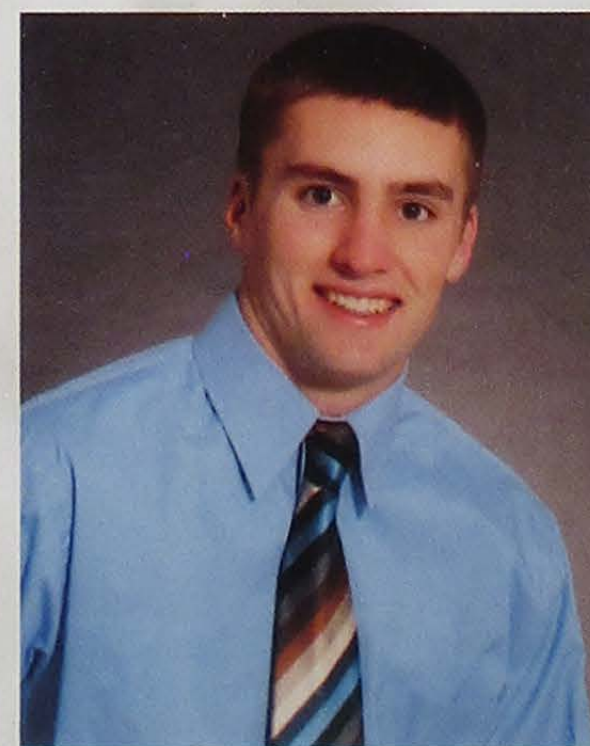
Melissa Burnett-Larkins



Amanda Buseman



Kim Buss



Nick Cardwell



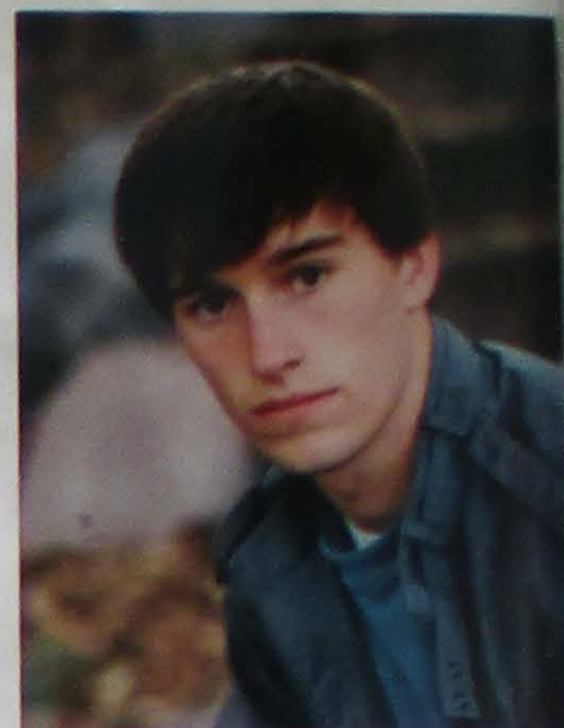
Alex Carlson



Jamie Carlyle



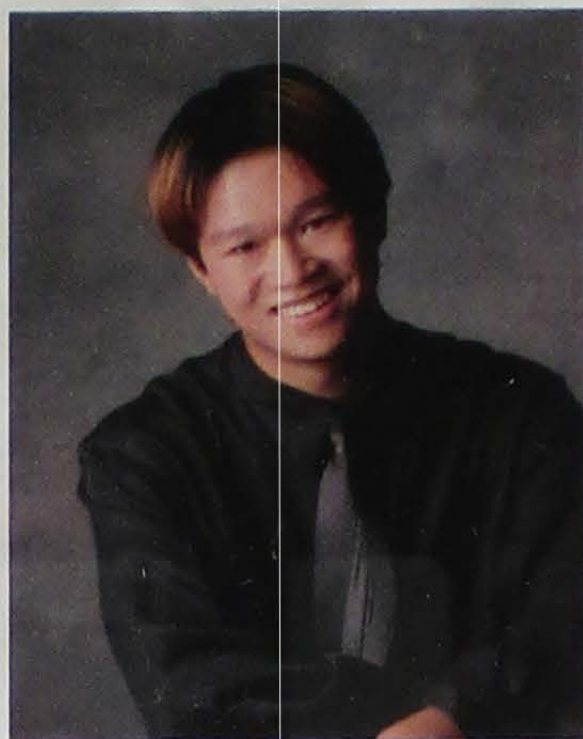
Daniel Carswell



Cade Cartwright



Kaci Chandra



Robert Chang



Stephanie Chang



Edward Chen



Lucy Chidister



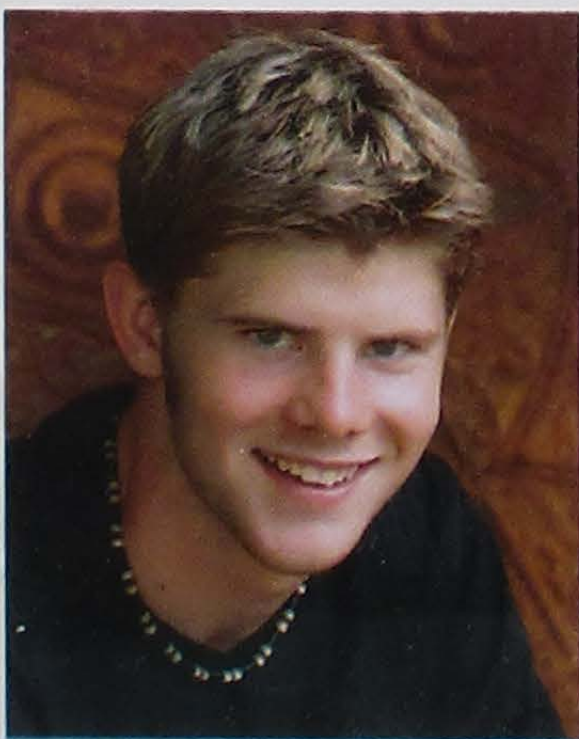
Erin Chrusciel



Nicole Ciccoti



Kaylyn Clark



Mat Clark



Andy Clayton



Christopher Coady



Clifford Corley



Taneeka Cosby



Rachael Cox



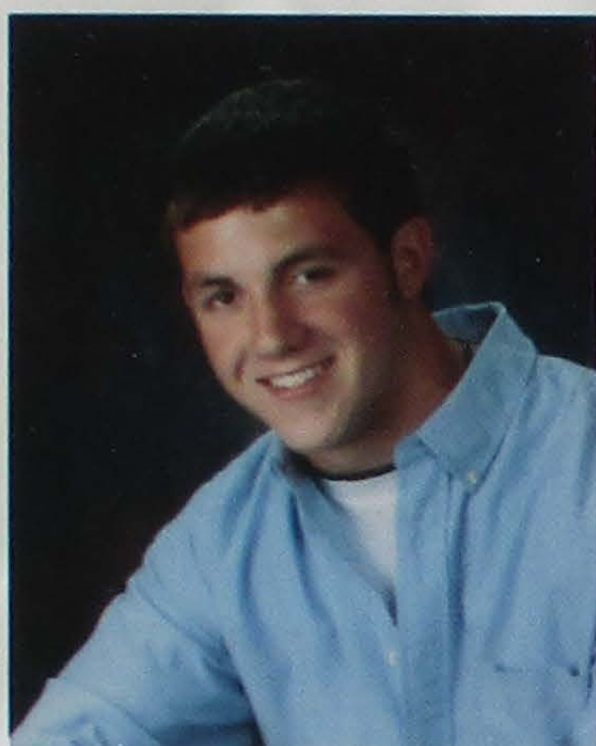
Steph Cox



Courtney Crandell



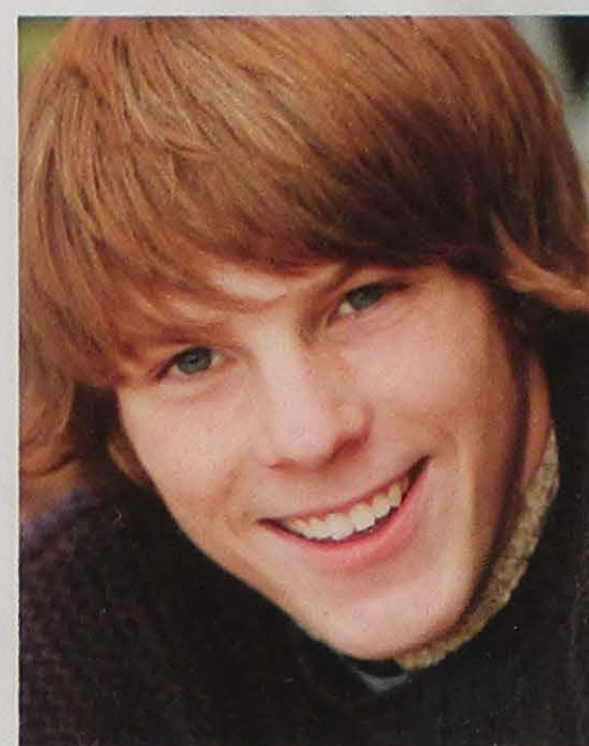
Erik Croyle



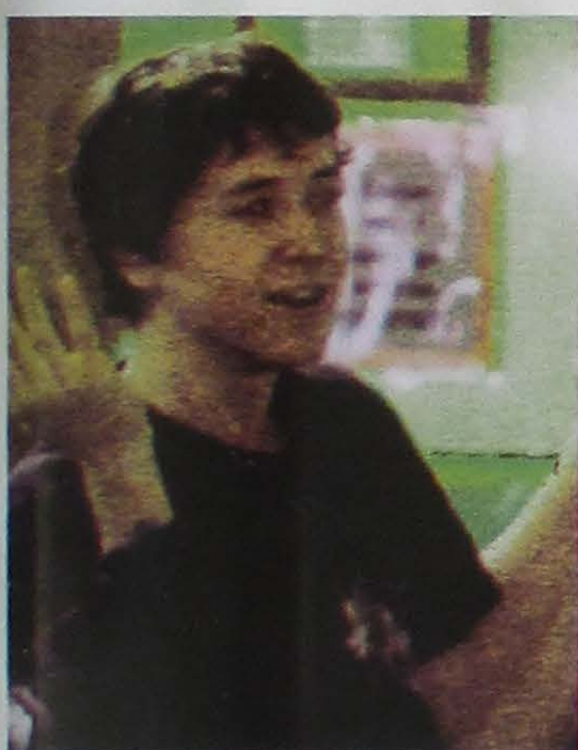
Travis Cruise



Elizabeth Cue



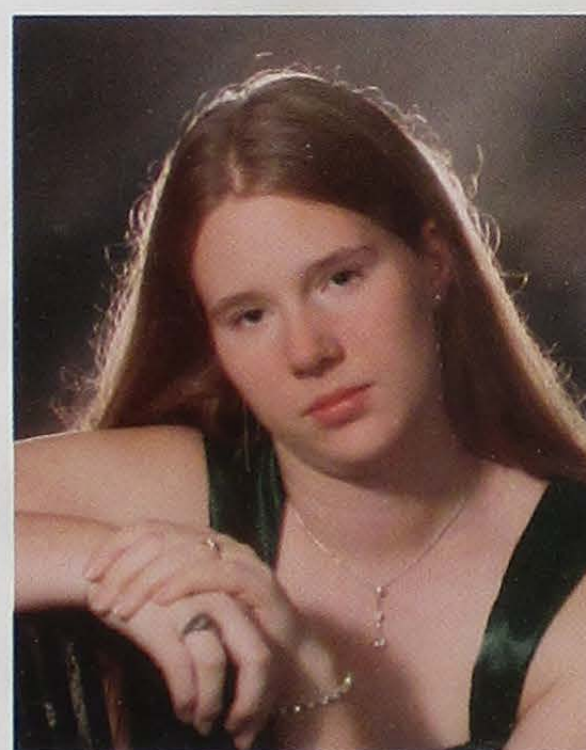
Alex Culver



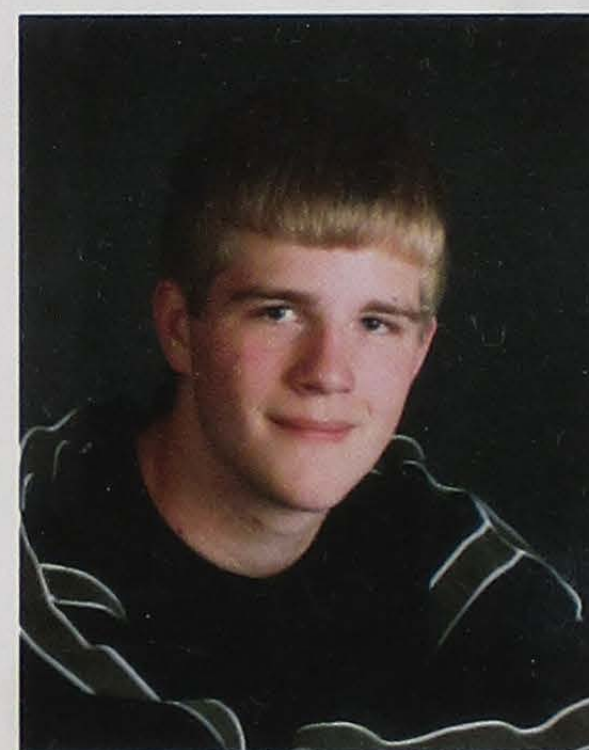
Isaiah Cunnally



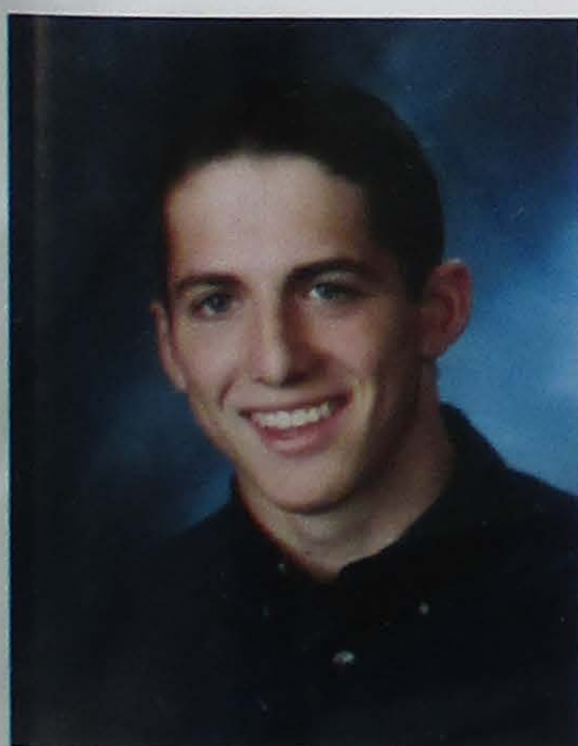
Courtney Currie



Jianna Dakin



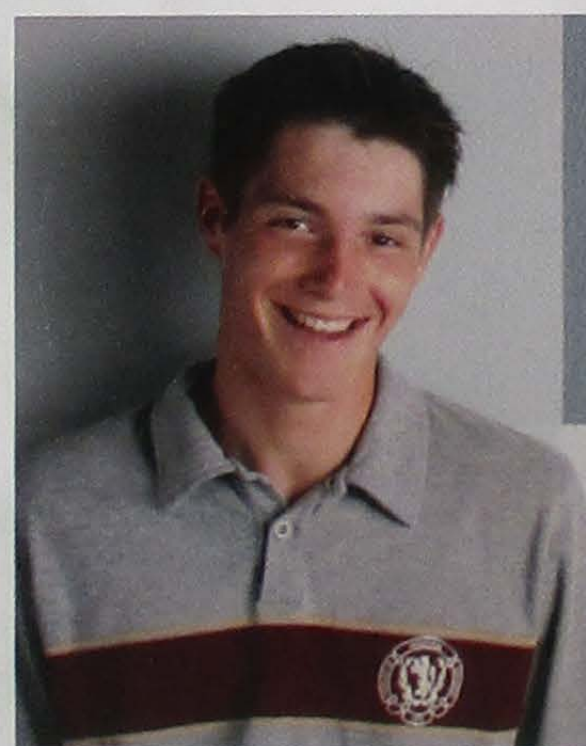
Brian Davis



Joey DeMarie



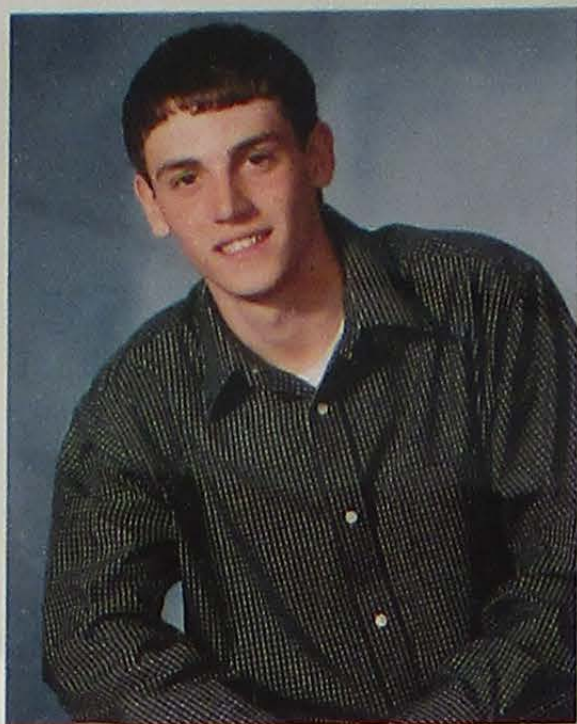
Megan Dobbs



Seth Dodge



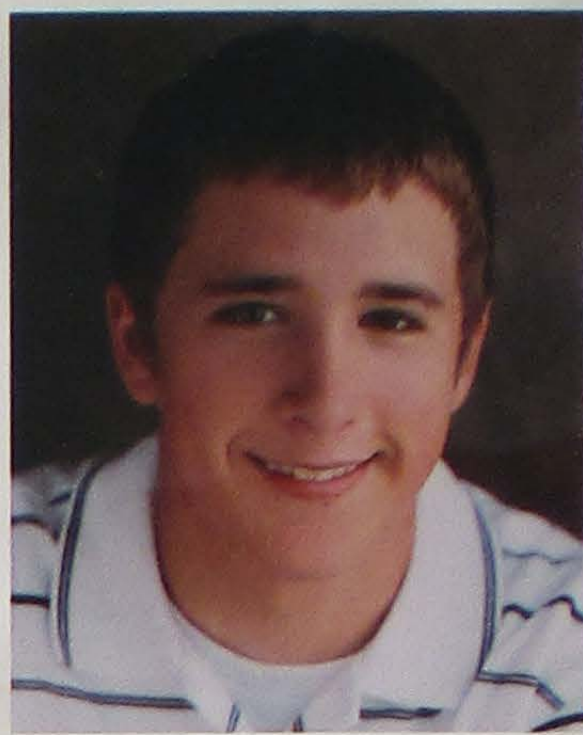
Kadina Donovan



Kyle Downard



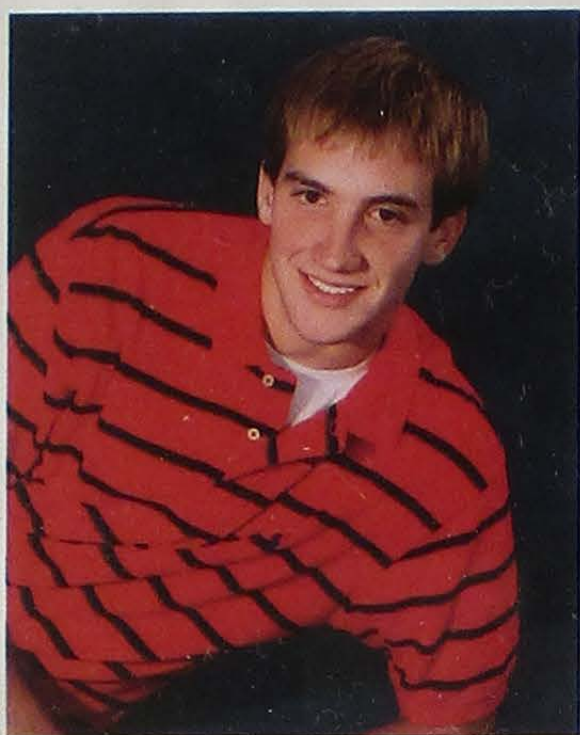
Kelsey Dunshee



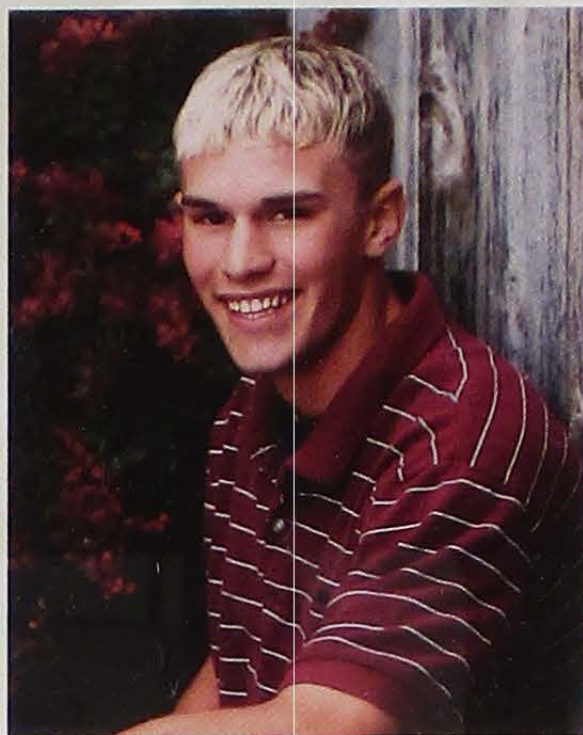
Levi Duvick



Jaime Dye



Zac Easley



Chase Eckley



Sarah Eggert



Tom Elston



Miranda Eness



Mallory Engelen



Matt Erickson



Ben Ertz



Cristina Fernandez-Baca



Ricky Fields



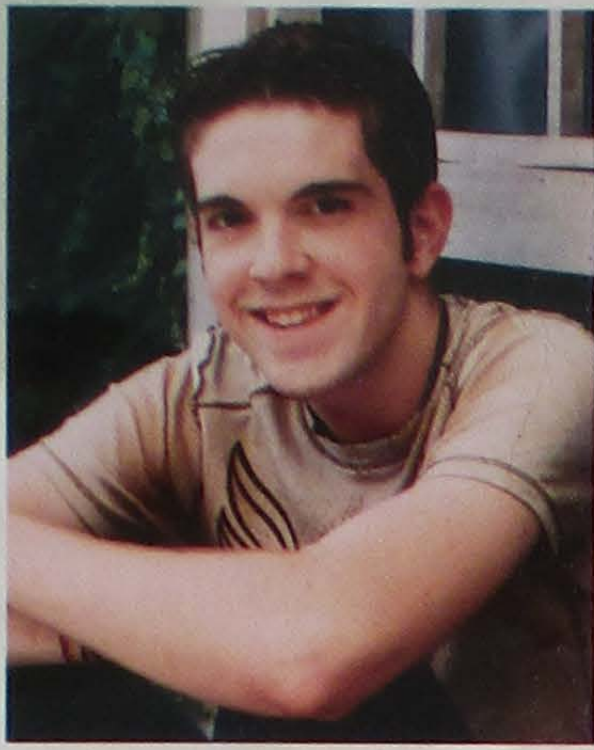
Sianeh Flomo



Olga Florea



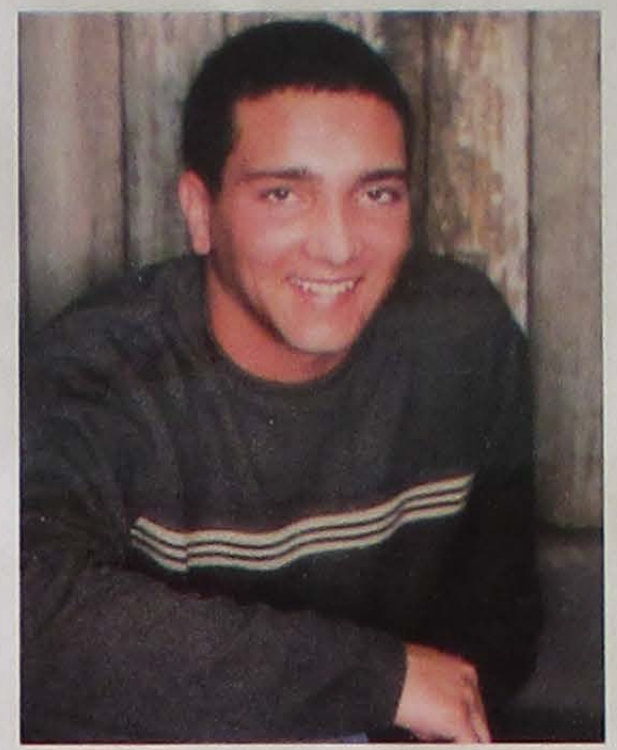
Shauna Flynn



Mark Fogleman



Kathy Formaker



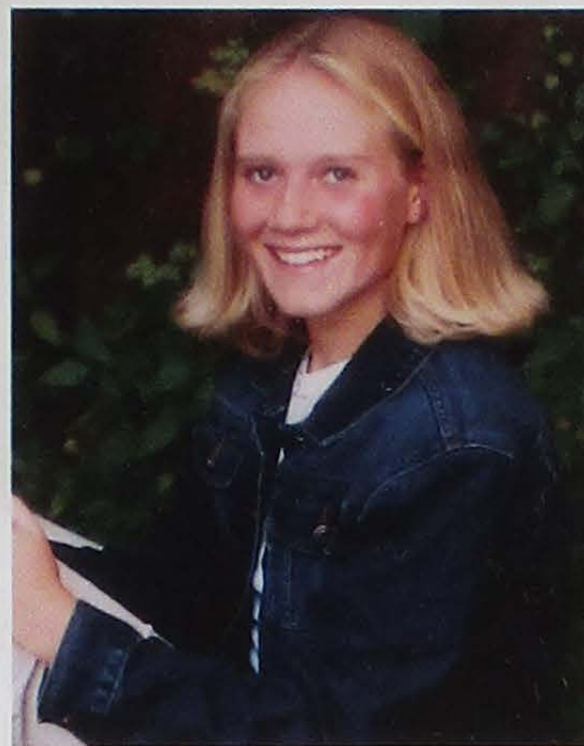
Tristan Frangos



Susan Fratzke



Jordan Funkhouser



Rachel Gallagher



Abby Gaul



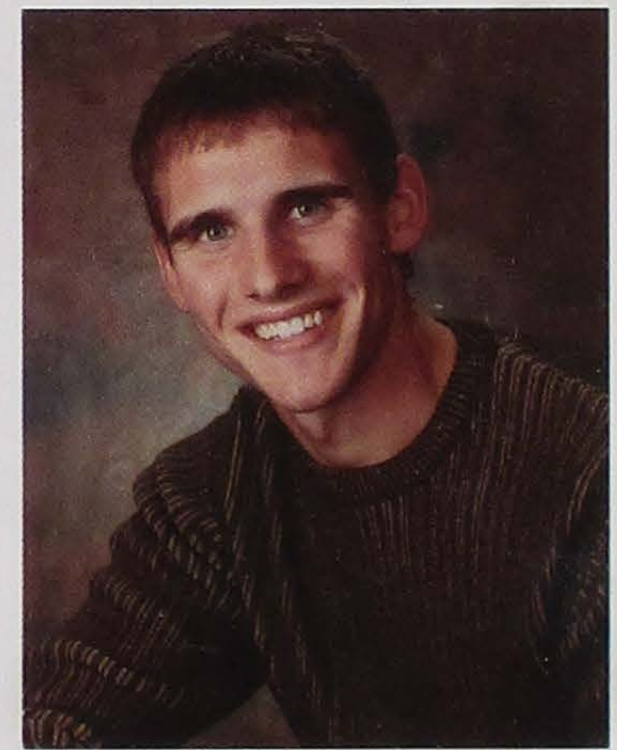
Darren Geil



Gretchen Gerbracht



Katie Gieseke



John Gilarski



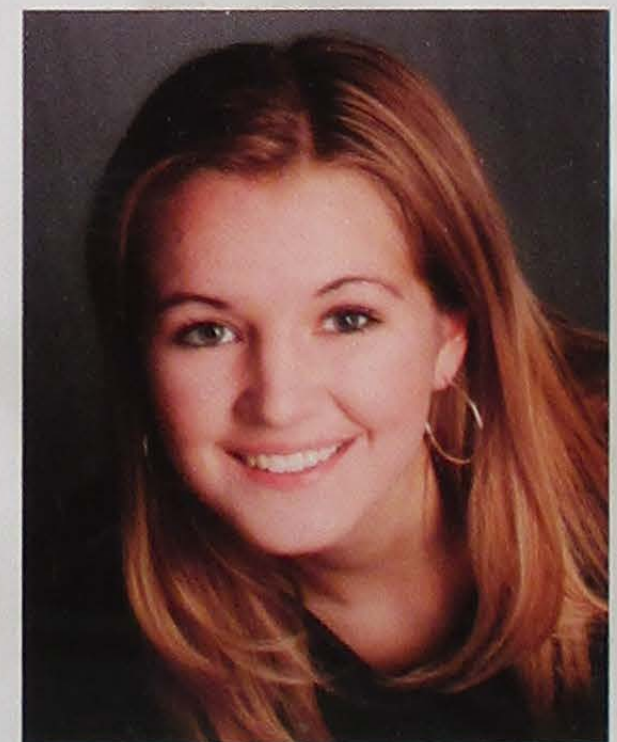
Brandon Gill



Catie Glatz



Kate Gleason



Christina Godfrey



Carolyn Goedecken



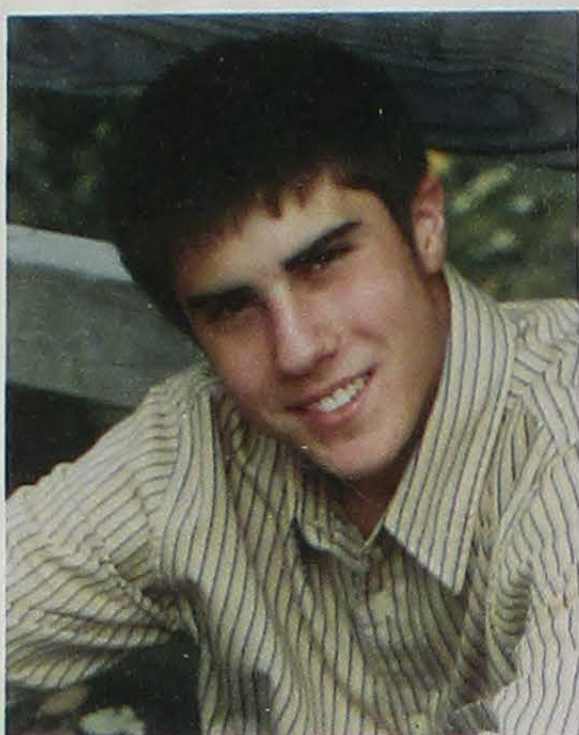
April Grove



Sawyer Hade



Scott Hagen



Justin Hallberg



Connie Hames



Ashley Hamilton



Sarah Hanson



Peter Hapke



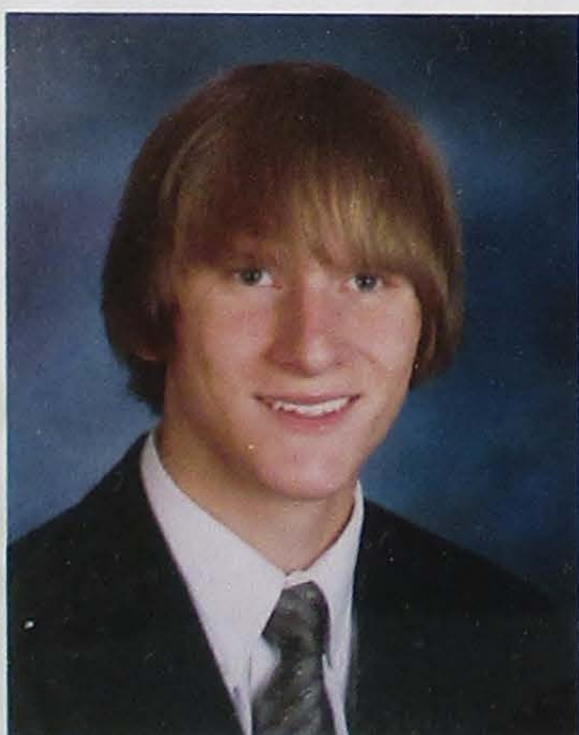
Jill Harris



Tim Hart



Oriana Hashemi-Toroghi



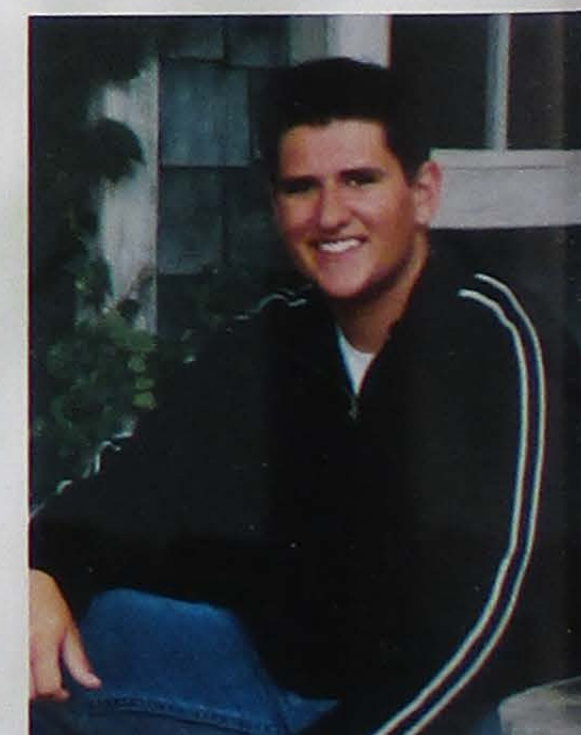
Paul Heideman



Trent Heithoff



Ashlee Helling



Mark Hennager



Brandy Hibbs



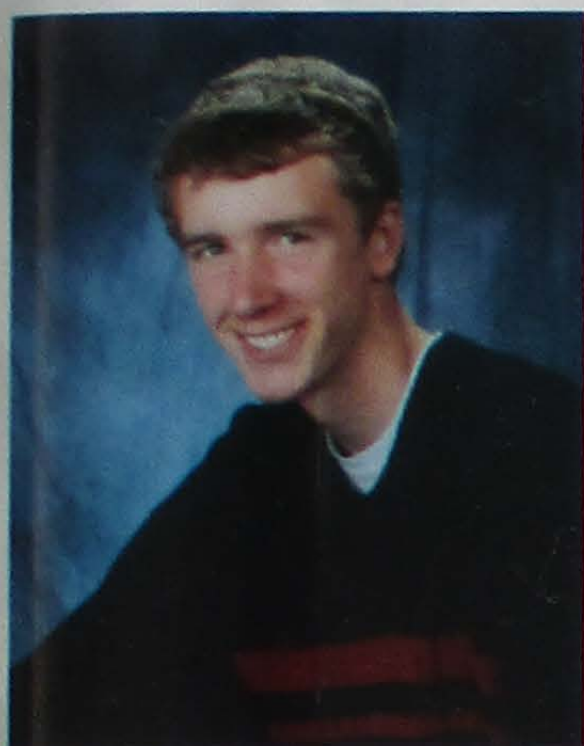
Tyler Hinderks



Kyle Hinders



Maria Hindt



John Holub



Anna Horst



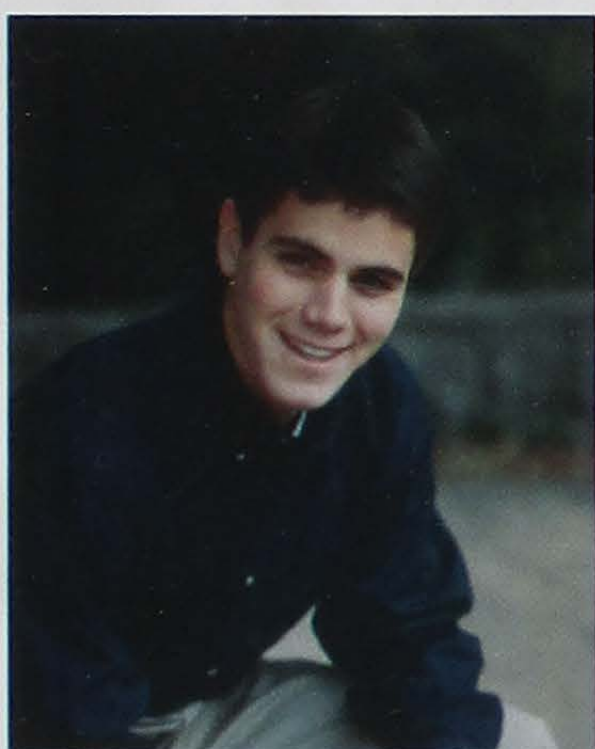
Patrick Howell



Miranda Hug



Kevin Huisman



Greg Hunter



Jenna Hutzel



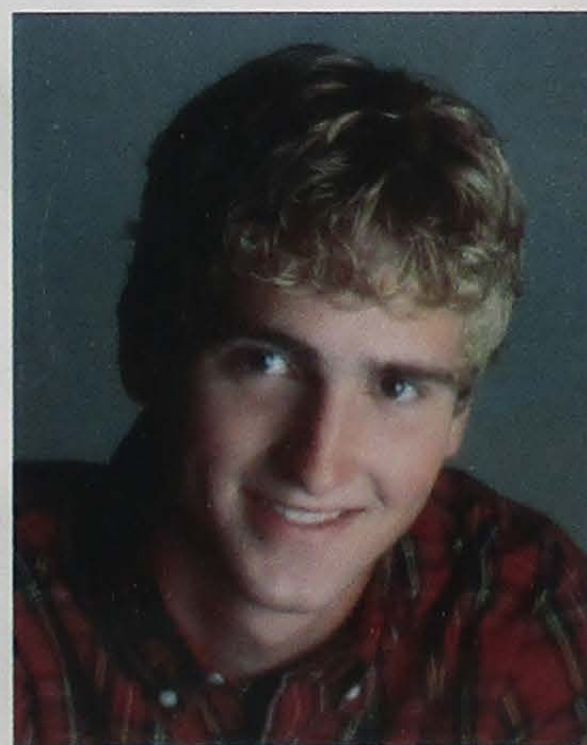
Alex Ingham



Ben Jackson



William Jeong



Andrew Johnson



Chelsea Johnson



Krystal Johnson



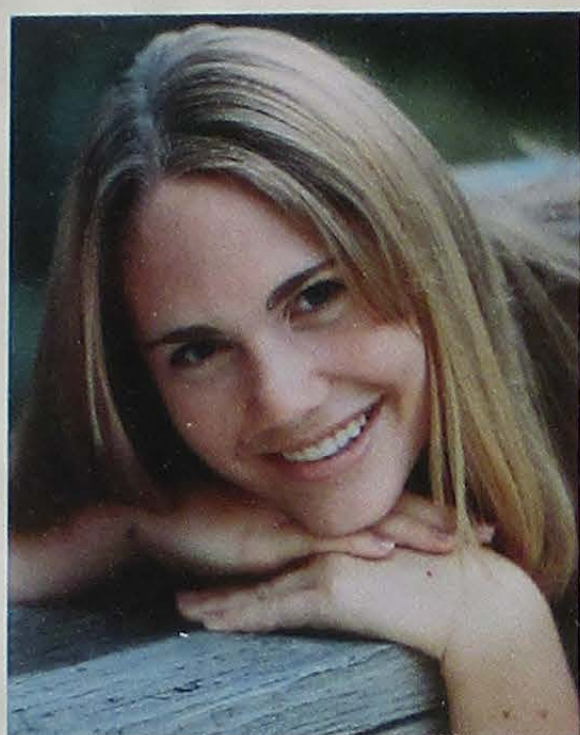
Morgan Johnson



Chris Johnston



Heba Kamal



Jill Kaspar



Emma Kaster



Amanda Keller



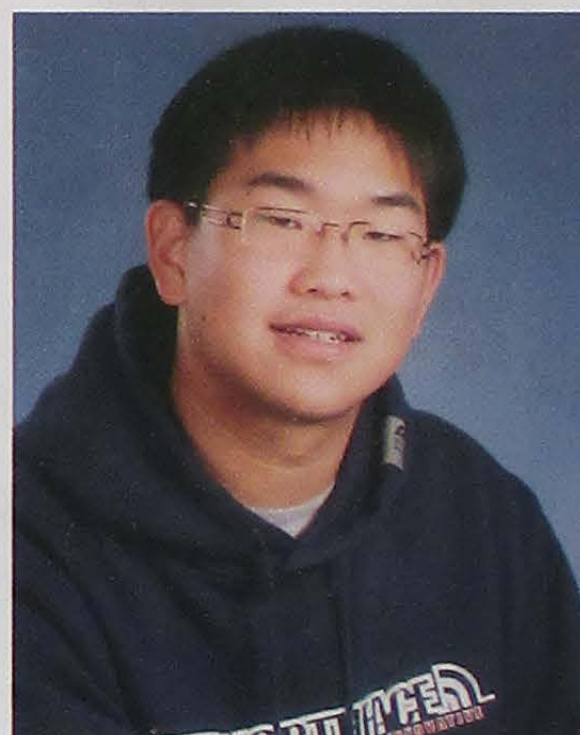
Ben Keller



Megan Kerns



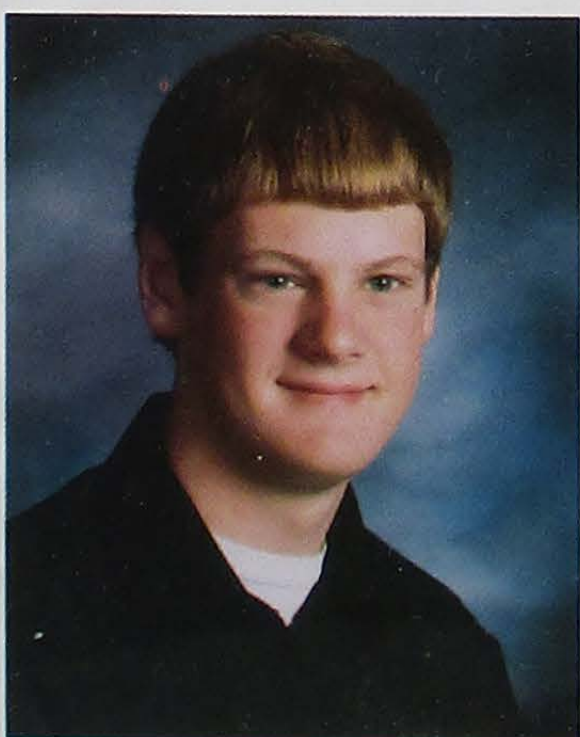
Ricky Kienzler



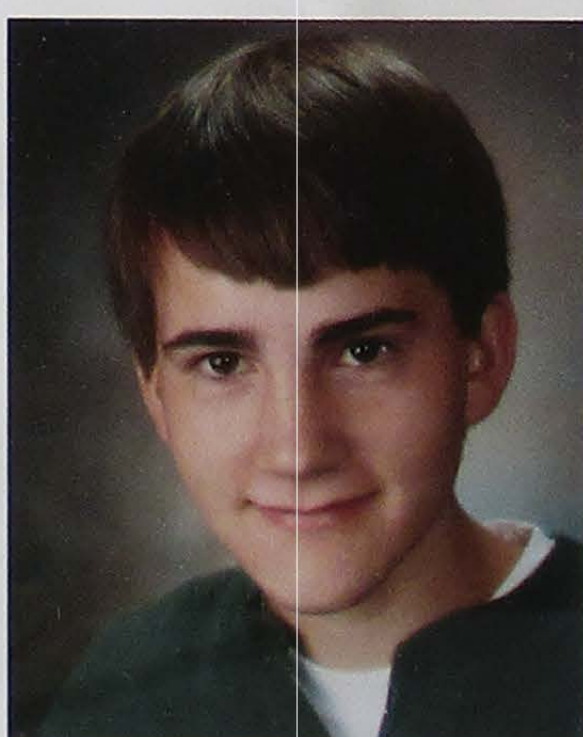
Hoffmann Kim



Ryan Knight



Ben Kolner



Colin Kraemer



Sara Kramer



Andy Lamp



Sam Larsen-Ferree



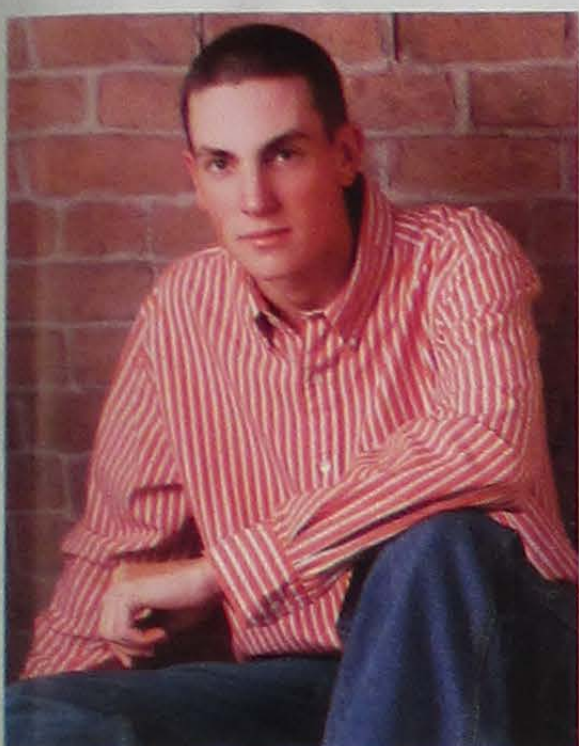
Julie Larson



Nathan Larson



Becky LeCount



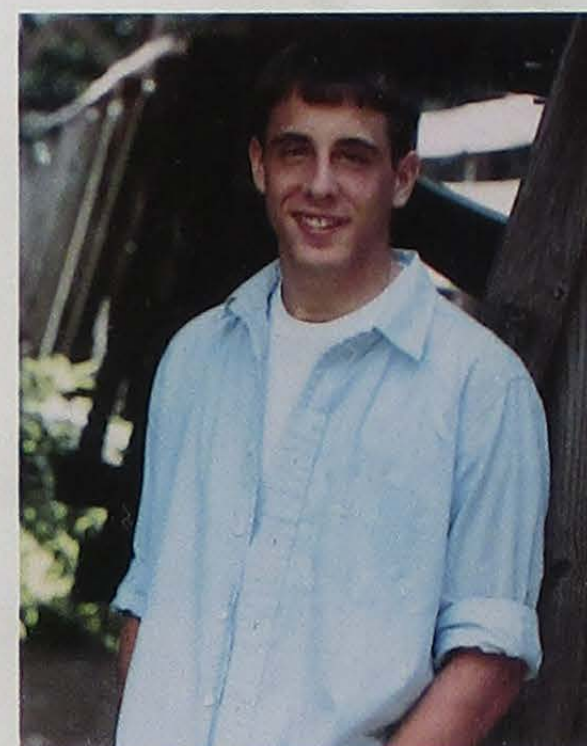
Brandon Lee



Audrey Leung



Samantha Lewis



Mark Linahon



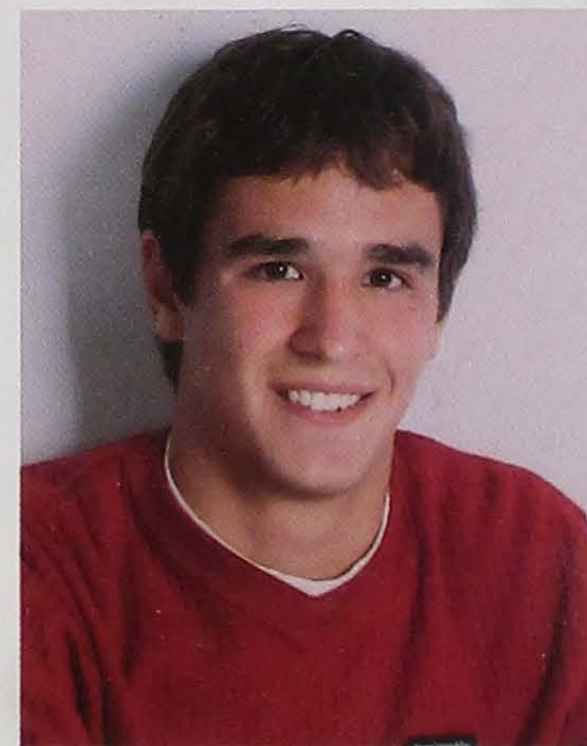
Maya Lipert



Niki Lograsso



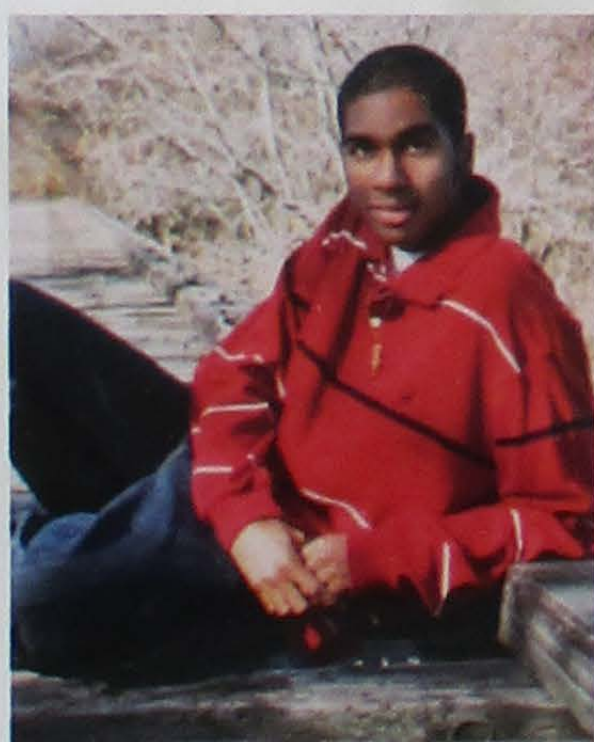
Laura Logsdon



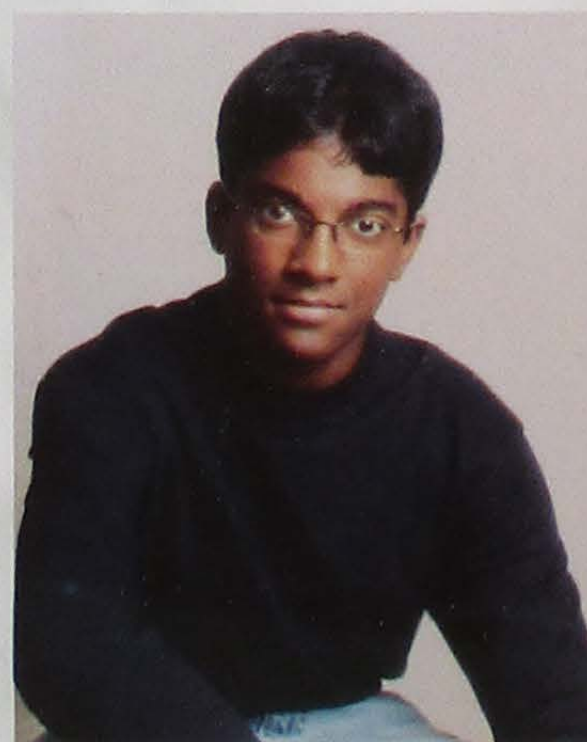
Luke Lowry



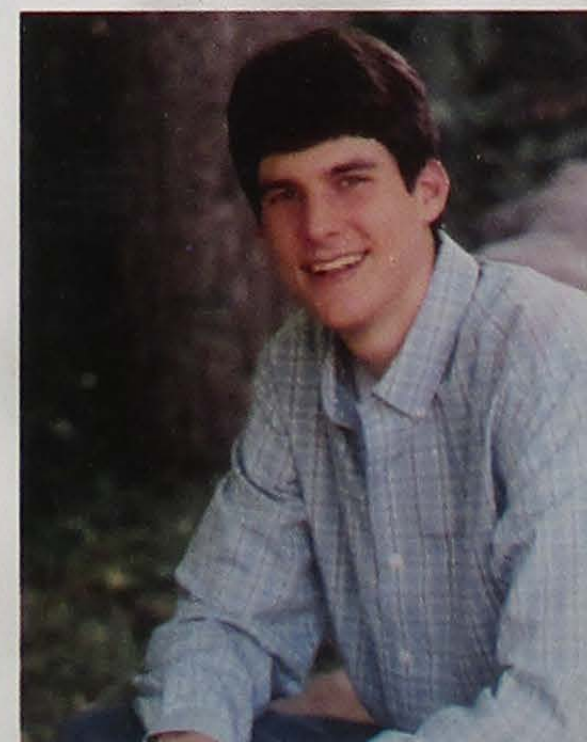
Mirelle Luecke



David Manu



Neal Marasinghe



Ross Marsden



Whitney Mastin



Todd Maurer



Elizabeth Maxwell



Samantha McArthur



Peter McCuskey



Beth McKiernan



Heather McMichen



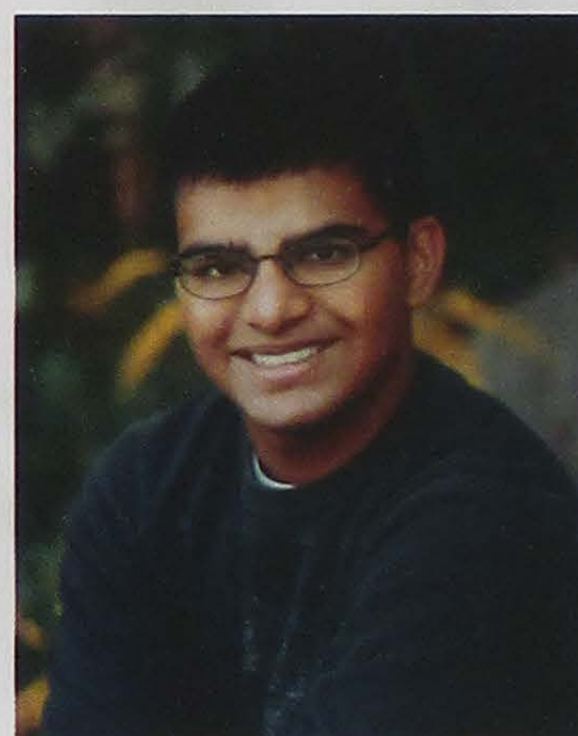
Sarah McRoberts



Michelle Mekemson



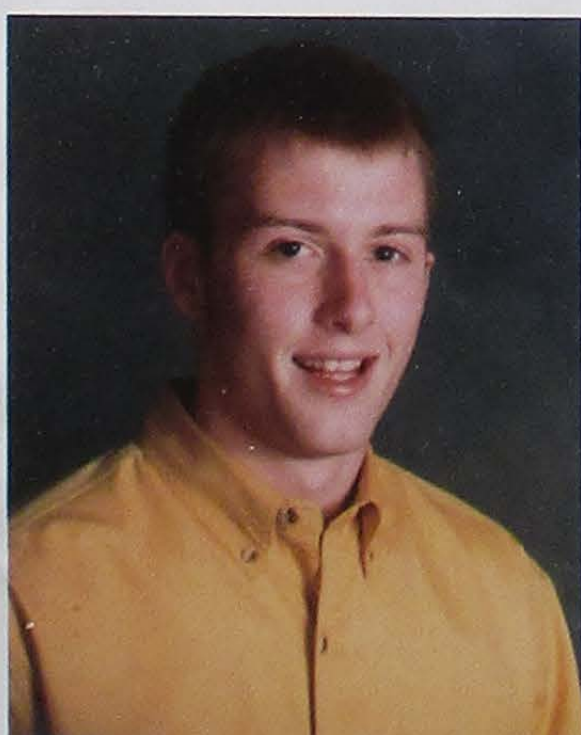
Aaron Mendelson



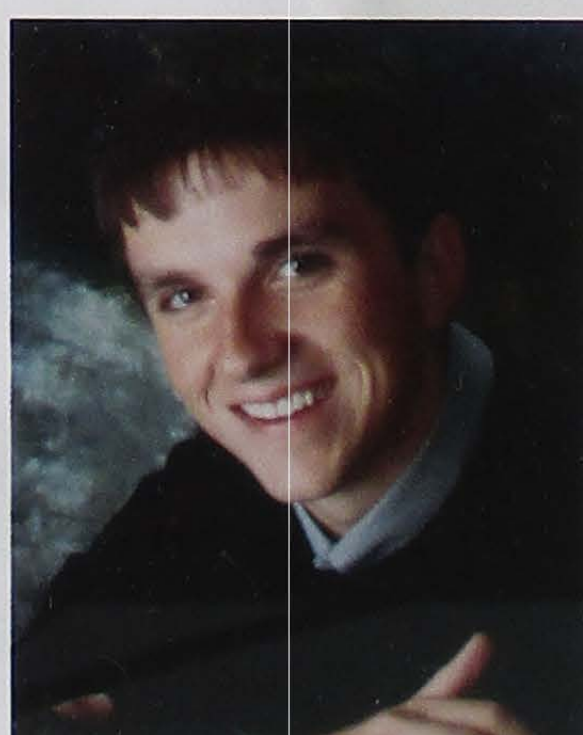
Jai Millen



Stephen Miller



David Muehe



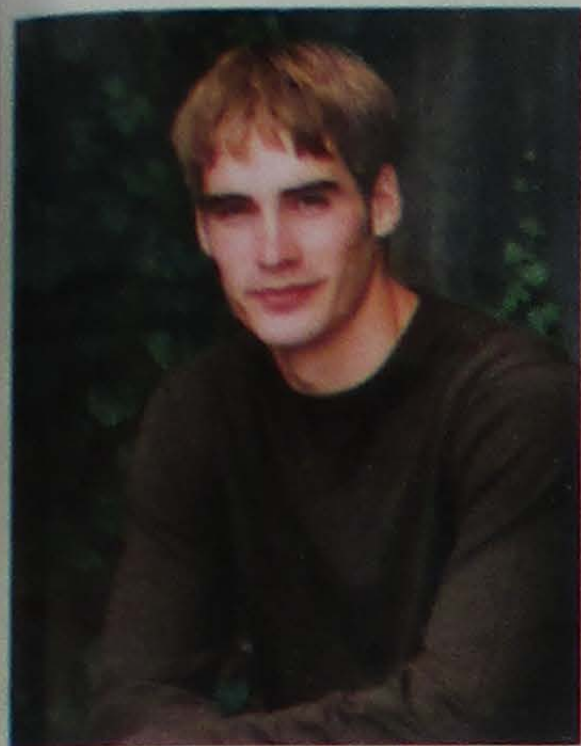
Jason Mull



Jenna Munday



Kay Mwanza



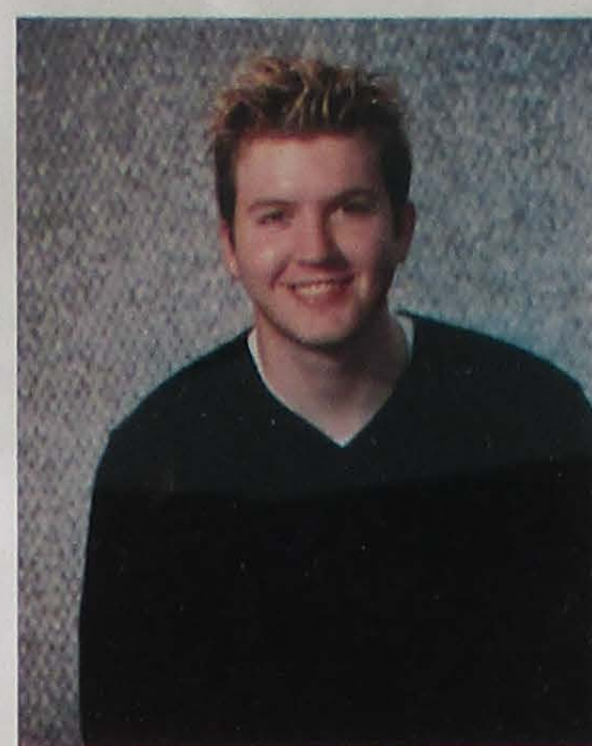
Jon Nau



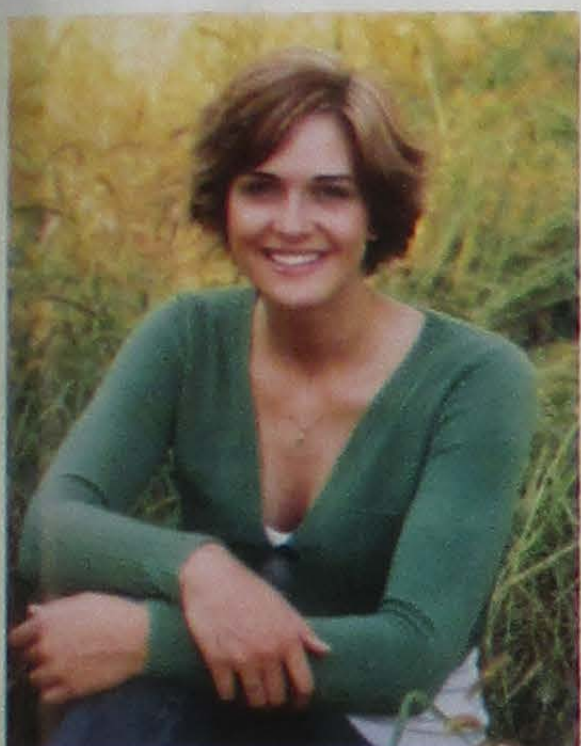
Andy Neff



Adam Nelson



Heath Nelson



Katie Nelson



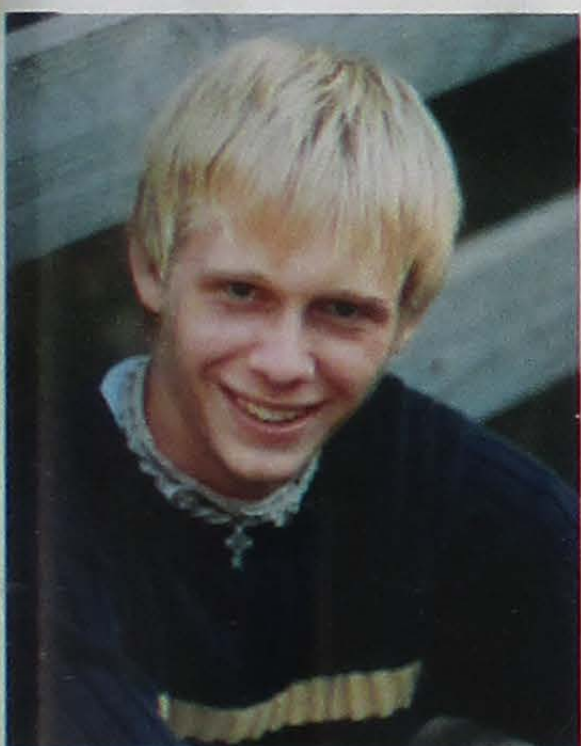
Rachel Nesbitt



Emily Newton



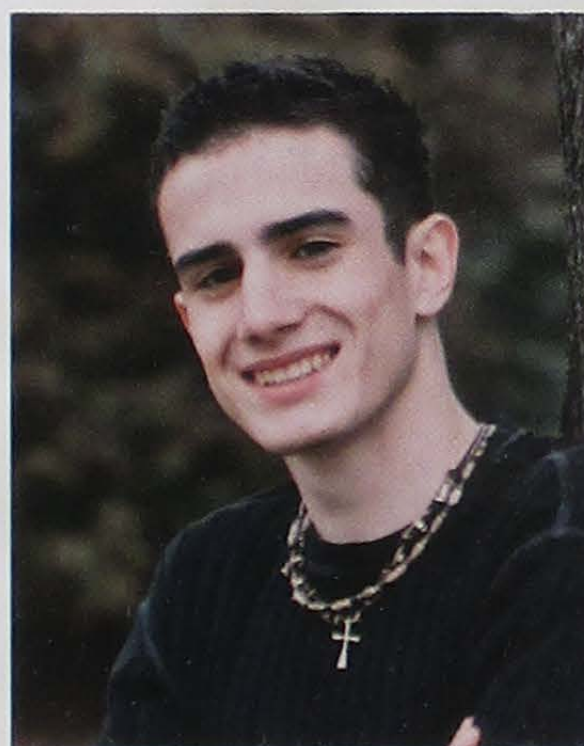
Louis Ng



Andrew Novak



Heather Oakes



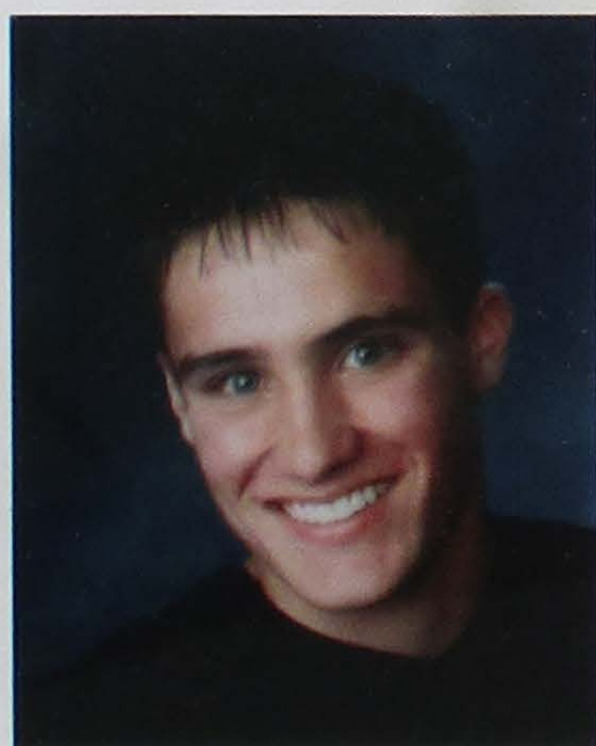
Chris Ortiz



Jordan Osborne



JeongHoon Park



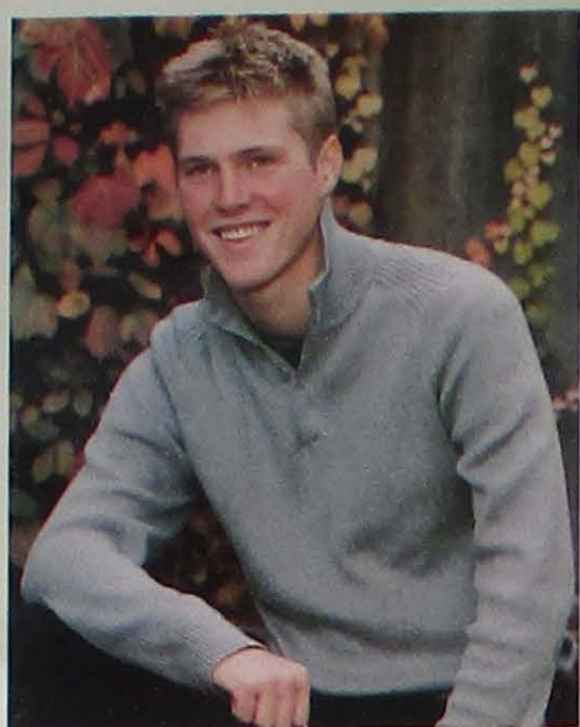
Freddy Patterson



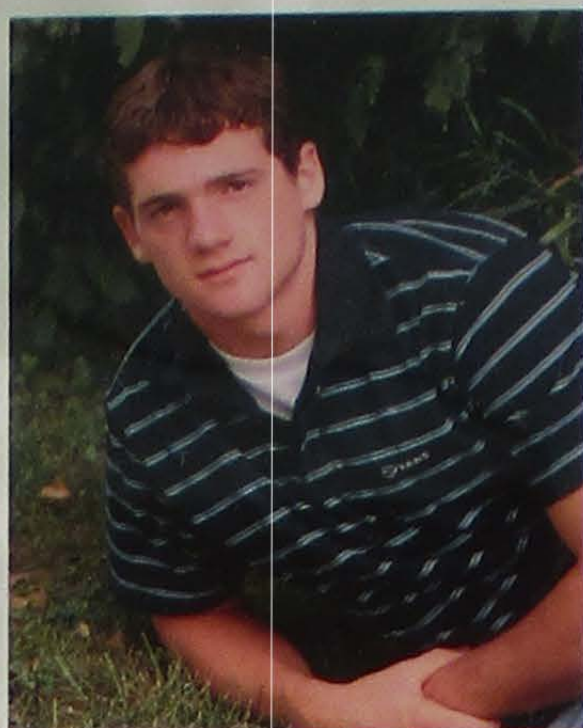
Nadya Pecharsky



Dana Peterson



Karl Peterson



Luke Peterson



Tim Peterson



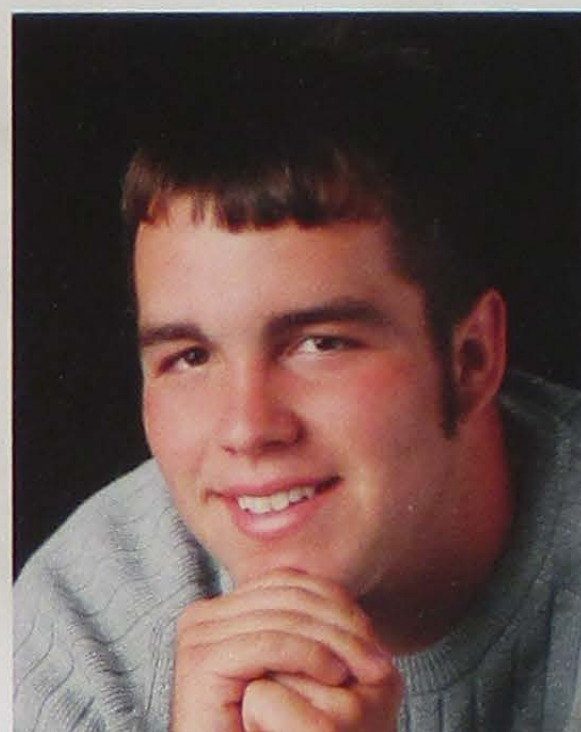
Vanessa Pflug



Amanda Pirog



Marit Place



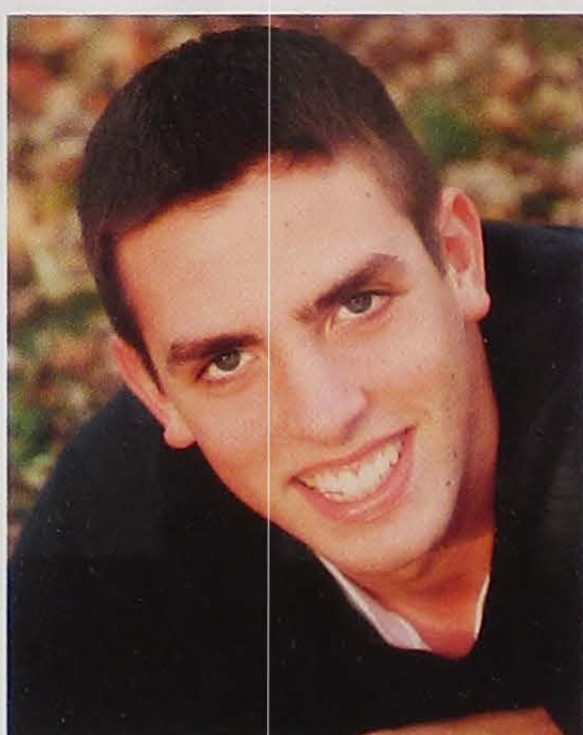
Nate Prindle



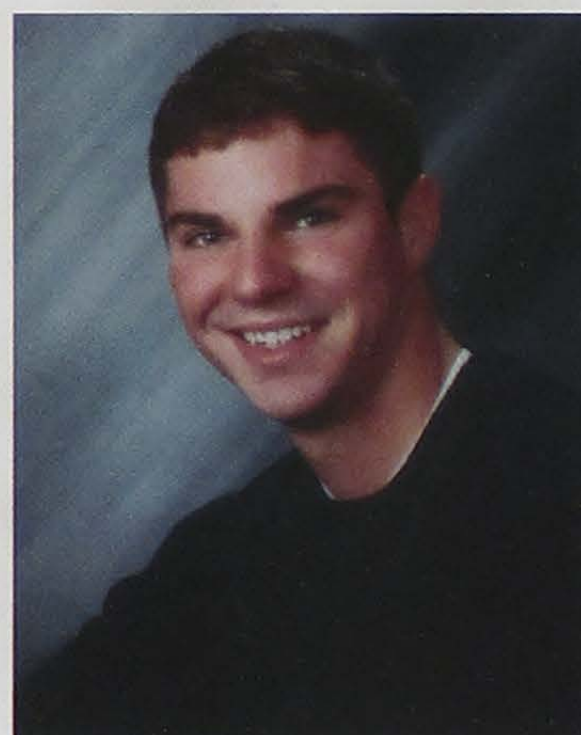
Susan Raich



Jesse Ramey



Cole Rasmussen



Brady Rebarcak



Lauren Reynolds



Niki Reynolds



Lauren Riddle



Jordan Rietz



Leah Ritz



Ashley Robertson



Drew Robinson



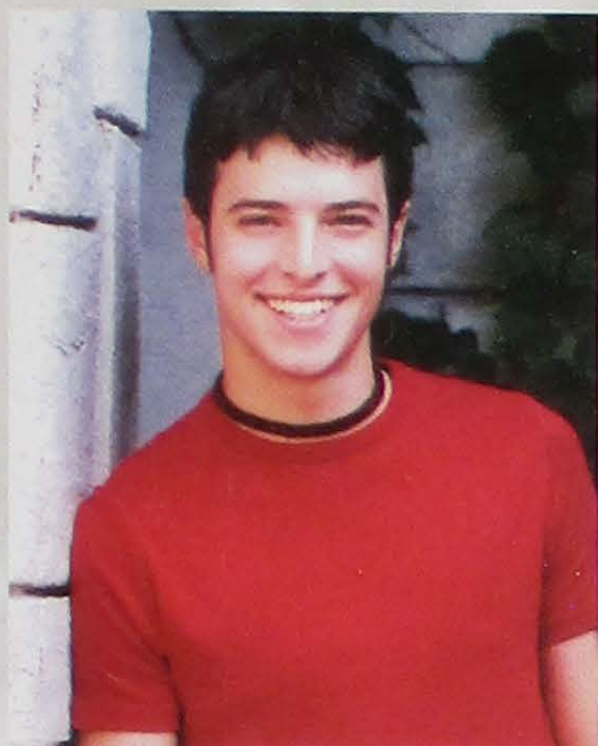
Debora Rock



Garrett Russell



Nathan Sacks



David Saide



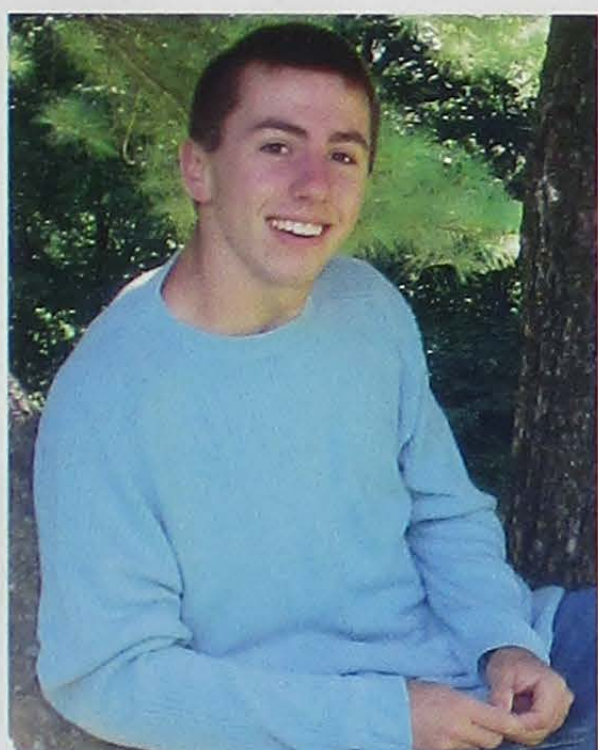
Katie Sawer



Greg Scallon



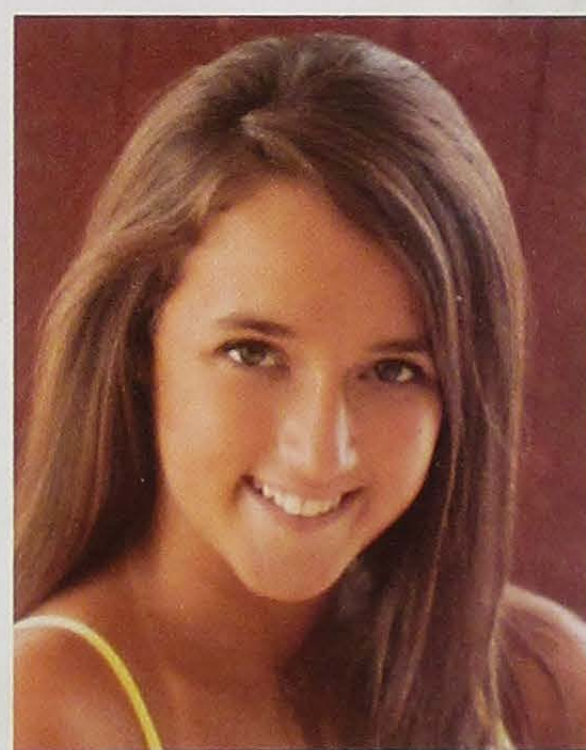
Adam Schmidt



Brian Scott



Joe Scott



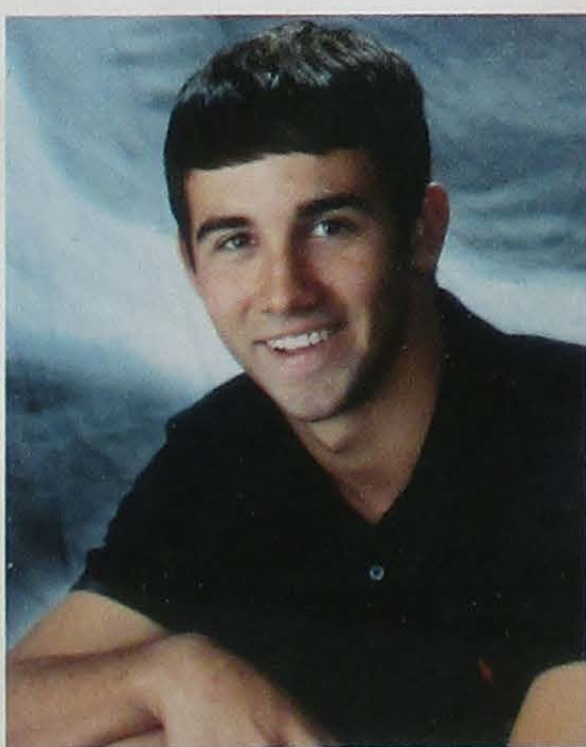
Natalie Sengbusch



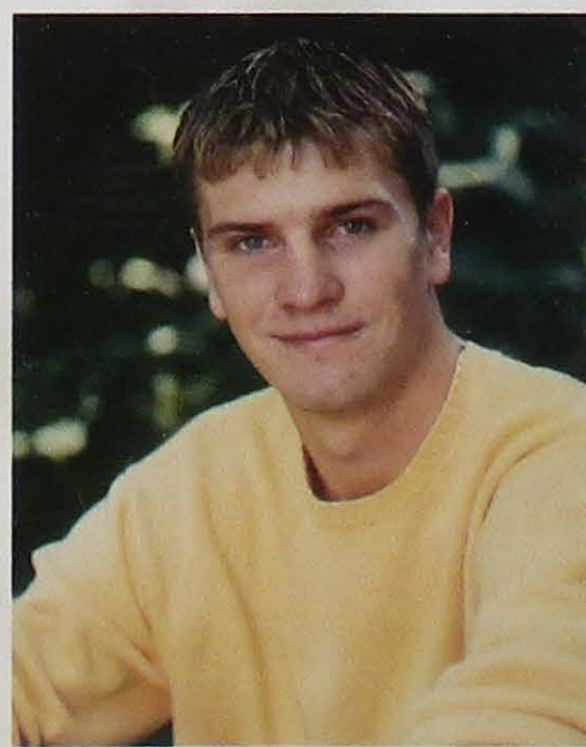
Jenny Shen



Susan Shen



Michael Shriver



Brandon Sidles



Elias Simpson



Whitney Sjulín



Stephanie Skladany



Katie Slotter



Emily Smith



Sarah Spencer



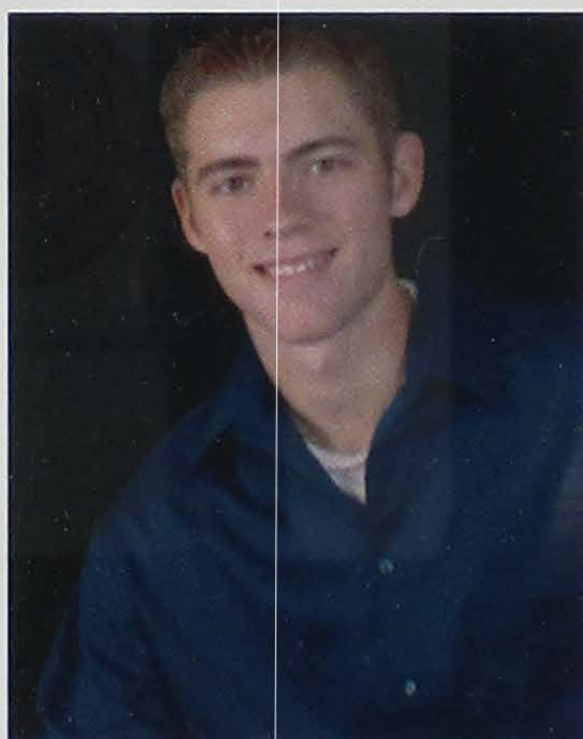
Carmi Spicer



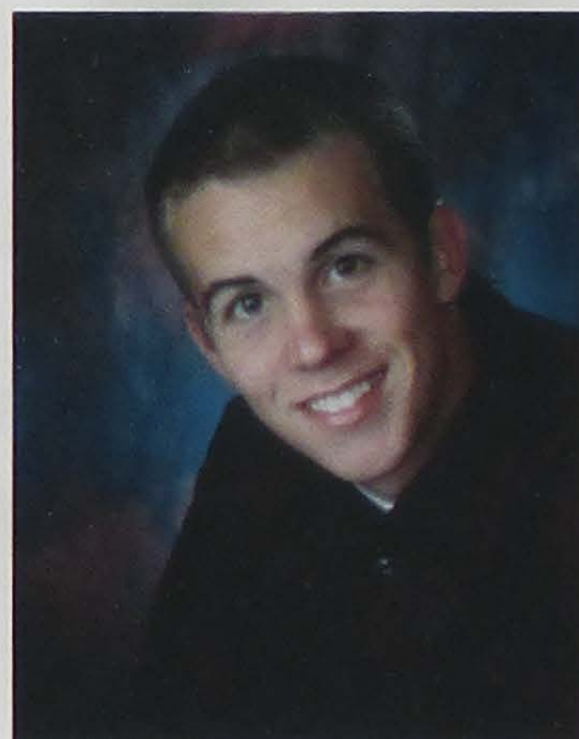
Samantha Stair



Lindsay Stephen



DJ Stickfort



CJ Strehlow



Blair Struble



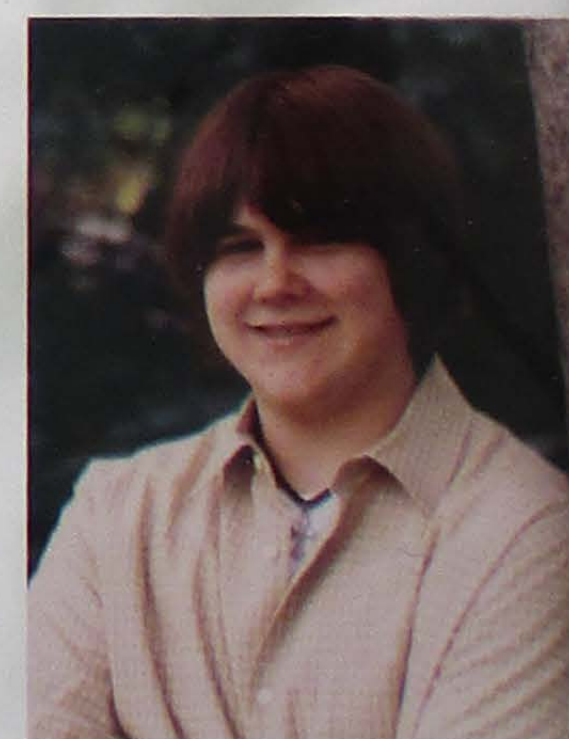
Sarah Sundberg



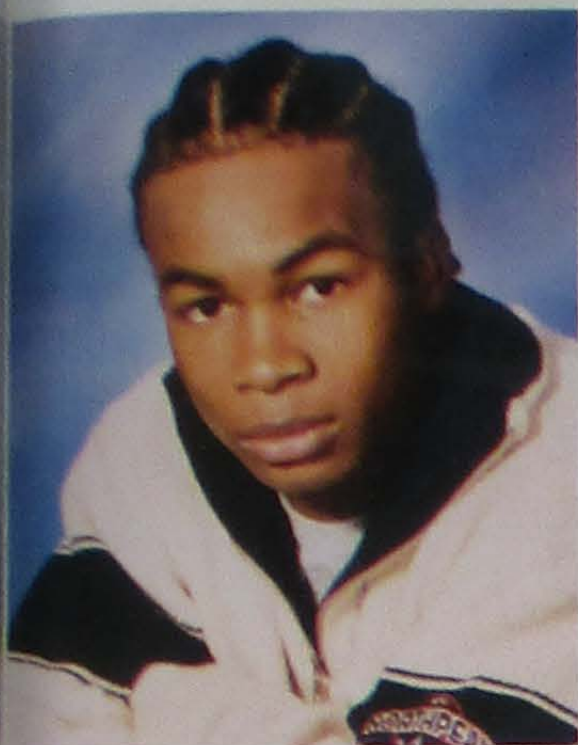
Bobby Sundvold



Willy Svec



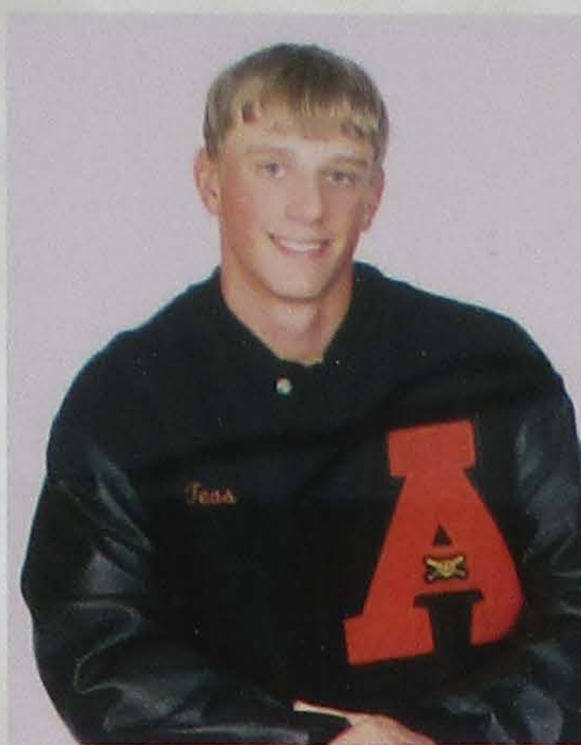
Zach Swan



Angelo Taylor



Chasity Taylor



James Teas



Kristin Tierney



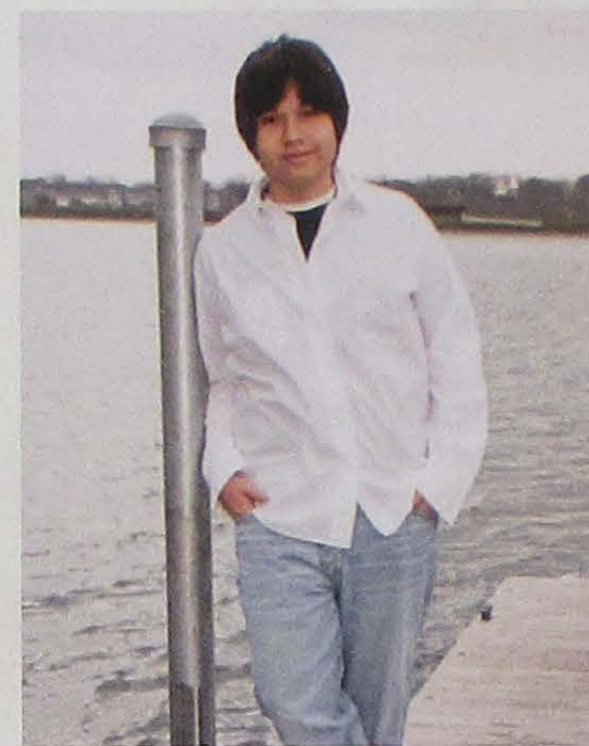
Jenny Tillo



Christina Tim



Erin Todey



Arthur Torres



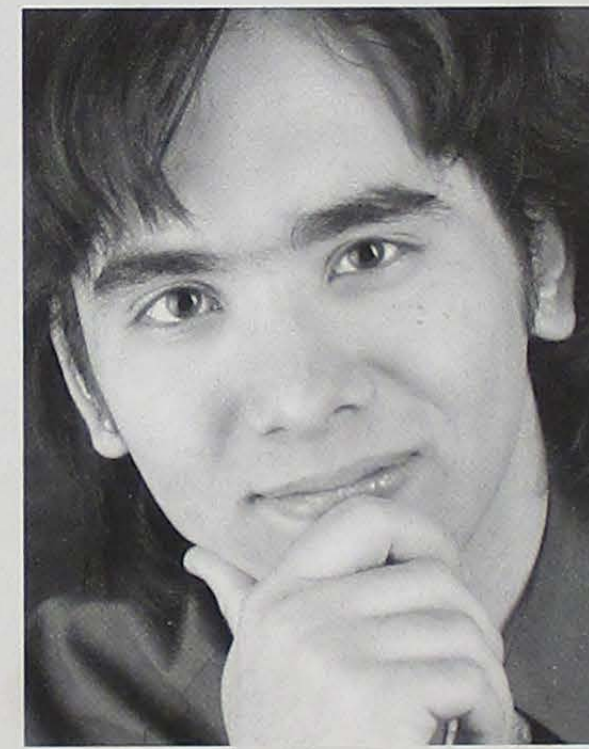
Jasen Torres



Rachel Townsend



David Trevillyan



Jyoshu Tsushima



Brandon Turner



Mindy Twetten



Kyle Uhlmeier



Libby Utesch



Elizabeth Valadez Rosales



Josh Vander Zwagg



Jamie Veale



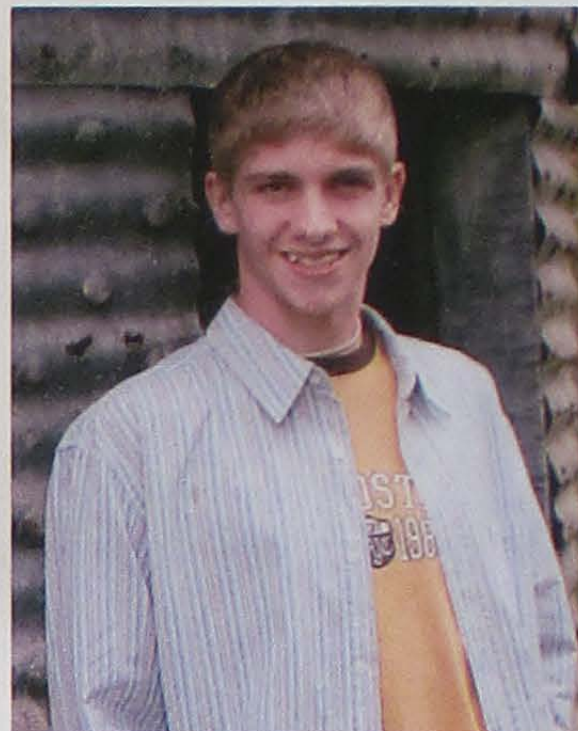
Rob Vidimos



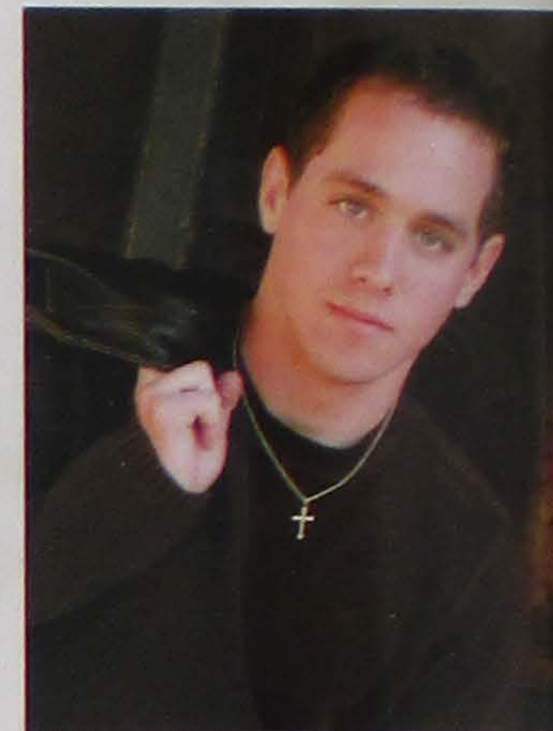
Allison Vigoya



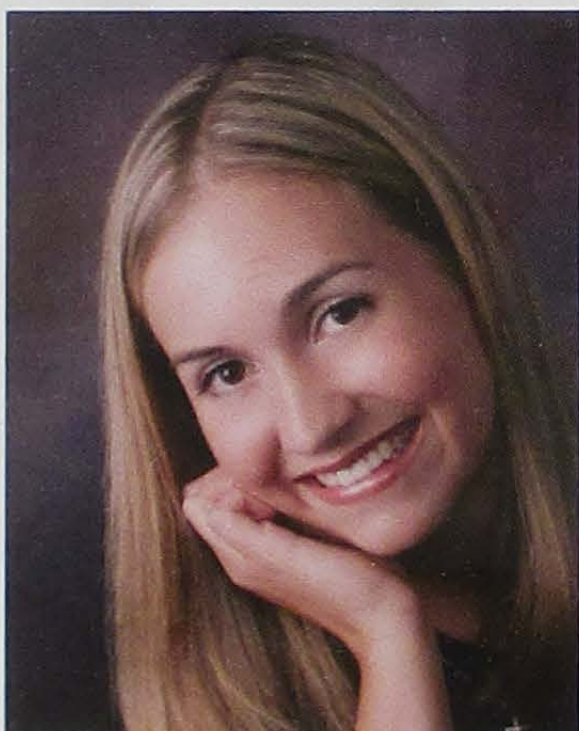
Sami Villwock



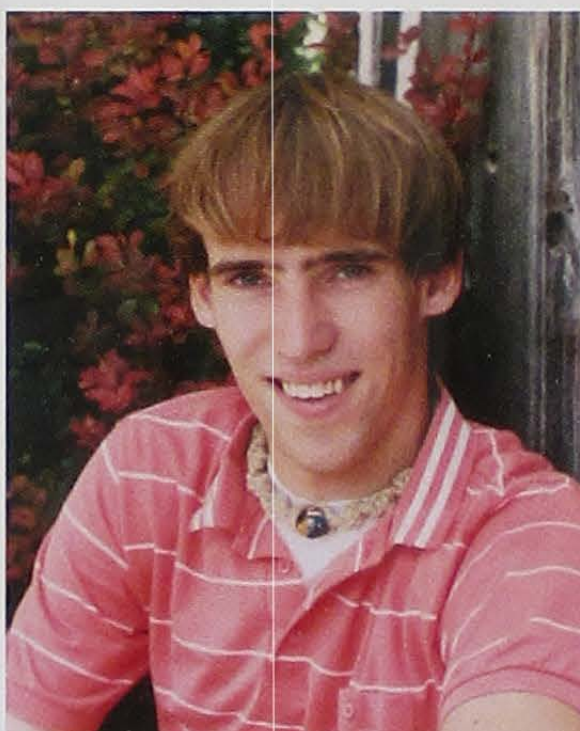
Daniel Voss



Ryan Wagner



Melanie Wanzek



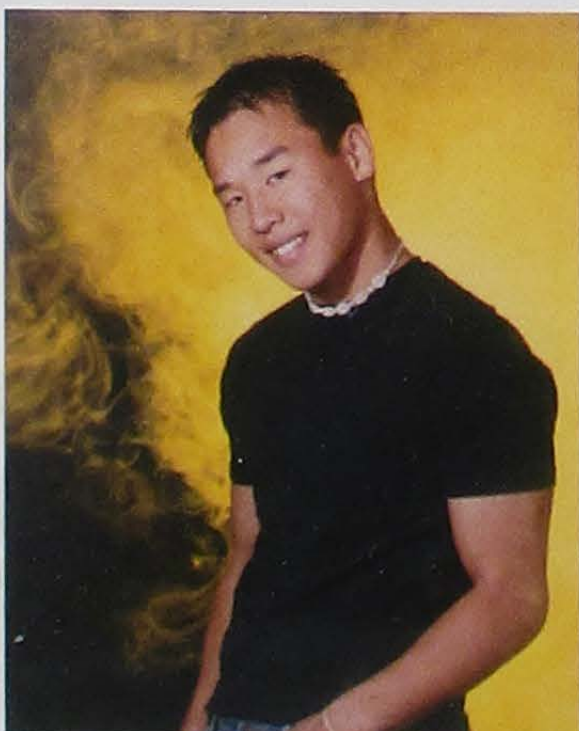
Lucas Warth



Lacy White



Hank Wierson



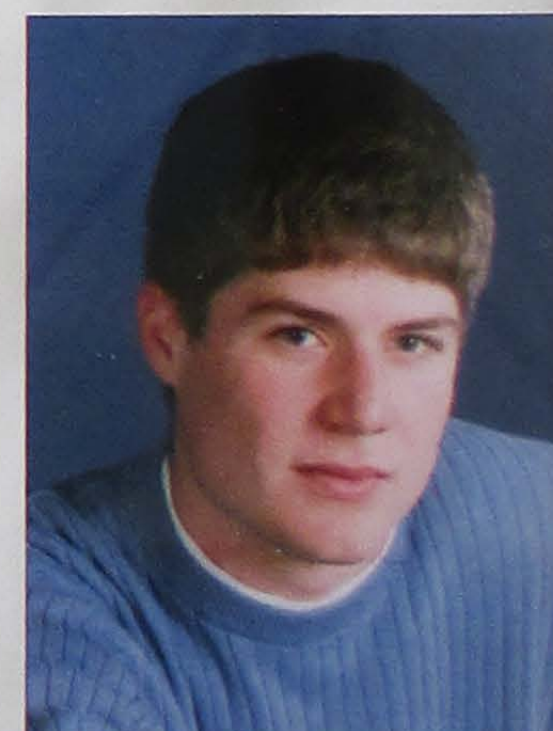
Lee Wilkins



Luke Wilkins



Rachel Wilson



Jusin Wissink



Katie Wolt



Alison Woods



Kevin Woodward



Lissy Woodward



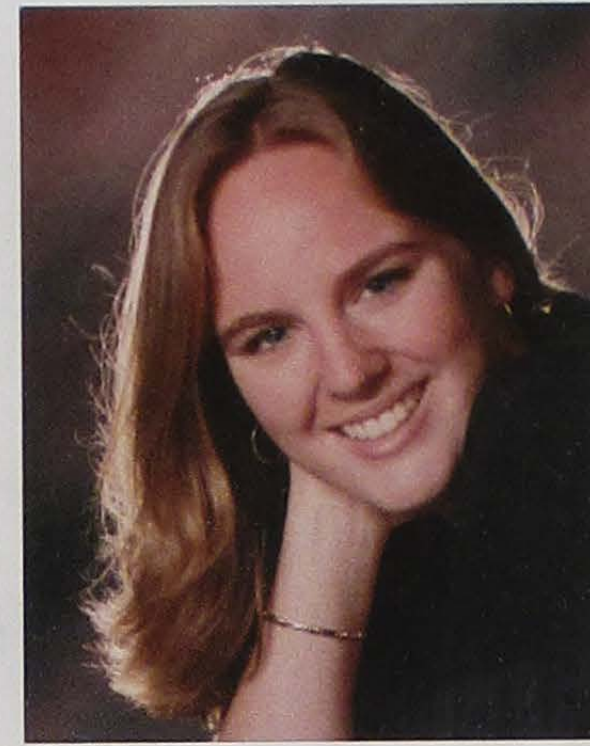
Nick Worthington



Jessie Young



Nick Zdorkowski



Jessica Zuerner



Jane Vu

Not Pictured

Aagesen, Mike
Abbasi, Qutaibah
Adam, Mazen
Allman, Marcus
Almer, Alexander
Apatiga, Danny
Archer, Robin
Ariik, Peter
Arneson, Bryce
Azeltine, Devin
Azilinson, Semevo
Ball, Stephanie
Balvanz, Lisa
Becerra, Cesar
Blount, Andre
Bovenmyer, Rachel
Brachova, Pavla
Breyfogle, Chris
Buttery, Dave
Cameron, David
Canales, Augusto
Choi, Max
Couture, Marc
Crausby, Darreyl
Dilla, BJ
Edmondson, Jennifer
Eikenberry, Adam
Fairchild, Karla
Gong, Stephanie
Grogg, Ashley

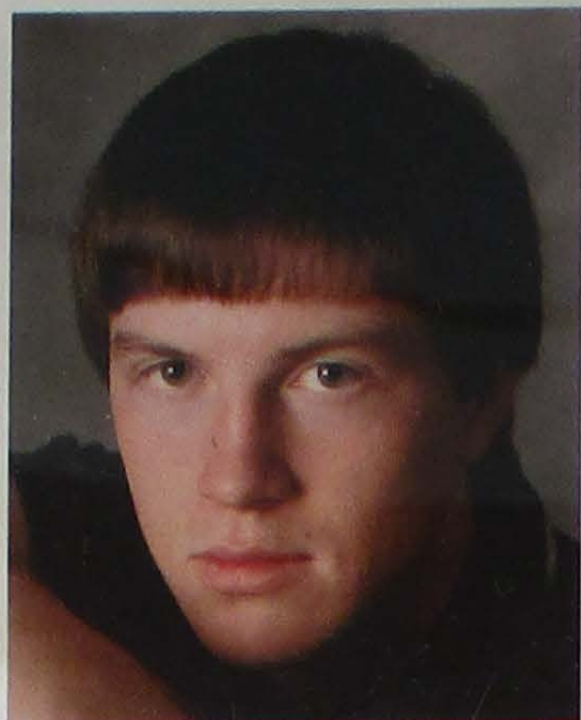
Fullhart, Andrew
Habhab, Joe
Hagen, Jaret
Hansen, Ryan
Harmison, Michael
Hayes, Jamal
Holliday, Kim
Junaidu, Jamilu
Kagima, Andrew
Kane, Jessie
Kollasch, Jonathan
Kurkalova, Anna
Lanning, Patrick
Larson, Anthony
Larson, Sheena
LeCount, Nicky
Loutzenhiser, John
Lowe, Terrance
Lueth, Ben
MacDonald, Chet
Maduol, Joseph
Markushin, Yury
Martin, Jeremy
Matibag, Cris
Matthews, Joshua
Mayes, Whitney
McHerron, Anthony
McHerron, Antoinette
Melchert, Eric
Merseal, Kacy

Morrison, Todd
Obeid, Yamen
O'Riley, Diana
Owusu, Emmanuel
Par, Nyawour
Pedersen, Chad
Pierce, Alexander
Register, Jennie
Retz, Sean
Ross, Michael
Ross, Nicole
Ruben, Robert
Salih, Karam
Schoeneman, Victoria
Schreitmueller, Jim
Sharama, Navneet
Shonkwiler, TC
Sibbel, John
Smith, Erin
Smith, Kevin
Sorenson, Justin
Snyder, Kelli
Stuart, Amy
Sulzberger, Sheradon
Tabatabaei-
Moghaddam, Hod
Taylor, Travis
Ten Clay, Melissa
Teddall, Brian
Thomas, Amanda

Thomas, Jeffery
Thomas, Johnny
Thompson, Matthia
Thompson, Ronnie
Thompson, Sebastian
Tsai, Wei-Chih
Tucker, Timothy
Turner, Desmond
Tyler, Gabby
Vahid, Suzy
Valadez-Rosales, Mario
Walker, Donald
Willert, Sarah
Wong, Elizabeth
Xu, Jim

Late submission senior pictures are on page 164.

Late Submission
Senior Pictures



Michael Aagesen



Kelly Ashburn



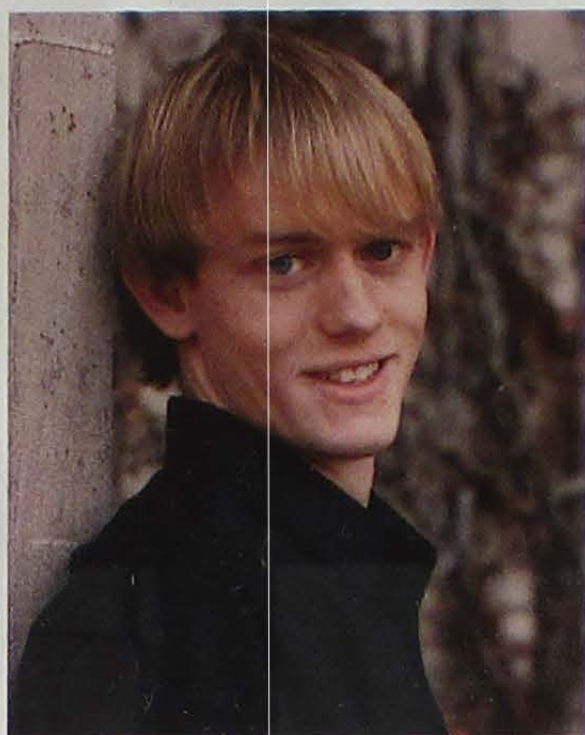
Pavla Brachova



Jessica Brown



Chelsea Lamar



Ethan Little



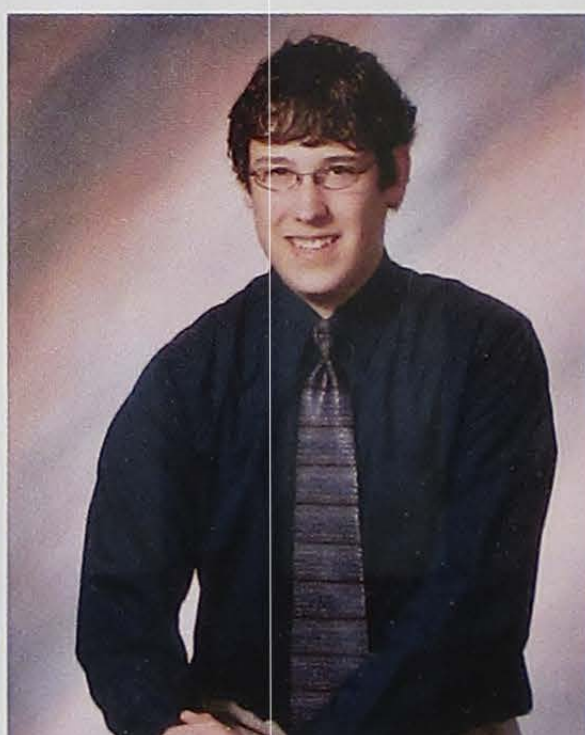
Elizabeth Lott



Eman Mahgoub



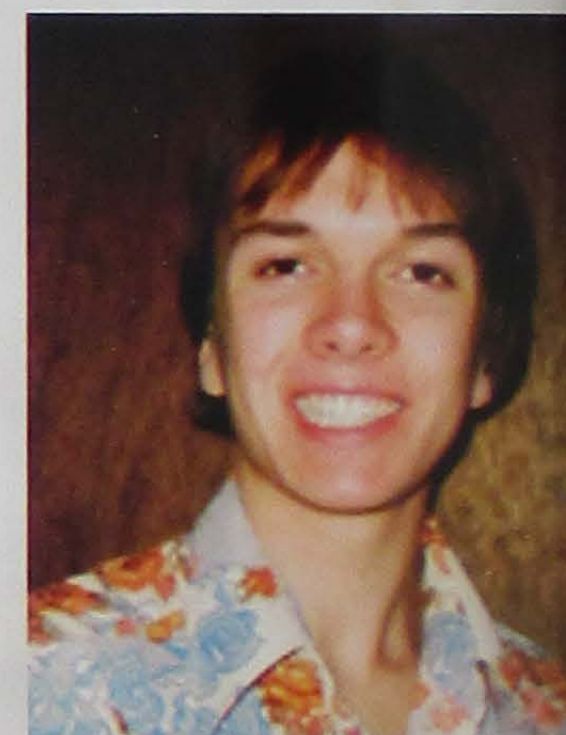
Katie Norris



Eric Rahn



Victoria Schoeneman



Jim Schreitmueller



Charles Shields



Gabby Tyler

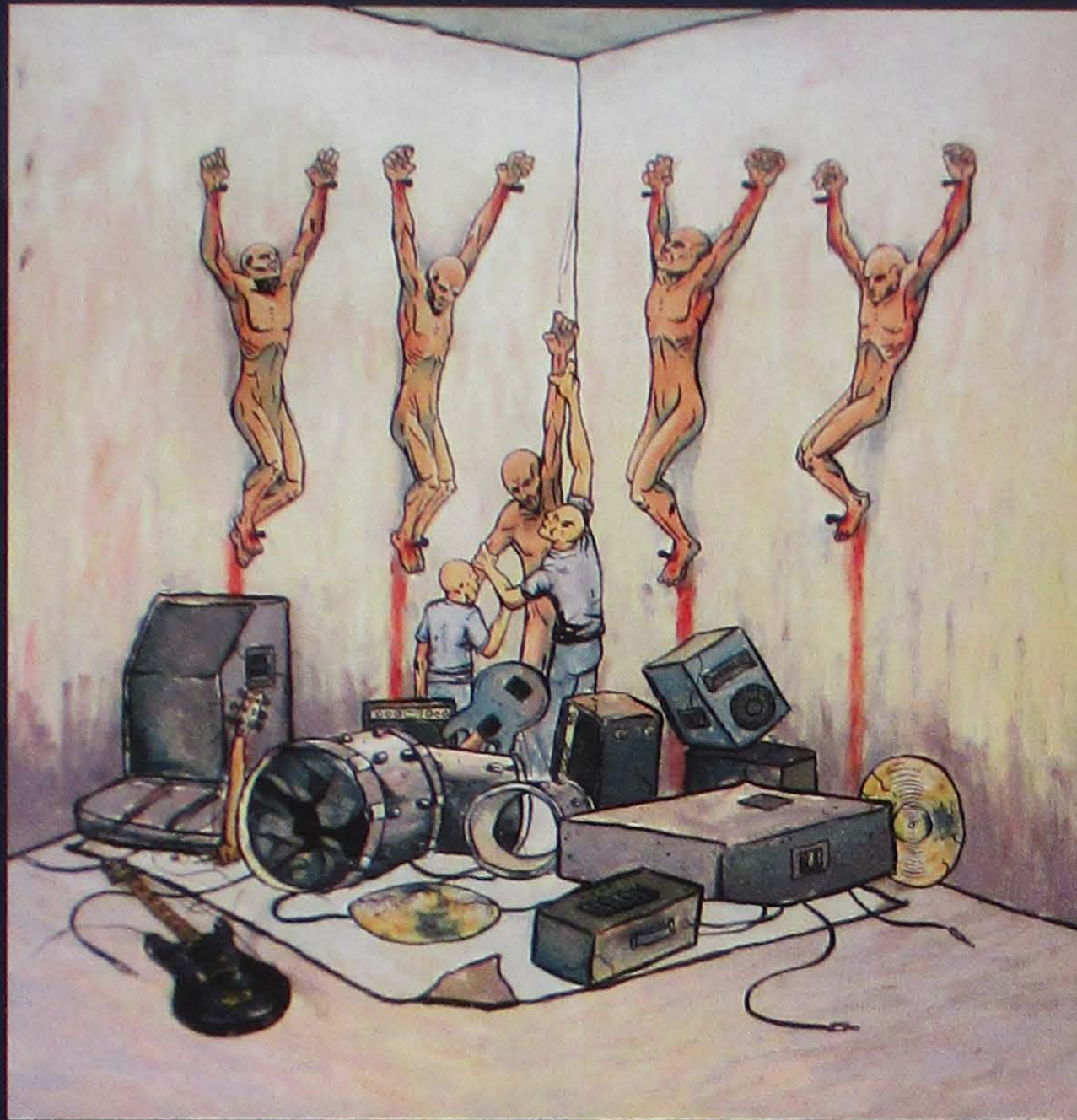


Alexa Warwick



Clara Weber

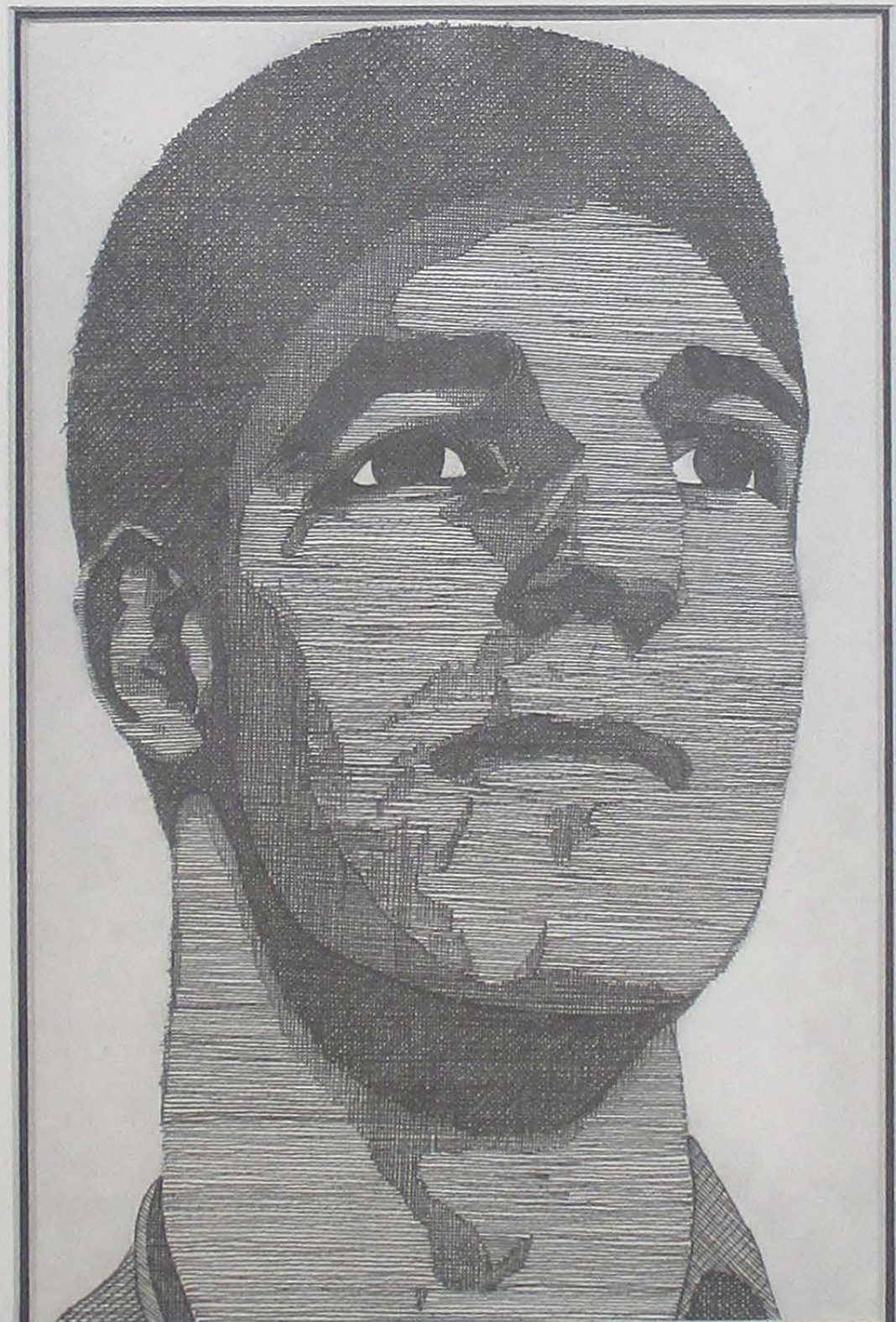
Senior Art



Ryan
Hansen

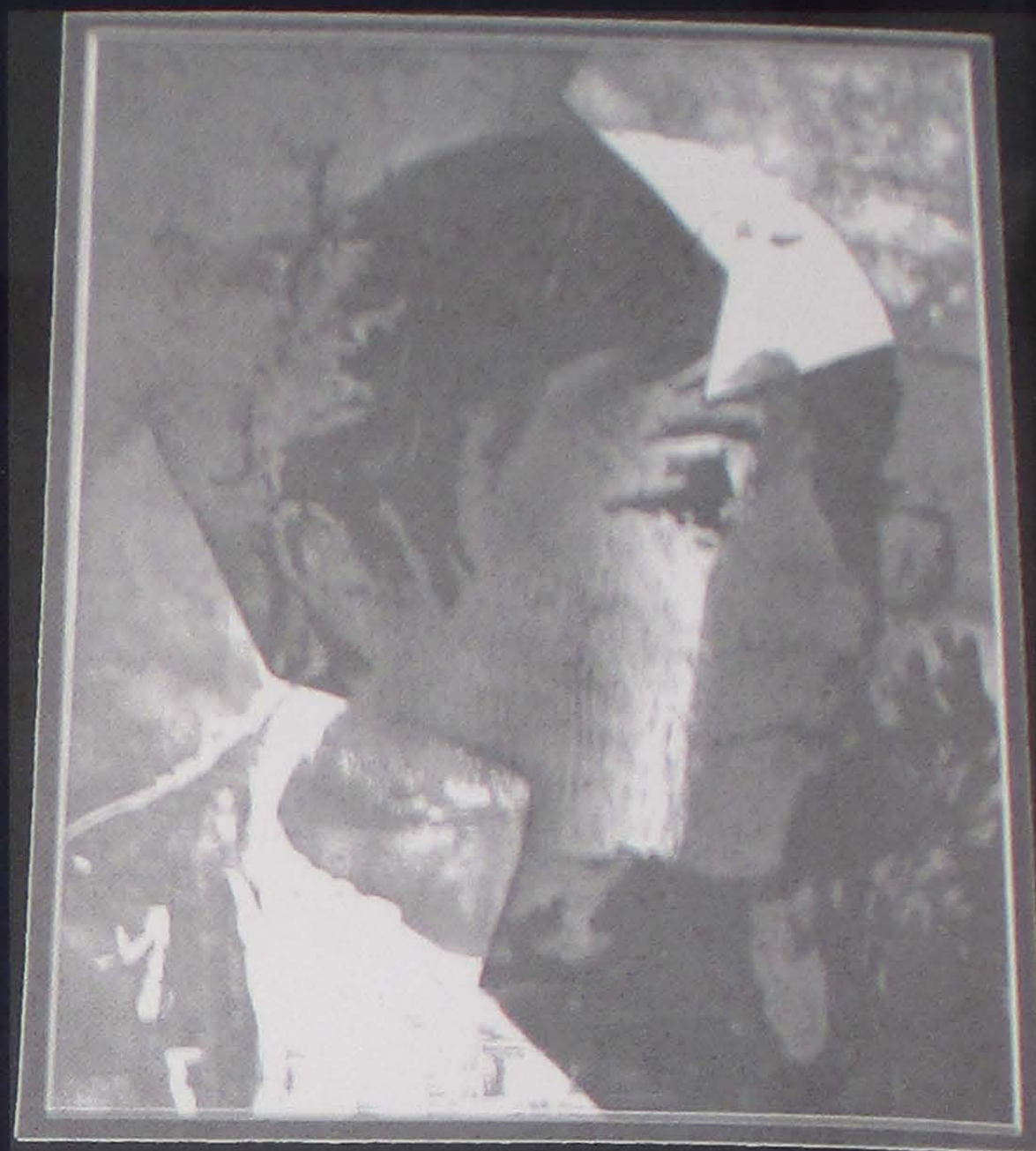


Mindy Twetten



Ryan Knight

Steph Cox

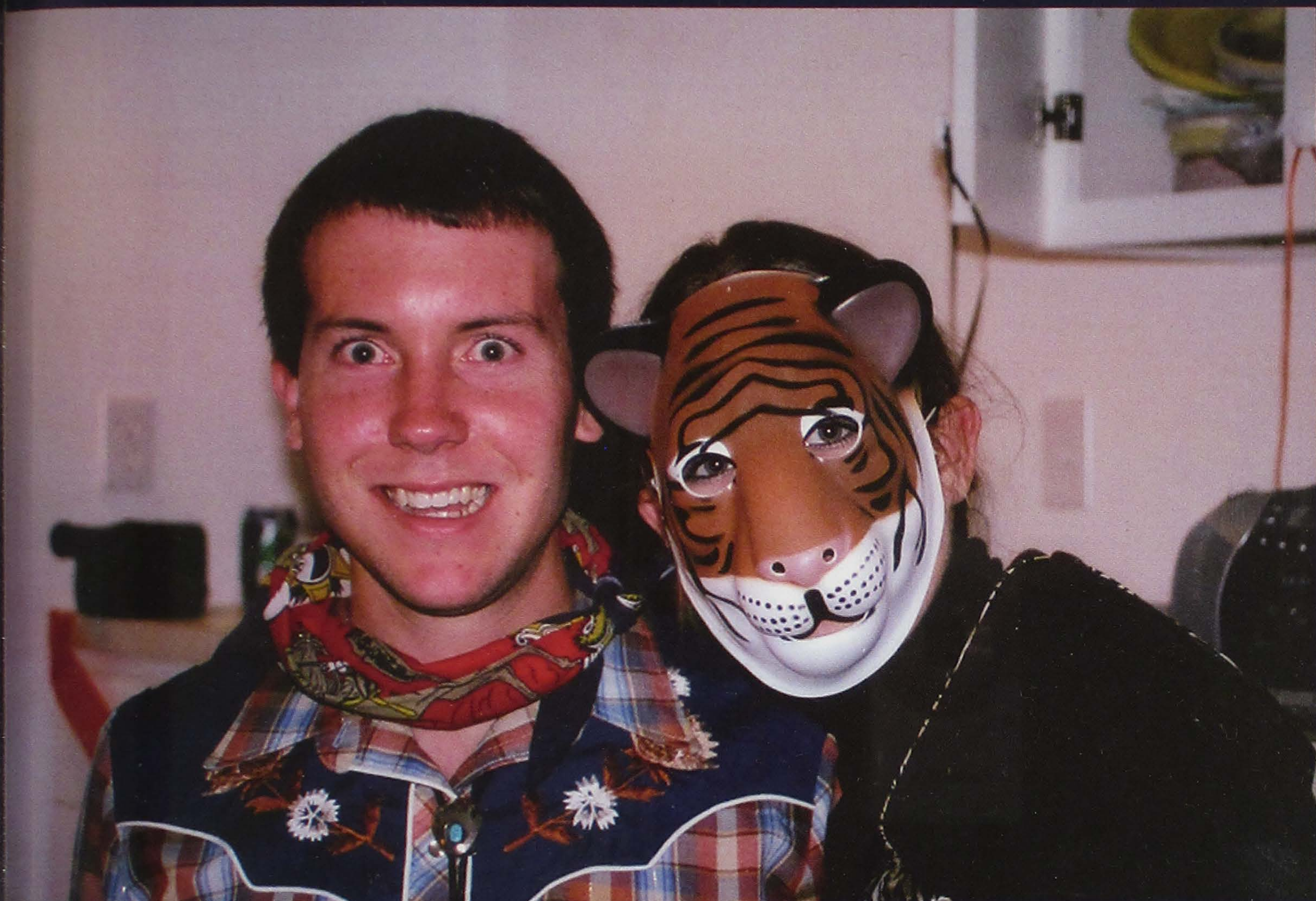


Isaiah Cunnally



KATIE WOLT

CLASSIFIEDS



18 y.o. i.s.o. friends, family,
memories, & cat 2 snuggle w/.
If interested, enter *Classifieds*
to learn more...

DANA PETERSON



Hey Dana!

*You'll always be
our "tootie!"*

*Pint-sized
or
Grown-up*

*Love Always,
Mom, Dad, & Luke*



Josh VanderZwaag

Believe in yourself
and follow your
dreams. We are so
proud of you and love
you very much!

Dad, Mom, & Jordan

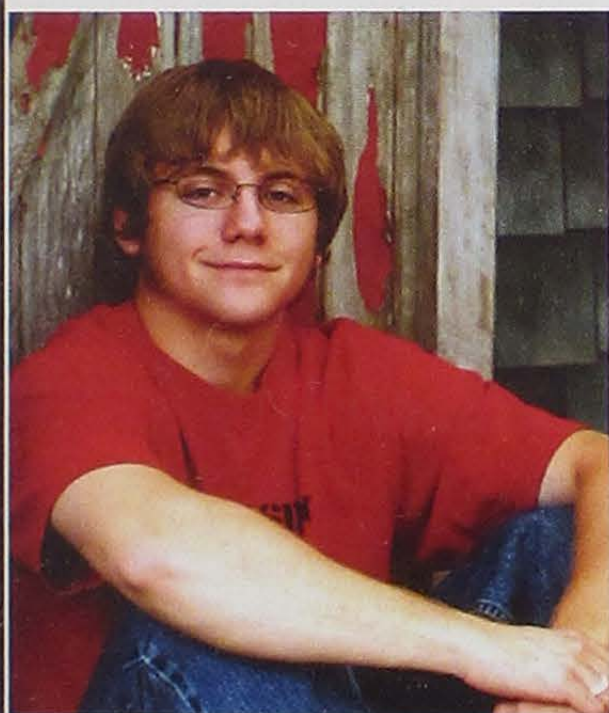
Lindsey Adams

**We are very
proud of you!**

**Love
Dad, Mom, & Dylan**



Andy Clayton

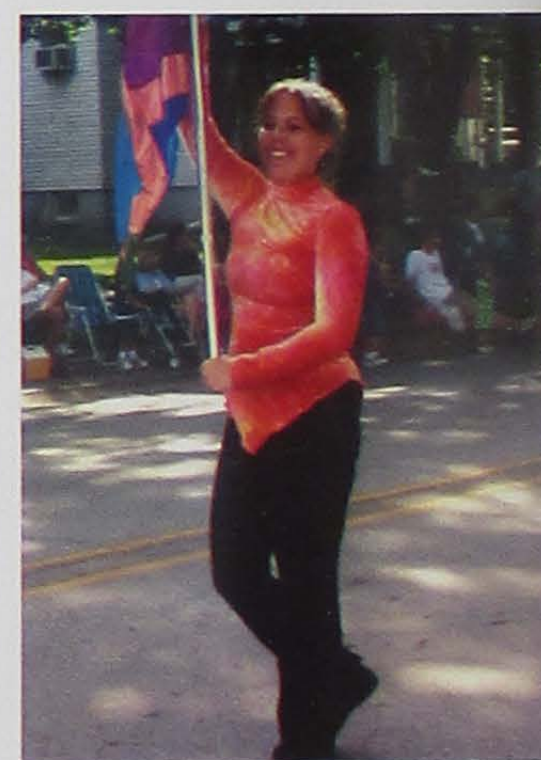


We wish you the best
in whatever you choose
to do.
You will always be #1
with us.

Love
Dad, Mom, & Sara



Blair Struble



Blair,

Thank you for 18 wonderful years.
We wish you all the best in what the future
has in store for you. Congratulations!

Love,
Dad, Mom, & Alissa

Emily Carolyn Smith



*Congratulations,
Emily!*

*Live, love, laugh,
and be happy!*

*We Love You!
Mom, Bill, &
Elizabeth*



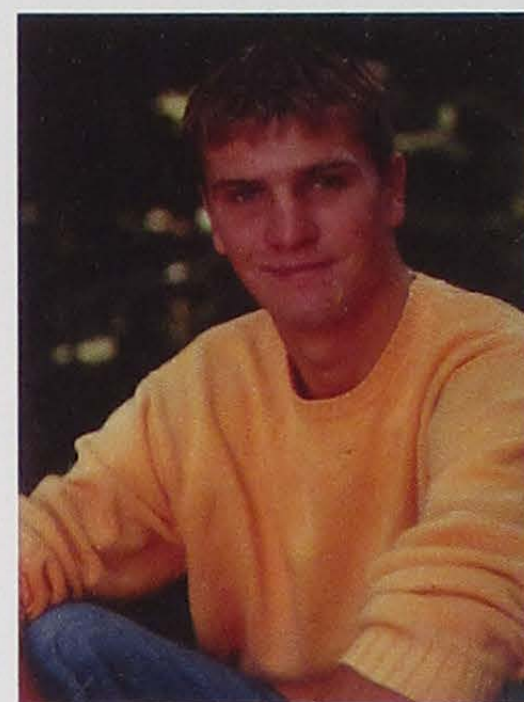
**Believe
and
Impossible
means
Nothing**



Brandon Sidles

**Know when to
hold 'em;
Know when to
fold 'em.**

Mom, Dad, & Becky



Christopher Coady

**Way to go Chris!
We're proud of
you!**

**Love,
Dad, Mom, Lindsey
David, & Annie**



Lauren Reynolds

Lauren,

**We can't wait to
see what you'll
be cooking up
next!**



Congratulations!

**With Lots of Love,
Dad, Mom, Megan
Julia, & Jessica**



Andy Lamp

**From your 1st day of
school to your last, We
have always been so
proud of you!**

Congratulations!

**We love you,
Mom, Dad, & Ashton**

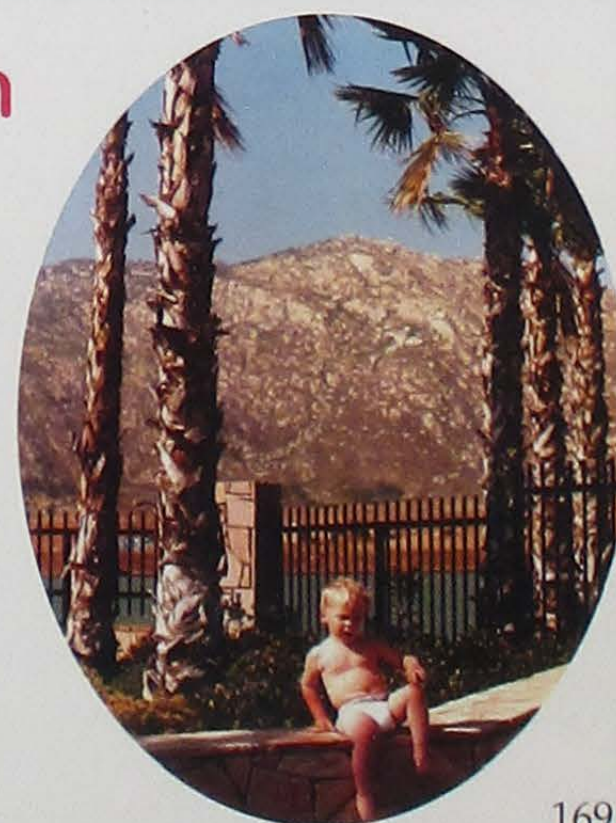


Tim Peterson

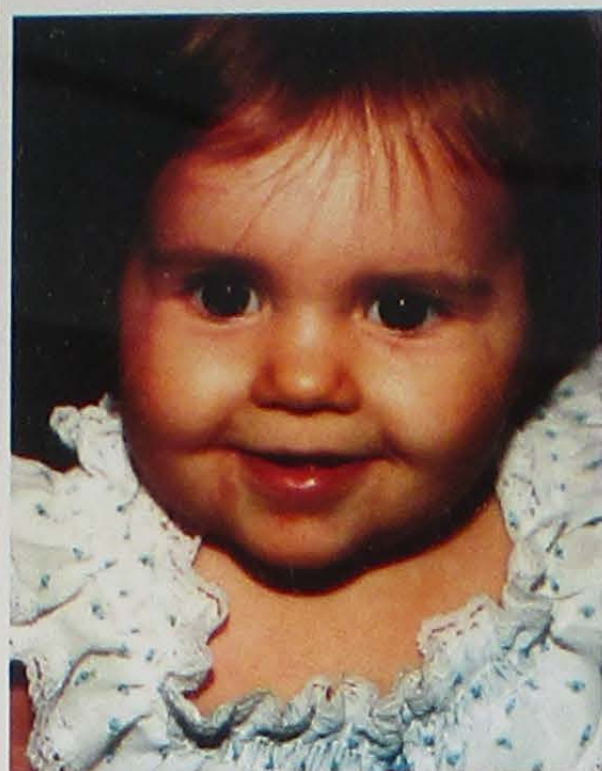
Tim-

All our Love

**Mom, Dad
Matt, Nick,
& Emily**



LINDSAY STEPHAN



WE LOOKED INTO THOSE BIG BROWN EYES
WONDERING WHAT YOUR FUTURE HELD. WE
LOOK INTO THOSE SAME EYES TODAY KNOW-
ING YOUR DREAMS AND HOPES ARE ABOUT TO
COME TRUE. CONGRATULATIONS!

WE LOVE YOU,
MOM, DAD, & AMY

Heather Anderson



You are our mir-
acle child. May
your Guardian
Angel continue
to watch over
you.

With Love,
Mom, Dad, &
Kim



Alex,
You were such a good looking
child...what happened?

Love,
Mom, Dad,
Nina & Hannah



Asblee Helling



Asblee,

*You are our
"pride and joy!"*

*Congratulations,
enjoy your future &
keep smiling!*

*Love,
Mom, Dad & Erik*



Jamie Carlyle

Congratulations,
Jamie!



"Far away, there in the sunshine, are my highest aspi-
rations. I may not reach them, but I can look up and
see their beauty, believe in them, and try to follow
where they lead."
~Louisa May Alcott



Bryce Arneson



You've
always made
us smile!

Mom, Dad,
Melissa,
Ryan & Lisa



Love you forever,
Dad, Mom and Laura

Keep flying high!
You can do any-
thing you
set your mind to.
Best wishes and
Good luck!

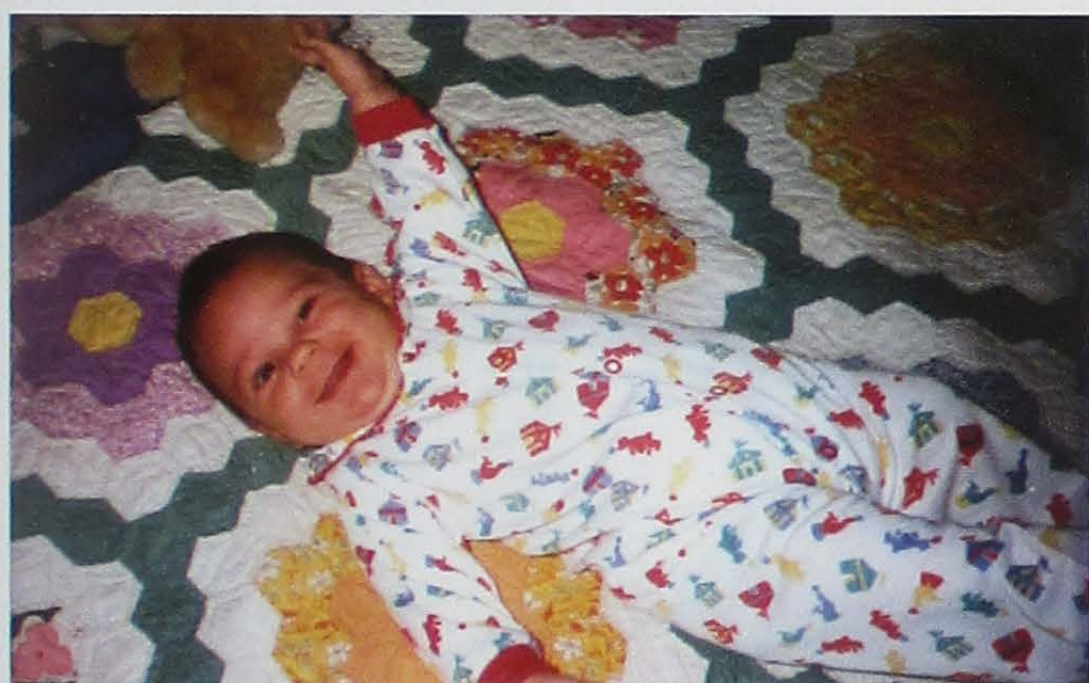


Congratulations,
Marit!
Love, Mom, Dad,
Nick, Rolf,
Kirsti & Jason

Marit Gena Place



Susan Raich



Susan,

What a joy and an inspiration you
have been! Best of luck in what lies
ahead.

Love,

Mom, Dad, and Caity

David Saide



Te amamos mucho,

¡Buena suertel!

Verónica, Xander y Mami

Brian Scott Congratulations, Brian!

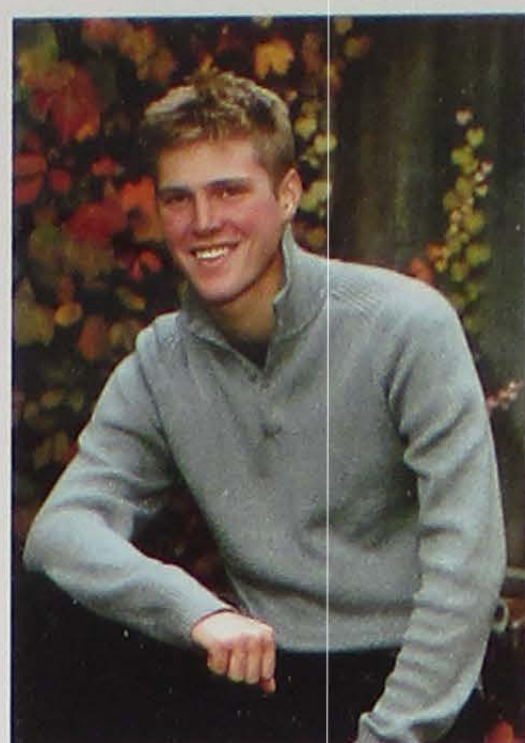


"Ask and it will be given to you; search, and you will find;
knock, and the door will be opened for you." -Matthew 7:7
You've blessed our lives!

Love,

Mom, Dad & Zach 171

Karl Peterson



Believe in yourself and
follow your dreams.
Our love and support are
with you always.

We love you,
Mom, Dad, Brea and Colin

April Grove

Be all that you
can be,
Do all that you
can do,
we're behind you
all the way.



Mom, Dad, Brian, Heidi

Mark Linahon



Congratulations, Mark!

Our love, support, and
prayers are always with
you.

Love,
Mom and Dad

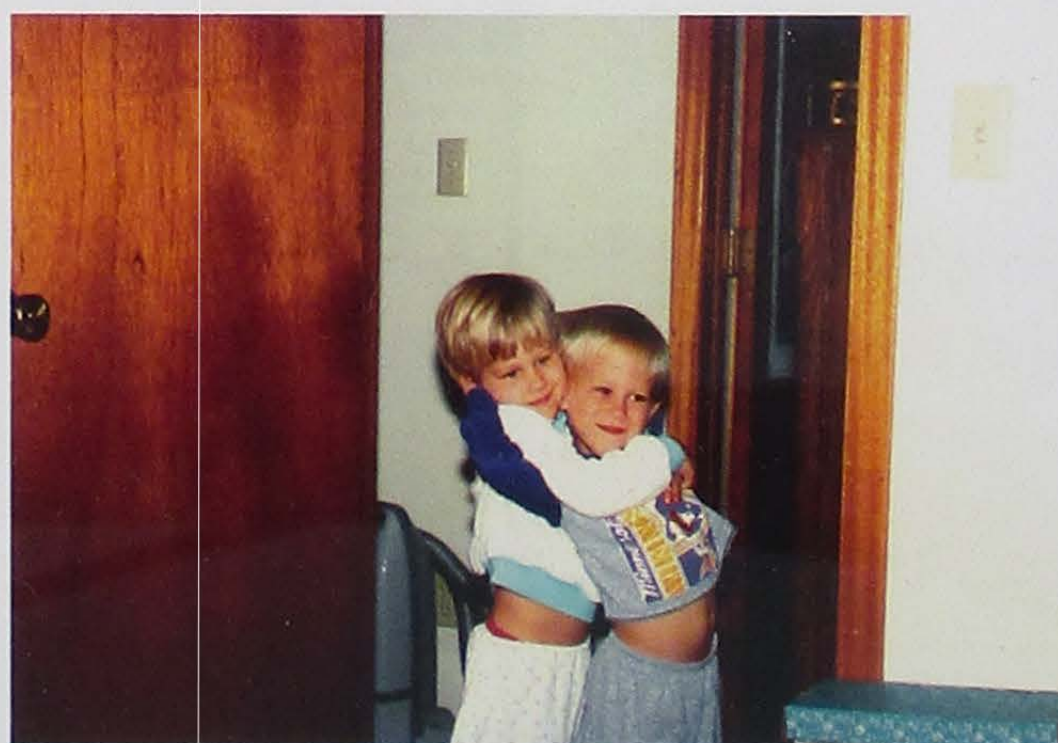
Ben Keller



We love you both very
much. Always be each
other's best friend.

Your easy going ways are
refreshing in today's hectic
world. May you find hap-
piness in all your future
adventures. We are so
proud of you and we love
you.

Love,
Mom and Dad



Amanda Keller



You are so well grounded.
Keep believing in yourself
and you can accomplish
anything. We are so proud
of you and love you, cup-
cake.

Love,
Mom and Dad

Lauren Riddle "Peewee"

You warm our hearts
and we are very proud of
you! Be happy, believe in
yourself and we wish you
great success!

Love,
Mom, Ashley and Austin



Katie Slotter Congratulations, Katie Jo!

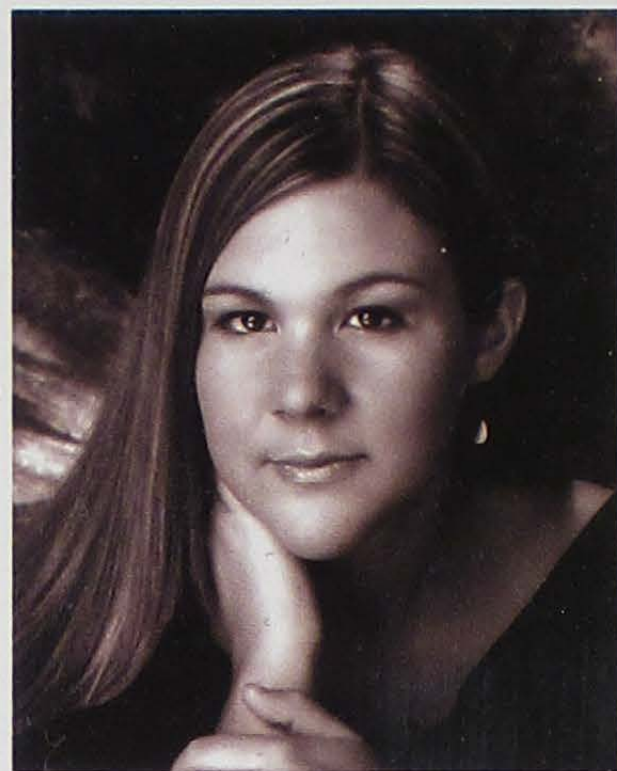
We are so very proud of
you and are honored to
be your family.
Remember to be salt and
light wherever you go.
We love you very much!

Love,
Dad, Mom, Taylor and
Justin



Seek first His kingdom
and His righteousness,
and all these things will be
given to you as well.

-Matthew 6:33



Ryan Adam Congratulations, Ryan

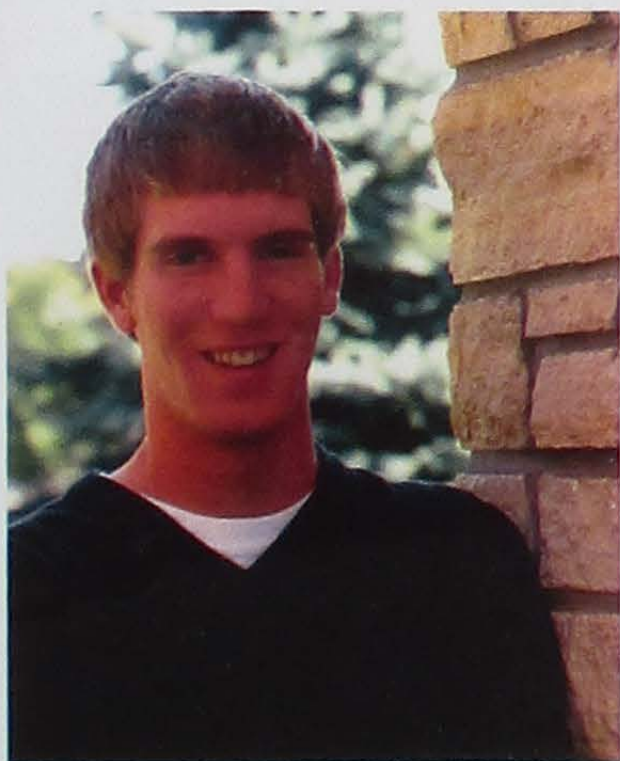


"In those days, we chose to
walk like giants and hold the
world in areas grown strong
with love...."

-Brian Andreas

Ryan....keep walking like a
giant and take your world
into your strong arms....

....all our love
Mom, Dad and Katie



Katie Gieseke



We couldn't be more proud.
You couldn't be more loved.

Congratulations!
Love,
Mom, Dave and Lauren

Eman Mahgoub



Eman

Thank you for the happiness and the joy you brought into our lives. We are so proud of you and wish you the best luck. Congratulations we will always be here for you.

Love

Mom, Dad, Amar, Sali and Umnia

When things in your life seem upside down, remember...

"I can do everything through Him who gives me strength"

Philippians 4:13



Debora Jean Rock



I'll love you forever.
I'll like you for always
You are a special gift
from God.

Love, Mom

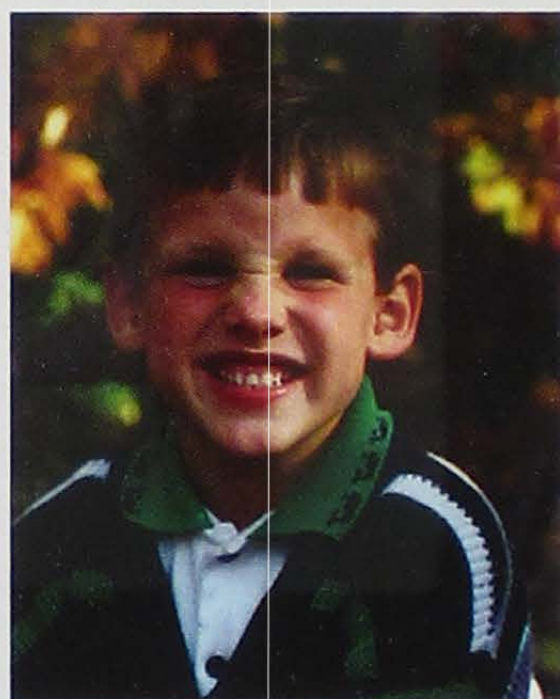
Clara Weber

Congratulations
Clara!

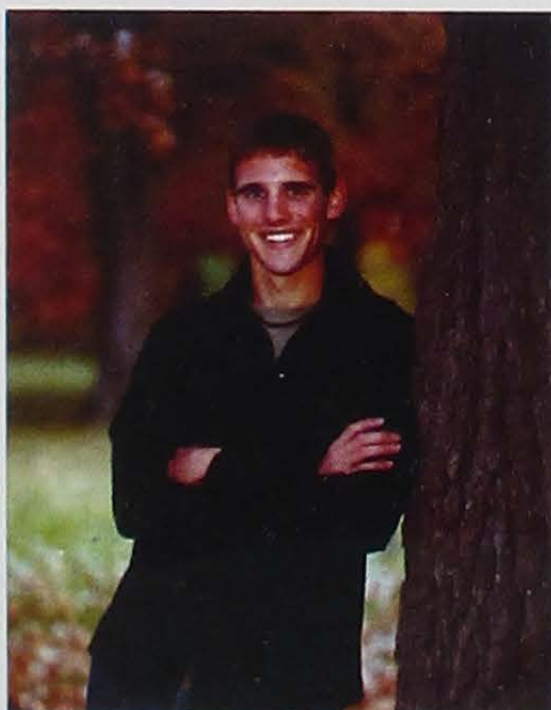
Love,
Mom & Dad



*"To gain success you
need to be
dedicated, have a sense of bal-
ance in your life, and be
willing to take a risk."*



John Gilarski



We are very proud of you.

*Love,
Mom and Dad*





You are my sunshine
my only sunshine...

Sarah Sundberg

Keep on shining
Sarah!

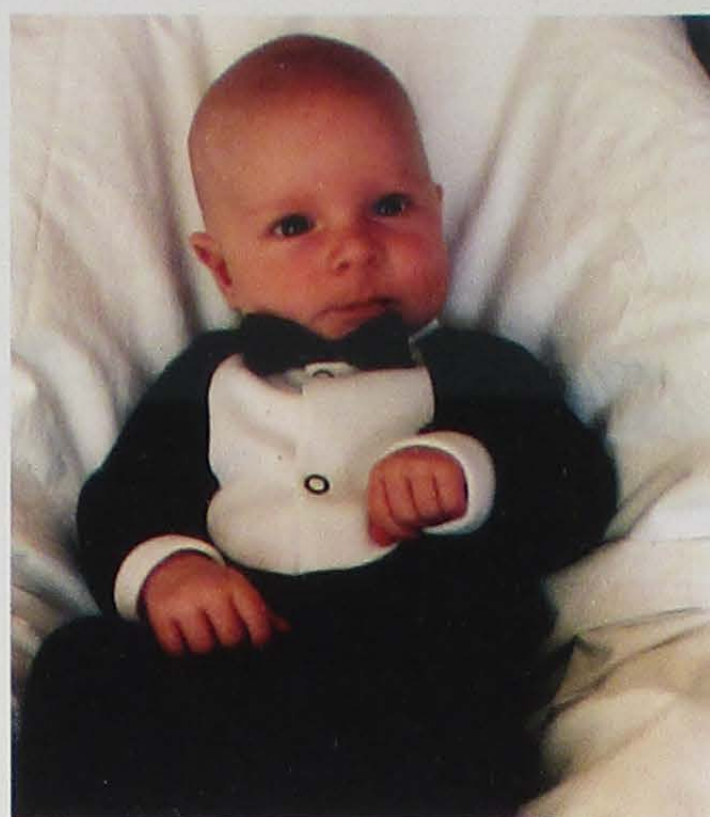
Congratulations!

We're so proud of
you.



Love,
Mom, Steve, Josh & David

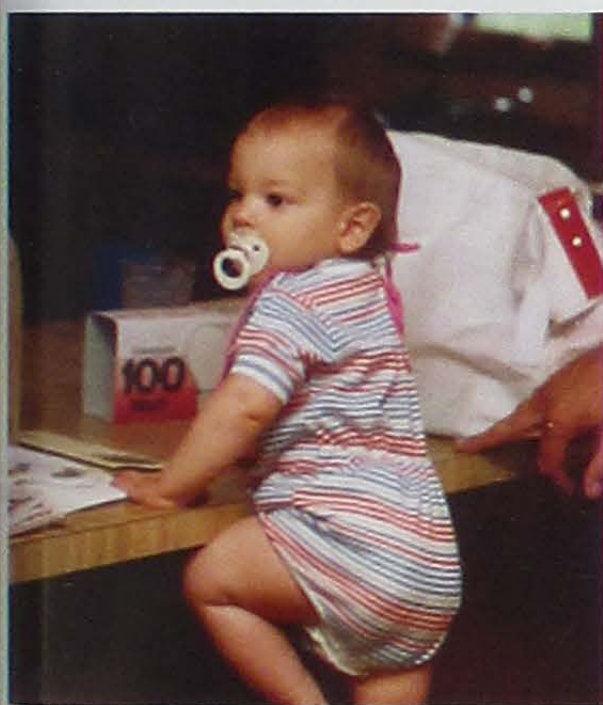
Aaron Mendelson



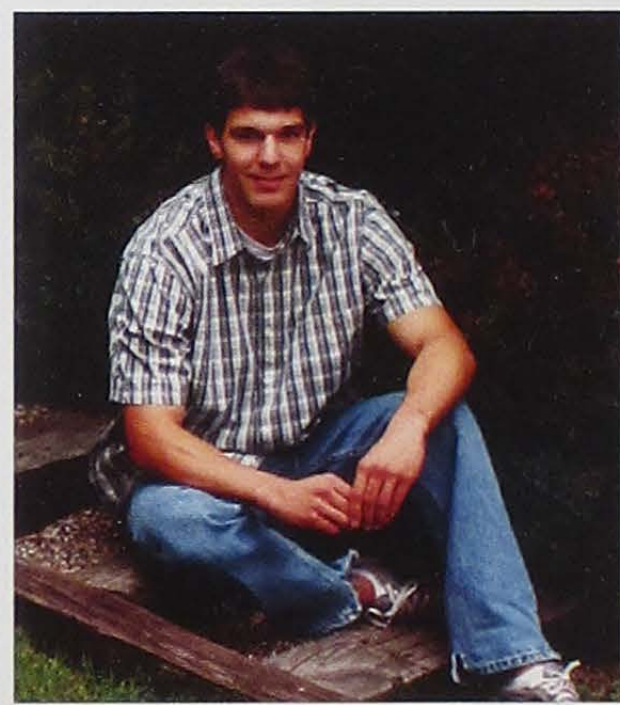
You've been a class act from the
beginning.

Love,
Mom, Pop, and Noah

Ryan Knight



Ryan,
We are proud of you.
Keep climbing to new heights!
Love,
Mom and Dad



Samuel Larsen-Ferree



"Go confidently in the
direction of your dreams.
Live the life you have
imagined."

~Thoreau

Love,
Mom and Dad

Laura Logsdon

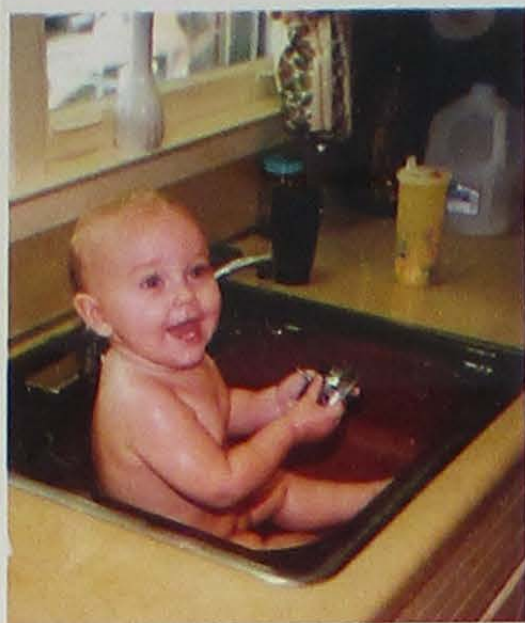


Congratulations,
Laura!

We love you,
Mom, Dad & Nate

Heather McMichen

Still wet behind the ears?



No worries - We know you can
accomplish anything you
choose to do.
We love you and are so proud of
you.
Go for it, baby!

Mama, Mark & Josh

Chasity Taylor

Work like you don't need
the money;
Love like you've never
been hurt;
Dance like nobody's
watching.

We are so proud of you,
Chas.
Love you forever and
always!
Mom & Dad



Katby Formaker

*From Gabriella through
Barbies and Batons...*



*From Molly Dolly through
Ellie Font....*

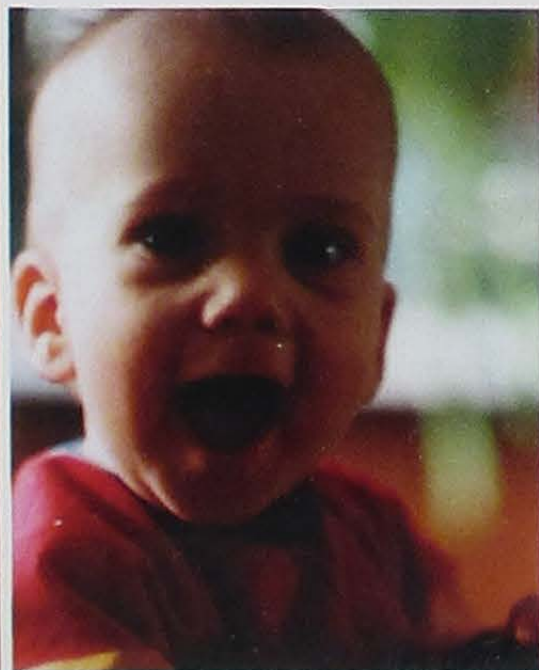


*May your future always hold such joys and pure love.
Congratulations - we are very proud of you!*

Love,

Dad, Mom, and Trixie

Colin Kraemer



Little Bear,

You make us smile.

Love always

Drew Robinson Congratulations

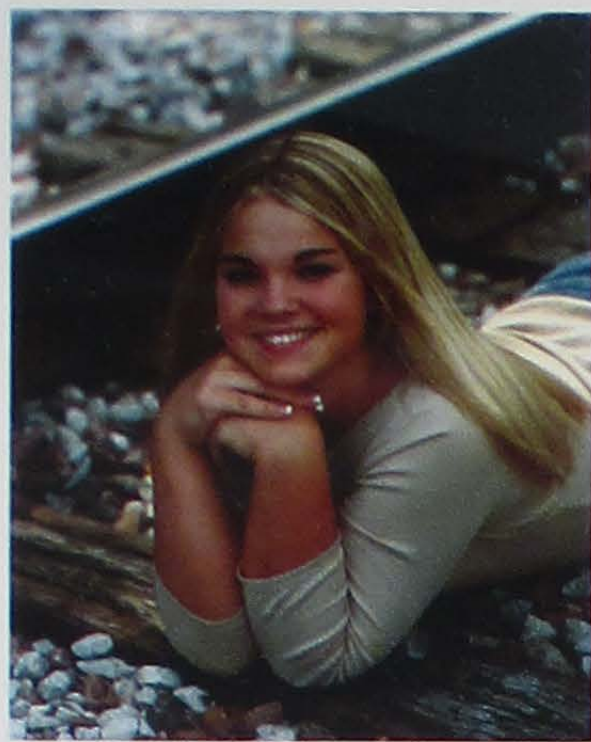
-DREW-

**We're proud of all
that you've become,
and excited for you
and your future
accomplishments.**



Whitney Sjulín

Congratulations, Whitney!



Love,

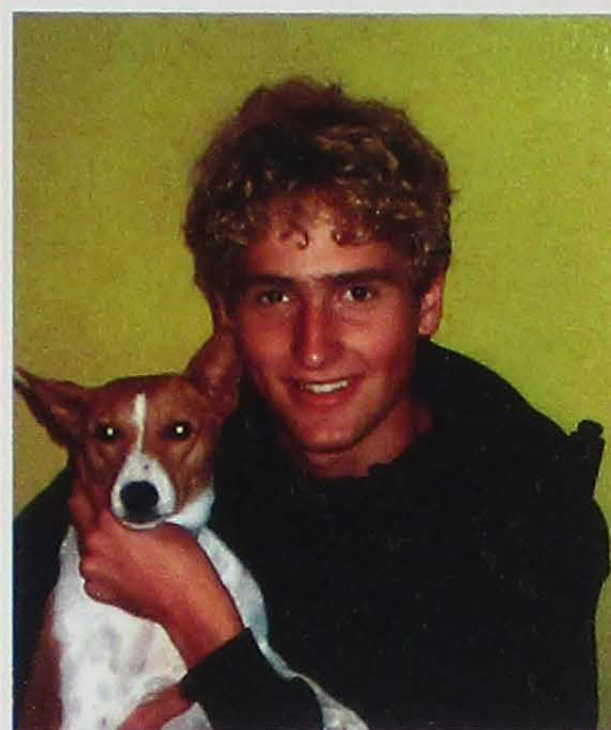
Mom, John,
Jason & Sam

Dad, Teresa,
Kin & Dominick

We will always love
and support
Everything you are
and
everything you do.



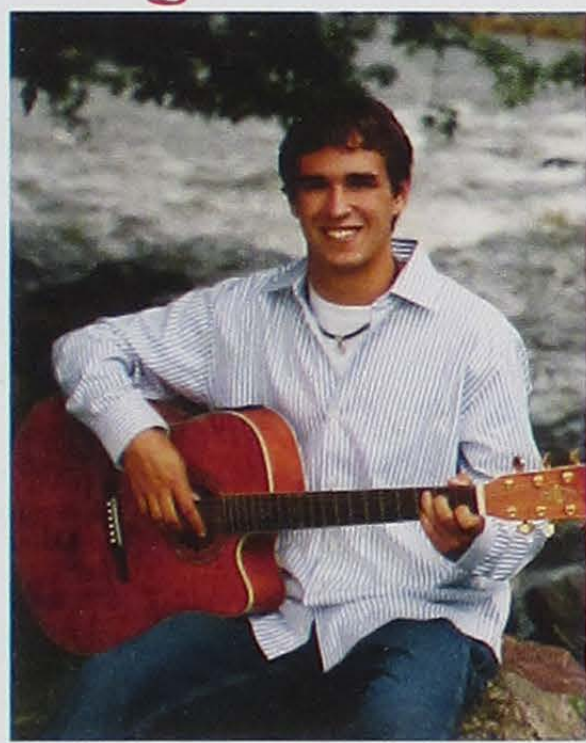
A.J. Johnson



We will always be
here for you.
We love you,

Mom, Dad,
Amanda &
Hayley

Luke Lowry



Luke -

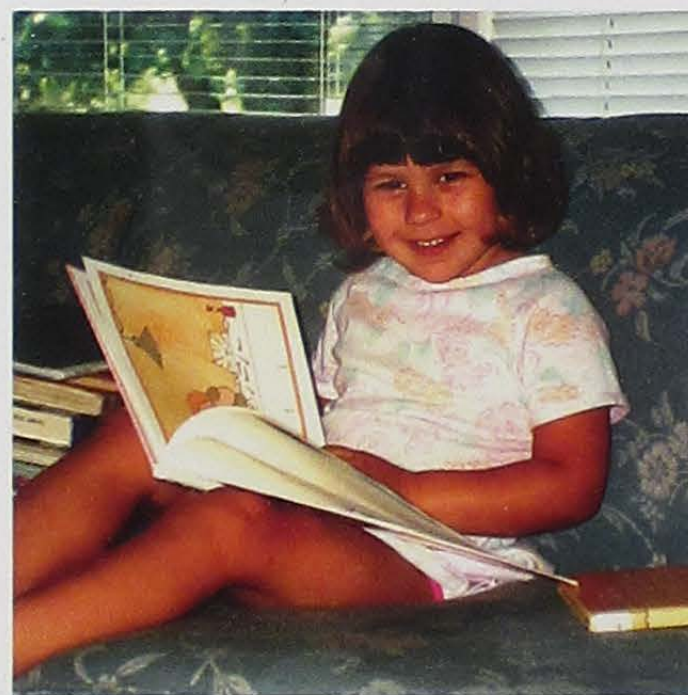
"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight."

~ Proverbs 3:5

Congratulations

-Mom, Dad, Jen & Lydia

Carolyn Goedeken



*Peuvent vos mains toujours être occupées,
Peuvent vos pieds toujours être rapides,
Puez vous avoir une base forte
Quand les vents des changements décalent.
Peunt votre cœur toujours être joyeux,
Peut votre chanson toujours être chantée,
Pouvez vous rester pour toujours des jeunes.*

~Bob Dylan

Congratulations!

Love,

Mom, Dad and Andrew



Amanda Borrill

The first 18 years have been awesome! If you believe in yourself as much as we do, we are sure the best is yet to come!



Love & two thumbs-up
Mom, Dad & Britt

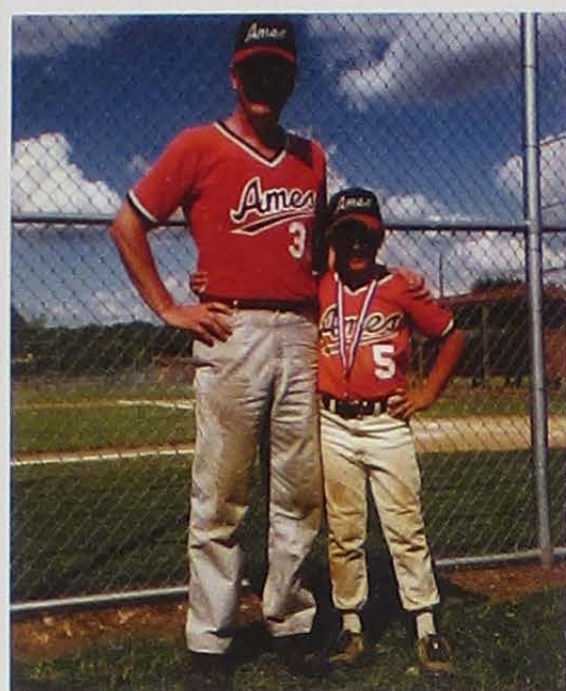
Nadya Pecharsky



Nadya,
We "hope" you always
follow your dreams!

Love,
Mom and Dad

James Teas

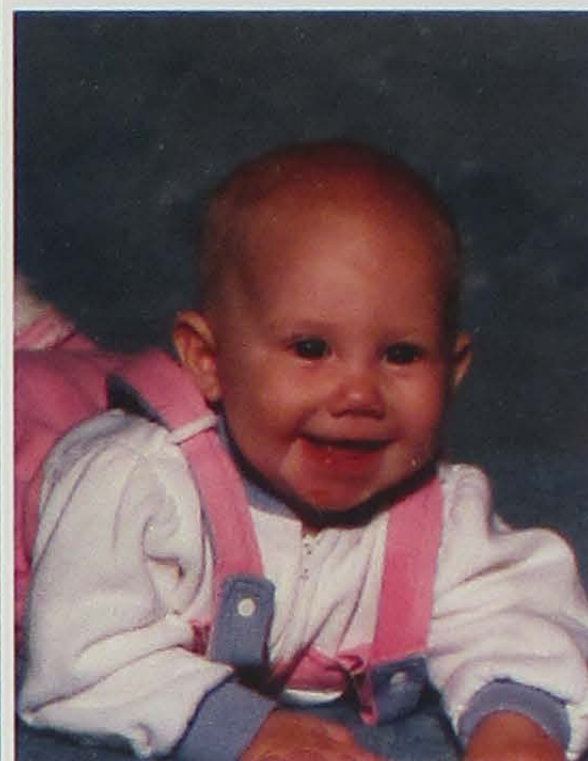


James-

Your spirit is filled with love and compassion; therefore, set your goals high, follow your dreams, and know that our love is always with you no matter where you go or what you do.

Love,
Mom, Dad, Sarah, David and Rachel

Ricki Baker



Ricki,
Never lose that
smile!

Love,

Jill, Sam, Kelly,
Mom & Blondie



Andy Novak

We are so
proud of the
young man you
have become.

Enjoy life for all it has to offer.

Love,
Mom, Dad & Jen



Olga Florea

Congratulations!

You've kept us wonder-
ing for eighteen years.
Just what are you think-
ing about?

Love,
Mom, Dad & Emily



Jim Schreitmueller

*"I have never let my schooling
interfere with my education"*

Mark Twain

*Congratulations, Jim.
We're very proud of you.
We love you,
Mom, Dad and Sarah*



To our little girl,
we're so glad God
gave you to us!
You have filled
our lives with so
much happiness.



Alyssa Bergman

Congratulations!
We are proud of
you!

With all our love,
Mom, Dad &
Jordan



**Smile!
Be Happy!**

Maya Lipert



We love you!

**Mom, Dad
and Plato**



Abby Gaul

*You'll always be
our dolly!*

*Love,
Mom & Dad*



Amanda Pirog

Congratulations,
Mandie,
We are very proud of
you.

Love always,
Mom & Dad



Stephanie Cox



Scooter—
You've got a sweet future ahead of you!
Love Mom & Papa

Tom Elston



Congratulations!
You have always
made us proud.



Love,
Mom, Dad, and Ashley

Tim Hart

Congratulations, Timothy!



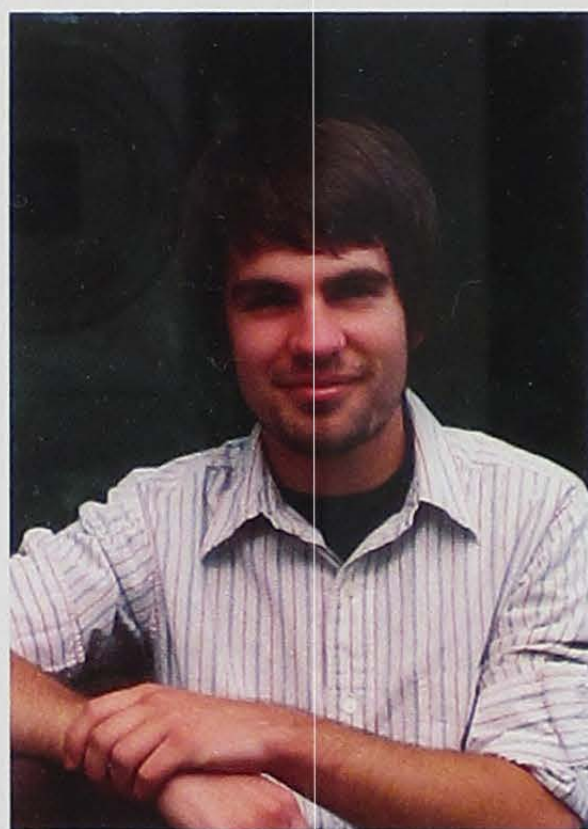
*"Those who hope in
the Lord will renew
their strength. They
will soar on wings
like eagles..."*

Isaiah 40:31

*Timothy,
always remember,*

*"You are a gift from God.
What you become is your
gift to God."*

*We love you!
Dad, Mom, Sarah,
John, and Lindsay*



Sarah Spencer



Congratulations on your stellar past.
May you have a cosmic future.

With Pride, Love and prayers,
Mom, Dad, Matt, & Annie

Freddy Patterson



We are so proud of you, Freddy!
Love,
Mom and Dad

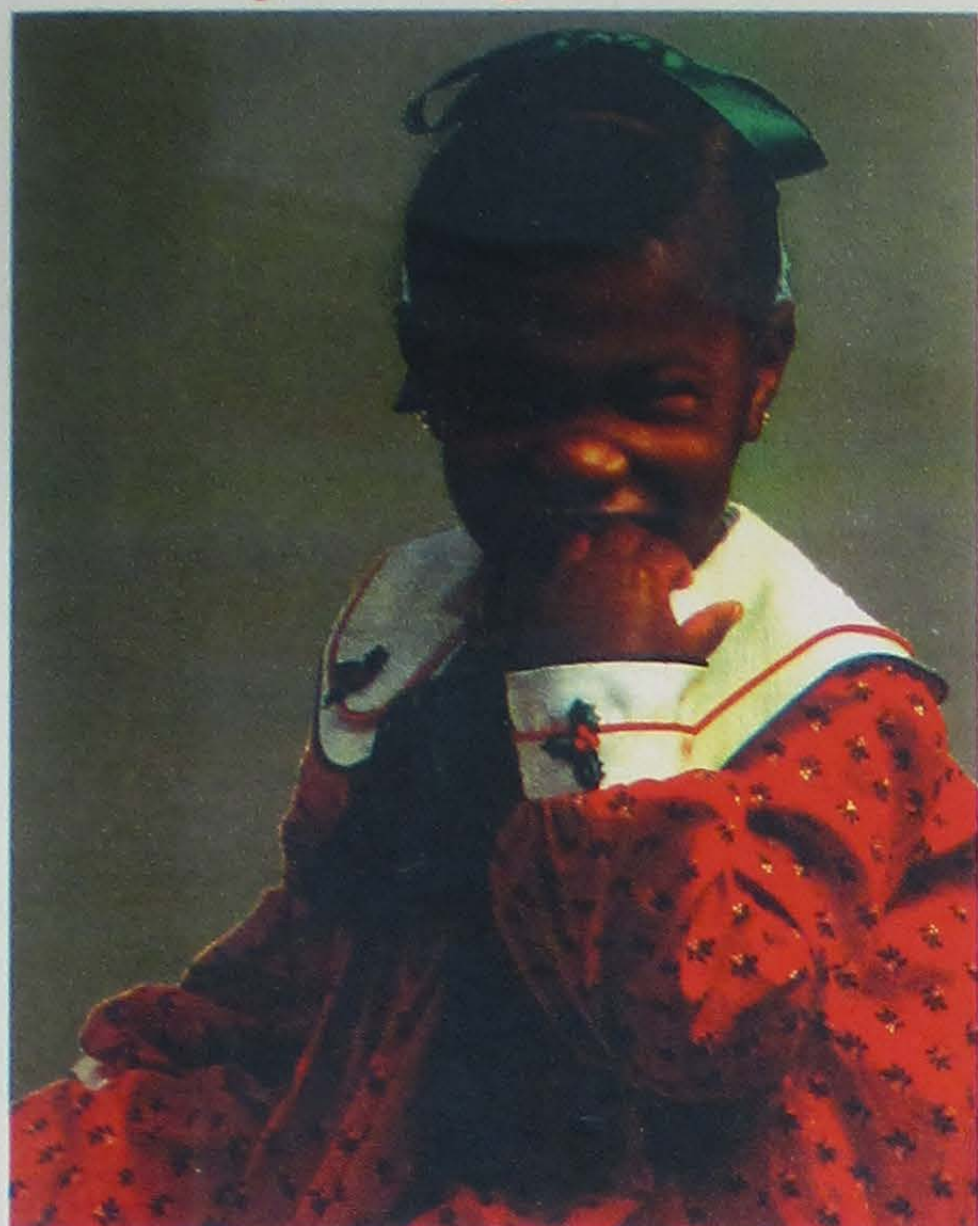
Miranda Kate Eness

*It has been an amazing 18
years... the years have flown by.
It will be difficult to have you
leave the nest but we know that
you are ready to soar.*



*Remember to always follow your heart.
We love you Nee-nee.
Dad, Mom & Claire*

Krystal Johnson



No one can love you more than God, but we'd like to think we run a close second. Best of luck in the future and congratulations. We love you!
Mom, Dad, and Kristopher

Stephanie-

*From tears to cheers
You came to Ames
Worked hard and
succeeded
Graduation hasn't
changed you*



Stephanie Chang



We're so proud of you!

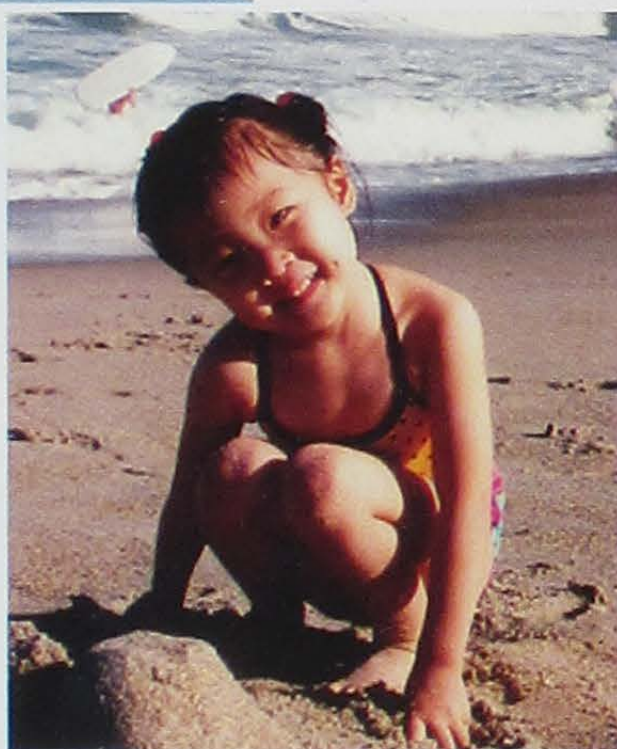
*With all our love,
Mom Dad
and Melanie*

Jenny Q. Shen

*Years ago, you were our
sweet baby...*

*Years in the future, you are
our rising star!*

We are so proud of you!



*No matter where you go,
you go with our love.*

Congratulations, Jenny!

*Love,
Mom & Dad*



Rob Acker



**Rob's formula for fun:
Always add water**

Congratulations and keep on kicking!

Love Peter, Katherine, Jane and David

Jill Kaspar



Your enthusiastic appreciation of the little things in life has always made you a joy to be around.

We love you,
Dad, Mom & Anna

Cade Cartwright



*"Times change, and we change with them."
"But our love is here to stay." Love, Mom & Dad*

Emily Bird



"Sooner or later we all discover that the important moments in life are not the advertised ones, not the birthdays, the graduations, the weddings, nor the great goals achieved. The real milestones are less prepossessing. They come to the door of memory unannounced, stray dogs that amble in, sniff around a bit and simply never leave. Our lives are measured by these."

— Susan B. Anthony (1820-1906) American Reformer

Continue to work towards our goals, but take time to let the stray dogs in.

Love,

Mom, Dad, Sam & Leo

Ashley Hamilton



If you can imagine it, you can achieve it; if you can dream it, you can become it.

We are so proud of you!
Follow your dreams and find happiness...

We'll love you always!
Mom, Tom, Amy and Joshua



Rachel Marie Nesbitt



*Proverbs 31:30 says,
"Charm is
deceptive, and beauty is
fleeting; but a woman
who fears the Lord is to be
praised."*

*Thank you for being
beautiful inside and out.
We could not be more
proud of you.*

*We love you,
Dad & Mom*



Libby Utesch

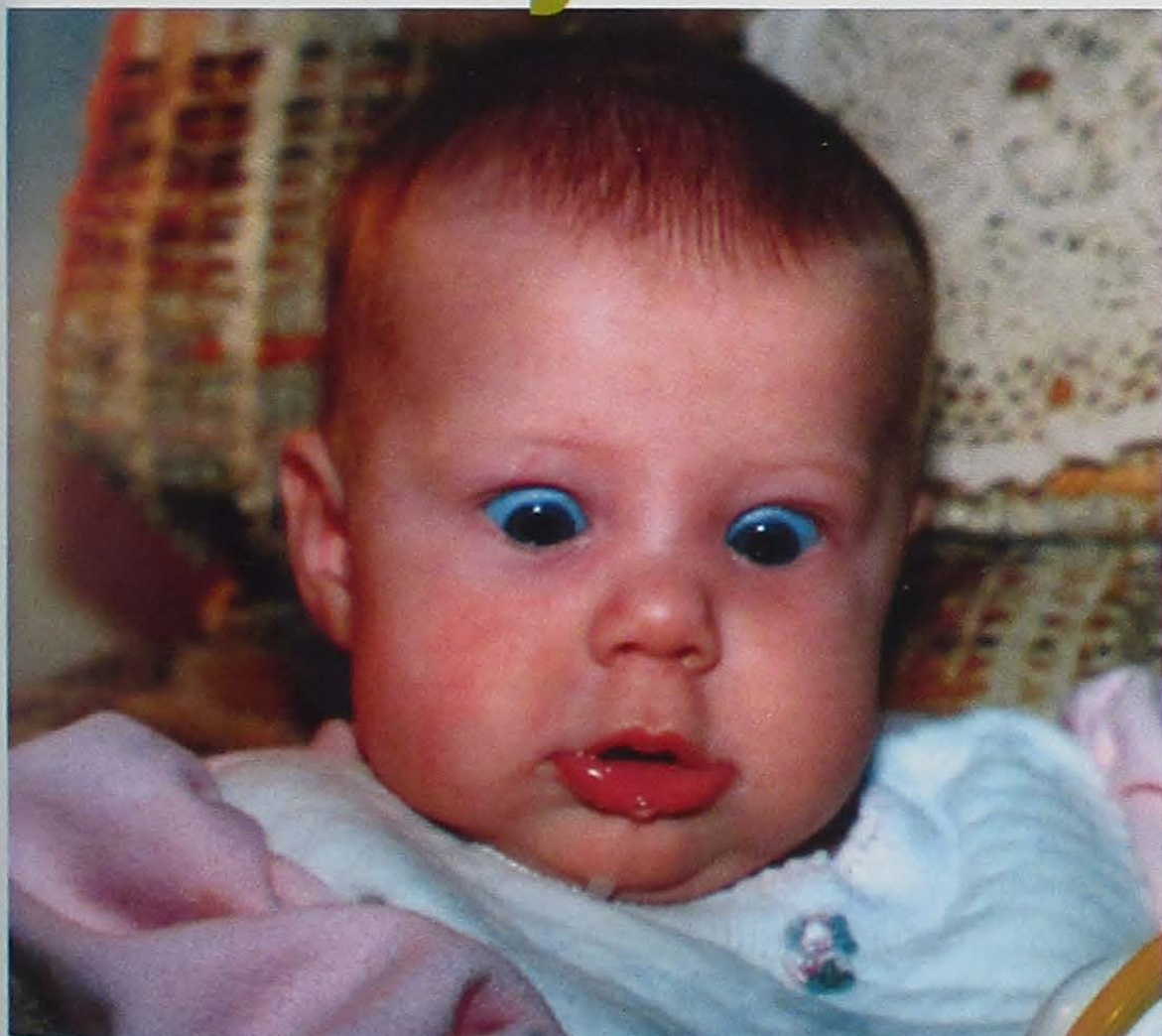


*Thank you for always sharing your love and
life with us.*

We are so proud of you, Libby!

*All our love,
Mom, Dad, Ben & Caleb*

Whitney Mastin



Dear Whitney,

**"I hope you never lose that
sense of wonder..."**

**All our love,
Mom, Dad & Bethany**

Megan Kerns

Megan,

*You always did set your
goals high and worked
hard to attain them.
Success was not always
easy.*



*We are so proud of
the wonderful person
you have become. You
care about others and
always try to do the
right thing.*

*We love you!
Mom, Dad & Ashley*

Niki Reynolds

*From
Little
Moments*



*To
Big
Ones...*

You keep us Young!

*We love you
Forever*

Mom and Dad



**You have been
and continue
to be a joy in
our lives.**



Ben Barclay

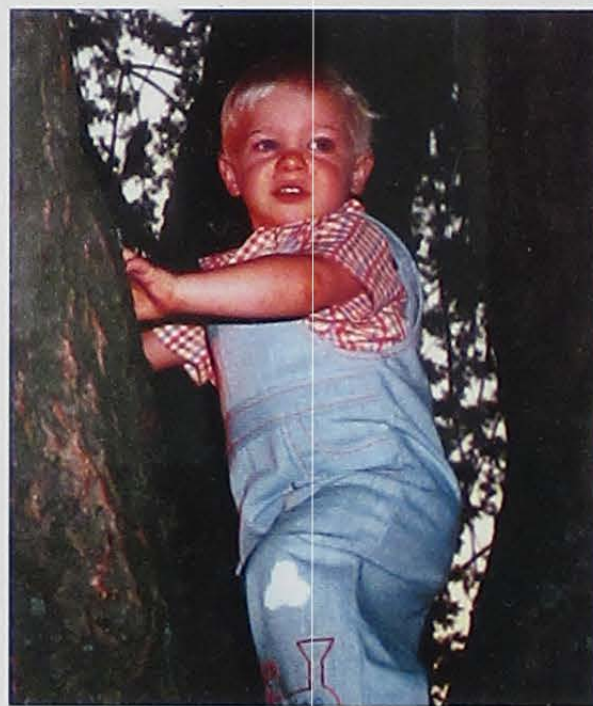


**Let your goals lead
the way
to your dreams.**

Daniel John Voss

**You have made
us proud!**

**Congratulations
on your
accomplishments!**



**You are forever
in our hearts and
prayers.**

**With all our love
and admiration.**

**Love,
Mom, Dad, & Becca**



Garrett Russell

There has never been a day when
we have not been proud of you...

Keep that wonderful smile and
your sights set on the stars!!

All our love,
Mom, Dad, and Elliott



**Friendship
Ads**

**A friend is someone who
knows all about you
and loves you anyway.**

Kelsey Dunshee

Congratulations!

*We are so proud of the young woman you have become.
Our love and support will always be here for you.*

*We love you,
Mom, Dad, Jake & Kate*



*Marissa Banks
and Jenny Tillo*

*A teammate for
a year...
A friend for a
lifetime.*



*We met in High School and,
through many adventures
and struggles, became close
friends, our lives linked in
many ways (hehe).*

*As we enter
college, our friendship is
sure to only grow as we go
off together on a new
adventure.*

*Krystal & Erin
"Sistacreme" & "Arrin"*



*Yesterday brought the beginning,
tomorrow brings the end,
and somewhere in the middle we've
become
best friends.*

Friends for Always!

Sarah, Chasity, and Sarah



*CONGRATULATIONS,
MADRIGAL SENIORS!*

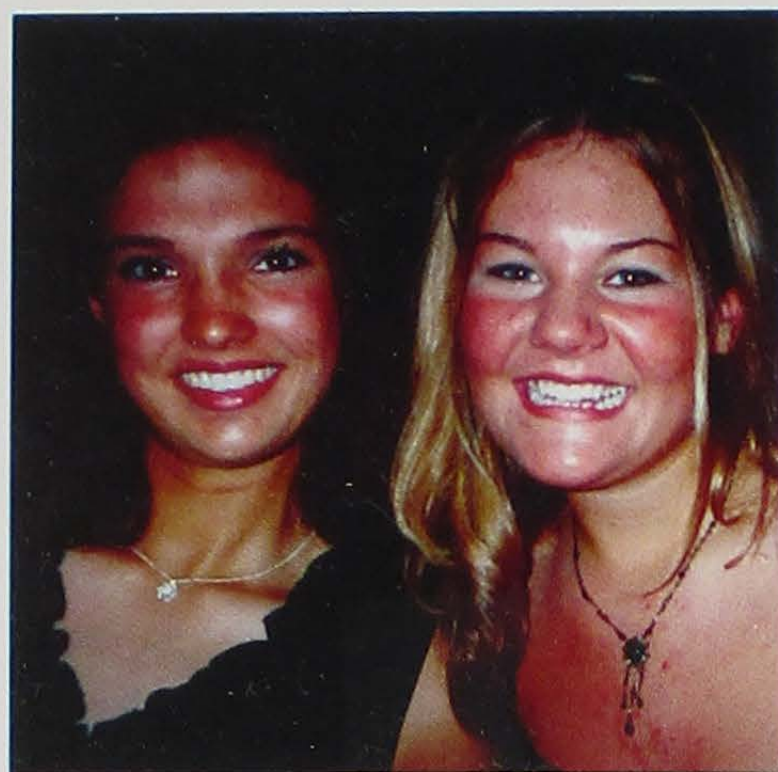


M
E
L
A
N
I
E
W
A
N
Z
E
K



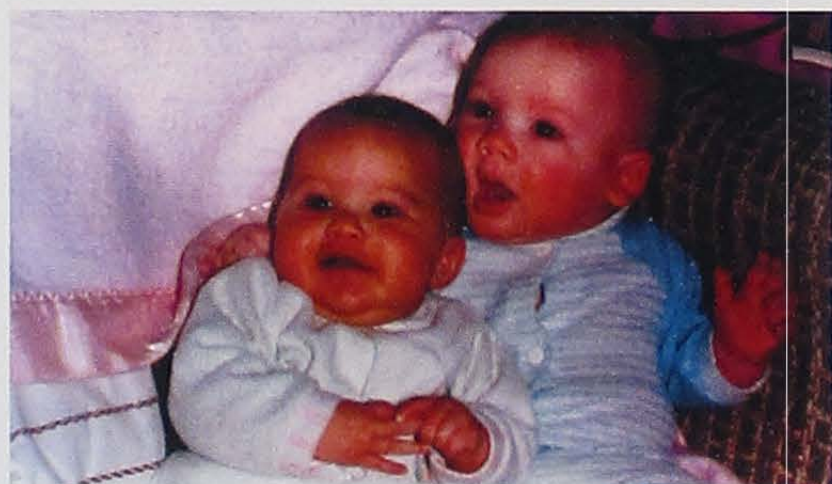
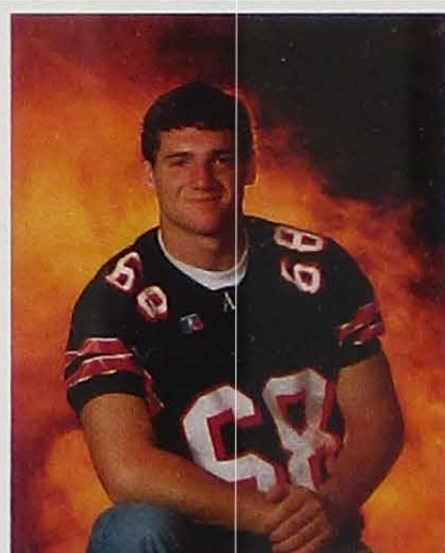
Remember that we will always love you.

Love Your Family



Maya Lipert
and Jenny
Tillo

Through the
good times
(the park)...
and the bad
(birdhouses)...
you were there
for me!



Jane and Lucas

"Friends are family you choose for yourself."

~ Author Unknown

We hope that you always have each other to rely on
no matter what different paths your futures may
lead you.

Love,
Your Moms

Sam

Jill

Ricki

Kelly



"The value of having kids is that
they are a constant reminder not
to take life too seriously."
You made me laugh then and you
make me laugh now.

Love you all!
Mom



A good friend will bail you out
of jail, but a best friend will
be sitting next to you saying
"Damn that was fun!"

Friends Forever

*Alyssa, Chasity, Lindsay &
Sarah*

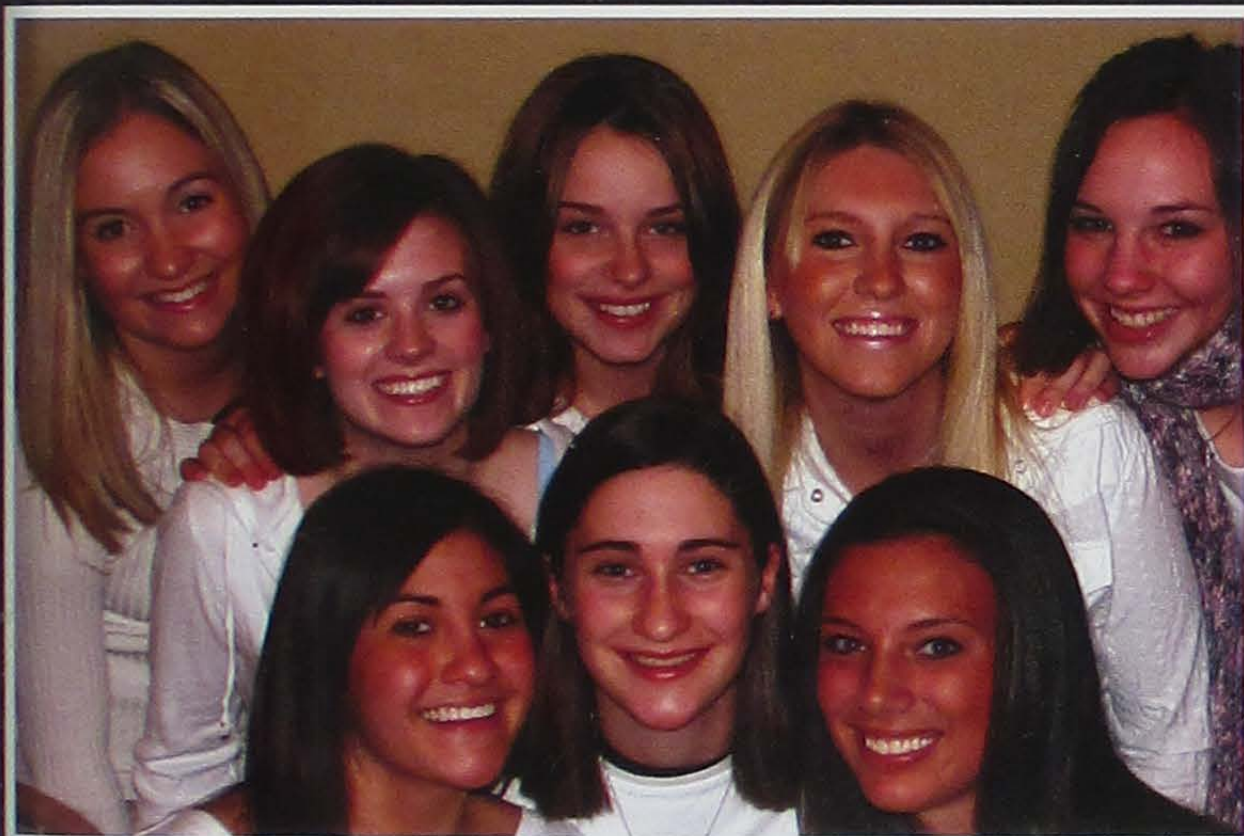
Crawford Ladies



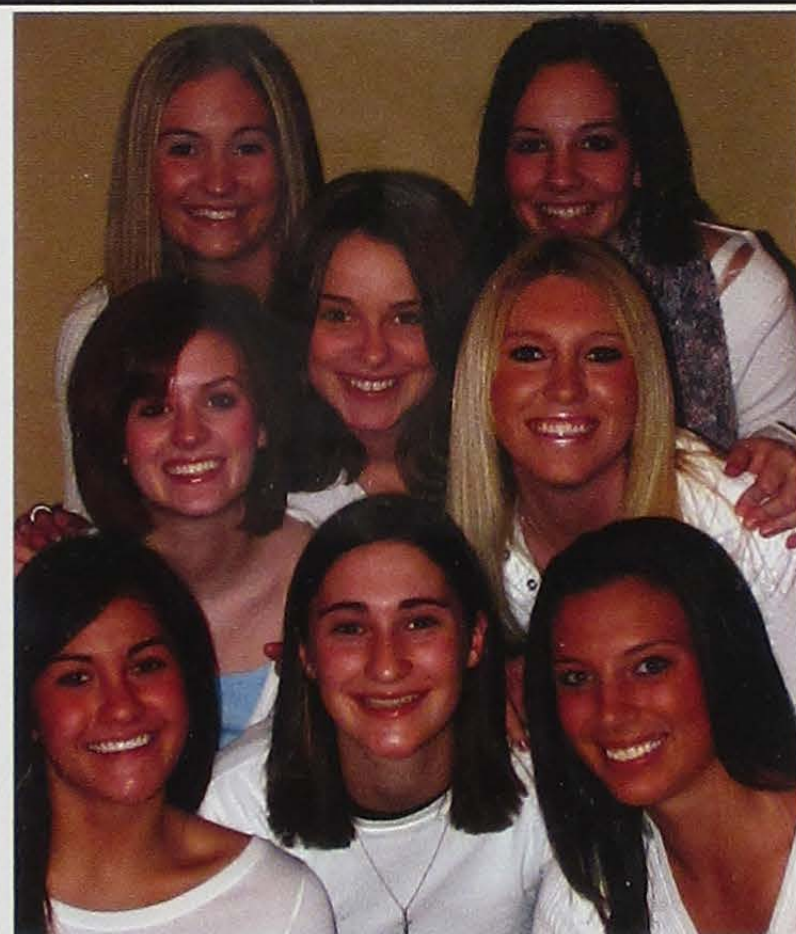
**Crawfies
Forever!**



Katie Norris, Mandy Pirog, Sarah Eggert, Melanie Wanzek, Iman Mahgoub, Kate Gleason, Sami Villwock, Laura Logsdon, Ricki Baker



"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus."
Philippians 1:3-6



Melanie Wanzek, Jennie Bean, Samantha Lewis, Julie Larson, Miranda Eness, Jane Vu, Sarah Eggert, Rachel Nesbitt

Friends for Eternity

Drill Team Seniors



Dance like no one is watching
Sing like no one is
listening
Love like you have
never been hurt
and live like its heaven on
Earth.
~Mark Twain

We love you all!
Your parents



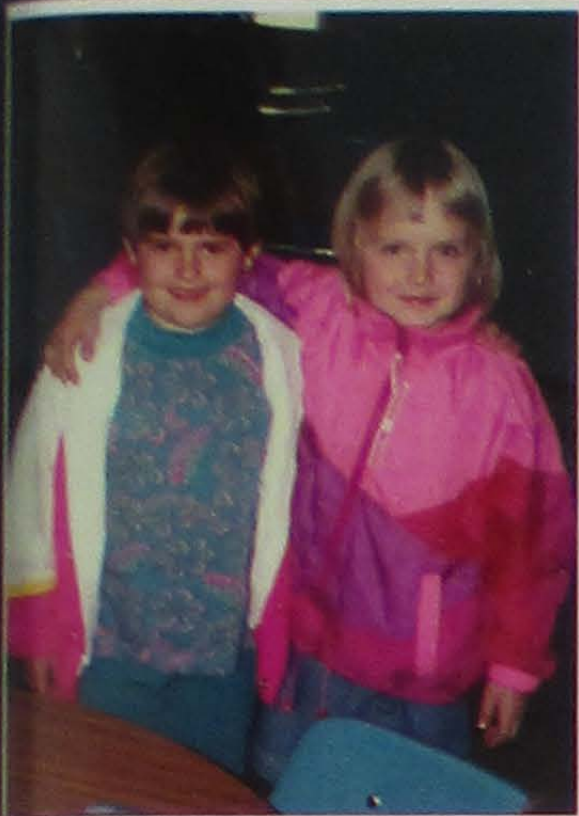
Beth Clarke
Studio of Dance

118 High Avenue • Ames, IA 50010 • 515-232-8908

CONGRATULATIONS,
SENIOR DANCERS.
THANK YOU FOR SHARING WITH
ME YOUR LOVE OF DANCE!



(Left to Right)
Sydney Larsen, Emily Smith,
Kristin Franklin, Kathy For-
maker, Rachel Gallagher,
Jenny Tillo, Chasity Taylor,
Mindy Twetten, Sarah Spen-
cer, Susan Fratzke, Kelsey
Bruce, Maria Moore



*From the first day of
kindergarten to the last
day of senior year...*

*...we've been friends
through thick and thin
and
things will never change.*

**FRIENDS
FOREVER**

*Alyssa &
Lindsay*



Arthur and Krystal:
Last day of school
8th grade.
We've come so far.
Congratulations!
I love you so much.



**No matter
where I go,
or what I do,
I know I'll always have
a friend
in you.**

**Emily & Whitney
Friends Forever**

Melanie and Libby



School's out
Memories Past
Don't ever doubt
Our Friendship will
last

Friends and Sisters
Forever

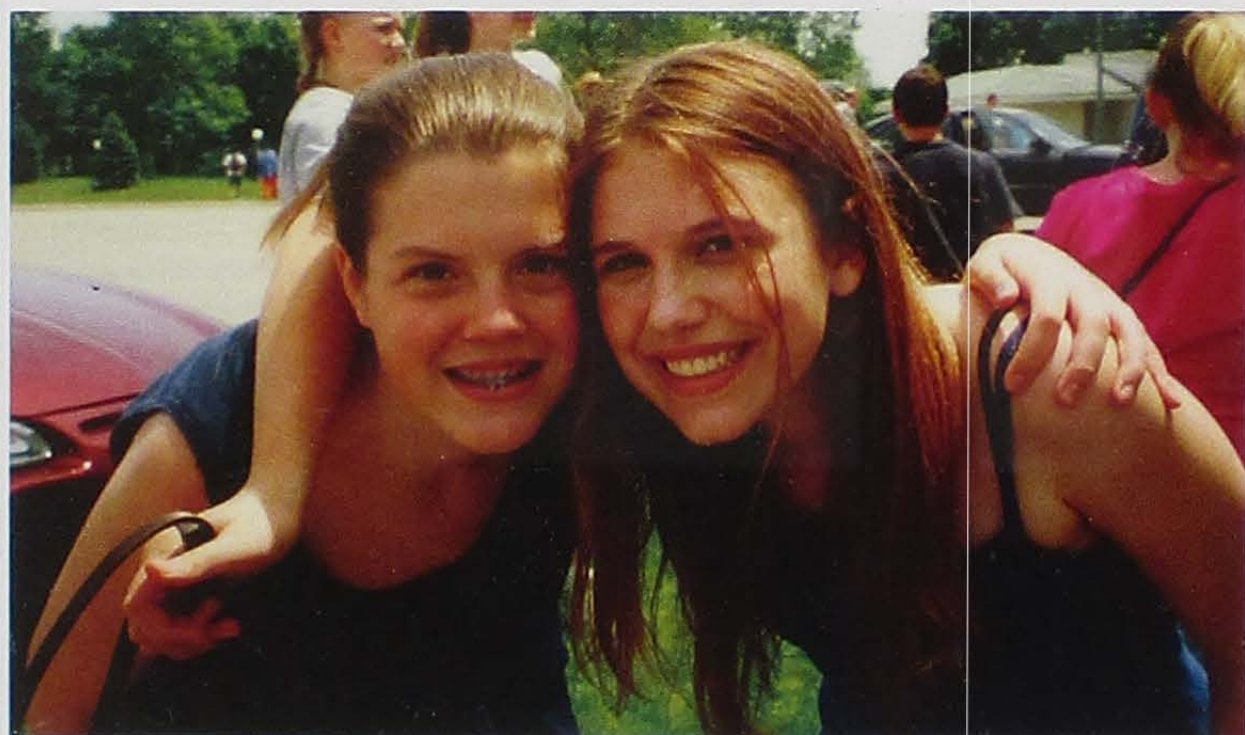


Years will pass and times will
change, but one thing will remain
the same: we'll always be friends.



Sarah, Christi and Amanda
aka
Faso, Vonnie and Svetlana

Heather and Sarah



*Sorry boys, she's my girlfriend! Trying to split us apart? That's so resuscitate.
Thanks for laughing, listening and learning with me. Thanks for co-founding the L of
A club. Thanks for helping me track the antics of the Mad Pencil. Never forget the
Julia marathons and the saga of Justin and Ditzzy Girl. No matter where we go and
what we do with our lives, you will always have the other part of our brain and a place
in my heart. Whatata, baby.*

I L-O-V-E YOU



"Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!...Though one may be overpowered, two can defend themselves."

Ecclesiastes 4:9-12

Miranda and Rachel



"Let your adornment be the hidden person of the heart with the imperishable quality of a gentle and quiet spirit, which is precious in the sight of God."
1 Peter 3:4

We love you both and are so proud of the beautiful, godly young women you have become.

*Mom, Dad, Sarah
& Becca*

*Mom, Dad, Tim, Derek
& Nattie*



Like what you see?

*YOU, the class of 2006,
can have your own
baby or friendship ad
next year.*

Watch for more information



Batman and Sayers
Abstract Company
205 Clark Avenue
Ames, IA 50010

Congratulations, Seniors!



COE'S
FLORAL AND GIFTS

"A Fresh Experience"

292-5432

Serving Ames Since 1932

2619 Northridge Parkway - Ames
Located in Somerset

www.coesflowers.com



JET PRINT

301 MAIN ST.

AMES, IA 50010

515-232-0520

FAX: 515-232-0521

*Your headquarters
for Full Color
Graduation
Announcements /
Open House
Invitations.*

*Proudly serving Ames
and the surrounding area
since 1977.*

KB Cleaning Services
319 Sondrol Avenue
Ames, IA 50010
515-232-1309

**Archie's Shoe Repair and
Shoe Sales**

107 Welch Avenue

Ames, IA 50014

515-292-8535

"Your Shoe Store"



ScreenPrinting
& Embroidery

108 Hayward, Suite 201
Ames, Iowa 50014

Phone: 515-296-4651 • Mobile: 515-290-4195 • Fax: 515-296-4654

*Live life to the fullest measure.
Make the most of every opportunity,
and discover all the wonders life has to offer.
Listen to your heart and cherish time spent with
family and friends.
Life is a precious gift.*

BIRTHRIGHT
of Ames, Inc.

HyVee®

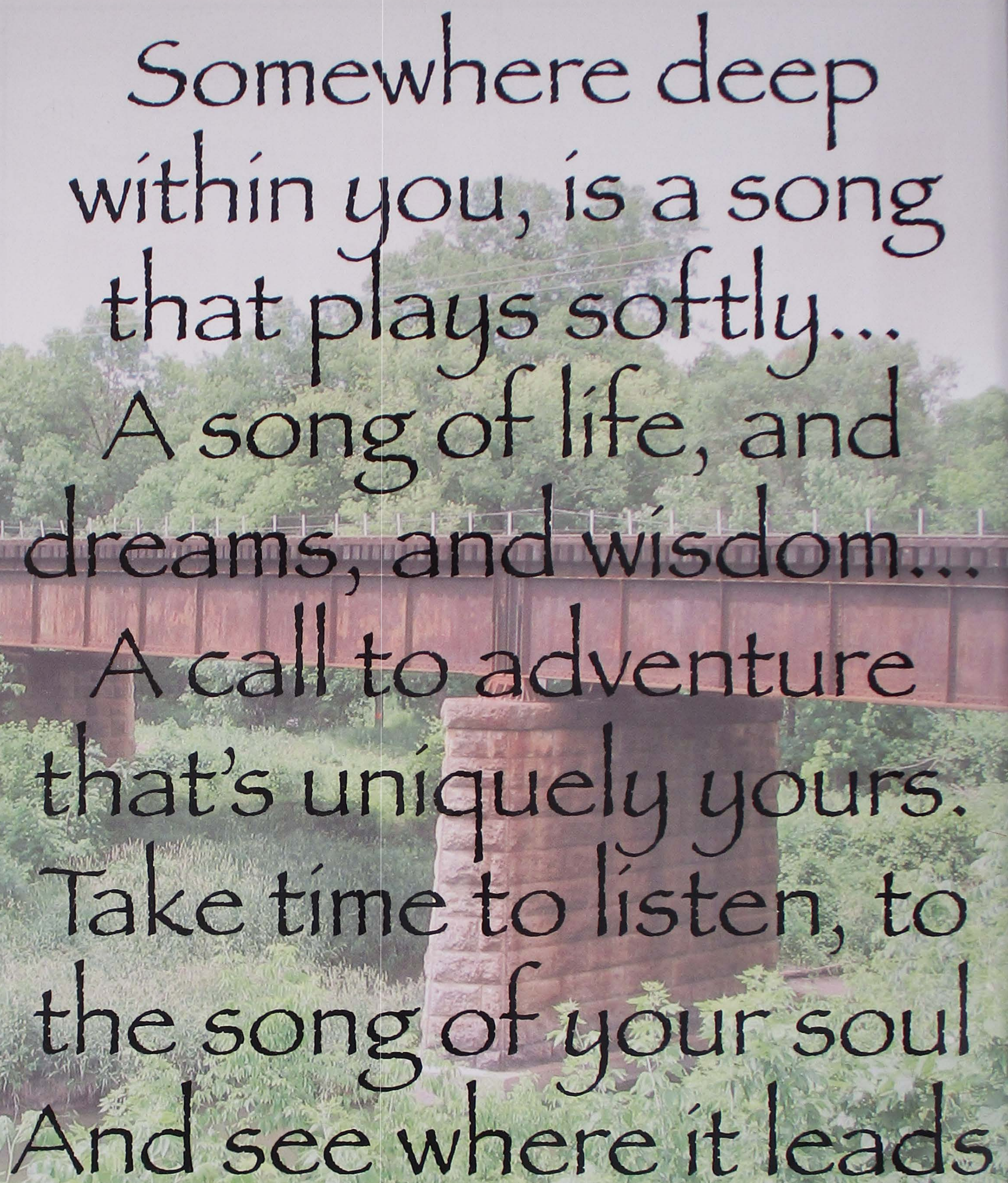
EMPLOYEE OWNED

3800 West Lincoln Way
Ames, Iowa 50014
(515) 292-5543

640 Lincoln Way
Ames, Iowa 50010
(515) 232-1961

Where there's a helpful smile in every aisle





Somewhere deep
within you, is a song
that plays softly...
A song of life, and
dreams, and wisdom...
A call to adventure
that's uniquely yours.
Take time to listen, to
the song of your soul
And see where it leads

Wandling Engineering, P.C.



Mary Kay's

FLOWERS AND GIFTS INC.

3134 Northwood Dr.
Ames, Iowa 50010
(515) 232-3993

HUNZIKER

PROPERTY MANAGEMENT

Where good neighbors make great friends

105 South 16th Street
Ames, IA 50010
(515) 233-4450

Thomas M.

STARK

D.D.S., M.S.D.

ORTHODONTIC SPECIALIST

Thomas M. Stark D.D.S., M.S.D
Diplomate, American Board of Orthodontics

1212 Duff Avenue
Ames, Iowa 50010
(515) 232-2255
(888) 402-2255

DrugTown.
EMPLOYEE OWNED

500 Main St 1215 Duff Ave.
515-233-9855 515-232-7315



292-2222

3712 Lincoln Way Ames, IA
Open 11am-3am Sunday through
Thursday

Open 11am-4am Friday and Saturday

MENU:

Giant Desserts:

Rice Crisies | Triple Chocolate Brownie | Cookie
\$1.50

Main Course:

Custom Made Burrito | 2 Tacos | Salad
\$4.75
\$5.25 (delivery)

Drinks:

Fountain Drink (Coke Products) \$1.25
Bottled Drink \$1.75
Bottled Water \$1.00

Side Dishes:

Jarritos Mexican Soda (Strawberry, Orange) \$1.75
Chips and Salsa \$1.50
Chilli (dressed up anyway you want) \$3.00

The SPIRIT Staff
greatly thanks local
and area businesses for
their continued support
of Ames High publica-
tions.

If you wish to continue to enjoy great Ames High publications, please be sure to renew your subscription as this is your last issue. The spring issue is filled with breathtaking pictures and astonishing stories, with special features including spring sports, Prom, and the colorful lives of Ames High students. Don't miss the pictures of the Post-Prom extravaganzas or the stories from Spring Break.

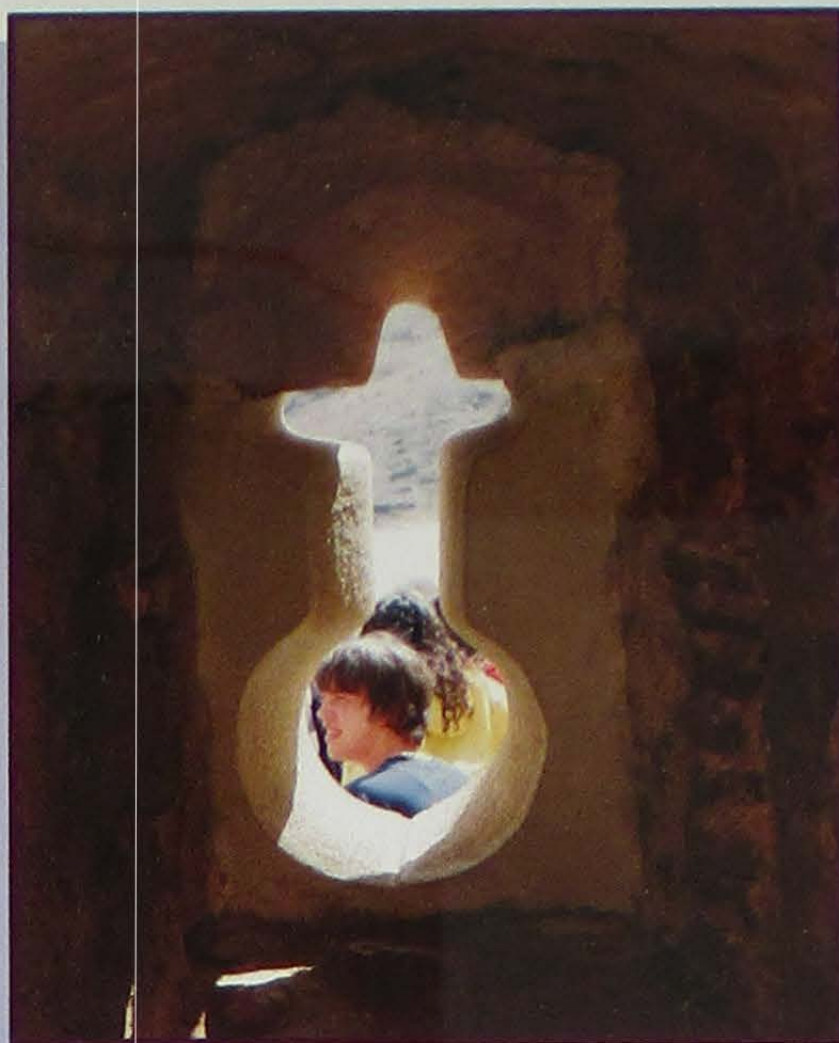


**WARNING: THIS IS YOUR LAST
ISSUE! PLEASE RENEW NOW!**



Sun Bathing - Attempting to remove her shinguard tan from soccer, senior **Leah Ritz** takes advantage of some courtyard sun. Ames High students laziness increased as the cold weather decreased. (Photo by Brighton Prueger)

The Key To A Good Time - Being watched by Spanish spies (aka senior **Alexa Warwick**), senior **Matt Erickson** goes on with his normal routine in Spain. The students were in Spain over Spring Break with the Spanish Department. (Photo by Alexa Warwick)



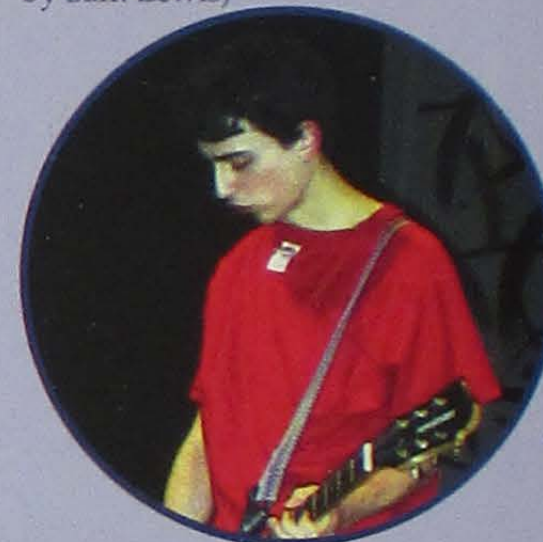
Etch and Sketch - Scratching out intricate design, the students finish their molds for the iron pour. The Ames High art department joined hands with the ISU art department for the iron pour festival. Students created foam and iron was poured on it to create a cast image. (Photo by Sam Lewis)



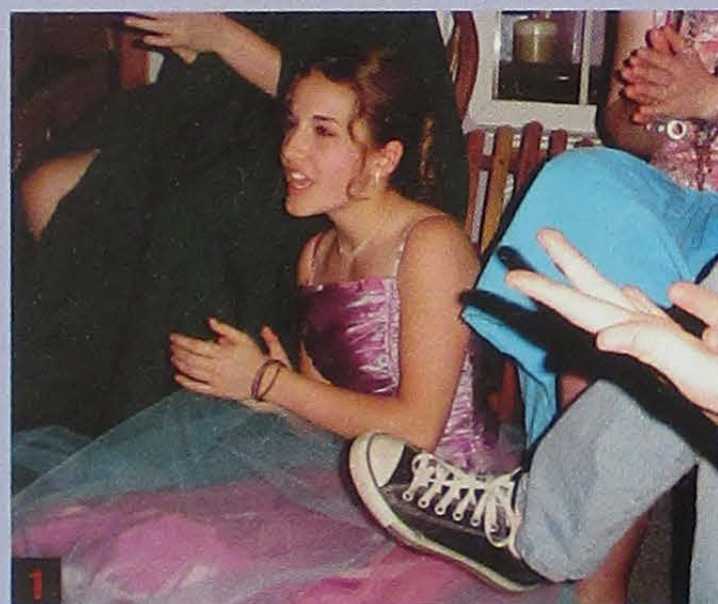
Blushing - Applying the finishing touches to model sophomore **Kaylon Borich**, junior **Aaron Langlois** works his makeup magic. (Photo by Brighton Prueger)



Castle In The Clouds - These five chicas enjoy the scenery in Spain as part of the the Spanish trip during break. (Photo by Alexa Warwick)



Guitarman - Strumming away his frustrations with the world at the Battle of the Bands, senior **Nathan Sacks** finishes his guitar solo. (Photo by Britta Mennecke)



1. Birthday Bash - Celebrating sophomore **Alicia Wengert's** 16th birthday with style, sophomore **Joey Dobson** gives her a formal welcome. (Photo by Brighton Prueger)

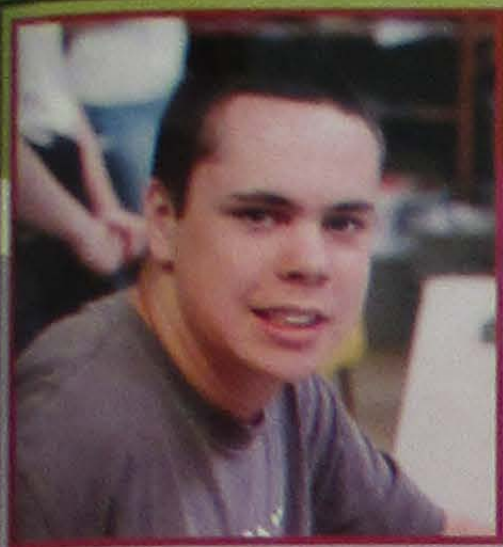


2. The Men in the Rocking Masks - Showcasing their musical genius, Espada Rosada members, seniors **Cade Cartwright**, **Colin Kramer**, and **Tim Hart**, rock their socks off. (Photo by Brighton Prueger)

3. Hair of Many Colors - Expressing their artistic side through hair painting, these "artists" experiment on sophomore **Roman Bell** hair. (Photo by Elizabeth Cohea)

4. Controlling the Catwalk - Strutting her stuff in a custom-designed gown, senior **Anna Kurkalova** models her fashion talent at the A'la Mode Fashion Show. (Photo by Brighton Prueger)





Freshman Paul Duden
"In my pocket."



Sophomore Christopher Parsons
"At Connor Shoenrock's house."



Junior Lara Curtis
"At the end of a rainbow... with the pot of gold!"



Senior A.J. Johnson
"Just try locker 3056, combination 8-14-8. I heard that is where those little rascals like to hide!"

Survey Question

Where is the best place to find a leprochaun?

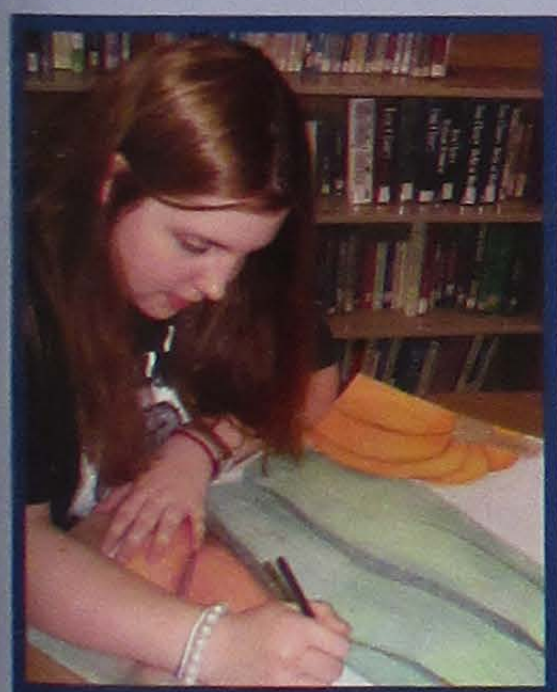
Survey

Survey



Having a "Pleasant" Time - Practicing his frisbee skills, sophomore **Jacob Pleasants** sets his disc flying. Once the harsh winter left the school grounds, students were able to use their free periods to enjoy the outdoor atmosphere once again. (Photo by Brighton Prueger)

Pole Dancing - Celebrating the coming of May, Modern Dance students seniors **Clara Weber** and **Charles Shields** twist through the intricate May pole routine. The traditional May pole dance was a favorite of Modern Dance teacher Mrs. Kautsky. The dance was performed by weaving long ribbons around a large pole to decorate it for Spring. (Photo by Elizabeth Cohea)



Veggie Tales - Capturing the beauty of vegetables in a still life drawing, senior **Jianna Dakin** puts on the finishing touches. (Photo by Alexa Warwick)



Strike a Pose - Finishing the fashion show with a final bow, seniors **Jill Kaspar**, **Erin Todey**, and **Jessica Zuerner** smile for the flashing cameras. (Photo by Brighton Prueger)

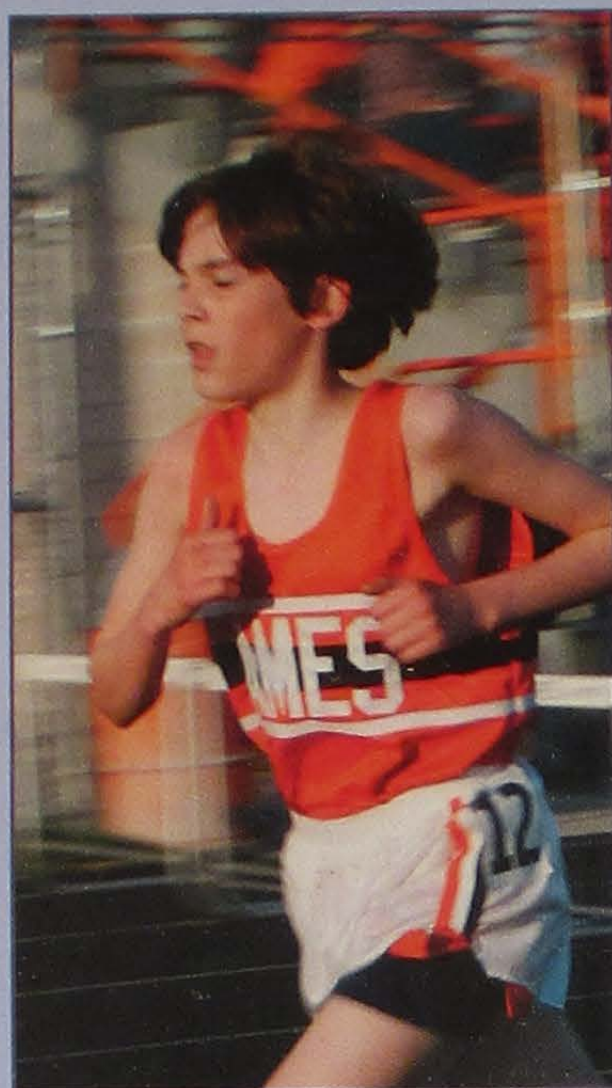
Rockin' Party - Performing an original hit for sophomore **Alicia Wengert's** birthday party, sophomore **Ethan Forsgren** entertains the eager crowd. Normally birthdays were celebrated with a few close friends; however, this special girl received a full concert. (Photo by Elizabeth Cohea)



March

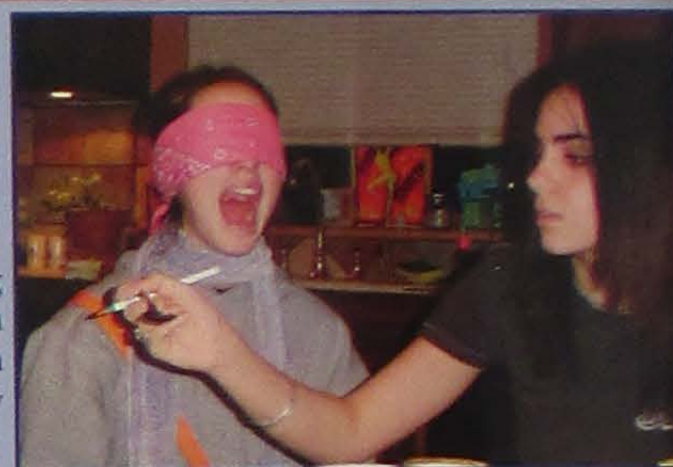
The Great Outdoors...Sort of- Camping out in the Ames High parking lot, junior **Bob Schliesman**, and seniors **Cliff Corley** and **Nate Prindle** enjoy the great outdoors during their free period. While most upperclassmen spent this time socializing in the cafeteria or the halls, these three handymen enjoyed pitching a tent and relaxing. (Photo by Ben Barclay)

Breathe In, Breathe Out - Pacing himself in the 3200 meter run, sophomore **Joe Wheelock** competes at home. Wheelock's also raced the 1600 meter run and the 800 meter run. (Photo by Libby Utesch)



Help! - Moving the hurdles off the track, juniors **Daniel Schuldies** and **Nick Litwiller** help prepare the track for the next event. (Photo by Libby Utesch)

Can You Taste This? - Running tests on sophomore **Brighton Prueger**, sophomore **Lily Dobson** completes yet another Biology lab. (Photo by Elizabeth Cohea)



Hit 'em Up Style - Primping for the Ames High fashion show, sophomores **Sarah Jackson**, **Elizabeth Cohea**, and **Lily Dobson** glam up to strut their stuff for the audience. This year's fashion show, headed up by **Orianna Hashemi** and **Anna Kurkalova**, was another big success. (Photo by Brighton Prueger)



Blue Steel - Giving the fashionable audience two thumbs up, senior **Nick Zdorkowski** finds a creative pose at the end of the runway. The fashion show was a good way to portray *Avant Garde's* seamstresses and creative minds and was also a fun event for models and viewers. (Photo by Britta Mennecke)



What is Next? - Enjoying their last moments together as coach and cheerleader, senior **Marit Place** and counselor **Mrs. Diblasi** smile big for the camera. (Courtesy of Alex Budd)



Spectacular Views - Leading off the runway, senior **Erin Chrusciel** strikes a pose to display her creative outfit to the audience. (Photo by Rob Acker)



Playing for the Dough: Diving for spoons in a competitive game of *Spoons*, sophomores **Dennis Quo** and **Rohan Agarwal** play for the silverware. (Photo by Elizabeth Cohea)





An Overseas Adventure

!Hola Espana!

Kick! Score! Goal! Buenos Dias! What do these words all have in common? They all relate back to the soccer tour in Spain over Spring Break 2005. Anticipated by all participants, members from the Ames High Boys Soccer Team enjoyed a classic trip to the grand European country of Spain.

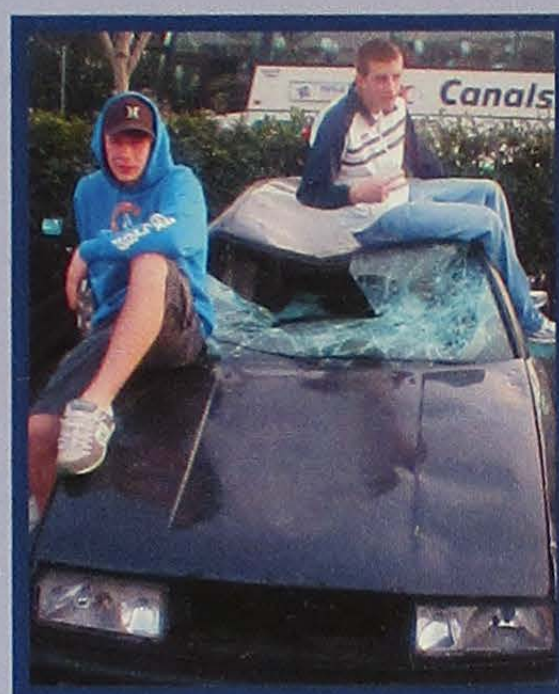
Over the course of their ten day stay, the boys went sight-seeing all around Barcelona and Madrid and

managed to schedule in a few soccer games against local clubs. Playing tough, the team managed to take one of the games from the Spanish powerhouses.

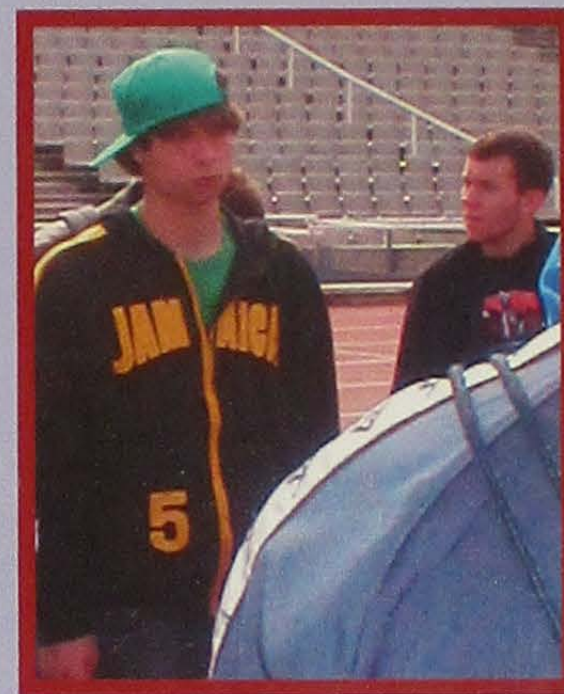
Between soccer games the team enjoyed many tours of the major cities, including cathedrals, pro soccer stadiums, and the famous park Guell.

Being able to train with the professional team, Espanyol, the boys came back with new-found rejuvenation to jump-start another successful soccer season.

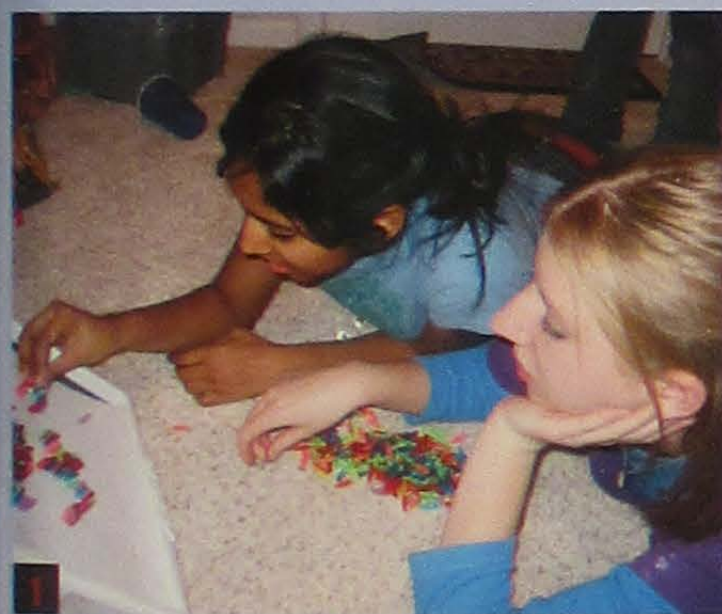
20 Members of Ames High's Soccer Team Embark on a Two Week Journey Across the Fine Countries of Europe



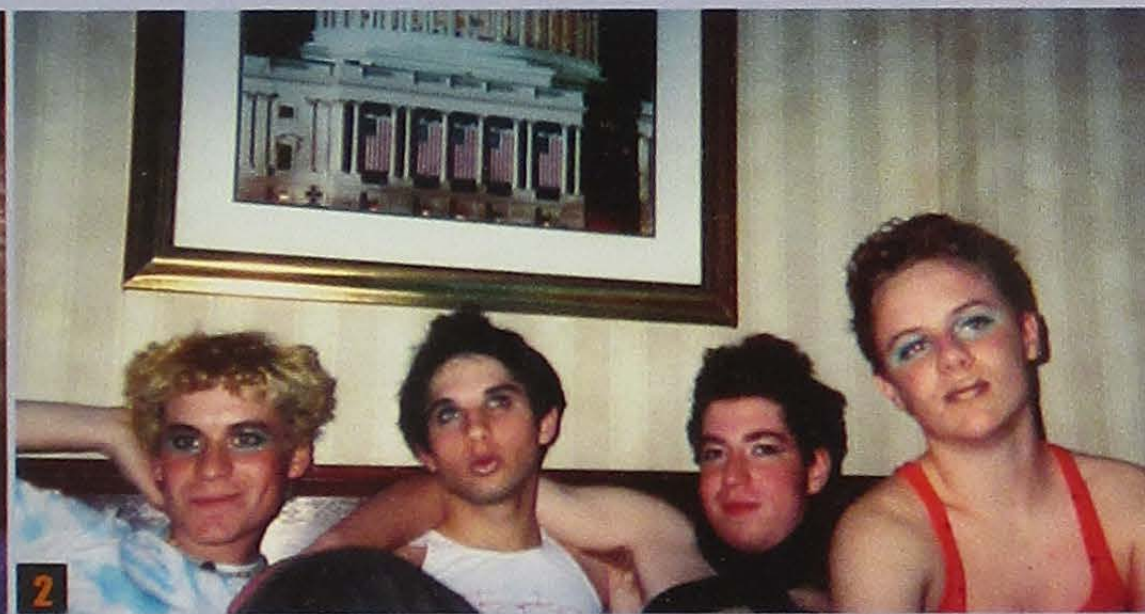
El Coche Feo- Hanging out on a broken car, senior Chad Peterson and junior Tommy Strehlow enjoy the finer aspects Spain has to offer. (Photo by John Gilarski)



Spare My Ears - Staring into space, junior Paulo Michelini attempts to ignore a numbingly boring tour guide in Barcelona on the soccer trip to Spain. (Photo by John Gilarski)



1. Bright Idea - Playing an intense game of Bright Light, sophomores Supraja Rajagopalan and Jennifer Compton show everyone how to have a good time. (Photo by Elizabeth Cohea)



2. Beauty Queens - Relaxing after the rigorous process of becoming beautiful, sophomores Joey Wendel, Yoni Ackerman, Jacob Pleasants, and Jacob Rosenberg celebrate their feminine side. (Photo courtesy of Jessie Svec)

3. Can't Touch This - Reminiscing memories of middle school, sophomore Jennifer Compton belts it out on the mike to "I Love Rock and Roll." (Photo by Elizabeth Cohea)

4. All Is Full of Love - Unveiling junior Annie Pastniak, junior Emily Drapal leaves Annie at the walkway for the fashion show. (Photo by Brighton Prueger)

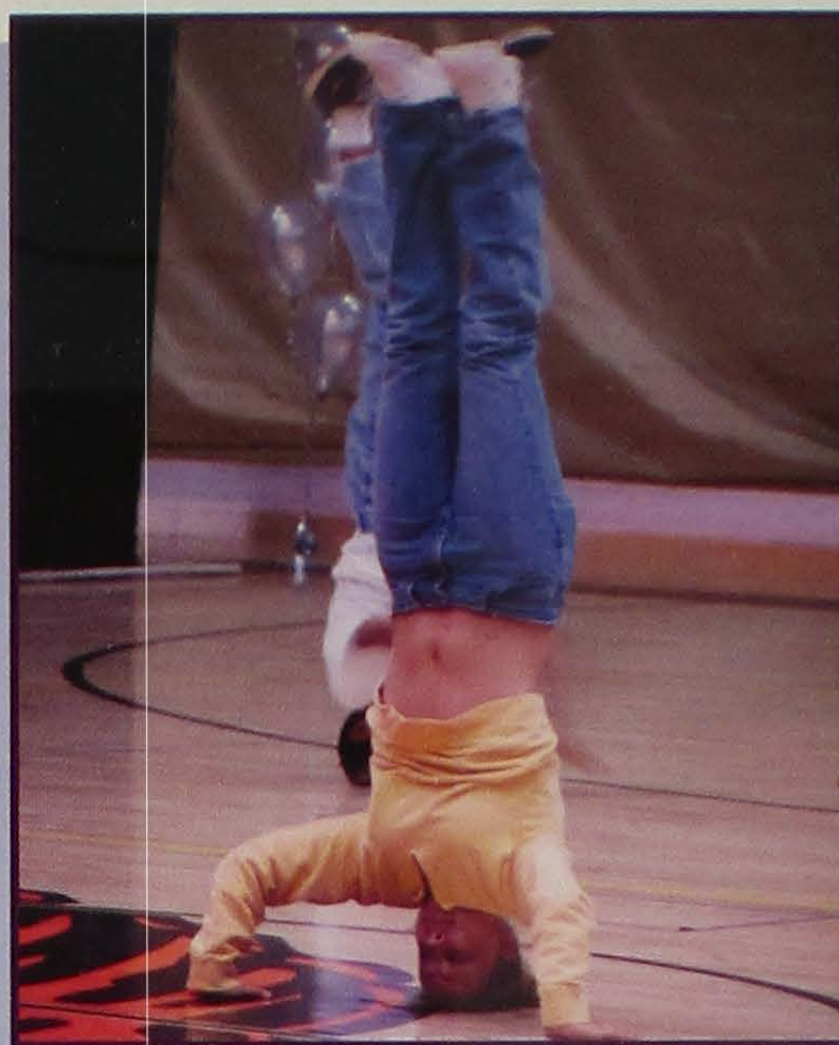
5. Bootylicious - Showing off his curves, sophomore Kyle Talbot poses for spectators. (Photo by E.Cohea)





Suprise Attack - Sneaking the ball past his opponent, senior **Ryan Adam** attempts to score. Much to the dismay of the purple-clad opposition, Adam scored the goal and sent the crowds wild with excitement. (Photo by Libby Utesch)

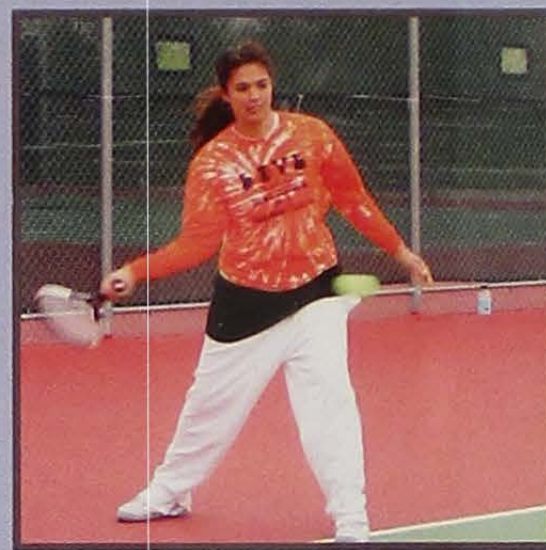
Head Rush - Holding her breath, junior **Renee Nesbitt** takes part in a handstand contest at the annual Drill Team spring show. Nesbitt placed third, not quite measuring up to the headstand talent of the drill teamers. (Photo by Libby Utesch)



What the flip? - Capturing a picture of their mirror image junior **Britta Mennake** takes a picture of her friends junior **Sarah Raaii**, **Lisa Grace Duvick**, **Sabrina Soh**, and others. (Photo by Britta Mennake)



Bust a Move - Dancing in the stands at a soccer game, junior **Joy Awoyni** busts out the robot, a classic dance move guaranteed to attract attention. (Photo by Rachel Nesbitt)



You got served! - Warming up for a home meet, senior **Maya Lipert** returns the ball. Lipert was one of the four returning seniors on the tennis team this year. (Photo by Elizabeth Cohea)



Tell Me I'm Beautiful - Pulling off the bonnet and blonde hair combo, sophomore **Keith Davis** leans back for a dramatic effect. (Photo by R. Nesbitt)



1. Get Me Outta Here! - Getting out of school early because of the bomb threat, freshman **Joanna Eggert** calls her mom for a ride. (Photo by Samantha Lewis)

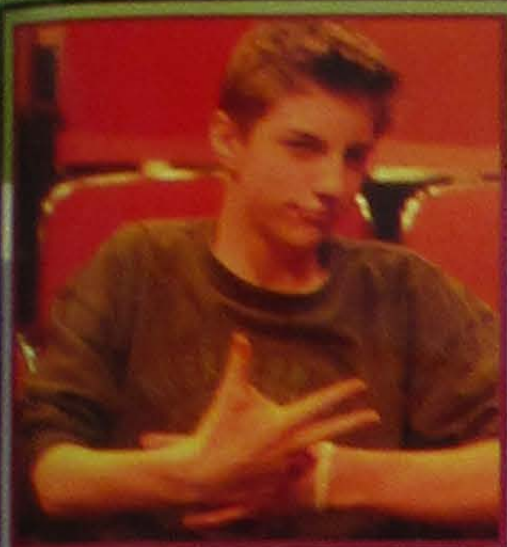


2. Tribal Thunder - Pounding away, junior **Annie Scoles**, sophomores **Lauren Dixon** and **Katie Linduska**, and freshmen **Paige Olson** and **Mallory Sorenson** perform one of their novelty dances. (Photo by R. Nesbitt)

3. Sing me Anything - Hypnotized, senior **Libby Cue** pretends to be Madonna. Cue, it seems, has a future gracing audiences with her fantastic talent. (Photo by Britta Mennake)

4. Ride the wave - Demonstrating some mad surfing skill, Senior **Jon Nau** participates in post-prom fun. Nau was one of the group of students that got hypnotized. (Photo by B. Mennake)





Freshman Steven Bunting

"We don't need that crap in school. Those kids need to keep it to themselves."



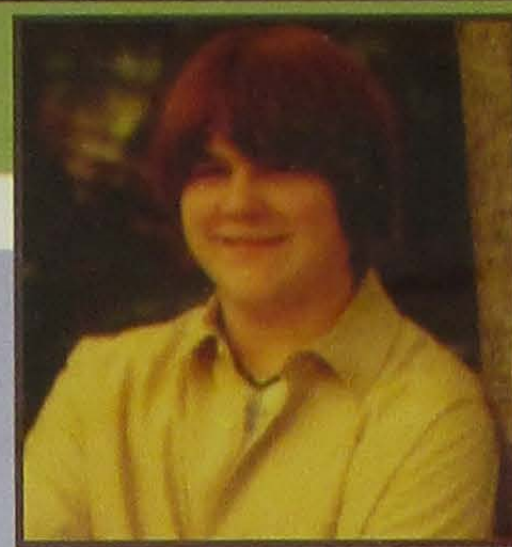
Sophomore Mashette Syrkin-Nikolau

"If I had a dollar for every time I saw something nasty in the halls I would be a MILLIONAIRE!"



Junior Beth Hensen

"I really don't appreciate going to my locker and seeing two people eating each others faces right in front of it."



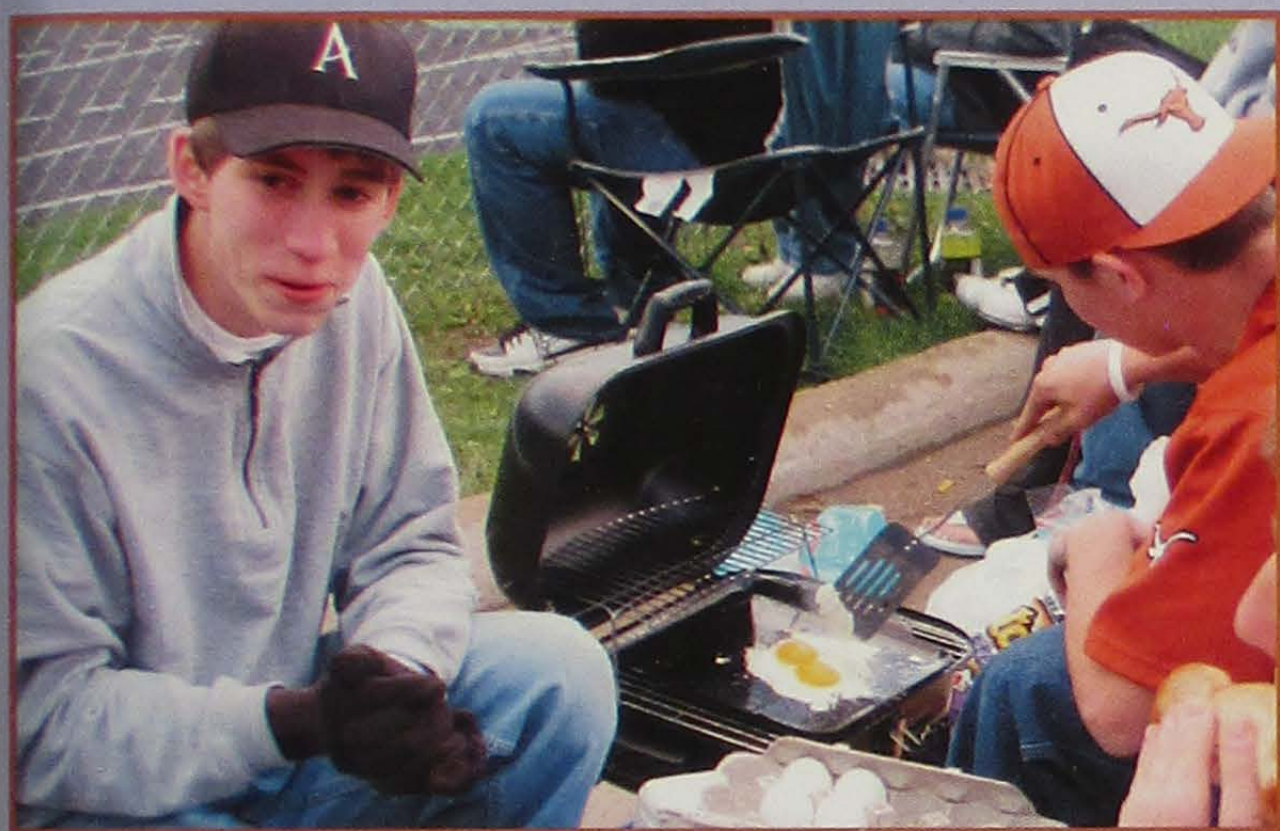
Senior Zac Swan

"I'd rather throw up than see PDA in the hallways."

How do you feel about the inappropriate displays of affection in the hallway?

Survey

Survey



Sunny Side Up - Tailgating for a soccer game, juniors **Andy Feller** and **Chris Voss** fry eggs on a mini frying pan. Hardcore tailgaters gathered before the game to prepare delectable treats to enjoy while supporting their friends. "Fried eggs taste best when cooked in the heat of victory," Fellar said. Although the students agreed it was one of their most memorable tailgating experiences, they do not expect it to catch on. (Photo by Libby Utesch)

Spirit in the Stands - Flailing their arms in the air, seniors **Miranda Eness**, **Abby Gaul**, **Jane Vu**, **Laura Logsdon**, **Natalie Sengbusch**, and **Allison Vigoya** dance to the music and try to break the concentration of the varsity girls during their pep talk. The fun was got a little out of hand when Logsdon feigned removing her clothing during the song "I'm Too Sexy." (Photo by Rachel Nesbitt)



Putt Putt! - Tightening his pants, senior **Jordan Bell** attempts to win a golf tournament while hypnotized. (Photo by Britte Mennecke)



Speak Up - Posing in front of large victory banner, senior **Jenny Shen** is recognized for her achievements at the state speech competition. (Photo Courtesy of Jenny Shen)

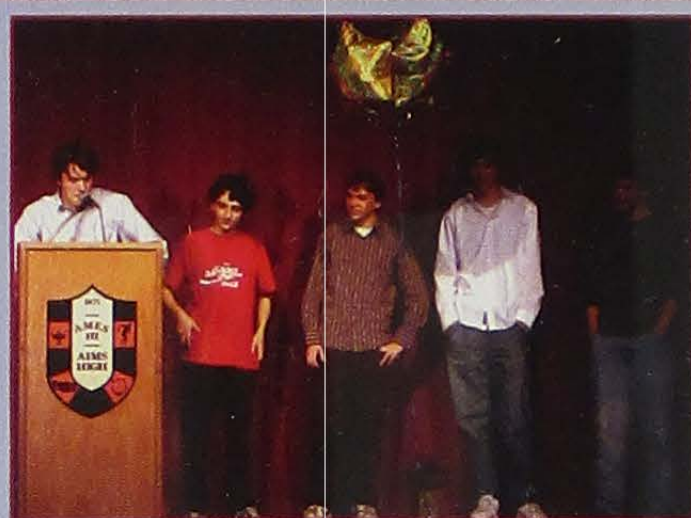
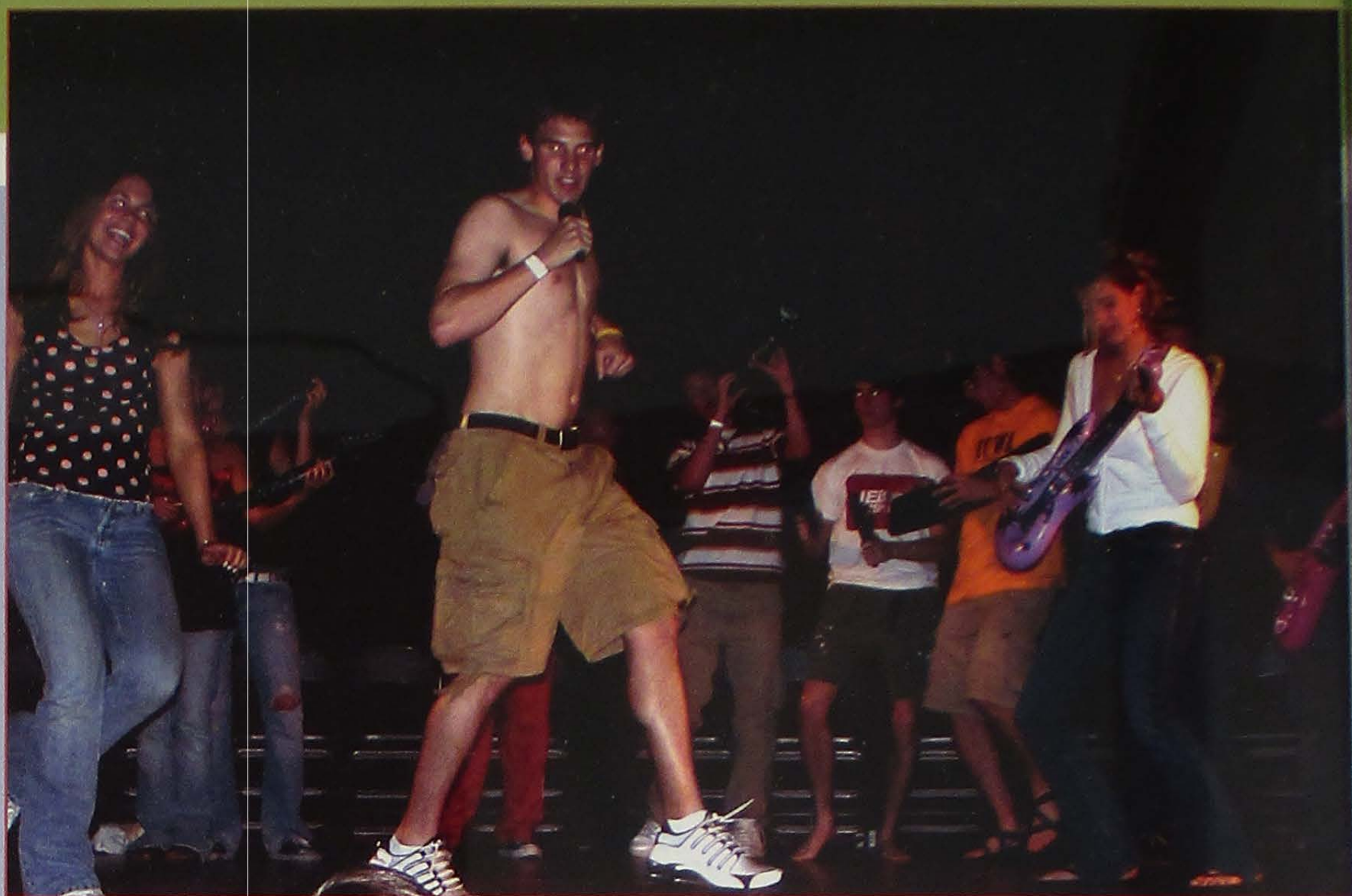
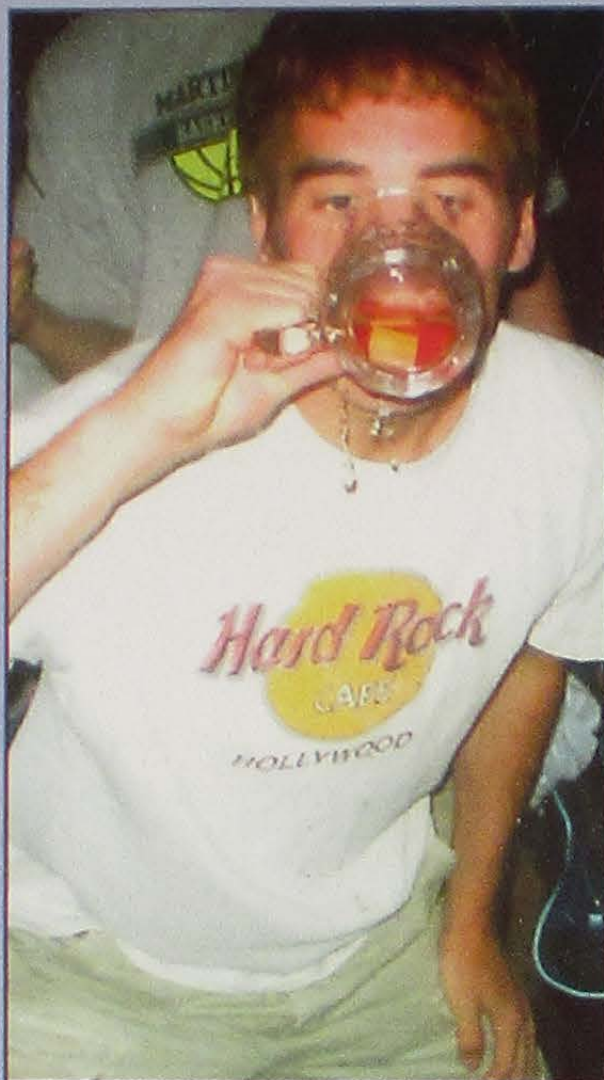
I Wanna Look Like You - Using amazing precision and skill, sophomore **Lily Dobson** applies makeup to senior **Greg Hunter** in an attempt to prove that the two look remarkably similar. Their awaiting peers were stupified and couldn't tell the two apart. (Photo by Elizabeth Cohea)



april

Ames High Idols - Under a state of verisimilitude, seniors **Jill Kaspar** and **John Gilarski** and junior **Laura Snell** perform for the student body during Post-Prom festivities. Kaspar had just come down from her mountain top experience of being soul queen **Aretha Franklin** and was backing Gilarski in his interpretation of **Jon Bon Jovi**. Many others helped the celebrities on inflatable guitars, clarinets, and a drum set constructed of sandals. (Photo by Libby Utesch)

Bottoms Up - Chugging his way to the piece of gum resting at the bottom of his cup as part of seniors **Darshana Bhattacharyya** and **Jamie Carlyle's** birthday bash, senior **Jon Nau** downs his apple cider while many friends look on in disbelief. (Photo by David Muehe)



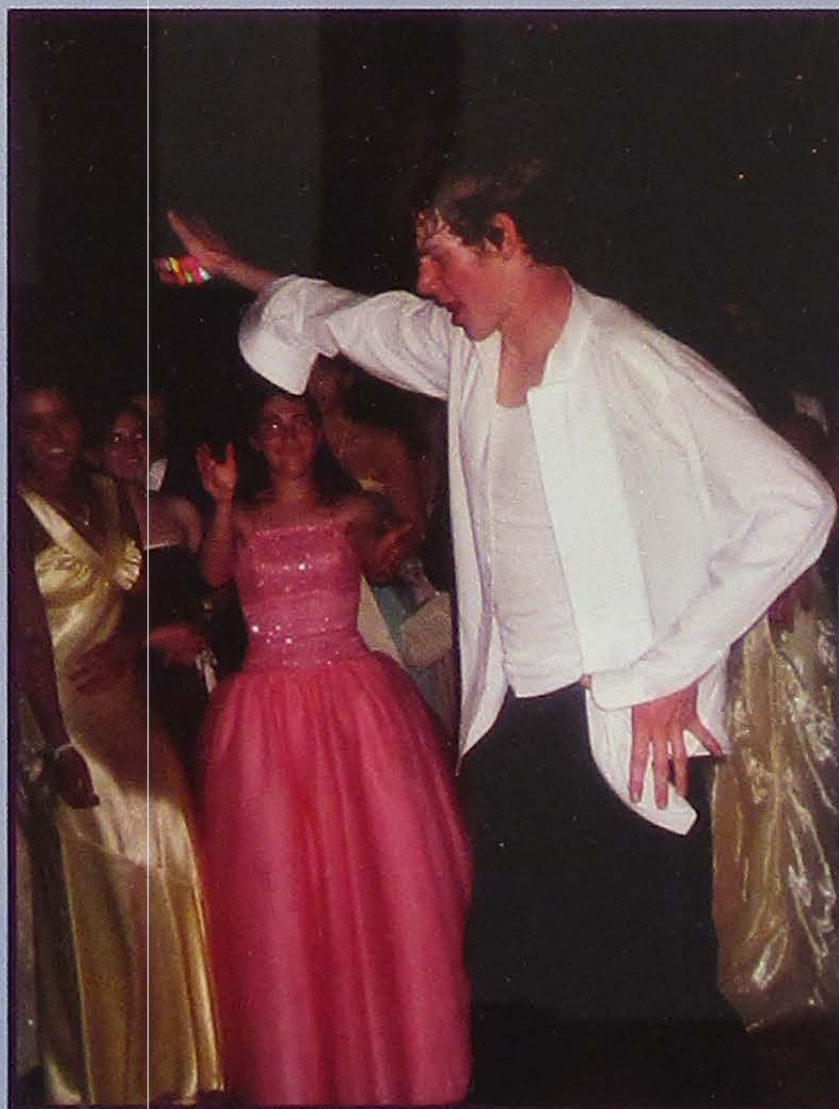
And the Award Goes to..... - Confusing the crowd with his acceptance speech, senior **Ricky Fields** participates in the Thespian Film Festival. (Photo by Britta Mennecke)

Boogie Woogie - Burning up the dance floor, juniors **Emily Jansen** and **Stephanie Enloe** bust a move at Prom. (Photo by Olivia Langenberg)



Show Me Your Moves - Breaking it down at this year's prom, juniors **Katherine Thompson** and **Betsy Dilla** show off their grooves. This group had a fun time because they found dancing very, very amusing. This year's prom was the best in years, in some people's opinions. (Photo by Samantha Lewis)

Shake It! - Gathering a crowd, senior **Elias Simpson** shows off his hidden talent as a dance professional to the infamous bass beats of **Vanilla Ice's "Ice Ice Baby."** Unfortunately, this being his last year at Ames High, this will be his last live performance. (Photo courtesy of Darshana Bhattacharyya)



Enjoy the Weather: Taking advantage of unseasonably warm weather, juniors **Sabrina Soh** and **Asya Tsukruk** swing on a post. (photo by Britta Mennecke)

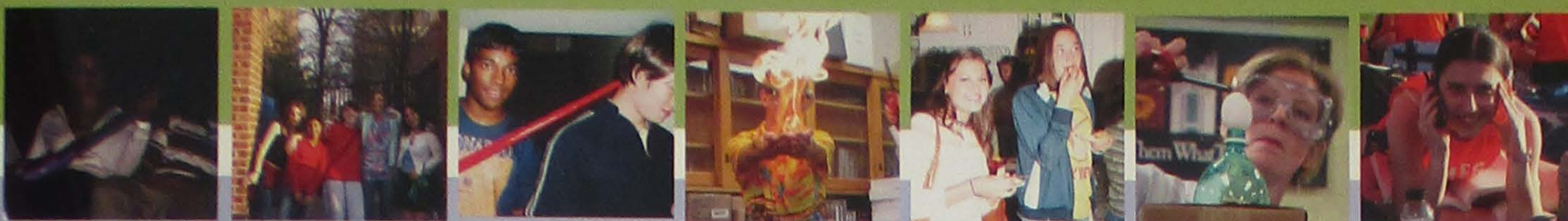


Spotted you: Helping out at her church youth group, senior **Deb Rock** gets some new facial decorations from her little buddy. (Photo by Britta Mennecke)



He's Cruising: Busting down the home stretch of his race, freshman **Sam Bird** wins at the Ames Invite. Young runners enjoyed a lot of success. (Photoby Jenny Cheuk)





Spotlights on the Silver Screen

PROM 2K5

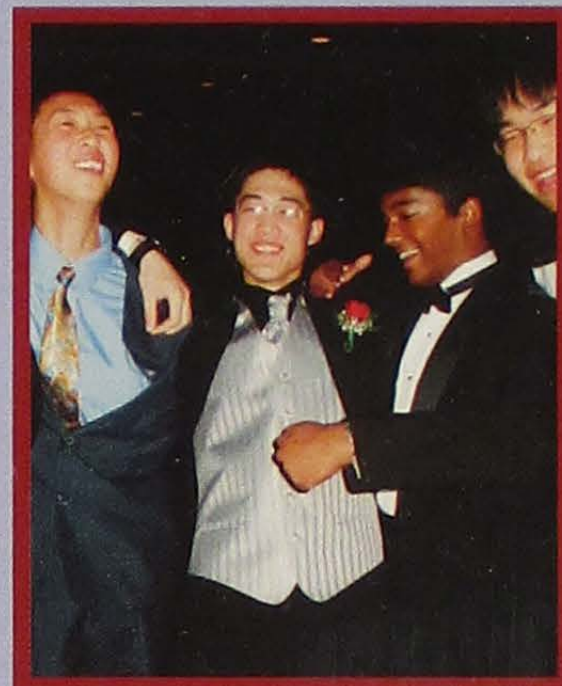
As the year turned warm and sunny, and kids wanted more than ever to be done with school, prom 2005 rolled around. The themes Spotlights on the Silver Screen for the dance and Wild Wild West for post prom teamed up for a very successful evening of fun. Junior Senate repeated the great job they have done in the past by creating a wonderful atmosphere inside of the Scheman building with great decorations, tasty food,

and great music. the Dj was the same as winter formal, and pleased nearly every member of his audience. Post prom was another success even though the venue was the AHS gym and auditorium. With the amount of delicious food and entertaining games, it was hard to have a bad time. Those items combined with the terrific performance of the hypnotist made for another memorable prom night for all those involved.

Spotlights on the Silver Screen and Wild Wild West tag team Ames High upperclassmen for a great prom night this year.



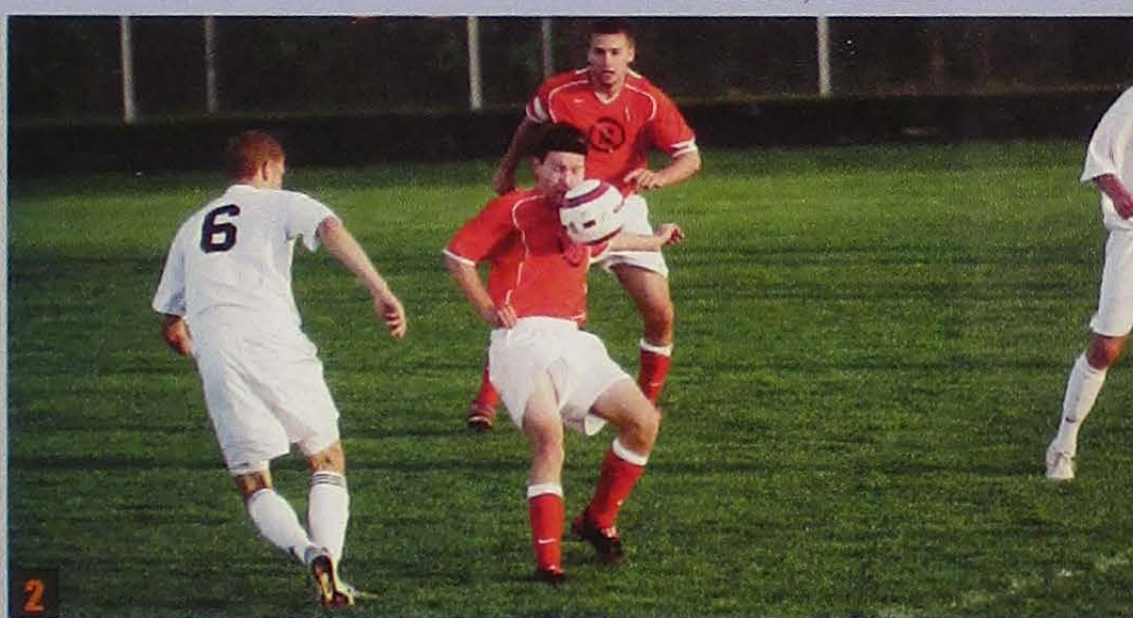
Feeling Sticky - Styling prom dresses made entirely out of duck tape, juniors Emma Israel and Betsy Dilla show off their creative sides. (Photo by Alexa Warwick)



Aren't we Dressed Nice - Showing off their dandy formal wear, seniors Edward Chen, Jeonghoon Park, and Neal Marasinghe shoot the breeze at prom. (Photo by Alexa Warwick)



1. AAH - Showing off their pretty faces juniors Brittany Rover and Lydia Lowry show how they attract members of the opposite sex. (Photo by Olivia Langenberg)

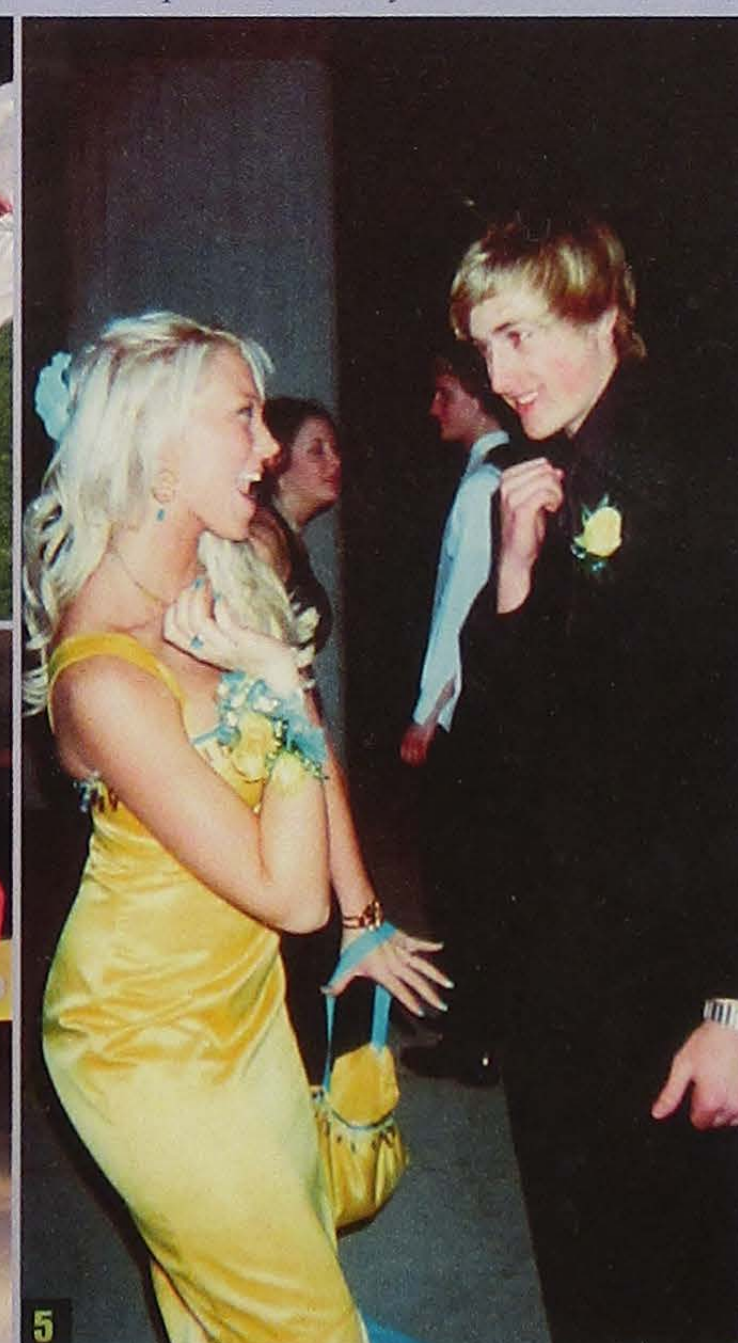


2. Ouch! - Taking one to the face, senior Pete McCuskey bravely tastes some soccer ball. (Photo by Ben Barclay)

3. Drake Champs - Accepting their award for winning Drake's 4x800 are seniors Jordan Funkhouser and Lucas Warth. (Photo courtesy of Luke Lowry)

4. Chill Out - Sitting around seniors Sam Lewis and Britte Menneke have fun (Photo courtesy of Britta Menneke)

5. Rockin' Out - Sporting a homemade dress junior Sarah Cram shows her excitement to fellow junior Joe Folkman. (Photo by Olivia Langenberg)





Collide the Tides - Displaying the band's hard work, junior Sarah McClanahan adds to the talented music production. The Pops Concert was the band's last major performance and included all of the fine arts in one night to be showed off to everyone. (Photo by Britta Mennecke)

Brechen Se Deutsche? - Performing in the German play held in the spring, seniors Claire Weber and junior Emily Thurmeir prepare a delectable sandwich. The play attracted a record number of audience members. (Photo by Alexa Warwick)



Sing it Loud - Belting it out, sophomore Alicia Wengert sings at the top of her lungs singing karaoke over the weekend. With a new karaoke set, Wengert and her friends had a good time dancing and singing 90s pop songs together. (Photo by Zeb Cohea)



Positive Tension - Leaning in for a goodnight kiss, junior Ross Kopenhaver and senior Nate Larson perform at a cast party for *A Mid Summer's Night Dream*. (Photo by Jenny Cheuk)



La Discoteca - Partying it up, the cast of *Stained Glass* made their own little Boheme in a cast member's attic. *Stained Glass* deserved a big bash with the success the students brought in. (Photo by Jenny Cheuk)



In Other Words - Singing a cappella at Baccalaureate, seniors Nicole Cicotti, Lucy Chidister, and Alexa Warwick present a moving song to say good bye to the seniors. (Photo by Britta Mennecke)

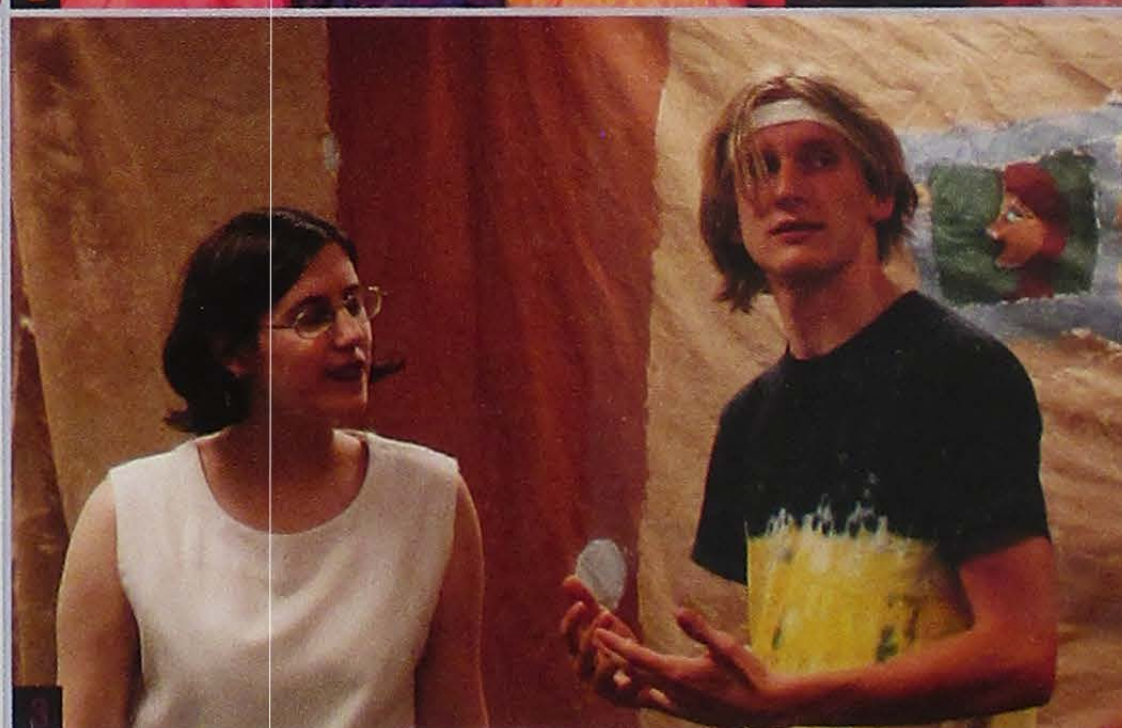


1. **I Want To Hold Your Hand** - Walking towards the altar, sophomores Ege Inanc and Anisa Brown perform a one-act play. (Photo by Elizabeth Cohea)



2. **A Movie Script Ending** - Bowing for their gracious performance, this one-act cast await a standing ovation for their awesome performance. (Photo by Miranda Eness)

3. **What's That You Say?** - Talking about a mystery, sophomore Rachel Mansbach and senior Paul Heideman perform in the student-run annual German Play. (Photo by Alexa Warwick)

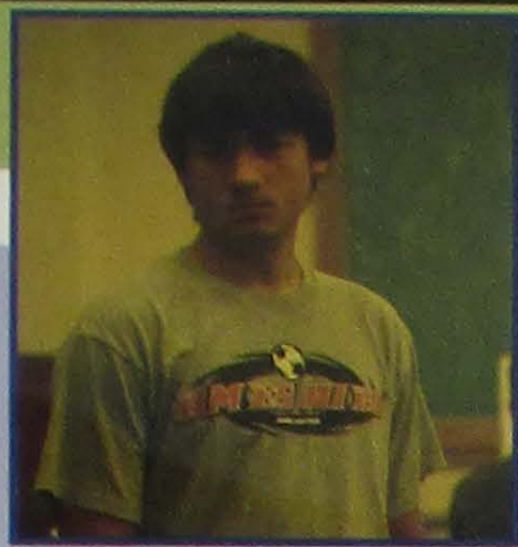


4. **Loud and Clear** - Singing at Baccalaureate, seniors Tia Cosby and Judy Awoniyi portray their great talent in a touching end of the year tradition. (Photo by Alexa Warwick)

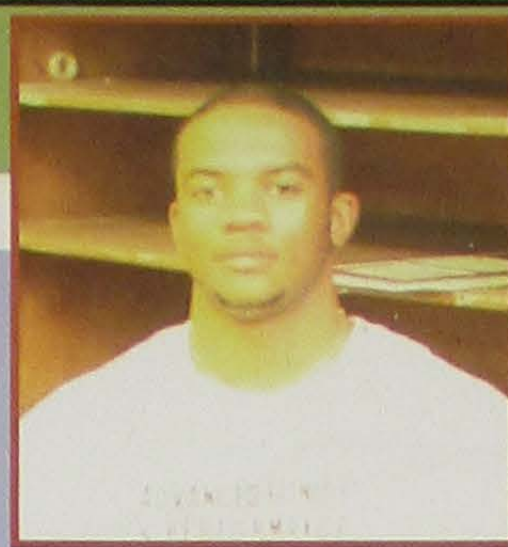




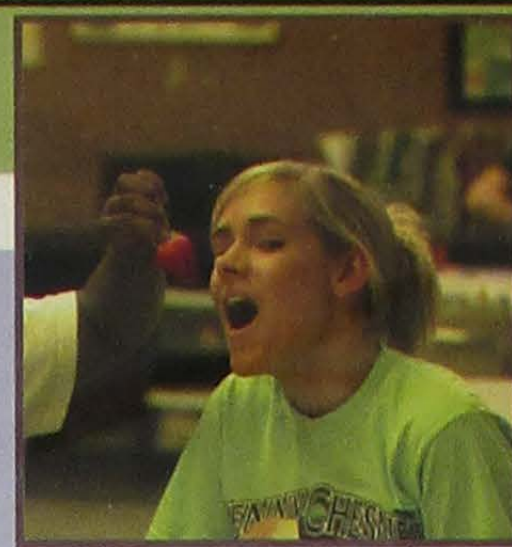
Freshman Aslynn Terpstra
I would be a watermelon...
because they're bright!



Junior Clayton Petty
A clementine because I'm easy
to open.



Junior Brian Jones
I'd be a kiwi, because I'm sour,
but yet sweet.

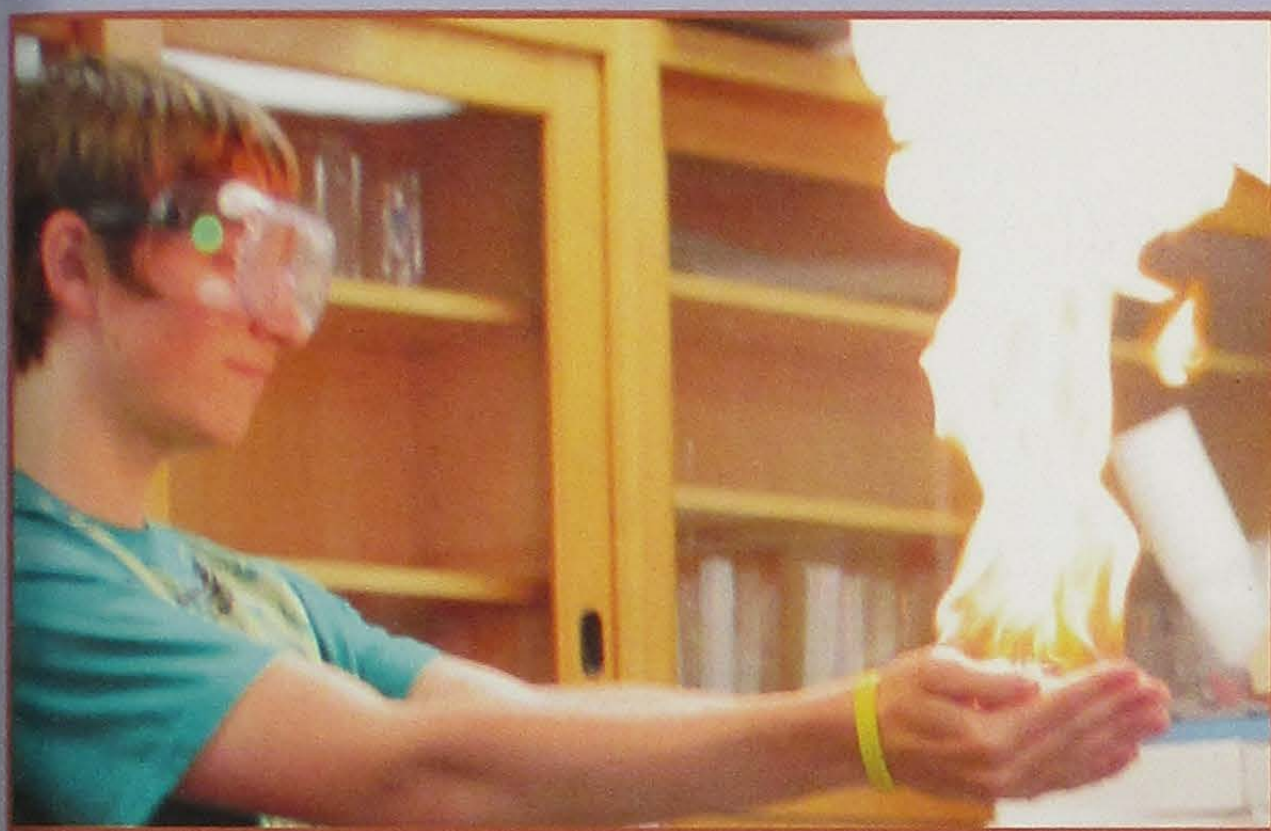


Junior Mary Beth Kluesner
Well, let me think about this...
a strawberry, probably because
they're good with sugar.

If You Were A Fruit, What Fruit Would You Be and Why?

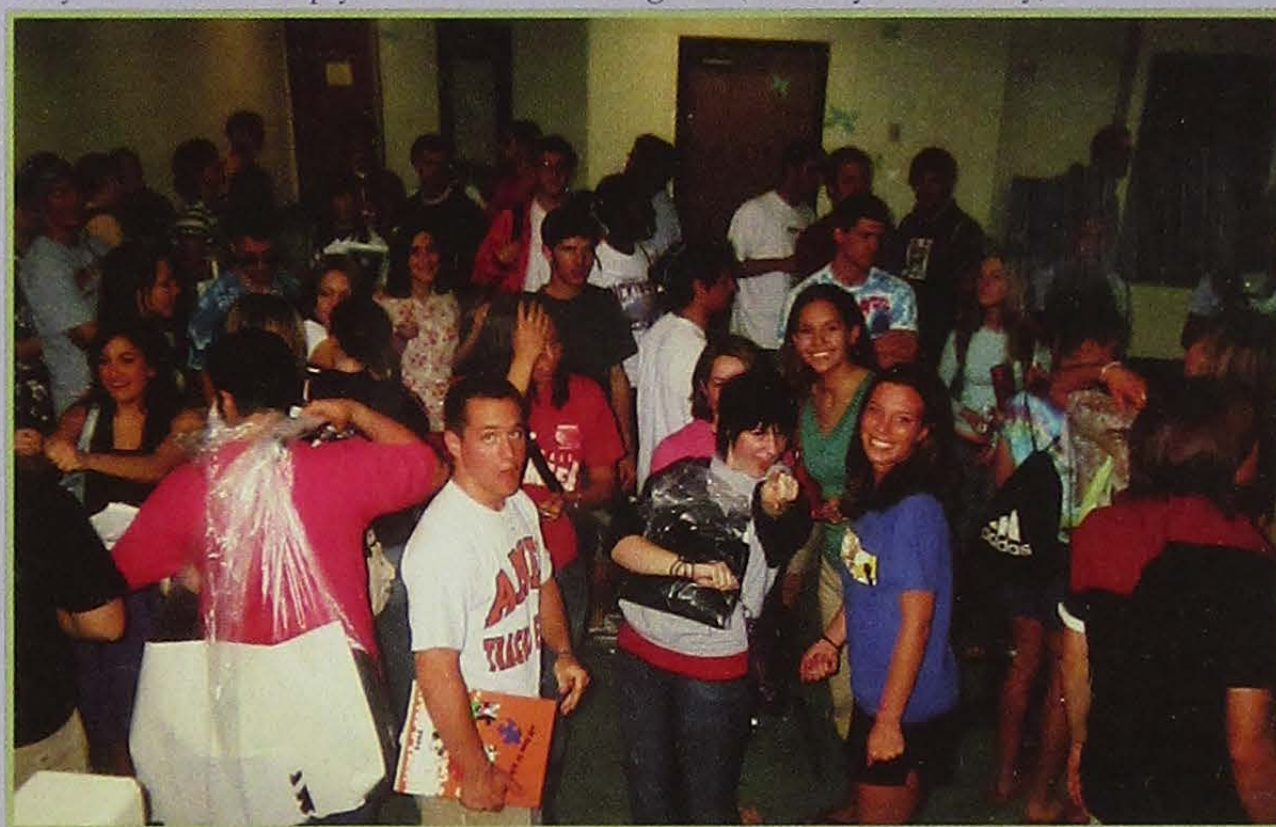
survey

survey



Playing With Fire - Holding fire in the palm of his own hands, senior Kyle Uhlmeier comes dangerously close to burning the entire building down. Chemistry students spent the majority of the year looking forward to the annual Demo Show, where science teachers humbly try to impress their students. (Photo by Libby Utesch)

5-4-3-2-1 - Awaiting the last moments of their high school careers, the seniors stand together in the back lobby watching the clock, anticipating a landmark in each of their own lives. There was no class that didn't hear the chantings of the seniors counting down the seconds left until they were free to walk out of Ames High and never return as students. The next weeks left in the year would be empty with the senior class gone. (Photo by Ben Barclay)



Climbing Up The Walls - Completing the Marine Obstacle Course, sophomores Austin Bell and Bret Ballentine take on the national challenge. (Photo by Jenny Cheuk)



Finishing Touches - Drawing on a beard, sophomore Brittany Thompson gets in touch with her masculine side for *A Mid Summer's Night Dream*. (Photo by Jenny Cheuk)

Five Minute Dance Party! - Rocking out at a cast party, seniors Ricky Fields and Karl Peterson get down and jiggy with it with the formation of a huge dance party to come. Dance parties were a common occurrence at Ames High this year, and experienced by many. (Photo courtesy of Jennifer Compton)



The New Dashboard Confessional - Donned with a Motion City Soundtrack sweatshirt, senior **Ben Kolner** of the band Iron Fists of Justice sings and strums his guitar with bittersweet emotion. The band competed against many individuals and other bands at the annual 100th Green Butterfly Battle of the Bands. Iron Fists of Justice also featured seniors Robert Chang and Brian Davis and former AHS student Dan McClanahan '04. (Photo by Jenny Cheuk)

One Time, I Was in a Bar... - Slowly stripping away his clothing, senior **Ricky Fields** demonstrates how watching hours and hours of stand-up comedy pays off - being Battle of the Bands host is quite the coveted position. (Photo by Jenny Cheuk)



Concerned Students - Crowding into Art A, approximately 150 students and teachers listen to **Principal McGrory** speak about possible budget cuts at the high school. (Photo by Ben Barclay)

Making an Impact - Gazing in disbelief, Health teacher **Kim Bumett**, senior **Lindsey Adams**, and junior **Shannon McCormick** listen closely to the budget discussion at the school board meeting. (Photo by Becky Sidles)



I Wanna Be a Marine - Rushing through an inflatable Marines obstacle course during P.E., freshmen **Martha Grasky** and **Georgia Chrisinger** race to the finish line. The military began recruitment techniques as early as the ninth grade, though some chose not to participate. (Photo by Elizabeth Cohea)



School's Out for the Summer - After waiting in anticipation for the final seconds of high school to pass by, seniors **Cliff Corley** and **Sarah Eggert** cheer as the clock finally hits 3:05. This year the seniors created an energetic atmosphere in the back lobby, complete with confetti and loud chants of "2K5!" echoing down the hallways. (Photo by Libby Utesch)

I Gotta Dance - Busting some moves, seniors **Peter McCuskey** and **Aaron Mendelson** dance the night away at the home of senior **Cade Cartwright**. (Photo by David Muehe)



Say Cheese - Embracing senior **Luke Peterson**, senior **Rachel Nesbitt** smiles for the camera at her graduation open house. (Photo by Libby Utesch)

Gracefully Accepting - Waiting for the compliments to end, senior **Jill Kaspar** listens to counselor **Mike Whitmer** speak about her Academic All-State prowess. (Photo by James Webb)





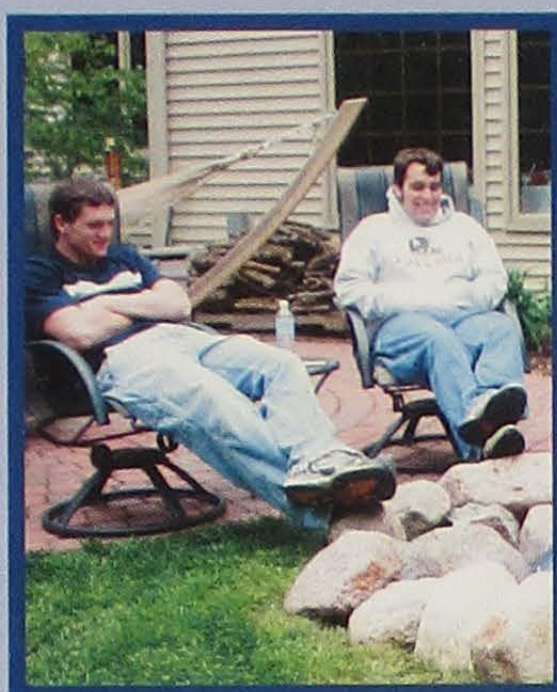
Slip-up or scheme for more skipping?

Senior Skip Day

An unorganized senior class became the first senior class in Ames High history to fail to put together a senior skip day. Poor planning by the seniors led to a frantic rush to try and change senior skip day a few days before it was originally planned. Senior skip day was originally planned for May 5th, but several sport teams had competitions on that day and were unhappy they would be unable to participate.

The previous Sunday a few students tried to call everyone and let them know senior skip day had changed, but their efforts proved ineffective. A few others tried to change it to Friday, May 6th, so they could have a 3-day weekend. In the end, the class failed to all skip on the same day and the week turned into senior skip week. Several students took advantage of the disorganization and skipped all 3 days.

Disorganization in the senior class leads to a week of senior skip days instead of one day where the entire class would skip.



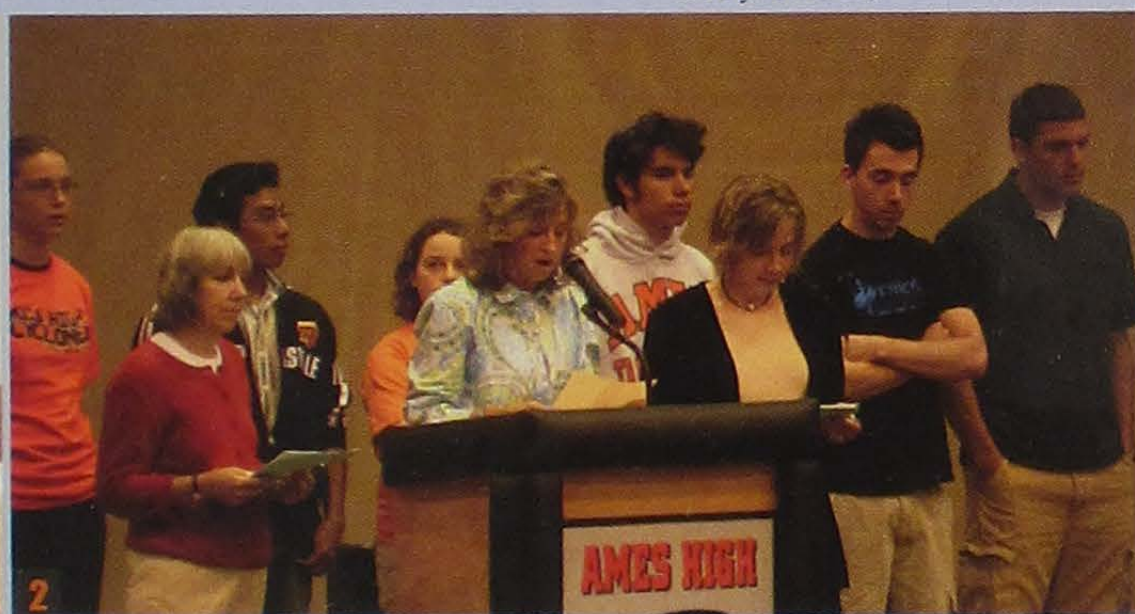
Tending the Fire - Relaxing by the fire, seniors **Luke Peterson** and **Nate Prindle** pass the time away at senior Libby Utesch's open house. (Photo by Libby Utesch)



Hittin' the Right Keys - Pounding away at the keyboard, senior **Dana Peterson** performs "Moonage Daydream" by David Bowie at Rock the Library. (Photo by David Muehe)



1. Changing of the Guard - Making their last official announcement as co-presidents, seniors **Rob Acker** and **Jon Nau** announce next year's new presidents. (Photo by Ben Barclay)



2. Artistic Values - Filling the stage, art teachers read off artistic awards and scholarships given to Ames High students at the Awards Assembly. (Photo by James Webb)

3. It Ain't no Thang - Going out of Ames High in style, a group of senior boys cruise around in a limo on the last day of school for seniors. (Photo courtesy of David Muehe)

4. Looking Chipper - Making progress, sophomore **Sarah Shafer** hits a fairway wood. (Photo by Samantha Lewis)

5. Can't You Launch Me Higher? - Battling for the ball in a "lineout," senior **Adam Schmidt** puts his rugby team closer to victory. (Photo courtesy of Adam Schmidt)



MAY



Graduation

"Only those who risk going too far can possibly find out how far one can go."

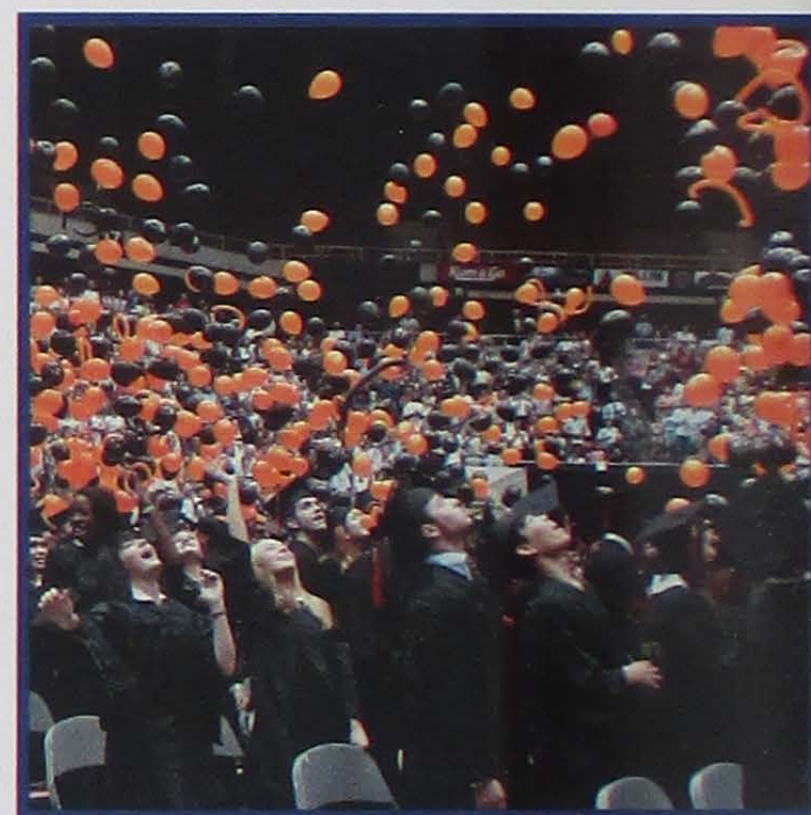
Looking to the Future - The graduating seniors are presented to a crowd of proud fathers, crying mothers and bored siblings. Many seniors were filled with mixed emotions about their futures, saying goodbye to friends and enjoying a few last moments in Ames, Iowa. All-in-all, the seniors were happy to stick it to the remaining students that had to suffer the drudgery of finals. AHS was finally able to bid adieu to 2K5 seniors. (Photo by Alexa Warwick)



Laughs and Roses - Sharing a final laugh at the expense of the freshman seniors **Paul Heideman**, **Andy Lamp**, and **Laura Logsdon** hold roses and memories close to their hearts as they stand at their high school graduation. Commencement exercises occurred on May 22, 2005 at Hilton Coliseum. Logsdon and senior **Chris Johnston** delivered original addresses, and seniors **Erin Todey** and **Sarah Eggert** recited "Tonight We Begin" and "Desiderata" respectively. (Photo by)



Changing Direction - Under directions from the class co-presidents, members of the senior class move their tassels from the left side of the head to the right. Although the students had already received their diploma cases, the changing of the tassels was often the most famous part about the graduation ceremony. (Photo by Jennie Bean)



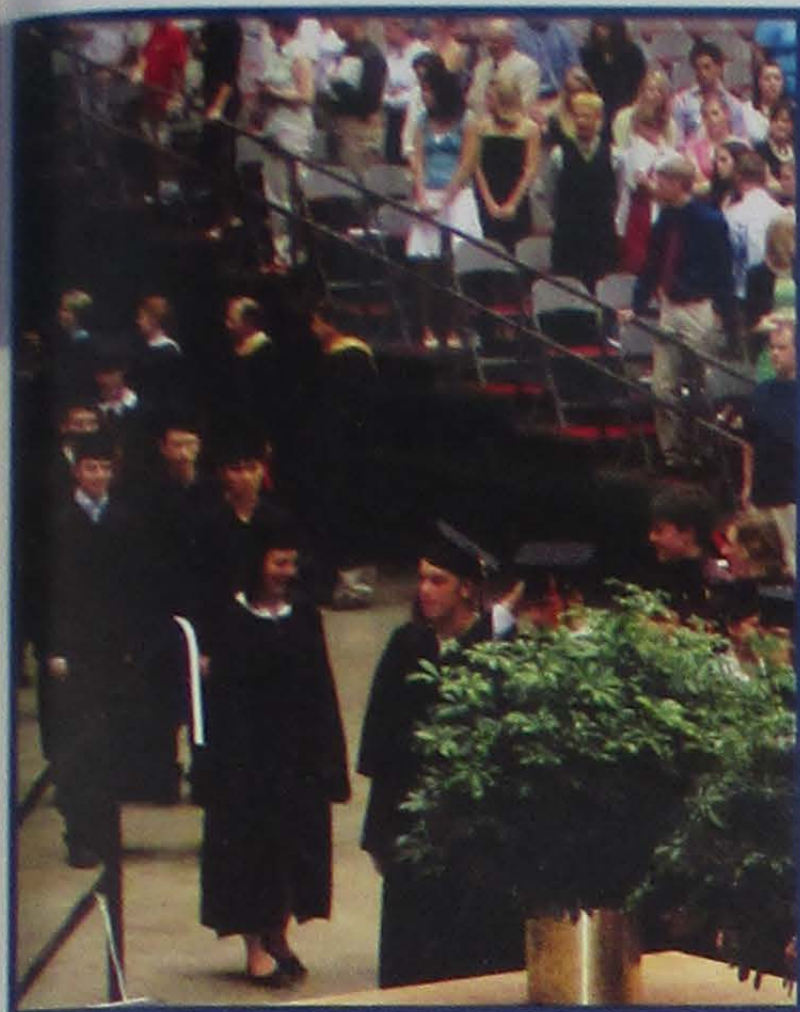
Three for Singing - Showing their mastery of song, Seniors **Lucy Chidister**, **Andy Lamp**, and **Laura Logsdon** sing an "Amazing Grace" remix with added lyrics relating to the High School. These participants were just a few of the many AHS students that displayed their skills to a large audience. (Photo by Libby Utesch)



Balloon Sighting - As the AHS Band plays "Loyalty," two large bags of balloons drop from the coliseum's ceiling. The formal commencement quickly shifted to a noisy romp as seniors and adults alike stomped on the hundreds of orange and black balloons. (Photo by The Tribune)

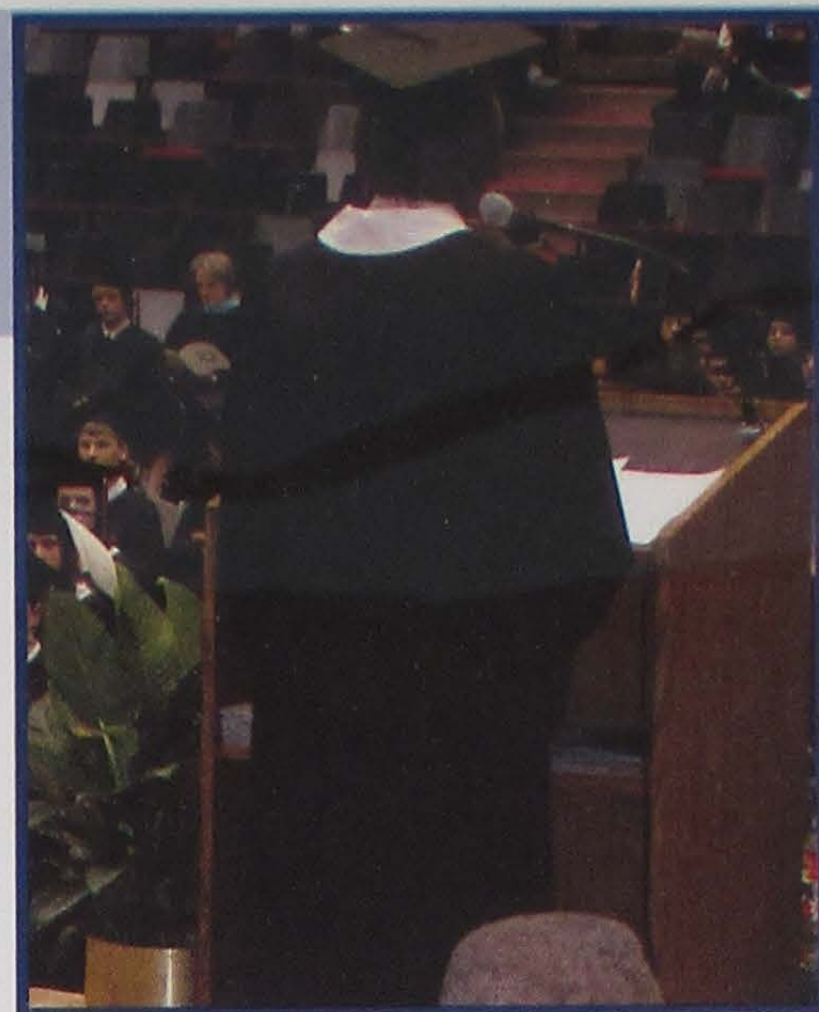
"2K5!"

"Ames has been a great place to live"



Wanderers - Entering the coliseum to Sir Edward Elgar's "Pomp and Circumstance No. 1," walking partners look for their seats on the open floor. Many students struggled with the half-staff march. (Photo courtesy of Jennie Bean)

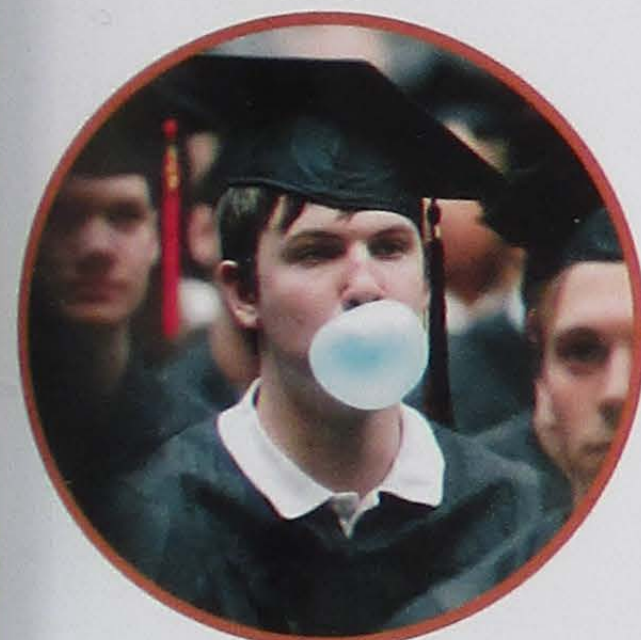
Shaking the Hand of the Big Man - Receiving a congratulation from Principal Mike McGrory, senior Kevin Woodward also receives a nice, shiny piece of paper. (Photo by Jennie Bean)



Afternoon Speeches - Opening the Commencement exercises, senior Erin Todey reads the opening, "Tonight We Begin." The reading was actually adapted to say "Today We Begin" as the ceremony began at 2 p.m. (Photo courtesy of Jennie Bean)



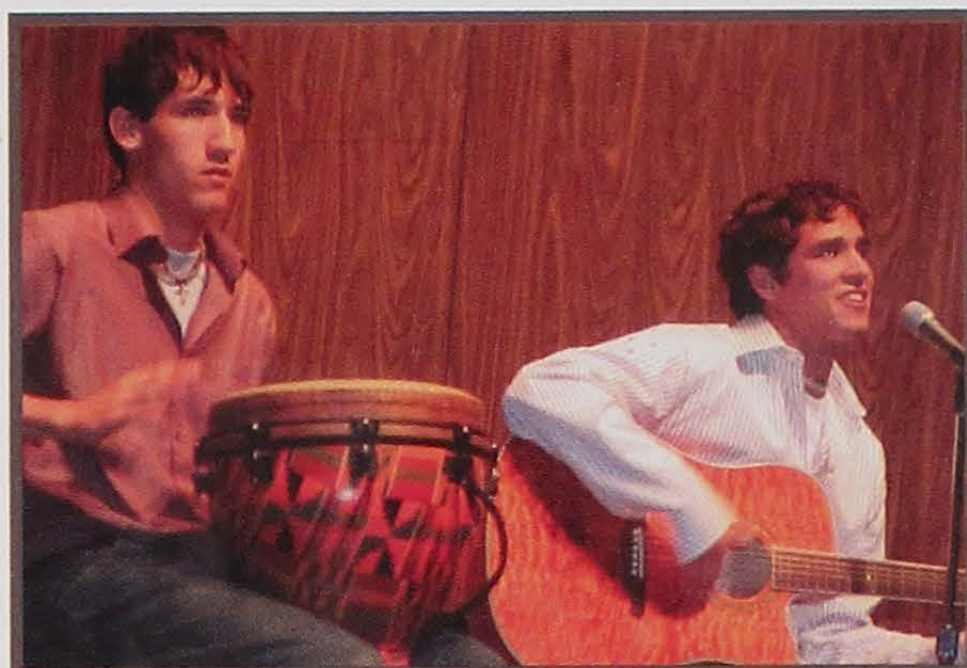
One Last Lecture - Listening attentively to senior Chris Johnston's class address, seniors Seth Dodge, Tim Hart, and John Gilarski reflect on the past four years. Johnston's speech reminded the senior class of how much high school, even the Math Department, has prepared students for their "real life." (Photo by The Tribune)



This Blows - Taking graduation lightheartedly, Senior BJ Dilla blows a bubble to commemorate his fellow graduating seniors. Many seniors looked outwardly relaxed but were filled with anxiety about their futures whether it be higher education or joining the work force. (Photo by The Tribune)



The Party's Just Beginning - Displaying his satisfaction at both the end of high school and the graduation ceremony, senior Elias Simpson walks down the aisle stomping on balloons. The administration coordinated the balloon drop, hoping that seniors would avoid bringing beach balls or other novelties. However, several beach balls appeared while students received diplomas. (Photo by Alexa Warwick)



These Days - In front of seniors, their family, and the community at Baccalaureate, seniors Jordan Funkhouser and Luke Lowry perform with the djembe and guitar. Senior Jessica Young is not pictured. (Photo by Libby Utesch)

Making Rather Merry - Attending the age-old Senior Picnic at Emma McCarthy Lee Park, senior Ryan Wagner races through the huge inflatable obstacle course. (Photo by David Muehe)



but (the seniors) are excited to go on with their lives." -Diana Bai



Boys Track - Row 1 - L. Bauer, M. Gilarski, J. Feller, M. Rahim, J. Millen, L. Wilkins, Clayton, J. Wheelock, D. Hickok, N. Benning, Vu. Row 2 - A. Wass, B. Hunter, B. Ballentine, B. Jones, R. Wagner, B. Long, L. Warr, B. GHI, A. Feller, F. Patterson. Row 3 - D. Veyse, J. Bell, R. Berg, Coach Schweigert, Coach Duea, Coach Vertanen, Coach Sletton, Coach Feiser, Coach Anfer, Coach Manner, Fuller, M. Hansen, B. Rupert. Row 4 - U. Grant, L. Lowry, M. Ludeman, A. Lamp, J. Kemis, F. Brown, K. Berg, E. Little, A. Taylor, M. Clark, G. Haron, Z. Esley. Row 5 - C. Corley, B. Weiss, S. Lynn, T. Knight, W. Suer, Z. Wayne, Z. Hagert, R. Catus, J. Funkhouser, J. Fitz-Simmons, S. Robson. Row 6 - K. Ferguson, S. Lee, B. Pyle, T. Clark, D. Scholdies, A. Olsen, M. Kang, N. Litwiller, N. Ramsey, J. Ballantine, Z. Brenner. Row 7 - M. Qiu, R. Knight, S. Bird, B. Lee, M. Stoecker, B. Cotton, T. Taage, A. Arnaud, J. Balough, A. Yendovsky, A. Johnson.



Pushin' it - Striding down the straightaway, junior **Ryan Catus** defeats the Mason City student trailing behind him. (Photo by Libby Utesch)



Diehard Fan - Attending a girls track meet, junior **Andy Wass** shows his support. Wass could be found at many other Ames High sporting events including football, basketball, cross country, soccer, and golf. (Photo by Libby Utesch)

Top 10

The top 10 reasons track is the #1 sport at Ames High:

10. Shirtless boys with abs.
9. Track burns.
8. The finest selection of Ames High ladies available.
7. Missing 8th period for track meets.
6. Popsicle relays.
5. Coach Kohl's sock lines and short hair cuts
4. Hosting the Conference meet.
3. District champs.
2. Placing well at state.
1. Running all day every day.



Stairway to Victory - Displaying marvelous hurdle technique, junior **Scott Lynn** runs a state qualifying 400 hurdles race. (Photo by O. Langenberg)



1. **Catch Us If You Can** - After winning the Drake 4x800 meter relay, seniors **Matt Clark**, **Luke Lowry**, **Jordan Funkhouser**, and **Lucas Warth** run a victory lap with their flags. (Photo by Olivia Langenberg)
2. **Bending Over Backwards** - Leaping over the high jump bar, senior **AJ Turner** flashes his famous "banana shoes." (Photo by Libby Utesch)
3. **Fight for First** - Sprinting with fierce determination, freshman **Ryan Berg** overcomes his opposition and receives the baton with unmatched skill. (Photo by Libby Utesch)

Boys Track



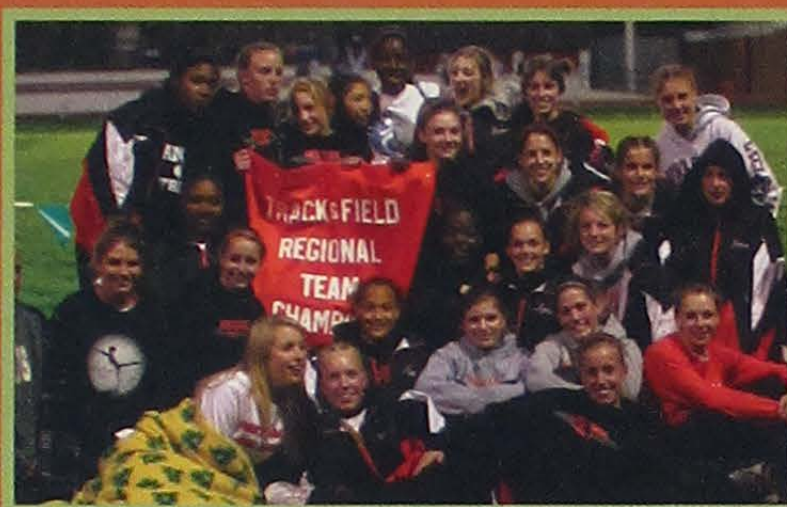
Red! - Outstretching her arm in desperation, sophomore Kyra Knuth hands off to Mallory Englen in the 4X100 meter relay. (Photo by Olivia Langenberg)



High on Fun- Lifting their legs in the air, sophomores Allison Dye and Mashette Syrkin-Nikolau rest between races. (Photo by O. Langenberg)



Hurdle Happy - Warming up for her race, freshman Lauren Naeve bounds over the hurdle. (Photo by Libby Utesch)



District Champs - Posing their prestigious district champions banner, the varsity girls track team glows with excitement. (Photo by O. Langenberg)

Girl's Track - Row 1 - S.Hupalo, K.Knuth, A.Thompson, J.Zeurner, M., B.Park, A.Metzger, J.Cheuk, A.amani, N.Loughren, M.Liu, V.Ninaquispe. Row 2 - T.Hassleman, L.Naeve, A.Dye, M.Syrkin-Nikolau, K.Thorgaard, C.Crandall, -S.Courneya, K.Becraft, -B.Brown, K.Hassleman, T.Cook. Row 3 - K.Carter, P.Hendricks, C.Milan, Coach Justamen, Coach Terry, Coach Schmaltz, Coach Beth, Coach Sullivan, Coach Kohl, K.Brimeyer, J.Magnusen, A.Swanson. Row 4 - M.Kerper, J.Barrett, L.Chitty, R.Ferguson, C.Davis, H.Kamal, S.Schreitneuler, Y.Liu, C.Cottrill, S.Hundertmark. Row 5 - J.Svec, M.Kleusner, A.Grove, J.Kaspar, V.Knight, S.Linahon, S.Risius, B.Rover, L.Gehring, L.Neimhn. Row 6 - K.Linduska, N.Hibbing, K.Mwanza, H.Abebe, S.Soh, A.Sexton, K.Kohler, K.Ihle, M.Engelen, K.Norris, O.Langenberg. Row 7 - M.Schmeling, M.Banks, J.Palo, L.Brown, C.Borich, K.Kramer, K.Geiger, C.Tim, L.Snell, A.Geske, L.Clark.

What is your most embarrassing track memory?



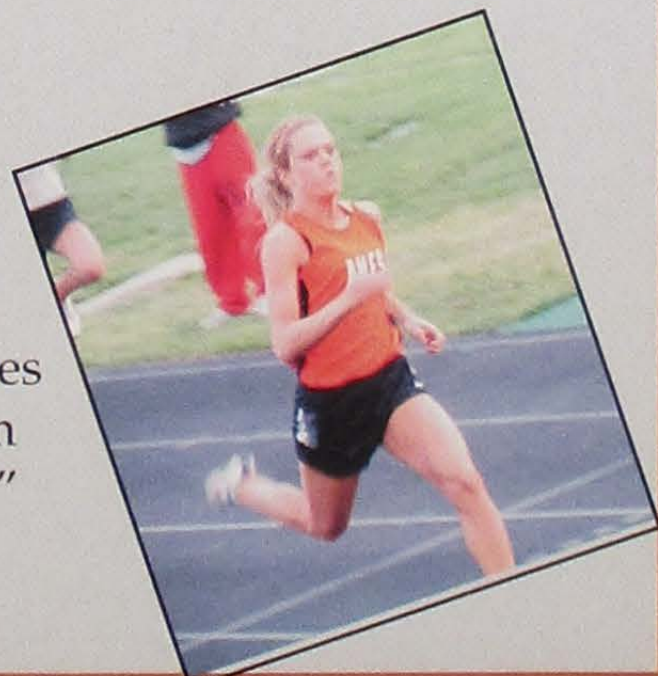
"Freshman year my shoe was untied and I tripped in front of all the guys on my warm up lap."
-Sophomore Mashette Syrkin-Nikolau

"It was raining at practice and I had a white shirt and a white sports bra on." -Freshman Sophia Courneya



"I fell doing 400 hurdles at practice and the boys distance runners turned and Greg Hunter gasped 'Oh my God!'" - Senior Katie Brimeyer

"We were running our cool down lap after a meet and someone left blocks in one of the lanes and I tripped over them and fell flat of my face."
-Sophomore Kersten Thorgaard





Girls Varsity- Row 1: Amanda Mayberry, Renee Nesbitt, Nikko Lograsso, Sarah Brimeyer, Jenn Boccella

Row 2: Ruth Anderson, Amy Hamilton, Kristin Johnson, Kelsey Carney, Jessie Curry, Jo-anna Eggert

Row 3: Meghan Hackerson, Leah Ritz, Jayne Strand, Megan Kerns, Natalie Hashemi-Toroghi, Coach Kenny Graham, Beth Bystrom, Deb Rock, Kelsey Engelen, Sarah Eggert, Melissa Heitzman

Soccer

Like every other year, Ames High soccer has kicked, saved, scored and overall had an outstanding season. Both boys and girls have proved to everyone no one messes with the Little Cyclones.

Girls Varsity, coached by Kenny Graham, started the year out strong and haven't stopped to take a breath. Their record stands 10-2 and they killed Newton 7-0 in the first round of regionals. After playing Valley they plan to continue to state. The varsity team consists of players from every grade, split about 50-50 underclassmen to upperclassmen. The team plays together well and next year look forward to many returning members. Fresh/Soph went undefeated and unscored on, and JV also had an impressive record.

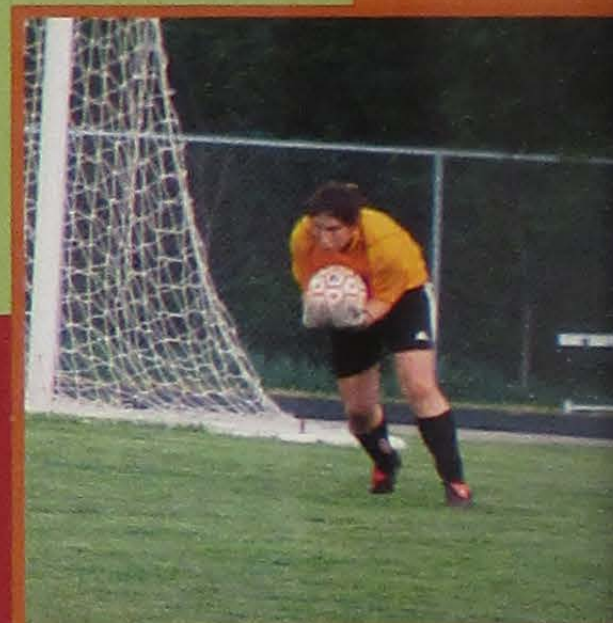
Boys Varsity, coached by Chad Zmolek, have made this season a memorable one. The two-a-day practices (one at 6:30 am!) paid off, because with their 12-2 record, the team made it all the way to the state competition. They play Dowling in Cowne Fields, Des Moines and are ready to put up a fight. Hoping to leave with a bang the seniors of the team are especially looking forward to be involved in the state games. The team may have to do some damage control next year, though, because of the number of graduating soccer stars, but luckily have a strong underclassmen force eager to step up and fill in.

Through rain and shine, both spectators and players have enjoyed this 2005 season. And even though we will be saying good-bye to many seniors and hope to see them in the future to support AHS soccer, we are saying hello to a whole new crop of champion soccer players.



Goin' for the Header- not even wincing when smacking the hard soccerball with her face, sophomore **Amy Hamilton** makes an awesome play for the girls fresh/soph team. (Photo by Jenny Cheuk)

Sweet Save- Preserving the shutout, senior **Nikki Lograsso** scoops up another save. Being a stand out goalie was Lograsso's specialty. A varsity player of three years, she saved more than her fair share of goals helping her team be one of the best in the state. (Photo by Libby Utesch)



Heck, Yes- Passing the ball during a varsity game, senior **Deb Rock** contributes to another Ames High victory. Rock was a respected leader for the team both on and off the field. (Photo by Tu Madre)



Girls Soccer



Boys Varsity-Row 1: Peter McCuskey, Marc Heitzman, Cody Markley, Andrew Montgomery, Augusto Canales, Garrett Russell

Row 2: Ben Ertz, John Gilarski, Nick Cardwell, Rob Acker, Jon Nau, Paulo Michelini, Jameel

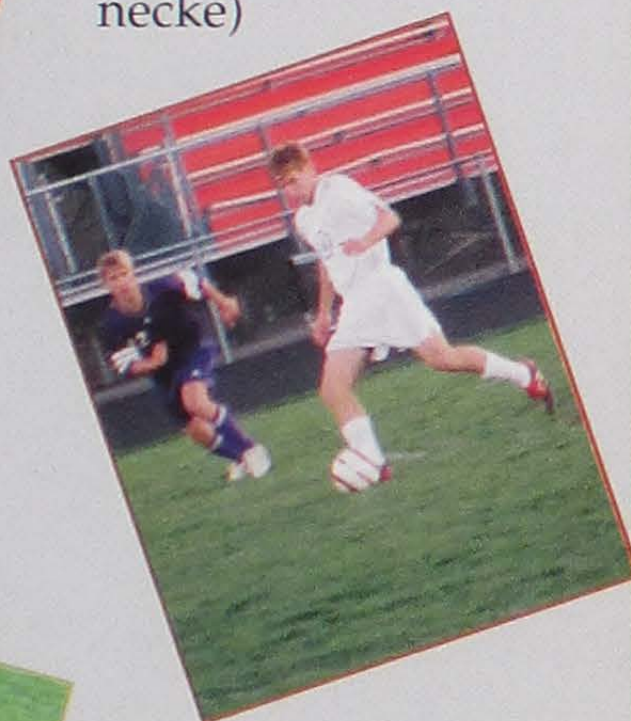
Junidiu

Row 3: Tommy Strehlow, Danny Kinker, DJ Stickfort, Coach Chad Zmolek, Kyle Talbot, Ryan Adam, Chad Pedersen.

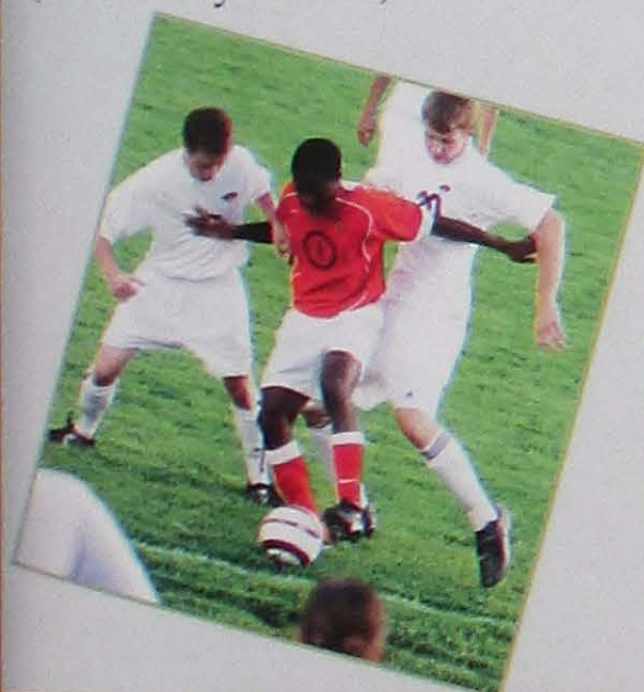
What is the best part of soccer at AHS



"Winning loads of games and scoring a lot of goals," senior Chad Pedersen. (Photo by Britta Mennecke)



"Not having a broken collarbone was cool," senior Ryan Adam (Photo by Britta)

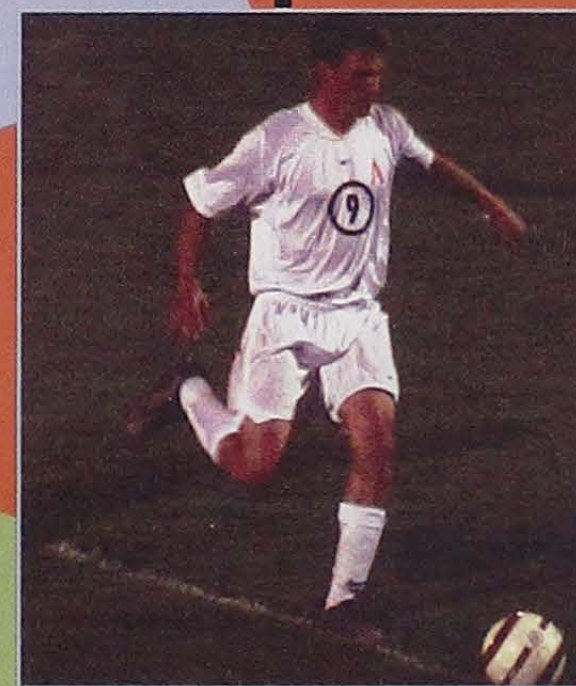


"Everyone is doing a good job and we are playing together and winning," senior Jamil Junidiu (Photo by Peat Moss)

Showin' Some Leg- Racing to the ball, sophomore Yoni Ackerman makes his move in the varsity game against Indianola. Ames dominated 2-0. (Photo by Britta Mennecke)



Here It Comes- swinging back for the kick, senior John Gilarski sprints to the soccerball in attempt to keep the ball in bounds. (Photo by Britta Mennecke)



GOAL!!- Watching his kicks successfully soar right through the hands of the goalie, junior Paulo Michilini scores again. (Photo by Britta Mennecke)





Girls Tennis - Row 1: Shoshana Berleant, Laurel Scott, Francis Xin, Elizabeth Valadez-Rosales, Anna Greenwald. Row 2: Iris Harslar, Leigh Howell, Rebecca Hanson, Amy Jeong, Lydia Lowry, Coach Len Thiede, Janessa Delaney, Mand Winkelback, Anne Wilson, Robi Parlade, Avni Sanghi, Hannah Chesky. Row 3: Maya Lipert, Nadya Pecharsky, Rachel Wilson, Pavla Brachova, Julie Fullhart, Tara Randall, Asya Tsukruk, Lavanya Singh.



Steadier Footing - Warming up, sophomore **Anna Greenwald** puts on her gameface in an attempt to intimidate her opponents. (Photo by Britta Mennecke)



Victory At Last- Sprinting across the court, senior **Maya Lipert** rejoices after yet another win. Lipert finished a fantastic season by making it to State in doubles. Lipert's positive attitude and work ethic were an asset to her success in high school tennis. (Photo by Elizabeth Cohea)

—Undeclared

Undeclared. That's what the girls' tennis team is. With an outstanding season of all wins and no losses, the girls have a lot to be proud of. The team's official record this year was 15-0, which is incredibly impressive because that means they finished with perfection. The girls varsity tennis team has a wide variety of team members ranging from sophomores to seniors. The girls' tennis team strutted their stuff and showed the rest of their conference what Ames High is all about when they walked away holding first place. The girls have had a great season inspired by talent and diligent hard work. The tennis team practices every day after school, all the way from early April until school is out. The team has really come together when it counts. As close as they are outside of competition, they really work together and use teamwork to defeat all of their opponents one by one. The seniors have lead this team to an incredible season and will leave upcoming classes a goal to strive for and a legacy to live up to.



Girl Power- Taking a break after a long day of tennis, freshman **Laurel Scott** picks up a scotcheroo to replenish her energy. (Photo by B. Mennecke)



1. Practice Makes Perfect- Working on her backhand, sophomore **Anna Greenwald** pulls a baseline shot down her opponent's alley. This year's team emphasized front-ending the work to perfect players' games. (Photo by Britta Mennecke)

2. Two Raquets Are Better Than One - Working out their muscles in preparation for a tournament, juniors **Asya Tsukruk** and **Robin Parlade** practice for their doubles match against Valley. (Photo by Rachel Nesbitt)

3. Warm-up Volley - Passing away the strenuous practice, sophomore **Anna Greenwald** returns the tennis ball to the other side of the court. Obviously, the practices paid off, as the girls went undefeated in their season. (Photo by B. Mennecke)

Girls Tennis



Smashing the Competition - Powering a serve across the net, sophomore **Ryan Pesch** slices one just over the net and prepares for the return. (Photo by Rachel Nesbitt)



Got moves? - Showing some mad skill, senior **Patrick Howell** does a little jig to get the ball flying across the court. (Photo by Rachel Nesbitt)



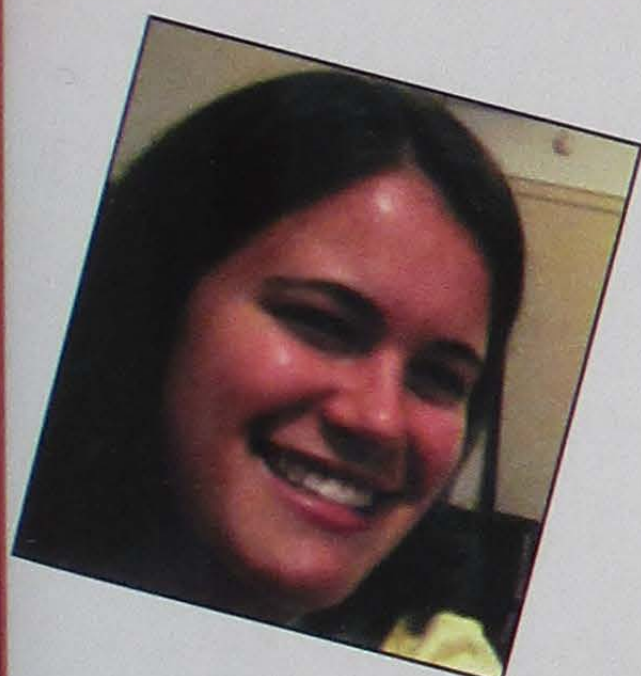
Lob Shot - Tapping the ball across the net, freshman **Tony Chung** competes for the gold in a match. (Photo by Rachel Nesbitt)



Wham! - Smashing with forehand to the far opposing side, senior **Patrick Howell** takes a swing for the win. (Photo by Rob Acker)

Boys Tennis - **Row 1:** Sean Lou, Chris Johnston, Peter Heiligenthal, Ben Scallon, Pasha Beresnev, Dave Gan, Jacob Rosenberg
Row 2: Evan Bassler, Matt Smith, Ryan Pecsh, Erik Croyle, Michael Tsai, Rian Larson, Martin Gallagher, Tony Chung, Steven Bonnet, Rohan Agarwal
Row 3: Mukund Premkumar, James Pringle, Scotty Simpkins, Krishna Prabhu, Tim Peterson, Coach Ryan Brown, Jonathon Larson, Patrick Howell, Peter Bracha, Michael Dunlay, Chris Simonson, Joe Thien

Define "Zastruga" in your own words.



"I'd say it's that feeling you get when you know you got something and you know you've got it good." -Freshman **Bob Hunter**

"A word Honors English or AP Western Civ students would pull out of their thesaurus and throw it into their papers, most likely misusing it" -Senior **Laura Logsdon**



"It's a disease where you eat too much asparagus." -Sophomore **Robert Kohler**

"Zastruga is a type of pasta with sauce of Ugandan origin found in Kenya that is eaten cold and served on palm leaves." -Senior **Robert Chang**





Girls Golf - Row 1: Ale Blount, Kinsey Belz, Mackenzie Bourke **Row 2:** Bob Heiberger, Holly Smith, Erin McGonigle, Samantha Lewis, Morgan Sheppler, Courtney Currie, Leah Ackerman, Stephanie Shuey, Jessica Boelman **Row 3:** Kelsie Larson **Row 4:** Sarah Shafer

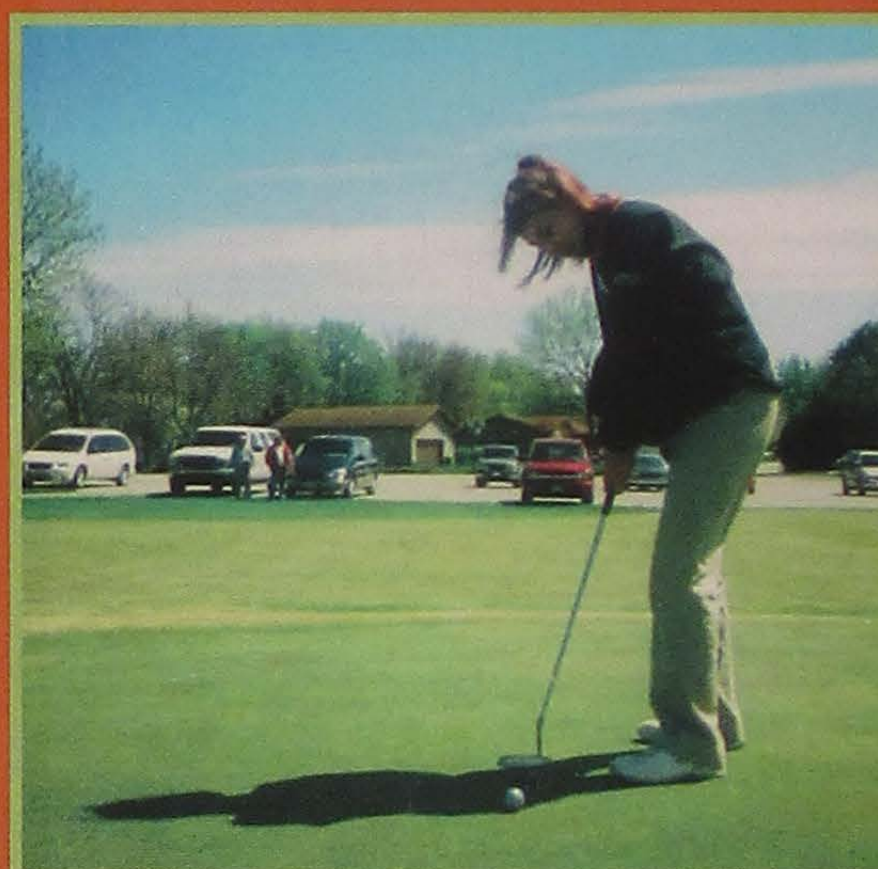
Girls Golf

Ames is lucky to have a strong team of women that are breaking the barriers of the once all-male sport of golf. Don't let their bright orange polos and big smiles fool you, when it comes to golf these ladies can swing, chip, and putt like well-oiled machines.

The girls golf team this year was fortunate to be coached by Bob Heiberger. He retires this year making this the last year of his coaching legacy at Ames High. Many girls joined the team this year making sure that although their coach is leaving, the team is here to stay.

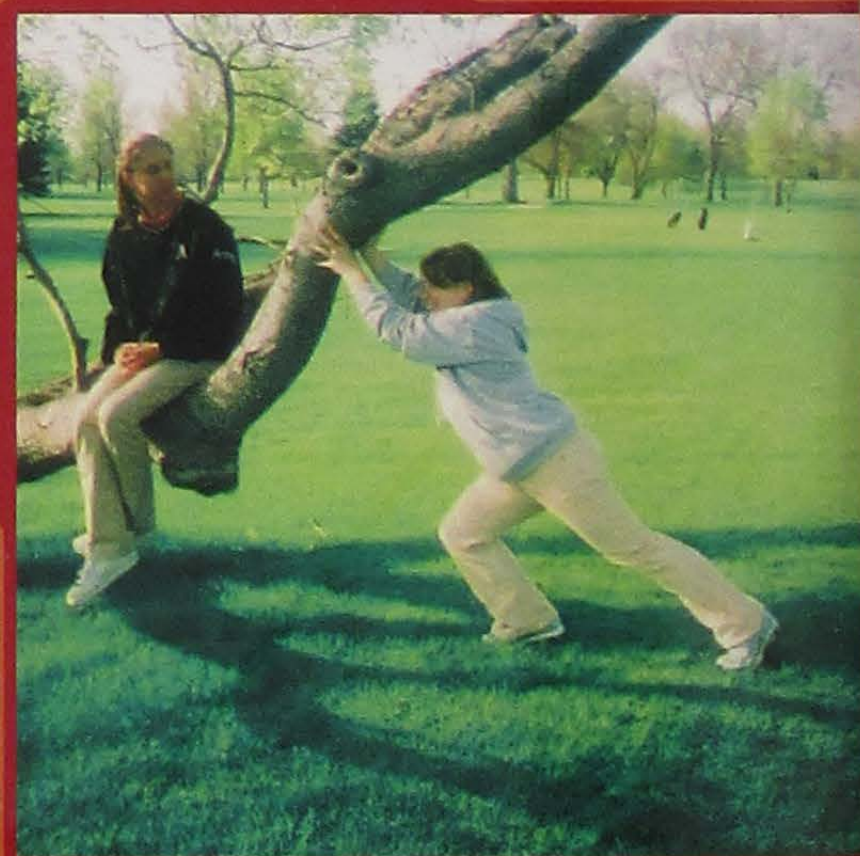
Countless critics have called golf not a sport but rather a leisurely game that old men play. This is proved wrong time and time again by the hard work and long training schedules of players on the Ames team. As of now, the PGA has just a few women entering into tournaments, but golf teams like that of Ames High certainly give hope to a next generation of strong women golfers.

After losing many seniors last year such as state tournament golfer Heidi Purcell to graduation, this year's girls golf team had big shoes to fill. With a lack of upperclassman out for the team Coach Heiberger looked for his underclassman to grow up quick and step up their game so the young team would be able to compete with the state's finest. One sophomore, Stephanie Shuey, seized the opportunity and competed as the team's 2nd or 3rd golfer for most of the season. It will be hard to lose Courtney Currie and Samantha Lewis, the team's lone seniors, but the team is confident that behind the leadership of juniors Morgan Sheppler and Holly Smith and sophomore Stephanie Shuey, next year's season will be even bigger and better than the 2005 season.



Just Tap it In - After carefully examining the contour of the green and the difficulty of her shot, sophomore Ale Blount putts her ball straight for the hole. Though often considered one of the most difficult parts of the game of golf, weeks of practice had the girls' golf team putting like pros. (Photo by Samantha Lewis)

Superhuman Strength - Taking a break from a long day out on the course, sophomore Sarah Shafer takes a seat on a tree as senior Samantha Lewis attempts to single-handedly resurrect the tree from its fallen state. Though Lewis was unsuccessful, both welcomed the short break from golf. (Photo by S. Lewis)





Atomic Wedgie- Attempting to block the other team from getting the ball, the rugby team hoists players for the block. To those unfamiliar with rugby this might look awkward; however, it is an essential part of the sport. (Photo courtesy of David Muehe)

As end-of-school frustration reached its pinnacle in the halls of Ames High, senior boys began to search for a positive way to vent their violence, anger, and rage. After finding many negative outlets, the boys finally found something to fill their time and rid themselves of their violent urges: they discovered they could join the rugby team.

Although rugby is not a well understood sport in the United States, overseas the rugby craze has taken over many of the lives of teenage boys. Through the rugby channel, however, the trend has been slowly creeping towards the shores of the States. Recently students of Ames High have joined a rugby league to try to emulate the sport they watch on the television.

With Saturday tournaments on various campus sites, the Ames rugby team gained a large fan following. "After watching rugby live, there is no way I could ever return to watching it on television," senior David Muehe said. "When you watch rugby live you actually get to witness the injury and action first hand."

Unfortunately, the violent nature of rugby stemming from its extreme contact ended the season early. Starting with 15 players, injuries soon took numbers too low to play. "During one of the last few games I took an elbow right to the face," senior Mark Hennager said. "My nose was bleeding uncontrollably and it turned out it was broken." Hennager was out the rest of the season along with fellow teammates, sophomore Chris Mayberry with a broken collar bone and senior Alex Carlson with a recurring injury.

Even with the season ending early, the boys were not disappointed; they were out there to have fun and that is exactly what they did.

What is your favorite part of rugby?



"The part where they get in the huddle - what is it called? I like that."
- Senior Susan Shen



"The breaking of collar-bones."
- Sophomore Curtis Mayberry

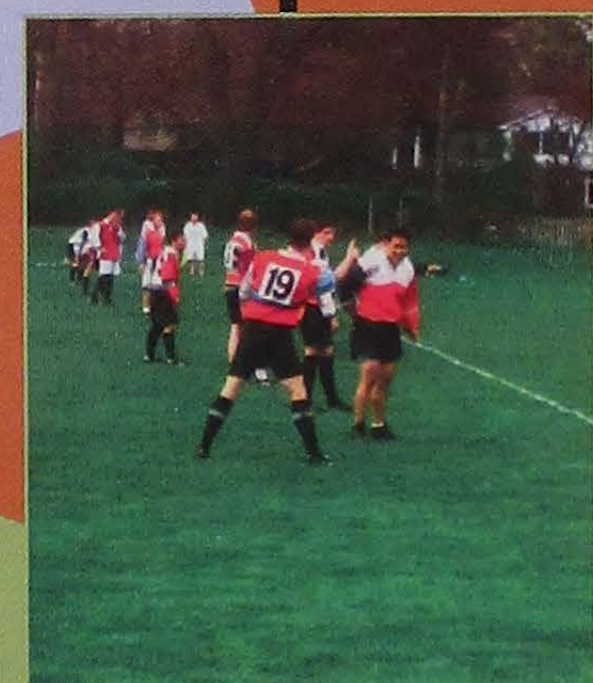


"The part where they say you get free food if you go to the game and then you don't."
-Senior Patrick Howell

Getting caught up in a rugby tangle, senior **Adam Schmidt** takes a tumble to the ground. (Photo courtesy of David Muehe)



I Got It! Anticipating the throwing of the ball, the rugby teammates prepare to trigger the offense. (Photo courtesy of Adam Schmidt)



Body Check- Throwing his weight into the opponent, senior **Adam Schmidt** attempts to regain his balance above his teammates. (Photo courtesy of Adam Schmidt)





Varsity Baseball -
Row 1: Grant Simpson, Steve Fennelly, Daniel Schuldies, Evan Hudson, Kaci Chandra, Chris Voss, Tony Dempsey, Dan Blum
Row 2: Brian Weiss, Nathan Greing, James Teas, Zeke Musselman, Ben Cotton, T.J. Lawless, Co Rasmussen, Landon Baumhove, Chase Eckley



Good Job - Excited about their teammate's home run, the Ames High Baseball Team runs out to congratulate him. (Photo by Becky Sidles)



Be Ready!- Watching the ball, sophomore **Stephen Fennelly** anticipates a ball being hit his way. (Photo by Becky Sidles)



Good Eye!- Keeping his eye on the ball, senior **Kaci Chandra** watches the pitch fly by and takes his base at first. The JV team had a group of strong offensive club this year. They were able to pull off a great season opening win despite rainy weather. (Photo by Shannon McCormick)

America's Favorite Pastime

Ames High's sports program simply would not be complete without the longest running sport in America. Coach Bappe has always led a great program and this year is no exception. Despite the lack of receiving a physical education credit, many players have returned to step up and lead the newcomers on to another winning season. "All the players are good kids and each of us strive for a victory during every game and I personally have nothing less than the highest expectations for my team this season," senior Kaci Chandra said. "We give one hundred and ten percent at all our practices as well as all our games and I certainly would not call the practices easy," he continued. All the baseball players dedicate long hours of practice, Friday nights for games, and many of their Saturdays for tournaments and long into the middle of their summer. Such dedication from the 2005 baseball players will leave the Ames High team with nothing short of a successful season.



1. Its Out of Here - Finishing his swing, senior **Landon Baumhove** watches the ball fly out of the ball park for a home run. (Photo by Becky Sidles)
2. Stretch - Pitching the baseball, freshman **Zeke Musselman** stretches across the mound for a strike. (Photo by Becky Sidles)
3. Time Out - Gathering at the mound, Sophomores **Grant Simpson**, **Anthony Dempsey** and Coach **Bappe** discuss their game strategy. (Photo by Shannon McCormick)

Baseball



1..2..3..TEAM! Heading to their positions on the field, freshmen Claire Kohler, Abby Atkins, Paige Olson, Leigh Howell, and Laura Pedersen break from a huddle to fire themselves up. (Photo by Becky Sidles)



Whata Pitch! -Watching as her pitch crosses the plate, freshman Leigh Howell gets a called third strike. (Photo by Becky Sidles)



Getset....GO! -Leading off of first, freshman Lauren Naeve, waits for the cue to go from her coach. (Photo by Becky Sidles)



Got a piece of that one! -Swinging through the ball, freshmen Laura Pedersen, gets a base hit. (Photo by Becky Sidles)

Varsity Softball -

Row 1: Lauren Naeve, Laura Pedersen, Katie Kramer, Jordan Osbourne, Katie Hasstedt, Tessa Matibag, Amber Sexton, Kelly Matters, Kristi Phillips

Row 2: Nina Carlson, Leigh Howell, Toni Hasselman, Laura Weibel, Nicole Lochren, Paige Olson

Row 3: Megan Pearson, Sarah Kramer, Sarah Nelson, Abby Atkins, Caitlin Anderson, Claire Kohler

What is your Favorite Concession Stand Item?



"The really buttery popcorn; calories, calories, calories and more calories!"

Junior Laura Snell



"Walking Tacos...because they're easy to hide from the coach in the dugout!"

Senior Kaci Chandra



"Skittles...they taste skit-tastic."

Sophomore Jon Link

"I wish they sold hard hats at games because it seems like I always get hit by the ball."

Junior Leah Ackerman



HOT OFF THE PRESS

Advisor - James Webb

Editor-in-Chief - Ben Barclay

Managing Editor - Melanie Wanzek

Sports and Clubs Editor - Alan Moss

**Photography Editors - Rachel Nesbitt
and Miranda Eness**

**Baby Ads Editors - Shannon McCormick
and Becky Sidles**

Photographers - Rob Acker, Rob Vidimos, Olivia Langenberg, Elizabeth Cohea, Jenny Cheuk, Chelsea Spear, Libby Utesch, John Gilarski, Samantha Lewis, Britta Mennecke

Writers - Jennie Bean, Shannon McCormick, Lucas Warth, Gretchen Gerbracht, Rob Acker, Libby Utesch, Becky Sidles, Alexa Warwick, Olivia Langenberg, Brighton Prueger, Jessie Svec

Eighteen individuals brought forth SPIRIT Volume 93 out of nothing. It was created on a buffet line of computers, including two Power G4's, two iMac G4's, four iMac G5's, four Power Macintosh G3's, one scanner, and one brand-new laser printer, using Pagemaker 7.0, Photoshop 5.5 and 7.0, and InDesign 2.0 and CS. The book is 223 pages long plus the index and the World Beat supplement. Body copy is done in Palatino, Courier, and Times fonts in a medley of sizes, including 8, 10, and 12 point. Headlines include the fonts Helvetica, Open Classic, and Times. The stamped font on the endsheets is a specially-designed Jostens font titled Bria. The magazine logos were designed by Rob Vidimos and myself, and used a variety of internet-based fonts.

I would like to thank all the businesses which supported SPIRIT this year. Also, a thank you to parents for their support by placing a baby or friendship advertisement in the book. Thanks to the WEB for whiteboard-writing entertainment. No hard feelings to Greg Hunter, Mr. Johnson, or the rest of the 1st Semester WEB. A big thanks to Matt Baltes and Tim Robson, our Josten reps, who killed, cheated, lied, and smoothed-over our problems with the Jostens plant. To Mr. Webb- Thanks a lot for being a flexible, relaxed advisor. Especially when we were moving rooms, breaking equipment, etc., etc. You added to the quality of the publication but also to the quality of 7th Period. The largest thank you goes to the staff. Alan Moss is a page-designing wizard. Melanie Wanzek is an excellent ad rep. To the entire staff: the book couldn't have been managed, let alone completed, without you. Sorry that I made you give your lives for a publication. However, it paid off. Only three days in the summer is a yearbook record. Finally, I thank you, the reader. Though you already paid \$40 for the book, you managed to get to the end. Congratulations, and thank you. As this is a publication written by and for the students of Ames High, it's nothing without you.

-Ben Barclay

A

Aagesen, Michael....163, 164
 Abbasi, Hansaa75, 137
 Abebe, Hiwot132
 Acker, Robert.. 11, 15, 47, 53, 56, 68, 72, 73, 78, 79, 91, 94, 96, 146, 181, 209, 215, 223
 Ackerman, Jonathan132
 Ackerman, Kayla138
 Ackerman, Leah 68, 138, 218
 Adair, Jason.....124
 Adam, Ryan....37, 49, 68, 69, 146, 202, 209, 215, 219
 Adams, Brandon.....68, 137
 Adams, Daniel130
 Adams, Lindsey50, 81, 82, 85, 91, 92, 146, 168, 208
 Adkins, Abbey.....124
 Agarwal, Rohan132, 200, 217
 Ahn, Annie144
 Akot, Akot137, 138
 Al-Hassan, Faruk.....138
 Alderman, Jesse-James..132
 Alexander, Daniel56, 101, 124
 Alexander, John.....132
 Amaya, Evelisse 64, 104, 124
 Amaya, Jessica55, 132
 Ames, Annie36, 49, 214
 Anderegg, Jonathan ..84, 146
 Anderson, Annika .28, 54, 55, 74, 81, 91, 132, 138
 Anderson, Caitlin101, 124, 221
 Anderson, Heather .8, 75, 80, 92, 101, 146, 170
 Anderson, Jessica28, 46, 132
 Anderson, Nicole101, 124, 138, 221
 Anderson, Ruth 8, 66, 75, 80, 92, 101, 138, 144, 146, 170
 Anderson, Tyler46, 48, 66, 138
 Anton, Ryan.....138
 Arnaud, Austen....44, 46, 58, 59, 138
 Arneson, Bryce170
 Arriitt, Spencer132
 Artese, Samantha.....50, 137
 Arthur, Adam.....46, 138
 Arthur, Alex46, 124
 Ashburn, Kelly40, 164
 Ashburn, Taylor.....138
 Ashley, Anthony .92, 132, 180
 Asklof, Ryan146
 Athreya, Ambika 40, 104, 137
 Atwood, Jason124

Atwood, Krista146
 Awoniyi, Joy.....138
 Awoniyi, Judith.....146, 206

B

Babcock, Brendan67, 132
 Bacon, Serena.....146
 Bae, Hyun-Bin124
 Bagnall, Erin101, 132
 Bai, Dianna.....85, 86, 95, 96, 146
 Bailey, Jason80, 146
 Baker, Chad.....138
 Baker, Ricki178, 187
 Baldrige, Kaitlyn124
 Ball, Stephanie33, 216
 Ballantine, Bret44, 132
 Balough, Jacob.....46, 138
 Balvanz, Lisa101
 Balvanz, Wesley130
 Banks, Marissa52, 53, 60, 61, 68, 138, 185
 Barclay, Ben .6, 8, 21, 75, 85, 96, 146, 184, 222, 223
 Barclay, Emily8, 102, 124
 Barclay, Joshua132
 Barclay, Matthew144
 Barratt, Jane124
 Barrett, Jenna.....132
 Batzer, Melissa124
 Bauer, Lucas124
 Baughman, Melissa25, 62, 132
 Baumgartner, Carolyn124
 Baumhover, Landon 146, 220
 Bazylnski, Alison138
 Bazylnski, Gram.....101, 130
 Bean, Jennifer10, 22, 38, 62, 63, 81, 82, 91, 94, 96, 146, 187, 210, 211, 223
 Bean, Rebecca.....132
 Beckett, Laura124
 Beckman, Joshua.....59, 138
 Beckwith, Angela .50, 92, 137
 Becraft, Kayla23, 50, 104, 124
 Becvar, Melissa144
 Behning, Nathaniel132
 Bell, Austin.....132, 207
 Bell, Elisha.....14, 64, 130
 Bell, Jordon49, 146, 203
 Bell, Roman.....132, 198
 Belz, Kinsey.....124, 218
 Bennett, Debra17, 55, 138
 Bennett, Melissa132
 Bennett, Samantha..104, 124
 Bennett, Tiffany..77, 104, 144
 Benson, Anthony138
 Bentrott, Hannah132

Beresnev, Maria.....132
 Beresnev, Pavel.....124, 217
 Berg, Kevin..46, 50, 138, 144
 Berg, Ryan ...45, 46, 49, 124, 212
 Berg, Thomas104, 124
 Bergeson, Shawn124
 Bergeson, Tanya.....132
 Bergman, Alyssa76, 147, 179
 Bergman, Jordan.....10, 124
 Berleant, Shoshana 104, 130, 216
 Bertelsen, Amanda57, 147
 Best, Brendan.....102, 124
 Bettis, April103, 138
 Bhattacharyya, Darshana.78, 82, 92, 147, 204
 Bielenberg, Jared124
 Bierwagen, Eric .29, 101, 132
 Bierwagen, Kathryn29, 57, 101, 138
 Bird, Emily ..6, 74, 75, 82, 85, 101, 147, 182
 Bird, Samuel...30, 49, 74, 75, 101, 124, 204
 Bjorklund, Erika ..57, 91, 101, 124
 Blanford, Bari.....138
 Blount, Alexandra132, 218
 Blum, Danny46, 138, 220
 Blumer, Ross46, 66, 101, 124
 Boccella, Jennifer84, 132, 214
 Boeke, Craig.....138
 Boelman, Jessica132, 218
 Bonett, Stephen.....89, 124
 Bonnicksen, Beth138
 Bonnicksen, Erin91
 Borg, Zachary49, 108, 132
 Borich, Caylon50, 51, 132
 Borich, Mason41, 46, 138
 Borrill, Amanda147, 178
 Borrill, Brittany64, 132
 Bortle, Alexandra101, 132
 Boswell, Elizabeth132
 Bourke, Mackenzie ..124, 218
 Bovenmyer, Andrew137
 Bovinette, Renee 29, 57, 104, 132
 Boyd, Michael.....124
 Boydston, Braden.....132
 Boylan, John.....46, 132
 Bracha, Peter144, 217
 Brachova, Pavla 91, 164, 216
 Braland, Nicholas138
 Brekke, Lisa.....138
 Brenner, Zachary49, 101, 132
 Breshears, Victoria86, 138
 Brickey, Michael.....130
 Bridges, Zachary56, 124

Brimeyer, Katie9, 50, 124, 147, 213
 Brimeyer, Sarah.50, 132, 24
 Brisbon, Andre10
 Brockway, Melissa ..101, 124, 132
 Brown, Annisa12
 Brown, Austin46, 132, 14
 Brown, Bridget.....50, 14
 Brown, Daniel46, 66, 101, 124
 Brown, Lauren46, 50, 102, 124, 132
 Bruner, Michael14
 Brunia, Natalie ..33, 101, 10
 Budd, Alexandria ..15, 55, 65, 103, 138, 200
 Bugg, Zachary17
 Bumgarner, Brant49, 17
 Bunker, Erik ...47, 58, 59, 17
 Bunting, David17
 Bunting, Steven124, 23
 Burdine, Jason14
 Burgason, Jordan47, 10
 Burianek, Steven12
 Burleson, Zachary14
 Burnett-Larkins, Melissa..17
 Burns, Carianne12
 Buseman, Amanda17
 Buseman, Michelle14
 Buss, Kimberly17
 Buttery, Alexandra14
 Bystrom, Elizabeth12
 Cakerice, Dustin12

C

Calhoun, Courtney ..101, 1
 Calsyn, Jennifer.....13
 Canales, Augusto66, 2
 Canfield, Jacob...14, 87, 10
 108, 124
 Cardwell, Nicolas.....46, 14
 215
 Carlson, Aenea.....101, 13
 Carlson, Alex 36, 89, 93, 14
 219
 Carlson, Ashley101, 13
 Carlson, Nina...101, 125, 2
 Carlyle, Jamie.....23, 5
 51, 74, 75, 78, 81, 85, 91, 9
 101, 148, 204
 Carney, Kelsey132, 2
 Carranza-Morales, Ignacio .138
 Carswell, Anna57, 64, 12
 Carswell, Daniel49, 14
 Carter, Kayse.....13
 Cartwright, Cade ..23, 33, 4

138, 148, 182, 198, 208
 Casey, Elizabeth.....138
 Castillo, David.....137
 Catus, Ryan..46, 58, 59, 138,
 212
 Chance, Emily ..6, 17, 20, 79,
 100, 132
 Chandra, Koushik.....46
 Chandra, Shoma.....57, 102,
 125
 Chang, Justin.....66, 132
 Chang, Robert.....9, 21, 33,
 41, 56, 81, 92, 101, 107, 109,
 148, 189, 208, 217
 Chang, Stephanie.....50,
 60, 79, 84, 95, 101, 107, 148,
 177, 181, 182
 Chausse, Elijah.....125
 Chelley, Matthew107, 138
 Chen, Edward..62, 75, 84, 85,
 90, 91, 125, 148, 205
 Chen, Han.....144, 216
 Chen, Jasmine.....62, 125
 Chen, Yu-Ting.....132
 Chester, Michelle.....138
 Cheuk, Jennifer.....16,
 24, 74, 77, 80, 86, 90, 94, 96,
 101, 102, 104, 132, 223
 Chidister, Lucy 101, 102, 108,
 110, 148, 206, 210
 Chitty, Lauren.....132
 Cho, Alarm..81, 104, 125, 138
 Cho, Albert..81, 104, 125, 138
 Chowdhury, Moazzem.....144
 Chrisinger, Georgia .138, 208
 Chrusciel, Daniel.....56, 125
 Chrusciel, Erin57, 76, 148,
 200
 Chung, Anthony.....125
 Ciccotti, Nicole..92, 103, 108,
 111
 Clapp, Keenan.....66, 132
 Clark, Kaylyn.....62, 76, 148
 Clark, Laura.....49, 50, 65
 Clark, Mathew49, 92, 96,
 148, 212
 Clark, Terrisa92, 132, 148,
 212
 Clark, Tyler ...49, 92, 96, 125,
 148, 212
 Clayton, Andrew 24, 148, 168
 Cleary, Charles.....10, 69, 72,
 90, 139
 Coady, Christopher..148, 169
 Cobb, Aurora.....137
 Coghlan, Katherine.....130
 Cohea, Elizabeth..51, 57, 65,
 84, 94, 96, 101, 132, 223
 Compton, Jennifer 50, 74, 79,
 101, 107, 108, 110, 132, 201,
 207
 Coney, Traci.....139

Cook, Theresa.....83, 139
 Cooper, Tonie.....78, 125
 Corley, Clifford 14, 19, 46, 66,
 148, 200, 208
 Cornelis, Ryan.....132
 Correa, Cassandra.....132
 Correa, Natalia.....130
 Cortinas, Michael.....137
 Cosby, Taneeka.....149, 206
 Cotton, Benjamin 46, 59, 125,
 220
 Cottrill, Chelsea.....32, 139
 Courneya, Sophia... 111, 125,
 213
 Cowan, Christopher.....125
 Cox, Rachael..61, 74, 75, 85,
 149
 Cox, Steph....74, 85, 91, 101,
 107, 149, 166, 180
 Coyle, Andrew.....125
 Cram, Sarah.....65, 139, 205
 Crandell, Courtney82, 149
 Crockett, James.....139
 Cross, MacKenzie.....132
 Cross, Matthew.....132, 137
 Crouse, Steven.....137
 Croyle, Erik.....149, 217
 Cruise, Travis 19, 46, 73, 149
 Crum, Travis.....125
 Crumpton, Nicholas.....132
 Cue, Elizabeth.....149, 221
 Cue, Stephanie.....83
 Culver, Alexander.....149
 Cummings, Madison..57, 125
 Cunnally, Isaiah ..83, 96, 149,
 166
 Cunningham, Dylan.....144
 Currie, Courtney.....149, 218
 Currie, Nolan.....47, 66, 132
 Curry, Jessica.....50, 84, 132,
 214
 Curtis, Lara...50, 95, 96, 139,
 199

D

Dakin, Jianna.....101, 149
 Davenport, Emily .25, 62, 139
 Davenport, Keegan.....125
 Davis, Brian ..9, 21, 101, 104,
 149, 208
 Davis, Chad.....74, 100, 132
 Davis, Chelsea ..74, 100, 132
 Davis, Keith.....101, 132, 202
 Davis, Kyonda.....130
 Davis, Michael.....132, 137
 Davis, Nathan.....9, 21, 101,
 104, 125, 130, 149, 208
 Davis, Rachel.....68, 84, 139
 Davis, Ravyne.....68, 84, 139

Day, Donavan.....137
 DeMarie, Joseph ..30, 39, 40,
 66, 149
 Deal, Sean.....81, 137
 Deam, Alexander.....125
 Deam, Natalie....57, 104, 125
 Dearborn, Matthew.....130
 Dekkers, Anja57, 103, 132
 Delaney, Janessa125, 216
 Dempsey, Antony.....132, 220
 Deppe, Elizabeth.....101, 139
 Di, Orio.....6, 69,
 79, 83, 85, 86, 89, 90, 96, 97,
 105, 107, 110, 200
 Dilla, Elizabeth.....139
 Dilla, William.....49
 Dillavou, Scott.....67, 132
 Dillon, Taria.....130
 Dixon, Lauren62, 125, 202
 Dobbs, Benjamin.....46, 132
 Dobbs, Megan.....33, 149
 Dobson, Joanna.....77, 102,
 132, 198
 Dobson, Lillian....30, 74, 132,
 200, 203
 Dodge, Audrey.....103, 132
 Dodge, Seth 22, 49, 149, 211
 Dohrmann, McKenzie.....125
 Donovan, Kadina.....149
 Dooley, Aaron.....139
 Dooley, Jodi.....125
 Dougherty, Lauren....57, 132
 Dougherty, Ryan.....47, 139
 Downard, Jared...56, 68, 132
 Downard, Kyle.....26, 56, 150
 Doyle, Andrew ..80, 101, 102,
 125
 Doyle, Daniel.....139
 Drapal, Emily 10, 25, 62, 139,
 201
 Drzycimski, Kylie.....125
 DuCharme, Devon.....130
 Duden, Donald.....125
 Dunlay, Michael 49, 101, 139,
 217
 Dunne, Carrie.....139
 Dunshee, Katelyn.....64, 132
 Dunshee, Kelsey.....82, 102,
 150, 185
 Duvick, Elizabeth.....139, 202
 Duvick, Levi.....150
 Duvick, Mark.....22, 46, 125
 Dye, Allison.....57, 132, 213
 Dye, Jaime33, 52, 53, 150

E

Easley, Zachary.....69, 150
 Eckley, Chase.....150, 220
 Edmondson, Amy.....130

Edwards, Sean.....139
 Egan, Josiah.....130
 Eggert, Joanna .57, 102, 125,
 202, 214
 Eggert, Sarah .22, 33, 38, 75,
 76, 82, 91, 92, 102, 108, 150,
 187, 208, 210, 214
 Egli-Davis, Jessica ..108, 139
 Ehrhardt, Charissa.....125
 Ehrhardt, Sarah.....139
 Elkhatib, Mazen.....144
 Elkhatib, Rami.....130
 Ellern, Ilya.....104, 144
 Ellingson, Eric.....139
 Elliott, Jackie.....139
 Elliott, Kate.....39, 50, 139
 Elliott, Kelsey.....132
 Endreland, Kyle.....132
 Eness, Miranda.....9, 11, 14,
 36, 64, 65, 76, 82, 91, 94, 96,
 150, 187, 222
 Engelen, Mallory...48, 50, 51,
 95, 150
 Engelman, Joshua.....125
 Engelman, Kellie.....139
 Englin, Kelsey.....139
 Enloe, Stephanie 57, 89, 139,
 204
 Ennis, Clark.....47, 125
 Erbes, Emily.....125
 Erickson, Lucas.....56, 125
 Erickson, Matthew ..139, 150,
 198
 Ertz, Benjamin 11, 53, 68, 69,
 72, 73, 150, 215
 Ertz, Elaine.....64, 132
 Evans, Deonte.....130

F

Fabiosa, Joseph.....101, 132
 Fabiosa, Maria....61, 68, 101,
 139
 Fair, Elliot.....125
 Falk, Emily...30, 50, 102, 132
 Fang, Mark ..74, 88, 104, 137
 Farni, Garrett.....47, 144
 Federle, Sarah.....87, 132
 Feller, Andrew.....48, 49, 139,
 203
 Feller, Benjamin..49, 102, 125
 Fennelly, Steven...16, 23, 46,
 68, 132, 220
 Ferguson, Kurtis.....101, 139
 Ferguson, Rebecca24, 50,
 104, 132
 Fernandez-Baca, Cristina 150
 Fevold, Adam.....144
 Fields, D.....88
 Finer, Ashley.....65, 139
 225

Fitzsimmons, John14, 46, 125, 132
 Fitzsimmons, Josiah...14, 46, 125, 132
 Flagg, Kortez144
 Flomo, Sianeh ...40, 104, 150
 Florea, Olga.....75, 150, 179
 Flynn, Matthew101, 125
 Flynn, Shauna .101, 104, 151
 Fogleman, Kyle .29, 132, 151
 Fogleman, Mark29, 151
 Foley, Eric.....132
 Folkmann, Joseph139
 Fonseca, Rosemary139
 Formaker, Kathryn..101, 104, 151, 176, 188
 Forsgren, Ethan.....102, 104, 108, 132, 199
 Forth, Lauren.....101, 133
 Fowler, Katherine102, 125
 Fox, Adam133
 Frandsen, Lauren77, 101, 133
 Frangos, Tristan151
 Fratzke, Susan33, 80, 82, 86, 111, 151, 188
 Frazier, Barbara.....130
 Fuller, Joseph49, 101, 133
 Fullhart, Andrew 93, 101, 125
 Fullhart, Julia125, 216
 Fulton, Hannah.....125
 Fulton, Jennifer.....29, 139
 Funkhouser, Jordan...17, 49, 92, 151, 205, 211, 212

G

Gallagher, Martin101, 125, 217
 Gallagher, Rachel.....23, 104, 151, 188
 Gan, Qi139
 Ganzer, Kenneth144
 Garasky, Martha ...57, 80, 83, 101, 125
 Gardner, Spencer ..7, 46, 125
 Garrison, Butler130
 Gassman, Mattias130
 Gassman, Nicole144
 Gaul, Abigail7, 11, 16, 22, 62, 75, 85, 101, 108, 109, 151, 179, 203
 Gaunt, Richard ..49, 101, 133
 Gehlsen, Lucas133
 Gehring, Laura .50, 101, 125, 213
 Geiger, Kristin57, 133
 Geil, Branden139
 Geil, Darren101, 151
 Gent, Morganne130

Gerbracht, Gretchen...50, 92, 94, 151, 223
 Gerritson, Aleshia64, 125
 Geske, Adrienne102, 108, 139
 Gibson, Ryan.....101, 139
 Gidlewski, Sarah83, 139
 Gieseke, Katharine ..151, 173
 Gilarski, John.....15, 17, 48, 49, 78, 88, 94, 151, 174, 204, 215, 223
 Gilarski, Mark.....49, 125
 Gildermaster, Noah ...46, 133
 Gilger, Justin.....40, 56, 133
 Gill, Brandon.....49, 81, 151
 Gillen, Stacy64, 126
 Gilmore, Jordan.....59, 139
 Girton, Jeremy 21, 86, 87, 92, 101, 139
 Glatz, Catherine ...27, 57, 75, 92, 101, 104, 151
 Gleason, Justin.....68, 133
 Gleason, Katherine.101, 108, 151, 187
 Glick, Ben133
 Godfrey, Christina.80, 82, 86, 91, 101, 104, 151
 Godfrey, Tiana57, 83, 101, 104, 106, 126
 Goedeken, Carolyn 101, 152, 177
 Gohlmann, Jacob139
 Goldman, Maeryn.....139
 Golemo, Molly ...14, 101, 139
 Gong, Stephanie104
 Gonzales, Bryce133
 Grant, Elizabeth..... 111, 133
 Grant, Ulfur49, 86, 90, 93, 133
 Grant-McCann, Lindsay ..126
 Graveline, Sarah101, 126
 Green, Jennifer.....140
 Greenwald, Anna..16, 74, 92, 101, 133, 216
 Greving, Nathaniel.....46, 59, 140, 220
 Grotheer, Matthew86, 87, 144
 Grove, April..50, 51, 152, 172
 Gruenewald, Johanna126
 Gurbo, Maria133

H

Habhab, Jamalia137
 Hackerson, Meghan ...53, 61, 83, 90, 101, 133, 214
 Hackerson, Ross ..56, 83, 92, 101, 126
 Hackerson, Samantha 56, 61,

83, 90, 91, 92, 101, 126, 133
 Hade, Sawyer.....101, 152
 Hagen, Jennifer133
 Hagen, Scott.....152
 Hagert, Zachary.....133
 Halbur, Adam.....46, 126
 Hallberg, Justin.....49, 152
 Hames, Constance152
 Hamilton, Amy53, 60, 61, 133, 214
 Hamilton, Ashley53, 102, 152, 182
 Hamilton, Garrett46, 140
 Hamouche, Karl.....56, 126
 Hansen, Erin.....130
 Hansen, Leah126, 133
 Hansen, Matthew46, 133
 Hansen, Michael.....46, 133
 Hansen, Ryan.....133, 165
 Hansen, Tyler133
 Hanson, Jeffrey101, 104, 133
 Hanson, Julia.....64, 126
 Hanson, Rebekah...108, 133, 216
 Hanson, Sarah 6, 76, 82, 152
 Hapke, Peter .83, 86, 87, 152
 Hapke, Samuel86, 87, 126
 Harden, Dionne130
 Harder, Christopher ..92, 107, 108, 140
 Harmelink, Katherine144
 Harmon, Adam140
 Harmon, Rachel104, 105, 126
 Haron, Bahja126
 Harrington, Caitlin 57, 64, 133
 Harris, Dillon.....126
 Harris, Jillian.....152
 Hart, Timothy49, 93, 152, 180, 198, 211
 Hartzler, Alice77, 133
 Hashemi-Toroghi, Natalie .61, 133, 214
 Hashemi-Toroghi, Oriana 152
 Hasselman, Antonia140
 Hasselman, Rachel126
 Hasstedt, Katie133, 221
 Haugo, Daniel.....46, 68, 133
 Hawley, Tricia57, 101, 140
 Hayes, Jamal.....46
 Heddendorf, Ellen...101, 140
 Heideman, Paul...15, 40, 80, 86, 103, 152, 206, 210
 Heiligenthal, Peter46, 126, 217
 Heimisdottir, Dagny .101, 126
 Heising-Finn, Peter.....126
 Heithoff, Travis....49, 67, 101, 104, 133
 Heithoff, Trent...67, 101, 104, 133, 152

Heitzman, Marc 31, 102, 133
 104, 110, 126, 215
 Heitzman, Melissa61, 133
 140, 214
 Helling, Ashlee.....152, 182
 Hellmich, Kristina.....133
 Henderson, Brittney.....101
 Henderson, Felicia49
 Hendricks, Priscilla101
 Hendrickson, Grant140
 Hennager, Mark..7, 9, 45, 101, 56, 68, 69, 74, 93, 152, 215
 Hensen, Elizabeth101
 Herrick, Allison.....57, 133
 Herrick, Andrew ...47, 57, 101
 Herriges, Michael 56, 88, 133
 Herrnsstadt, Caitlin 74, 81, 101
 Hiatt, Megan140
 Hibbing, Neva.....50, 92, 101, 108, 140
 Hibbs, Brandy133
 Hibbs, Cody140
 Hickok, David151
 Hinderks, Amanda ..103, 101, 140
 Hinderks, Tyler...92, 101, 133
 Hinders, Adam133
 Hinders, Alexander133
 Hinders, Kyle133
 Hindt, Maria ..50, 74, 92, 101, 105, 153
 Hinojo, Flor133
 Hippen, Marcus93, 133
 Ho, Chi-Sing ...18, 26, 57, 61, 126, 219
 Hockett, Jennifer101, 133
 Hoffman, Thomas46, 133
 Holt, Sara .92, 102, 104, 101, 111, 140
 Holub, John73, 133
 Holub, Laura133
 Honzatko, James.....126
 Horst, Anna.....151
 Hoskins, Nichole.....57, 133
 Houk, Jeffrey46, 133
 Howell, Dana36, 65, 101, 140
 Howell, Leigh..101, 126, 215, 221
 Howell, Patrick.....90, 95, 91, 153, 217, 219
 Hsieh, Wen-Hua140
 Hudak, Daniel.....133
 Hudson, Evan.77, 83, 89, 91, 93, 144, 220
 Hug, Caitlin.....140
 Hug, Miranda.....151
 Huisman, Kevin151
 Hundertmark, Sarah...28, 50, 75, 92, 133
 Hunter, Gregory 6, 15, 29, 49, 68, 75, 77, 85, 89, 91, 93, 95

6, 153, 203, 213, 223
 Hunter, Robert126
 Hunziker, Andrew67, 140
 Iupalo, Sofiya23, 50, 126
 Iurd, Zachariah..22, 46, 101,
 102, 126
 Hurley, Brandon.....133
 Hurley, Jeremy....40, 46, 47,
 83
 Huston, Amy126
 Huston, Jason97, 140
 Hutzel, Jenna153

I

Ihle, Kimberly.....50, 140
 Iarlsan, Iris101, 140, 216
 Ierman, Nicholas126
 Inanc, Ege ..56, 89, 104, 133,
 206
 Ingham, Alexandra ...92, 103,
 104, 133, 153
 Ingham, Anastasia...103, 133
 Israel, Emma88, 101, 140,
 205

J

Jackson, Benjamin87, 93,
 153
 Jackson, Hayley ...50, 74, 83,
 102, 104, 133, 144, 200
 Jackson, Sarah.....50, 74, 82,
 102, 133, 200
 Jacobs, Alicia.....140
 Jacobson, Jordan126
 Jacobson, Sarah101, 140
 Jacobson-Swanson, Aaron....
 133
 James, Andrew .46, 126, 130,
 137
 James, Aubrie.....74, 91, 102,
 126
 Jani, Samir130
 Jansen, Benjamin.....133
 Jansen-Bibeau, Danielle .144
 Janssen, Emily ..65, 140, 204
 Jarnagin, Alexander....47, 67,
 134
 Jaya, Defina144
 Jaynes, Brian.....46, 126
 Jensen, Chelsea...30, 62, 63,
 140
 Jensen, Jay134
 Jensen, Jenna60, 61, 134
 Jeong, Annie.....104, 126
 Jeong, William153
 Jiles, Andrew134
 Johansen, Torin140

Johnson, Alec46, 84, 91,
 103, 134, 153
 Johnson, Alleah61, 76, 84,
 91, 103, 134, 153
 Johnson, Andrew ..46, 84, 91,
 102, 103, 153
 Johnson, Chelsea.37, 61, 76,
 91, 103, 134, 153
 Johnson, Jacob44, 46, 66,
 78, 108, 134, 177, 199
 Johnson, Jason44, 46, 66,
 78, 108, 134, 137
 Johnson, Kaitlin ...46, 68, 126
 Johnson, Kristin18, 41, 46,
 68, 134, 140, 154, 181, 214
 Johnson, Kristopher
 18, 41, 46, 68, 134, 140, 154,
 181, 214
 Johnson, Krystal...18, 41, 46,
 68, 134, 140, 154, 181, 214
 Johnson, Kyle .46, 56, 68, 87,
 101, 126, 134
 Johnson, Morgan..30, 50, 74,
 75, 91, 154
 Johnson, Stephfon18, 37, 46,
 126
 Johnson-Muyengwa, Jacob...
 134
 Johnston, Chris49,
 82, 84, 86, 87, 104, 154, 210,
 211, 217
 Jones, Alexander ..46, 62, 63,
 83, 101, 126, 134
 Jones, Brian 46, 66, 140, 207
 Jones, Larissa62, 63, 75,
 101, 126
 Jones, Lauren.....62, 63, 75,
 101, 126
 Joo, Nick.....104, 130
 Joo, Paul134
 Jungjohan, Abigail134

K

Kaloupek, Hannah.....134
 Kamal, Heba.....154
 Kang, Kang.....140
 Kang, MyungJung46
 Kaspar, Jill 50, 75, 78, 85, 90,
 154, 182, 199, 204, 208
 Kaster, Emma154
 Kaufman, Kelsey101, 126
 Kawaler, Emily 62, 68, 83, 89,
 91, 104, 140
 Kearney, Kristine57, 134
 Kearney, Nichole90, 134
 Keller, Amanda .7, 62, 63, 82,
 154, 172
 Keller, Benjamin154, 172
 Kelly, Shane.....101, 140

Kemis, Jason.....126
 Kenyon, Ryan.....46, 126
 Kerns, Megan11, 61, 82,
 154, 183, 214
 Kerns, Nicole ..11, 61, 62, 82,
 126, 154, 183, 214
 Kerper, Amanda.....140
 Kerr, Rebecca.....134
 Kessler, Melanie140
 Kienzler, Richard154
 Kim, Ghahyun.....134
 Kim, Hoffmann.....154
 Kincart, Emily.....144
 Kindred, Cassandra.....134
 King, Jacob.....134
 King, Laura14, 102, 126
 Kinker, Daniel46, 66, 140,
 215
 Klinkel, Joseph46, 66, 134
 Klotzbach, John.....126
 Kluesner, Mary50, 68, 81,
 140
 Knight, Ryan.....46, 66, 126,
 154, 165, 175
 Knight, Taylor.....46, 66, 126
 Knight, Victoria140
 Knudson, Daniel104, 144
 Knuth, Kyra.....36, 65, 74, 92,
 102, 134, 213
 Knutson, Kelsey68, 140
 Kochel, Jacob.....144
 Kochel, Zachary137
 Koehler, Robert .56, 101, 134
 Koeneke, Oscar.....134
 Kohler, Clare....101, 127, 221
 Kohler, Kerry19, 50, 134, 213
 Kollasch, Jeffrey134
 Kolner, Benjamin21, 101,
 154, 208
 Koppenhaver, Ross ..18, 101,
 102, 104, 110, 111, 140
 Koranda, Anthony.....140
 Korf, Nicholas134
 Krabbe, Charles140
 Kraemer, Colin....28, 93, 154,
 176
 Kraemer, Michael134
 Kramer, Katie50, 61, 68, 140,
 213, 221
 Kramer, Sara41, 154, 221
 Kraus, Diane19, 57, 104, 127
 Kroll, Jeffrey.....134
 Krumm, Alexander.....140
 Kruse, Eric.....127
 Kuo, Dennis.....101, 134
 Kurkalova, Anna .75, 84, 107,
 198, 200
 Kwaw-Mensah, Davina....127
 Kwaw-Mensah, Emmanuella.
 141

L

LaGrone, Aquavia.....137
 LaPietra, William144
 Laczniak, Matthew.....27, 134
 Lamar, Chelsea164
 Lamar, Trent134
 Lambert, Jennifer80, 134
 Lamp, Anderson
 41, 48, 49, 78, 101, 102, 103,
 104, 108, 154, 169, 210
 Lane, Eric58, 134, 213
 Lange, Brian141
 Langenberg, Olivia15, 18,
 50, 65, 94, 96, 141, 212, 213,
 223
 Langlois, Aaron102, 141, 198
 Larabee, Laura 101, 104, 141
 Larpenter, Aaron.....127
 Larsen-Ferree, Samuel83,
 91, 155, 175
 Larson, Alysia134
 Larson, Bryan59, 141
 Larson, Courtney.....57, 103,
 134
 Larson, Jonathan....101, 127,
 141, 217
 Larson, Julie 10, 38, 155, 187
 Larson, Kelsie.....57, 92, 134,
 218
 Larson, Natalie ...25, 38, 101,
 127, 141, 155, 206, 217
 Larson, Nathaniel .25, 38, 59,
 101, 127, 141, 155, 206
 Larson, Ryan59, 127, 141
 Larson, Ryan59, 127, 141
 Larson-Konar, Joshua ...101,
 127
 Lawless, Thomas.....46, 141
 Lawlor, Emily134
 LeCount, Jacob144
 Leamen, Bryant144
 Lee, Brandon .41, 59, 72, 155
 Lee, Michael46, 59, 141
 Leibold, Brandon46, 127
 Leininger, Michelle.....141
 Lelonek, Brianna .65, 92, 134
 Lenhoff, Aaron24, 56, 141
 Lett, Amanda127
 Leung, Audrey101, 155
 Leung, Benjamin101, 137
 Lewis, Andrew27,
 38, 46, 75, 96, 102, 105, 108,
 109, 134, 155, 187, 202, 204,
 209, 218, 223
 Lewis, Derek46, 74, 101, 141
 Lewis, Samantha27,
 38, 75, 81, 96, 102, 105, 108,
 109, 155, 187, 223
 Lewis, Tyler.....66, 134
 227

Liebman, Chan83, 89, 97, 127
 Lien, Joseph134
 Lim, Jessica144
 Linahon, Mark....46, 155, 172
 Linahon, Sarah134, 213
 Linder, Brittany144
 Linduska, Katelyn62, 134, 202
 Link, Jonathan .. 28, 111, 134, 221
 Lipert, Maya..92, 95, 96, 155, 179, 186, 202, 216
 Little, Ethan 7, 11, 16, 20, 58, 67, 91, 214
 Litwiller, Nicholas..46, 58, 59, 141, 200
 Liu, Magon.....101, 127
 Liu, Xiaoteng135
 Liu, Ying.....50, 104
 Lizaso, Daniel.....56, 141
 Lochray, Anna.....141
 Loes, Alyson64, 135
 Lograsso, Nicole.....155, 214
 Logsdon, Laura16, 29, 33, 50, 92, 100, 102, 104, 108, 111, 155, 175, 187, 210, 217
 Long, Brandon141
 Long, Candice40, 141
 Lott, Aaron101, 102, 106, 108, 135
 Lott, Elizabeth.....80, 92, 101, 108, 164
 Lou, Xiaoxiao.....141
 Loughren, Nicole141
 Lowry, Luke6, 16, 22, 48, 49, 78, 79, 85, 102, 104, 105, 108, 109, 110, 155, 177, 205, 211, 212
 Lowry, Lydia.....40, 50, 51, 62, 78, 79, 101, 104, 141, 205, 216
 Lowry, Rachel..101, 104, 141
 Lu, Devin8, 22, 49, 56, 74, 92, 101, 102, 109, 110, 127, 171, 186, 205, 211, 212
 Lu, Kevin46, 83, 104, 127, 141
 Luban, Sarit77, 83, 89, 90, 96, 104, 135
 Ludemann, Mark46, 127, 141
 Ludemann, Matthew.46, 127, 141
 Luecke, Conrad49, 56, 92, 127
 Luecke, Mirelle ...75, 92, 101, 155
 Lundstrom, Katie135
 Lutz, Amanda50, 77, 135

Lynn, Scott.....47, 141, 212

M

Maahs, Adam46, 68, 135
 MacDonald, Maurice137
 Magnuson, Jenna141
 Mahan, Ashley... 65, 111, 141
 Mahgoub, Eman92, 101, 164, 174
 Mallarino, Andrea104, 135
 Manatt, Robert.....141
 Mansbach, Rachael.137, 206
 Manu, David 75, 92, 101, 155
 Marasinghe, Neal .84, 90, 91, 92, 104, 155, 205
 Marker, Andrew130
 Markley, Cody.....141, 215
 Marquardt, Derick.....135
 Marrs, Jason.....36, 47, 135
 Marsden, Katherine ..61, 102, 127
 Marsden, Ross20, 21, 22, 58, 59, 68, 72, 73, 155
 Martin, Glenn..49, 89, 93, 97, 104, 105, 135
 Martin, Jeremy.....49
 Martin, Nicholas....37, 89, 93, 97, 104, 105, 135
 Maschoff, Alex135
 Masteller, Michael.....87, 127
 Mastin, Whitney ..17, 82, 156, 183
 Matibag, Cristobal90
 Matibag, Tessa ..64, 135, 221
 Matters, Kelly.....57, 141, 221
 Matteson, Jennifer144
 Maurer, Todd.....46, 156
 Maxwell, Elizabeth.....156
 Mayberry, Amanda...127, 214
 Mayberry, Christopher127, 219
 Mayberry, Curtis137, 219
 Mayes, David.....49, 135
 Mazur, Neo127
 McArthur, Samantha.....156
 McCalmont, Virginia141
 McClain, Maurice.....135
 McClain, Sean127
 McClanahan, Marc ..101, 130
 McClanahan, Sarah..21, 101, 102, 104, 141, 206
 McClelland, John.39, 49, 127
 McCormick, Morgan ..64, 135
 McCormick, Shannon14, 64, 65, 94, 96, 101, 141, 208, 220, 222, 223
 McCuskey, Peter33, 68, 74, 93, 95, 96, 156, 205, 208, 215

McDonald, Brian.....46, 135
 McGonigle, Erin.....135, 218
 McGowan, Lindsay.....141
 McGrory, Alexa52, 53, 61, 137
 McGrory, Matthew ...102, 127
 McKelvey, Kyrieanne137
 McMasters, Dylan.....127
 McMichen, Heather .156, 176
 McNunn, Gabriel47, 141
 McPhail, Matthew66, 135
 McRoberts, Sarah81, 101, 103, 156
 McRoberts, Sharon .103, 135
 Medley, Robert127
 Mekemson, Michelle.....156
 Melendez, Manuel ...101, 141
 Mendelson, Aaron93, 156, 175, 208
 Mendelson, Noah93, 135, 156, 175, 208
 Mendonca, Michael141
 Mennecke, Britta74, 141, 215, 223
 Meraz, John.....141
 Merseal, Kacy.....101
 Metzger, Allison50, 68, 81, 141
 Metzger, Amy.....50, 68, 141
 Meyer, Christen101, 141
 Meyer, Nathan80, 81, 101, 127, 141
 Meyn, Austin.....46, 102, 103, 127, 141
 Meyn, Joshua127
 Michel, Matthew127
 Michelini, Paulo144, 201, 215
 Mickelson, Mercedes.....127
 Milan, Cori135
 Millen, Jai19, 46, 156
 Miller, Aaron.....127
 Miller, Danielle127
 Miller, Eric.....101, 127
 Miller, Nicholas ..87, 127, 156
 Miller, Onnalee130
 Miller, Rachel.....101, 127
 Miller, Stephen...87, 127, 156
 Miller, Tyler ..86, 97, 101, 127
 Miller, Wyatt.86, 97, 101, 127
 Mina, Mazdak127
 Misra, Jason ..10, 49, 74, 141
 Moloney, Joshua.....144
 Moloney, Kendra.....127
 Montgomery, Andrew36, 141, 215
 Montour, Kayti142
 Moore, Christopher....46, 135
 Moore, Kaitlin127
 Moore, Mark127, 188
 Morgan, Timothy.....101, 142
 Morris, Emily...101, 102, 104,

142
 Moschini, Emily 50, 104, 104
 142
 Mosley, Chassidie.....1
 Moss, Alan74, 80, 94, 94
 106, 135, 222, 223
 Moss, Kevin1
 Mostrom, Aaron67, 1
 Muehe, David10, 1
 58, 59, 68, 81, 156, 204, 20
 209, 211, 219
 Mull, Jason49, 1
 Mull, Justin49, 1
 Munday, Jennifer1
 Mungons, Andrew....101, 1
 Murphy, Megan.....12
 Musgrove, Jonathan.....12
 Musselman, Ezekiel 127, 22
 Mwaniki, Jackline13
 Mwanza, Kabuswe .102, 10
 108, 156
 Myers, Amanda13
 Myers, Joy12
 Myrick, Rachael.....13

N

Naeve, Lauren.....25, 57, 6
 127, 213, 221
 Nau, Jonathan1
 21, 28, 46, 68, 74, 78, 79, 8
 157, 202, 204, 209, 210, 215
 Navi, Deepak.....13
 Naylor, David101, 13
 Neff, Andrew46, 66, 15
 Nelsen, Sarah.....13
 Nelson, Adam15
 Nelson, Benjamin .22, 28, 4
 72, 73, 90, 135
 Nelson, Cole12
 Nelson, Darius.....73, 14
 Nelson, Heath.....16, 53, 92
 157, 221
 Nelson, Kathryn15
 Nelson, Kyle66, 14
 Nesbitt, Rachel183, 187
 208, 222
 Nesbitt, Rachel8, 10, 55
 62, 63, 94, 96, 157, 187, 202
 203, 208, 216, 217, 222
 Nesbitt, Renee..8, 15, 50, 51
 108, 142, 202, 214
 Nesbitt, Tyler.....46, 12
 Neunhoffer, Jacob14
 Newhouse, Robert.....13
 Newton, Emily15
 Ng, Louis46, 68, 84, 157
 212, 213
 Nguyen, Huong142
 Nicolas, Noelle137

Nehm, Lindsey 101, 128
 Nemand, Christopher 137
 Neves-Doyle, Elena 128
 Nikkel, April 135
 Nilakanta, Haema 137
 Nimmo, Samantha 142
 Ninaquispe, Vanessa 104,
 142
 Norris, John 135
 Norris, Katherine 50, 164, 187
 Nostwich, Aaron 46, 128
 Nostwich, Nicole 46, 128, 142
 Novak, Andrew 157, 178

O

Oakes, Heather 157
 Olinger, Alexander 66, 128
 Olson, Adam 135
 Olson, Andrew 29, 102, 110,
 142
 Olson, Paige 128, 202, 221
 Olufade, Mia 128
 Ong, Luei 135, 212
 Orazem, Katherine 90, 91,
 101, 128
 Orey, Chelsea 128
 Ortiz, Christopher 157
 Osborne, Jordan 157
 Osness, Meira 142
 Oster, Jessica 53, 74, 75,
 101, 102, 135
 Otto, Helen 128
 Ourada, Melinda 142
 Owen, Micheal 67, 142
 Owusu, Emmanuel 49
 Owusu, Felix 137

P

Packer, Molly 128
 Palo, Jessica 32, 68, 81, 142
 Pan, Xin 78, 90, 104, 142
 Pandey, Divya 144
 Pappas, Megan 142, 144
 Par, Nyawour 38, 76, 77, 87,
 100, 101, 110, 128, 142, 144,
 157, 205, 216
 Park, Daniel 101, 104, 128
 Park, JeongHoon 157, 205
 Park, Rebecca 65, 104, 142
 Parker, Emmanuel 144
 Parlade, Robin 128, 216
 Parsons, Christopher 135,
 199
 Parsons, Meredith 83, 87,
 101, 107, 135
 Parsons, Sarah 102, 128
 Paschen, Madeline 90, 135

Pastiak, Anne 142, 144
 Pastiak, Brian 128
 Patel, Ankit 144
 Patel, Kunal 137
 Patterson, Fredd 49, 73, 157,
 180
 Patton, Keith 46, 130
 Pearson, Megan 74, 142, 221
 Pecharsky, Nadya 76, 157,
 178, 216
 Pedersen, Chad 46, 215
 Pedersen, Laura 128, 221
 Pei, Ryan 142
 Peiffer, Cole 33, 49, 101, 144
 Peng, Bo 11, 40, 49, 97, 135
 Pepe, Douglas 89, 142
 Peperkorn, Laura 142
 Perdue, Amanda 128
 Perez, Sandy 135
 Perez, Stacy 128
 Pesch, Ryan 101, 135, 217
 Peterson, Dana
 21, 33, 50, 51, 82, 91, 95, 96,
 157, 168, 201, 209
 Peterson, Daniel 21, 33, 82,
 91, 95, 96, 157, 168, 209
 Peterson, Joshua 39, 56, 135
 Peterson, Karl 101, 102, 108,
 109, 110, 158, 172, 207
 Peterson, Larry 101, 102,
 108, 110, 135, 158, 172
 Peterson, Lucas
 9, 44, 56, 101, 102, 108, 109,
 110, 158, 207, 208, 209
 Peterson, Michael 128, 158,
 169, 217
 Peterson, Timothy 8, 158,
 169, 217
 Petty, Clayton 207
 Pflug, Brandon 128
 Pflug, Vanessa 11, 31, 50, 82,
 158
 Philips, Kristi 135
 Pick, Martin 45, 46, 128
 Pierce, Alexander 49, 92, 103
 Pirog, Amanda 108, 158, 179
 Place, Marit 18, 33, 55, 91,
 158, 200
 Plander, Stephanie 137
 Pleasants, Jacob 49, 101,
 104, 108, 135, 199, 201
 Poffenberger, Stephanie 50,
 64, 135
 Pohlman, Brandon 47, 142
 Polashek, Caleb 49, 104, 111,
 142
 Pool, Ryan 49, 142
 Pospisil, Nicholas 135
 Prabhu, Krishna 74, 75, 79,
 101, 135, 217
 Praska, Ryan 46, 136
 Premkumar, Mukund 78, 101,

136, 217
 Prindle, Nathan 19, 44, 46,
 92, 158, 200, 209
 Pringle, Alycia 128
 Pringle, James 49, 87, 102,
 103, 108, 109, 111, 142, 217
 Prior, Isaac 142
 Pritchard, Colin 46, 136
 Prueger, Brighton 30, 50, 96,
 136, 223
 Pyle, Benjamin 46, 128

Q

Qiu, Michael 136
 Quan, Alejandra 128

R

Raab, Kevin 100, 101, 128
 Raaii, Sarah 95, 96, 142, 202
 Rahim, Muhammad 142
 Rahn, Eric 164
 Rahn, Jana 128
 Raich, Susan 74, 75, 85, 91,
 101, 104, 158, 171
 Rajagopalan, Supraja 84, 96,
 136, 201
 Ramey, Daniel 101, 142
 Ramey, Jesse 101, 104, 158
 Randall, Tara 128, 216
 Ranney, Kayla 57, 101, 128
 Rasmussen, Alyssa 62, 142
 Rasmussen, Cole 158, 220
 Rasmusson, Korey 128
 Rebarcak, Brady 46, 158
 Rebarcak, Wesley 68, 136
 Redding, Melissa 136
 Register, Alexander 128
 Register, Jennifer 33, 73, 82,
 102, 108, 110, 111
 Reinot, Katrin 128
 Reints, Steven 136
 Retz, Allison 128
 Reyes-Juarez, Mario 142
 Reynolds, Lauren 38, 80, 81,
 91, 92, 101, 158, 169
 Reynolds, Megan 101, 128
 Reynolds, Nicole 38,
 80, 81, 91, 92, 101, 104, 128,
 158, 169, 184
 Reza, Joe 144
 Reza, Robert 137
 Rial, Brice 46, 142, 144
 Rich, Laura 9, 46, 53, 64, 65,
 68, 111, 142
 Richards, Andrew 78, 101,
 102, 110, 111, 142
 Richards, Derek 136

Ricketts, Ashley 142
 Riddle, Lauren 158, 173
 Ridpath, Robert 142
 Riecken, Dana 144
 Ries, Charity 128
 Rietz, Jordan 19, 75, 101,
 158
 Ringgenberg, Theodore 46,
 128
 Risius, Shannon 82, 102,
 108, 142
 Ritz, Asa 10, 23, 27, 83, 89,
 128
 Ritz, Leah 10, 11, 49, 50, 51,
 75, 158, 198, 214
 Rivera, Jessica 142
 Rivera, Katie 130
 Roach, Lindsay 136
 Roberts, Chantal 77, 83, 142
 Robertson, Ashley 101, 159
 Robertson, Aubrey 77, 101,
 142
 Robinson, Drew 28, 33, 49,
 56, 92, 101, 104, 159
 Robson, Anya 128
 Robson, Samuel 16, 101, 142
 Rock, Debora 73, 74, 82, 104,
 159, 204, 214
 Rodgers, Matthew 49, 111,
 142
 Rohlf, Jonathan 101, 104,
 142
 Rohrssen, Catherine 142
 Romsey, Nicholas 104, 136
 Rosenberg, Jacob 49, 86,
 101, 136, 201, 217
 Roth, Emily 57, 104, 130
 Rover, Brittany 50, 78, 104,
 142, 205
 Rowland, Jesica 128
 Rude, Jasmine 143
 Rudison, Jua 104, 130
 Rundle, William 56, 128
 Rupp, Logan 128
 Ruppert, Benjamin 49, 136
 Russell, Garrett 49, 89, 101,
 159, 184, 215
 Russell, John 46, 128
 Russell, Mark 128

S

Sacco, Alicia 143
 Sacks, Nathan 25, 93, 95, 96,
 159, 198
 Saide, David 36, 75, 159, 171
 Sailsbury, Chelsea 57, 128
 Sanchez, Alfonso 136
 Sandler, Austin 83, 92, 128
 Sanford, Jennifer 130

- Sanford, Joel137
 Sanghi, Avni.....143, 216
 Sannier, Andrew56, 130
 Sappington, John144
 Sarceno-Cortez, Marietha137
 Savage, Ashley.....136
 Sawyer, Kathryn159
 Sawyer, Anna143
 Scallon, Ben49, 56, 101, 104, 136, 217
 Scallon, Gregory.....49, 101, 104, 159
 Scebold, Hannah.....136
 Scheppler, John.....130
 Scheppler, Morgan81, 143
 Schliesman, Robert143
 Schlosser, Drew46, 128
 Schmeling, Maren77, 143, 213
 Schmidt, Adam ...33, 93, 101, 103, 128, 159, 209, 219
 Schmidt, James128
 Schmidt, Nicole101, 143
 Schmidt, Patrick128
 Schmidt, Rachel92, 102, 103, 108, 143
 Schmidt, Rebecca ...103, 128
 Schnable, Benjamin 108, 136
 Schoeneman, Victoria164
 Schoenrock, Kirsten ..50, 136
 Schoenrock, Steve ...50, 130, 136
 Schreitmueller, Sarah83, 101, 136
 Schroeder, Nicholas ...46, 66, 128
 Schuck, Helene129
 Schuldies, Daniel....144, 200, 220
 Schumacher, Peter143
 Schuster, Michael143
 Scoles, Ann57, 62, 68, 81, 143, 202
 Scott, Brian.7, 16, 33, 91, 92, 101, 159
 Scott, Joseph....93, 102, 130, 159
 Scott, Laurel 87, 93, 129, 216
 Searcy, Amanda143
 Seek, Kira.....129
 Seeman, Christopher101, 137
 Sejaan, Nathaniel136
 Sengbusch, Natalie ..33, 159, 203
 Server, Bryan.....46, 136
 Sexton, Amber...65, 136, 221
 Shafer, Sara136, 209, 218
 Sharpe, Jordan.....102, 129
 Shen, Jenny ...76, 82, 84, 85, 230
 86, 91, 95, 96, 159, 203
 Shen, Susan.84, 85, 90, 104, 159, 219
 Sheth, Aakash137
 Shi, Jiaxin129
 Shickell, Sean.....137
 Shields, Charles164, 199
 Shin, Albert46, 143
 Shin, Hyesong54, 64, 101, 104, 129
 Shirbroun, Gregory.101, 102, 108, 143
 Shrader, Bryan136
 Shriver, Michael...46, 56, 159
 Shuey, Stephanie136, 218
 Siberski, Sean49, 74, 101, 136
 Sidles, Brandon14, 58, 59, 159, 169
 Sidles, Rebecca143
 Siebens, Megan143
 Siedelmann, Derek.....136
 Siev, Emmet143
 Siguas, Svelta129
 Sikinyi, Consolata.....62, 129
 Simonson, Christopher...101, 102, 108, 136, 217
 Simpkins, Kelsey ...102, 108, 129
 Simpkins, Scott.15, 101, 102, 104, 108, 109, 110, 143, 217
 Simpson, Cassidy.....143
 Simpson, Elias48, 49, 78, 79, 101, 160, 204, 211
 Simpson, Grant .46, 136, 220
 Simpson, Micah ..18, 90, 103, 106, 136
 Simpson, Scott48, 78, 79, 101, 143, 160, 204, 211
 Singh, Lavanya.24, 104, 130, 216
 Sjulín, Whitney.....160
 Skarshaug, Austin ...101, 136
 Skladany, Stephanie...33, 53, 160
 Slagell, Carter.....104, 143
 Slotter, Katie160
 Smith, Bradley137
 Smith, Emily.....82, 160, 188
 Smith, Erin.....218
 Smith, Holly ..36, 65, 81, 143, 218
 Smith, Matthew.....143, 217
 Snell, Laura81, 101, 102, 143, 204, 221
 Snell, Patrick49, 66, 101, 129
 Soh, Sabrina.....50, 143, 202, 204
 Soh, Stephanie.....50, 129
 Soliz, Brenda130
 Somani, Anju ..74, 75, 84, 86, 96, 101, 136
 Sorenson, Mary102, 130, 202
 Sornsen, Mallory .57, 62, 129
 Spear, Chelsea...32, 94, 143, 223
 Spencer, Sarah.....20, 23, 57, 80, 85, 88, 102, 108, 160, 180, 188
 Spicer, Carmi....56, 102, 103, 160
 Squire, Alexa74, 101, 129
 Stafford, Daniel.....136
 Stair, Samantha.....160
 Staniforth, Kimberly .102, 129
 Stark, John56, 143
 Stead, Nicholas137
 Steltzer, Cody143
 Stephan, Lindsay.....97, 170
 Stephenson, Luke66, 129
 Stephenson, Matthew.30, 46, 66, 143
 Steward, Raven.....130
 Steward, Ryan.....137
 Stoecker, Michael46, 143
 Stone, Jennifer143
 Stone, Julia.....129
 Stott, Nathanael.....102, 130
 Strand, Jayne50, 61, 136, 214
 Strehlow, Christopher46
 Strehlow, Thomas.....46, 143
 Strickland, James84, 136
 Strickler, Brittany .64, 65, 129
 Struble, Alissa.....74, 75, 103, 136
 Struble, Blair.....91, 101, 160
 Stuart-Diog, Steven144
 Stubbs, Tricia..38, 39, 61, 78, 82, 102, 108, 109, 111, 143
 Stuhmann, Cora92, 107, 143
 Suen, Wei-li26, 102, 104, 136
 Sundberg, Sarah160, 175
 Sundvold, Ryne47
 Svec, Jessica50, 96, 136, 223
 Svec, William.24, 26, 49, 160
 Swan, Zac111, 160, 203
 Swanson, Amy.....136
 Swanson, Lauren90, 101, 136
 Swenson, Jessica.....144
 Syrkin-Nikolau, Mashette136, 203, 213
 Tabatabaei-Moghaddam, Hoda.....
 Taege, Lucas46, 14
 Talbot, Kyle 68, 136, 201, 21
 Tanaka, Anda.....101, 12
 Tapper, David46, 66, 14
 Taylor, Angelo46, 16
 Taylor, Chasity62, 82, 9
 161, 176, 188
 Teas, James58, 59, 16
 178, 220
 Tegeler, Kyle.....12
 Ten, Clay5
 Tenney, Joshua.....12
 Terpstra, Aslynn.....102, 12
 207
 Terronez, Omelia14
 Thien, Joseph.....136, 21
 Thomas, Allen.....14
 Thomas, Kyle92, 14
 Thomas, Tyler.....13
 Thompson, Autumn50, 6
 129, 137
 Thompson, Brittany49, 9
 101, 137, 207
 Thompson, Christopher....4
 83, 89, 102, 143
 Thompson, Erik66, 8
 83, 87, 89, 92, 104, 105, 14
 204
 Thompson, Gregory ..66, 14
 Thompson, Joseph.....66, 6
 137, 213
 Thompson, Joshua.....46, 6
 68, 137, 213
 Thompson, Katherine .82, 8
 87, 92, 104, 105, 144, 204
 Thompson, Matthia.....46, 8
 Thompson, Rachel11, 6
 137, 143
 Thompson, Ronnie4
 Thompson, Sebastian50, 10
 Thorgaard, Kersten50, 5
 137, 213
 Thorgaard, Larah.57, 68, 14
 Thorson, Andreas13
 Thurmaier, Emily81, 10
 102, 110, 143
 Tierney, Kristin.....10, 54, 8
 161
 Tierney, Ryan46, 12
 Tigges, Taryn101, 12
 Tillo, Jennifer 52, 53, 82, 161
 185, 186, 188
 Tim, Christina ...8, 24, 48, 50
 68, 76, 81, 161
 Tim, David6, 10, 28
 36, 72, 74, 77, 129, 186, 190
 191, 198, 201, 205, 206, 218
 223
 Today, Anne74, 101, 12
 Today, Erin.....28, 33, 50

T

Tabatabaei-Moghadam,
 Hodeis136

4, 75, 81, 91, 101, 129, 161, 199, 210, 211
 Homer, Evelyn.....129
 Homer, Nathan.....129, 143
 Hope, Tiffany.....137
 Jorgerson, Kelsey.....84, 101, 143
 Jorres, Arthur.....161
 Jorres, Jasen.....161
 Jott, Janel.....137
 Jownsend, Rachel.....64, 161
 Jrevillyan, David.....161
 Jrickle, Derek.....46, 129
 Jroxel, Jessie.....129
 Jseong, Yi-Fan.....137
 Jsichlis, Alexander.....137
 Jsukruk, Taisia.....143
 Jsushima, Georgie.....137
 Jsushima, Jyoshu.....161
 Jucker-Sieberg, Samantha.....37
 Jturner, Brandon.....161
 Jturner, Dustin.101, 102, 108, 129
 Jturner, Krystle.....144
 Jwetten, Mindy...53, 92, 101, 104, 161, 165, 188
 Jwetten, Tanner.....137
 Jtyler, Adam.....46, 102, 129
 Jtyler, Gabrielle.....164

U

Jhde, Phillip.....137
 Jhlmeier, Kyle.49, 101, 161, 207
 Jkhanov, Andrey.....144
 Jpah, Justin.....137
 Jtesch, Libby.....183, 223

V

Jvaknin, Asaf.....56, 95, 144
 Jvaladez-Rosales, Abraham...17, 144
 Jvaladez-Rosales, Elizabeth...162, 216
 Jvaladez-Rosales, Elizabeth...17, 104, 216
 Jvaladez-Rosales, Mario...144
 Jvalderrabano, Berenice...144
 Jvan, Marel.....101
 JvanFleet, Samuel.....101
 Jvandarwarka, Lauren.....130
 Jvander Zwagg, Josh.....162
 Jveale, Jamie.....162
 Jvestal, Charlie.....129
 Jveysey, Andrew.....46, 144
 Jveysey, Spencer..46, 97, 129

Jvidimos, Lauren.....137
 Jvidimos, Robert....10, 15, 26, 56, 94, 106, 162, 223
 Jvigoya, Allison...62, 162, 203
 Jvillwock, Samantha..95, 162, 187
 Jvosberg, Brock....46, 66, 137
 Jvoss, Christopher.....46, 59, 144, 203, 220
 Jvoss, Daniel.....66, 103, 162
 Jvoss, Rebecca.....129, 144
 Jvu, Jane...17, 20, 22, 57, 75, 78, 81, 82, 85, 101, 102, 108, 187, 203
 Jvu, Nathan.....144

W

Jwagner, Michael.....101, 129
 Jwagner, Ryan.....11, 41, 46, 162, 211
 Jwalker, Donald.....97
 Jwandling, Alyse...57, 64, 137
 Jwandling, Cherie.....64, 129
 Jwang, Emily.....81, 144
 Jwanzek, Melanie.....38, 62, 81, 82, 85, 91, 94, 96, 162, 187, 222, 223
 Jwanzek, Robert.....137
 Jwarning, David.....47, 137
 Jwarning, Kathryn.....57, 129
 Jwarren, Douglas.....46, 129
 Jwarth, Elizabeth.....8, 10, 50, 75, 92, 96, 103, 137
 Jwarth, Lucas.....8, 11, 33, 48, 49, 68, 92, 94, 96, 162, 205, 212, 223
 Jwarwick, Alexa.91, 102, 108, 109, 164, 223
 Jwarwick, Charles.....129
 Jwass, Andrew.....32, 47, 68, 101, 144, 212
 Jwayne, Zachary.....101, 129
 Jweber, Clara.....80, 101, 164, 174, 199, 206
 Jweber, Leslie.....129
 Jwebster, Samantha.....144
 Jweible, Laura 50, 68, 81, 144
 Jweigel, Curtis.....144
 Jweigel, Joseph.....144
 Jweis, Candace..65, 101, 144
 Jweiss, Brian.....9, 38, 39, 46, 59, 102, 108, 109, 110, 111, 144, 220
 Jweltha, Crystal.....137
 Jweltha, James.....137
 Jwendel, Joseph.....104, 137, 201
 Jwendt, Jarrett....66, 101, 144
 Jwendt, Riley 49, 66, 101, 129

Jwengert, Alicia....64, 65, 104, 137, 198, 199, 206
 Jwernau, Joseph.....144
 Jwernau, Kristen.....129
 Jwesterman, Alyssa.....144
 Jwheelock, Michael.....137
 Jwhite, Brady.....47, 67, 129
 Jwhite, Lacy.....162
 Jwiedemeier, Joe..26, 56, 144
 Jwierson, Chelsea 57, 68, 144
 Jwierson, Hank.....162
 Jwikstrom, Krystal.....129
 Jwilke, Thomas.....144
 Jwilkins, Lee.....46, 66, 162
 Jwilkins, Luke.....46, 162
 Jwilson, Anne.....62, 137, 216
 Jwilson, Dayle.....137
 Jwilson, Iain.....18, 49, 144
 Jwilson, Kelly.....144
 Jwilson, Rachel....6, 162, 216
 Jwilson-Birt, Maurice..37, 137
 Jwindsor, Sarah.....144
 Jwinkleblack, Amanda 78, 137
 Jwinkler, John.....137
 Jwissink, Justin.....162
 Jwolt, Kathryn....85, 101, 104, 163
 Jwolt, Raymond.....104, 130
 Jwoods, Alice.....163
 Jwoods, Malachi.....130
 Jwoodward, Kevin.....47, 67, 163, 211
 Jwoodward, Lissy.....162
 Jworthington, Nicholas.....163
 Jwu, Lezhi.....144

X

Jxin, Frances.....52, 53, 101, 129, 216
 Jxu, Jia.....33

Y

Jyang, Hyungseok.....137
 Jyang, Louis.....130
 Jyates, Traci.....137
 Jyendovskiy, Alexey....93, 144
 Jyoung, Jessica9, 19, 50, 163, 211
 Jyoung, Travis.....75, 144
 Jyungclas, Ashley.....137

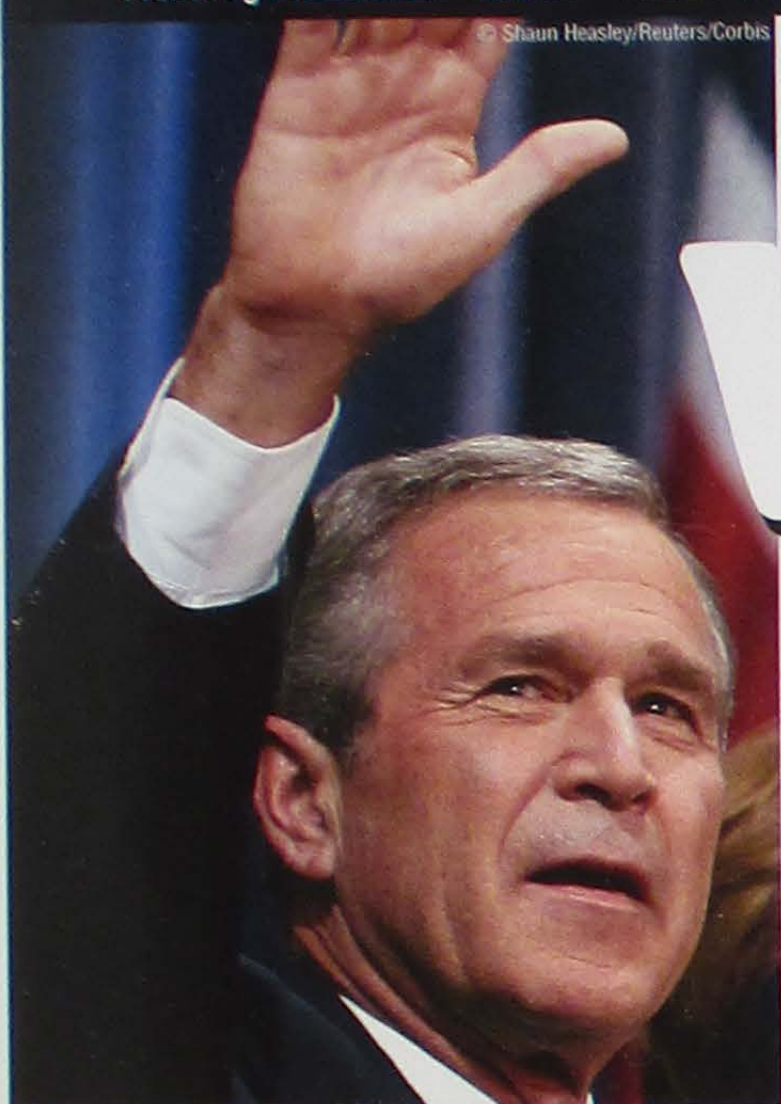
Z

Jzamanian, Maryam....75, 77, 88, 137

Jzdorkowski, Nicholas .49, 84, 163, 200
 Jzhong, Xin.....130
 Jzuerner, Jessica.....163, 199
 Jzuerner, Kenneth..14, 56, 87, 137
 Jzunkel, Paul.....46, 137



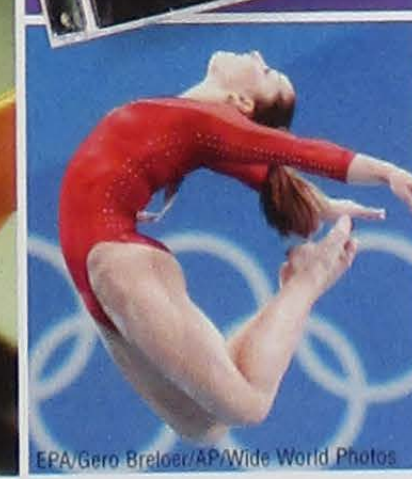
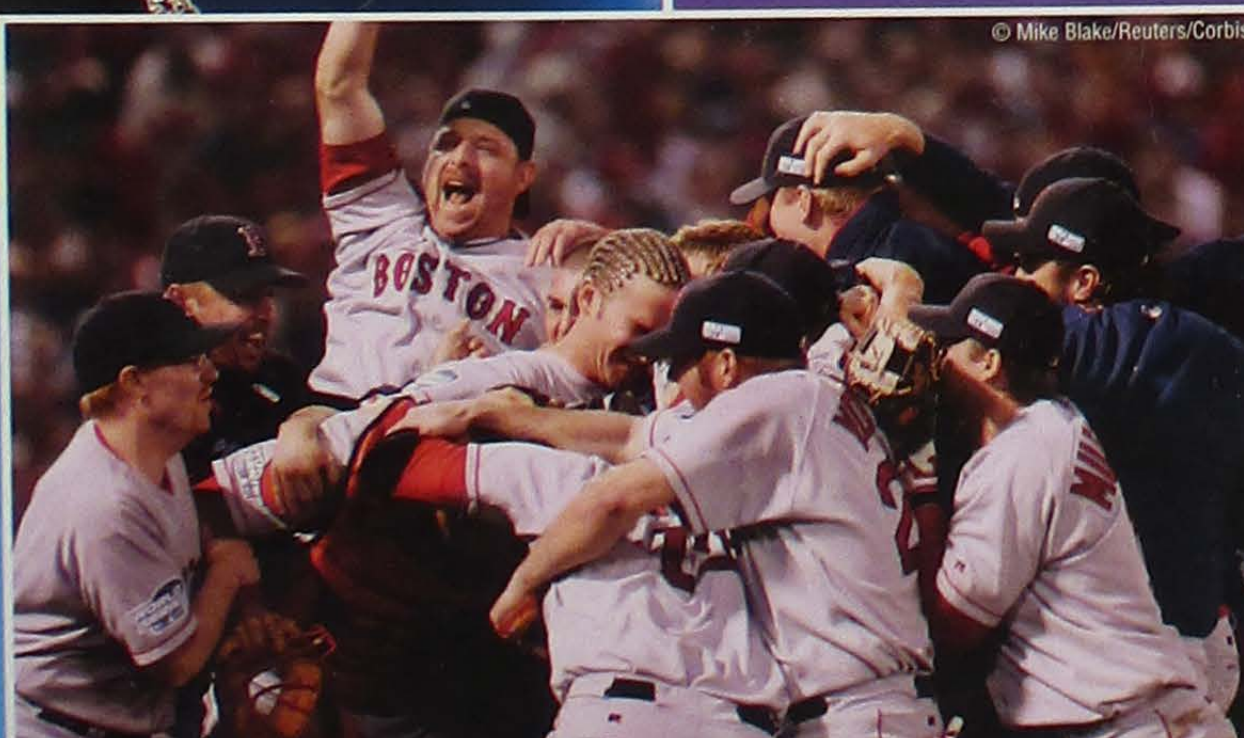
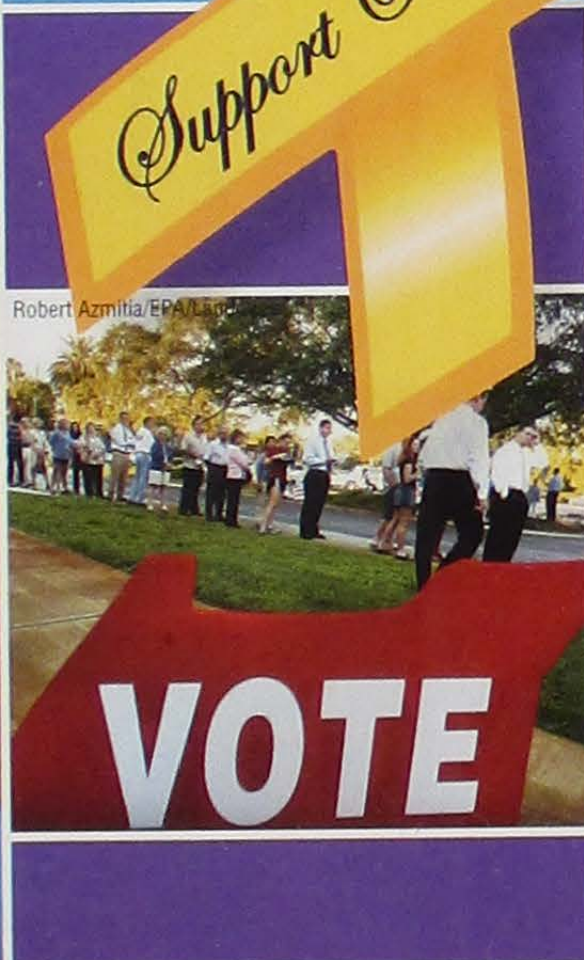
Front Page Headlines Global Human Interest Techno Nature Trends Lifestyle Movies Television Music Entertainment Sports Faces



2004-2005 World Beat®



Support Our Troops



front page headlines

© Shaun Heasley/Reuters/Corbis

➤ Republican incumbent George W. Bush narrowly defeats Democratic challenger John Kerry in the hotly contested 2004 presidential election.

➤ Despite assurances that its nuclear program intentions are peaceful, Iran voluntarily suspends its uranium enrichment activities in the face of protests from NATO and the U.S.

Reuters/Landov

➤ Five hurricanes hit the Caribbean Sea, Florida and the southeastern U.S. coast in the fall of 2004, causing \$25 billion in damages.

Reuters/NOAA/Landov



Bebeto Matthews/AP/Wide World Photos

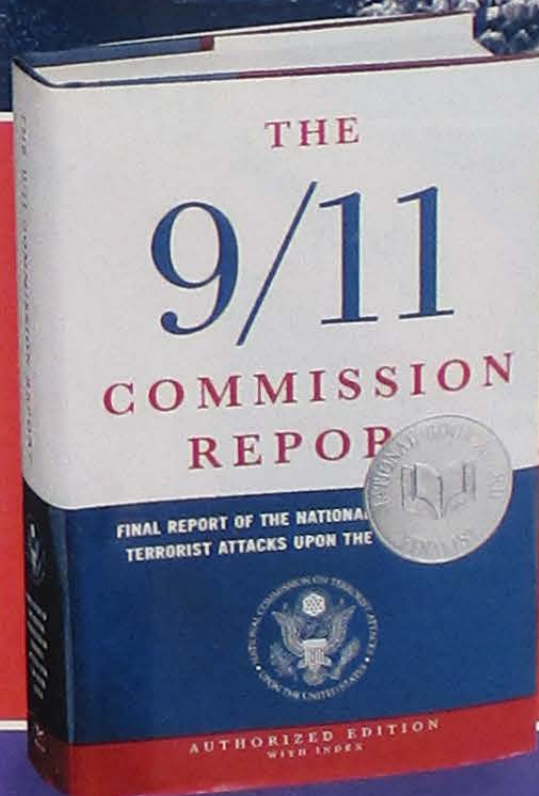


➤ Lifestyle guru Martha Stewart begins serving a five-month jail sentence in West Virginia, after being found guilty of lying about a suspicious stock sale.

➤ Ronald Wilson Reagan, 40th president of the United States, dies in June at the age of 93.



DPA/Landov



➤ In July, the Bipartisan 9/11 Commission releases its report of circumstances surrounding the September 11, 2001, terrorist attacks.

➤ Strong partisan division over issues at stake throughout the 2004 presidential campaign results in record turnout of voters under 21.

➤ In November, Minnesotan Chai Vang allegedly shoots and kills six hunters and wounds two others after he is caught trespassing on a hunting platform in Wisconsin.

Robert Azmitia/EPA/Landov



VOTE

© Allen Fredrickson/Reuters/Corbis



Mark Wilson/Getty Images

EPA/Steven Threlkeld

Roger L. Wollenberg/UPI/Landov

Mark Wilson/Getty Images



Tom Ridge leaves his position as secretary of homeland security.



Health and Human Services Secretary Tommy Thompson resigns.

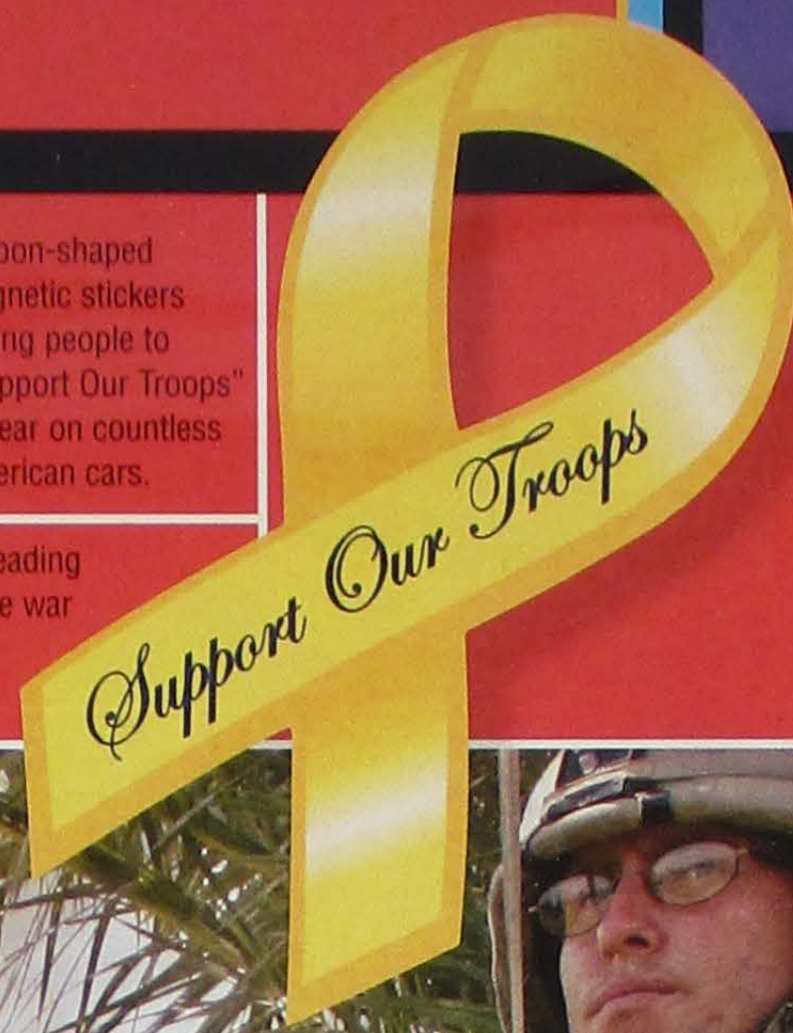


Secretary of State Colin Powell steps down.



Attorney General John Ashcroft relinquishes his cabinet post.

Ribbon-shaped magnetic stickers urging people to "Support Our Troops" appear on countless American cars.



National Security Adviser Condoleezza Rice makes history as the first black female to become secretary of state when she succeeds Colin Powell.

Coalition troops face a persistent terrorist insurgency leading up to the Iraq presidential election in January 2005. The war costs the lives of over 1,400 coalition troops, as well as over 14,000 Iraqi civilians.



AP/Wide World Photos



AP/Wide World Photos



© Reuters/Corbis

Fred Larson-Pool/Getty Images



Win McNamee/Getty Images

In the trial of the year, California jurors find Scott Peterson guilty of the first-degree murder of his pregnant wife, Laci, and second-degree murder of their unborn son.



In response to the investigation by the Bipartisan 9/11 Commission, the U.S. Senate passes the National Intelligence Reform Act.

More than 220,000 lives are lost after a massive earthquake in December off Indonesia's coast causes a tsunami that smashes coastlines in Southern Asia and as far away as Somalia.

The Center for Disease Control's Youth Risk Behavior Survey finds 6.1 percent of teenagers surveyed have tried steroids as compared to 2.7 percent in 1991.



PROTECTING AMERICA

Esbin/Anderson/Omni-Photo-Communications, Inc.

global



UPI/Landov

☛ PLO Chairman Yasser Arafat, 75, dies in a Paris hospital. Palestinians view him as a leader who sought a homeland for his people, but many Israelis see Arafat as a ruthless terrorist.

☛ In October, more than 10 million Afghan men and women vote in the country's first presidential election — a milestone in the country's transformation after 25 years of war and Taliban control.

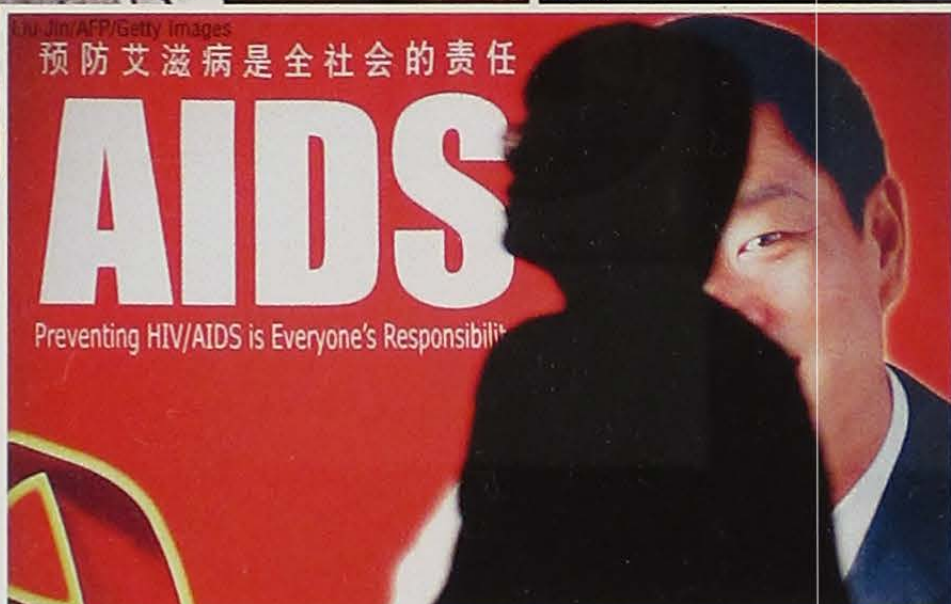
☛ At 885 feet the new Millau bridge in southern France is the tallest bridge in the world.



Landov



Photo: Brown/John/Getty Images



AP/John/John/John

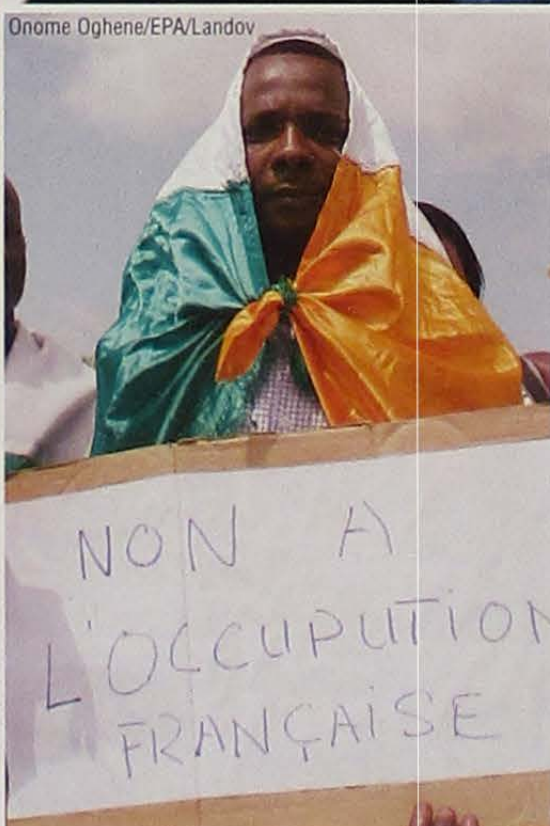
预防艾滋病是全社会的责任

AIDS

Preventing HIV/AIDS is Everyone's Responsibility

☛ The United Nations reports the AIDS epidemic is growing in Africa and worsening dramatically across eastern Europe and Asia.

☛ After more than a year of ceasefire, civil war re-ignites in the Ivory Coast as a result of President Gbagbo's ordering air strikes on rebel positions.



Onome Oghene/EPA/Landov



© Vasily Fedosenko/Reuters/Corbis

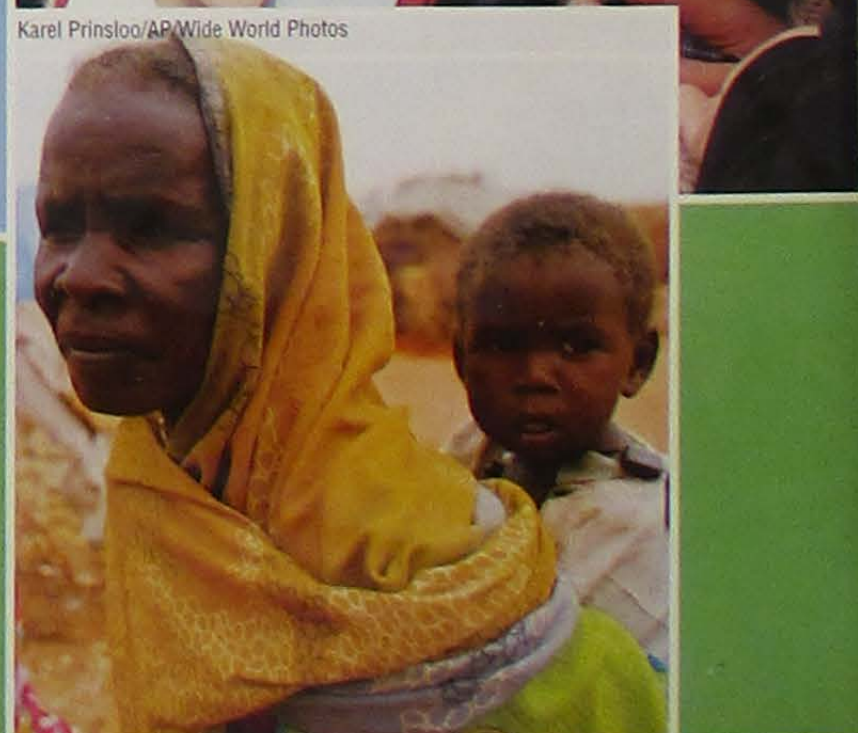
☛ The Ukrainian Supreme Court invalidates that country's disputed presidential election because of vote tampering. In the revote, pro-West opposition leader Viktor Yushchenko claims victory.

☛ In September, Chechen rebels kill more than 430 people in a series of terrorist attacks in Russia, including the bloody attack on an elementary schoolhouse.

☛ After 22 months, the conflict in the Darfur region of Sudan continues to grow, leaving more than 2.3 million Africans in need of humanitarian aid.



Grigory Dukor/Reuters/Landov



Karel Prinsloo/AP/Wide World Photos

human interest

Mark Humphrey/AP/Wide World Photos

FLU CLINIC

Due to manufacturing errors, the United States faces a flu vaccine shortage. The U.S. Department of Health reserves vaccinations for those most at risk — people over 65 and infants six to 23 months of age.

In August, the National Underground Railroad Freedom Center opens in Cincinnati, Ohio.

Tom Uhlman/AP/Wide World Photos



Countries and individuals around the world join together to pledge over \$4 billion in relief for those devastated by the December tsunami disaster.

Rich Emery/Associated Press/Wide World Photos



Reuters/Landov



Christopher Reeve dies at age 52. Reeve is remembered for his movie role as Superman and as an advocate for spinal cord research after being paralyzed in an accident in 1995.

According to the Lance Armstrong Foundation, over 20 million people are wearing the yellow "Livestrong" wristbands that help fund and promote the organization's cancer research.

In September, Microsoft Chairman Bill Gates announces a \$168 million donation to fund malaria research.

Roger L. Wollenberg/UP/Landov



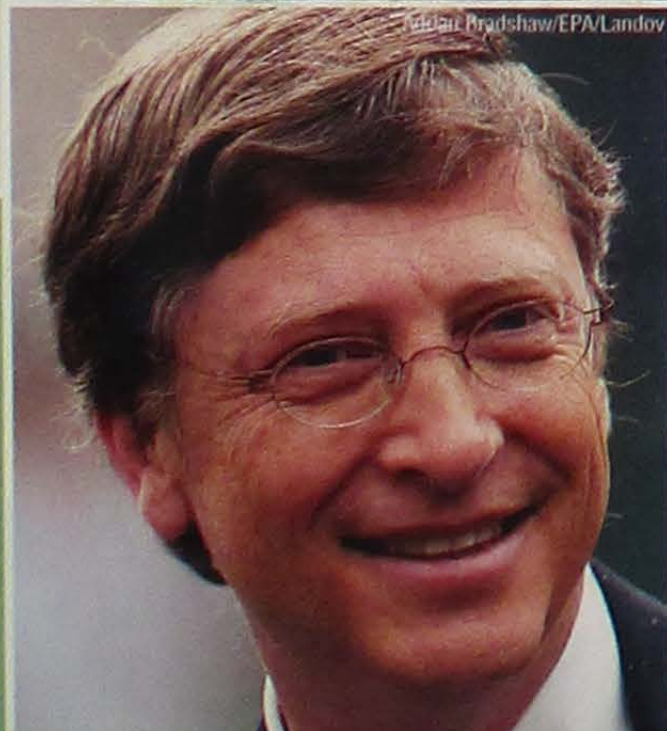
Brad Loper/Dallas Morning News/Corbis



The National World War II Memorial is unveiled in Washington, D.C., in honor of the millions of Americans who served during World War II in the military and on the home front.

A prolonged deployment of over 200,000 U.S. troops to Iraq leaves many families struggling at home.

David Bradshaw/EPA/Landov



science-techno



Portable photo printers that do not require a computer are a hot item for digital camera owners.

Hong Kong-based toymaker Wow Wee Ltd. sells 1.5 million Robosapiens since the toy's introduction in April. Among other "talents," the \$100 robot can belch and pass gas on command.

The Food and Drug Administration links the use of antidepressants such as Zoloft, Paxil and Prozac to suicidal behavior in teens.

The Indianapolis Star/Matt Detrich/AP/Wide World Photos



Stephen Hind/Reuters/Corbis

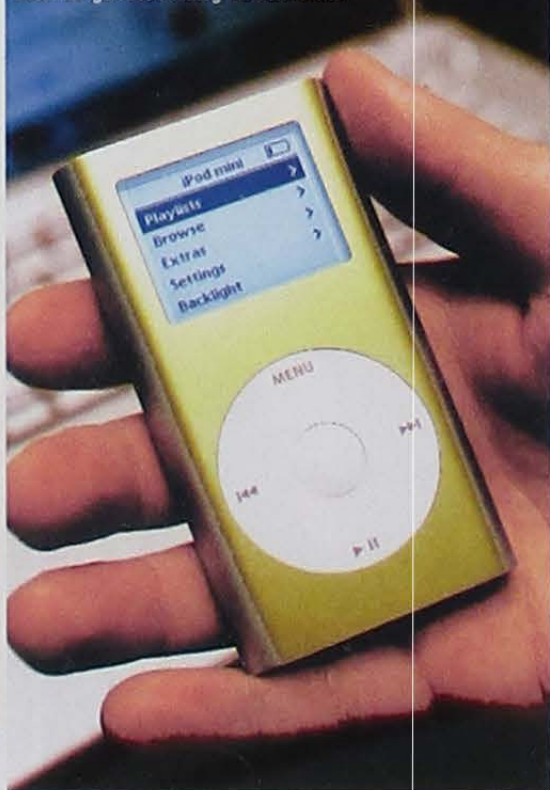


Brendan McDermid/EPA/Landov

SpaceShipOne, the world's first privately developed spacecraft, is named "2004 Invention of the Year" by *Time* magazine.

Apple's iPod is the year's hottest tech gadget, fashion accessory and advertising personality, all in one credit-card-size package.

Noah Berger/Bloomberg News/Landov



Daniel Hirsch/AP/Wide World Photos

After four years on the market and billions of dollars in revenue, pharmaceutical company Merck recalls the arthritis drug Vioxx due to increased risk for cardiovascular disease.

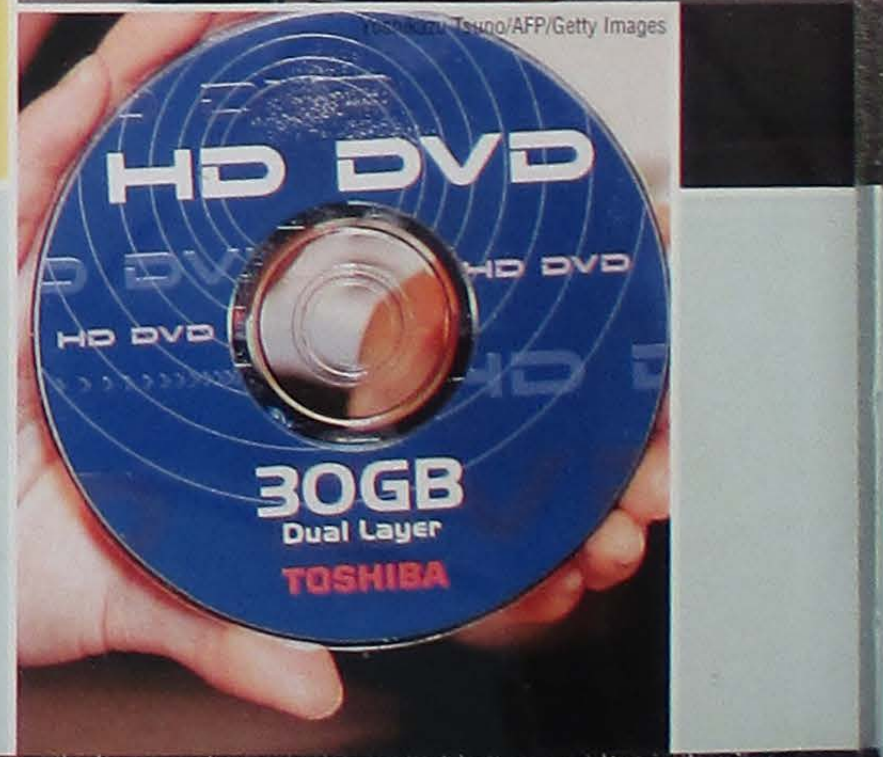
General Motors releases the industry's first full-size gas-electric hybrid pickup truck, the Chevrolet Silverado.

Toshiba's HD DVD and Sony's Blu-ray battle for supremacy over the next generation of DVD technology. Major movie studios are evenly divided in their backing of the two technologies.

EPA/Joe Polimeni/AP/Wide World Photos



Yoshinori Tsuno/AFP/Getty Images



nature



➤ Designer dog breeds like the "Goldendoodle," an allergy-friendly cross between a golden retriever and a poodle, are in high demand.

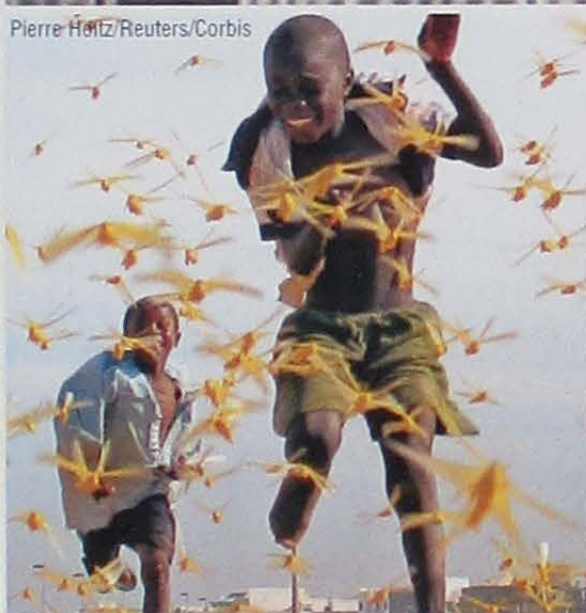
➤ African lions join the endangered species list because they are being killed to protect domestic livestock and their habitats are being destroyed.



ⓘ Although Saturn's rings look solid from Earth, images taken by the international Cassini spacecraft show they are more like rivers of dust and ice, with particles ranging in size from specks to mountains.



David A. Aguilar/Harvard-Smithsonian Center for Astrophysics/Landov



Pierre Hatz/Reuters/Corbis

ⓘ Swarms of locusts destroy millions of acres of crops in West Africa.

➤ In September, astronomers announce the discovery in the Milky Way galaxy of a new and possibly abundant class of planets.

➤ On a remote island in Indonesia, scientists find 18,000-year-old skeletons of a hobbit-like human species that grew no larger than today's average three-year-old child.



Troy Wayrynen/AP/Wide World Photos



Fabrizio Bensch/Reuters/Landov

ⓘ In October, Mount St. Helens vents ash and steam for the first time since its major eruption in 1980.

➤ Threatened by the spread of hormone-disrupting chemicals and global warming, polar bears are added to the endangered species list.



AP/Wide World Photos

trends



Retro brooches are back



Ugg knockoffs are popular



Squish pillows are a "must-have"



Pink is the hot new color

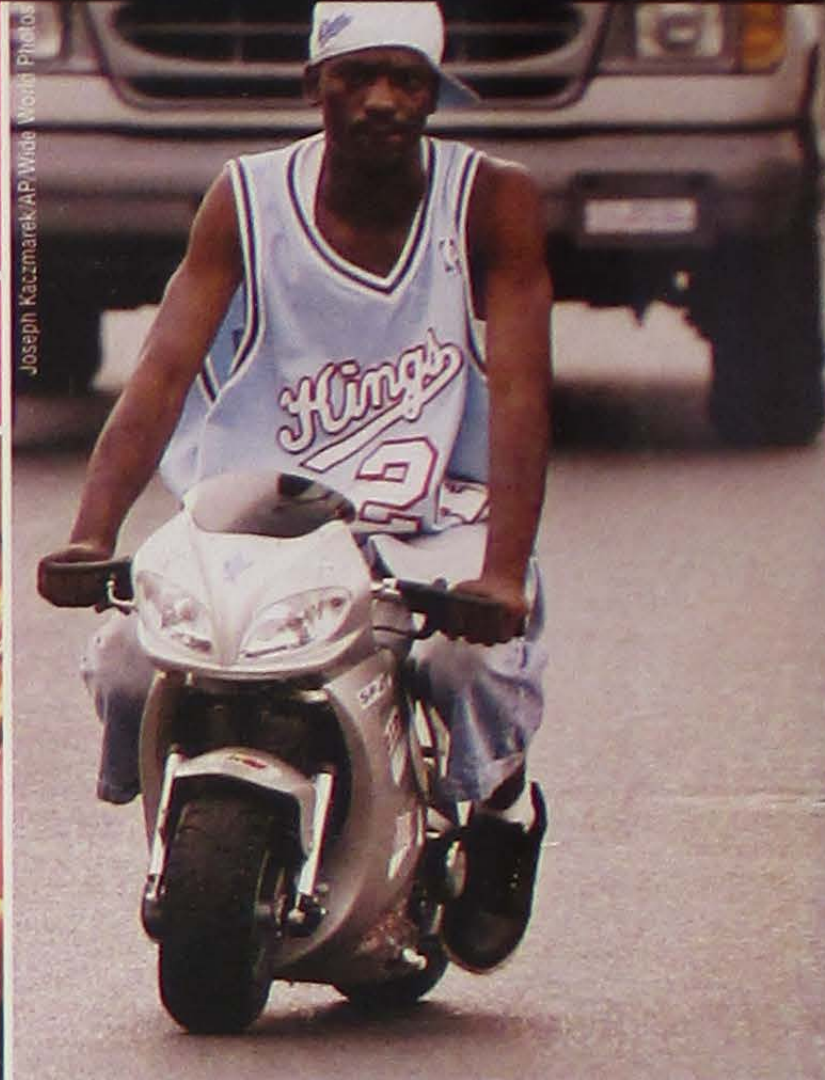
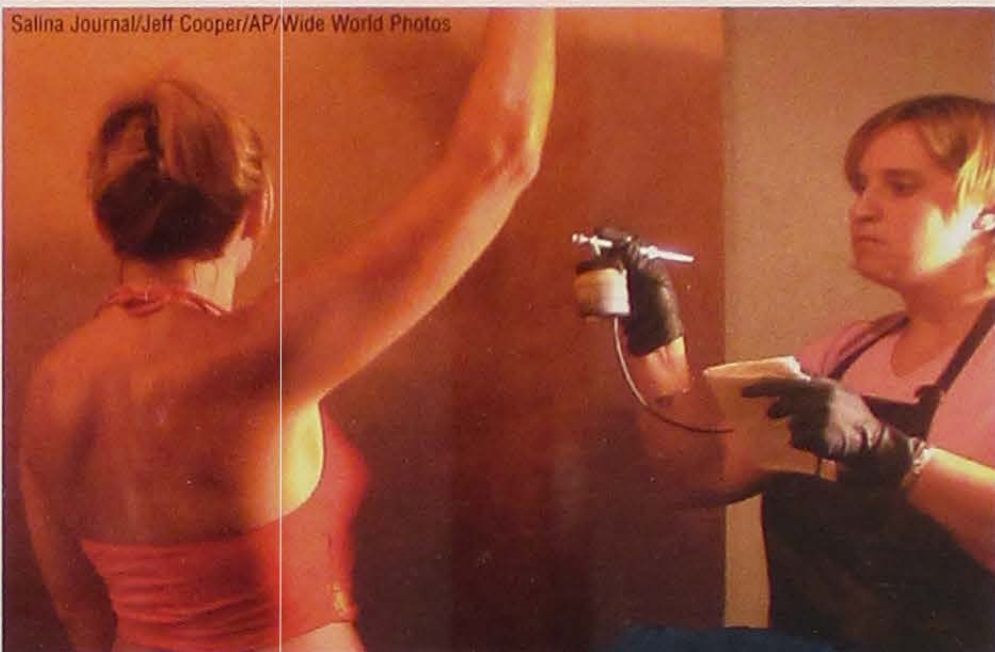


Knitted ponchos are fall's hottest new fashion trend, gracing the shoulders of your classmates and your favorite celebrities.

Pocket bikes top holiday wish lists despite safety warnings that they are not toys.

Airbrush tans, capable of lasting five to 14 days, provide a fashionable and safer alternative to harmful ultra-violet rays.

Salina Journal/Jeff Cooper/AP/Wide World Photos



Joseph Kaczmarek/AP/Wide World Photos



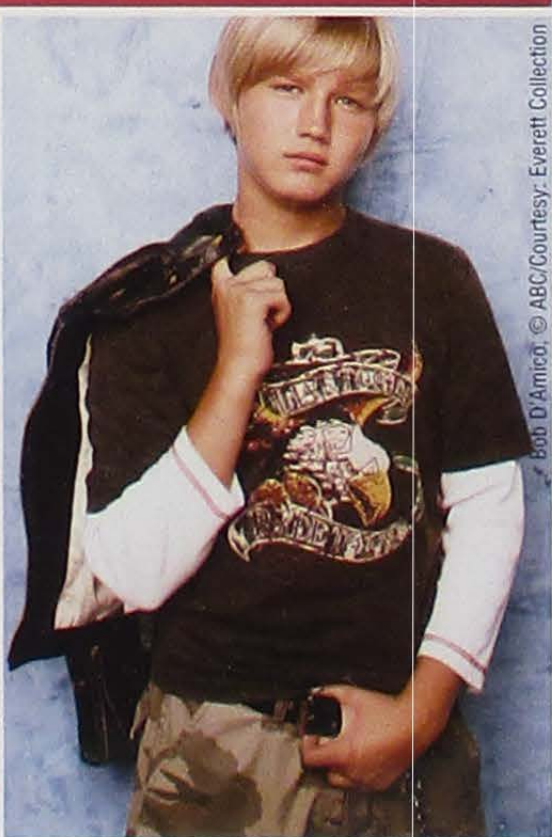
Italian link charm bracelets become the biggest jewelry trend of the year.



Whether genuine or ordered new from a custom T-shirt store on the Web, vintage '80s iron-on T-shirts are a hot fashion commodity.

Catch phrases used to encourage people to get out and vote become a fashionable cause, appearing on everything from T-shirts to ties.

Thanks to the popular movie *Dodgeball: A True Underdog Story*, the high-flying, body-bashing sport makes its way back into gymnasiums across the country.

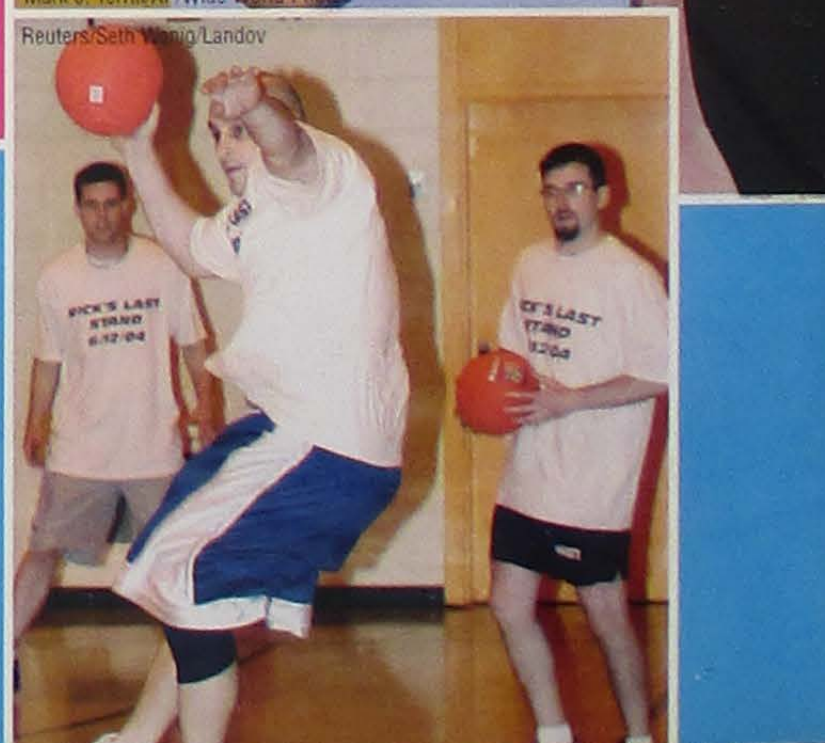


Bob D'Amico © ABC/Courtesy: Everett Collection

The "grunge" style of the early '90s resurfaces with camouflage patterns and T-shirts with long-sleeve shirts underneath.



Mark J. Terrill/AP/Wide World Photos
Reuters/Seth Wingo/Landov



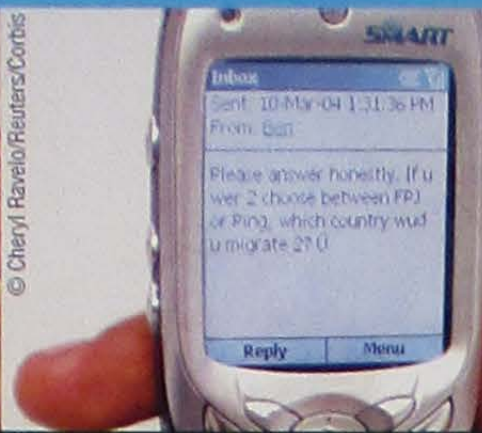
lifestyle



Latin dancing



Video e-mail



Text messaging



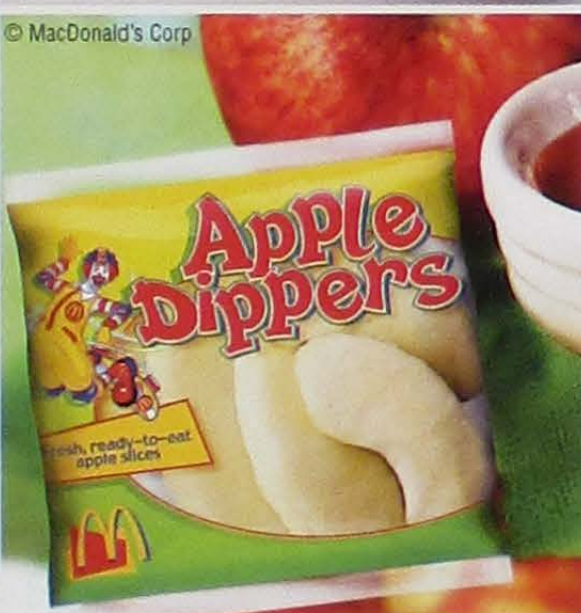
Online gaming



Soft-drink makers join the diet bandwagon with low-carb sodas like Coca-Cola C2 and Pepsi Edge. Sales of the new products, however, quickly go flat.

With more than 7 million participants, paintball is the third most popular extreme sport, behind in-line skating and skateboarding.

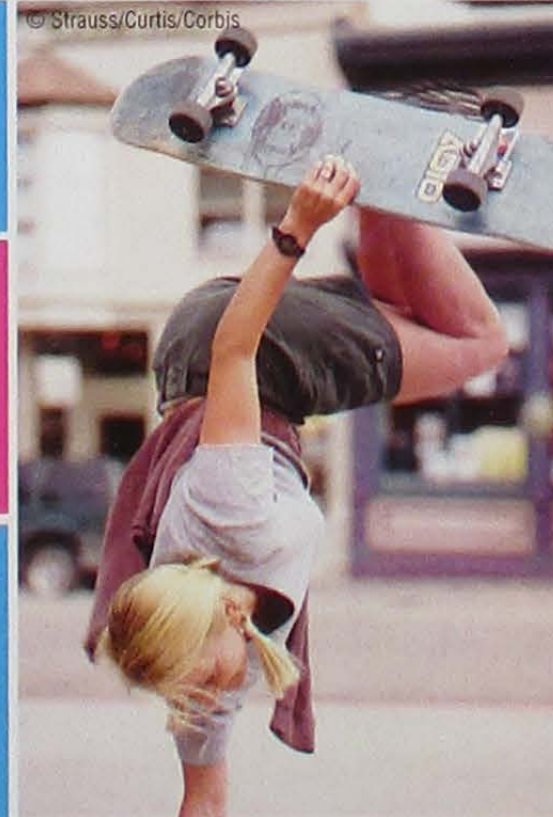
Muscle cars like the revamped Ford Mustang GT regain their presence on American roads.



Fast-food restaurants offer kids' meals with healthy alternatives to fries and soda, including apples and milk.

The scrapbooking craze reaches new heights with more people wanting to capture their memories in creative ways.

With DVDs delivered right to your door and no late fees, Netflix and Blockbuster Online become popular choices for movie rentals.



Bucking the health trend, Hardee's serves up a Monster Thickburger with 1,420 calories and 107 grams of fat.

Events like the All Girl Skate Jam, founded in 1997, bring skateboarding to peak popularity among young girls.



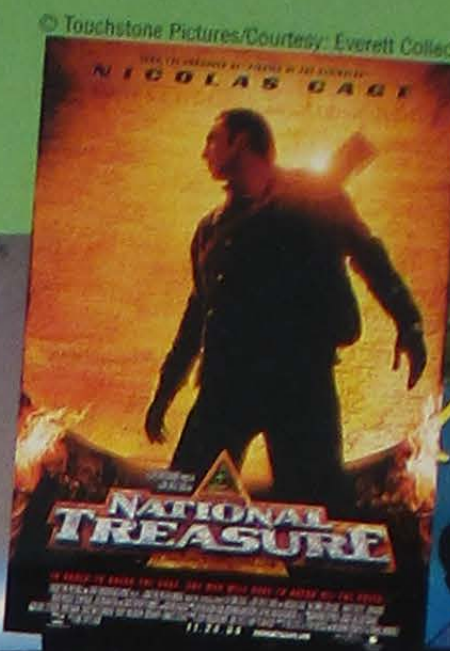
movies



Napoleon Dynamite



Star Wars: Episode III—Revenge of the Sith



National Treasure



The SpongeBob SquarePants Movie



Jim Carrey and Kate Winslet garner Golden Globe nominations for *Eternal Sunshine of the Spotless Mind*, which also earns a nod for Best Picture, Musical or Comedy.

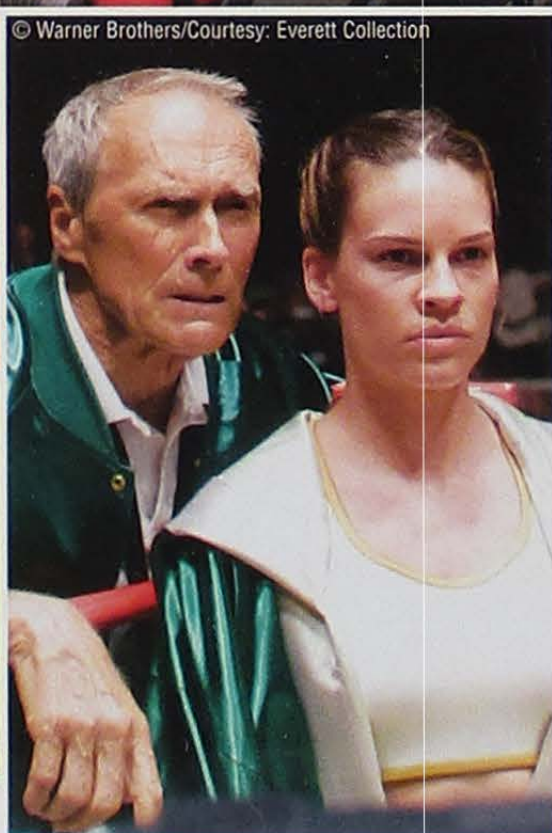
Johnny Depp scores his second straight Oscar nomination for Best Actor with his performance in *Finding Neverland*.

Shrek 2 ranks third on the list of the 100 top-grossing movies, with a total haul of just over \$436 million.



The Incredibles, Pixar and Disney's movie about a superhero family trying to live a normal life in the suburbs, is a box-office smash.

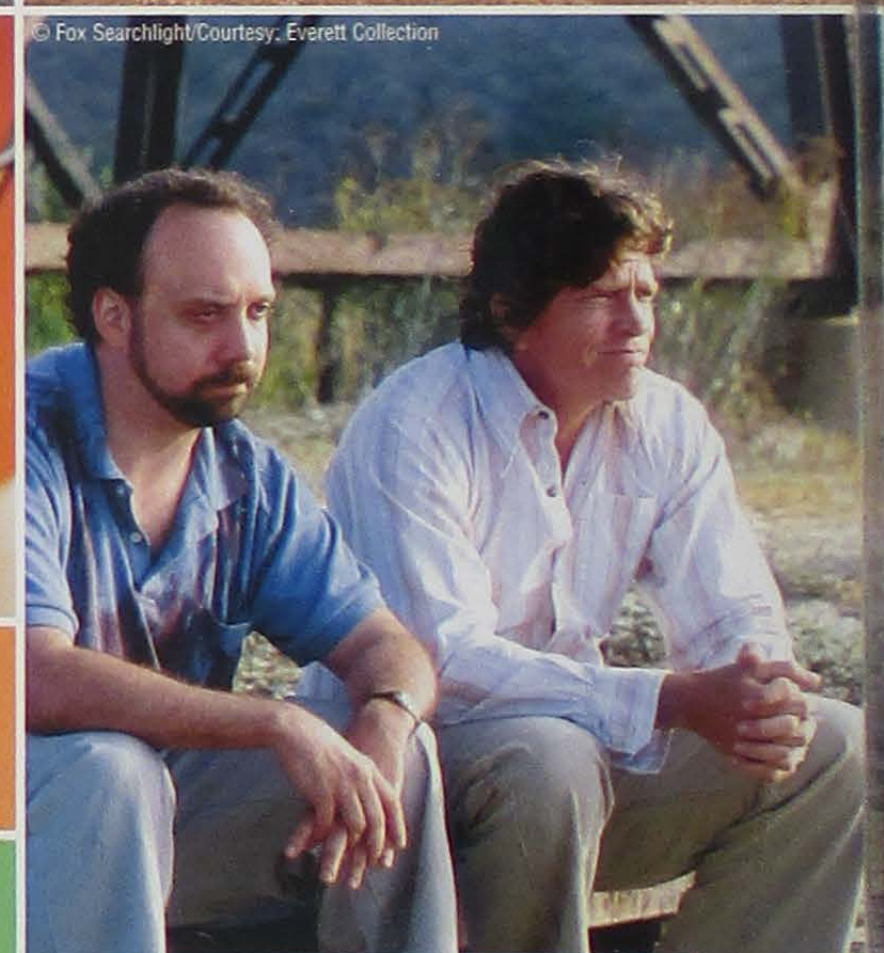
Clint Eastwood directs another hit with *Million Dollar Baby*, starring Hilary Swank as a 31-year-old boxer.



Jamie Foxx delivers an eerily convincing and Oscar-nominated performance as the late Ray Charles in *Ray*.

Already named best picture by film critics from New York to Los Angeles, independent film *Sideways* finds even more celebrity with a leading seven Golden Globe nominations.

The Aviator, starring Leonardo DiCaprio in the role of eccentric billionaire Howard Hughes, earns eleven Oscar nominations.



television



NBC's "Joey"



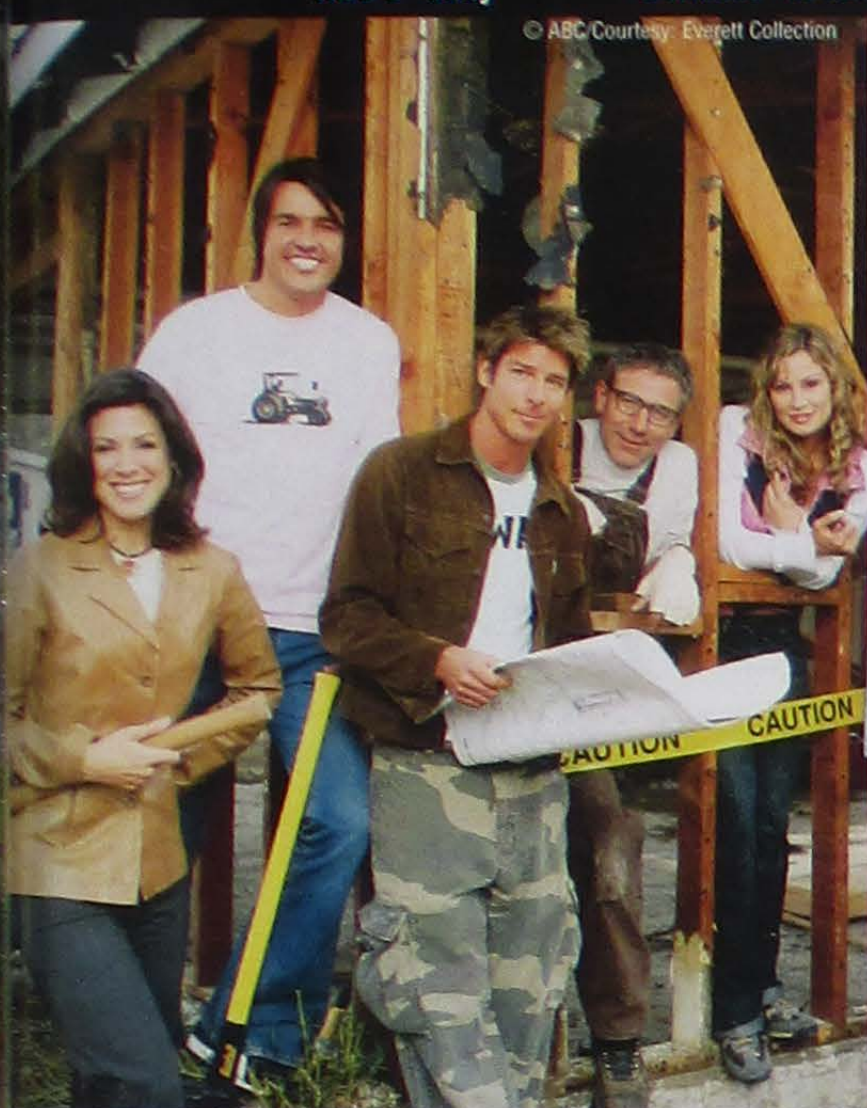
"Seinfeld" is released on DVD



The WB's "One Tree Hill"



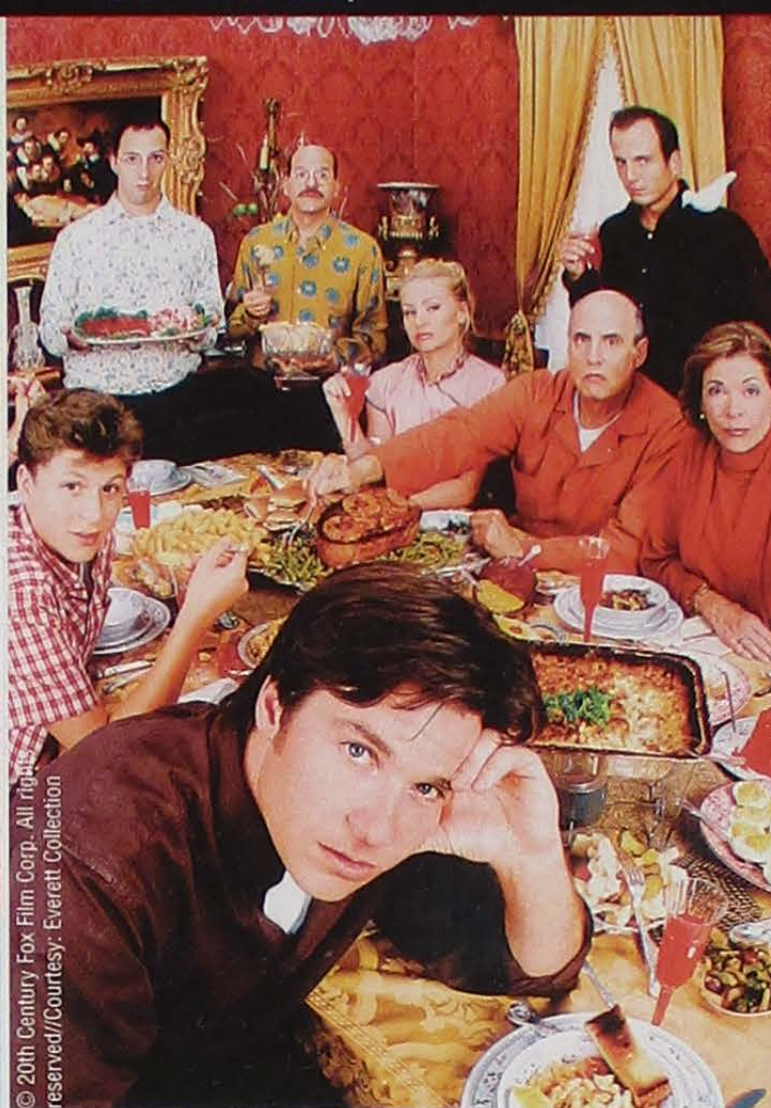
ABC's "Wife Swap"



➤ Ty Pennington and company improve lives while making homes better on the successful ABC home improvement show "Extreme Makeover: Home Edition."

➤ Fox's "Arrested Development" wins the Emmy for Best Comedy Series after an inaugural year that is critically acclaimed but poorly rated.

➤ Stephen, "Lo," Kristen and friends bring their real Orange County adventures to MTV in the hit reality show "Laguna Beach."



➤ "You're fired!" becomes a household phrase as Donald Trump plows through executive wannabes on his hit NBC show, "The Apprentice."

➤ ABC gets big ratings from its new hit drama "Lost," the intriguing story of 48 plane crash survivors stranded on an island.

➤ To kick off her 19th season of CBS's "The Oprah Winfrey Show," Oprah and Pontiac join forces to give each of the 276 audience members a brand new Pontiac G6.



TIVO/AP/Wide World Photos

➤ Pausing and recording live television with DVR is rapidly replacing VCRs in households across America.



➤ Before his unbelievable 74-game winning streak comes to an end, NBC's "Jeopardy!" contestant Ken Jennings wins \$2,520,700 — a TV game show record. He delivers over 2,700 correct responses.



music



Destiny's Child reunites



Julie Roberts



Green Day



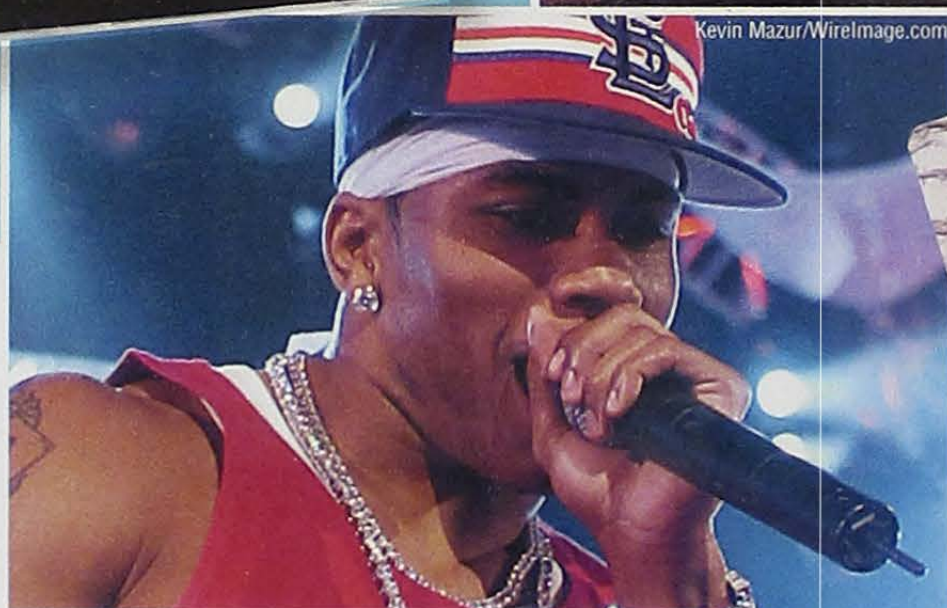
Ray Charles dies at age 73



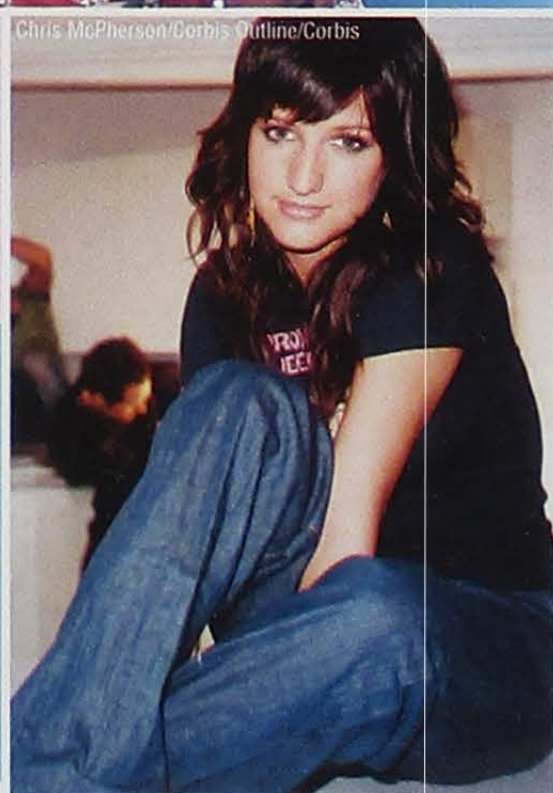
➤ With bands like Interpol, The Killers and Snow Patrol, alternative rock returns to the mainstream music scene in a big way.

➤ U2's new album *How to Dismantle an Atomic Bomb* hits No.1 in *Billboard* magazine, and the band is inducted into the Rock and Roll Hall of Fame in March 2005.

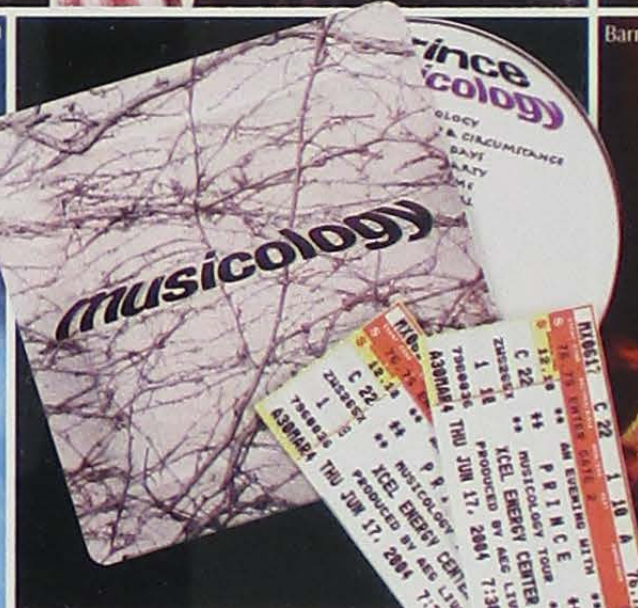
➤ Rapper Kanye West collects a whopping 10 Grammy nominations, including Album of the Year, for his debut *The College Dropout*.



➤ Nelly continues to wrap up big sales and hit songs with the simultaneous release of his two albums, *Sweat* and *Suit*.



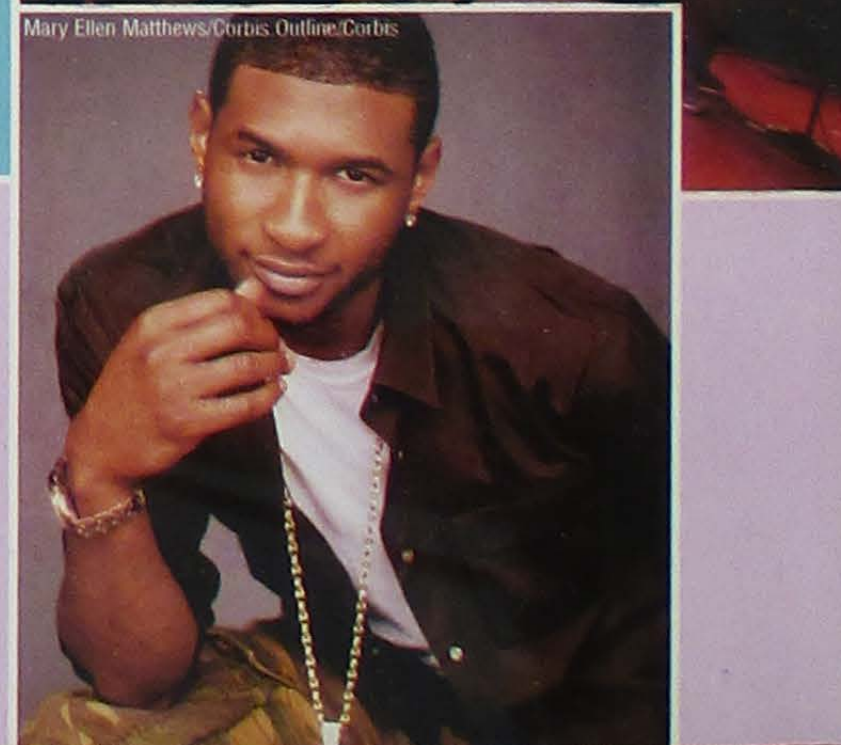
➤ Ashlee Simpson, Jessica's younger sister, makes headlines with her triple-platinum debut album *Autobiography* and a lip-synching gaffe on NBC's "Saturday Night Live."



➤ Pop superstar Prince gives his concert ticket-holders something to cheer about before the concerts start ... a free copy of his *Musicology* CD.



➤ Legendary '80s alternative rock band The Pixies, known for inspiring "grunge" music, reunites after 13 years for a sold-out U.S. and European tour.



➤ In December, Usher dominates the *Billboard* Music Awards, taking home 11 awards, including Album of the Year for *Confessions*.

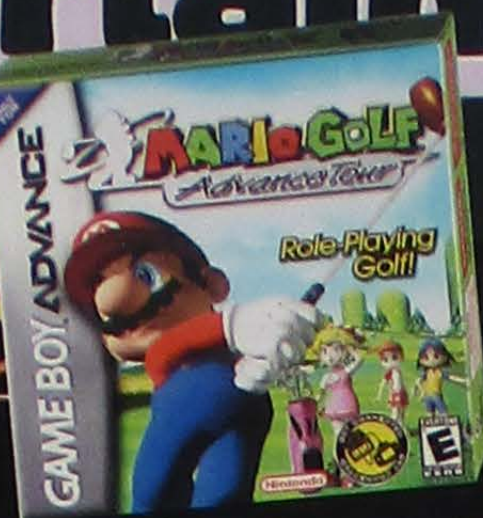
entertainment



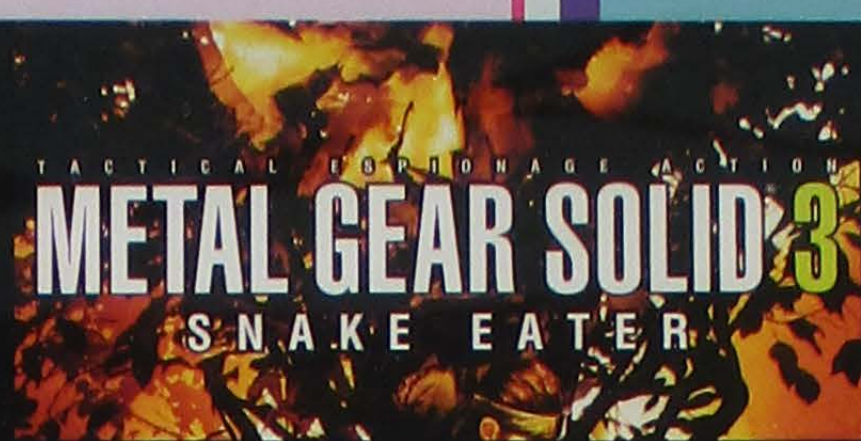
"Half-Life 2"



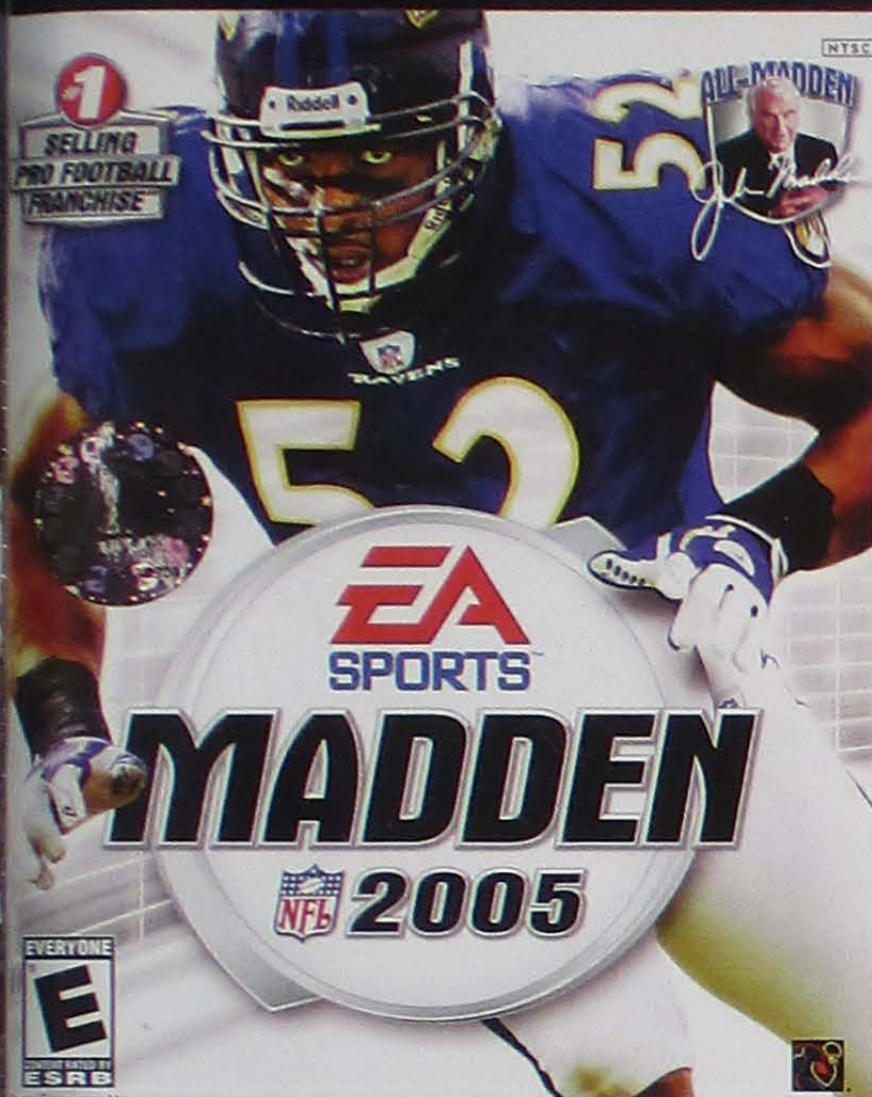
"K.O.T.O.R. II"



"Mario Golf Advance Tour"



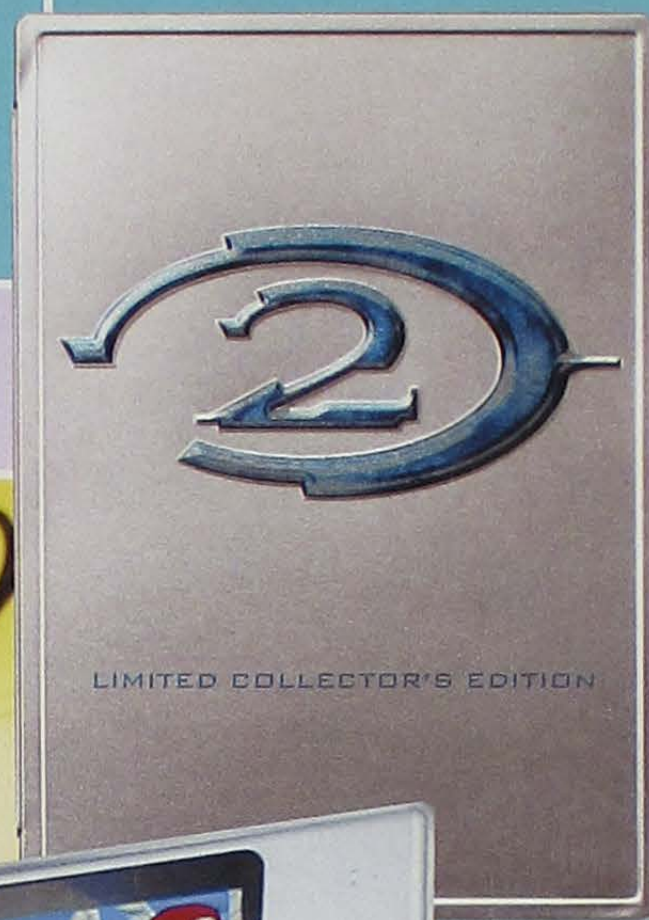
"Metal Gear Solid 3: Snake Eater"



Video game giant Electronic Arts buys exclusive rights to the teams, players and stadiums of the NFL for its popular Madden video game franchise.

After three years, Microsoft and Bungie Studios release the most eagerly anticipated video game sequel, Halo 2. Over 5 million copies of the game sell in the first month.

The newest trend in video games is to go "old school," with plug-and-play systems featuring '80s games from the likes of Atari and Namco.



2004 is the year of celebrities having babies, as Courtney Cox-Arquette, Gwyneth Paltrow, Kate Hudson, Julia Roberts, Liv Tyler and others all become first-time mothers.

Thousands of young people become avid poker players, a trend sparked by TV shows featuring tournaments for celebrities and professional poker players.

The challenging "Metroid Prime 2: Echoes" takes home the prize as IGN.com's Gamecube Game of the Year.



The hottest "hard-to-get" toy for the holidays is the Nintendo DS handheld gaming system.

Even though it won't reach bookstores until July 16, 2005, preorders in December help J.K. Rowling's *Harry Potter and the Half-Blood Prince* top several best-seller lists.

© Warner Brothers/Courtesy: Everett Collection

sports

Landov

Ironman Lance Armstrong wins his record-setting sixth straight Tour de France.

Heisman Trophy winner Matt Leinart leads the USC Trojans to a second consecutive NCAA National Championship by routing the Oklahoma Sooners in the FedEx Orange Bowl, 55-19.

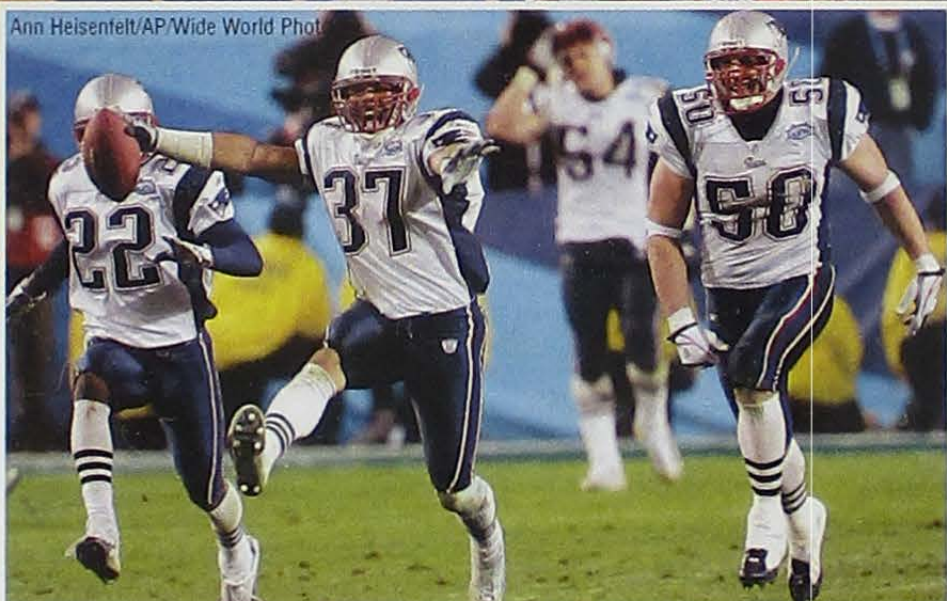
Kirby Lee/WireImage.com

With a series sweep of the St. Louis Cardinals, the Boston Red Sox lift the "Curse of the Bambino" to win their first World Series title since 1918.

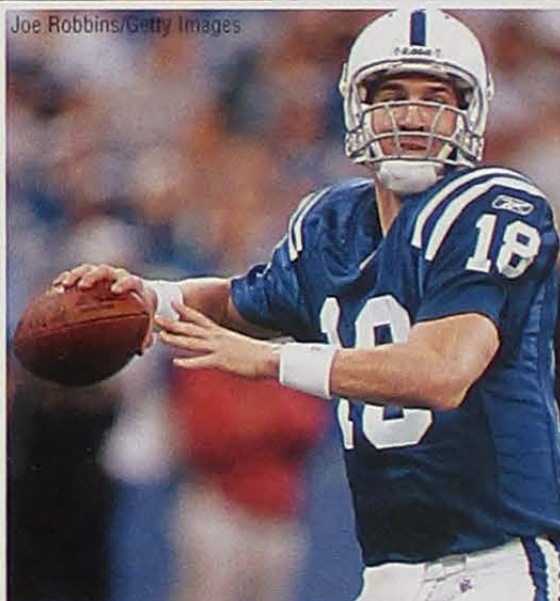
© Mike Blake/Reuters/Corbis



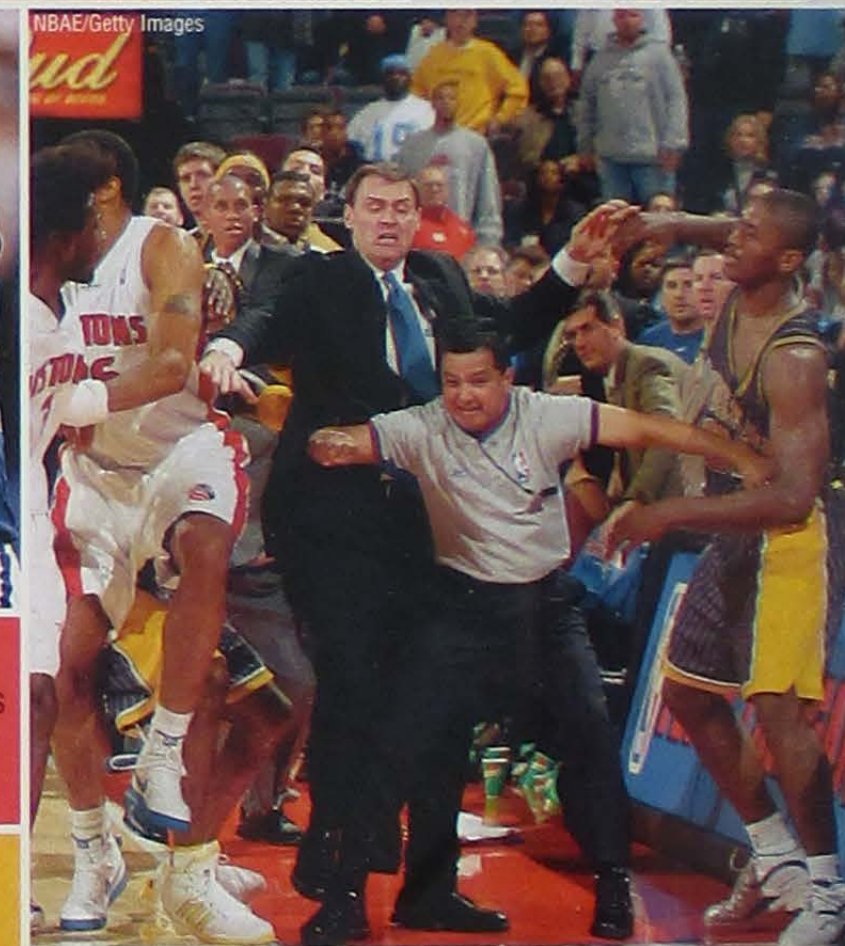
Ann Heisenfelt/AP/Wide World Photo



Joe Robbins/Getty Images

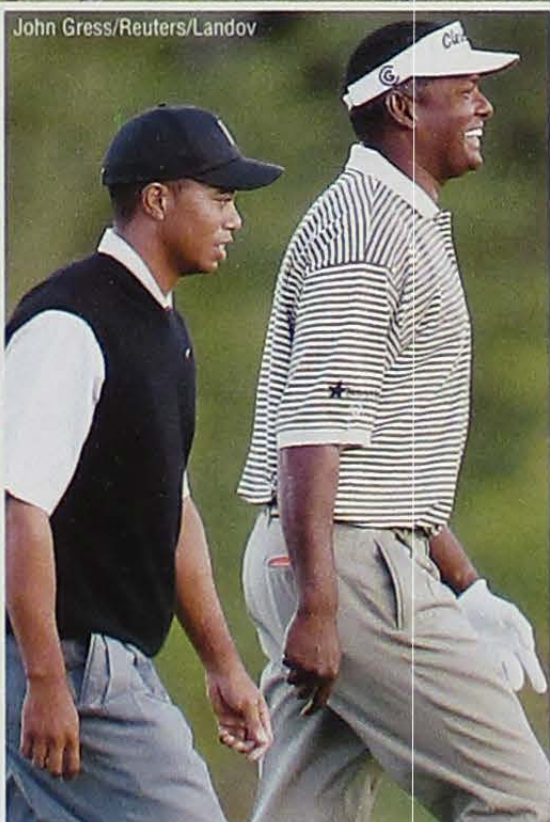


NBAE/Getty Images



The New England Patriots defeat the Philadelphia Eagles, 24-21, to repeat as Super Bowl Champions. They have won three of the last four Super Bowls.

John Gress/Reuters/Landov



Following his win in September at the Deutsche Bank Championship, Vijay Singh unseats Tiger Woods as the world's No. 1 golfer.

In December, Indianapolis Colts quarterback Peyton Manning throws his record-setting 49th touchdown pass of the season.

In one of the worst brawls in U.S. sports history, five Indiana Pacers players clash with Detroit Pistons fans on court and in the stands. The Pacers' Ron Artest is suspended for the year for his involvement.

Russian teenage tennis star Maria Sharapova defeats Serena Williams to claim the Wimbledon title. Thanks to lucrative sponsorship deals, Sharapova ends the year as the world's richest sportswoman.

Guang Niu/Reuters/Corbis



EPA/Bettmann/AP/Wide World Photos



Carly Patterson joins Mary Lou Retton as the only American gymnasts to win the women's all-around Olympic gold medal.

Michael Phelps swims his way to eight individual Olympic medals, six gold and two bronze.

David Gray/Reuters/Landov



ATHENS 2004

Together for the last time, the "Fab Five" of U.S. women's soccer — Julie Foudy, Joy Fawcett, Mia Hamm, Kristine Lilly and Brandi Chastain — bring home an Olympic gold medal.

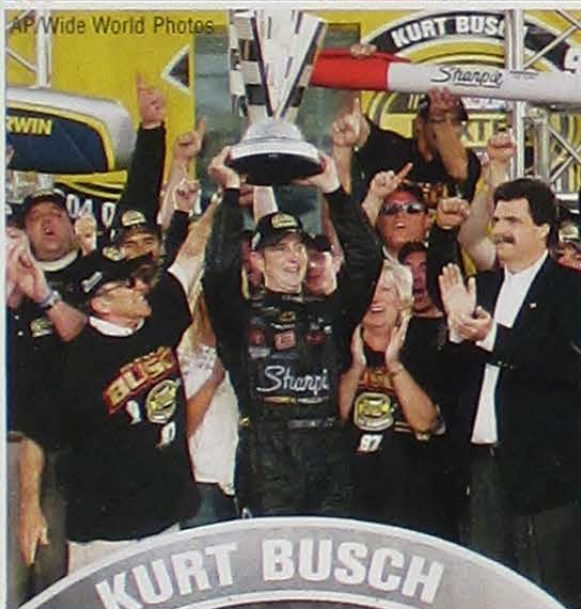
Kevork Djansezian/AP/Wide World Photos



Paul Sancya/Associated Press/AP/Wide World Photos



AP/Wide World Photos



Tim Thompson/Corbis



Kurt Busch wins the NASCAR Nextel Cup. It is his first career title and the closest battle in cup history.

The Detroit Pistons, led by Ben Wallace and finals MVP Chauncey Billups, win the 2004 NBA title.

Barry Bonds joins Babe Ruth and Hank Aaron as baseball's only 700+ home run hitters. However, his performance falls under scrutiny after it is revealed that Bonds and other major leaguers have been using illegal steroids.

The NHL takes the 2004-2005 season off as players and team owners fail to come to an agreement on players' salary limitations.

The Tampa Bay Lightning claim the 2004 NHL Stanley Cup by winning the seventh game of the Stanley Cup Finals, 2-1, over the Calgary Flames.

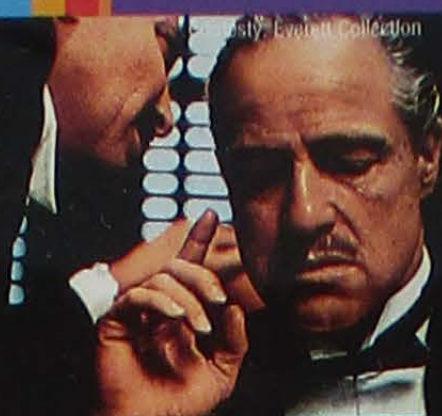


© Shaun Best/Reuters/Corbis

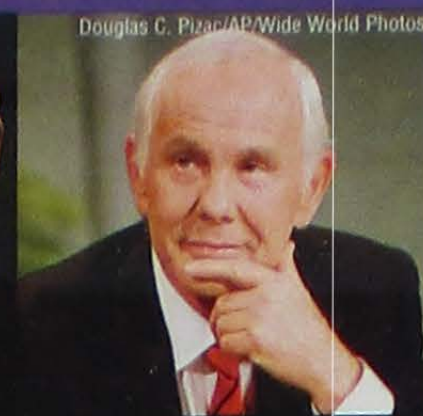


© Lou Dematteis/Reuters/Corbis

faces



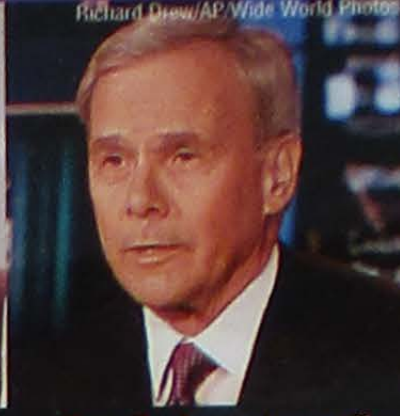
Marlon Brando dies at age 80



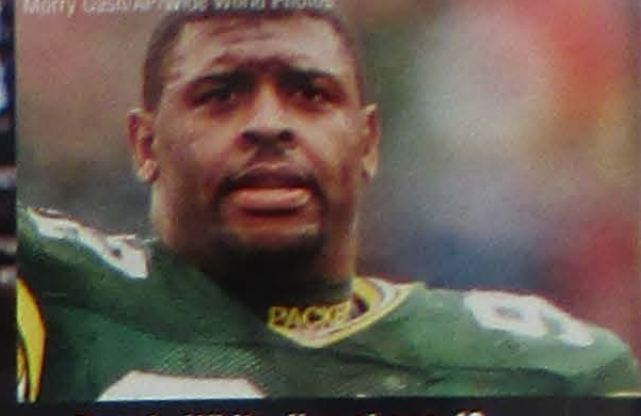
Johnny Carson dies at 79



Dan Rather retires



Tom Brokaw signs off



Reggie White dies at age 43



In a year of entertainment dominated by teen queens, Lindsay Lohan makes the biggest splash of the bunch with the hit movie *Mean Girls* and her debut CD *Speak*.

Mattie Stepanek dies from a form of muscular dystrophy at age 13. He was known as a best-selling poetry author and the Muscular Dystrophy Association's National Goodwill Ambassador from 2002 through 2004.

In remembrance of those who have died and those who continue to risk their lives in the war in Iraq.



Ukrainian presidential candidate Viktor Yushchenko suffers from debilitating illness and scarring caused by dioxin poisoning, allegedly at the hands of his opponents.

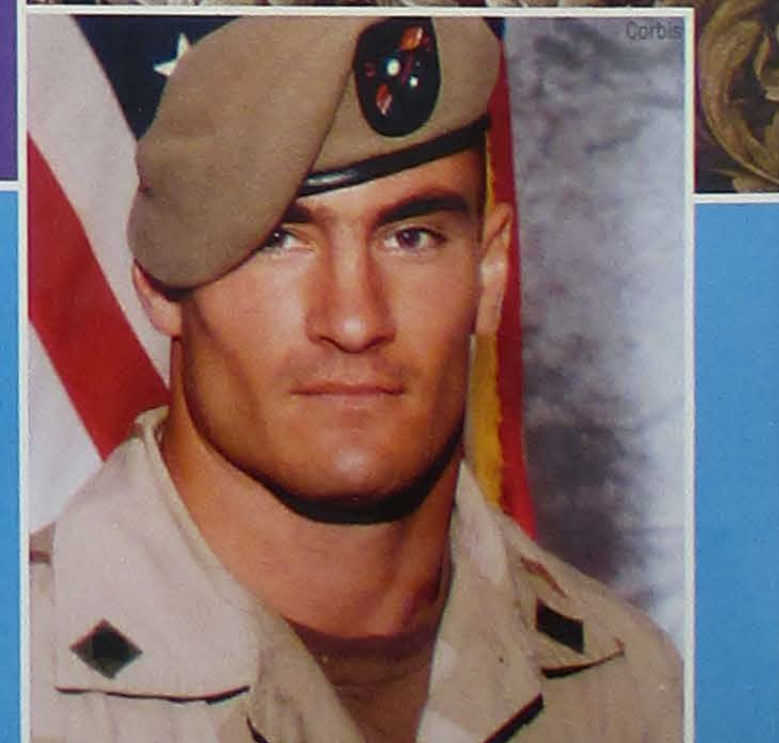
Rodney Dangerfield, 82, veteran comedian famous for getting "no respect," dies from complications following heart surgery.



Democratic vice presidential and presidential nominees John Edwards and John Kerry make the 2004 election a very close race.

Actor Zach Braff from NBC's "Scrubs" makes his big screen acting, writing and directorial debut in the critically acclaimed *Garden State*.

Former NFL player Pat Tillman, who chose the Armed Forces over the NFL, is killed while on duty in Afghanistan.





Wm Ripp 11-26-12



